



THE FOURTH SUNDAY AFTER EPIPHANY  
HOLY EUCHARIST

January 29, 2012  
10:00 A.M.

Saint Barnabas Episcopal Church...reaching out through worship, prayer, and action  
to bring the reconciling peace of Christ to one another and this world.

We invite you to join as an active participant in the worship of God. This service is based on the Order for the Holy Eucharist: Rite Two in the Book of Common Prayer. For ease of use, this leaflet contains the congregational portions of the liturgy and service music. HYMNAL refers to the blue book: The Hymnal 1982. BCP refers to the red Book of Common Prayer.

Digital receivers for audio amplification are available during Sunday services  
for those requiring hearing assistance – just ask an usher.

ORGAN VOLUNTARY

*Allegro from "Concerto in A Minor"*

J. S. Bach



*All stand as able at the sound of the tower bells.*

HYMN (sung by all)

*Thou, whose almighty word*

HYMNAL 371

THE OPENING ACCLAMATION

*Presiding Priest* Blessed be God: Father, Son, and Holy Spirit.

*People* And blessed be his kingdom, now and for ever. Amen.

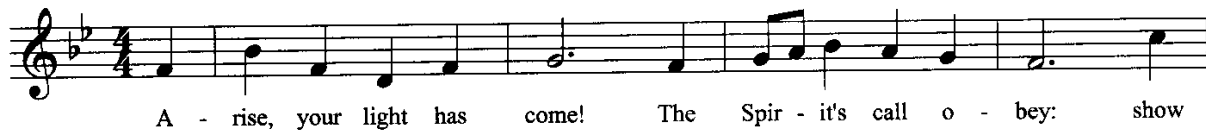
COLLECT FOR PURITY

*Presiding Priest and People*

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid:  
Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love  
you, and worthily magnify your holy Name; through Christ our Lord. Amen.

SONG OF PRAISE (sung by all)

Festal Song



THE COLLECT OF THE DAY

*Presiding Priest* The Lord be with you.  
*People* And also with you.  
*Presiding Priest* Let us pray.

Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

**THE WORD OF GOD**



THE FIRST READING (seated)

Deuteronomy 18:15-20

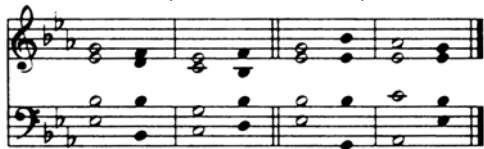
*READER: A Reading from the Book of Deuteronomy*

Moses summoned all Israel and said to them, "The Lord your God will raise up for you a prophet like me from among your own people; you shall heed such a prophet. This is what you requested of the Lord your God at Horeb on the day of the assembly when you said: 'If I hear the voice of the Lord my God any more, or ever again see this great fire, I will die.' Then the Lord replied to me: 'They are right in what they have said. I will raise up for them a prophet like you from among their own people; I will put my words in the mouth of the prophet, who shall speak to them everything that I command. Anyone who does not heed the words that the prophet shall speak in my name, I myself will hold accountable. But any prophet who speaks in the name of other gods, or who presumes to speak in my name a word that I have not commanded the prophet to speak—that prophet shall die.' "

*Reader* Hear what the Spirit is saying to God's people.  
*People* Thanks be to God.

THE RESPONSE (remain seated)

Psalm 111



1979. Robert Knox Kennedy.

- 1 Hallelujah! I will give thanks to the Lord with my whole / heart, \*  
in the assembly of the upright, in the conger\gation.
- 2 Great are the deeds of the / Lord! \*  
they are studied by all who de\light in them.
- 3 His work is full of majesty and / splendor, \*  
and his righteousness endures for \ ever.
- 4 He makes his marvelous works to be re/membered; \*  
the Lord is gracious and full of com\passion.
- 5 He gives food to those who / fear him; \*  
he is ever mindful of his \ covenant.
- 6 He has shown his people the power of his / works \*  
in giving them the lands of the \ nations.
- 7 The works of his hands are faithfulness and / justice; \*  
all his commandments are \ sure.
- 8 They stand fast for ever and / ever, \*  
because they are done in truth and \ equity.
- 9 He sent redemption to his people; he commanded his covenant for / ever; \*  
holy and awesome is his \ Name.
- 10 The fear of the Lord is the beginning of / wisdom; \*  
those who act accordingly have a good understanding; his praise endures for \ ever.

