



THE TWENTIETH SUNDAY AFTER PENTECOST
HOLY EUCHARIST
October 11, 2015
8:00 A.M.

**Saint Barnabas Episcopal Church...reaching out through worship, prayer, and action
to bring the reconciling peace of Christ to one another and this world.**

We invite you to join as an active participant in the worship of God. This service is based on the Order for the Holy Eucharist: Rite One in the Book of Common Prayer. For ease of use, this leaflet contains the congregational portions of the liturgy and service music. HYMNAL refers to the blue book: The Hymnal 1982. BCP refers to the red Book of Common Prayer.

Digital receivers for audio amplification are available during Sunday services
for those requiring hearing assistance – just ask an usher.

Altar flowers are given today by Thom & Sylvia Dunning in honor of their anniversary.

ORGAN VOLUNTARY

Prière

Léon Boëllmann



All stand as able at the sound of the tower bell.

HYMN

Sing praise to God who reigns above

HYMNAL 408

THE OPENING ACCLAMATION

BCP p. 323

Presiding Priest Blessed be God: Father, Son, and Holy Spirit.

People And blessed be his kingdom, now and for ever. Amen.

COLLECT FOR PURITY

Presiding Priest and People

Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. Amen.

GLORY BE TO GOD

Presiding Priest and People

Glory be to God on high, and on earth peace, good will towards men. We praise thee, we bless thee, we worship thee, we glorify thee, we give thanks to thee for thy great glory, O Lord God, heavenly King, God the Father Almighty. O Lord, the only-begotten Son, Jesus Christ; O Lord God, Lamb of God, Son of the Father, that takest away the sins of the world, have mercy upon us. Thou that takest away the sins of the world, receive our prayer. Thou that sittest at the right hand of God the Father, have mercy upon us. For thou only art holy; thou only art the Lord; thou only, O Christ, with the Holy Ghost, art most high in the glory of God the Father. Amen.

THE COLLECT OF THE DAY

Presiding Priest The Lord be with you.

People And with thy spirit.

Presiding Priest Let us pray.

Lord, we pray thee that thy grace may always precede and follow us, and make us continually to be given to all good works; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, now and for ever. **Amen.**

THE WORD OF GOD

 THE FIRST READING (seated)

Job 23:1-9, 16-17

READER: *A Reading from the Book of Job*

Job said: "Today also my complaint is bitter; his hand is heavy despite my groaning. Oh, that I knew where I might find him, that I might come even to his dwelling! I would lay my case before him, and fill my mouth with arguments. I would learn what he would answer me, and understand what he would say to me. Would he contend with me in the greatness of his power? No; but he would give heed to me. There an upright person could reason with him, and I should be acquitted forever by my judge. "If I go forward, he is not there; or backward, I cannot perceive him; on the left he hides, and I cannot behold him; I turn to the right, but I cannot see him. God has made my heart faint; the Almighty has terrified me; if only I could vanish in darkness, and thick darkness would cover my face!"

Reader Hear what the Spirit is saying to God's people.

People Thanks be to God.

THE RESPONSE (remain seated - read responsively)

Psalm 22:1-15

1 My God, my God, why have you forsaken me? *
and are so far from my cry and from the words of my distress?

2 O my God, I cry in the daytime, but you do not answer; *
by night as well, but I find no rest.

3 Yet you are the Holy One, *
enthroned upon the praises of Israel.

4 Our forefathers put their trust in you; *
they trusted, and you delivered them.

5 They cried out to you and were delivered; *
they trusted in you and were not put to shame.

6 But as for me, I am a worm and no man, *
scorned by all and despised by the people.

7 All who see me laugh me to scorn; *
they curl their lips and wag their heads, saying,

8 "He trusted in the Lord; let him deliver him; *
let him rescue him, if he delights in him."

9 Yet you are he who took me out of the womb, *
and kept me safe upon my mother's breast.

10 I have been entrusted to you ever since I was born; *
you were my God when I was still in my mother's womb.

11 Be not far from me, for trouble is near, *
and there is none to help.

12 Many young bulls encircle me; *
strong bulls of Bashan surround me.

(continued on page 3)

13 They open wide their jaws at me, *
like a ravening and a roaring lion.

14 I am poured out like water; all my bones are out of joint; *
my heart within my breast is melting wax.

15 My mouth is dried out like a pot-sherd; my tongue sticks to the roof of my mouth; *
and you have laid me in the dust of the grave.

