



THE FIFTH SUNDAY AFTER THE EPIPHANY  
HOLY EUCHARIST

February 5, 2012  
8:00 A.M.

Saint Barnabas Episcopal Church...reaching out through worship, prayer, and action  
to bring the reconciling peace of Christ to one another and this world.

*We invite you to join as an active participant in the worship of God. This service is based on the Order for the Holy Eucharist: Rite One in the Book of Common Prayer. For ease of use, this leaflet contains the congregational portions of the liturgy and service music. HYMNAL refers to the blue book: The Hymnal 1982. BCP refers to the red Book of Common Prayer.*

Digital receivers for audio amplification are available during Sunday services  
for those requiring hearing assistance – just ask an usher.

ORGAN VOLUNTARY

*Cantabile from "Symphonie VI"*

Charles-Marie Widor



*All stand as able at the sound of the tower bells.*

HYMN (sung by all)

*Father, we praise thee*

HYMNAL 1

THE OPENING ACCLAMATION

BCP p. 323

*Presiding Priest* Blessed be God: Father, Son, and Holy Spirit.  
*People* And blessed be his kingdom, now and for ever. Amen.

COLLECT FOR PURITY

*Presiding Priest and People*

Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. Amen.

GLORY BE TO GOD

*Presiding Priest and People*

Glory be to God on high, and on earth peace, good will towards men. We praise thee, we bless thee, we worship thee, we glorify thee, we give thanks to thee for thy great glory, O Lord God, heavenly King, God the Father Almighty. O Lord, the only-begotten Son, Jesus Christ; O Lord God, Lamb of God, Son of the Father, that takest away the sins of the world, have mercy upon us. Thou that takest away the sins of the world, receive our prayer. Thou that sittest at the right hand of God the Father, have mercy upon us. For thou only art holy; thou only art the Lord; thou only, O Christ, with the Holy Ghost, art most high in the glory of God the Father. Amen.

THE COLLECT OF THE DAY

*Presiding Priest* The Lord be with you.  
*People* And with thy spirit.  
*Presiding Priest* Let us pray.

Set us free, O God, from the bondage of our sins and give us, we beseech thee, the liberty of that abundant life which thou hast manifested to us in thy Son our Savior Jesus Christ; who liveth and reigneth with thee, in the unity of the Holy Spirit, one God, now and for ever. *Amen.*

## THE WORD OF GOD

 THE FIRST READING (seated)

Isaiah 40:21-31

*READER: A Reading from the Book of Isaiah*

Have you not known? Have you not heard? Has it not been told you from the beginning? Have you not understood from the foundations of the earth? It is he who sits above the circle of the earth, and its inhabitants are like grasshoppers; who stretches out the heavens like a curtain, and spreads them like a tent to live in; who brings princes to naught, and makes the rulers of the earth as nothing. Scarcely are they planted, scarcely sown, scarcely has their stem taken root in the earth, when he blows upon them, and they wither, and the tempest carries them off like stubble. To whom then will you compare me, or who is my equal? says the Holy One. Lift up your eyes on high and see: Who created these? He who brings out their host and numbers them, calling them all by name; because he is great in strength, mighty in power, not one is missing. Why do you say, O Jacob, and speak, O Israel, "My way is hidden from the Lord, and my right is disregarded by my God"? Have you not known? Have you not heard? The Lord is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. He gives power to the faint, and strengthens the powerless. Even youths will faint and be weary, and the young will fall exhausted; but those who wait for the Lord shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.

*Reader* Hear what the Spirit is saying to God's people.

*People* Thanks be to God.