*READER: A Reading from the First Letter of Paul to the Corinthians*

Now concerning food sacrificed to idols: we know that "all of us possess knowledge." Knowledge puffs up, but love builds up. Anyone who claims to know something does not yet have the necessary knowledge; but anyone who loves God is known by him. Hence, as to the eating of food offered to idols, we know that "no idol in the world really exists," and that "there is no God but one." Indeed, even though there may be so-called gods in heaven or on earth—as in fact there are many gods and many lords—yet for us there is one God, the Father, from whom are all things and for whom we exist, and one Lord, Jesus Christ, through whom are all things and through whom we exist. It is not everyone, however, who has this knowledge. Since some have become so accustomed to idols until now, they still think of the food they eat as food offered to an idol; and their conscience, being weak, is defiled. "Food will not bring us close to God." We are no worse off if we do not eat, and no better off if we do. But take care that this liberty of yours does not somehow become a stumbling block to the weak. For if others see you, who possess knowledge, eating in the temple of an idol, might they not, since their conscience is weak, be encouraged to the point of eating food sacrificed to idols? So by your knowledge those weak believers for whom Christ died are destroyed. But when you thus sin against members of your family, and wound their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of their falling, I will never eat meat, so that I may not cause one of them to fall.

*Reader* Hear what the Spirit is saying to God's people.

*People* Thanks be to God.



HYMN (standing as able)

*Heal me, hands of Jesus*

*Sharpe, Carl Haywood*



1. Heal me, hands of Je-sus, and search out all my pain: re -  
 2. Cleanse me, blood of Je-sus, take bit - ter-ness a - way; let  
 3. Know me, mind of Je-sus, and show me all my sin; dis-  
 4. Fill me, joy of Je-sus: anx - i - e - ty shall cease and



store my hope, re - move my fear and bring me peace a - gain.  
 me for - give as one for-given and bring me peace to - day.  
 pel the mem - o - ries of guilt, and bring me peace with - in.  
 heaven's se - ren - i - ty be mine, for Je - sus brings me peace!

THE GOSPEL

Mark 1:21-28

*The Priest or Deacon reads the Gospel, first saying*

The Holy Gospel of our Lord Jesus Christ according to Mark.

*People* Glory to you, Lord Christ.

Jesus and his disciples went into Capernaum; and when the sabbath came, he entered the synagogue and taught. They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. Just then there was in their synagogue a man with an unclean spirit, and he cried out, "What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God." But Jesus rebuked him, saying, "Be silent, and come out of him!" And the unclean spirit, convulsing him and crying with a loud voice, came out of him. They were all amazed, and they kept on asking one another, "What is this? A new teaching—with authority! He commands even the unclean spirits, and they obey him." At once his fame began to spread throughout the surrounding region of Galilee.

The Gospel of the Lord

*People* Praise to you, Lord Christ.



THE SERMON (seated)

Dennis Tierney



THE NICENE CREED (standing as able)

*Presiding Priest and People*

We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
    he came down from heaven:  
by the power of the Holy Spirit  
    he became incarnate from the Virgin Mary,  
    and was made man.

For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
    in accordance with the Scriptures;  
he ascended into heaven  
    and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
    and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
    and the life of the world to come. Amen.

#### THE PRAYERS OF THE PEOPLE

*Deacon or other leader*

With all our heart and with all our mind, let us pray to the  
Lord, saying, "Lord, have mercy."

For the peace from above, for the loving-kindness of God,  
and for the salvation of our souls, let us pray to the Lord.

***Lord, have mercy.***

For the peace of the world, for the welfare of the holy Church  
of God, and for the unity of all peoples, let us pray to the Lord.

***Lord, have mercy.***

For Katharine our Presiding Bishop; Gregory, our bishop,  
and for all the clergy and people, let us pray to the Lord.

***Lord, have mercy.***

For Barack, our President, for the leaders of the nations, and for all in authority, let us pray to the Lord.

