



THE THIRD SUNDAY AFTER THE EPIPHANY
HOLY EUCHARIST

January 22, 2012

10:00 A.M.

Saint Barnabas Episcopal Church...reaching out through worship, prayer, and action
to bring the reconciling peace of Christ to one another and this world.

We invite you to join as an active participant in the worship of God. This service is based on the Order for the Holy Eucharist: Rite Two in the Book of Common Prayer. For ease of use, this leaflet contains the congregational portions of the liturgy and service music. HYMNAL refers to the blue book: The Hymnal 1982. BCP refers to the red Book of Common Prayer.

Digital receivers for audio amplification are available during Sunday services
for those requiring hearing assistance – just ask an usher.

MUSIC

To an ancient picture

Hugo Wolf

In verdant landscape, summer's mead, Near cooling waters, brake and reed,
See how the babe with guileless innocence, Plays freely in the Virgin's lap
And there in the woods beyond, See, already green, the cross's stem!

TEXT: Eduard Mörike

Robert Engel, baritone



All stand as able at the sound of the tower bells.

HYMN (sung by all)

Jesus calls us; o'er the tumult

HYMNAL 550

THE OPENING ACCLAMATION

Presiding Priest Blessed be God: Father, Son, and Holy Spirit.

People And blessed be his kingdom, now and for ever. Amen.

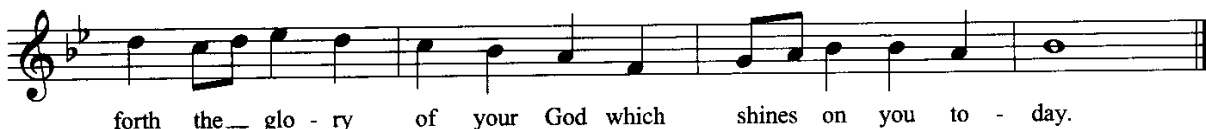
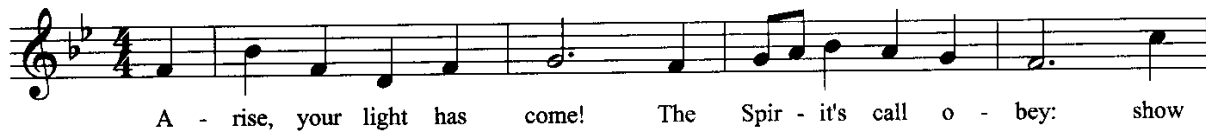
COLLECT FOR PURITY

Presiding Priest and People

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid:
Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love
you, and worthily magnify your holy Name; through Christ our Lord. Amen.

SONG OF PRAISE (sung by all)

Festal Song



THE COLLECT OF THE DAY

Presiding Priest The Lord be with you.
People And also with you.
Presiding Priest Let us pray.

Give us grace, O Lord, to answer readily the call of our Savior Jesus Christ and proclaim to all people the Good News of his salvation, that we and the whole world may perceive the glory of his marvelous works; who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

THE WORD OF GOD



THE FIRST READING (seated)

Jonah 3:1-5, 10

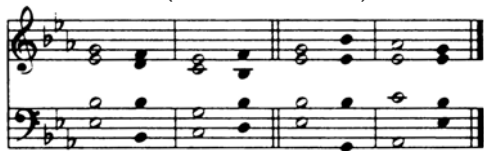
READER: *A Reading from the Book of Jonah*

The word of the Lord came to Jonah a second time, saying, "Get up, go to Nineveh, that great city, and proclaim to it the message that I tell you." So Jonah set out and went to Nineveh, according to the word of the Lord. Now Nineveh was an exceedingly large city, a three days' walk across. Jonah began to go into the city, going a day's walk. And he cried out, "Forty days more, and Nineveh shall be overthrown!" And the people of Nineveh believed God; they proclaimed a fast, and everyone, great and small, put on sackcloth. When God saw what they did, how they turned from their evil ways, God changed his mind about the calamity that he had said he would bring upon them; and he did not do it.

