



THE SIXTEENTH SUNDAY AFTER PENTECOST  
**HOLY EUCHARIST**  
September 13, 2015  
8:00 A.M.

**Saint Barnabas Episcopal Church...reaching out through worship, prayer, and action  
to bring the reconciling peace of Christ to one another and this world.**

*We invite you to join as an active participant in the worship of God. This service is based on the Order for the Holy Eucharist: Rite One in the Book of Common Prayer. For ease of use, this leaflet contains the congregational portions of the liturgy and service music. HYMNAL refers to the blue book: The Hymnal 1982. BCP refers to the red Book of Common Prayer.*

Digital receivers for audio amplification are available during Sunday services  
for those requiring hearing assistance – just ask an usher.

**Altar flowers are given today in memory of Bruce Hedderly-Smith by Carole Milton.**

ORGAN VOLUNTARY

Choral

Joseph Jongen



*All stand as able at the sound of the tower bell.*

HYMN

*All praise to thee, for thou, O King divine*

HYMNAL 477

THE OPENING ACCLAMATION

BCP p. 323

*Presiding Priest* Blessed be God: Father, Son, and Holy Spirit.

*People* And blessed be his kingdom, now and for ever. Amen.

COLLECT FOR PURITY

*Presiding Priest and People*

Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. Amen.

GLORY BE TO GOD

*Presiding Priest and People*

Glory be to God on high, and on earth peace, good will towards men. We praise thee, we bless thee, we worship thee, we glorify thee, we give thanks to thee for thy great glory, O Lord God, heavenly King, God the Father Almighty. O Lord, the only-begotten Son, Jesus Christ; O Lord God, Lamb of God, Son of the Father, that takest away the sins of the world, have mercy upon us. Thou that takest away the sins of the world, receive our prayer. Thou that sittest at the right hand of God the Father, have mercy upon us. For thou only art holy; thou only art the Lord; thou only, O Christ, with the Holy Ghost, art most high in the glory of God the Father. Amen.

THE COLLECT OF THE DAY

*Presiding Priest* The Lord be with you.

*People* And with thy spirit.

*Presiding Priest* Let us pray.

O God, forasmuch as without thee we are not able to please thee, mercifully grant that thy Holy Spirit may in all things direct and rule our hearts; through Jesus Christ our Lord, who with thee and the same Spirit liveth and reigneth, one God, now and for ever. **Amen.**

## **THE WORD OF GOD**

**1** THE FIRST READING (seated)

Proverbs 1:20-33

READER: *A Reading from the Book of Proverbs*

Wisdom cries out in the street; in the squares she raises her voice. At the busiest corner she cries out; at the entrance of the city gates she speaks: "How long, O simple ones, will you love being simple? How long will scoffers delight in their scoffing and fools hate knowledge? Give heed to my reproof; I will pour out my thoughts to you; I will make my words known to you. Because I have called and you refused, have stretched out my hand and no one heeded, and because you have ignored all my counsel and would have none of my reproof, I also will laugh at your calamity; I will mock when panic strikes you, when panic strikes you like a storm, and your calamity comes like a whirlwind, when distress and anguish come upon you. Then they will call upon me, but I will not answer; they will seek me diligently, but will not find me. Because they hated knowledge and did not choose the fear of the LORD, would have none of my counsel, and despised all my reproof, therefore they shall eat the fruit of their way and be sated with their own devices. For waywardness kills the simple, and the complacency of fools destroys them; but those who listen to me will be secure and will live at ease, without dread of disaster."

Reader Hear what the Spirit is saying to God's people.

People Thanks be to God.