***Lord, have mercy.***

For the good earth which God has given us, and for the wisdom and will to conserve it, let us pray to the Lord.

***Lord, have mercy.***

For the aged and infirm, for the widowed and orphans, and for the sick and the suffering, especially... let us pray to the Lord.

***Lord, have mercy.***

For the poor and the oppressed, for the unemployed and the destitute, for prisoners and captives, and for all who remember and care for them, let us pray to the Lord.

***Lord, have mercy.***

For all those who go in harm's way, both here at home in lands far away, and for their families and loved ones who also serve as they wait for the time of reunion, let us pray to the Lord.

***Lord, have mercy.***

For all who have died in the hope of the resurrection, especially... and for all the departed, let us pray to the Lord.

***Lord, have mercy.***

For deliverance from all danger, violence, oppression, and degradation, let us pray to the Lord.

***Lord, have mercy.***

That we may end our lives in faith and hope, without suffering and without reproach, let us pray to the Lord.

***Lord, have mercy.***

In the communion of Blessed Barnabas and of all the saints, let us commend ourselves, and one another, and all our life, to Christ our God.

***To thee, O Lord our God.***

We pray to you also for the forgiveness of our sins.

*Silence may be kept.*

*Leader and People*

Have mercy upon us, most merciful Father; in your compassion forgive us our sins, known and unknown, things done and left undone; and so uphold us by your Spirit that we may live and serve you in newness of life, to the honor and glory of your Name; through Jesus Christ our Lord. **Amen.**

*The Presider concludes with an absolution or a suitable Collect.*

A PRAYER FOR VISITORS

*Presiding Priest and People*

Loving God, make us ever mindful of the visitors who have come to us this day. Help us to help them know that their presence is our joy; their contentment our desire. Help us to open our arms and our hearts to bring them into our midst, not as strangers but as new friends in Christ. Amen.



THE PEACE

*Presiding Priest* The peace of the Lord be always with you.  
*People* And also with you.



*Then, facing the Holy Table, the Presiding Priest proceeds*

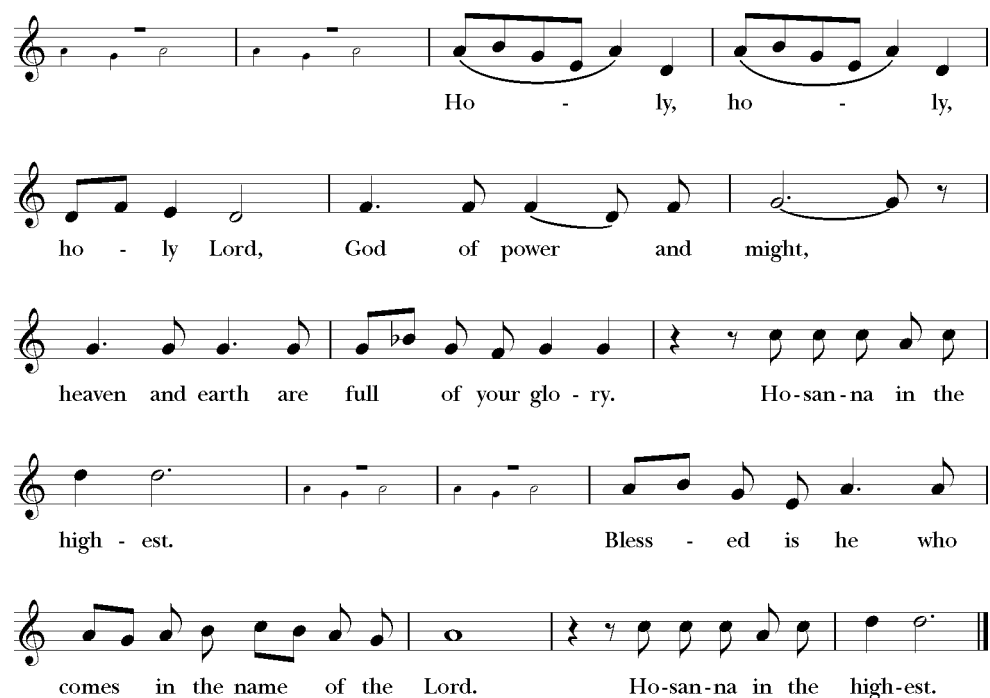
It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of your Son Jesus Christ our Lord.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

HOLY, HOLY, HOLY

William Mathias



Ho - ly, ho - ly, ho - ly,  
ho - ly Lord, God of power and might,  
heaven and earth are full of your glo - ry. Ho-san-na in the  
high - est. Bless - ed is he who  
comes in the name of the Lord. Ho-san-na in the high-est.

