



THE TENTH SUNDAY AFTER PENTECOST  
HOLY EUCHARIST

July 24, 2016  
8:00 A.M.

**Saint Barnabas Episcopal Church...reaching out through worship, prayer, and action  
to bring the reconciling peace of Christ to one another and this world.**

*We invite you to join as an active participant in the worship of God. This service is based on the Order for the Holy Eucharist: Rite One in the Book of Common Prayer. For ease of use, this leaflet contains the congregational portions of the liturgy and service music. HYMNAL refers to the blue book: The Hymnal 1982. BCP refers to the red Book of Common Prayer.*

Large-Print BCP and digital receivers for audio amplification are available during services  
for those requiring hearing assistance – just ask an usher.

*Today's altar flowers are donated to thank Rev. Dr. Dennis Tierney for joyfully uniting in marriage  
Hilda & Bob Page one year ago today.*

ORGAN VOLUNTARY



*All stand as able at the sound of the tower bell and sing:*

HYMN

*Praise, my soul, the King of heaven*

HYMNAL 410

THE OPENING ACCLAMATION

BCP p. 323

*Presiding Priest* Blessed be God: Father, Son, and Holy Spirit.

***People* And blessed be his kingdom, now and for ever. Amen.**

COLLECT FOR PURITY

*Presiding Priest and People*

Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. Amen.

GLORY BE TO GOD

*Presiding Priest and People*

Glory be to God on high, and on earth peace, good will towards men. We praise thee, we bless thee, we worship thee, we glorify thee, we give thanks to thee for thy great glory, O Lord God, heavenly King, God the Father Almighty. O Lord, the only-begotten Son, Jesus Christ; O Lord God, Lamb of God, Son of the Father, that takest away the sins of the world, have mercy upon us. Thou that takest away the sins of the world, receive our prayer. Thou that sittest at the right hand of God the Father, have mercy upon us. For thou only art holy; thou only art the Lord; thou only, O Christ, with the Holy Ghost, art most high in the glory of God the Father. Amen.

## THE COLLECT OF THE DAY

*Presiding Priest* The Lord be with you.

**People** And with thy spirit.

*Presiding Priest* Let us pray.

O God, the protector of all that trust in thee, without whom nothing is strong, nothing is holy: Increase and multiply upon us thy mercy, that, thou being our ruler and guide, we may so pass through things temporal, that we finally lose not the things eternal; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever. **Amen.**

## THE WORD OF GOD

 THE FIRST READING (seated)

Hosea 1:2-10

*READER: A Reading from the Book of Hosea*

When the Lord first spoke through Hosea, the Lord said to Hosea, “Go, take for yourself a wife of whoredom and have children of whoredom, for the land commits great whoredom by forsaking the Lord.” So he went and took Gomer daughter of Diblaim, and she conceived and bore him a son. And the Lord said to him, “Name him Jezreel; for in a little while I will punish the house of Jehu for the blood of Jezreel, and I will put an end to the kingdom of the house of Israel. On that day I will break the bow of Israel in the valley of Jezreel.” She conceived again and bore a daughter. Then the Lord said to him, “Name her Lo-ruhamah, for I will no longer have pity on the house of Israel or forgive them. But I will have pity on the house of Judah, and I will save them by the Lord their God; I will not save them by bow, or by sword, or by war, or by horses, or by horsemen.” When she had weaned Lo-ruhamah, she conceived and bore a son. Then the Lord said, “Name him Lo-ammi, for you are not my people and I am not your God.” Yet the number of the people of Israel shall be like the sand of the sea, which can be neither measured nor numbered; and in the place where it was said to them, “You are not my people,” it shall be said to them, “Children of the living God.”

*Reader* Hear what the Spirit is saying to God’s people.