THE RESPONSE (remain seated - read responsively)

Psalm 19

1 The heavens declare the glory of God, \*  
**and the firmament shows his handiwork.**

2 One day tells its tale to another, \*  
**and one night imparts knowledge to another.**

3 Although they have no words or language, \*  
**and their voices are not heard,**

4 Their sound has gone out into all lands, \*  
**and their message to the ends of the world.**

5 In the deep has he set a pavilion for the sun; \*  
**it comes forth like a bridegroom out of his chamber;**  
**it rejoices like a champion to run its course.**

6 It goes forth from the uttermost edge of the heavens and runs about to the end of it again; \*  
**nothing is hidden from its burning heat.**

7 The law of the Lord is perfect and revives the soul; \*  
**the testimony of the Lord is sure and gives wisdom to the innocent.**

8 The statutes of the Lord are just and rejoice the heart; \*  
**the commandment of the Lord is clear and gives light to the eyes.**

9 The fear of the Lord is clean and endures for ever; \*  
**the judgments of the Lord are true and righteous altogether.**

10 More to be desired are they than gold, more than much fine gold, \*  
**sweeter far than honey, than honey in the comb.**

*(continued on page 3)*

11 By them also is your servant enlightened, \*  
**and in keeping them there is great reward.**

12 Who can tell how often he offends? \*  
**cleanse me from my secret faults.**

13 Above all, keep your servant from presumptuous sins; let them not get dominion over me; \*  
**then shall I be whole and sound, and innocent of a great offense.**

14 Let the words of my mouth and the meditation of my heart be acceptable in your sight, \*  
**O Lord, my strength and my redeemer.**

THE SECOND READING

James 3:1-12

*READER: A Reading from the Letter of James*

Not many of you should become teachers, my brothers and sisters, for you know that we who teach will be judged with greater strictness. For all of us make many mistakes. Anyone who makes no mistakes in speaking is perfect, able to keep the whole body in check with a bridle. If we put bits into the mouths of horses to make them obey us, we guide their whole bodies. Or look at ships: though they are so large that it takes strong winds to drive them, yet they are guided by a very small rudder wherever the will of the pilot directs. So also the tongue is a small member, yet it boasts of great exploits. How great a forest is set ablaze by a small fire! And the tongue is a fire. The tongue is placed among our members as a world of iniquity; it stains the whole body, sets on fire the cycle of nature, and is itself set on fire by hell. For every species of beast and bird, of reptile and sea creature, can be tamed and has been tamed by the human species, but no one can tame the tongue-- a restless evil, full of deadly poison. With it we bless the Lord and Father, and with it we curse those who are made in the likeness of God. From the same mouth come blessing and cursing. My brothers and sisters, this ought not to be so. Does a spring pour forth from the same opening both fresh and brackish water? Can a fig tree, my brothers and sisters, yield olives, or grapevine figs? No more can salt water yield fresh.

*Reader* Hear what the Spirit is saying to God's people.  
*People* Thanks be to God.



THE HOLY GOSPEL (standing as able)

Mark 8:27-38

*The Priest reads the Gospel, first saying*

The Holy Gospel of our Lord Jesus Christ according to Mark.

*People* Glory be to thee, O Lord.

Jesus went on with his disciples to the villages of Caesarea Philippi; and on the way he asked his disciples, "Who do people say that I am?" And they answered him, "John the Baptist; and others, Elijah; and still others, one of the prophets." He asked them, "But who do you say that I am?" Peter answered him, "You are the Messiah." And he sternly ordered them not to tell anyone about him. Then he began to teach them that the Son of Man must undergo great suffering, and be rejected by the elders, the chief priests, and the scribes, and be killed, and after three days rise again. He said all this quite openly. And Peter took him aside and began to rebuke him. But turning and looking at his disciples, he rebuked Peter and said, "Get behind me, Satan! For you are setting your mind not on divine things but on human things." He called the crowd with his disciples, and said to them, "If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake, and for the sake of the gospel, will save it. For what will it profit them to gain the whole world and forfeit their life? Indeed, what can they give in return for their life? Those who are ashamed of me and of my words in this adulterous and sinful generation, of them the Son of Man will also be ashamed when he comes in the glory of his Father with the holy angels."

