

THE SEVENTH SUNDAY AFTER PENTECOST HOLY EUCHARIST

July 12, 2015 10:00 A.M.

Saint Barnabas Episcopal Church...reaching out through worship, prayer, and action to bring the reconciling peace of Christ to one another and this world.

We invite you to join as an active participant in the worship of God. This service is based on the Order for the Holy Eucharist: Rite Two in the Book of Common Prayer. For ease of use, this leaflet contains the congregational portions of the liturgy and service music. HYMNAL refers to the blue book: The Hymnal 1982. BCP refers to the red Book of Common Prayer.

> Digital receivers for audio amplification are available during Sunday services for those requiring hearing assistance – just ask an usher.

Altar flowers are given today by Monica Brown for Blessings.

ORGAN VOLUNTARY

 \P All stand as able at the sound of the tower bell.

HYMN O worship the King HYMNAL 388

THE OPENING ACCLAMATION

Presiding Priest Blessed be God: Father, Son, and Holy Spirit.

> And blessed be his kingdom, now and for ever. Amen. People

COLLECT FOR PURITY

Presiding Priest and People

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

SONG OF PRAISE Salzburg



THE COLLECT OF THE DAY

Presiding Priest The Lord be with you.

People And also with you.

Presiding Priest Let us pray.

O Lord, mercifully receive the prayers of your people who call upon you, and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen**.

THE WORD OF GOD

THE FIRST READING (seated)

2 Samuel 6:1-5, 12b-19

READER: A Reading for the Second Book of Samuel

David again gathered all the chosen men of Israel, thirty thousand. David and all the people with him set out and went from Baalejudah, to bring up from there the ark of God, which is called by the name of the Lord of hosts who is enthroned on the cherubim. They carried the ark of God on a new cart, and brought it out of the house of Abinadab, which was on the hill. Uzzah and Ahio, the sons of Abinadab, were driving the new cart with the ark of God; and Ahio went in front of the ark. David and all the house of Israel were dancing before the Lord with all their might, with songs and lyres and harps and tambourines and castanets and cymbals. So David went and brought up the ark of God from the house of Obed-edom to the city of David with rejoicing; and when those who bore the ark of the Lord had gone six paces, he sacrificed an ox and a fatling. David danced before the Lord with all his might; David was girded with a linen ephod. So David and all the house of Israel brought up the ark of the Lord with shouting, and with the sound of the trumpet. As the ark of the Lord came into the city of David, Michal daughter of Saul looked out of the window, and saw King David leaping and dancing before the Lord; and she despised him in her heart. They brought in the ark of the Lord, and set it in its place, inside the tent that David had pitched for it; and David offered burnt offerings and offerings of well-being before the Lord. When David had finished offering the burnt offerings and the offerings of well-being, he blessed the people in the name of the Lord of hosts, and distributed food among all the people, the whole multitude of Israel, both men and women, to each a cake of bread, a portion of meat, and a cake of raisins. Then all the people went back to their homes.

Reader Hear what the Spirit is saying to God's people.

People Thanks be to God.

THE RESPONSE (remain seated - read responsively)

Psalm 24

1 The earth is the Lord's and all that is in it, *

the world and all who dwell therein.

2 For it is he who founded it upon the seas * and made it firm upon the rivers of the deep.

3 "Who can ascend the hill of the Lord? * and who can stand in his holy place?"

4 "Those who have clean hands and a pure heart, * who have not pledged themselves to falsehood, nor sworn by what is a fraud.

5 They shall receive a blessing from the Lord * and a just reward from the God of their salvation."

6 Such is the generation of those who seek him, * of those who seek your face, O God of Jacob.

(continued on page 3)

7 Lift up your heads, O gates; lift them high, O everlasting doors; * and the King of glory shall come in.

8 "Who is this King of glory?" *

"The Lord, strong and mighty, the Lord, mighty in battle."

9 Lift up your heads, O gates; lift them high, O everlasting doors; * and the King of glory shall come in.

10 "Who is he, this King of glory?"

"The Lord of hosts, he is the King of glory."