*The Presiding Priest continues*

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me." After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore, according to his command, O Father,

*Presiding Priest and People*

**We remember his death,  
We proclaim his resurrection,  
We await his coming in glory;**

*The Presiding Priest continues*

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **Amen.**



*The Presiding Priest continues*

And now, as our Savior Christ has taught us, we are bold to say,

THE LORD'S PRAYER (Traditional)

Our Father, who art in heaven, hallowed be thy Name,  
thy kingdom come, thy will be done, on earth as it is in heaven.

Give us this day our daily bread,  
and forgive us our trespasses, as we forgive those who trespass against us.  
And lead us not into temptation, but deliver us from evil.

For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

ACCLAMATION AFTER THE BREAKING OF THE BREAD

Gerald Near

*This setting is not used in Lent.*



THE INVITATION TO COMMUNION

*The Presiding Priest says*

The gifts of God for the People of God.



## COMMUNION OF THE PEOPLE

*This is the Lord's table around which we gather.*

*All baptized Christians are encouraged to come forward and receive the Body and Blood of Christ in the bread and wine of the Eucharist. If you do not wish to receive Holy Communion please do come forward, cross your arms across your heart and receive a blessing.*

## ORGAN VOLUNTARY

HYMN (sung by all)

*I am the bread of life*

HYMNAL 335



## THE POST-COMMUNION PRAYER (standing as able)

*Presiding Priest and People*

Almighty and ever living God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

## THE BLESSING



## BIRTHDAYS, ANNIVERSARIES & ANNOUNCEMENTS (seated)



HYMN (standing as able)

*O for a thousand tongues to sing*

HYMNAL 493

## DISMISSAL

*The Presiding Priest, dismisses the people with these words*

Let us go forth in the name of Christ.

*People* Thanks be to God.

## PROCESSION

ORGAN VOLUNTARY

*Praise to the Lord*

Max Drischner



## MINISTERS OF THE LITURGY

Presiding Priest & Preacher

The Rev. Dennis Tierney

Deacon

The Rev. Dan Fowler

Organist & Choirmaster

Paul Roy

Song Leaders

The Parish Choir

Lectors

Donna Brookfield & Grace Grant

Eucharistic Ministers

Chuck Kirchner & Donna Brookfield

Acolytes

Donna Brookfield, Dick Gregory & Ciaran Krantz

Ushers

Brian Andvik & Laura Carroll

Greeters

Serena Dubach, Margaret & Peter Atwood

Welcome Table

Jean Kellerman

Altar Guild Team

Jean Hurt, Kathy Anderson, Ruth Anderson, Betty Gates, Joyce Gibson,

Ann Powel & Lauren Walsh

Coffee Hour

Traci O'Brien, Babe Kehres, Karen Carncross, Joan Collins,

Donna Brookfield & Whitney Miller

## Calendar this week...

### **Sunday, January 29**

8:00am Holy Eucharist, Rite I (Church)  
9:15am Choir Rehearsal (Church)  
10:00am Holy Eucharist, Rite II (Church)

### **Monday, January 30**

11:00am Group Reunion (Rector's Office)  
7:30pm AI Anon (Parish Hall)

### **Tuesday January 31**

*Service Leaflet announcements due by 12:00 pm*

### **Wednesday, February 1**

7:15am Mindfulness Meditation (RWV)  
7:30pm Choir Rehearsal (Choir Room)

### **Thursday, February 2**

9:15am Healing Eucharist (Church)  
10:30am Bible Study (Library)  
10:30am Devotions (Wyatt House)  
3:00pm Devotions (MARC)  
7:30pm AA (RWV)  
7:30pm Adult Education (Library)

