



THE FOURTH SUNDAY AFTER THE EPIPHANY  
HOLY EUCHARIST

January 29, 2017  
8:00 A.M.

**Saint Barnabas Episcopal Church...reaching out through worship, prayer, and action  
to bring the reconciling peace of Christ to one another and this world.**

*We invite you to join as an active participant in the worship of God. This service is based on the Order for the Holy Eucharist: Rite One in the Book of Common Prayer. For ease of use, this leaflet contains the congregational portions of the liturgy and service music. HYMNAL refers to the blue book: The Hymnal 1982. BCP refers to the red Book of Common Prayer.*

Large-Print BCP and digital receivers for audio amplification are available during services  
for those requiring hearing assistance – just ask an usher.

ORGAN VOLUNTARY

*Prélude modal*

Jean Langlais



*All stand as able at the sound of the tower bell and sing:*

HYMN

*All praise to thee, for thou, O King divine*

HYMNAL 477

THE OPENING ACCLAMATION

(BCP p. 323)

*Presiding Priest* Blessed be God: Father, Son, and Holy Spirit.

***People* And blessed be his kingdom, now and for ever. Amen.**

COLLECT FOR PURITY

*Presiding Priest and People*

Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. Amen.

GLORY BE TO GOD

(BCP p. 324)

*Presiding Priest and People*

Glory be to God on high, and on earth peace, good will towards men. We praise thee, we bless thee, we worship thee, we glorify thee, we give thanks to thee for thy great glory, O Lord God, heavenly King, God the Father Almighty. O Lord, the only-begotten Son, Jesus Christ; O Lord God, Lamb of God, Son of the Father, that takest away the sins of the world, have mercy upon us. Thou that takest away the sins of the world, receive our prayer. Thou that sittest at the right hand of God the Father, have mercy upon us. For thou only art holy; thou only art the Lord; thou only, O Christ, with the Holy Ghost, art most high in the glory of God the Father. Amen.

THE COLLECT OF THE DAY

*Presiding Priest* The Lord be with you.

***People* And with thy spirit.**

*Presiding Priest* Let us pray.

Almighty and everlasting God, who dost govern all things in heaven and earth: Mercifully hear the supplications of thy people, and in our time grant us thy peace; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever. **Amen.**

## **THE WORD OF GOD**

**H** THE FIRST READING (seated)

Micah 6:1-8

*READER: A Reading from the Book of Micah*

Hear what the Lord says: “Rise, plead your case before the mountains, and let the hills hear your voice. Hear, you mountains, the controversy of the Lord, and you enduring foundations of the earth; for the Lord has a controversy with his people, and he will contend with Israel.” “O my people, what have I done to you? In what have I wearied you? Answer me! For I brought you up from the land of Egypt, and redeemed you from the house of slavery; and I sent before you Moses, Aaron, and Miriam. O my people, remember now what King Balak of Moab devised, what Balaam son of Beor answered him, and what happened from Shittim to Gilgal, that you may know the saving acts of the Lord.” “With what shall I come before the Lord, and bow myself before God on high? Shall I come before him with burnt offerings, with calves a year old? Will the Lord be pleased with thousands of rams, with ten thousands of rivers of oil? Shall I give my firstborn for my transgression, the fruit of my body for the sin of my soul?” He has told you, O mortal, what is good; and what does the Lord require of you but to do justice, and to love kindness, and to walk humbly with your God?

*Reader* Hear what the Spirit is saying to God’s people.