THE RESPONSE (remain seated - read responsively)

Psalms 147:1-12

1 Hallelujah! How good it is to sing praises to our God! \*  
how pleasant it is to honor him with praise!

2 The Lord rebuilds Jerusalem; \*  
he gathers the exiles of Israel.

3 He heals the brokenhearted \*  
and binds up their wounds.

4 He counts the number of the stars \*  
and calls them all by their names.

5 Great is our Lord and mighty in power; \*  
there is no limit to his wisdom.

6 The Lord lifts up the lowly, \*  
but casts the wicked to the ground.

7 Sing to the Lord with thanksgiving; \*  
make music to our God upon the harp.

8 He covers the heavens with clouds \*  
and prepares rain for the earth;

9 He makes grass to grow upon the mountains \*  
and green plants to serve mankind.

10 He provides food for flocks and herds \*  
and for the young ravens when they cry.

*(continued on page 3)*

11 He is not impressed by the might of a horse; \*  
he has no pleasure in the strength of a man;

12 But the Lord has pleasure in those who fear him, \*  
in those who await his gracious favor. Hallelujah!

THE SECOND READING

1 Corinthians 9:16-23

*READER: A Reading from the First Letter of Paul to the Corinthians*

If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel. For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. To those outside the law I became as one outside the law (though I am not free from God's law but am under Christ's law) so that I might win those outside the law. To the weak I became weak, so that I might win the weak. I have become all things to all people, that I might by all means save some. I do it all for the sake of the gospel, so that I may share in its blessings.

*Reader* Hear what the Spirit is saying to God's people.

*People* Thanks be to God.



THE HOLY GOSPEL (standing as able)

Mark 1:29-39

*The Priest reads the Gospel, first saying*

The Holy Gospel of our Lord Jesus Christ according to Mark.

*People* Glory be to thee, O Lord.

When Jesus and the disciples left the synagogue, they entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them. That evening, at sundown, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him. In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, "Everyone is searching for you." He answered, "Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do." And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

The Gospel of the Lord

*People* Praise be to thee, O Christ.



THE SERMON (seated)

Nancy Tiederman



*Presiding Priest and People*

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE

*Deacon or other person appointed says*

Let us pray for the whole state of Christ's Church and the world.

*After each paragraph of this prayer, the People may make an appropriate response, as directed.*

Almighty and everliving God, who in thy holy Word hast taught us to make prayers, and supplications, and to give thanks for all people. In our Anglican Cycle of Prayer, I ask your prayers for The Anglican Church of Canada The Most Revd Frederick Hiltz Primate of the Anglican Church of Canada; and for the Episcopal Diocese of Jerusalem and the Middle East Elderly People's Home - Amman, Jordan. In our Diocesan Cycle of Prayer, I ask your prayers for St. Mark's Cathedral & St. Paul, Seattle. Receive our prayers which we offer unto thy divine Majesty beseeching thee to inspire continually the Universal Church with the spirit of truth unity and concord and grant that those who do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love.

***Lord, hear our prayer.***

Give grace, O heavenly Father, to all bishops and other ministers especially for Katharine our Presiding Bishop; Gregory our Bishop, and Dennis and Nancy, our priests; and Dan, our Deacon, that they may, both by their life and doctrine, set forth thy true and lively Word, and rightly and duly administer thy holy Sacraments.

***Lord, hear our prayer.***

And to all thy people give thy heavenly grace, and especially to this congregation here present; that, with meek heart and due reverence, they may hear and receive thy holy Word, truly serving thee in holiness and righteousness all the days of their life.

***Lord, hear our prayer.***

We beseech thee also to rule the hearts of those who bear the authority of government in this and every land, especially Barak our President, that they may be led to wise decisions and right actions for the welfare and peace of the world.

***Lord, hear our prayer.***

For all those who go in harm's way to serve, both here at home and in lands far away, and for their families and loved ones who also serve as they wait for the time of reunion.

***Lord, hear our prayer.***

Open, O Lord, the eyes of all people to behold thy gracious hand in all thy works, that, rejoicing in thy whole creation, they may honor thee with their substance, and be faithful stewards of thy bounty.