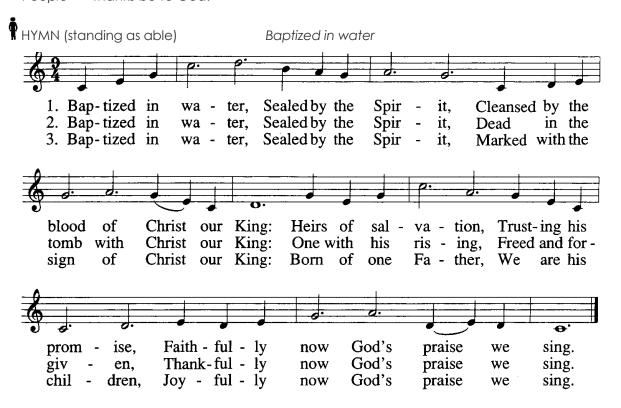
THE SECOND READING Ephesians 1:3-14

READER: A Reading from the Letter of Paul to the Ephesians

Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places, just as he chose us in Christ before the foundation of the world to be holy and blameless before him in love. He destined us for adoption as his children through Jesus Christ, according to the good pleasure of his will, to the praise of his glorious grace that he freely bestowed on us in the Beloved. In him we have redemption through his blood, the forgiveness of our trespasses, according to the riches of his grace that he lavished on us. With all wisdom and insight he has made known to us the mystery of his will, according to his good pleasure that he set forth in Christ, as a plan for the fullness of time, to gather up all things in him, things in heaven and things on earth. In Christ we have also obtained an inheritance, having been destined according to the purpose of him who accomplishes all things according to his counsel and will, so that we, who were the first to set our hope on Christ, might live for the praise of his glory. In him you also, when you had heard the word of truth, the gospel of your salvation, and had believed in him, were marked with the seal of the promised Holy Spirit; this is the pledge of our inheritance toward redemption as God's own people, to the praise of his glory.

Reader Hear what the Spirit is saying to God's people.

People Thanks be to God.



Text: Michael Saward, b.1932, © 1982, Hope Publishing Co. Tune: BUNESSAN, 5 5 8 D; Gaelic melody; acc. by Marty Haugen, b.1950, © 1987, GIA Publications, Inc.

THE GOSPEL Mark 6:14-29

The Priest or Deacon reads the Gospel, first saying
The Holy Gospel of our Lord Jesus Christ according to Mark.

People Glory to you, Lord Christ.

King Herod heard of it, for Jesus' name had become known. Some were saying, "John the baptizer has been raised from the dead; and for this reason these powers are at work in him." But others said, "It is Elijah." And others said, "It is a prophet, like one of the prophets of old." But when Herod heard of it, he said, "John, whom I beheaded, has been raised." For Herod himself had sent men who arrested John, bound him, and put him in prison on account of Herodias, his brother Philip's wife, because Herod had married her. For John had been telling Herod, "It is not lawful for you to have your brother's wife." And Herodias had a grudge against him, and wanted to kill him. But she could not, for Herod feared John, knowing that he was a righteous and holy man, and he protected him. When he heard him, he was greatly perplexed; and yet he liked to listen to him. But an opportunity came when Herod on his birthday gave a banquet for his courtiers and officers and for the leaders of Galilee. When his daughter Herodias came in and danced, she pleased Herod and his guests; and the king said to the girl, "Ask me for whatever you wish, and I will give it." And he solemnly swore to her, "Whatever you ask me, I will give you, even half of my kingdom." She went out and said to her mother, "What should I ask for?" She replied, "The head of John the baptizer." Immediately she rushed back to the king and requested, "I want you to give me at once the head of John the Baptist on a platter." The king was deeply grieved; yet out of regard for his oaths and for the guests, he did not want to refuse her. Immediately the king sent a soldier of the guard with orders to bring John's head. He went and beheaded him in the prison, brought his head on a platter, and gave it to the girl. Then the girl gave it to her mother. When his disciples heard about it, they came and took his body, and laid it in a tomb.

The Gospel of the Lord
People Praise to you, Lord Christ.



Judith McDaniel

THE NICENE CREED (standing as able)
Presiding Priest and People

We believe in one God,

the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,

the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God,

begotten, not made,

of one Being with the Father.

Through him all things were made.

For us and for our salvation

he came down from heaven:

by the power of the Holy Spirit

he became incarnate from the Virgin Mary,

and was made man.

For our sake he was crucified under Pontius Pilate;

he suffered death and was buried.