***People* Thanks be to God.**

*Silence is marked by the ringing of a bell.*

THE RESPONSE (remain seated, read responsively)

Psalm 15

1 Lord, who may dwell in your tabernacle? \*

**who may abide upon your holy hill?**

2 Whoever leads a blameless life and does what is right, \*

**who speaks the truth from his heart.**

3 There is no guile upon his tongue; he does no evil to his friend; \*

**he does not heap contempt upon his neighbor.**

4 In his sight the wicked is rejected, \*

**but he honors those who fear the Lord.**

5 He has sworn to do no wrong \*

**and does not take back his word.**

6 He does not give his money in hope of gain, \*

**nor does he take a bribe against the innocent.**

7 Whoever does these things \*

**shall never be overthrown.**

*READER: A Reading from the First Letter of Paul to the Corinthians*

The message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written, "I will destroy the wisdom of the wise, and the discernment of the discerning I will thwart." Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles, but to those who are called, both Jews and Greeks, Christ the power of God and the wisdom of God. For God's foolishness is wiser than human wisdom, and God's weakness is stronger than human strength. Consider your own call, brothers and sisters: not many of you were wise by human standards, not many were powerful, not many were of noble birth. But God chose what is foolish in the world to shame the wise; God chose what is weak in the world to shame the strong; God chose what is low and despised in the world, things that are not, to reduce to nothing things that are, so that no one might boast in the presence of God. He is the source of your life in Christ Jesus, who became for us wisdom from God, and righteousness and sanctification and redemption, in order that, as it is written, "Let the one who boasts, boast in the Lord."

*Reader* Hear what the Spirit is saying to God's people.

**People** Thanks be to God.

*Silence is marked by the ringing of a bell.*



THE HOLY GOSPEL (standing as able)

Matthew 5:1-12

*The Deacon or Priest reads the Gospel, first saying*

The Holy Gospel of our Lord Jesus Christ according to Matthew.

**People** Glory be to thee, O Lord.

When Jesus saw the crowds, he went up the mountain; and after he sat down, his disciples came to him. Then he began to speak, and taught them, saying: "Blessed are the poor in spirit, for theirs is the kingdom of heaven. Blessed are those who mourn, for they will be comforted. Blessed are the meek, for they will inherit the earth. Blessed are those who hunger and thirst for righteousness, for they will be filled. Blessed are the merciful, for they will receive mercy. Blessed are the pure in heart, for they will see God. Blessed are the peacemakers, for they will be called children of God. Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven. Blessed are you when people revile you and persecute you and utter all kinds of evil against you falsely on my account. Rejoice and be glad, for your reward is great in heaven, for in the same way they persecuted the prophets who were before you."

The Gospel of the Lord

**People** Praise be to thee, O Christ.



THE SERMON (seated)

Jan C. Heller



*Presiding Priest and People*

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE

*The Deacon or other person appointed says*

Let us pray for the whole state of Christ's Church and the world.

*After each paragraph of this prayer, the People may make an appropriate response, as directed.*

Almighty and everliving God, who in thy holy Word hast taught us to make prayers, and supplications, and to give thanks for all people. In our Anglican Cycle of Prayer, we pray for the Diocese of Lichfield (Canterbury, England), The Rt Revd Michael Ipgrave, Bishop, as well as for The Rt Revd Mark James Rylands, Suffragan Bishop of Shrewsbury; The Rt Revd Geoffrey Peter Annas, Suffragan Bishop of Stafford; and The Rt Revd Clive Gregory, Suffragan Bishop of Wolverhampton. In our Diocesan Cycle of Prayer, we pray for the Center for Spiritual Development; GEORGE: Center for Community; and Underhill House. Receive our prayers which we offer unto thy divine Majesty beseeching thee to inspire continually the Universal Church with the spirit of truth unity and concord and grant that those who do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love.

***Lord, hear our prayer.***

Give grace, O heavenly Father, to all bishops and other ministers especially for Michael, our Presiding Bishop; Gregory, our Bishop; Jan, Nancy, Judith and Patricia, our priests; and Dan, our Deacon, that they may, both by their life and doctrine, set forth thy true and lively Word, and rightly and duly administer thy holy Sacraments.

***Lord, hear our prayer.***

And to all thy people give thy heavenly grace, and especially to this congregation here present; that, with meek heart and due reverence, they may hear and receive thy holy Word, truly serving thee in holiness and righteousness all the days of their life.

***Lord, hear our prayer.***

We beseech thee also so to rule the hearts of those who bear the authority of government in this and every land, especially Donald, our President, that they may be led to wise decisions and right actions for the welfare and peace of the world.