**People** Thanks be to God.

THE RESPONSE (remain seated – read responsively)

Psalm 85

1 You have been gracious to your land, O Lord, \*  
**you have restored the good fortune of Jacob.**

2 You have forgiven the iniquity of your people \*  
**and blotted out all their sins.**

3 You have withdrawn all your fury \*  
**and turned yourself from your wrathful indignation.**

4 Restore us then, O God our Savior; \*  
**let your anger depart from us.**

5 Will you be displeased with us for ever? \*  
**will you prolong your anger from age to age?**

6 Will you not give us life again, \*  
**that your people may rejoice in you?**

*(continued on page 3)*

7 Show us your mercy, O Lord, \*  
**and grant us your salvation.**

8 I will listen to what the Lord God is saying, \*  
**for he is speaking peace to his faithful people and to those who turn their hearts to him.**

9 Truly, his salvation is very near to those who fear him, \*  
**that his glory may dwell in our land.**

10 Mercy and truth have met together; \*  
**righteousness and peace have kissed each other.**

11 Truth shall spring up from the earth, \*  
**and righteousness shall look down from heaven.**

12 The Lord will indeed grant prosperity, \*  
**and our land will yield its increase.**

13 Righteousness shall go before him, \*  
**and peace shall be a pathway for his feet.**

THE SECOND READING

Colossians 2:6-19

*READER: A Reading from the Letter of Paul to the Colossians*

As you therefore have received Christ Jesus the Lord, continue to live your lives in him, rooted and built up in him and established in the faith, just as you were taught, abounding in thanksgiving. See to it that no one takes you captive through philosophy and empty deceit, according to human tradition, according to the elemental spirits of the universe, and not according to Christ. For in him the whole fullness of deity dwells bodily, and you have come to fullness in him, who is the head of every ruler and authority. In him also you were circumcised with a spiritual circumcision, by putting off the body of the flesh in the circumcision of Christ; when you were buried with him in baptism, you were also raised with him through faith in the power of God, who raised him from the dead. And when you were dead in trespasses and the uncircumcision of your flesh, God made you alive together with him, when he forgave us all our trespasses, erasing the record that stood against us with its legal demands. He set this aside, nailing it to the cross. He disarmed the rulers and authorities and made a public example of them, triumphing over them in it. Therefore do not let anyone condemn you in matters of food and drink or of observing festivals, new moons, or sabbaths. These are only a shadow of what is to come, but the substance belongs to Christ. Do not let anyone disqualify you, insisting on self-abasement and worship of angels, dwelling on visions, puffed up without cause by a human way of thinking, and not holding fast to the head, from whom the whole body, nourished and held together by its ligaments and sinews, grows with a growth that is from God.

*Reader* Hear what the Spirit is saying to God's people.

***People* Thanks be to God.**



THE HOLY GOSPEL (standing as able)

Luke 11:1-13

*The Priest reads the Gospel, first saying*

The Holy Gospel of our Lord Jesus Christ according to Luke.

**People** **Glory be to thee, O Lord.**

Jesus was praying in a certain place, and after he had finished, one of his disciples said to him, "Lord, teach us to pray, as John taught his disciples." He said to them, "When you pray, say: 'Father, hallowed be your name. Your kingdom come. Give us each day our daily bread. And forgive us our sins, for we ourselves forgive everyone indebted to us. And do not bring us to the time of trial.' "

And he said to them, "Suppose one of you has a friend, and you go to him at midnight and say to him, 'Friend, lend me three loaves of bread; for a friend of mine has arrived, and I have nothing to set before him.' And he answers from within, 'Do not bother me; the door has already been locked, and my children are with me in bed; I cannot get up and give you anything.' I tell you, even though he will not get up and give him anything because he is his friend, at least because of his persistence he will get up and give him whatever he needs. So I say to you, Ask, and it will be given you; search, and you will find; knock, and the door will be opened for you. For everyone who asks receives, and everyone who searches finds, and for everyone who knocks, the door will be opened. Is there anyone among you who, if your child asks for a fish, will give a snake instead of a fish? Or if the child asks for an egg, will give a scorpion? If you then, who are evil, know how to give good gifts to your children, how much more will the heavenly Father give the Holy Spirit to those who ask him!"