THE SECOND READING

Hebrews 4:12-16

READER: A Reading from the Letter to the Hebrews

The word of God is living and active, sharper than any two-edged sword, piercing until it divides soul from spirit, joints from marrow; it is able to judge the thoughts and intentions of the heart. And before him no creature is hidden, but all are naked and laid bare to the eyes of the one to whom we must render an account. Since, then, we have a great high priest who has passed through the heavens, Jesus, the Son of God, let us hold fast to our confession. For we do not have a high priest who is unable to sympathize with our weaknesses, but we have one who in every respect has been tested as we are, yet without sin. Let us therefore approach the throne of grace with boldness, so that we may receive mercy and find grace to help in time of need.

Reader Hear what the Spirit is saying to God's people.

People Thanks be to God.



THE HOLY GOSPEL (standing as able)

Mark 10:17-31

The Priest reads the Gospel, first saying

The Holy Gospel of our Lord Jesus Christ according to Mark.

People Glory be to thee, O Lord.

As Jesus was setting out on a journey, a man ran up and knelt before him, and asked him, "Good Teacher, what must I do to inherit eternal life?" Jesus said to him, "Why do you call me good? No one is good but God alone. You know the commandments: 'You shall not murder; You shall not commit adultery; You shall not steal; You shall not bear false witness; You shall not defraud; Honor your father and mother.'" He said to him, "Teacher, I have kept all these since my youth." Jesus, looking at him, loved him and said, "You lack one thing; go, sell what you own, and give the money to the poor, and you will have treasure in heaven; then come, follow me." When he heard this, he was shocked and went away grieving, for he had many possessions. Then Jesus looked around and said to his disciples, "How hard it will be for those who have wealth to enter the kingdom of God!" And the disciples were perplexed at these words. But Jesus said to them again, "Children, how hard it is to enter the kingdom of God! It is easier for a camel to go through the eye of a needle than for someone who is rich to enter the kingdom of God." They were greatly astounded and said to one another, "Then who can be saved?" Jesus looked at them and said, "For mortals it is impossible, but not for God; for God all things are possible." Peter began to say to him, "Look, we have left everything and followed you." Jesus said, "Truly I tell you, there is no one who has left house or brothers or sisters or mother or father or children or fields, for my sake and for the sake of the good news, who will not receive a hundredfold now in this age--houses, brothers and sisters, mothers and children, and fields with persecutions--and in the age to come eternal life. But many who are first will be last, and the last will be first."

The Gospel of the Lord

People Praise be to thee, O Christ.



THE SERMON (seated)

Dennis Tierney



Presiding Priest and People

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE

Deacon or other person appointed says

Let us pray for the whole state of Christ's Church and the world.

After each paragraph of this prayer, the People may make an appropriate response, as directed.

Almighty and everliving God, who in thy holy Word hast taught us to make prayers, and supplications, and to give thanks for all people. In our Anglican Cycle of Prayer, I ask your prayers for the Diocese of Tamale (Ghana) - (West Africa) The Rt Revd Dr Jacob Ayeebo. For the Episcopal Diocese of Jerusalem and the Middle East, please pray for the Ministry in Galilee, especially the Archdeacon; Christ Church, Nazareth; Christ School; Education and Communication; and St. Margaret's Hostel. In our Diocesan Cycle of Prayer, I ask your prayers for the Episcopal Campus Ministry. Receive our prayers which we offer unto thy divine Majesty beseeching thee to inspire continually the Universal Church with the spirit of truth unity and concord and grant that those who do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love.

Lord, hear our prayer.

Give grace, O heavenly Father, to all bishops and other ministers especially for Katharine, our Presiding Bishop; Gregory, our Bishop and Dennis, Nancy, Judith, Patricia, and Jan, our priests; and Dan our Deacon, that they may, both by their life and doctrine, set forth thy true and lively Word, and rightly and duly administer thy holy Sacraments.

Lord, hear our prayer.