Reader Hear what the Spirit is saying to God's people.
People Thanks be to God.

THE RESPONSE (remain seated)

Psalms 62:6-14



1979, Robert Knox Kennedy.

6 For God alone my soul in silence / waits; *
truly, my hope is \ in him.

7 He alone is my rock and my sal/vation, *
my stronghold, so that I shall not be \ shaken.

8 In God is my safety and my / honor; *
God is my strong rock and my \ refuge.

9 Put your trust in him always, O / people, *
pour out your hearts before him, for God is our \ refuge.

10 Those of high degree are but a fleeting / breath, *
even those of low estate cannot be \ trusted.

11 On the scales they are lighter than a / breath, *
all of them to\gether.

12 Put no trust in extortion; in robbery take no empty / pride; *
though wealth increase, set not your heart up\on it.

13 God has spoken once, twice have I / heard it, *
that power belongs to \ God.

(second half of chant)

14 Steadfast love is yours, O / Lord, *
for you repay everyone according to his \ deeds.

THE SECOND READING

1 Corinthians 7:29-31

READER: A Reading from the First Letter of Paul to the Corinthians

I mean, brothers and sisters, the appointed time has grown short; from now on, let even those who have wives be as though they had none, and those who mourn as though they were not mourning, and those who rejoice as though they were not rejoicing, and those who buy as though they had no possessions, and those who deal with the world as though they had no dealings with it. For the present form of this world is passing away.

Reader Hear what the Spirit is saying to God's people.

People Thanks be to God.



HYMN (standing as able)

They cast their nets in Galilee

HYMNAL 661

THE GOSPEL

Mark 1:14-20

The Priest or Deacon reads the Gospel, first saying

The Holy Gospel of our Lord Jesus Christ according to Mark.

People Glory to you, Lord Christ.

Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, "The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news." As Jesus passed along the Sea of Galilee, he saw Simon and his brother Andrew casting a net into the sea—for they were fishermen. And Jesus said to them, "Follow me and I will make you fish for people." And immediately they left their nets and followed him. As he went a little farther, he saw James son of Zebedee and his brother John, who were in their boat mending the nets. Immediately he called them; and they left their father Zebedee in the boat with the hired men, and followed him.

The Gospel of the Lord

People Praise to you, Lord Christ.



THE SERMON (seated)

Dennis Tierney



THE NICENE CREED (standing as able)

Presiding Priest and People

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.

(continued on page 4)

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE

Deacon or other leader

With all our heart and with all our mind, let us pray to the Lord, saying, "Lord, have mercy."

For the peace from above, for the loving-kindness of God, and for the salvation of our souls, let us pray to the Lord.

Lord, have mercy.

For the peace of the world, for the welfare of the holy Church of God, and for the unity of all peoples, let us pray to the Lord.

Lord, have mercy.

For Katharine our Presiding Bishop; Gregory, our bishop, and for all the clergy and people, let us pray to the Lord.

Lord, have mercy.

For Barack, our President, for the leaders of the nations, and for all in authority, let us pray to the Lord.

Lord, have mercy.

For the good earth which God has given us, and for the wisdom and will to conserve it, let us pray to the Lord.

Lord, have mercy.

For the aged and infirm, for the widowed and orphans, and for the sick and the suffering, especially... let us pray to the Lord.

Lord, have mercy.

For the poor and the oppressed, for the unemployed and the destitute, for prisoners and captives, and for all who remember and care for them, let us pray to the Lord.

Lord, have mercy.

For all those who go in harm's way, both here at home in lands far away, and for their families and loved ones who also serve as they wait for the time of reunion, let us pray to the Lord.

Lord, have mercy.

For all who have died in the hope of the resurrection, especially... and for all the departed, let us pray to the Lord.

Lord, have mercy.

For deliverance from all danger, violence, oppression, and degradation, let us pray to the Lord.

Lord, have mercy.

