



THE THIRD SUNDAY AFTER THE EPIPHANY
HOLY EUCHARIST

January 22, 2012
8:00 A.M.

Saint Barnabas Episcopal Church...reaching out through worship, prayer, and action
to bring the reconciling peace of Christ to one another and this world.

We invite you to join as an active participant in the worship of God. This service is based on the Order for the Holy Eucharist: Rite One in the Book of Common Prayer. For ease of use, this leaflet contains the congregational portions of the liturgy and service music. HYMNAL refers to the blue book: The Hymnal 1982. BCP refers to the red Book of Common Prayer.

Digital receivers for audio amplification are available during Sunday services
for those requiring hearing assistance – just ask an usher.

ORGAN VOLUNTARY

We implore now the Holy Spirit

Dietrich Buxtehude



All stand as able at the sound of the tower bells.

HYMN (sung by all)

Jesus calls us; o'er the tumult

HYMNAL 550

THE OPENING ACCLAMATION

BCP p. 323

Presiding Priest Blessed be God: Father, Son, and Holy Spirit.
People And blessed be his kingdom, now and for ever. Amen.

COLLECT FOR PURITY

Presiding Priest and People

Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. Amen.

GLORY BE TO GOD

Presiding Priest and People

Glory be to God on high, and on earth peace, good will towards men. We praise thee, we bless thee, we worship thee, we glorify thee, we give thanks to thee for thy great glory, O Lord God, heavenly King, God the Father Almighty. O Lord, the only-begotten Son, Jesus Christ; O Lord God, Lamb of God, Son of the Father, that takest away the sins of the world, have mercy upon us. Thou that takest away the sins of the world, receive our prayer. Thou that sittest at the right hand of God the Father, have mercy upon us. For thou only art holy; thou only art the Lord; thou only, O Christ, with the Holy Ghost, art most high in the glory of God the Father. Amen.

THE COLLECT OF THE DAY

Presiding Priest The Lord be with you.
People And with thy spirit.
Presiding Priest Let us pray.

Give us grace, O Lord, to answer readily the call of our Savior Jesus Christ and proclaim to all people the Good News of his salvation, that we and all the whole world may perceive the glory of his marvelous works; who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever. **Amen.**

THE WORD OF GOD



THE FIRST READING (seated)

Jonah 3:1-5, 10

READER: *A Reading from the Book of Jonah*

The word of the Lord came to Jonah a second time, saying, "Get up, go to Nineveh, that great city, and proclaim to it the message that I tell you." So Jonah set out and went to Nineveh, according to the word of the Lord. Now Nineveh was an exceedingly large city, a three days' walk across. Jonah began to go into the city, going a day's walk. And he cried out, "Forty days more, and Nineveh shall be overthrown!" And the people of Nineveh believed God; they proclaimed a fast, and everyone, great and small, put on sackcloth. When God saw what they did, how they turned from their evil ways, God changed his mind about the calamity that he had said he would bring upon them; and he did not do it.

Reader Hear what the Spirit is saying to God's people.

People Thanks be to God.

THE RESPONSE (remain seated - read responsively)

Psalms 62:6-14

6 For God alone my soul in silence waits; *
truly, my hope is in him.

7 He alone is my rock and my salvation, *
my stronghold, so that I shall not be shaken.

8 In God is my safety and my honor; *
God is my strong rock and my refuge.

9 Put your trust in him always, O people, *
pour out your hearts before him, for God is our refuge.

10 Those of high degree are but a fleeting breath, *
even those of low estate cannot be trusted.

11 On the scales they are lighter than a breath, *
all of them together.

12 Put no trust in extortion; in robbery take no empty pride; *
though wealth increase, set not your heart upon it.

13 God has spoken once, twice have I heard it, *
that power belongs to God.

14 Steadfast love is yours, O Lord, *
for you repay everyone according to his deeds.

THE SECOND READING

1 Corinthians 7:29-31

READER: *A Reading from the First Letter of Paul to the Corinthians*

I mean, brothers and sisters, the appointed time has grown short; from now on, let even those who have wives be as though they had none, and those who mourn as though they were not mourning, and those who rejoice as though they were not rejoicing, and those who buy as though they had no possessions, and those who deal with the world as though they had no dealings with it. For the present form of this world is passing away.

Reader Hear what the Spirit is saying to God's people.

People Thanks be to God.