***Lord, hear our prayer.***

Guard and protect all those who serve in harm's way, both in lands far away and here at home, returning them to safe reunion with their families and all who love them.

***Lord, hear our prayer.***

Bestow upon us the gift of gracious hospitality, welcoming into fellowship our sisters and brothers in Christ who are visiting, remembering that in welcoming a stranger we may be welcoming angels unaware.

***Lord, hear our prayer.***

Open, O Lord, the eyes of all people to behold thy gracious hand in all thy works, that, rejoicing in thy whole creation, they may honor thee with their substance, and be faithful stewards of thy bounty.

***Lord, hear our prayer.***

Bless and guide our St. Barnabas vestry, wardens and search committee that they may discern your will for us and call a faithful pastor who will be our companion in ministry, reaching out with us in worship, prayer and action to bring the reconciling peace of Christ to one another and this world.

***Lord, hear our prayer.***

And we most humbly beseech thee, of thy goodness, O Lord, to comfort and succor, [especially...] and all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity.

***Lord, hear our prayer.***

I invite your petitions and thanksgivings aloud or in your hearts...[pause], let us pray.

***Lord, hear our prayer.***

And we also bless thy holy Name for all thy servants departed this life in thy faith and fear [especially...], beseeching thee to grant them continual growth in thy love and service; and to grant us grace so to follow the good examples of Barnabas and of all thy saints, that with them we may be partakers of thy heavenly kingdom.

***Lord, hear our prayer.***

Grant these our prayers, O Father, for Jesus Christ's sake, our only Mediator and Advocate. ***Amen.***



**CONFESSON OF SIN** (kneeling as able)

Let us humbly confess our sins unto Almighty God.

*Silence may be kept.*

*Presiding Priest and People*

Almighty God, Father of our Lord Jesus Christ, maker of all things, judge of all men: We acknowledge and bewail our manifold sins and wickedness, which we from time to time most grievously have committed, by thought, word, and deed, against thy divine Majesty, provoking most justly thy wrath and indignation against us. We do earnestly repent, and are heartily sorry for these our misdoings; the remembrance of them is grievous unto us, the burden of them is intolerable. Have mercy upon us, have mercy upon us, most merciful Father; for thy Son our Lord Jesus Christ's sake, forgive us all that is past; and grant that we may ever hereafter serve and please thee in newness of life, to the honor and glory of thy Name; through Jesus Christ our Lord. **Amen.**

*The Presiding Priest says*

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all those who with hearty repentance and true faith turn unto him, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**



**THE PEACE** (standing as able)

*Presiding Priest* The peace of the Lord be always with you.

***People*** And also with you.

## THE HOLY COMMUNION



*An offering of money is collected.*



*At the conclusion of the organ voluntary, please rise as able as the bread and wine and money we offer to God for our nourishment and the life of the world are brought forward and presented at the altar.*

*Presiding Priest* All things come of thee, O Lord,  
**People** and of thine own have we given thee.

### THE GREAT THANKSGIVING

(Eucharist Prayer II, BCP p. 340)

*The people remain standing. The Presiding Priest faces them and says*

*Presiding Priest* The Lord be with you.  
**People** **And with thy spirit.**  
*Presiding Priest* Lift up your hearts.  
**People** **We lift them up unto the Lord.**  
*Presiding Priest* Let us give thanks unto our Lord God.  
**People** **It is meet and right so to do.**

*Then, facing the Holy Table, the Presiding Priest proceeds*

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God.

Because in the mystery of the Word made flesh, thou hast caused a new light to shine in our hearts, to give the knowledge of thy glory in the face of thy Son Jesus Christ our Lord.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

*Presiding Priest and People*

Holy, holy, holy, Lord God of Hosts:  
Heaven and earth are full of thy glory.  
Glory be to thee, O Lord Most High.  
Blessed is he that cometh in the name of the Lord.  
Hosanna in the highest.



*or*  *The people kneel or stand as able.*

*Then the Presiding Priest gives thanks for God's work in creation and for the salvation of the world through Christ, and prays over the bread and wine.*

All glory be to thee, O Lord our God...