***Lord, hear our prayer.***

And we most humbly beseech thee, of thy goodness, O Lord, to comfort and succor, especially... and all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity. **Lord, hear our prayer.**

[Additional petitions and thanksgivings may be included here.]  
**Lord, hear our prayer.**

And we also bless thy holy Name for all thy servants departed this life in thy faith and fear [especially], beseeching thee to grant them continual growth in thy love and service; and to grant us grace so to follow the good examples of Barnabas and of all thy saints, that with them we may be partakers of thy heavenly kingdom.  
**Lord, hear our prayer.**

Grant these our prayers, O Father, for Jesus Christ's sake, our only Mediator and Advocate. **Amen.**



**CONFESSON OF SIN** (kneeling)

Let us humbly confess our sins unto Almighty God.

*Silence may be kept.*

*Presiding Priest and People*

Almighty God, Father of our Lord Jesus Christ, maker of all things, judge of all men: We acknowledge and bewail our manifold sins and wickedness, which we from time to time most grievously have committed, by thought, word, and deed, against thy divine Majesty, provoking most justly thy wrath and indignation against us. We do earnestly repent, and are heartily sorry for these our misdoings; the remembrance of them is grievous unto us, the burden of them is intolerable. Have mercy upon us, have mercy upon us, most merciful Father; for thy Son our Lord Jesus Christ's sake, forgive us all that is past; and grant that we may ever hereafter serve and please thee in newness of life, to the honor and glory of thy Name; through Jesus Christ our Lord. Amen.

*The Presiding Priest says*

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all those who with hearty repentance and true faith turn unto him, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

**PRAYER FOR VISITORS**

Loving God, make thy people ever mindful of the visitors who have come amongst us this day. Help thy people to help these our visitors to know that their presence with us is our joy; their contentment our desire. Help thy people to open our arms and our hearts to bring them into our midst, not as strangers but as new friends in Christ. **Amen.**



**THE PEACE** (standing)

*Presiding Priest* The peace of the Lord be always with you.  
*People* And also with you.

## THE HOLY COMMUNION



*An offering of money is collected.*



*At the conclusion of the organ voluntary, please rise as able as the bread and wine and money we offer to God for our nourishment and the life of the world are brought forward and presented at the altar.*

*Presiding Priest* All things come of thee, O Lord,  
*People* and of thine own have we given thee.

## THE GREAT THANKSGIVING

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*The people remain standing. The Presiding Priest faces them and says*

*People* The Lord be with you.  
*People* And with thy spirit.  
*Presiding Priest* Lift up your hearts.  
*People* We lift them up unto the Lord.  
*Presiding Priest* Let us give thanks unto our Lord God.  
*People* It is meet and right so to do.

*Then, facing the Holy Table, the Presiding Priest proceeds*

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God.

*Here a Proper Preface is sung or said on all Sundays, and on other occasions as appointed.*

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

*Presiding Priest and People*

Holy, holy, holy, Lord God of Hosts:  
Heaven and earth are full of thy glory.  
Glory be to thee, O Lord Most High.  
Blessed is he that cometh in the name of the Lord.  
Hosanna in the highest.



*or*  *The people kneel or stand.*

*Then the Presiding Priest continues*

All glory be to thee, Almighty God, our heavenly Father, for that thou, of thy tender mercy, didst give thine only Son Jesus Christ to suffer death upon the cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

*At the following words concerning the bread, the Presiding Priest is to hold it, or lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated*