The Gospel of the Lord

**People** **Praise be to thee, O Christ.**



THE SERMON (seated)

Dennis Tierney



THE NICENE CREED (standing as able)

BCP p. 326

*Presiding Priest and People*

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

## THE PRAYERS OF THE PEOPLE

*Deacon or other person appointed says*

Let us pray for the whole state of Christ's Church and the world.

*After each paragraph of this prayer, the People may make an appropriate response, as directed.*

Almighty and everliving God, who in thy holy Word hast taught us to make prayers, and supplications, and to give thanks for all people. In our Anglican Cycle of Prayer, I ask your prayers for The Scottish Episcopal Church, The Most Revd David Chillingworth, Primus of the Scottish Episcopal Church & Bishop of St. Andrews, Dunkeld & Dunblane. In our Diocesan Cycle of Prayer, I ask your prayers for St. Paul in Port Townsend as well as for St. Luke in Sequim. Receive our prayers which we offer unto thy divine Majesty beseeching thee to inspire continually the Universal Church with the spirit of truth unity and concord and grant that those who do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love.

***Lord, hear our prayer.***

Give grace, O heavenly Father, to all bishops and other ministers especially for Michael, our Presiding Bishop; Gregory our Bishop and Dennis, Jan, Nancy, Judith and Patricia our priests; and Dan our Deacon, that they may, both by their life and doctrine, set forth thy true and lively Word, and rightly and duly administer thy holy Sacraments.

***Lord, hear our prayer.***

And to all thy people give thy heavenly grace, and especially to this congregation here present; that, with meek heart and due reverence, they may hear and receive thy holy Word, truly serving thee in holiness and righteousness all the days of their life.

***Lord, hear our prayer.***

We beseech thee also so to rule the hearts of those who bear the authority of government in this and every land, especially Barack, our President, that he may be led to wise decisions and right actions for the welfare and peace of the world.

***Lord, hear our prayer.***

For all those who go in harm's way to serve, both here at home and in lands far away, and for their families and loved ones who also serve as they wait for the time of reunion.

***Lord, hear our prayer.***

Open, O Lord, the eyes of all people to behold thy gracious hand in all thy works, that, rejoicing in thy whole creation, they may honor thee with their substance, and be faithful stewards of thy bounty.

***Lord, hear our prayer.***

And we most humbly beseech thee, of thy goodness, O Lord, to comfort and succor, especially... and all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity.

***Lord, hear our prayer.***

I invite your petitions and thanksgivings aloud or in your hearts... let us pray.

***Lord, hear our prayer.***

And we also bless thy holy Name for all thy servants departed this life in thy faith and fear [especially], beseeching thee to grant them continual growth in thy love and service; and to grant us grace so to follow the good examples of Barnabas and of all thy saints, that with them we may be partakers of thy heavenly kingdom.

***Lord, hear our prayer.***

Grant these our prayers, O Father, for Jesus Christ's sake, our only Mediator and Advocate. ***Amen.***



## CONFESSION OF SIN (kneeling)

Let us humbly confess our sins unto Almighty God.

*Silence may be kept.*

### *Presiding Priest and People*

Almighty God, Father of our Lord Jesus Christ, maker of all things, judge of all men: We acknowledge and bewail our manifold sins and wickedness, which we from time to time most grievously have committed, by thought, word, and deed, against thy divine Majesty, provoking most justly thy wrath and indignation against us. We do earnestly repent, and are heartily sorry for these our misdoings; the remembrance of them is grievous unto us, the burden of them is intolerable. Have mercy upon us, have mercy upon us, most merciful Father; for thy Son our Lord Jesus Christ's sake, forgive us all that is past; and grant that we may ever hereafter serve and please thee in newness of life, to the honor and glory of thy Name; through Jesus Christ our Lord. Amen.