...By whom, and with whom, in the unity of the Holy Ghost, all honor and glory be unto thee, O Father Almighty, world without end. **AMEN.**

And now, as our Savior Christ hath taught us, we are bold to say,

*People and Presiding Priest*

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

#### THE BREAKING OF THE BREAD

*The Presiding Priest breaks the consecrated Bread. A period of silence is kept.*

*Then may be sung or said*

Alleluia! Christ our Passover is sacrificed for us;

**Therefore let us keep the feast. Alleluia!**

*The following prayer may be said. The People may join in saying this prayer*

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. *Amen.*

*Facing the people, the Presiding Priest may say the following Invitation*

The Gifts of God for the People of God.

*and may add* Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

*This is the Lord's Table around which we gather.*

*All baptized Christians are encouraged to come forward and receive the Body and Blood of Christ in the bread and wine of the Eucharist. If you do not wish to receive Holy Communion but would like to receive a blessing, please come forward and cross your arms across your heart.*



THE POST-COMMUNION PRAYER (kneeling or standing as able) (BCP p. 339)

*Presiding Priest and People*

Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

#### THE BLESSING

The blessing of God Almighty, the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. **Amen.**



WELCOME, BIRTHDAYS, ANNIVERSARIES & ANNOUNCEMENTS (seated)



HYMN (standing as able) *Tell out, my soul, the greatness of the Lord!*

HYMNAL 437

DISMISSAL

*The Deacon or Presiding Priest dismisses the people with these words*

Go in peace to love and serve the Lord.

**People**      **Thanks be to God.**

PROCESSION

ORGAN VOLUNTARY

*Pasticcio*

Jean Langlais

**MINISTERS OF THE LITURGY**

Presiding Priest & Preacher

The Rev. Dr. Jan C. Heller

Organist

Paul Roy

Acolyte

Joan Collins

Eucharistic Minister

Joan Collins

Lectors

Joan Collins, Suzanne Ivey

Prayers of the People

Suzanne Ivey

Usher

TBD

Altar Guild

Sylvia Dunning, Ruth Anderson,  
Anne Dennon, Carol Ann Mitcham

Bread Baker

Laurie Fergusson

Coffee Hour

Helene & Steve Schmitz

# This Week @ St. Barnabas

## **Sunday, January 29**

8am | Holy Eucharist {Rite I} | Sanctuary  
9am | Coffee Hour | Parlor  
9:15am | Choir Rehearsal | Sanctuary  
10am | Holy Eucharist {Rite II} | Sanctuary  
11:15am | Coffee Hour | TH  
11:30am | Parish Annual Meeting | TH

## **Monday, January 30**

9am-1pm | Church Office Open  
10:30am | Devotions | Messenger House  
11am | Reunion Group | Rector's Office  
11:30am | BI Rotary Club Luncheon | TH  
1pm-4pm | Library Coordinator Hours | Library  
5pm | ANNOUNCEMENTS for the weekly service  
leaflets are due to the office  
7:30pm | Al Anon | RWV

## **Tuesday, January 31**

9am-1pm | Church Office Open  
9am | Centering Prayer | Sanctuary  
6pm | Amabile Rehearsal | TH

## **Wednesday, February 1**

7am | BI Kiwanis Breakfast | TH  
7:15am | Meditation Group | Sanctuary  
10am | The Elijah Project Committee | Library  
10:30-2:30pm | Church Office Open  
6pm | Buddhist Priory | RWV  
7pm | AA Women's Group | Library  
7:30pm | Choir Rehearsal | Choir Room

## **Thursday, February 2**

9am-1pm | Church Office Open  
9:15am | Healing Eucharist | Sanctuary  
11am | Parish Profile Committee | Library  
1:30pm | Devotions | Wyatt House  
3pm | Devotions | Madison House  
7:30pm | AA | RWV

## **Friday, February 3**

9am-1pm | Church Office Open  
3pm | Girl Scout Troop #45182 | Library  
3:30pm | Girl Scout Troop #42694 | RWV