For in the night in which he was betrayed, he took bread; and when he had given thanks, he brake it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink ye all of this; for this is my Blood of the New Testament, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, according to the institution of thy dearly beloved Son our Savior Jesus Christ, we, thy humble servants, do celebrate and make here before thy divine Majesty, with these thy holy gifts, which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; rendering unto thee most hearty thanks for the innumerable benefits procured unto us by the same. And we most humbly beseech thee, O merciful Father, to hear us; and, of thy almighty goodness, vouchsafe to bless and sanctify, with thy Word and Holy Spirit, these thy gifts and creatures of bread and wine; that we, receiving them according to thy Son our Savior Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood. And we earnestly desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving; most humbly beseeching thee to grant that, by the merits and death of thy Son Jesus Christ, and through faith in his blood, we, and all thy whole Church, may obtain remission of our sins, and all other benefits of his passion. And here we offer and present unto thee, O Lord, our selves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee; humbly beseeching thee that we, and all others who shall be partakers of this Holy Communion, may worthily receive the most precious Body and Blood of thy Son Jesus Christ, be filled with thy grace and heavenly benediction, and made one body with him, that he may dwell in us, and we in him. And although we are unworthy, through our manifold sins, to offer unto thee any sacrifice, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offenses, through Jesus Christ our Lord; By whom, and with whom, in the unity of the Holy Ghost, all honor and glory be unto thee, O Father Almighty, world without end. **Amen.**

And now, as our Savior Christ hath taught us, we are bold to say,

*People and Presiding Priest*

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

THE BREAKING OF THE BREAD

*The Presiding Priest breaks the consecrated Bread. A period of silence is kept.*

*Then may be sung or said*

Alleluia! Christ our Passover is sacrificed for us;  
*Therefore let us keep the feast. Alleluia!*

*The following prayer may be said. The People may join in saying this prayer*

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. *Amen.*

*Facing the people, the Presiding Priest may say the following Invitation*

The Gifts of God for the People of God.

*and may add* Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

*This is the Lord's Table around which we gather.  
All baptized Christians are encouraged to come forward and receive the Body and Blood of Christ in the bread and wine of the Eucharist. If you do not wish to receive Holy Communion please do come forward, cross your arms across your heart and receive a blessing.*



THE POST-COMMUNION PRAYER (kneeling or standing as able)

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*Presiding Priest and People*

Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

THE BLESSING

The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you, and remain with you always.  
**Amen.**



BIRTHDAYS, ANNIVERSARIES & ANNOUNCEMENTS (seated)



HYMN (standing as able)

*O bless the Lord, my soul*

HYMNAL 411

DISMISSAL

*The Presiding Priest, dismisses the people with these words*

Let us go forth in the name of Christ.

*People*

Thanks be to God.

PROCESSION

ORGAN VOLUNTARY

*Grand Choeur*

Theodore Dubois

### **MINISTERS OF THE LITURGY**

Presiding Priest

The Rev. Dennis Tierney

Preacher

The Rev. Nancy Tiederman

Organist

Paul Roy

Lectors

Su Beecham & Stu Case

Prayers of the People

Stu Case

Eucharistic Minister

Su Beecham

Acolyte

Stu Case

Usher

George Brooker

Altar Guild Team

Honora Dunkak, David and Ellie De la Vergne,

Bette Angell, Clif & Carla Orcutt

Coffee Hour

Mike Killion & Judith Tingley

# Calendar this week...

## **Sunday, February 5**

8:00am Holy Eucharist, Rite I (Church)  
9:15am Choir Rehearsal (Church)  
10:00am Holy Eucharist, Rite II (Church)  
2:30pm Girl Scout Meeting (Parish Hall)  
8:00pm Men's Compline Choir (St Cecilia's)

## **Monday, February 6**

11:00am Group Reunion (Rector's Office)  
7:30pm AI Anon (Parish Hall)

## **Tuesday February 7**

*Service Leaflet announcements due by 12:00 pm*

5:00pm Christian Action Commission Mtg (Library)  
6:30pm Girl Scouts Service Unit (Parish Hall/RWV)  
7:30pm Buildings & Grounds Committee (Library)  
7:30pm Worship Committee (Church)

## **Wednesday, February 8**

7:15am Mindfulness Meditation (RWV)  
10:55am Chapel - Pre-school (Church)  
7:30pm Choir Rehearsal (Choir Room)

## **Thursday, February 9**

9:15am Healing Eucharist (Church)  
10:30am Bible Study (Library)  
10:30am Devotions (Wyatt House)  
3:00pm Devotions (MARC)  
7:00pm Worship Commission Mtg (Church)  
7:30pm AA (RWV)  
7:30pm Adult Education (Library)