### **Friday, February 3**

*Pre-K Conferences – No Day School*

### **Saturday, February 4**

8:00am Bible Study (MARC)  
1:00pm Goller Memorial Service & Reception  
(Church & Parish Hall)

### **Sunday, February 5**

8:00am Holy Eucharist, Rite I (Church)  
9:15am Choir Rehearsal (Church)  
10:00am Holy Eucharist, Rite II (Church)  
2:30pm Girl Scout Meeting (Parish Hall)  
8:00pm Men's Compline Choir (St Cecilia's)

**Nursery Care provided for 10 o'clock Sunday Eucharist**  
**RWV = Room with a View**

## Welcome to Saint Barnabas Church and this service of worship.

*We are truly pleased that you have chosen to worship with us today. Here at St. Barnabas, we believe that everyone who enters these doors is God's guest. If you are seeking a church exclusively for today, we thank you for celebrating with us and may God be with you as you travel. If you are searching for a new church community and home, we hope that you will inform us. Please introduce yourself to one of our parish clergy as you depart. We invite you to complete one of the cards in the pew rack and simply hand it to a person of the clergy.*

**ANNOUNCEMENTS for the weekly service leaflets are due in the office no later than Tuesday at noon. Email your news to [kdiller@stbbi.org](mailto:kdiller@stbbi.org)**

**OFFERING ENVELOPES FOR 2012:** These are now available in the Narthex for the current year. Please help yourself! Thank you.



**WELCOME TABLE:** Every village has a village well, a meeting place; ours is the **Welcome Table** at Coffee Hour. Everyone is urged to stop by regularly to check on sign ups for parish events, to volunteer for programs like our JOY Luncheon, the book sale, to learn more about our ministries, to purchase tickets to events, and to meet and talk with parishioners of every age and stage. Guests and newcomers are especially encouraged to visit the **Welcome Table**. Grab some coffee and stop by; it will be well worth your time!

**NAME TAGS:** Name tag sign up sheets will be on the Welcome Table the **FIRST SUNDAY** of every month. If you need a name tag, or a new name tag (maybe a goblin ate your old one?), please sign up then. Name tags should be ready to pick up on the **SECOND SUNDAY**. When you have your name tag on, newcomers find it easier to remember you, and all the other friendly St. Barnabas people they have just met.

**PARISH PICTURE BOARD:** We want every member of our parish to be part of our Parish Picture Board. The 3rd Sunday of every month, Kristen O'Keefe will be at the Welcome Table to take individual, couple, & family photos. We especially invite new

members to add their picture to our board or update the photo they have. Let's see if we can capture the face of Saint Barnabas.

### **ST. BARNABAS HAS A NURSERY FOR LITTLE ONES**

- newborns to age three. Babysitting is provided during the Sunday 10am service. Our babysitters arrive fifteen minutes before the service, at 9:45am and parents are welcome to drop off their child and then collect him/her after the service or after coffee hour. Babysitters will interact, read and play with the children, and ensure that they are safe while parents attend the service. The nursery is located on the upper level of the Parish Hall building. From the parlor, proceed down the long hallway past the library and go through the doorway and find the nursery on the right-hand side. For more information, please call Linda Heller 360-930-8434.

### **DIGITAL RECEIVERS FOR AUDIO AMPLIFICATION**

are available during Sunday services for those requiring hearing assistance – just ask an usher.

**GLUTEN FREE EUCHARISTIC HOSTS** are available for those who need them. Please alert the usher to your need.

**COFFEE & COMMUNITY:** Please join us for body and soul food! Coffee hour after the 8am service is in the Parlor. A sign up sheet is posted at the coffee hour. After the 10am service, join the congregation in the Parish Hall. This is a chance to meet other parishioners informally and enjoy the hospitality of the St. Barnabas congregation.

## **WORSHIP**

**MISSED A SERMON OR WANT TO HEAR IT AGAIN?** Listen to podcasts of sermons and music available on our church website: <http://www.stbbi.org>

### **MUSICAL OPPORTUNITIES AT ST. BARNABAS**

Do you sing or play an instrument? There are musical opportunities awaiting you here at St. Barnabas! Please contact Paul Roy <[proy@stbbi.org](mailto:proy@stbbi.org)> or call him at the church office 842-5601 x4 for further information.