On the third day he rose again

in accordance with the Scriptures;

he ascended into heaven

and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,

who proceeds from the Father and the Son.

With the Father and the Son he is worshiped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,

and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE
The Leader and People pray responsively

In peace, we pray to you, Lord God.

Silence

For all people in their daily life and work;

For our families, friends, and neighbors, and for those who are alone.

In our Anglican Cycle of Prayer, I ask your prayers for the Diocese of Peru - (South America) The Rt Revd Dr Harold William Godfrey; Suffragan Bishop of Peru - (South America) The Rt Revd Michael Alexander Chapman. For the Episcopal Diocese of Jerusalem and the Middle East, please pray for the Partners in Mission, especially EMS Germany, CMS London, and CMS Sidney. In our Diocesan Cycle of Prayer, I ask your prayers for Faith, Kingston; St. Swithin, Forks; St. Andrew, Port Angeles;

Form VI

For all who work for justice, freedom, and peace.

For the just and proper use of your creation;

For the victims of hunger, fear, injustice, and oppression.

For all who are in danger, sorrow, or any kind of trouble;

For those who minister to the sick, the friendless, and the needy.

For the peace and unity of the Church of God;

For all who proclaim the Gospel, and all who seek the Truth.

For Katharine our Presiding Bishop; Gregory our Bishop; and for all bishops and other ministers; For all who serve God in his Church.

For all those who go in harm's way to serve, both here at home and in lands far away, and for their families and loved ones who also serve as they wait for the time of reunion.

For the time of peace on earth.

For the special needs and concerns of this congregation, especially... Silence

The people may add their own petitions

Hear us, Lord;

For your mercy is great.

We thank you, Lord, for all the blessings of this life. Silence

The People may add their own thanksgivings

We will exalt you, O God our King;

And praise your Name for ever and ever.

We pray for all who have died, especially... that they may have a place in your eternal kingdom. Silence

The People may add their own petitions

Lord, let your loving-kindness be upon them;

Who put their trust in you.

We pray to you also for the forgiveness of our sins. Silence may be kept.

Presiding Priest and People

Have mercy upon us, most merciful Father; in your compassion forgive us our sins, known and unknown, things done and left undone; and so uphold us by your Spirit that we may live and serve you in newness of life, to the honor and glory of your Name; through Jesus Christ our Lord. Amen.

The Presider concludes with an absolution or a suitable Collect. The people respond, "Amen".

A PRAYER FOR VISITORS

Presiding Priest and People

Loving God, make us ever mindful of the visitors who have come to us this day. Help us to help them know that their presence is our joy; their contentment our desire. Help us to open our arms and our hearts to bring them into our midst, not as strangers but as new friends in Christ. Amen.

THE PEACE

Presiding Priest The peace of the Lord be always with you.

People And also with you.

THE HOLY COMMUNION

An offering of money is collected.

HYMN (seated – sung by all)

My God, thy table now is spread

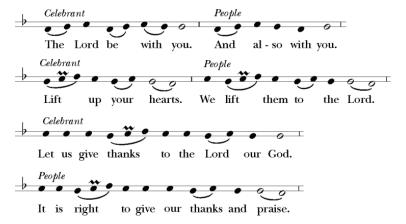
HYMNAL 321

 \P PRESENTATION ANTHEM (standing as able)

Presiding Priest All things come from you, O Lord,

People and of your own have we given you.

The people remain standing as able. The Presiding Priest faces them and sings or says



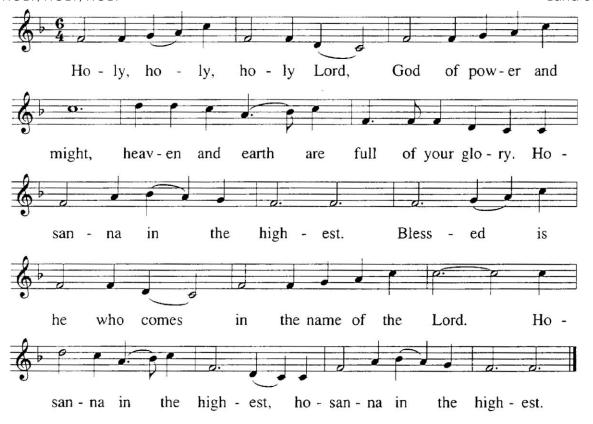
Then, facing the Holy Table, the Presiding Priest proceeds

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

For you are the source of light and life; you made us in your image, and called us to new life in Jesus Christ our Lord.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

HOLY, HOLY, HOLY Land of Rest



Music: Land of Rest; adapt. by Marcia Pruner. © 1980, Church Pension Fund; acc. by Richard Proulx, © 1986, GIA Publications, Inc.