## **Saturday, February 4**

8am | Buddhist Priory | RWV  
9am | Altar Guild | Sanctuary

## **Sunday, February 5**

8am | Holy Eucharist {Rite I} | Sanctuary  
9am | Coffee Hour | Parlor  
9:15am | Choir Rehearsal | Sanctuary  
10am | Holy Eucharist {Rite II} | Sanctuary  
11:15am | Coffee Hour | TH

---

**RWV | Room with a View    TH | Tierney Hall**

## WELCOME TO ST. BARNABAS CHURCH

*We are delighted you have chosen to worship with us today. At St. Barnabas, we believe that everyone who enters these doors is God's guest. If you are visiting just for today, we thank you for celebrating with us and may God be with you as you travel. If you are searching for a new church community, we hope that you will introduce yourself to one of our parish clergy. We invite you to complete one of the yellow welcome cards in the pew rack and put it in the offering plate or hand it to an usher or clergy member.*

**LARGE-PRINT PRAYER BOOKS (BCP) & DIGITAL RECEIVERS FOR AUDIO AMPLIFICATION** are available during services for those requiring hearing assistance – just ask an Usher.

**GLUTEN FREE EUCHARISTIC HOSTS** are available for those who need them. Please alert the usher to your need.

## Parish Picture Board Update

**Our goal for 2017 is to have every church member's photo displayed on our Parish Picture Board (which is on the stairs leading down to Tierney Hall).** Sue Hylen is the photographer who handles this project for us, with our thanks. This photo board is so helpful for new parishioners (and staff members!) to get to know who is who.

Sue has been taking photos of folks on the first Sunday of the month, but that has not really been working. **So she suggests two options:**

- If you would like Sue to take your picture, **email or call her to set up a date to have your photo/family photo taken. This is very informal process that usually takes less than 5 minutes OR**
- **Send Sue a favorite photo.** If this is your preference, call or email her so that she can share size and format specifics.

Contact Sue Hylen at 206/842-3566 or [shylen@mac.com](mailto:shylen@mac.com).

**NAME TAGS** Name tag sign-up sheets will be on the Welcome Table the **FOURTH SUNDAY** of each month. If you would like a name tag, please let us know. Name tags should be ready to be picked up the next SUNDAY. When you have your name tag on, newcomers find it easier to both approach and remember you, and all the other friendly St. B people they have just met.

## SUNDAY SCHOOL FOR AGES 4-11

St. Barnabas offers Sunday School for children ages 4-11 in the Room with a View (opposite the Gowen Library). Michael Killigrew and Becky Miller will be leading the Sunday School program this year. They are excited to be implementing a new curriculum that incorporates aspects of the Godly Play lessons along with new material that will enhance the children's learning experience and help prepare them for joining in the worship and life of the congregation.

Each class session will begin at 9:45 with singing in the Room with a View and then the children will gather together to hear one of "God's stories." The children respond to the stories they have heard through an activity, art media or any of the story materials in the room. The class re-gathers to pray together and celebrate a feast, which provides indirect teaching about communion. The children then say the Lord's Prayer, and are sent out with a blessing. Contact Michael Killigrew | [mkilligrew@gmail.com](mailto:mkilligrew@gmail.com)

**NURSERY AVAILABLE** St. Barnabas has a fully furnished nursery (located just beyond the Room with a View) that is available to any family who would like to use it. It is not currently staffed but can be if there is demand for this service. For those interested, please contact the church office.

**WELCOME TABLE** Don't forget to visit the Welcome Table at Coffee Hour. Everyone, new visitors and long-time members, is urged to stop by regularly to check on sign-ups for parish events, to volunteer for programs, to learn more about our ministries, to purchase tickets to events, and to meet and talk with parishioners of every age and stage. Guests and newcomers are especially encouraged to visit the Welcome Table.

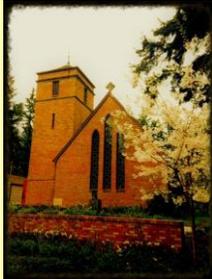
**COFFEE & COMMUNITY** Please join us for body and soul food! Coffee hour after the 8am service is in the Parlor just across the courtyard from the church. Coffee Hour after the 10am service is downstairs in Tierney Hall. A sign-up sheet is posted for the 8am coffee hour. This is a chance to meet other parishioners informally and enjoy the hospitality of St. Barnabas.