THE HOLY GOSPEL (standing as able)

Mark 1:14-20

The Priest reads the Gospel, first saying

The Holy Gospel of our Lord Jesus Christ according to Mark.

People Glory be to thee, O Lord.

Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, "The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news." As Jesus passed along the Sea of Galilee, he saw Simon and his brother Andrew casting a net into the sea—for they were fishermen. And Jesus said to them, "Follow me and I will make you fish for people." And immediately they left their nets and followed him. As he went a little farther, he saw James son of Zebedee and his brother John, who were in their boat mending the nets. Immediately he called them; and they left their father Zebedee in the boat with the hired men, and followed him.

The Gospel of the Lord

People Praise be to thee, O Christ.



THE SERMON (seated)

Dennis Tierney



THE NICENE CREED (standing as able)

BCP p. 326

Presiding Priest and People

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE

Deacon or other person appointed says

Let us pray for the whole state of Christ's Church and the world.

After each paragraph of this prayer, the People may make an appropriate response, as directed.

Almighty and everliving God, who in thy holy Word hast taught us to make prayers, and supplications, and to give thanks for all people. In our Anglican Cycle of Prayer, I ask your prayers for Igreja Episcopal Anglicana do Brasil - The Most Revd Mauricio Jose Araujo de Andrade Primate of Brazil & Bishop of Brasilia. For the Episcopal Diocese of Jerusalem and the Middle East St. Paul's Church-Ashreefieh, Jordan. In our Diocesan Cycle of Prayer, I ask your prayers for All Saints, Ascension, & Epiphany Parish, Seattle. Receive our prayers which we offer unto thy divine Majesty beseeching thee to inspire continually the Universal Church with the spirit of truth unity and concord and grant that those who do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love.

Lord, hear our prayer.

Give grace, O heavenly Father, to all bishops and other ministers especially for Katharine our Presiding Bishop; Gregory our Bishop, and Dennis and Nancy, our priests; and Dan, our Deacon, that they may, both by their life and doctrine, set forth thy true and lively Word, and rightly and duly administer thy holy Sacraments.

Lord, hear our prayer.

And to all thy people give thy heavenly grace, and especially to this congregation here present; that, with meek heart and due reverence, they may hear and receive thy holy Word, truly serving thee in holiness and righteousness all the days of their life.

Lord, hear our prayer.

We beseech thee also to rule the hearts of those who bear the authority of government in this and every land, especially Barak our President, that they may be led to wise decisions and right actions for the welfare and peace of the world.

Lord, hear our prayer.

For all those who go in harm's way to serve, both here at home and in lands far away, and for their families and loved ones who also serve as they wait for the time of reunion.

Lord, hear our prayer.

Open, O Lord, the eyes of all people to behold thy gracious hand in all thy works, that, rejoicing in thy whole creation, they may honor thee with their substance, and be faithful stewards of thy bounty.

Lord, hear our prayer.

And we most humbly beseech thee, of thy goodness, O Lord, to comfort and succor, and all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity.

Lord, hear our prayer.

[Additional petitions and thanksgivings may be included here.]

Lord, hear our prayer.

And we also bless thy holy Name for all thy servants departed this life in thy faith and fear [especially], beseeching thee to grant them continual growth in thy love and service; and to grant us grace so to follow the good examples of Barnabas and of all thy saints, that with them we may be partakers of thy heavenly kingdom.

Lord, hear our prayer.

Grant these our prayers, O Father, for Jesus Christ's sake, our only Mediator and Advocate. ***Amen.***



CONFESSION OF SIN (kneeling)

Let us humbly confess our sins unto Almighty God.

Silence may be kept.

Presiding Priest and People

Almighty God, Father of our Lord Jesus Christ, maker of all things, judge of all men: We acknowledge and bewail our manifold sins and wickedness, which we from time to time most grievously have committed, by thought, word, and deed, against thy divine Majesty, provoking most justly thy wrath and indignation against us. We do earnestly repent, and are heartily sorry for these our misdoings; the remembrance of them is grievous unto us, the burden of them is intolerable. Have mercy upon us, have mercy upon us, most merciful Father; for thy Son our Lord Jesus Christ's sake, forgive us all that is past; and grant that we may ever hereafter serve and please thee in newness of life, to the honor and glory of thy Name; through Jesus Christ our Lord. Amen.