That we may end our lives in faith and hope, without suffering and without reproach, let us pray to the Lord.

Lord, have mercy.

In the communion of Blessed Barnabas and of all the saints, let us commend ourselves, and one another, and all our life, to Christ our God.

To thee, O Lord our God.

We pray to you also for the forgiveness of our sins.

Silence may be kept.

Leader and People

Have mercy upon us, most merciful Father; in your compassion forgive us our sins, known and unknown, things done and left undone; and so uphold us by your Spirit that we may live and serve you in newness of life, to the honor and glory of your Name; through Jesus Christ our Lord. Amen.

The Presider concludes with an absolution or a suitable Collect.

A PRAYER FOR VISITORS

Presiding Priest and People

Loving God, make us ever mindful of the visitors who have come to us this day. Help us to help them know that their presence is our joy; their contentment our desire. Help us to open our arms and our hearts to bring them into our midst, not as strangers but as new friends in Christ. Amen.



THE PEACE

Presiding Priest The peace of the Lord be always with you.

People And also with you.

THE HOLY COMMUNION

An offering of money is collected.



ANTHEM (seated)

Dear Lord and Father of mankind

C. Hubert H. Parry

Dear Lord and Father of mankind,
Forgive our foolish ways;
Reclothe us in our rightful mind,
In purer lives Thy service find,
In deeper reverence, praise.

In simple trust like theirs who heard,
Beside the Syrian sea,
The gracious calling of the Lord,
Let us, like them, without a word,
Rise up and follow Thee.

Drop Thy still dews of quietness,
Till all our strivings cease;
Take from our souls the strain and stress,
And let our ordered lives confess
The beauty of Thy peace.

Breathe through the heats of our desire
Thy coolness and Thy balm;
Let sense be dumb, let flesh retire;
Speak through the earthquake, wind, and fire,
O still, small voice of calm.

TEXT: *Words: John G. Whittier, in the Atlantic Monthly, April 1872*



Please rise as able as the bread and wine and money we offer to God for our nourishment and the life of the world are brought forward and presented at the altar. The following anthem is sung by all.

PRESENTATION ANTHEM

TUNE: Sine nomine

Give thanks for those who made their life a light
 caught from the Christ flame burst-ing through the night, who
 touched the truth, who burned for what is right, Al -
 - le - lu - ia, Al - le - lu - ia!

The people remain standing as able. The Presiding Priest faces them and sings or says

Celebrant The Lord be with you. *People* And al - so with you.
Celebrant Lift up your hearts. *People* We lift them to the Lord.
Celebrant Let us give thanks to the Lord our God.
People It is right to give our thanks and praise.

Then, facing the Holy Table, the Presiding Priest proceeds

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of your Son Jesus Christ our Lord.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

HOLY, HOLY, HOLY

William Mathias

Ho - ly, ho - ly,
 ho - ly Lord, God of power and might,
 heaven and earth are full of your glo - ry. Ho-san-na in the
 high - est. Bless - ed is he who
 comes in the name of the Lord. Ho-san-na in the high-est.

The Presiding Priest continues

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me." After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore, according to his command, O Father,

Presiding Priest and People

**We remember his death,
 We proclaim his resurrection,
 We await his coming in glory;**

The Presiding Priest continues

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **Amen.**

Musical notation for the 'Amen' response. It features a single staff with a treble clef and a key signature of one sharp (F#). The melody is simple, consisting of quarter and half notes. The word 'Amen.' is written below the notes. Above the staff, 'Celebrant' is written above the first two notes, and 'People' is written above the last two notes.

The Presiding Priest continues

And now, as our Savior Christ has taught us, we are bold to say,

THE LORD'S PRAYER (Traditional)

Our Father, who art in heaven, hallowed be thy Name,
thy kingdom come, thy will be done, on earth as it is in heaven.

Give us this day our daily bread,
and forgive us our trespasses, as we forgive those who trespass against us.
And lead us not into temptation, but deliver us from evil.

