



THE FIRST SUNDAY IN LENT HOLY EUCHARIST

March 5, 2017
10:00 A.M.

**Saint Barnabas Episcopal Church...reaching out through worship, prayer, and action
to bring the reconciling peace of Christ to one another and this world.**

We invite you to join as an active participant in the worship of God. This service is based on the Order for the Holy Eucharist: Rite Two in the Book of Common Prayer. For ease of use, this leaflet contains the congregational portions of the liturgy and service music. HYMNAL refers to the blue book: The Hymnal 1982. BCP refers to the red Book of Common Prayer.

Digital receivers for audio amplification are available during Sunday services
for those requiring hearing assistance – just ask an usher.

WELCOME INTO THE SILENCE

The development of Lent as forty days of penitential preparation for Holy Week and Easter led to a “quieting” of church services. Thus, we dispense with that “A” word (the Alleluia), we set aside any floral arrangements near the altar, we moderate the use of the pipe organ, we select quieter and more somber music, and put away our silver vessels in favor of pottery ones. They will not be forgotten merely set aside for a time as Lenten sorrows always lead to Easter joys. Please join us in this prayerful and reflective time.

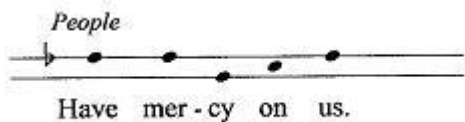


All stand as able at the sound of the tower bells.

THE GREAT LITANY (sung in procession)

I.

Holy God, Creator of heaven and earth,



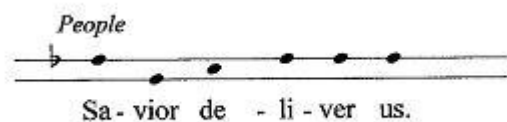
Holy and Mighty, Redeemer of the world, *Have mercy on us.*

Holy Immortal One, Sanctifier of the faithful, *Have mercy on us.*

Holy, blessed and glorious Trinity, One God, *Have mercy on us.*

II.

From all evil and mischief; from pride, vanity and hypocrisy; from envy, hatred and malice; and from all evil intent,



From sloth, worldliness and love of money; from hardness of heart and contempt for your word and your laws,

Savior deliver us.

From sins of body and mind; from deceits of the world, flesh and the devil,

Savior deliver us.

From famine and disaster; from violence, murder, and dying unprepared,

In all times of sorrow; in all times of joy; in the hour of our death and at the day of judgment,

Savior deliver us.

By the mystery of your holy incarnation; by your birth, childhood and obedience; by your baptism, fasting and temptation,

Savior deliver us.

By your ministry in word and work; by your mighty acts of power; by the preaching of your reign,

Savior deliver us.

By your agony and trial; by your cross and passion; by your precious death and burial,

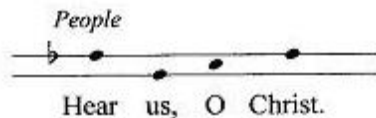
Savior deliver us.

By your mighty resurrection; by your glorious ascension; and by your sending of the Holy Spirit,

Savior deliver us.

III.

Hear our prayers, O Christ our God.



Govern and direct your holy Church; fill it with love and truth; and grant it that unity which is your will,

Hear us, O Christ.

Give us boldness to preach the gospel in all the world, and to make disciples of all the nations.

Hear us, O Christ.

Enlighten your bishops, priests and deacons with knowledge and understanding, that by their teaching and their lives they may proclaim your word.

Hear us, O Christ.

Give your people grace to witness to your word and bring forth the fruit of your Spirit.

Hear us, O Christ.

Bring into the way of truth all who have erred and are deceived.

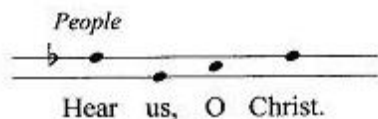
Hear us, O Christ.

Strengthen those who stand; comfort and help the fainthearted; raise up the fallen; and finally beat down Satan under our feet.

Hear us, O Christ.

IV.

Guide the leaders of the nations into the ways of peace and justice.



Give your wisdom and strength to Donald, the President of the United States, and Jay, the Governor of this state, that in all things they may do your will, for your glory and the common good.

Hear us, O Christ.

Give to the Congress of the United States, the members of the President's Cabinet, those who serve in our state legislature, and all others in authority the grace to walk always in the ways of truth.