And to all thy people give thy heavenly grace, and especially to this congregation here present; that, with meek heart and due reverence, they may hear and receive thy holy Word, truly serving thee in holiness and righteousness all the days of their life.

Lord, hear our prayer.

We beseech thee also so to rule the hearts of those who bear the authority of government in this and every land, especially Barack, our President, that he may be led to wise decisions and right actions for the welfare and peace of the world.

Lord, hear our prayer.

For all those who go in harm's way to serve, both here at home and in lands far away, and for their families and loved ones who also serve as they wait for the time of reunion.

Lord, hear our prayer.

Open, O Lord, the eyes of all people to behold thy gracious hand in all thy works, that, rejoicing in thy whole creation, they may honor thee with their substance, and be faithful stewards of thy bounty.

Lord, hear our prayer.

And we most humbly beseech thee, of thy goodness, O Lord, to comfort and succor, especially... and all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity.

Lord, hear our prayer.

And we offer our petitions and thanksgivings to you O Lord, either aloud or in our hearts..., as we pray.

Lord, hear our prayer.

And we also bless thy holy Name for all thy servants departed this life in thy faith and fear, especially..., beseeching thee to grant them continual growth in thy love and service; and to grant us grace so to follow the good examples of Barnabas and of all thy saints, that with them we may be partakers of thy heavenly kingdom.

Lord, hear our prayer.

Grant these our prayers, O Father, for Jesus Christ's sake, our only Mediator and Advocate. **Amen.**



CONFESSON OF SIN (kneeling)

Let us humbly confess our sins unto Almighty God.

Silence may be kept.

Presiding Priest and People

Almighty God, Father of our Lord Jesus Christ, maker of all things, judge of all men: We acknowledge and bewail our manifold sins and wickedness, which we from time to time most grievously have committed, by thought, word, and deed, against thy divine Majesty, provoking most justly thy wrath and indignation against us. We do earnestly repent, and are heartily sorry for these our misdoings; the remembrance of them is grievous unto us, the burden of them is intolerable. Have mercy upon us, have mercy upon us, most merciful Father; for thy Son our Lord Jesus Christ's sake, forgive us all that is past; and grant that we may ever hereafter serve and please thee in newness of life, to the honor and glory of thy Name; through Jesus Christ our Lord. Amen.

The Presiding Priest says

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all those who with hearty repentance and true faith turn unto him, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord. Amen.

A PRAYER FOR VISITORS

Loving God, make thy people ever mindful of the visitors who have come amongst us this day. Help thy people to help these our visitors to know that their presence with us is our joy; their contentment our desire. Help thy people to open our arms and our hearts to bring them into our midst, not as strangers but as new friends in Christ. Amen.

THE PEACE

Presiding Priest The peace of the Lord be always with you.

People And also with you.

THE HOLY COMMUNION



An offering of money is collected.



At the conclusion of the organ voluntary, please rise as able as the bread and wine and money we offer to God for our nourishment and the life of the world are brought forward and presented at the altar.

Presiding Priest All things come of thee, O Lord,
People and of thine own have we given thee.

THE GREAT THANKSGIVING

BCP p. 333

The people remain standing. The Presiding Priest faces them and says

The Lord be with you.
People And with thy spirit.
Presiding Priest Lift up your hearts.
People We lift them up unto the Lord.
Presiding Priest Let us give thanks unto our Lord God.
People It is meet and right so to do.

Then, facing the Holy Table, the Presiding Priest proceeds

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God.

Here a Proper Preface is sung or said on all Sundays, and on other occasions as appointed.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

Presiding Priest and People

Holy, holy, holy, Lord God of Hosts:
Heaven and earth are full of thy glory.
Glory be to thee, O Lord Most High.
Blessed is he that cometh in the name of the Lord.
Hosanna in the highest.



The people kneel or stand.

Then the Presiding Priest gives thanks for God's work in creation and for the salvation of the world through Christ, and prays over the bread and wine.

All glory be to thee, Almighty God, our heavenly Father...

...By whom, and with whom, in the unity of the Holy Ghost, all honor and glory be unto thee, O Father Almighty, world without end. **AMEN.**

And now, as our Savior Christ hath taught us, we are bold to say,

People and Presiding Priest

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

THE BREAKING OF THE BREAD

The Presiding Priest breaks the consecrated Bread. A period of silence is kept.