## **Saturday, February 11**

8:00am Bible Study (MARC)  
1:30pm Jacobi Memorial Service & Reception  
(Church & Parish Hall)

## **Sunday, February 12**

8:00am Holy Eucharist, Rite I (Church)  
9:15am Choir Rehearsal (Church)  
10:00am Holy Eucharist, Rite II (Church)  
1:00pm Girl Scouts Troop Meeting (Parish Hall)  
6:00pm Vespers sung by Women's Schola Nova (Church)

**Nursery Care provided for 10 o'clock Sunday Eucharist**  
**RWV = Room with a View**

## Welcome to Saint Barnabas Church and this service of worship.

*We are truly pleased that you have chosen to worship with us today. Here at St. Barnabas, we believe that everyone who enters these doors is God's guest. If you are seeking a church exclusively for today, we thank you for celebrating with us and may God be with you as you travel. If you are searching for a new church community and home, we hope that you will inform us. Please introduce yourself to one of our parish clergy as you depart. We invite you to complete one of the cards in the pew rack and simply hand it to a person of the clergy.*

**ANNOUNCEMENTS for the weekly service leaflets are due in the office no later than Tuesday at noon. Email your news to [kdiller@stbbi.org](mailto:kdiller@stbbi.org)**

**WELCOME TABLE:** Every village has a village well, a meeting place; ours is the **Welcome Table** at Coffee Hour. Everyone is urged to stop by regularly to check on sign ups for parish events, to volunteer for programs like our JOY Luncheon, the book sale, to learn more about our ministries, to purchase tickets to events, and to meet and talk with parishioners of every age and stage. Guests and newcomers are especially encouraged to visit the **Welcome Table**. Grab some coffee and stop by; it will be well worth your time!

**NAME TAGS:** Name tag sign up sheets will be on the Welcome Table the **FIRST SUNDAY** of every month. If you need a name tag, or a new name tag (maybe a goblin ate your old one?), please sign up then. Name tags should be ready to pick up on the **SECOND SUNDAY**. When you have your name tag on, newcomers find it easier to remember you, and all the other friendly St. Barnabas people they have just met.

**PARISH PICTURE BOARD:** We want every member of our parish to be part of our Parish Picture Board. The 3rd Sunday of every month, Kristen O'Keefe will be at the Welcome Table to take individual, couple, & family photos. We especially invite new members to add their picture to our board or update the photo they have. Let's see if we can capture the face of Saint Barnabas.

## ST. BARNABAS HAS A NURSERY FOR LITTLE ONES

- newborns to age three. Babysitting is provided during the Sunday 10am service. Our babysitters arrive fifteen minutes before the service, at 9:45am and parents are welcome to drop off their child and then collect him/her after the service or after coffee hour. Babysitters will interact, read and play with the children, and ensure that they are safe while parents attend the service. The nursery is located on the upper level of the Parish Hall building. From the parlor, proceed down the long hallway past the library and go through the doorway and find the nursery on the right-hand side. For more information, please call Linda Heller 360-930-8434.

**DIGITAL RECEIVERS FOR AUDIO AMPLIFICATION** are available during Sunday services for those requiring hearing assistance – just ask an usher.

**GLUTEN FREE EUCHARISTIC HOSTS** are available for those who need them. Please alert the usher to your need.

**COFFEE & COMMUNITY:** Please join us for body and soul food! Coffee hour after the 8am service is in the Parlor. A sign up sheet is posted at the coffee hour. After the 10am service, join the congregation in the Parish Hall. This is a chance to meet other parishioners informally and enjoy the hospitality of the St. Barnabas congregation.