For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

ACCLAMATION AFTER THE BREAKING OF THE BREAD

Gerald Near

This setting is not used in Lent.

Musical notation for the acclamation. It consists of four staves of music in G major (one sharp). The lyrics are: 'Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia. Christ our Pass - o - ver is sac - ri - ficed for us; There - fore let us keep the feast. Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.' The melody is simple and repetitive, using quarter and half notes.

THE INVITATION TO COMMUNION

The Presiding Priest says

The gifts of God for the People of God.

 COMMUNION OF THE PEOPLE

This is the Lord's table around which we gather.

All baptized Christians are encouraged to come forward and receive the Body and Blood of Christ in the bread and wine of the Eucharist. If you do not wish to receive Holy Communion please do come forward, cross your arms across your heart and receive a blessing.

ORGAN VOLUNTARY

HYMN (sung by all)

My God, thy table now is spread

HYMNAL 321



THE POST-COMMUNION PRAYER (standing as able)

Presiding Priest and People

Almighty and ever living God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

THE BLESSING



BIRTHDAYS, ANNIVERSARIES & ANNOUNCEMENTS (seated)



HYMN (standing as able) *How wondrous and great thy works*

HYMNAL 533

DISMISSAL

The Presiding Priest, dismisses the people with these words

Let us go forth in the name of Christ.

People Thanks be to God.

PROCESSION

ORGAN VOLUNTARY

Toccata in F Major

Dietrich Buxtenude



MINISTERS OF THE LITURGY

Presiding Priest & Preacher

The Rev. Dennis Tierney

Deacon

The Rev. Dan Fowler

Organist & Choirmaster

Paul Roy

Song Leaders

The Parish Choir

Lectors

Anne Pell & Elizabeth Posner

Eucharistic Ministers

Jean Kellerman & Heidi O'Brien

Acolytes

Sarah Neill, Jean Kellerman & Heidi O'Brien

Ushers

Penny Egger & Bill Galvani

Greeters

Duke & Pat Schader

Welcome Table

Mike & Kathy Lacey

Altar Guild Team

Nancy Key, Margaret Atwood, Carol Gregory, Deena Hanke,
Jean Kellerman, Liz McKinney, Jody Prongay & Gwen Rose

Coffee Hour

Don Hanke, David Prongay, Dick Gregory, Charles Helming
Roth Hafer, Gerald Ricketts & John Eshun

Calendar this week...

Sunday, January 22

8:00am Holy Eucharist, Rite I (Church)
9:15am Choir Rehearsal (Church)
10:00am Holy Eucharist, Rite II (Church)
8:00pm Taize (Church)

Monday, January 23

11:00am Group Reunion (Rector's Office)
7:30pm AI Anon (Parish Hall)

Tuesday January 24

Service Leaflet announcements due by 12:00 pm

Wednesday, January 25

7:15am Mindfulness Meditation (RWV)
7:30pm Choir Rehearsal (Choir Room)

Thursday, January 26

9:15am Healing Eucharist (Church)
10:30am Bible Study (Library)
10:30am Devotions (Wyatt House)
3:00pm Devotions (MARC)
7:30pm AA (RWV)
7:30pm Adult Education (Library)

Friday, January 27

3:00pm Reception Set up (Parish Hall)

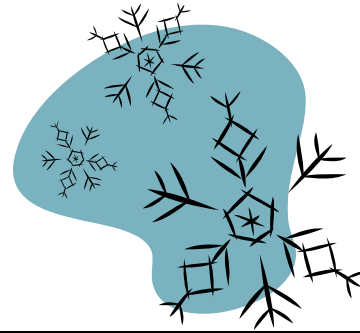
Saturday, January 28

8:00am Bible Study (MARC)
9:00am Girl Scouts Service Group Meeting (Parish Hall)

Sunday, January 29

8:00am Holy Eucharist, Rite I (Church)
9:15am Choir Rehearsal (Church)
10:00am Holy Eucharist, Rite II (Church)

Nursery Care provided for 10 o'clock Sunday Eucharist
RWV = Room with a View



PARISH ANNUAL MEETING in the Parish Hall on
TODAY following the 10:00am service.

