



THE FOURTEENTH SUNDAY AFTER PENTECOST  
HOLY EUCHARIST

August 21, 2016  
8:00 A.M.

**Saint Barnabas Episcopal Church...reaching out through worship, prayer, and action  
to bring the reconciling peace of Christ to one another and this world.**

*We invite you to join as an active participant in the worship of God. This service is based on the Order for the Holy Eucharist: Rite One in the Book of Common Prayer. For ease of use, this leaflet contains the congregational portions of the liturgy and service music. HYMNAL refers to the blue book: The Hymnal 1982. BCP refers to the red Book of Common Prayer.*

Large-Print BCP and digital receivers for audio amplification are available during services  
for those requiring hearing assistance – just ask an usher.

*Today's altar flowers are given by Dennis Tierney and Grace Grant  
in thanksgiving for the loving community at St. Barnabas.*

ORGAN VOLUNTARY



*All stand as able at the sound of the tower bell and sing:*

HYMN

*Morning has broken*

HYMNAL 8

THE OPENING ACCLAMATION

BCP p. 323

*Presiding Priest* Blessed be God: Father, Son, and Holy Spirit.

***People* And blessed be his kingdom, now and for ever. Amen.**

COLLECT FOR PURITY

*Presiding Priest and People*

Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. Amen.

GLORY BE TO GOD

*Presiding Priest and People*

Glory be to God on high, and on earth peace, good will towards men. We praise thee, we bless thee, we worship thee, we glorify thee, we give thanks to thee for thy great glory, O Lord God, heavenly King, God the Father Almighty. O Lord, the only-begotten Son, Jesus Christ; O Lord God, Lamb of God, Son of the Father, that takest away the sins of the world, have mercy upon us. Thou that takest away the sins of the world, receive our prayer. Thou that sittest at the right hand of God the Father, have mercy upon us. For thou only art holy; thou only art the Lord; thou only, O Christ, with the Holy Ghost, art most high in the glory of God the Father. Amen.

THE COLLECT OF THE DAY

*Presiding Priest* The Lord be with you.

**People** And with thy spirit.

*Presiding Priest* Let us pray.

Grant, we beseech thee, merciful God, that thy Church, being gathered together in unity by thy Holy Spirit, may manifest thy power among all peoples, to the glory of thy Name; through Jesus Christ our Lord, who liveth and reigneth with thee and the same Spirit, one God, world without end.

**Amen.**

**THE WORD OF GOD**

 THE FIRST READING (seated)

Jeremiah 1:4-10

*READER: A Reading from the Book of Jeremiah*

Now the word of the Lord came to me saying, “Before I formed you in the womb I knew you, and before you were born I consecrated you; I appointed you a prophet to the nations.” Then I said, “Ah, Lord God! Truly I do not know how to speak, for I am only a boy.” But the Lord said to me, “Do not say, ‘I am only a boy’; for you shall go to all to whom I send you, and you shall speak whatever I command you, Do not be afraid of them, for I am with you to deliver you, says the Lord.” Then the Lord put out his hand and touched my mouth; and the Lord said to me, “Now I have put my words in your mouth. See, today I appoint you over nations and over kingdoms, to pluck up and to pull down, to destroy and to overthrow, to build and to plant.”

*Reader* Hear what the Spirit is saying to God’s people.

**People** Thanks be to God.

THE RESPONSE (remain seated – read responsively)

Psalms 71:1-6

1 In you, O Lord, have I taken refuge; \*  
**let me never be ashamed.**

2 In your righteousness, deliver me and set me free; \*  
**incline your ear to me and save me.**

3 Be my strong rock, a castle to keep me safe; \*  
**you are my crag and my stronghold.**

4 Deliver me, my God, from the hand of the wicked, \*  
**from the clutches of the evildoer and the oppressor.**

5 For you are my hope, O Lord God, \*  
**my confidence since I was young.**

6 I have been sustained by you ever since I was born;  
from my mother’s womb you have been my strength; \*  
**my praise shall be always of you.**