Then may be sung or said

Alleluia! Christ our Passover is sacrificed for us;

Therefore let us keep the feast. Alleluia!

The following prayer may be said. The People may join in saying this prayer

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

Facing the people, the Presiding Priest may say the following Invitation

The Gifts of God for the People of God.

and may add Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

This is the Lord's Table around which we gather.

All baptized Christians are encouraged to come forward and receive the Body and Blood of Christ in the bread and wine of the Eucharist. If you do not wish to receive Holy Communion please do come forward, cross your arms across your heart and receive a blessing.



THE POST-COMMUNION PRAYER (kneeling or standing as able)

BCP p. 339

Presiding Priest and People

Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

THE BLESSING

The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you, and remain with you always.

Amen.



BIRTHDAYS, ANNIVERSARIES & ANNOUNCEMENTS (seated)



HYMN (standing as able)

O Jesus, I have promised

HYMNAL 655

DISMISSAL

The Presiding Priest, dismisses the people with these words

Let us go forth in the name of Christ.

People **Thanks be to God.**

PROCESSION

ORGAN VOLUNTARY

Menuet gothique

Léon Boëllmann

MINISTERS OF THE LITURGY

Presiding Priest & Preacher
 Organist
 Acolyte
 Eucharistic Minister
 Lectors
 Prayers of the People
 Usher
 Altar Guild

 Bread Baker
 Fellowship Hour

The Rev. Dennis Tierney
 Paul Roy
 Virginia Walker
 Virginia Walker
 Virginia Walker & Joanne Ellis
 Joanne Ellis
 Ed Ellis

 Jean Kelleman, Carol Gregory, Deena Hanke,
 Candace Gudmundson, Liz McKinney, Jody Prongay & Gwen Rose
 Rosalys Peel
 Joan Collins

This Week @ St. Barnabas

Sunday, October 11

8am | Holy Eucharist {Rite I} | Church
 9:15am | Choir Rehearsal | Church
 10am | Holy Eucharist {Rite II} | Church
 3pm | Kiwanis Setup | PH & Kitchen
 3:30pm | Schola Nova Rehearsal | Church
 4pm | Kiwanis Installation Dinner | PH
6pm | Office of Evensong~Schola Nova | Church

Monday, October 12

11am | Group Reunion | Dennis' Office
 10:30am | Devotions | Messenger House
 11am | BI Rotary Meeting | PH & Kitchen
 7pm | BI Historical Museum Lecture | PH
 7:30pm | Al Anon | RWV

Tuesday, October 13

9am | Centering Prayer | Church
9:45am | Contemplative Book Study | Library
10am | Dance for Joy -Qigong | RWV
 4:30pm | CAC/Outreach | Library
 6:30pm | Amabile Rehearsal | PH
 7:30pm | Finance Committee | Library

Nursery Care | 10am Eucharist
RWV | Room with a View PH | Parish Hall

Wednesday, October 14

7am | BI Kiwanis | PH/Kitchen
 7:15am | Meditation Group | Church
 8:30am | Spiritual Direction | RWV
 2:30pm | Devotions | Island Rehab
 7:30pm | Choir Rehearsal | Choir Room

Thursday, October 15

9:15am | Healing Eucharist | Church
10am | LSSC | Library
 10:30am | Devotions | Wyatt House
 1:30pm | Devotions | Madrona House
 3pm | Devotions | Madison Ave House
 7:30pm | AA | RWV

Friday, October 16

Church Office Closed
 1pm | Facilities Planning Comm | Library
 5:30pm | EHYC Third Friday | PH & Kitchen

Saturday, October 17

9am | Peninsula Regional Meeting | PH
 9am | Altar Guild | Church

Sunday, October 18

8am | Holy Eucharist {Rite I} | Church
 9:15am | Choir Rehearsal | Church
 10am | Holy Eucharist {Rite II} | Church
 12:30pm | Newcomer's Luncheon | Church

Welcome to Saint Barnabas Church and this service of worship

We are truly pleased that you have chosen to worship with us today. Here at St. Barnabas, we believe that everyone who enters these doors is God's guest. If you are seeking a church exclusively for today, we thank you for celebrating with us and may God be with you as you travel. If you are searching for a new church community and home, we hope that you will inform us. Please introduce yourself to one of our parish clergy as you depart. We invite you to complete one of the cards in the pew rack and simply hand it to a person of the clergy.