## PLEASE SECURE YOUR VALUABLES

Please don't forget to lock your car and secure your valuables while you are at church.

## CHURCH OFFICE

### Annual Parish Meeting



January 29, 2017  
11:30am

Please join us today in Tierney Hall for the St. Barnabas Annual Parish Meeting at 11:30am.

The Annual Parish Meeting is a wonderful time for members and visitors alike to learn more and get involved in the life of St. Barnabas. At the meeting, copies of the Annual Report will be distributed and key presentations will be made. Please join us!

For further information, contact the church office at 206/842-5601.

## CHURCH OFFICE HOURS

Mondays – 9am to 1 pm

Tuesdays – 9am to 1 pm

Wednesdays – 10:30am to 2:30 pm

Thursdays – 9am to 1 pm

Fridays – 9am to 1 pm

Also, Senior Warden Virginia Walker will be available by appointment weekdays from 11am-noon. Please call Kathy Irvin in the office at 206/842-5601 to schedule.

ANNOUNCEMENTS for inclusion in the weekly service leaflets are due by 5pm on MONDAYS. Contact Kathy Irvin | [kathy@stbbi.org](mailto:kathy@stbbi.org)

## 2017 CHURCH DIRECTORIES

Hard copies of the of the 2017 church directory are available in the Church Parlor or you can request that a copy be emailed to you. Please also email and let us know of any changes in your address, phone or email. Contact Kathy Irvin | [kathy@stbbi.org](mailto:kathy@stbbi.org)

## WORSHIP

**MISSED A SERMON OR WANT TO HEAR IT AGAIN? SHARE IT WITH A FRIEND?** Listen to podcasts of sermons and music available on our church website | [www.stbbi.org](http://www.stbbi.org)

## SEEKING WORSHIP VOLUNTEERS

We need a few more folks for the following three ministries: **Acolyte, Eucharistic Minister and Altar Guild**. If you believe God is calling you to one or more of these ministries, please contact Interim Priest Jan Heller ([jan.c.heller@gmail.com](mailto:jan.c.heller@gmail.com)) or Joan Collins ([jmariec277@msn.com](mailto:jmariec277@msn.com)).

## MUSICAL OPPORTUNITIES AT ST.

**BARNABAS** Do you sing or play an instrument? There are musical opportunities awaiting you here at St. Barnabas! Contact **Paul Roy** | [proy@stbbi.org](mailto:proy@stbbi.org)

## CHRISTIAN FORMATION

### NEW LIBRARY BOOKS

Check out the New Book shelf in the library for the following titles that have been recently added to the collection:

#### Books for Contemplative Book Study

- *And There was Light* by Jacques Lusseyran

- *The Heart of Centering Prayer* by Cynthia Bourgeault

#### Three Parable Books

- *Parables of Jesus* by J. Ellsworth Kalas

- *Parables of Jesus, Red Letter Edition, The Jesus Seminar* by Robert W. Funk, Bernard Brandon Scott, and James R. Butts

- *Re-Imagine the World, an Introduction to the Parables of Jesus* by Bernard Brandon Scott

#### And Other Titles

- *Feminist & Womanist, Pastoral Theology* - Bonnie J. Miller-McLemore & Brita L. Gill-Austern, Eds.

- *Helping the Good Shepherd, Pastoral Counselors in a Psychotherapeutic Culture* by Susan E. Myers-Shirk

- *A History of Pastoral Care in America, from Salvation to Self-Realization* by E. Brooks Holifield

For more information, contact Barbara Herrick, [herrick99@msn.com](mailto:herrick99@msn.com) or 206/842-2068.