*READER: A Reading from the Letter to the Hebrews*

You have not come to something that can be touched, a blazing fire, and darkness, and gloom, and a tempest, and the sound of a trumpet, and a voice whose words made the hearers beg that not another word be spoken to them. (For they could not endure the order that was given, “If even an animal touches the mountain, it shall be stoned to death.” Indeed, so terrifying was the sight that Moses said, “I tremble with fear.”) But you have come to Mount Zion and to the city of the living God, the heavenly Jerusalem, and to innumerable angels in festal gathering, and to the assembly of the firstborn who are enrolled in heaven, and to God the judge of all, and to the spirits of the righteous made perfect, and to Jesus, the mediator of a new covenant, and to the sprinkled blood that speaks a better word than the blood of Abel. See that you do not refuse the one who is speaking; for if they did not escape when they refused the one who warned them on earth, how much less will we escape if we reject the one who warns from heaven! At that time his voice shook the earth; but now he has promised, “Yet once more I will shake not only the earth but also the heaven.” This phrase, “Yet once more,” indicates the removal of what is shaken—that is, created things—so that what cannot be shaken may remain. Therefore, since we are receiving a kingdom that cannot be shaken, let us give thanks, by which we offer to God an acceptable worship with reverence and awe; for indeed our God is a consuming fire.

*Reader* Hear what the Spirit is saying to God’s people.

***People* Thanks be to God.**



THE HOLY GOSPEL (standing as able)

Luke 13:10-17

*The Priest reads the Gospel, first saying*

The Holy Gospel of our Lord Jesus Christ according to Luke.

***People* Glory be to thee, O Lord.**

Now Jesus was teaching in one of the synagogues on the sabbath. And just then there appeared a woman with a spirit that had crippled her for eighteen years. She was bent over and was quite unable to stand up straight. When Jesus saw her, he called her over and said, “Woman, you are set free from your ailment.” When he laid his hands on her, immediately she stood up straight and began praising God. But the leader of the synagogue, indignant because Jesus had cured on the sabbath, kept saying to the crowd, “There are six days on which work ought to be done; come on those days and be cured, and not on the sabbath day.” But the Lord answered him and said, “You hypocrites! Does not each of you on the sabbath untie his ox or his donkey from the manger, and lead it away to give it water? And ought not this woman, a daughter of Abraham whom Satan bound for eighteen long years, be set free from this bondage on the sabbath day?” When he said this, all his opponents were put to shame; and the entire crowd was rejoicing at all the wonderful things that he was doing.

The Gospel of the Lord

***People* Praise be to thee, O Christ.**



THE SERMON (seated)

Dennis Tierney



*Presiding Priest and People*

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE

*Deacon or other person appointed says*

Let us pray for the whole state of Christ's Church and the world.

*After each paragraph of this prayer, the People may make an appropriate response, as directed.*

Almighty and everliving God, who in thy holy Word hast taught us to make prayers, and supplications, and to give thanks for all people. In our Anglican Cycle of Prayer, I ask your prayers for The Anglican Church of South America, The Most Revd Hector Zavala Muñoz, Presiding Bishop of the Anglican Church of South America & Bishop of Chile. In our Diocesan Cycle of Prayer, I ask your prayers for Good Shepherd, St. Luke/San Lucas, and All Saints, all in Vancouver. Receive our prayers which we offer unto thy divine Majesty beseeching thee to inspire continually the Universal Church with the spirit of truth unity and concord and grant that those who do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love.

***Lord, hear our prayer.***

Give grace, O heavenly Father, to all bishops and other ministers especially for Michael, our Presiding Bishop; Gregory our Bishop and Dennis, Jan, Nancy, Judith and Patricia our priests; and Dan our Deacon, that they may, both by their life and doctrine, set forth thy true and lively Word, and rightly and duly administer thy holy Sacraments.

***Lord, hear our prayer.***

And to all thy people give thy heavenly grace, and especially to this congregation here present; that, with meek heart and due reverence, they may hear and receive thy holy Word, truly serving thee in holiness and righteousness all the days of their life.

***Lord, hear our prayer.***

We beseech thee also so to rule the hearts of those who bear the authority of government in this and every land, especially Barack, our President, that he may be led to wise decisions and right actions for the welfare and peace of the world.