### **MUSIC NOTES**

There is no clearly named "organ concerto" (i.e., for organ and orchestral ensemble) by **Johann Sebastian Bach**, but several cantata movements contain extensive organ solo parts. Bach's admiration for Vivaldi and the Italian style led to several transcriptions of instrumental concertos for solo organ. This morning we hear the first

movement of the Concerto in A minor after Antonio Vivaldi, based on Op. 3 No. 8 for 2 violins and basso continuo.

**Carol Sams** is a well-known Seattle composer and soprano whose works have been performed throughout the world. Seattle area ensembles who have premiered her works include Orchestra Seattle and the Seattle Chamber Singers, Washington Composers Forum, University of Washington Contemporary Group, Northwest Chamber Orchestra and many others.

A student of Darius Milhaud, her compositions have been performed throughout the United States, Europe, and Japan. Her full-length opera *Pied Piper of Hamelin*, commissioned by the Tacoma Opera, was premiered in 1993 and repeated in 1994.

Along with many songs, choral pieces, and a symphony, Dr. Sams has a total of 12 operas to her credit. She holds a DMA degree from the University of Washington, an MA from Mills College, and is currently music director at Prospect Congregational UCC Church in Seattle.

**Max Drischner** (\* January 30 1891 at Prieborn , Silesia , † April 25 1971 in Goslar ) was a German composer , organist and harpsichordist . His work consists mostly of works for organ ( chorales , fugues , suites ) and psalms and choral works . This morning's closing organ voluntary is a brilliant setting of the familiar hymn tune, "Praise to the Lord". *Program notes taken from Wikipedia, the free encyclopedia.*

**"STRANDED IN SEATTLE! – MUSIC FROM THE APRIL 2010 TOUR" CD:** The Rochester Cathedral Voluntary Choir's new CD was released on 29 October 2011, containing music from their last tour to America. What was supposed to be a 10-day tour of the Seattle area in the Pacific Northwest USA turned into three weeks because of the Icelandic volcano ash-cloud and the closure of UK airspace; after an extra two nights at St Barnabas, Bainbridge Island, they spent a week at Edmonton Cathedral in Alberta, Canada, while we waited for Air Canada to get us home. Their new CD is available for purchase at the church office for \$20 per CD. **This CD is also available after the 10am coffee hour at the Welcome Table.**

### CHRISTIAN FORMATION

**BIBLE STUDY:** Join the Rector each Thursday morning from 10:30am – Noon in the Gowen Library for an informal and lively discussion of the readings for the coming Sunday. Make a full morning of it by joining us for the healing service prior at 9:15am.

**ADULT EDUCATION PROGRAM** The new class began Thursday, January 12. Our topic is, *"Eclipsing Empire: Saint Paul, Rome, and the Kingdom of God."* This program will take us beyond the Acts of the Apostles and features both presentations by biblical scholars and videos filmed on location in the Holy Land. Come join this time of learning and growing. Thursday evenings starting at 7:30pm. Please feel free to join in!

**CHILDREN'S SUNDAY SCHOOL:** Sunday School begins at 9:45am with song time in the Parish Hall to help our children prepare for lessons and concludes in time for the children to join their parents in the worship service at the Exchange of the Peace (after the sermon & before communion). After song time, the children will move to one of the three age-specific programs we offer. Our preschool program, designed for children ages 3 to 6, will be taught in the Day School classroom. Our primary program (Kindergarten through 3rd grade) will be Godly Play for the entire year and will be taught in the Room with a View. The intermediate group (4th & 5th grades) will use the "Seasons of the Spirit" curriculum in the remodeled Gowen Library.

**MIDDLE & HIGH SCHOOL LEVEL YOUTH GROUP** The Youth Group is grades 5-8 & 9-12. They meet on the Sunday, once a month after church (11:30 – 1:00pm). Everyone meets together for fellowship and ministry, then two separate groups for formation & discussion. If you have children who would be interested in knowing more, contact Barbara Bolles -bainbridgebarb@gmail.com.