## FELLOWSHIP

**NEWCOMER'S LUNCHEON IN MARCH**  
Sunday, March 19 | 12:30pm

If you are a newcomer to St. Barnabas and would

like to learn more about our church and community, please consider joining us for a Newcomer's Luncheon on Sunday, March 19. This event gives you an opportunity to meet some of the vestry (our lay leadership team), have any questions answered and to get to know more about us in a relaxed setting. **Sign up at the Welcome Table after the 10am service or contact our Parish Administrator Kathy Irvin at 206-842-5601 or [kathy@stbbi.org](mailto:kathy@stbbi.org).**

## **BODY, MIND & SPIRIT**

### **CONTEMPLATIVE BOOK STUDY GROUP FOCUSES ON NEW BOURGEAULT BOOK Tuesdays Feb. 7, March 14, April 4 at 9:45am**

Join us for a discussion of Cynthia Bourgeault's latest book: *The Heart of Centering Prayer*. Centering Prayer is the path to a wonderful and radical new way of seeing the world. It is not, as is sometimes thought, simply an act of devotional piety, nor is it simply a Christianized form of other meditation methods. Cynthia Bourgeault cuts through the misconceptions to show that Centering Prayer is in fact a pioneering development within the Christian contemplative tradition. This is good book for preparing for deepening your Lenten practice. The group meets monthly on Tuesdays at 9:45am in the library immediately following the 9am Centering Prayer gathering in the sanctuary.

- **February 7** – Part One: A Short Course on Centering Prayer
- **March 14** – Part Two: The Way of the Heart
- **April 4** – Part Three: The Cloud of Unknowing

The book is available online or your local bookstore can order it for you. One copy will be available through the St. Barnabas Library.

**Contact Rev. Patricia Rome Robertson, Assisting Priest for Contemplative Ministries | [revprome@hotmail.com](mailto:revprome@hotmail.com)**

### **CENTERING PRAYER**

**Tuesdays | 9am | Sanctuary**

Centering Prayer is based on an ancient form of Christian Meditation that was developed during the 20th Century. The simple process of consent and letting go invites us into a deeper place where the life of God can transform us to be the loving people of Christ in the world. Anyone, whether new or

experienced, is welcome to join us for silence, chanting and 20 minutes of prayer. **Contact Rev. Patricia Rome Robertson, Assisting Priest for Contemplative Ministries | [revprome@hotmail.com](mailto:revprome@hotmail.com)**

## **CHRISTIAN HEALING THROUGH REIKI**

St. Barnabas offers Christian Healing through Reiki on a regular basis. We have a team of six trained ministers available to offer healing sessions to Parish members and others in our community. Sessions last about 40 minutes, and are a quiet time with gentle music. Reiki promotes healing and wellness of body and mind, and is a consistent and gentle means for relieving stress and tension in the mind-body complex that accumulate in day-to-day activities. If you have questions or would like to schedule a session: **Ric Cederwall | 206-855-0900 | [ric@stanfordalumni.org](mailto:ric@stanfordalumni.org) Sr Mary Louise Sulonen | 360-626-3264 | [sjpsulonen@comcast.net](mailto:sjpsulonen@comcast.net)**

## **CHRISTIAN ACTION**

**ST. BARNABAS PRAYER CHAIN** is a group of people devoted and committed to prayer, especially prayer for others. **The Prayer Chain will pray for anyone who requests prayer or whose name is submitted by someone else for prayers.** All the members honor confidentiality and do not discuss those for whom they pray. It is not necessary to have a lot of detail or even a name to pray for someone or a situation. Unless instructed otherwise, the chain usually prays for a person or situation for about two weeks. **To contact the chain or if this ministry is something you would like to be part of, contact Drucy Burnet Hodge ([drucy15@msn.com](mailto:drucy15@msn.com) or 206/780-2904), Lee-ann Holland ([hollandx263@me.com](mailto:hollandx263@me.com) or 206/842-3204), or Kathy Irvin, Parish Administrator ([kathy@stbbi.org](mailto:kathy@stbbi.org) or 206/842-5601).**