The Presiding Priest says

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all those who with hearty repentance and true faith turn unto him, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord. ***Amen.***

PRAYER FOR VISITORS

Loving God, make thy people ever mindful of the visitors who have come amongst us this day. Help thy people to help these our visitors to know that their presence with us is our joy; their contentment our desire. Help thy people to open our arms and our hearts to bring them into our midst, not as strangers but as new friends in Christ. *Amen.*



THE PEACE (standing)

Presiding Priest The peace of the Lord be always with you.
People And also with you.

THE HOLY COMMUNION



An offering of money is collected.



At the conclusion of the organ voluntary, please rise as able as the bread and wine and money we offer to God for our nourishment and the life of the world are brought forward and presented at the altar.

Presiding Priest All things come of thee, O Lord,
People and of thine own have we given thee.

THE GREAT THANKSGIVING

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The people remain standing. The Presiding Priest faces them and says

People The Lord be with you.
People And with thy spirit.
Presiding Priest Lift up your hearts.
People We lift them up unto the Lord.
Presiding Priest Let us give thanks unto our Lord God.
People It is meet and right so to do.

Then, facing the Holy Table, the Presiding Priest proceeds

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God.

Here a Proper Preface is sung or said on all Sundays, and on other occasions as appointed.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

Presiding Priest and People

Holy, holy, holy, Lord God of Hosts:
Heaven and earth are full of thy glory.
Glory be to thee, O Lord Most High.
Blessed is he that cometh in the name of the Lord.
Hosanna in the highest.



or The people kneel or stand.

Then the Presiding Priest continues

All glory be to thee, Almighty God, our heavenly Father, for that thou, of thy tender mercy, didst give thine only Son Jesus Christ to suffer death upon the cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

At the following words concerning the bread, the Presiding Priest is to hold it, or lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated

For in the night in which he was betrayed, he took bread; and when he had given thanks, he brake it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink ye all of this; for this is my Blood of the New Testament, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, according to the institution of thy dearly beloved Son our Savior Jesus Christ, we, thy humble servants, do celebrate and make here before thy divine Majesty, with these thy holy gifts, which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; rendering unto thee most hearty thanks for the innumerable benefits procured unto us by the same. And we most humbly beseech thee, O merciful Father, to hear us; and, of thy almighty goodness, vouchsafe to bless and sanctify, with thy Word and Holy Spirit, these thy gifts and creatures of bread and wine; that we, receiving them according to thy Son our Savior Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood. And we earnestly desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving; most humbly beseeching thee to grant that, by the merits and death of thy Son Jesus Christ, and through faith in his blood, we, and all thy whole Church, may obtain remission of our sins, and all other benefits of his passion. And here we offer and present unto thee, O Lord, our selves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee; humbly beseeching thee that we, and all others who shall be partakers of this Holy Communion, may worthily receive the most precious Body and Blood of thy Son Jesus Christ, be filled with thy grace and heavenly benediction, and made one body with him, that he may dwell in us, and we in him. And although we are unworthy, through our manifold sins, to offer unto thee any sacrifice, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offenses, through Jesus Christ our Lord; By whom, and with whom, in the unity of the Holy Ghost, all honor and glory be unto thee, O Father Almighty, world without end. **Amen.**

And now, as our Savior Christ hath taught us, we are bold to say,

People and Presiding Priest

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

THE BREAKING OF THE BREAD

The Presiding Priest breaks the consecrated Bread. A period of silence is kept.

Then may be sung or said

Alleluia! Christ our Passover is sacrificed for us;
Therefore let us keep the feast. Alleluia!

The following prayer may be said. The People may join in saying this prayer

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. *Amen.*

Facing the people, the Presiding Priest may say the following Invitation

The Gifts of God for the People of God.
and may add Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

This is the Lord's Table around which we gather.

All baptized Christians are encouraged to come forward and receive the Body and Blood of Christ in the bread and wine of the Eucharist. If you do not wish to receive Holy Communion please do come forward, cross your arms across your heart and receive a blessing.



THE POST-COMMUNION PRAYER (kneeling or standing as able)

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Presiding Priest and People

Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

THE BLESSING

The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you, and remain with you always. *Amen.*



BIRTHDAYS, ANNIVERSARIES & ANNOUNCEMENTS (seated)



HYMN (standing as able) *How wondrous and great thy works*

HYMNAL 533

DISMISSAL

The Presiding Priest, dismisses the people with these words

Let us go forth in the name of Christ.