***Lord, hear our prayer.***

For all those who go in harm's way to serve, both here at home and in lands far away, and for their families and loved ones who also serve as they wait for the time of reunion.

***Lord, hear our prayer.***

Open, O Lord, the eyes of all people to behold thy gracious hand in all thy works, that, rejoicing in thy whole creation, they may honor thee with their substance, and be faithful stewards of thy bounty.

***Lord, hear our prayer.***

And we most humbly beseech thee, of thy goodness, O Lord, to comfort and succor, especially... and all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity. **Lord, hear our prayer.**

I invite your petitions and thanksgivings aloud or in your hearts... let us pray. **Lord, hear our prayer.**

And we also bless thy holy Name for all thy servants departed this life in thy faith and fear [especially], beseeching thee to grant them continual growth in thy love and service; and to grant us grace so to follow the good examples of Barnabas and of all thy saints, that with them we may be partakers of thy heavenly kingdom. **Lord, hear our prayer.**

Grant these our prayers, O Father, for Jesus Christ's sake, our only Mediator and Advocate. **Amen.**



**CONFESSON OF SIN** (kneeling)

Let us humbly confess our sins unto Almighty God.

*Silence may be kept.*

*Presiding Priest and People*

Almighty God, Father of our Lord Jesus Christ, maker of all things, judge of all men: We acknowledge and bewail our manifold sins and wickedness, which we from time to time most grievously have committed, by thought, word, and deed, against thy divine Majesty, provoking most justly thy wrath and indignation against us. We do earnestly repent, and are heartily sorry for these our misdoings; the remembrance of them is grievous unto us, the burden of them is intolerable. Have mercy upon us, have mercy upon us, most merciful Father; for thy Son our Lord Jesus Christ's sake, forgive us all that is past; and grant that we may ever hereafter serve and please thee in newness of life, to the honor and glory of thy Name; through Jesus Christ our Lord. Amen.

*The Presiding Priest says*

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all those who with hearty repentance and true faith turn unto him, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**



**A PRAYER FOR VISITORS** (standing as able)

Loving God, make thy people ever mindful of the visitors who have come amongst us this day. Help thy people to help these our visitors to know that their presence with us is our joy; their contentment our desire. Help thy people to open our arms and our hearts to bring them into our midst, not as strangers but as new friends in Christ. *Amen.*

THE PEACE

*Presiding Priest* The peace of the Lord be always with you.  
**People** **And also with you.**

## THE HOLY COMMUNION



*An offering of money is collected.*



*At the conclusion of the organ voluntary, please rise as able as the bread and wine and money we offer to God for our nourishment and the life of the world are brought forward and presented at the altar.*

*Presiding Priest* All things come of thee, O Lord,  
**People** and of thine own have we given thee.

## THE GREAT THANKSGIVING

BCP p. 333

*The people remain standing. The Presiding Priest faces them and says*

*Presiding Priest* The Lord be with you.  
**People** And with thy spirit.  
*Presiding Priest* Lift up your hearts.  
**People** We lift them up unto the Lord.  
*Presiding Priest* Let us give thanks unto our Lord God.  
**People** It is meet and right so to do.

*Then, facing the Holy Table, the Presiding Priest proceeds*

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God.

*Here a Proper Preface is sung or said on all Sundays, and on other occasions as appointed.*

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

*Presiding Priest and People*

Holy, holy, holy, Lord God of Hosts:  
Heaven and earth are full of thy glory.  
Glory be to thee, O Lord Most High.  
Blessed is he that cometh in the name of the Lord.  
Hosanna in the highest.



*The people kneel or stand.*

*Then the Presiding Priest gives thanks for God's work in creation and for the salvation of the world through Christ, and prays over the bread and wine.*

All glory be to thee, Almighty God, our heavenly Father...