Welcome to Saint Barnabas Church and this service of worship.

We are truly pleased that you have chosen to worship with us today. Here at St. Barnabas, we believe that everyone who enters these doors is God's guest. If you are seeking a church exclusively for today, we thank you for celebrating with us and may God be with you as you travel. If you are searching for a new church community and home, we hope that you will inform us. Please introduce yourself to one of our parish clergy as you depart. We invite you to complete one of the cards in the pew rack and simply hand it to a person of the clergy.

ANNOUNCEMENTS for the weekly service leaflets are due in the office no later than Tuesday at noon. Email your news to kdiller@stbbi.org

OFFERING ENVELOPES FOR 2012: These are now available in the Narthex for the current year. Please help yourself! Thank you.



WELCOME TABLE: Every village has a village well, a meeting place; ours is the **Welcome Table** at Coffee Hour. Everyone is urged to stop by regularly to check on sign ups for parish events, to volunteer for programs like our JOY Luncheon, the book sale, to learn more about our ministries, to purchase tickets to events, and to meet and talk with parishioners of every age and stage. Guests and newcomers are especially encouraged to visit the **Welcome Table**. Grab some coffee and stop by; it will be well worth your time!

NAME TAGS: Name tag sign up sheets will be on the Welcome Table the **FIRST SUNDAY** of every month. If you need a name tag, or a new name tag (maybe a goblin ate your old one?), please sign up then. Name tags should be ready to pick up on the **SECOND SUNDAY**. When you have your name tag on, newcomers find it easier to remember you, and all the other friendly St. Barnabas people they have just met.

PARISH PICTURE BOARD: We want every member of our parish to be part of our Parish Picture Board. The 3rd Sunday of every month, Kristen O'Keefe will be at the Welcome Table to take individual, couple, & family photos. We especially invite new

members to add their picture to our board or update the photo they have. Let's see if we can capture the face of Saint Barnabas.

ST. BARNABAS HAS A NURSERY FOR LITTLE ONES

- newborns to age three. Babysitting is provided during the Sunday 10am service. Our babysitters arrive fifteen minutes before the service, at 9:45am and parents are welcome to drop off their child and then collect him/her after the service or after coffee hour. Babysitters will interact, read and play with the children, and ensure that they are safe while parents attend the service. The nursery is located on the upper level of the Parish Hall building. From the parlor, proceed down the long hallway past the library and go through the doorway and find the nursery on the right-hand side. For more information, please call Linda Heller 360-930-8434.

DIGITAL RECEIVERS FOR AUDIO AMPLIFICATION

are available during Sunday services for those requiring hearing assistance – just ask an usher.

GLUTEN FREE EUCHARISTIC HOSTS are available for those who need them. Please alert the usher to your need.

COFFEE & COMMUNITY: Please join us for body and soul food! Coffee hour after the 8am service is in the Parlor. A sign up sheet is posted at the coffee hour. After the 10am service, join the congregation in the Parish Hall. This is a chance to meet other parishioners informally and enjoy the hospitality of the St. Barnabas congregation.

WORSHIP

MISSED A SERMON OR WANT TO HEAR IT AGAIN? Listen to podcasts of sermons and music available on our church website: <http://www.stbbi.org>

MUSICAL OPPORTUNITIES AT ST. BARNABAS

Do you sing or play an instrument? There are musical opportunities awaiting you here at St. Barnabas! Please contact Paul Roy <proy@stbbi.org> or call him at the church office 842-5601 x4 for further information.

MUSIC NOTES

Hugo Wolf (13 March 1860 – 22 February 1903) was an Austrian composer of Slovene origin, particularly noted for his art songs, or lieder. He brought to this form a concentrated expressive intensity which was unique in late Romantic music, somewhat related to that of the Second

Viennese School in concision but utterly unrelated in technique.