### *The Presiding Priest says*

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all those who with hearty repentance and true faith turn unto him, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**



## A PRAYER FOR VISITORS (standing as able)

Loving God, make thy people ever mindful of the visitors who have come amongst us this day. Help thy people to help these our visitors to know that their presence with us is our joy; their contentment our desire. Help thy people to open our arms and our hearts to bring them into our midst, not as strangers but as new friends in Christ. *Amen.*

## THE PEACE

*Presiding Priest* The peace of the Lord be always with you.  
*People* **And also with you.**

## THE HOLY COMMUNION



*An offering of money is collected.*



*At the conclusion of the organ voluntary, please rise as able as the bread and wine and money we offer to God for our nourishment and the life of the world are brought forward and presented at the altar.*

*Presiding Priest* All things come of thee, O Lord,  
*People* **and of thine own have we given thee.**

## THE GREAT THANKSGIVING

BCP p. 333

*The people remain standing. The Presiding Priest faces them and says*

*People* The Lord be with you.  
*People* **And with thy spirit.**  
*Presiding Priest* Lift up your hearts.  
*People* **We lift them up unto the Lord.**  
*Presiding Priest* Let us give thanks unto our Lord God.  
*People* **It is meet and right so to do.**

*Then, facing the Holy Table, the Presiding Priest proceeds*

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God.

*Here a Proper Preface is sung or said on all Sundays, and on other occasions as appointed.*

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

*Presiding Priest and People*

Holy, holy, holy, Lord God of Hosts:  
Heaven and earth are full of thy glory.  
Glory be to thee, O Lord Most High.  
Blessed is he that cometh in the name of the Lord.  
Hosanna in the highest.



*The people kneel or stand.*

*Then the Presiding Priest gives thanks for God's work in creation and for the salvation of the world through Christ, and prays over the bread and wine.*

All glory be to thee, Almighty God, our heavenly Father...

...By whom, and with whom, in the unity of the Holy Ghost, all honor and glory be unto thee, O Father Almighty, world without end. **AMEN.**

And now, as our Savior Christ hath taught us, we are bold to say,

*People and Presiding Priest*

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

**THE BREAKING OF THE BREAD**

*The Presiding Priest breaks the consecrated Bread. A period of silence is kept.*

*Then may be sung or said*

Alleluia! Christ our Passover is sacrificed for us;  
**Therefore let us keep the feast. Alleluia!**

*The following prayer may be said. The People may join in saying this prayer*

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. *Amen.*

*Facing the people, the Presiding Priest may say the following Invitation*

The Gifts of God for the People of God.

*and may add* Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

*This is the Lord's Table around which we gather.*

*All baptized Christians are encouraged to come forward and receive the Body and Blood of Christ in the bread and wine of the Eucharist. If you do not wish to receive Holy Communion please do come forward, cross your arms across your heart and receive a blessing.*



THE POST-COMMUNION PRAYER (kneeling or standing as able)

BCP p. 339

*Presiding Priest and People*

Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

#### THE BLESSING

The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you, and remain with you always. **Amen.**



BIRTHDAYS, ANNIVERSARIES & ANNOUNCEMENTS (seated)



HYMN (standing as able) *If thou but trust in God to guide thee*

HYMNAL 635

#### DISMISSAL

*The Presiding Priest, dismisses the people with these words*

Let us go forth in the name of Christ.

**People**      **Thanks be to God.**

#### PROCESSION

ORGAN VOLUNTARY

## MINISTERS OF THE LITURGY

Presiding Priest & Preacher  
Guest Organist  
Acolyte  
Eucharistic Minister  
Lectors  
Prayers of the People  
Usher  
Altar Guild  
  
Bread Baker  
Coffee Hour

The Rev. Dr. Dennis S. Tierney  
Woody Bernas  
Stu Case  
Su Beecham  
Su Beecham & Stu Case  
Stu Case  
Steve Schmitz  
Sylvia Dunning, Ruth Anderson  
Anne Dennon, Carol Ann Mitcham  
Rosalys Peel  
Roger Clairmont & Mark Morris

## This Week @ St. Barnabas

### **Sunday, July 24**

8am | Holy Eucharist {Rite I} | Sanctuary  
9am | Coffee Hour | Parlor  
10am | Holy Eucharist {Rite II} | Sanctuary  
*No coffee hour after 10am service today*  
11:30am | Parish Picnic | Strawberry Hill Park