...By whom, and with whom, in the unity of the Holy Ghost, all honor and glory be unto thee, O Father Almighty, world without end. **AMEN.**

And now, as our Savior Christ hath taught us, we are bold to say,

*People and Presiding Priest*

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

#### THE BREAKING OF THE BREAD

*The Presiding Priest breaks the consecrated Bread. A period of silence is kept.*

*Then may be sung or said*

Alleluia! Christ our Passover is sacrificed for us;

**Therefore let us keep the feast. Alleluia!**

*The following prayer may be said. The People may join in saying this prayer*

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. *Amen.*

*Facing the people, the Presiding Priest may say the following Invitation*

The Gifts of God for the People of God.

*and may add* Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

*This is the Lord's Table around which we gather.*

*All baptized Christians are encouraged to come forward and receive the Body and Blood of Christ in the bread and wine of the Eucharist. If you do not wish to receive Holy Communion please do come forward, cross your arms across your heart and receive a blessing.*



THE POST-COMMUNION PRAYER (kneeling or standing as able)

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*Presiding Priest and People*

Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

#### THE BLESSING

The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you, and remain with you always. **Amen.**

 BIRTHDAYS, ANNIVERSARIES & ANNOUNCEMENTS (seated)

 HYMN (standing as able)      *O for a thousand tongues to sing*      HYMNAL 493

DISMISSAL

*The Presiding Priest, dismisses the people with these words*

Let us go forth in the name of Christ.

**People      Thanks be to God.**

PROCESSION

ORGAN VOLUNTARY

### MINISTERS OF THE LITURGY

Presiding Priest & Preacher

The Rev. Dr. Dennis S. Tierney

Guest Organist

Gary Rutherford

Acolyte

Stu Case

Eucharistic Minister

Su Beecham

Lectors

Su Beecham & Stu Case

Prayers of the People

Stu Case

Usher

Angie Bickerton, Steve Schmitz

Altar Guild

Gwen Rose, Deena Hanke,

Jody Prongay, Liz McKinney

Bread Baker

Laura Carroll

Coffee Hour

Joan Collins

# This Week @ St. Barnabas

## **Sunday, August 21**

8am | Holy Eucharist {Rite I} | Sanctuary  
9am | Coffee Hour | Parlor  
10am | Holy Eucharist {Rite II} | Sanctuary  
11:15am | Coffee Hour | PH

## **Monday, August 22**

9am-1pm | Church Office Open  
9am-noon | Jungle Camp | Day School  
11am | Reunion Group | Rector's Office  
6:30pm | BI Rotary Dinner | PH  
7:30pm | Al Anon | RWV

## **Tuesday, August 23**

9am-1pm | Church Office Open  
9am | Centering Prayer | Sanctuary  
9am-noon | Jungle Camp | Day School  
12pm | ANNOUNCEMENTS for the weekly service leaflets are due to the office

## **Wednesday, August 24**

7am | BI Kiwanis Breakfast | PH  
7:15am | Meditation Group | Sanctuary  
9am-noon | Jungle Camp | Day School  
10am | The Elijah Project Committee | Library  
10:30-2:30pm | Church Office Open  
7pm | AA Women's Group | Library  
7:30pm | Choir Rehearsal | Sanctuary

## **Thursday, August 25**

9am-noon | Church Office Open  
9:15am | Healing Eucharist | Sanctuary  
1:30pm | Devotions | Wyatt House  
3pm | Devotions | Madison Ave House  
7:30pm | AA | RWV

## **Friday, August 26**

9am-1pm | Church Office Open

## **Saturday, August 27**

8am | Buddhist Priory | RWV  
9am | Altar Guild | Sanctuary  
2pm | Memorial for Betty Hulbert | Sanctuary  
3pm | Memorial Reception | Parlor  
5:30pm | An Evening of Appreciation | PH

## **Sunday, August 28**

8am | Holy Eucharist {Rite I} | Sanctuary  
9am | Coffee Hour | Parlor  
10am | Holy Eucharist {Rite II} | Sanctuary  
11:15am | Gratitude Coffee Hour | PH

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**RWV | Room with a View   PH | Parish Hall**

## WELCOME TO ST. BARNABAS CHURCH

We are truly pleased that you have chosen to worship with us today. Here at St. Barnabas, we believe that everyone who enters these doors is God's guest. If you are seeking a church exclusively for today, we thank you for celebrating with us and may God be with you as you travel. If you are searching for a new church community and home, we hope that you will inform us. Please introduce yourself to one of our parish clergy. We invite you to complete one of the cards in the pew rack and simply hand it to a person of the clergy.