## WORSHIP

**MISSED A SERMON OR WANT TO HEAR IT AGAIN?** Listen to podcasts of sermons and music available on our church website: <http://www.stbbi.org>

**WOMEN'S SCHOLA NOVA** sings the Office of Evensong at 6 pm on the second Sunday of each month, at St. Barnabas Episcopal Church. Come hear traditional plainsong, anthems, psalms, and chants, and let the grace of sung prayer refresh you for the week to come. Next Service: February 12th at 6pm.

**MUSICAL OPPORTUNITIES AT ST. BARNABAS** Do you sing or play an instrument? There are musical opportunities awaiting you here at St. Barnabas! Please contact Paul Roy <[proy@stbbi.org](mailto:proy@stbbi.org)> or call him at the church office 842-5601 x4 for further information.

## MUSIC NOTES


**Charles-Marie Jean Albert Widor** (February 21, 1844 – March 12, 1937) was a French organist, composer and teacher.

Widor wrote music for a wide variety of instruments and ensembles (some of his songs for voice and piano are especially notable) and composed four operas and a ballet, but only his works for organ are played with any regularity today. These include: ten Organ Symphonies, three Symphonies for orchestra with organ, Suite Latine, Trois Nouvelles Pièces, and six arrangements of works by Bach under the title Bach's Memento (1925). The organ symphonies are his most significant contribution to the organ repertoire.

This morning is heard the Cantabile from the sixth Symphonie and features the oboe stop.

**François-Clément Théodore Dubois** (24 August 1837 – 11 June 1924) was a French composer, organist and music teacher. The music of Dubois also includes ballets, oratorios and three symphonies. His best known work is the oratorio *Les sept paroles du Christ* ("The Seven Last Words of Christ" [1867]), which continues to be given an occasional airing. The title, "Grand Choeur" for organ suggests a full organ sound.

*Program notes taken from Wikipedia, the free encyclopedia.*

 **"STRANDED IN SEATTLE! – MUSIC FROM THE APRIL 2010 TOUR" CD:** The Rochester Cathedral Voluntary Choir's new CD was released on 29 October 2011, containing music from their last tour to America. What was supposed to be a 10-day tour of the Seattle area in the Pacific Northwest USA turned into three weeks because of the Icelandic volcano ash-cloud and the closure of UK airspace; after an extra two nights at St Barnabas, Bainbridge Island, they spent a week at Edmonton Cathedral in Alberta, Canada, while we waited for Air Canada to get us home. Their new CD is available for purchase at the church office for \$20 per CD. **This CD is also available after the 10am coffee hour at the Welcome Table.**

## CHRISTIAN FORMATION

**BIBLE STUDY:** Join the Rector each Thursday morning from 10:30am – Noon in the Gowen Library for an informal and lively discussion of the readings for the coming Sunday. Make a full morning of it by joining us for the healing service prior at 9:15am.

**ADULT EDUCATION PROGRAM** The new class began Thursday, January 12. Our topic is, *"Eclipsing Empire: Saint Paul, Rome, and the Kingdom of God."* This program will take us beyond the Acts of the Apostles and features

both presentations by biblical scholars and videos filmed on location in the Holy Land. Come join this time of learning and growing. Thursday evenings starting at 7:30pm. Please feel free to join in!

**CHILDREN'S SUNDAY SCHOOL:** Sunday School begins at 9:45am with song time in the Parish Hall to help our children prepare for lessons and concludes in time for the children to join their parents in the worship service at the Exchange of the Peace (after the sermon & before communion). After song time, the children will move to one of the three age-specific programs we offer. Our preschool program, designed for children ages 3 to 6, will be taught in the Day School classroom. Our primary program (Kindergarten through 3rd grade) will be Godly Play for the entire year and will be taught in the Room with a View. The intermediate group (4th & 5th grades) will use the "Seasons of the Spirit" curriculum in the remodeled Gowan Library.

## MIDDLE & HIGH SCHOOL LEVEL YOUTH GROUP

The Youth Group is grades 5-8 & 9-12. They meet on the Sunday, once a month after church (11:30 – 1:00pm). Everyone meets together for fellowship and ministry, then two separate groups for formation & discussion. If you have children who would be interested in knowing more, contact Barbara Bolles -bainbridgebarb@gmail.com.