People Thanks be to God.

PROCESSION

ORGAN VOLUNTARY

Toccata in F Major

Dietrich Buxtenude

MINISTERS OF THE LITURGY

Presiding Priest & Preacher
Organist
Lectors
Prayers of the People
Eucharistic Minister
Acolyte
Altar Guild Team

Coffee Hour

The Rev. Dennis Tierney
Paul Roy
Su Beecham & Stu Case
Stu Case
Su Beecham
Stu Case

Nancy Key, Margaret Atwood, Carol Gregory, Deena Hanke,
Jean Kellerman, Liz McKinney, Jody Prongay & Gwen Rose
Joan Collins

Calendar this week...

Sunday, January 22

8:00am Holy Eucharist, Rite I (Church)
9:15am Choir Rehearsal (Church)
10:00am Holy Eucharist, Rite II (Church)
8:00pm Taize (Church)

Monday, January 23

11:00am Group Reunion (Rector's Office)
7:30pm AI Anon (Parish Hall)

Tuesday January 24

Service Leaflet announcements due by 12:00 pm

Wednesday, January 25

7:15am Mindfulness Meditation (RWV)
7:30pm Choir Rehearsal (Choir Room)

Thursday, January 26

9:15am Healing Eucharist (Church)
10:30am Bible Study (Library)
10:30am Devotions (Wyatt House)
3:00pm Devotions (MARC)
7:30pm AA (RWV)
7:30pm Adult Education (Library)

Friday, January 27

3:00pm Reception Set up (Parish Hall)

Saturday, January 28

8:00am Bible Study (MARC)
9:00am Girl Scouts Service Group Meeting (Parish Hall)

Sunday, January 29

8:00am Holy Eucharist, Rite I (Church)
9:15am Choir Rehearsal (Church)
10:00am Holy Eucharist, Rite II (Church)

Nursery Care provided for 10 o'clock Sunday Eucharist
RWV = Room with a View

PARISH ANNUAL MEETING in the Parish Hall
TODAY following the 10am service

Welcome to Saint Barnabas Church and this service of worship.

We are truly pleased that you have chosen to worship with us today. Here at St. Barnabas, we believe that everyone who enters these doors is God's guest. If you are seeking a church exclusively for today, we thank you for celebrating with us and may God be with you as you travel. If you are searching for a new church community and home, we hope that you will inform us. Please introduce yourself to one of our parish clergy as you depart. We invite you to complete one of the cards in the pew rack and simply hand it to a person of the clergy.

ANNOUNCEMENTS for the weekly service leaflets are due in the office no later than Tuesday at noon. Email your news to kdiller@stbbi.org

OFFERING ENVELOPES FOR 2012: These are now available in the Narthex for the current year. Please help yourself! Thank you.



WELCOME TABLE: Every village has a village well, a meeting place; ours is the **Welcome Table** at Coffee Hour. Everyone is urged to stop by regularly to check on sign ups for parish events, to volunteer for programs like our JOY Luncheon, the book sale, to learn more about our ministries, to purchase tickets to events, and to meet and talk with parishioners of every age and stage. Guests and newcomers are especially encouraged to visit the **Welcome Table**. Grab some coffee and stop by; it will be well worth your time!

NAME TAGS: Name tag sign up sheets will be on the Welcome Table the **FIRST SUNDAY** of every month. If you need a name tag, or a new name tag (maybe a goblin ate your old one?), please sign up then. Name tags should be ready to pick up on the **SECOND SUNDAY**. When you have your name tag on, newcomers find it easier to remember you, and all the other friendly St. Barnabas people they have just met.

PARISH PICTURE BOARD: We want every member of our parish to be part of our Parish Picture Board. The 3rd Sunday of every month, Kristen O'Keefe will be at the Welcome Table to take individual, couple, & family photos. We especially invite new

members to add their picture to our board or update the photo they have. Let's see if we can capture the face of Saint Barnabas.

ST. BARNABAS HAS A NURSERY FOR LITTLE ONES

- newborns to age three. Babysitting is provided during the Sunday 10am service. Our babysitters arrive fifteen minutes before the service, at 9:45am and parents are welcome to drop off their child and then collect him/her after the service or after coffee hour. Babysitters will interact, read and play with the children, and ensure that they are safe while parents attend the service. The nursery is located on the upper level of the Parish Hall building. From the parlor, proceed down the long hallway past the library and go through the doorway and find the nursery on the right-hand side. For more information, please call Linda Heller 360-930-8434.