The Presiding Priest continues

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

At the following words concerning the bread, the Presiding Priest is to hold it or lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Celebrant and People

Christ has died.

Christ is risen.

Christ will come again.

The Presiding Priest continues

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom. All this we ask through your Son Jesus Christ.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.



The Presiding Priest continues

And now, as our Savior Christ has taught us, we are bold to say,

THE LORD'S PRAYER (Traditional)

Our Father, who art in heaven, hallowed be thy Name,

thy kingdom come, thy will be done, on earth as it is in heaven.

Give us this day our daily bread,

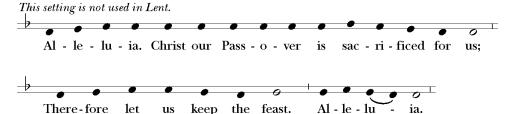
and forgive us our trespasses, as we forgive those who trespass against us.

And lead us not into temptation, but deliver us from evil.

For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

ACCLAMATION AFTER THE BREAKING OF THE BREAD

Ambrosian Chant



This setting may be sung full by all, or by the choir, or as a versicle and response.

THE INVITATION TO COMMUNION

The Presiding Priest says

The gifts of God for the People of God.

COMMUNION OF THE PEOPLE

This is the Lord's table around which we gather.

All baptized Christians are encouraged to come forward and receive the Body and Blood of Christ in the bread and wine of the Eucharist. If you do not wish to receive Holy Communion please do come forward, cross your arms across your heart and receive a blessing.

ORGAN VOLUNTARIES



THE POST-COMMUNION PRAYER (standing as able)

Presiding Priest and People

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

THE BLESSING



BIRTHDAYS, ANNIVERSARIES & ANNOUNCEMENTS (seated)

 \P HYMN (standing as able) O Zion, haste, thy mission high

HYMNAL 539

DISMISSAL

The Presiding Priest, dismisses the people with these words Let us go forth in the name of Christ.

People Thanks be to God.

PROCESSION ORGAN VOLUNTARY

MINISTERS OF THE LITURGY

Presiding Priest & Preacher

Deacon

Guest Organist

Eucharistic Ministers

Lectors

Prayers of the People

Ushers

Greeters

Welcome Table

Altar Guild

Bread Baker

Coffee Hour

The Rev. Dr. Judith McDaniel The Rev. Daniel Fowler Woody Bernas Linda Heller & Mary Anne Smith Kathleen Jennings & Brian Andvik

Brian Andvik Brian Andvik & Laura Carroll

Babe Kehres, John Eshun & Kathleen Lander

Randy & Linda Krause

Jean Kellerman, Carol Gregory, Deena Hanke,

Candace Gudmundson, Liz McKinney, Jody Prongay & Gwen Rose

Laurie Fergusson

Margaret & George Sterling, Gillian Allard, Anne Dennon, Ruth Johnson, Danielle Desaulniers & Kathleen Lander

This Week @ St. Barnabas

Sunday, July 12

8am | Holy Eucharist {Rite I} | Church 10am | Holy Eucharist {Rite II} | Church 3:30PM | Schola Rehearsal | Church

6pm | Office of Evensong | Church

Monday, July 13

10:30am | Devotions | Messenger House 11am | Group Reunion | Dennis' Office 11am | Rotary Luncheon | PH/Kitchen 7:30pm | Al Anon | RWV

Tuesday, July 14

8:30am-3pm | {Kitchen Reserved}

9am | Centering Prayer | Church

10am | Dance for Joy-Qigong Class | RWV 4:30pm | CAC/Outreach Comm | Library

Wednesday, July 15

6-9am | Kitchen Reserved
7am | BI Kiwanis | PH/Kitchen
7:15am | Meditation Group | Church
8am | Kiwanis Auction Committee | Library
8:30am-12pm | {Kitchen Reserved}
11am | JOY Luncheon | PH
5-11pm | {Kitchen Reserved}