*People* The Gospel of the Lord  
Praise be to thee, O Christ.



THE SERMON (seated)

Dennis Tierney



THE NICENE CREED (standing as able)

BCP p. 326

*Presiding Priest and People*

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

#### THE PRAYERS OF THE PEOPLE

*Deacon or other person appointed says*

Let us pray for the whole state of Christ's Church and the world.

*After each paragraph of this prayer, the People may make an appropriate response, as directed.*

Almighty and everliving God, who in thy holy Word hast taught us to make prayers, and supplications, and to give thanks for all people. In our Anglican Cycle of Prayer, I ask your prayers for the Diocese of South Dakota - (VI, The Episcopal Church) The Rt Revd John Tarrant. For the Episcopal Diocese of Jerusalem and the Middle East, please pray for education in Jerusalem, especially St. George's School, the Anglican School, and the Princess Basma Centre for Disabled. In our Diocesan Cycle of Prayer, I ask your prayers for St. Benedict, Lacey; St. Mark, Montesano. Receive our prayers which we offer unto thy divine Majesty beseeching thee to inspire continually the Universal Church with the spirit of truth unity and concord and grant that those who do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love.

**Lord, hear our prayer.**

Give grace, O heavenly Father, to all bishops and other ministers especially for Katharine, our Presiding Bishop; Gregory, our Bishop and Dennis, Nancy, Judith, Patricia, and Jan, our priests; and Dan our Deacon, that they may, both by their life and doctrine, set forth thy true and lively Word, and rightly and duly administer thy holy Sacraments.

**Lord, hear our prayer.**

And to all thy people give thy heavenly grace, and especially to this congregation here present; that, with meek heart and due reverence, they may hear and receive thy holy Word, truly serving thee in holiness and righteousness all the days of their life.

**Lord, hear our prayer.**

We beseech thee also so to rule the hearts of those who bear the authority of government in this and every land, especially Barack, our President, that he may be led to wise decisions and right actions for the welfare and peace of the world.

**Lord, hear our prayer.**

For all those who go in harm's way to serve, both here at home and in lands far away, and for their families and loved ones who also serve as they wait for the time of reunion.

**Lord, hear our prayer.**

Open, O Lord, the eyes of all people to behold thy gracious hand in all thy works, that, rejoicing in thy whole creation, they may honor thee with their substance, and be faithful stewards of thy bounty.

**Lord, hear our prayer.**

And we most humbly beseech thee, of thy goodness, O Lord, to comfort and succor, especially... and all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity.

**Lord, hear our prayer.**

And we offer our petitions and thanksgivings to you O Lord, either aloud or in our hearts..., as we pray.

**Lord, hear our prayer.**

And we also bless thy holy Name for all thy servants departed this life in thy faith and fear, especially..., beseeching thee to grant them continual growth in thy love and service; and to grant us grace so to follow the good examples of Barnabas and of all thy saints, that with them we may be partakers of thy heavenly kingdom.

**Lord, hear our prayer.**

Grant these our prayers, O Father, for Jesus Christ's sake, our only Mediator and Advocate. **Amen.**



CONFESSIO OF SIN (kneeling)

Let us humbly confess our sins unto Almighty God.

*Silence may be kept.*

*Presiding Priest and People*

Almighty God, Father of our Lord Jesus Christ, maker of all things, judge of all men: We acknowledge and bewail our manifold sins and wickedness, which we from time to time most grievously have committed, by thought, word, and deed, against thy divine Majesty, provoking most justly thy wrath and indignation against us. We do earnestly repent, and are heartily sorry for these our misdoings; the remembrance of them is grievous unto us, the burden of them is intolerable. Have mercy upon us, have mercy upon us, most merciful Father; for thy Son our Lord Jesus Christ's sake, forgive us all that is past; and grant that we may ever hereafter serve and please thee in newness of life, to the honor and glory of thy Name; through Jesus Christ our Lord. Amen.