**CHURCH OFFICE HOURS** are now **Monday, Tuesday, Thursday, Friday from 9am to 1 pm and Wednesday from 10:30am to 2:30pm.** **ANNOUNCEMENTS** for the weekly service leaflets are due **Tuesdays by noon.** Contact **Kathy Irvin | [kathy@stbbi.org](mailto:kathy@stbbi.org)**

**LARGE-PRINT PRAYER BOOKS (BCP) & DIGITAL RECEIVERS FOR AUDIO AMPLIFICATION** are available during services for those requiring hearing assistance – just ask an Usher.

**GLUTEN FREE EUCHARISTIC HOSTS** are available for those who need them. Please alert the usher to your need.

**ARE YOU ON THE PARISH PICTURE BOARD?** We would like our entire parish to be represented on the Parish Picture Board. The **FIRST SUNDAY** of every month, Sue Hylen will be at the Welcome Table to take individual, couple, & family photos. We especially invite new members to add their picture to our board or update the photo they have. This also helps new members and visitors to connect names with faces!

**NAME TAGS** Name tag sign-up sheets will be on the Welcome Table the **SECOND SUNDAY** of every month. If you would like a name tag, please let us know. Name tags should be ready to be picked up the next SUNDAY. When you have your name tag on, newcomers find it easier to both approach and remember you, and all the other friendly St. B people they have just met.

**SUNDAY SCHOOL** Sunday school is now over until September. If you would like to be part of this program next year, please contact **Ruth Anderson | [360-626-1264](tel:360-626-1264) | [rutha33@msn.com](mailto:rutha33@msn.com)**

**WELCOME TABLE** Don't forget to visit the Welcome Table at Coffee Hour. Everyone, new visitors and long-time members, is urged to stop by regularly to check on signups for parish events, to volunteer for programs. To learn more about our ministries, to purchase tickets to events, and to meet and talk with parishioners of every age and stage. Guests and newcomers are especially encouraged to visit the Welcome Table.

**COFFEE & COMMUNITY** Please join us for body and soul food! Coffee hour after the 8am service is in the Parlor just across the courtyard from the church. Coffee Hour after the 10am service is downstairs in the Parish Hall. A sign-up sheet is posted for the 8am coffee hour. This is a chance to meet other parishioners informally and enjoy the hospitality of St. Barnabas.

## CHURCH OFFICE

### UPPER PARKING LOT LIGHTS

The lights in the upper parking lot are not currently functioning. As a result, we ask all parishioners and users of St. Barnabas in the evening to be very careful. The outage is a result of an error on the part of Puget Sound Energy and the issue is scheduled to be resolved soon.

### SUMMER CHIMES IS OUT

The Summer issue of *The Chimes* is out and is available in the Church Parlor as well as on the church website. It includes Dennis' final "Rector Ruminations," as well as a transition timeline from Senior Warden Virginia Walker and even pictures from the church picnic.

### HELP US UPDATE THE DIRECTORY

It's time again to update our church directory. **Please help up make sure we have accurate contact information for you, by reviewing your listing in the current directory and making any necessary changes. Look for the black binder at coffee hour after each service and review the directory inside.** If you NOT are listed, but would like to be, please fill out a yellow card and leave it in the binder pouch.

## WORSHIP

**MISSED A SERMON OR WANT TO HEAR IT AGAIN? SHARE IT WITH A FRIEND?** Listen to podcasts of sermons and music available on our church website | [www.stbbi.org](http://www.stbbi.org)

## MUSICAL OPPORTUNITIES AT ST.

**BARNABAS** Do you sing or play an instrument? There are musical opportunities awaiting you here at St. Barnabas! Contact **Paul Roy** | [proy@stbbi.org](mailto:proy@stbbi.org) | 206-842-5601 x4

## MEMORIAL SERVICE

### SERVICE FOR BETTY HULBERT TO TAKE PLACE ON SATURDAY, AUGUST 27

Betty Hulbert, long-time member of St. Barnabas and wife of Don Hulbert, died on August 3. A memorial service for her will take place on Saturday, August 27 at 2 p.m. at St. Barnabas. A reception will follow in the church parlor. For more information, contact Chris Davis | 206-842-8219.