Thursday, July 16

8:30-4pm | {Kitchen Reserved} 9:15am | Healing Eucharist | Church 10:30am | Devotions | Wyatt House 1:30pm | Devotions | Madrona House 3pm | Devotions | Madison Ave House 7:30pm | AA | RWV 8:30-9:30pm | {Kitchen Reserved}

Friday, July 17 Church Office Closed

7am - 5pm | {Kitchen Reserved} 8:30-9:30pm | {Kitchen Reserved}

Saturday, July 18

7-8am | {Kitchen Reserved} 9am | Altar Guild | Church 1:30pm | {Kitchen Reserved}

Sunday, July 19

8am | Holy Eucharist {Rite I} | Church 10am | Holy Eucharist {Rite II} | Church

10:30am | Annual Parish Picnic | Strawberry Hill Park

Nursery Care | 10am Eucharist

RWV | Room with a View PH | Parish Hall

CAC | Christian Action Committee

Welcome to Saint Barnabas Church and this service of worship

We are truly pleased that you have chosen to worship with us today. Here at St. Barnabas, we believe that everyone who enters these doors is God's guest. If you are seeking a church exclusively for today, we thank you for celebrating with us and may God be with you as you travel. If you are searching for a new church community and home, we hope that you will inform us. Please introduce yourself to one of our parish clergy as you depart. We invite you to complete one of the cards in the pew rack and simply hand it to a person of the clergy.

DIGITAL RECEIVERS FOR AUDIO AMPLIFICATION are available during Sunday services for those requiring hearing assistance – just ask an Usher.

GLUTEN FREE EUCHARISTIC HOSTS are available for those who need them. Please alert the usher to your need.

ARE YOU ON THE PARISH PICTURE BOARD? We would like our entire parish to be represented on the Parish Picture Board. The THIRD SUNDAY of every month, Sue Hylen will be at the Welcome Table to take individual, couple, & family photos. We especially invite new members to add their picture to our board or update the photo they have. This also helps new members and visitors to connect names with faces!

NAME TAGS Name tag sign-up sheets will be on the Welcome Table the SECOND SUNDAY of every month. If you would like a name tag, please let us know. Name tags should be ready to be picked up the next SUNDAY. When you have your name tag on, newcomers find it easier to both approach and remember you, and all the other friendly St. B people they have just met.

ANNOUNCEMENTS for the weekly service leaflets are due to the office Tuesday by noon. Email your news to kdiller@stbbi.org

NURSERY FOR LITTLE ONES | newborns to age three. Babysitting is provided during the Sunday 10am service. Our babysitters arrive fifteen minutes before the service, at 9:45am and parents are welcome to drop off their child and then collect him/her after the service or after coffee hour. Babysitters will interact, read

and play with the children, and ensure that they are safe while parents attend the service. The nursery is located on the upper level down the long hallway. The nursery is through the doorway on the right. For more information, contact Jerry Carlin | 206-856-2691 | jerrycarlin@comcast.net.

WELCOME TABLE Don't forget to visit the Welcome Table at Coffee Hour. Everyone, new visitors and long-time members, is urged to stop by regularly to check on signups for parish events, to volunteer for programs. To learn more about our ministries, to purchase tickets to events, and to meet and talk with parishioners of every age and stage. Guests and newcomers are especially encouraged to visit the Welcome Table.

COFFEE & COMMUNITY Please join us for body and soul food! Coffee hour after the 8am is in the Parlor just across the courtyard from the church. Coffee Hour after the 10am service is downstairs in the Parish Hall. A sign-up sheet is posted for the 8am coffee hour. This is a chance to meet other parishioners informally and enjoy the hospitality of the St. Barnabas congregation.

WORSHIP

MISSED A SERMON OR WANT TO HEAR IT AGAIN? OR SHARE IT WITH A FRIEND? Listen to podcasts of sermons and music available on our church website | www.stbbi.org.

MUSICAL OPPORTUNITIES AT ST. BARNABAS

Do you sing or play an instrument? There are musical opportunities awaiting you here at St. Barnabas! Please contact Paul Roy contact Paul Roy or call him at the church office 842-5601 x4 for further information.