### **Monday, July 25**

9am-1pm | Church Office Open  
11am | Reunion Group | Rector's Office  
11am | BI Rotary Luncheon | PH  
1pm | Spiritual Direction | Sanctuary  
7:30pm | Al Anon | RWV

### **Tuesday, July 26**

9am-1pm | Church Office Open  
9am | Centering Prayer | Sanctuary  
12pm | ANNOUNCEMENTS for the weekly  
service leaflets are due to the office

### **Wednesday, July 27**

7am | BI Kiwanis Breakfast | PH  
7:15am | Meditation Group | Sanctuary  
10am | Building & Elevator Committee | Library  
10:30-2:30pm | Church Office Open  
3pm | Marmoleum Floor Cleaning | PH  
7pm | AA Women's Group | Library

### **Thursday, July 28**

All day | Marmoleum Floor Drying | PH  
9am-noon | Church Office Open  
9:15am | Healing Eucharist | Sanctuary  
1:30pm | Devotions | Wyatt House  
3pm | Devotions | Madison Ave House  
7:30pm | AA | RWV

### **Friday, July 29**

All day | Marmoleum Floor Drying | PH  
9am-1pm | Church Office Open

### **Saturday, July 30**

8am | Buddhist Priory | RWV  
9am | Altar Guild | Sanctuary

### **Sunday, July 31**

8am | Holy Eucharist {Rite I} | Sanctuary  
9am | Coffee Hour | Parlor  
10am | Holy Eucharist {Rite II} | Sanctuary  
11:15am | Coffee Hour | PH

---

**RWV | Room with a View   PH | Parish Hall**

## WELCOME TO ST. BARNABAS CHURCH

We are truly pleased that you have chosen to worship with us today. Here at St. Barnabas, we believe that everyone who enters these doors is God's guest. If you are seeking a church exclusively for today, we thank you for celebrating with us and may God be with you as you travel. If you are searching for a new church community and home, we hope that you will inform us. Please introduce yourself to one of our parish clergy. We invite you to complete one of the cards in the pew rack and simply hand it to a person of the clergy.

**CHURCH OFFICE HOURS** are now **Monday, Tuesday, Thursday, Friday from 9am to 1 pm and Wednesday from 10:30am to 2:30pm.** **ANNOUNCEMENTS** for the weekly service leaflets are due **Tuesdays by noon.** Contact **Kathy Irvin | [kathy@stbbi.org](mailto:kathy@stbbi.org)**

**LARGE-PRINT PRAYER BOOKS (BCP) & DIGITAL RECEIVERS FOR AUDIO AMPLIFICATION** are available during services for those requiring hearing assistance – just ask an Usher.

**GLUTEN FREE EUCHARISTIC HOSTS** are available for those who need them. Please alert the usher to your need.

**ARE YOU ON THE PARISH PICTURE BOARD?** We would like our entire parish to be represented on the Parish Picture Board. The **FIRST SUNDAY** of every month, Sue Hylen will be at the Welcome Table to take individual, couple, & family photos. We especially invite new members to add their picture to our board or update the photo they have. This also helps new members and visitors to connect names with faces!

**NAME TAGS** Name tag sign-up sheets will be on the Welcome Table the **SECOND SUNDAY** of every month. If you would like a name tag, please let us know. Name tags should be ready to be picked up the next SUNDAY. When you have your name tag on, newcomers find it easier to both approach and remember you, and all the other friendly St. B people they have just met.

**SUNDAY SCHOOL** Sunday school is now over until September. If you would like to be part of this program next year, please contact **Ruth Anderson | 360-626-1264 | [rutha33@msn.com](mailto:rutha33@msn.com)**

**WELCOME TABLE** Don't forget to visit the Welcome Table at Coffee Hour. Everyone, new visitors and long-time members, is urged to stop by regularly to check on signups for parish events, to volunteer for programs. To learn more about our ministries, to purchase tickets to events, and to meet and talk with parishioners of every age and stage. Guests and newcomers are especially encouraged to visit the Welcome Table.