DIGITAL RECEIVERS FOR AUDIO AMPLIFICATION are available during Sunday services for those requiring hearing assistance – just ask an Usher.

GLUTEN FREE EUCHARISTIC HOSTS are available for those who need them. Please alert the usher to your need.

ARE YOU ON THE PARISH PICTURE BOARD? We would like our entire parish to be represented on the Parish Picture Board. The **FIRST SUNDAY** of every month, Sue Hylen will be at the Welcome Table to take individual, couple, & family photos. We especially invite new members to add their picture to our board or update the photo they have. This also helps new members and visitors to connect names with faces!

NAME TAGS Name tag sign-up sheets will be on the Welcome Table the **SECOND SUNDAY** of every month. If you would like a name tag, please let us know. Name tags should be ready to be picked up the next SUNDAY. When you have your name tag on, newcomers find it easier to both approach and remember you, and all the other friendly St. B people they have just met.

ANNOUNCEMENTS for the weekly service leaflets are due to the office Tuesday by noon. Email | kdiller@stbbi.org

NURSERY FOR LITTLE ONES | newborns to age three. Babysitting is provided during the Sunday 10am service. Our babysitters arrive fifteen minutes before the service, at 9:45am and parents are welcome to drop off their child and then collect him/her after the service or after coffee hour. Babysitters will interact, read and play with the children, and ensure that they are safe while parents attend the service. The nursery is located on the upper level down the long hallway.

The nursery is through the doorway on the right. For more information, contact **Ruth Anderson | RuthA33@msn.com | 360-626-1264.**

WELCOME TABLE Don't forget to visit the Welcome Table at Coffee Hour. Everyone, new visitors and long-time members, is urged to stop by regularly to check on signups for parish events, to volunteer for programs. To learn more about our ministries, to purchase tickets to events, and to meet and talk with parishioners of every age and stage. Guests and newcomers are especially encouraged to visit the **Welcome Table**.

COFFEE & COMMUNITY Please join us for body and soul food! Coffee hour after the 8am is in the Parlor just across the courtyard from the church. Coffee Hour after the 10am service is downstairs in the Parish Hall. A sign-up sheet is posted for the 8am coffee hour. This is a chance to meet other parishioners informally and enjoy the hospitality of the St. Barnabas congregation.

WORSHIP

OFFICE OF EVENSONG | WOMEN'S SCHOLA NOVA TONIGHT | Oct 11 | 6pm

Women's Schola Nova sings the Office of Evensong at 6 pm on the second Sunday of each month, at St. Barnabas Episcopal Church. Come hear traditional plainsong, anthems, psalms, and chants, and let the grace of sung prayer refresh you for the week to come.

MISSED A SERMON OR WANT TO HEAR IT AGAIN? OR SHARE IT WITH A FRIEND? Listen to podcasts of sermons and music available on our church website | www.stbbi.org.

MUSICAL OPPORTUNITIES AT ST. BARNABAS

Do you sing or play an instrument? There are musical opportunities awaiting you here at St. Barnabas! Contact **Paul Roy | proy@stbbi.org | 206-842-5601x4.**

CHRISTIAN ACTION

HELPLINE HOUSE SEEKS VOLUNTEERS

With our lovely summer coming to an end and the children back in school it may be time to look at new schedules and time commitments moving into the fall and winter months. With that in mind please give some consideration to supporting Helpline House's mission to "help one neighbor at a time". Helpline House depends on many volunteers to work in the food bank, pick up or shop for food at local markets or participate in special programs like the upcoming Thanksgiving and Holiday Food Drives. It's easy to submit an online application at HelplineHouse.org, or email

volunteerservices@helplinehouse.org. Self-scheduling and regular assignments are available now. Become one of the volunteers that make our island a better place.