DIGITAL RECEIVERS FOR AUDIO AMPLIFICATION

are available during Sunday services for those requiring hearing assistance – just ask an usher.

GLUTEN FREE EUCHARISTIC HOSTS are available for those who need them. Please alert the usher to your need.

COFFEE & COMMUNITY: Please join us for body and soul food! Coffee hour after the 8am service is in the Parlor. A sign up sheet is posted at the coffee hour. After the 10am service, join the congregation in the Parish Hall. This is a chance to meet other parishioners informally and enjoy the hospitality of the St. Barnabas congregation.

WORSHIP

MISSED A SERMON OR WANT TO HEAR IT AGAIN? Listen to podcasts of sermons and music available on our church website: <http://www.stbbi.org>

MUSICAL OPPORTUNITIES AT ST. BARNABAS

Do you sing or play an instrument? There are musical opportunities awaiting you here at St. Barnabas! Please contact Paul Roy <proy@stbbi.org> or call him at the church office 842-5601 x4 for further information.

MUSIC NOTES

Dieterich Buxtehude (c. 1637 to 1639[1] — 9 May 1707) was a German-Danish organist and composer of the Baroque period. His organ works represent a central part of the standard organ repertoire and are frequently performed at recitals and in church services. He composed in a wide variety of vocal and instrumental idioms,

and his style strongly influenced many composers, including Johann Sebastian Bach. Buxtehude, along with Heinrich Schütz, is considered today to be one of the most important German composers of the mid-Baroque.

Program notes taken from Wikipedia, the free encyclopedia.

“STRANDED IN SEATTLE! – MUSIC FROM THE APRIL 2010 TOUR” CD: The Rochester Cathedral Voluntary Choir's new CD was released on 29 October 2011, containing music from their last tour to America. What was supposed to be a 10-day tour of the Seattle area in the Pacific Northwest USA turned into three weeks because of the Icelandic volcano ash-cloud and the closure of UK airspace; after an extra two nights at St Barnabas, Bainbridge Island, they spent a week at Edmonton Cathedral in Alberta, Canada, while we waited for Air Canada to get us home. Their new CD is available for purchase at the church office for \$20 per CD. **This CD is also available after the 10am coffee hour at the Welcome Table.**

CHRISTIAN FORMATION

BIBLE STUDY: Join the Rector each Thursday morning from 10:30am – Noon in the Gowen Library for an informal and lively discussion of the readings for the coming Sunday. Make a full morning of it by joining us for the healing service prior at 9:15am.

ADULT EDUCATION PROGRAM The new class began Thursday, January 12. Our topic is, *“Eclipsing Empire: Saint Paul, Rome, and the Kingdom of God.”* This program will take us beyond the Acts of the Apostles and features both presentations by biblical scholars and videos filmed on location in the Holy Land. Come join this time of learning and growing. Thursday evenings starting at 7:30pm. Please feel free to join in!

CHILDREN'S SUNDAY SCHOOL: Sunday School begins at 9:45am with song time in the Parish Hall to help our children prepare for lessons and concludes in time for the children to join their parents in the worship service at the Exchange of the Peace (after the sermon & before communion). After song time, the children will move to one of the three age-specific programs we offer. Our preschool program, designed for children ages 3 to 6, will be taught in the Day School classroom. Our primary program

(Kindergarten through 3rd grade) will be Godly Play for the entire year and will be taught in the Room with a View. The intermediate group (4th & 5th grades) will use the “Seasons of the Spirit” curriculum in the remodeled Gowen Library.

MIDDLE & HIGH SCHOOL LEVEL YOUTH GROUP

The Youth Group is grades 5-8 & 9-12. They meet on the Sunday, once a month after church (11:30 – 1:00pm). Everyone meets together for fellowship and ministry, then two separate groups for formation & discussion. If you have children who would be interested in knowing more, contact Barbara Bolles -bainbridgebarb@gmail.com.