*The Presiding Priest says*

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all those who with hearty repentance and true faith turn unto him, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord. Amen.

A PRAYER FOR VISITORS

Loving God, make thy people ever mindful of the visitors who have come amongst us this day. Help thy people to help these our visitors to know that their presence with us is our joy; their contentment our desire. Help thy people to open our arms and our hearts to bring them into our midst, not as strangers but as new friends in Christ. Amen.

THE PEACE

*Presiding Priest*    The peace of the Lord be always with you.  
*People*            And also with you.

## THE HOLY COMMUNION



*An offering of money is collected.*



*At the conclusion of the organ voluntary, please rise as able as the bread and wine and money we offer to God for our nourishment and the life of the world are brought forward and presented at the altar.*

*Presiding Priest* All things come of thee, O Lord,  
*People* and of thine own have we given thee.

### THE GREAT THANKSGIVING

BCP p. 333

*The people remain standing. The Presiding Priest faces them and says*

*People* The Lord be with you.  
*People* And with thy spirit.  
*Presiding Priest* Lift up your hearts.  
*People* We lift them up unto the Lord.  
*Presiding Priest* Let us give thanks unto our Lord God.  
*People* It is meet and right so to do.

*Then, facing the Holy Table, the Presiding Priest proceeds*

*It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God.*

*Here a Proper Preface is sung or said on all Sundays, and on other occasions as appointed.*

*Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,*

*Presiding Priest and People*

Holy, holy, holy, Lord God of Hosts:  
Heaven and earth are full of thy glory.  
Glory be to thee, O Lord Most High.  
Blessed is he that cometh in the name of the Lord.  
Hosanna in the highest.



*or* *The people kneel or stand.*

*Then the Presiding Priest gives thanks for God's work in creation and for the salvation of the world through Christ, and prays over the bread and wine.*

*All glory be to thee, Almighty God, our heavenly Father...*

*...By whom, and with whom, in the unity of the Holy Ghost, all honor and glory be unto thee, O Father Almighty, world without end. **AMEN.***

*And now, as our Savior Christ hath taught us, we are bold to say,*

*People and Presiding Priest*

*Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.*

## THE BREAKING OF THE BREAD

*The Presiding Priest breaks the consecrated Bread. A period of silence is kept.*

*Then may be sung or said*

Alleluia! Christ our Passover is sacrificed for us;

**Therefore let us keep the feast. Alleluia!**

*The following prayer may be said. The People may join in saying this prayer*

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

*Facing the people, the Presiding Priest may say the following Invitation*

The Gifts of God for the People of God.

*and may add* Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

*This is the Lord's Table around which we gather.*

*All baptized Christians are encouraged to come forward and receive the Body and Blood of Christ in the bread and wine of the Eucharist. If you do not wish to receive Holy Communion please do come forward, cross your arms across your heart and receive a blessing.*



THE POST-COMMUNION PRAYER (kneeling or standing as able)

BCP p. 339

*Presiding Priest and People*

Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

## THE BLESSING

The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you, and remain with you always.

**Amen.**



BIRTHDAYS, ANNIVERSARIES & ANNOUNCEMENTS (seated)



HYMN (standing as able)

*The Church's one foundation*

HYMNAL 525

DISMISSAL

The Presiding Priest, dismisses the people with these words  
Let us go forth in the name of Christ.