## BUILDING & GROUNDS

### THE ELIJAH PROJECT PLANS

The latest plans for The Elijah Project are available on the church website. From the home page, click under “News & Events” and then “The Elijah Project.” For more information, contact **Virginia Walker** | 206-842-6040 | [vwalker@stbbi.org](mailto:vwalker@stbbi.org)

## FELLOWSHIP

### UPCOMING APPRECIATION EVENTS FOR DENNIS & GRACE

August 27-28 | Parish Hall

Please plan to join us for two very special events to thank Dennis and Grace for all they have done for St. Barnabas. **An Evening of Appreciation honoring Dennis and Grace is set for Saturday, August 27 at 5:30pm in the Parish Hall.** Please RSVP electronically (through the Evite that was sent out). **The Gratitude Coffee Hour will take place Sunday, August 28 at 11:15am in the Parish Hall, following Dennis and Grace’s final service with us.** For more information, contact **Kathy Anderson** | 206-780-7766 | [tolohouse@comcast.net](mailto:tolohouse@comcast.net) or **Virginia Walker** | 206-842-6040 | [vwalker@stbbi.org](mailto:vwalker@stbbi.org)

## ST. BARNABAS SUPPER/BRUNCH CLUB

Be part of a great tradition and sign up to participate in the St. Barnabas Supper/Brunch Club. For this program, we divide into groups of 8-9 people, couples, singles, families. Each group has a leader who hosts the first meeting, the others in the group take turns hosting. The format for gatherings varies from group to group – it could be gathering for dinner, brunch, tea ... formal, casual, whatever the group decides. This is a perfect way for newcomers to meet others, for long-time members to meet newcomers, for singles who want to participate in a social program, as well as for those who are members of the parish but whose spouses/partners are not. So look for information at the welcome table or in the parlor about the program and for sign-up sheets. For more information, **contact Kathleen Jennings** | 206-780-9158 | [jennings@bainbridge.net](mailto:jennings@bainbridge.net).

## BODY, MIND & SPIRIT

### CENTERING PRAYER

Tuesdays | 9am | Sanctuary

Centering Prayer is based on an ancient form of Christian Meditation that was developed during the 20th Century. The simple process of consent and letting go invites us into a deeper place where the life of God can transform us to be the loving people of Christ in the world. Anyone, whether new or experienced, is welcome to join us for silence, chanting and 20 minutes of prayer. **Contact The Rev. Patricia Rome Robertson, Assisting Priest for Contemplative Ministries** | [revprome@hotmail.com](mailto:revprome@hotmail.com)

### CHRISTIAN HEALING THROUGH REIKI

St. Barnabas offers Christian Healing through Reiki on a regular basis. We have a team of six trained ministers available to offer healing sessions to Parish members and others in our community. Sessions last about 40 minutes, and are a quiet time with gentle music. Reiki promotes healing and wellness of body and mind, and is a consistent and gentle means for relieving stress and tension in the mind-body complex that accumulate in day-to-day activities. If you have questions or would like to schedule a session: **Ric Cederwall** | 206-855-0900 | [ric@stanfordalumni.org](mailto:ric@stanfordalumni.org) or **Sr Mary Louise Sulonen** | 360-626-3264 | [sjpsulonen@comcast.net](mailto:sjpsulonen@comcast.net)

## CHRISTIAN ACTION

**ST. BARNABAS PRAYER CHAIN** is a group of people devoted and committed to prayer for others. The chain is divided into two groups coordinated by Lee-ann Holland. She serves as a contact to activate the chain and pass on requests. Lee-ann makes contacts by email and telephone. The prayer chain will pray for anyone who requests prayer or who is submitted by someone else for prayers. All the members honor confidentiality and do not discuss those for whom they pray. It is not necessary to have a lot of detail or sometimes even a name in order to pray for someone or a situation. Unless instructed otherwise, the chain usually prays for about two weeks for a person or situation. The chain can be contacted by calling or emailing the Parish Administrator at the office or **Lee-ann Holland** | [hollandx263@me.com](mailto:hollandx263@me.com) | 206-842-3204