Sir Charles Hubert Hastings Parry, 1st Baronet (27 February 1848 – 7 October 1918) was an English composer, teacher and historian of music. Parry's first major works appeared in 1880. As a composer he is best known for the choral song "Jerusalem", the coronation anthem "I was glad" and the hymn tune "Repton", which sets the words "Dear Lord and Father of Mankind". He was director of the Royal College of Music from 1895 until his death and was also professor of music at the University of Oxford from 1900 to 1908. He also wrote several books about music and music history. Some contemporaries rated him as the finest English composer since Henry Purcell, but his academic duties prevented him from devoting all his energies to composition.

Dieterich Buxtehude (c. 1637 to 1639[1] — 9 May 1707) was a German-Danish organist and composer of the Baroque period. His organ works represent a central part of the standard organ repertoire and are frequently performed at recitals and in church services. He composed in a wide variety of vocal and instrumental idioms, and his style strongly influenced many composers, including Johann Sebastian Bach. Buxtehude, along with Heinrich Schütz, is considered today to be one of the most important German composers of the mid-Baroque.

Program notes taken from Wikipedia, the free encyclopedia.

"STRANDED IN SEATTLE! – MUSIC FROM THE APRIL 2010 TOUR" CD: The Rochester Cathedral Voluntary Choir's new CD was released on 29 October 2011, containing music from their last tour to America. What was supposed to be a 10-day tour of the Seattle area in the Pacific Northwest USA turned into three weeks because of the Icelandic volcano ash-cloud and the closure of UK airspace; after an extra two nights at St Barnabas, Bainbridge Island, they spent a week at Edmonton Cathedral in Alberta, Canada, while we waited for Air Canada to get us home. Their new CD is available for purchase at the church office for \$20 per CD. **This CD is also available after the 10am coffee hour at the Welcome Table.**

CHRISTIAN FORMATION

BIBLE STUDY: Join the Rector each Thursday morning from 10:30am – Noon in the Gowen Library for an informal and lively discussion of the readings for the coming Sunday. Make a full morning of it by joining us for the healing service prior at 9:15am.

ADULT EDUCATION PROGRAM The new class began Thursday, January 12. Our topic is, *"Eclipsing Empire: Saint Paul, Rome, and the Kingdom of God."* This program will take us beyond the Acts of the Apostles and features both presentations by biblical scholars and videos filmed on location in the Holy Land. Come join this time of learning and growing. Thursday evenings starting at 7:30pm. Please feel free to join in!

CHILDREN'S SUNDAY SCHOOL: Sunday School begins at 9:45am with song time in the Parish Hall to help our children prepare for lessons and concludes in time for the children to join their parents in the worship service at the Exchange of the Peace (after the sermon & before communion). After song time, the children will move to one of the three age-specific programs we offer. Our preschool program, designed for children ages 3 to 6, will be taught in the Day School classroom. Our primary program (Kindergarten through 3rd grade) will be Godly Play for the entire year and will be taught in the Room with a View. The intermediate group (4th & 5th grades) will use the "Seasons of the Spirit" curriculum in the remodeled Gowen Library.

MIDDLE & HIGH SCHOOL LEVEL YOUTH GROUP The Youth Group is grades 5-8 & 9-12. They meet on the Sunday, once a month after church (11:30 – 1:00pm). Everyone meets together for fellowship and ministry, then two separate groups for formation & discussion. If you have children who would be interested in knowing more, contact Barbara Bolles -bainbridgebarb@gmail.com.