**People Thanks be to God.**

PROCESSION

ORGAN VOLUNTARY

Fanfare

Ronald Arnatt

**MINISTERS OF THE LITURGY**

Presiding Priest & Preacher  
Organist  
Acolyte  
Eucharistic Minister  
Lectors  
Prayers of the People  
Usher  
Altar Guild

The Rev. Dennis Tierney  
Paul Roy  
Stu Case  
Su Beecham  
Su Beecham & Stu Case  
Stu Case  
Ed Ellis

Jean Kellerman, Carol Gregory, Deena Hanke,  
Candace Gudmundson, Liz McKinney, Jody Prongay & Gwen Rose

Bread Baker  
Fellowship Hour

TBD  
Joan Collins

**This Week @ St. Barnabas**

**Sunday, September 13**

**CELEBRATION SUNDAY!**

8am | Holy Eucharist {Rite I} | Church  
9:15am | Choir Rehearsal | Church  
10am | Holy Eucharist {Rite II} | Church  
3:30pm | Schola/Compline Rehearsal | Church  
6pm | Office of Evensong | Church

**Monday, September 14**

10:30am | Devotions | Messenger House  
11am | Group Reunion | Dennis' Office  
6pm | BI Rotary Meeting | PH & Kitchen  
7:30pm | Al Anon | RWV

**Tuesday, September 15**

**9am | Centering Prayer | Church**  
**9:45am | Contemplative Book Group | Library**  
6:30pm | Amabile Rehearsal | PH  
7:30pm | Vestry Meeting | Library

**Wednesday, September 16**

7am | BI Kiwanis | PH/Kitchen  
7:15am | Meditation Group | Church  
8am | Kiwanis Auction Committee | Library  
**11:30am | JOY Luncheon | PH**  
7:30pm | Choir Rehearsal | Choir Room

**Thursday, September 17**

**9:15am | Healing Eucharist | Church**  
10:30am | Devotions | Wyatt House  
**11am-5pm | Blood Drive | PH**  
1:30pm | Devotions | Madrona House  
3pm | Devotions | Madison Ave House  
7:30pm | AA | RWV

**Friday, September 18**

**Church Office Closed**  
1pm | Facilities Planning Comm | Library

**Saturday, September 19**

8am | Buddhist Priory | RWV  
9am | Altar Guild | Church

**Sunday, September 20**

8am | Holy Eucharist {Rite I} | Church  
9:15am | Choir Rehearsal | Church  
10am | Holy Eucharist {Rite II} | Church

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**Nursery Care | 10am Eucharist**  
**RWV | Room with a View PH | Parish Hall**

## Welcome to Saint Barnabas Church and this service of worship

*We are truly pleased that you have chosen to worship with us today. Here at St. Barnabas, we believe that everyone who enters these doors is God's guest. If you are seeking a church exclusively for today, we thank you for celebrating with us and may God be with you as you travel. If you are searching for a new church community and home, we hope that you will inform us. Please introduce yourself to one of our parish clergy as you depart. We invite you to complete one of the cards in the pew rack and simply hand it to a person of the clergy.*

**DIGITAL RECEIVERS FOR AUDIO AMPLIFICATION** are available during Sunday services for those requiring hearing assistance – just ask an Usher.

**GLUTEN FREE EUCHARISTIC HOSTS** are available for those who need them. Please alert the usher to your need.

**ARE YOU ON THE PARISH PICTURE BOARD?** We would like our entire parish to be represented on the Parish Picture Board. The **THIRD SUNDAY** of every month, Sue Hylen will be at the Welcome Table to take individual, couple, & family photos. We especially invite new members to add their picture to our board or update the photo they have. This also helps new members and visitors to connect names with faces!

**NAME TAGS** Name tag sign-up sheets will be on the Welcome Table the **SECOND SUNDAY** of every month. If you would like a name tag, please let us know. Name tags should be ready to be picked up the next **SUNDAY**. When you have your name tag on, newcomers find it easier to both approach and remember you, and all the other friendly St. B people they have just met.