## CHRISTIAN ACTION

♥ **SINGING VALENTINES** ♥ Try something different this year -- send a Singing Valentine! The Kitsap Chordsmen Chorus has quartets ready to deliver a *Valentine Serenade*, along with a single rose bouquet and personalized card. Just call 360-337-SING to order one. The cost is \$50 and is a fundraiser to support the Chorus. Some Parish members have attended Chorus shows and the Agate Passage Quartet from the Chorus has sung at JOY Luncheons. If you have any questions, please contact Ric Cederwall (206-855-0900, ric@stanfordalumni.org).

**SECRET PRAYER PARTNERS:** Has begun it's new year – what a lovely way for St. Barnabas women to make a connection. Looking forward to a wonderful year, *Alice*

**ST. BARNABAS PRAYER CHAIN** is a group of people devoted and committed to prayer for others. The chain is divided into two groups coordinated by Lee-ann Holland. She serves as a contact to activate the chain and pass on requests. Lee-ann makes contacts by email and telephone. The prayer chain will pray for anyone who requests prayer or who is submitted by someone else for prayers. All the members honor confidentiality and do not discuss those for whom they pray. It is not necessary to have a lot of detail or sometimes even a name in order to pray for someone or a situation. Unless instructed otherwise, the chain usually prays for about two weeks for a person or situation. The chain can be contacted by calling or emailing the Parish Administrator Katrina Diller at the church office or Lee-ann Holland at hollandx263@me.com or 206-842-3204.

6 trained ministers available to offer healing sessions to Parish members and others in our community. Sessions last about 40 minutes, and are a quiet time with gentle music. Reiki promotes healing and wellness of body and mind, and is a consistent and gentle means for relieving stress and tension in the mind-body complex that accumulate in day-to-day activities. If you have questions or would like to schedule a session, contact Ric Cederwall 206-855-0900, ric@stanfordalumni.org or Sister Mary Louise (Sally) Sulonen 360-779-3662.

## **FELLOWSHIP**

### **☪ ST. BARNABAS LADIES TEA ☪**

The Ladies' Winter Tea will be February 18, 2012. It will begin at 2:30pm in the Parish Hall. Admission: \$15.00 Adults, \$5.00 6-12 yrs \*children 5 and under – free. Remember, we are also looking for tea pot donations for the event. Please join us! The Chairpersons for this event are: Carla Orcutt, Pat Schader, Jean Kellerman.

## **BODY, MIND & SPIRIT**

### **CHRISTIAN HEALING THROUGH REIKI:**

St. Barnabas offers Christian Healing through Reiki on a regular basis. We have a team of



## ***Saint Barnabas Episcopal Church***

**1187 Wyatt Way NW Bainbridge Island, WA 98110**

**206-842-5601 (Voice) 206-842-5876 (Fax)**

**email: [information@stbbi.org](mailto:information@stbbi.org)**

**website: <http://www.stbbi.org>**

**The Right Reverend Gregory H. Rickel, Bishop of Olympia**

**The Reverend Dr. Dennis Tierney, Rector**

**The Reverend Nancy Tiederman, Assisting Priest**

**The Reverend Dan Fowler, Deacon**

**Paul Roy, Director of Music**

**Katrina Diller, Parish Administrator**

**Julie Houck, Bookkeeper**

**Carol Hedderly-Smith, Treasurer**

**Fred Meredith, Sexton**

**Barbara Boulware, Day School Director**

**Kristi Barr, Mary Feeney, Millie Loughnane, Teachers**

**Senior Warden - Brien Neill**

**Junior Warden - tbd**

**Members: Charlie Anderson, Tom Beierle,**

**Danielle Desaulnier, Candace Gudmundson,**

**Dick Gregory, Gigi Norwine, Heidi O'Brien, Steve Schramke**

**Maria Perez, Housekeeper**