## OUTREACH

### CHAPLAINS ON THE HARBOR THANKFUL FOR CLOTHES DRYER

The Chaplains on the Harbor Ministry in Aberdeen/Westport is the happy recipient of a much needed clothes dryer, thanks to the generosity of the St. Barnabas congregation and the work of its Outreach Committee. The dryer has been purchased and installed, complementing a new washing machine that had already been funded from another source. Watch for the Fall/Winter clothing drive to help Aberdeen/Westport homeless through the wet winter. **For more information, contact Steve Schmitz** | 206-842-3375.

## JOY LUNCHEON LEADERSHIP SET

Thank you to people who have stepped forward as Committee Leaders for 2017! They are:

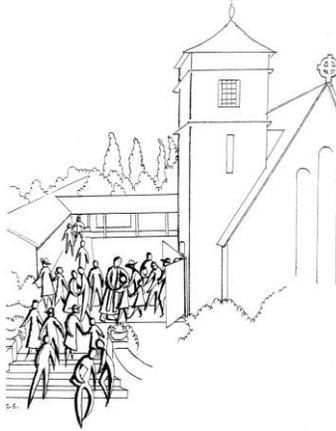
- Invitations, Babe Kehres
- Reservations, Honora Dunkak
- Set up and Décor, Peggy Vitale
- Greeters, Roger Clairmont
- Check in team, Stephen Jennings
- Chef's Assistants, Elaine Percival
- Servers, Patrice O'Morchoe
- Table Ambassadors, Caroline Smith Cox
- Clean up team, Beth Gudmundson.

In addition, Anne Pell has volunteered to provide piano entertainment. You will hear more information on how you can be involved as we get closer to the next lunch November 11. Again, thank you to all the helping hands and hearts who make this ministry so special. **Contact Kathleen Jennings** | 206-780-9158 | [jennings@bainbridge.net](mailto:jennings@bainbridge.net).

## HELPLINE HOUSE PROJECT BACKPACK

Helpline House is once again gearing up for the 16<sup>th</sup> annual Project Backpack Program. This back-to-school program provides backpacks and essential school supplies to Bainbridge Island students in need. Each year, the program fills about 200 requests through the generosity of the Bainbridge community. **How can you help? Please take school supplies or dollar donations to Helpline House, at 282 Knechtel Way NE, by August 26. For more information, call 206-842-7621 | [www.helplinehouse.org](http://www.helplinehouse.org)**





**Saint Barnabas Episcopal Church**  
1187 Wyatt Way NW | Bainbridge Island | WA | 98110

**Phone 206-842-5601 | Fax 206-842-5876**  
**info@stbbi.org | www.stbbi.org**

Bishop of Olympia | The Right Reverend Gregory H. Rickel  
Rector | The Reverend Dr. Dennis Tierney  
Assisting Priests | The Reverend Dr. Jan Heller, The Reverend Dr. Judith M. McDaniel and  
The Reverend Nancy Tiederman  
Assisting Priest for Contemplative Ministries | The Reverend Patricia Rome Robertson  
Deacon | The Reverend Dan Fowler  
Director of Music | Paul Roy  
Parish Administrator | Kathy Irvin  
Bookkeeper | Julie Houck  
Treasurer | Denton Kiehle Treasurer Emerita | Carol Milton  
Sexton | Fred Meredith  
Kitchen Managers | Caroline Cox and Jamie Villella  
Day School Director | Amy O'Brien Assistant Director/Registrar | Carrie Corns  
Teachers | Kristi Barr, Candace Beck, Sandy Dreiling,  
Mary Feeney, Elsa Trail

VESTRY

Senior Warden | Virginia Walker  
Junior Warden | Michael Lacey  
Members | Bethany Anderson, Kathy Anderson, John Baker,  
Stu Case, Roger Clairmont, Sylvia Dunning, Ed Ellis  
Clerk of the Vestry | Mark Morris



Housekeeper | Maria Perez