CHRISTIAN ACTION

THIS WEEK | JOY LUNCHEON Wednesday | 11am | Parish Hall (See flyer below)

HELPLINE HOUSE PROJECT BACKPACK During these summer months Helpline House is gearing up for their 15th annual Project Backpack (PBP) program. This back-to-school program provides backpacks and essential school supplies to Bainbridge Island students in need; filling about 200 requests each year through the generosity of our Bainbridge community. Remember the feeling of delight when starting the school

year with new pencils, lots of blank paper in a new loose leaf notebook and plans to do good work? Each year when distributing PBP supplies this delight is seen in the faces of students coming to pick up their supplies - a gratifying sight. But the PBP program will not end with the distribution of school supplies in August. Throughout the year program funds assists with other important educationrelated expenses such as fees for student enrichment, i.e. camp, music lessons, etc., high school fees and graduation expenses, and assistance with daycare, especially summer programs. The 2015 PBP Drive begins August 1 through August 25. Your support in dollars or supplies is greatly appreciated.

FLOWERS FROM THE HEART In 1997, Isand residents, Mary Hall and Susan & Jerry Hayes started the "Flowers from the Heart" program through Island Volunteer Caregivers. The concept is simple....to provide cheer to someone who is bed ridden, housebound or otherwise restricted, to bring a little simple joy to their life. "Flowers from the Heart" depends on the generosity of our volunteers, our fellow gardeners, and neighbors and the continued use of the Eagle Harbor Congregational Church. We welcome donations of freshly cut flowers. Bring flowers to buckets, located at Eagle Harbor Congregational Church | June 1 -Aug 28 | Monday - Friday | 8:30-11:30am. To volunteer to deliver bouquets contact Sandy Young | 206-842-7252 or Maureen Jurcak | 206-842-4684. Thank you.

ST. BARNABAS PRAYER CHAIN is a group of people devoted and committed to prayer for others. The chain is divided into two groups coordinated by Lee-ann Holland. She serves as a contact to activate the chain and pass on requests. Lee-ann makes contacts by email and telephone. The prayer chain will pray for anyone who requests prayer or who is submitted by someone else for prayers. All the members honor confidentiality and do not discuss those for whom they pray. It is not necessary to have a lot of detail or sometimes even a name in order to pray for someone or a situation. Unless instructed otherwise, the chain usually prays for about two weeks for a person or situation. The chain can be contacted by calling or emailing the Parish

Administrator Katrina at the office or **Lee-ann Holland | hollandx263@me.com | 842-3204**.

CHRISTIAN FORMATION

FELLOWSHIP

ST. BARNABAS DAY PICNIC
SUN, JULY 19 | 11:30-3PM | STRAWBERRY HILL PARK
PLEASE RSVP TODAY! We need a good

PLEASE RSVP TODAY! We need a good headcount for this event. St. Barnabas will be providing artisan pizza made by our caterer in residence Chris Kelly of 206 PIE. These are not your standard fast food pizzas! Gluten-free will be available. Please sign up to bring a side, salad or dessert. Forms are in the Parlor and at the Welcome Table each Sunday. We are also asking this year that everyone pay before the event. This makes things much easier!

Contact | Sylvia Dunning | samdunning@mac.com | 206-780-8330



JAZZ ON THE CLOSE | August 2

SALMON BAKE | September 12

BODY, MIND & SPIRIT

CONTEMPLATIVE BOOK STUDY Tues, Aug 11 | 10-11am | Library

Meeting monthly through the summer, this group is discussing *The Wisdom Way of Knowing* by Cynthia Bourgeault. On August 11, we'll discuss Chapters 5 and 6 of the book. All are welcome! Please join us whether or not you have been to any of the earlier discussions and whether or not are caught up on the reading. Final Meeting on this book: September 15. Books can be ordered from the Episcopal Bookstore in Seattle, your local bookstore or Amazon. Available for Kindle.

CENTERING PRAYER Tuesdays | 9am | Church

Centering Prayer is based on an ancient form of Christian Meditation that was developed during the 20th Century. The simple process of consent and letting go invites us into a deeper place where the life of God can transform us to be the loving

people of Christ in the world. Those who practice Centering Prayer gather on Tuesdays at 9am in the church to pray together. Anyone, whether new or experienced, is welcome to join us for silence, chanting and 20 minutes of prayer. Questions? Want more information? Contact | Grace Grant | grace@granttierney.us.