CHRISTIAN ACTION

SECRET PRAYER PARTNERS: A women's ministry, begins its new year following Epiphany in the month of January. Participating is a warm way to form closer friendships among other women of our church family. If you are interested, information can be found on the Welcome Table on Sundays and in the Secret Prayer Partners mailbox off the Parlor. Forms for the year 2012 should be mailed before the end of January to: Alice Reasoner 10495 Morning Lane, Bl 98110 or left in the Secret Prayer Partners mailbox for new happy assignments! Thank you and blessings, *Alice*

ST. BARNABAS PRAYER CHAIN is a group of people devoted and committed to prayer for others. The chain is divided into two groups coordinated by Lee-ann Holland. She serves as a contact to activate the chain and pass on requests. Lee-ann makes contacts by email and telephone. The prayer chain will pray for anyone who requests prayer or who is submitted by someone else for prayers. All the members honor confidentiality and do not discuss those for whom they pray. It is not necessary to have a lot of detail or sometimes even a name in order to pray for someone or a situation. Unless instructed otherwise, the chain usually prays for about two weeks for a person or situation. The chain can be contacted by calling or emailing the Parish Administrator Katrina Diller at the church office or Lee-ann Holland at 206-842-3204.

FELLOWSHIP

SUPER SUPPER TIME! Eagle Harbor Church January 27 at 5 pm (servers show about 4:30, usually finished by 6pm). The following items and recruits are needed: Entrée- Chicken or Turkey, Vegetable, Rolls/Bread, Pasta, potatoes or rice, Dessert Salad, Juice, 3 people to help set up, serve and tidy up afterwards. We have been serving approximately 25 to 30 people. So, please prepare accordingly. Thank you for your continued support to this wonderful Outreach! Warmly, Gigi Norwine - giginorwine@johnlscott.com, or 206.427.6492

ST. BARNABAS LADIES TEA UPDATE:

The Ladies' Winter Tea has been moved to February 18, 2012. It will begin at 2:30pm in the Parish Hall. Admission:\$15.00 Adults, \$5.00 6-12 yrs *children 5 and under -free. Please join us! The Chairpersons for this event are: Carla Orcutt, Pat Schader, Jean Kelleman.

BODY, MIND & SPIRIT

CHRISTIAN HEALING THROUGH REIKI: St. Barnabas offers Christian Healing through Reiki on a regular basis. We have a team of 6 trained ministers available to offer healing sessions to Parish members and others in our community. Sessions last about 40 minutes, and are a quiet time with gentle music. Reiki promotes healing and wellness of body and mind, and is a consistent and gentle means for relieving stress and tension in the mind-body complex that accumulate in day-to-day activities. If you have questions or would like to schedule a session, contact Ric Cederwall 206-855-0900, ric@stanfordalumni.org or Sister Mary Louise (Sally) Sulonen 360-779-3662.

REIKI LEVEL 1 CLASS A SUCCESS Last Friday evening and all day Saturday, St. Barnabas hosted a Reiki Level 1 class for students from St. Barnabas and St. Antony, Silverdale. We had 8 students, ranging in age from 8 to 80. Next weekend, a similar class will be held at Rolling Bay Presbyterian Church, with one Parish member attending that class. Due to the overflow response to that class, we were encouraged to offer a class at St. Barnabas. This was an important milestone that we can now provide our own teachers, and we look forward to provide more teaching in the future. As one of the teachers has said frequently, "Epiphany Blessings Abound". Stay tuned.



Saint Barnabas Episcopal Church

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The Right Reverend Gregory H. Rickel, Bishop of Olympia

The Reverend Dr. Dennis Tierney, Rector

The Reverend Nancy Tiederman, Assisting Priest

The Reverend Dan Fowler, Deacon

Paul Roy, Director of Music

Katrina Diller, Parish Administrator

Julie Houck, Bookkeeper

Carol Hedderly-Smith, Treasurer

Fred Meredith, Sexton

Barbara Boulware, Day School Director

Kristi Barr, Mary Feeney, Millie Loughnane, Teachers

Senior Warden - Maggie Ball

Junior Warden - Honora Dunkak

Members: Tom Beierle, Candace Gudmundson, Dick Gregory, Gigi Norwine,

Brien Neill, Michael O'Keefe, Stephen Schramke

Treasurer - Carole Hedderly-Smith

Vestry Clerk - Carol Gregory

Maria Perez, Housekeeper