**COFFEE & COMMUNITY** Please join us for body and soul food! Coffee hour after the 8am service is in the Parlor just across the courtyard from the church. Coffee Hour after the 10am service is downstairs in the Parish Hall. **NOTE: NO COFFEE HOUR AFTER 10 AM WORSHIP TODAY DUE TO ANNUAL CHURCH PICNIC (SEE INFO ON PAGE 11).** A sign-up sheet is posted for the 8am coffee hour. This is a chance to meet other parishioners informally and enjoy the hospitality of St. Barnabas.

## WORSHIP

**MISSED A SERMON OR WANT TO HEAR IT AGAIN? SHARE IT WITH A FRIEND?** Listen to podcasts of sermons and music available on our church website | **[www.stbbi.org](http://www.stbbi.org)**

**MUSICAL OPPORTUNITIES AT ST. BARNABAS** Do you sing or play an instrument? There are musical opportunities awaiting you here at St. Barnabas! Contact **Paul Roy | [proy@stbbi.org](mailto:proy@stbbi.org) | 206-842-5601 x4**

## BUILDING & GROUNDS

### PARISH HALL FLOOR TO BE CLEANED AND FINISHED ON WEDNESDAY

As part of our annual maintenance schedule, the Parish Hall marmoleum floor will be cleaned and finished on the afternoon of Wednesday, July 27. **It takes 48 hours for the finish to dry thoroughly, so we are asking everyone to stay off the Parish Hall floor from 3 p.m. on Wednesday, July 27 to 3 p.m. on Friday, July 29.** If you have any questions or concerns, please contact Kathy Irvin at [kathy@stbbi.org](mailto:kathy@stbbi.org) or at 206/842-5601.

## **AUGUST 7<sup>TH</sup> ELEVATOR/FACILITIES RENEWAL PROJECT PRESENTATION**

The committee that has been working on the Elevator/Facilities Renewal Project has presented initial design ideas twice. **One final presentation is scheduled for Sunday, August 7 during the coffee hour after the 10am service.** The committee comprises Ed Ellis, Michael Lacey, Mark Morris, Denise Kolb and Virginia Walker. Also joining the committee in their presentation will be the project consultants: Smallwood Construction and Johnson Squared. We hope to see you at one of these events. For more information, contact **Virginia Walker | 206-842-6040 | [vwalker@stbbi.org](mailto:vwalker@stbbi.org)**

## **FELLOWSHIP**

### **ST. BARNABAS ANNUAL CHURCH PICNIC**

**Today | 11:30am-3pm | Strawberry Hill Park**  
Instead of coffee hour after the 10am service today, please join us for the annual church picnic. This year, sandwiches and drinks will be provided by the church and attendees will be asked to bring a salad, side dish or dessert. Cost is \$5 per person (kids 5 and under are free). **The church office would love to receive photos from this event. If you take photos with your smart phone or camera, please email them to Kathy Irvin at [kathy@stbbi.org](mailto:kathy@stbbi.org).** For more information, contact **Sylvia Dunning | 206-780-8330 | [samdunning@mac.com](mailto:samdunning@mac.com)**

### **NEWCOMER'S LUNCHEON**

**Sunday, August 14 | 12:30pm**

If you are a newcomer to St. Barnabas and would like to learn more about our church and community, please consider joining us for a Newcomer's Luncheon on Sunday, August 14. This event gives you an opportunity to meet some of the vestry (our lay leadership team), have any questions answered and to get to know more about us in a relaxed setting. **Please make sure that we have your contact information ASAP** by signing in at the Welcome Table after the 10am service or by contacting our Parish Administrator Kathy Irvin at 206-842-5601 or [kathy@stbbi.org](mailto:kathy@stbbi.org). For more information about this program, contact **Babe Kehres | 206-855-9008 | [dpkehres@gmail.com](mailto:dpkehres@gmail.com)**