**ANNOUNCEMENTS for the weekly service leaflets are due to the office Tuesday by noon. Email | [kdiller@stbbi.org](mailto:kdiller@stbbi.org)**

**NURSERY FOR LITTLE ONES** | newborns to age three. Babysitting is provided during the Sunday 10am service. Our babysitters arrive fifteen minutes before the service, at 9:45am and parents are welcome to drop off their child and then collect him/her after the service or after coffee hour. Babysitters will interact, read and play with the children, and ensure that they are safe while parents attend the service. The nursery is located on the upper level down the long hallway. The nursery is through the doorway on the right. For

more information, contact **Ruth Anderson** | [RuthA33@msn.com](mailto:RuthA33@msn.com) | 360-626-1264.

**WELCOME TABLE** Don't forget to visit the Welcome Table at Coffee Hour. Everyone, new visitors and long-time members, is urged to stop by regularly to check on signups for parish events, to volunteer for programs. To learn more about our ministries, to purchase tickets to events, and to meet and talk with parishioners of every age and stage. Guests and newcomers are especially encouraged to visit the **Welcome Table**.

**COFFEE & COMMUNITY** Please join us for body and soul food! Coffee hour after the 8am is in the Parlor just across the courtyard from the church. Coffee Hour after the 10am service is downstairs in the Parish Hall. A sign-up sheet is posted for the 8am coffee hour. This is a chance to meet other parishioners informally and enjoy the hospitality of the St. Barnabas congregation.

### WORSHIP

#### TONIGHT | SPECIAL OFFICE OF EVENSONG SUNDAY, SEPTEMBER 13 | 6PM

Women's Schola Nova and the Men's Complaine Choir will combine to sing the Office of Evensong in September. The Office of Evensong is sung monthly on the 2nd Sunday of the month at 6pm. Come hear traditional plainsong, anthems, psalms and chants. Let the grace of sung prayer refresh you for the week to come.

**Next Office of Complaine: Sunday, Oct 4 | 8pm**  
**Next Office of Evensong: Sunday, Oct 11 | 6pm**

**MISSED A SERMON OR WANT TO HEAR IT AGAIN? OR SHARE IT WITH A FRIEND?** Listen to podcasts of sermons and music available on our church website | [www.stbbi.org](http://www.stbbi.org).

#### MUSICAL OPPORTUNITIES AT ST. BARNABAS

Do you sing or play an instrument? There are musical opportunities awaiting you here at St. Barnabas! Contact **Paul Roy** | [proy@stbbi.org](mailto:proy@stbbi.org) | 206-842-5601x4.

### CHRISTIAN ACTION

**ST. BARNABAS PRAYER CHAIN** is a group of people devoted and committed to prayer for others. The chain is divided into two groups coordinated by Lee-ann Holland. She serves as a contact to activate the chain and pass on requests. Lee-ann makes contacts by email and telephone. The prayer chain will pray for anyone who requests prayer or who is submitted by someone else for prayers. All the members honor confidentiality and do not discuss those for whom they pray. It is not necessary to have a lot of detail or sometimes

even a name in order to pray for someone or a situation. Unless instructed otherwise, the chain usually prays for about two weeks for a person or situation. The chain can be contacted by calling or emailing the Parish Administrator Katrina at the office or **Lee-ann Holland | hollandx263@me.com | 842-3204.**

## CHRISTIAN FORMATION

### FROM THE LIBRARY ~

The books donated this month include: *Call the Midwife*, Volumes 1-3, by Jennifer Worth, donated by Babe Kehres ~ a good historical accounting of midwifery by the Anglican Nuns during the 1950s in the east end of London. Babe says they can be a bit graphic. *Somewhere Safe with Somebody Good* by Jan Karon. If you're a fan of Father Tim and Mitford, this one is for you. *The Year of Living Virtuously (Weekends Off)* by Teresa Jordan ~ Writer and visual artist Teresa Jordan wondered if [Benjamin] Franklin's perhaps antiquated notions of virtue might offer guidance to a nation increasingly divided by angry righteousness. She decided to try to live his list for a year, focusing on each virtue for a week at a time and taking weekends off to attend to the seven deadly sins. These books and those donated during the summer will be on a table in the Parish Hall after the 10:00 service this Celebration Sunday. You're welcome to take a look and even check one out.