ST. BARNABAS PRAYER CHAIN is a group of people devoted and committed to prayer for others. The chain is divided into two groups coordinated by Lee-ann Holland. She serves as a contact to activate the chain and pass on requests. Lee-ann makes contacts by email and telephone. The prayer chain will pray for anyone who requests prayer or who is submitted by someone else for prayers. All the members honor confidentiality and do not discuss those for whom they pray. It is not necessary to have a lot of detail or sometimes even a name in order to pray for someone or a situation. Unless instructed otherwise, the chain usually prays for about two weeks for a person or situation. The chain can be contacted by calling or emailing the Parish Administrator Katrina at the office or **Lee-ann Holland | hollandx263@me.com | 842-3204.**

CHRISTIAN FORMATION

ADULT ED @ ST BARNABAS | Fall 2015

Thursdays | 7:30pm | Gowen Library

"In Search of: Saint Paul, Saint Peter and Other New Testament Greats and Places"

Washington National Cathedral is also known as the Cathedral Church of Saint Peter and Saint Paul. In honor of these two seminal figures in Christianity, our Adult Education program this fall will focus on their lives and ministries in the earliest church. In this exploration, we will be led by David Suchet, who played Hercule Poirot in the BBC series. With him, we will go where Paul went and explore the astonishing transformation of a simple fisherman into the person some claim as the first Pope. We will also explore some of the early Christian world by way of videos featuring Jerusalem and the other great sites of early Christianity. If geography is history, then the world of the earliest Christians shaped how we worship today. Please join us for any or all of these explorations and discussions. *Class began Sept 17.*

FELLOWSHIP

NEWCOMERS' LUNCHEON

Sunday, Oct 18 | 1pm

Are you new or "slightly new" to St. Barnabas? Would you like to get to know us better? Dennis and Grace are hosting the next Newcomers' Lunch in their home on Sunday, October 18th, at 1 pm. It's a great opportunity for conversation and good food in a relaxed setting. Childcare is provided. If you'd like more information or would

like to come, Please join us! Contact:

Babe Kehres | dpkehres@gmail.com

Elizabeth Posner | eeposner@comcast.net

Grace Grant | grace@grant-tierney.us

ST. BARNABAS SUPPER & BRUNCH CLUB

Supper club sign-ups are going on now! Be sure to sign up for the 2015-16 Supper/Brunch Club program. Enjoy great fellowship, delicious food, and deepen your friendships at St. Barnabas. New this year is an option for a family-centered group. Sign-up forms are at the Welcome Table. Last day to sign up is **October 18. See Rosalys Peel today at coffee hour.**

BODY, MIND & SPIRIT

CONTEMPLATIVE BOOK STUDY

Tuesday, October 13 | 9:45-11am

Contemplative Book Study group is now reading *The Wisdom Jesus* by Cynthia Bourgeault, "a masterful guide to Jesus' vision and to the traditional contemplative practices you can use to experience the heart of his teaching for yourself." Discussion will take place in the Gowen Library from 9:45-11 am. On October 13 we'll discuss Chapters 1-3. Reading this book will prepare us for Cynthia Bourgeault's visit to St. Barnabas on **Saturday, May 14.**

For more information, contact Patricia Rome Robertson (revprome@hotmail.com).

CENTERING PRAYER

Tuesdays | 9am | Church

Centering Prayer is based on an ancient form of Christian Meditation that was developed during the 20th Century. The simple process of consent and letting go invites us into a deeper place where the life of God can transform us to be the loving people of Christ in the world. Those who practice Centering Prayer gather on Tuesdays at 9am in the church to pray together. Anyone, whether new or experienced, is welcome to join us for silence, chanting and 20 minutes of prayer. Questions? Want more information? Contact |

Grace Grant | grace@grant-tierney.us.

Patricia Robertson | revprome@hotmail.com

CHRISTIAN HEALING THROUGH REIKI:

St. Barnabas offers Christian Healing through Reiki on a regular basis. We have a team of 6 trained ministers available to offer healing sessions to Parish members and others in our community. Sessions last about 40 minutes, and are a quiet time with gentle music. Reiki promotes healing and wellness of body and mind, and is a consistent and gentle means

for relieving stress and tension in the mind-body complex that accumulate in day-to-day activities. If you have questions or would like to schedule a session:

Ric Cederwall | 206-855-0900 |

ric@stanfordalumni.org

Sister Mary Louise Sulonen | 360-626-3264 |

sjpsulonen@comcast.net.