## **SAVE THE DATES FOR APPRECIATION EVENTS FOR DENNIS & GRACE**

**August 27-28 | Parish Hall**

Please save the dates for two very special events to thank Dennis and Grace for all they have done for St. Barnabas. **An Evening of Appreciation honoring Dennis and Grace is set for Saturday, August 27 at 5:30pm in the Parish Hall. The Gratitude Coffee Hour is Sunday, August 28 at 11:15am in the Parish Hall, following their final service with us.** More details will be shared as we get closer to those dates. For more information, contact **Virginia Walker | 206-842-6040 | [vwalker@stbbi.org](mailto:vwalker@stbbi.org)**

## **BODY, MIND & SPIRIT**

### **CENTERING PRAYER**

**Tuesdays | 9am | Sanctuary**

Centering Prayer is based on an ancient form of Christian Meditation that was developed during the 20<sup>th</sup> Century. The simple process of consent and letting go invites us into a deeper place where the life of God can transform us to be the loving people of Christ in the world. Those who practice Centering Prayer gather on Tuesdays at 9am in the church to pray together. Anyone, whether new or experienced, is welcome to join us for silence, chanting and 20 minutes of prayer. Questions? Want more information? Contact **Grace Grant | [grace@grant-tierney.us](mailto:grace@grant-tierney.us)**

### **CHRISTIAN HEALING THROUGH REIKI**

St. Barnabas offers Christian Healing through Reiki on a regular basis. We have a team of six trained ministers available to offer healing sessions to Parish members and others in our community. Sessions last about 40 minutes, and are a quiet time with gentle music. Reiki promotes healing and wellness of body and mind, and is a consistent and gentle means for relieving stress and tension in the mind-body complex that accumulate in day-to-day activities. If you have questions or would like to schedule a session: **Ric Cederwall | 206-855-0900 | [ric@stanfordalumni.org](mailto:ric@stanfordalumni.org) or Sr Mary Louise Sulonen | 360-626-3264 | [sjpsulonen@comcast.net](mailto:sjpsulonen@comcast.net)**

## CHRISTIAN ACTION

**ST. BARNABAS PRAYER CHAIN** is a group of people devoted and committed to prayer for others. The chain is divided into two groups coordinated by Lee-ann Holland. She serves as a contact to activate the chain and pass on requests. Lee-ann makes contacts by email and telephone. The prayer chain will pray for anyone who requests prayer or who is submitted by someone else for prayers. All the members honor confidentiality and do not discuss those for whom they pray. It is not necessary to have a lot of detail or sometimes even a name in order to pray for someone or a situation. Unless instructed otherwise, the chain usually prays for about two weeks for a person or situation. The chain can be contacted by calling or emailing the Parish Administrator at the office or **Lee-ann Holland** | [hollandx263@me.com](mailto:hollandx263@me.com) | 206-842-3204

## OUTREACH

### JOY LUNCHEON SEEKS LEADERS

We are reorganizing the way the JOY Luncheons are managed. We would like to have 9 committee leaders to run the various aspects of this ministry for our most senior guests. So far, we have 6 of the 9 leaders we seek: Invitations, Babe Kehres; Reservations: Honora Dunkak; Check-In Team: Stephen Jennings; Chef Assistants: Elaine Percival; Clean-Up: Beth Gudmundson; Greeters: Roger Clairmont. **So all we are looking for are leaders to direct Set-Up and Décor, Serving and Table Ambassadors.** Could you take a leadership position in this important ministry? If we have all the positions filled, we can go ahead with our plans for a November 11 JOY Luncheon and three more in 2017. For more information, Kathleen Jennings | 206-780-9158 | [jennings@bainbridge.net](mailto:jennings@bainbridge.net)

### ISLAND VOLUNTEER CAREGIVERS

For 18 years, Island Volunteer Caregivers has assisted the elderly, the disabled and those temporarily in need. **They have recently expanded their services and seek additional volunteers and participants.** IVC serves as a link between the people in our community who need help and those who are able to help. For more information, see the

flyers in the church parlor or **contact Island Volunteer Caregivers** | 206-842-4441 | [info@ivcbainbridge.org](mailto:info@ivcbainbridge.org)