### ADULT ED @ ST BARNABAS | Fall 2015

**Thursdays | Starts Sept 17 | 7:30pm | Gowen Library**  
"In Search of: Saint Paul, Saint Peter and Other New Testament Greats and Places"

Washington National Cathedral is also known as the Cathedral Church of Saint Peter and Saint Paul. In honor of these two seminal figures in Christianity, our Adult Education program this fall will focus on their lives and ministries in the earliest church. In this exploration, we will be led by David Suchet, who played Hercule Poirot in the BBC series. With him, we will go where Paul went and explore the astonishing transformation of a simple fisherman into the person some claim as the first Pope. We will also explore some of the early Christian world by way of videos featuring Jerusalem and the other great sites of early Christianity. If geography is history, then the world of the earliest Christians shaped how we worship today. Please join us for any or all of these explorations and discussions.

## FELLOWSHIP

### ST. BARNABAS SUPPER & BRUNCH CLUB

Supper club sign-ups are going on now! Be sure to sign up for the 2015-16 Supper/Brunch Club program. Enjoy great fellowship, delicious food, and deepen your friendships at St. Barnabas. New this year is an option for a family-centered group. Sign-up forms are at the Welcome Table. Last day to sign up is **October 18. See Rosalys Peel today at the 10am coffee hour.**



**JOY LUNCHEON | Sept 16 | 11:30am**  
**BLOOD DRIVE | Sept 17 | 11am-5pm**  
**CROP WALK | Sept 27 | 1:30pm**  
**WILDFIRE FUNDRAISER | Sept 27 | 7pm**

## BODY, MIND & SPIRIT

**THE GOSPEL OF THOMAS | A WISDOM RETREAT DAY**  
**Saturday, October 10 | 9:30am – 3:30pm**

**Parish Hall | St. Barnabas**

Join us on Saturday, October 10th, for day of prayer, chanting and spiritual practice centered in *The Gospel of Thomas*. We will be led in our study by David Veterane of Rolling Bay Presbyterian Church and host of study weekends with Lynn Bauman. David will be using *The Gospel of Thomas, Wisdom of the Twin, 2<sup>nd</sup> edition* by Lynn Bauman. Suggested donation: \$20 (scholarships available; please inquire). Registration forms available in the Narthex of the Church and the Parlor. All are welcome! Bring your lunch and join us! Contact:

**Patricia Robertson | [revprome@hotmail.com](mailto:revprome@hotmail.com)**

**Yvonne Rolston | [yvonnevictoria@gmail.com](mailto:yvonnevictoria@gmail.com)**

**Grace Grant | [grace@grant-tierney.us](mailto:grace@grant-tierney.us)**

### CONTEMPLATIVE BOOK STUDY

**Tues, Sept 15 | 10-11am | Library**

The Contemplative Book Group is completing our reading of Cynthia Bourgeault's *The Wisdom Way of Knowing*. The group gathers next on Tuesday, September 15, from 10-11am in the Gowen Library. Our discussion focuses on three short chapters: Chapter VII, "Seeing with the Eye of the Heart;" Chapter VIII, "The Tools of Wisdom;" and the Epilogue. All are welcome! Please join us whether or not you have been to any of the earlier discussions and whether or not that you are caught up on the reading.

## **CENTERING PRAYER**

**Tuesdays | 9am | Church**

Centering Prayer is based on an ancient form of Christian Meditation that was developed during the 20<sup>th</sup> Century. The simple process of consent and letting go invites us into a deeper place where the life of God can transform us to be the loving people of Christ in the world. Those who practice Centering Prayer gather on Tuesdays at 9am in the church to pray together. Anyone, whether new or experienced, is welcome to join us for silence, chanting and 20 minutes of prayer. For more information **Contact | Grace Grant | [grace@grant-tierney.us](mailto:grace@grant-tierney.us)**.