BOOK STUDY | GRACE CHURCH

Begins Oct 27 | 10:30am and 6:30pm

A study of Being Mortal: Medicine and What Matters in the End by Atul Gawande, M.D., and staff writer at *The New Yorker*. Mary Anderson, associate priest at Grace Episcopal Church and

Licensed Professional Counselor, will present the issues raised in this important book: mortality, medicine, and the power of hard conversations. On three Tuesdays from October 27 through November 10, Mary will offer the study at Grace from 10:30-12 and again from 6:30-8pm. Please sign up with Adult Faith Formation | willaf@earthlink.net | [360-779-6441](tel:360-779-6441). Read the first six chapters or, preferably, the entire book before the first meeting. The larger community is welcomed. To read the book review in the *The New York Times*, go to http://www.nytimes.com/2014/11/09/books/review/atul-gawande-being-mortal-review.html?_r=0



St. Barnabas Newcomer's Luncheon

Sunday, October 18
At Dennis & Grace's Home
(Please contact for directions)

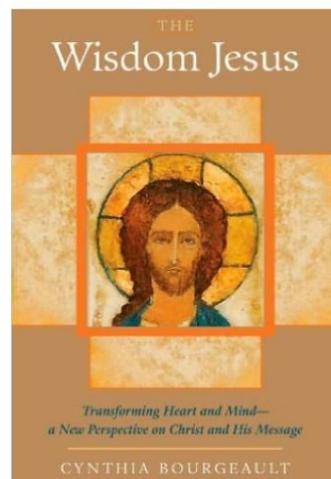
RSVP | Katrina Diller | Parish Administrator
206-842-5601 | kdiller@stbbi.org

Child Supervision provided—please let us know if you need it

Contemplative Book Study – The Wisdom Jesus

Beginning in October, the Contemplative book study will be reading *The Wisdom Jesus* by Cynthia Bourgeault. From the book jacket:

If you put aside what you think you know about Jesus and approach the Gospels as though for the first time, something remarkable happens: Jesus emerges as a teacher of the transformation of consciousness. Cynthia Bourgeault is a masterful guide to Jesus' vision and to the traditional contemplative practices you can use to experience the heart of his teaching for yourself.



Group discussions will take place in the Library at St. Barnabas at 9:45 am (following 9am Centering Prayer in the church) on Tuesdays. We finish no later than 11am.

Dates & Chapters:

October 13 | Chapters 1-3
November 10 | Chapters 4-7
December 8 | Chapters 8-9
January 12 | Chapters 10 – 11
February 16 | Chapters 12-14
March 15 | Chapters 15-16

Reading this book will prepare us all for Cynthia Bourgeault's visit to St. Barnabas | **Saturday, May 14**. You are invited to join us in reading and especially for the group discussions on the above dates.

"The knowledge of Jesus Christ is a unitive knowledge; it is the luminosity of my own true and eternal being."

- Bruno Barnhart. Second Simplicity



Saint Barnabas Episcopal Church

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The Right Reverend Gregory H. Rickel, | Bishop of Olympia
The Reverend Dr. Dennis Tierney | Rector
The Reverend Dr. Jan Heller | Assisting Priest
The Reverend Dr. Judith M. McDaniel | Assisting Priest
The Reverend Nancy Tiederman | Assisting Priest
The Rev. Patricia Rome Robertson | Assisting Priest for Contemplative Ministries
The Reverend Dan Fowler | Deacon
Paul Roy | Director of Music
Katrina Diller | Parish Administrator
Julie Houck | Bookkeeper
Denton Kiehle | Treasurer
Carol Milton | Treasurer Emerita
Fred Meredith | Sexton
Danielle Desaulniers | Kitchen Manager
Amy O'Brien | Day School Director, Carrie Corns | Assistant Director/Registrar
Kristi Barr, Mary Feeney, Millie Loughnane, Candace Gudmundson, Elsa Train | Teachers

VESTRY

Senior Warden | Bill Galvani, Junior Warden | Kristoffer Anderson
Members | Ed Ellis, Sue Hylan, Jean Kellerman,
Michael Lacey, Steve Schmitz, Virginia Walker
Mark Morris | Clerk of the Vestry



Maria Perez | Housekeeper