### FLOWERS FROM THE HEART

Each summer, volunteers through the Island Volunteer Caregivers provide cheer to someone who is bedridden, housebound or otherwise restricted by presenting them with floral bouquets. Flowers from the Hearts depends on the generosity of our volunteers, our fellow gardeners and our neighbors. We welcome donations of freshly cut flowers throughout the summer months. Flowers may be dropped off in the buckets located at the front door of Eagle Harbor Congregational Church from June 1 through September 2, (Monday through Friday from 8:30-11:30am). We are also looking for volunteers to arrange and deliver these bouquets. **And if you know of someone who is bedridden or housebound and would appreciate a bouquet,** Contact Shannon Lea | 206-842-8043 3098.

## DIOCESE OF OLYMPIA

### A HOLY WASTE OF TIME: YOUNG ADULT RETREAT ON HOOD CANAL

**August 12-14 | St Andrew's House, Union, WA**  
Young adults (ages 18-35) will be gathering for a weekend retreat at The Episcopal Diocese of Olympia's beautiful retreat house on the Hood Canal. Enjoy time kayaking, swimming, hiking, worshipping, relaxing and hanging out with a great bunch of folks. Kids are welcome. Cost is \$45 for the entire weekend, including organic meals, accommodations, worship, kayaking, yoga and more. Single/couple/family and bunk-room bedrooms are available. **Space is limited, however, so early registration is recommended. For more information or to register, go to <http://ecww.org/event/holy-waste-time-young-adult-retreat/> or call Rev. Canon Rebecca Kirkpatrick at 206/325-4200.**

# St. Barnabas Day Annual Picnic

Sunday, July 24 | 2016

11:30am - 3:00pm

Strawberry Hill Park

\$5 per person |

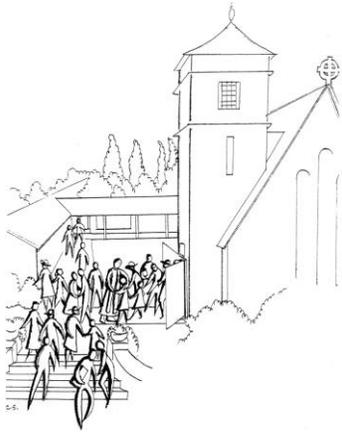
free for children 5 & under.

Please sign up to bring a  
salad, side dish or dessert.

Sandwiches & drinks  
provided by St. Barnabas.

Advanced payment is appreciated!





## **Saint Barnabas Episcopal Church**

**1187 Wyatt Way NW | Bainbridge Island | WA | 98110**

**Phone 206-842-5601 | Fax 206-842-5876**

**info@stbbi.org | www.stbbi.org**

Bishop of Olympia | The Right Reverend Gregory H. Rickel

Rector | The Reverend Dr. Dennis Tierney

Assisting Priests | The Reverend Dr. Jan Heller, The Reverend Dr. Judith M. McDaniel and  
The Reverend Nancy Tiederman

Assisting Priest for Contemplative Ministries | The Reverend Patricia Rome Robertson

Deacon | The Reverend Dan Fowler

Director of Music | Paul Roy

Parish Administrator | Kathy Irvin

Bookkeeper | Julie Houck

Treasurer | Denton Kiehle    Treasurer Emerita | Carol Milton

Sexton | Fred Meredith

Kitchen Managers | Caroline Cox and Jamie Villella

Day School Director | Amy O'Brien    Assistant Director/Registrar | Carrie Corns

Teachers | Kristi Barr, Candace Beck, Sandy Dreiling,

Mary Feeney, Elsa Trail

### VESTRY

Senior Warden | Virginia Walker

Junior Warden | Michael Lacey

Members | Bethany Anderson, Kathy Anderson, John Baker,

Stu Case, Roger Clairmont, Sylvia Dunning, Ed Ellis

Clerk of the Vestry | Mark Morris



Housekeeper | Maria Perez