CHRISTIAN ACTION

SECRET PRAYER PARTNERS: A women's ministry, begins its new year following Epiphany in the month of January. Participating is a warm way to form closer friendships among other women of our church family. If you are interested, information can be found on the Welcome Table on Sundays and in the Secret Prayer Partners mailbox off the Parlor. Forms for the year 2012 should be mailed before the end of January to: Alice Reasoner 10495 Morning Lane, BI 98110 or left in the Secret Prayer Partners mailbox for new happy assignments! Thank you and blessings, *Alice*

ST. BARNABAS PRAYER CHAIN is a group of people devoted and committed to prayer for others. The chain is divided into two groups coordinated by Lee-ann Holland. She serves as a contact to activate the chain and pass on requests. Lee-ann makes contacts by email and telephone. The prayer chain will pray for anyone who requests prayer or who is submitted by someone else for prayers. All the members honor confidentiality and do not discuss those for whom they pray. It is not necessary to have a lot of detail or sometimes even a name in order to pray for someone or a situation. Unless instructed otherwise, the chain usually prays for about two weeks for a person or situation. The chain can be contacted by calling or emailing the Parish Administrator Katrina Diller at the church office or Lee-ann Holland at 206-842-3204.

FELLOWSHIP

SUPER SUPPER TIME! Eagle Harbor Church January 27 at 5 pm (servers show about 4:30, usually finished by 6pm). The following items and recruits are needed: Entrée- Chicken or Turkey, Vegetable, Rolls/Bread, Pasta, potatoes or rice, Dessert Salad, Juice, 3 people to help set up, serve and tidy up afterwards. We have been serving approximately 25 to 30 people. So, please prepare accordingly. Thank you for your continued support to this wonderful Outreach! Warmly, Gigi Norwine - giginorwine@johnlscott.com, or 206.427.6492

ST. BARNABAS LADIES TEA UPDATE:

The Ladies' Winter Tea has been moved to February 18, 2012. It will begin at 2:30pm in the Parish Hall. Admission: \$15.00 Adults, \$5.00 6-12 yrs *children 5 and under -free. Please join us! The Chairpersons for this event are: Carla Orcutt, Pat Schader, Jean Kelleman.

BODY, MIND & SPIRIT

CHRISTIAN HEALING THROUGH REIKI: St. Barnabas offers Christian Healing through Reiki on a regular basis. We have a team of 6 trained ministers available to offer healing sessions to Parish members and others in our community. Sessions last about 40 minutes, and are a quiet time with gentle music. Reiki promotes healing and wellness of body

and mind, and is a consistent and gentle means for relieving stress and tension in the mind-body complex that accumulate in day-to-day activities. If you have questions or would like to schedule a session, contact Ric Cederwall 206-855-0900, ric@stanfordalumni.org or Sister Mary Louise (Sally) Sulonen 360-779-3662.

REIKI LEVEL 1 CLASS A SUCCESS Last Friday evening and all day Saturday, St. Barnabas hosted a Reiki Level 1 class for students from St. Barnabas and St. Antony, Silverdale. We had 8 students, ranging in age from 8 to 80. Next weekend, a similar class will be held at Rolling Bay Presbyterian Church, with one Parish member attending that class. Due to the overflow response to that class, we were encouraged to offer a class at St. Barnabas. This was an important milestone that we can now provide our own teachers, and we look forward to provide more teaching in the future. As one of the teachers has said frequently, "Epiphany Blessings Abound". Stay tuned.



Saint Barnabas Episcopal Church

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206-842-5601 (Voice) 206-842-5876 (Fax)

email: information@stbbi.org

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The Right Reverend Gregory H. Rickel, Bishop of Olympia

The Reverend Dr. Dennis Tierney, Rector

The Reverend Nancy Tiederman, Assisting Priest

The Reverend Dan Fowler, Deacon

Paul Roy, Director of Music

Katrina Diller, Parish Administrator

Julie Houck, Bookkeeper

Carol Hedderly-Smith, Treasurer

Fred Meredith, Sexton

Barbara Boulware, Day School Director

Kristi Barr, Mary Feeney, Millie Loughnane, Teachers

Senior Warden - Maggie Ball

Junior Warden - Honora Dunkak

Members: Tom Beierle, Candace Gudmundson, Dick Gregory, Gigi Norwine,

Brien Neill, Michael O'Keefe, Stephen Schramke

Treasurer - Carole Hedderly-Smith

Vestry Clerk - Carol Gregory

Maria Perez, Housekeeper