## **JAN. 31 DEADLINE FOR JOINING SECRET PRAYER PARTNERS**

Secret Prayer Partners begins a new year Feb. 1. This ministry was created to bring the women of St. Barnabas into closer fellowship and spiritual awareness of each other's needs. The objective for each member is to keep her partner in prayer, become a closer friend and be mindful of her

partner's needs while keeping her own identity a secret. **To sign up for this program, please fill out a new profile form, which is located in the parlor.** Continuing members can fill out a new profile form or renew with their prior profile form. **All who wish to join or continue in this program need to contact Alice Reasoner by Jan. 31. For more information, contact Alice Reasoner, 206/780-1585, [tistimeal@aol.com](mailto:tistimeal@aol.com).**

## DIOCESAN EVENTS

### FAITH AT HOME WORKSHOP SET FOR FEB. 25 FROM 10AM-3PM IN KENT

The Episcopal Diocese of Olympia is hosting a Faith At Home workshop on Saturday, February 25 from 10am to 3pm at St. Columba's Episcopal Church in Kent. The workshop, which includes a key note speech by Wendy Claire Barrie, author of *Faith at Home: A Handbook for Cautiously Christian Parents* as well as workshops on Icon Making, Pax Christi Yoga and Embodied Faith. Registration, which is \$25, includes lunch. Free scholarships available. **For more information, visit.**

**<http://ecww.org/diocesan-events/> or call 206/325-4200.**

### EPISCOPAL YOUTH EVENT (EYE) SET FOR JULY 10-14, 2017 IN OKLAHOMA CITY

The Episcopal Youth Event (EYE) is a popular event that has welcomes thousands of young people from across the Episcopal Church for celebration,

worship, learning and leadership training. The next EYE will be held July 10-14, 2017 on the campus of the University of Central Oklahoma, Edmond. **EYE is geared for youth in**

**grades 9-12 and their adult leaders. Applications are due by March 1, 2017.** The cost to participate is \$900, with scholarships available from the Diocese. **For more information, visit <http://ecww.org/diocesan-events/> or call 212/716-6099.**



## COMMUNITY EVENTS

### CARDEN COUNTRY SCHOOL OPEN HOUSE AT 6PM ON THURSDAY, FEB. 2

The Carden Country School will be having an open house on Thursday, Feb. 2 at 6pm. The school, which is celebrating 25 years of operation, provides a nurturing Christian environment for students grades K-8<sup>th</sup> grade. **For more information, 206/842-6510 or [www.cardencountryschool.org](http://www.cardencountryschool.org).**



## **Saint Barnabas Episcopal Church**

**1187 Wyatt Way NW | Bainbridge Island | WA | 98110**

**Phone 206-842-5601 | Fax 206-842-5876**

**info@stbbi.org | www.stbbi.org**

Presiding Bishop & Primate | The Most Reverend Michael B. Curry

Bishop of Olympia | The Right Reverend Gregory H. Rickel

Interim Priest | The Reverend Dr. Jan C. Heller

Assisting Priests | The Reverend Dr. Judith M. McDaniel and

The Reverend Nancy Tiederman

Assisting Priest for Contemplative Ministries | The Reverend Patricia Rome Robertson

Deacon | The Reverend Dan Fowler

Director of Music | Paul Roy

Parish Administrator | Kathy Irvin

Bookkeeper | Julie Houck

Kitchen Managers | Caroline Cox and Jamie Villella

Wedding Coordinator | Connie Albrecht

Sexton | Les Heinrich

Housekeeper | Maria Perez

Senior Warden | Virginia Walker

Junior Warden | Michael Lacey

Vestry Members | Bethany Anderson, Kathy Anderson, John Baker,

Stu Case, Roger Clairmont, Sylvia Dunning, Ed Ellis

Clerk of the Vestry | Mark Morris

Treasurer | Mike Killion Treasurer Emerita | Carol Milton

Convention Delegates | Linda & Randy Krause,

Karen & Tom Beierle, Kathy & Michael Lacey (alternates)

At-Large Delegates | Joan Collins, George Robertson

Day School Director | Carrie Corns

Teachers | Kristi Barr, Candace Beck, Sandy Dreiling,

Mary Feeney, Karen Kolthoff, Elsa Trail