CHRISTIAN HEALING THROUGH REIKI:

St. Barnabas offers Christian Healing through Reiki on a regular basis. We have a team of 6 trained ministers available to offer healing sessions to Parish members and others in our community. Sessions last about 40 minutes, and are a quiet time with gentle music. Reiki promotes healing and wellness of body and mind, and is a consistent and gentle means for relieving stress and tension in the mind-body complex that accumulate in day-to-day activities. If you have questions or would like to schedule a session:

Ric Cederwall | 206-855-0900, ric@stanfordalumni.org Sister Mary Louise Sulonen | 360-779-3662.

SPECIAL PILGRIMAGE

ST. PAUL'S EPISCOPAL HOLY LAND PILGRIMAGE IN HONOR OF WOMEN OCTOBER 16 -30 | 2015

We will walk in the footsteps of Christ, objectively touch on historical/political aspects and hear from a variety of women (Christian, Jewish, Bedouin, Druze, etc.) about their lives and status in the Holy Land. Men are welcome of course.

More information is available at http://www.stpaulsbellingham.org.

MUSIC & THE ARTS

KITSAP CHORDSMEN The Kitsap Chordsmen are presenting their annual show on August 8th | 2pm & 7pm | Bremerton Performing Arts Center. They will be featuring Storm Front -- International Champion quartet. For more information | www.singkitsap.org. Ric Cederwall has tickets for both shows, & is happy to answer any questions 206-855-0900 | ric@stanfordalumni.org.

PLEASE SIGN UP TODAY!

St. Barnabas Day Annual Picnic

Sunday, July 19 | 2015

11:30am—3:00pm

Strawberry Hill Park

\$5 per person |

children 5 & under free.

Please sign up to bring a salad, side or dessert to share.

Pizza & drinks

furnished by St. Barnabas.

Please pay prior to day of event



With Artisan Pizza by 206 PIE

JOY LUNCHEON

You are invited to a Midsummer JOY Luncheon at St. Barnabas Episcopal Church

Wednesday, July 15 | 11am

Family & Caregivers are welcome

Meet new & old friends!

Entertainment by Peter Spencer

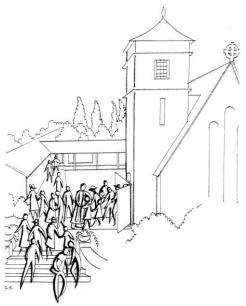
Please RSVP by July 9

{Meal Option | standard or vegetarian}

Katrina 206-842-5601 kdiller@stbbi.org

Future 2015 dates for the JOY LUNCHEON

September 16 November 11



Saint Barnabas Episcopal Church

1187 Wyatt Way NW | Bainbridge Island | WA | 98110

206-842-5601 | Voice 206-842-5876 | Fax information@stbbi.org | http://www.stbbi.org

The Right Reverend Gregory H. Rickel, | Bishop of Olympia
The Reverend Dr. Dennis Tierney | Rector
The Reverend Dr. Jan Heller | Assisting Priest
The Reverend Dr. Judith M. McDaniel | Assisting Priest
The Reverend Nancy Tiederman | Assisting Priest
The Rev. Patricia Rome Robertson | Assisting Priest for Contemplative Ministries

The Reverend Dan Fowler | Deacon
Paul Roy | Director of Music
Katrina Diller | Parish Administrator
Julie Houck | Bookkeeper
Charlie Anderson | Treasurer
Carol Milton | Treasurer Emerita
Fred Meredith | Sexton

Danielle Desaulniers | Kitchen Manager Amy O'Brien | Day School Director, Carrie Corns | Assistant Director/Registrar Kristi Barr, Mary Feeney, Millie Loughnane | Teachers

VESTRY

Senior Warden | Bill Galvani, Junior Warden | Paul Holzman, Members | Kristoffer Anderson, Ed Ellis, Sue Hylen, Jean Kellerman, Michael Lacey, Steve Schmitz, Virginia Walker Ruth Anderson | Clerk of the Vestry

Maria Perez | Housekeeper