### CHRISTIAN ACTION

**SECRET PRAYER PARTNERS:** A women's ministry, begins its new year following Epiphany in the month of January. Participating is a warm way to form closer friendships among other women of our church family. If you are interested, information can be found on the Welcome Table on Sundays and in the Secret Prayer Partners mailbox off the Parlor. Forms for the year 2012 should be mailed before the end of January to: Alice Reasoner 10495 Morning Lane, BI 98110 or left in the Secret Prayer Partners mailbox for new happy assignments! Thank you and blessings, *Alice*

**ST. BARNABAS PRAYER CHAIN** is a group of people devoted and committed to prayer for others. The chain is divided into two groups coordinated by Lee-ann Holland. She serves as a contact to activate the chain and pass on requests. Lee-ann makes contacts by email and telephone. The prayer chain will pray for anyone who requests prayer or who is submitted by someone else for prayers. All the members honor confidentiality and do not discuss those for whom they pray. It is not necessary to have a lot of detail or sometimes even a name in order to pray for someone or a situation. Unless instructed otherwise, the chain usually prays for about two weeks for a person or situation. The chain can be contacted by calling or emailing the Parish Administrator Katrina Diller at the church office or Lee-ann Holland at hollandx263@me.com or 206-842-3204.

#### **FELLOWSHIP**

##### **☪ ST. BARNABAS LADIES TEA UPDATE: ☪**

The Ladies' Winter Tea will be February 18, 2012. It will begin at 2:30pm in the Parish Hall. Admission: \$15.00 Adults, \$5.00 6-12 yrs \*children 5 and under – free. Remember, we are also looking for tea pot donations for the event. Please join us! The Chairpersons for this event are: Carla Orcutt, Pat Schader, Jean Kellerman.

#### **BODY, MIND & SPIRIT**

##### **CHRISTIAN HEALING THROUGH REIKI:**

St. Barnabas offers Christian Healing through Reiki on a regular basis. We have a team of 6 trained ministers available to offer healing sessions to Parish members and others in our community. Sessions last about 40 minutes,

and are a quiet time with gentle music. Reiki promotes healing and wellness of body and mind, and is a consistent and gentle means for relieving stress and tension in the mind-body complex that accumulate in day-to-day activities. If you have questions or would like to schedule a session, contact Ric Cederwall 206-855-0900, ric@stanfordalumni.org or Sister Mary Louise (Sally) Sulonen 360-779-3662.



##### **ST BARNABAS DAY SCHOOL OPEN HOUSE!**

Come check out St. Barnabas Day School! Please join us for our Open House this Saturday, January 28th 9:30-11am. Much of our enrollment comes from word of mouth, we really appreciate you letting your friends know about our programs. Encourage them to join us this weekend, or bring them with you! The Open House will take place in the classroom. Our wonderful Teachers will be there and we will have the classroom set up for fun!



## ***Saint Barnabas Episcopal Church***

***1187 Wyatt Way NW Bainbridge Island, WA 98110***

**206-842-5601 (Voice) 206-842-5876 (Fax)**

**email: [information@stbbi.org](mailto:information@stbbi.org)**

**website: <http://www.stbbi.org>**

**The Right Reverend Gregory H. Rickel, Bishop of Olympia**

**The Reverend Dr. Dennis Tierney, Rector**

**The Reverend Nancy Tiederman, Assisting Priest**

**The Reverend Dan Fowler, Deacon**

**Paul Roy, Director of Music**

**Katrina Diller, Parish Administrator**

**Julie Houck, Bookkeeper**

**Carol Hedderly-Smith, Treasurer**

**Fred Meredith, Sexton**

**Barbara Boulware, Day School Director**

**Kristi Barr, Mary Feeney, Millie Loughnane, Teachers**

**Senior Warden - Brien Neill**

**Junior Warden - tbd**

**Members: Charlie Anderson, Tom Beierle,**

**Danielle Desaulnier, Candace Gudmundson,**

**Dick Gregory, Gigi Norwine, Heidi O'Brien, Steve Schramke**

**Maria Perez, Housekeeper**