## **INTRODUCTORY REIKI CLASS**

**Level 1 Reiki class | October 2-3**

**Fri 6-9pm | Sat 9am-4pm | St. Barnabas**

Open to all in the community, and will be taught by Reiki Masters from St. Barnabas and Rolling Bay Presbyterian churches. The class will give you the background and techniques to do Reiki healing on yourself, and family and friends. It will also equip you to join the St. Barnabas or Rolling Bay Reiki teams, where you will be paired with experienced Reiki ministers to give Reiki sessions to those who come for healing. If you have questions or are interested in attending the class, contact **Ric Cederwall | [206-855-0900](tel:206-855-0900) | [ric@stanfordalumni.org](mailto:ric@stanfordalumni.org) or Sister Mary Louise Sulonen | [360-626-3264](tel:360-626-3264) | [sipsulonen@comcast.net](mailto:sipsulonen@comcast.net)**.

## **CHRISTIAN HEALING THROUGH REIKI:**

St. Barnabas offers Christian Healing through Reiki on a regular basis. We have a team of 6 trained ministers available to offer healing sessions to Parish members and others in our community. Sessions last about 40 minutes, and are a quiet time with gentle music. Reiki promotes healing and wellness of body and mind, and is a consistent and gentle means for relieving stress and tension in the mind-body complex that accumulate in day-to-day activities. If you have questions or would like to schedule a session: **For Sept & Oct Scheduling | Pat Speidel | [206-842-8665](tel:206-842-8665) | [paspeidel@gmail.com](mailto:paspeidel@gmail.com)**.  
**For info | Sister Mary Louise Sulonen | [360-626-3264](tel:360-626-3264) | [sipsulonen@comcast.net](mailto:sipsulonen@comcast.net)**.

**-THIS WEDNESDAY -**

## **JOY LUNCHEON**

**You are invited to an Autumn  
JOY Luncheon at St. Barnabas  
Episcopal Church**

**Wednesday, Sept 16 | 11:30am**

**Family & Caregivers are welcome**

**Meet new & old friends!**

**Entertainment by Anne Pell**

**Please RSVP by September 10  
{Meal Option | standard or vegetarian}**

**Honora Dunkak  
206-842-7358  
honoraje@msn.com**

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**Next JOY LUNCHEON**

**November 11**





# Saint Barnabas Episcopal Church

1187 Wyatt Way NW | Bainbridge Island | WA | 98110

**206-842-5601 | Voice 206-842-5876 | Fax**  
**[information@stbbi.org](mailto:information@stbbi.org) | <http://www.stbbi.org>**

The Right Reverend Gregory H. Rickel, | Bishop of Olympia  
The Reverend Dr. Dennis Tierney | Rector  
The Reverend Dr. Jan Heller | Assisting Priest  
The Reverend Dr. Judith M. McDaniel | Assisting Priest  
The Reverend Nancy Tiederman | Assisting Priest  
The Rev. Patricia Rome Robertson | Assisting Priest for Contemplative Ministries  
The Reverend Dan Fowler | Deacon  
Paul Roy | Director of Music  
Katrina Diller | Parish Administrator  
Julie Houck | Bookkeeper  
Denton Kiehle | Treasurer  
Carol Milton | Treasurer Emerita  
Fred Meredith | Sexton  
Danielle Desaulniers | Kitchen Manager  
Amy O'Brien | Day School Director, Carrie Corns | Assistant Director/Registrar  
Kristi Barr, Mary Feeney, Millie Loughnane, Candace Gudmundson, Elsa Train | Teachers

VESTRY  
Senior Warden | Bill Galvani, Junior Warden | TBD  
Members | Kristoffer Anderson, Ed Ellis,  
Sue Hylan, Jean Kellerman, Michael Lacey, Steve Schmitz, Virginia Walker  
TBD | Clerk of the Vestry

✠  
Maria Perez | Housekeeper