Hear us, O Christ.

Bless the justices of the Supreme Court and all those who administer the law, that they may act with integrity and do justice for all your people.

Hear us, O Christ.

Give us the will to use the resources of the earth to your glory and for the good of all.

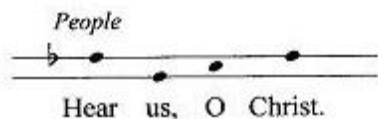
Hear us, O Christ.

Bless and keep all your people,

Hear us, O Christ.

V.

Comfort and liberate the lonely, the bereaved and the oppressed.



Keep in safety those who travel and all who are in peril.

Hear us, O Christ.

Heal the sick in body, mind or spirit and provide for the homeless, the hungry and the destitute, (especially...) and all others in need.

Hear us, O Christ.

Guard and protect all children who are in danger.

Hear us, O Christ.

Show your compassion on prisoners, hostages and refugees, and all who are in trouble.

Hear us, O Christ.

Forgive our enemies, persecutors and slanderers, and turn their hearts.

Hear us, O Christ.

Hear us as we remember those who have died (especially...) and grant us with them a share in your eternal glory.

Hear us, O Christ.

VI.

Give us true repentance; forgive us our sins of negligence and ignorance and our deliberate sins; and grant us the grace of your Holy Spirit to amend our lives according to your word.

The Cantor sings the invocation and all respond "Have mercy upon us".

The musical score is written for a cantor and a choir. It consists of six staves of music, each with a treble clef and a key signature of two sharps (D major). The lyrics are: "Ho - ly God, Ho - ly and Might - y, Ho - ly Im - mor - tal One, Have mer - cy up - on us." The cantor's part is on the first, third, and fifth staves, while the choir's part is on the second, fourth, and sixth staves. The music is in a simple, melodic style with a steady rhythm.

SALUTATION

(BCP p. 323)

Presiding Priest Bless the Lord who forgives all our sins
People **His mercy endures for ever.**

THE COLLECT OF THE DAY

Presiding Priest The Lord be with you.

People **And also with you.**

Presiding Priest Let us pray.

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

THE WORD OF GOD

 THE FIRST READING (seated)

Genesis 2:15-17, 3:1-7

READER: A Reading from the Book of Genesis

The Lord God took the man and put him in the garden of Eden to till it and keep it. And the Lord God commanded the man, “You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die.” Now the serpent was more crafty than any other wild animal that the Lord God had made. He said to the woman, “Did God say, ‘You shall not eat from any tree in the garden?’” The woman said to the serpent, “We may eat of the fruit of the trees in the garden; but God said, ‘You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die.’” But the serpent said to the woman, “You will not die; for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil.” So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

Reader Hear what the Spirit is saying to God’s people.

People **Thanks be to God.**

THE RESPONSE (remain seated)

Psalm 32

The cantor sings verse 1; the choir sings verse 2; then all sing the remaining verses:



- 1 Happy are they whose transgressions are for/given,*
and whose sin / is put away!
- 2 Happy are they to whom the LORD im/putes no guilt,*
and in whose spirit there / is no guile!
- 3 While I held my tongue, my bones withered a/way,*
because of my groaning / all day long.
- 4 For your hand was heavy upon me / day and night;*
my moisture was dried up as in the heat / of summer.
- 5 Then I acknowledged my / sin to you,*
and did not / conceal my guilt.
- 6 I said, "I will confess my transgressions to the / LORD."*
Then you forgave me the guilt / of my sin.
- 7 Therefore all the faithful will make their prayers
to you in time of / trouble;*
when the great waters overflow, they shall / not reach them.
- 8 You are my hiding-place; you preserve me from / trouble;*
you surround me with shouts of / deliverance.
- 9 "I will instruct you and teach you in the way that / you should go;*
I will guide / you with my eye.
- 10 Do not be like horse or mule, which have no under / standing;*
who must be fitted with bit and bridle,
or else they will not / stay near you."
- 11 Great are the tribulations of the / wicked;*
but mercy embraces those who trust / in the LORD.
- 12 Be glad, you righteous, and rejoice in the / LORD;*
shout for joy, all who / are true of heart.


SECOND READING

Romans 5:12-19

READER: A Reading from the Letter of Paul to the Romans

Just as sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned — sin was indeed in the world before the law, but sin is not reckoned when there is no law. Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come. But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. And the free gift is not like the effect of the one man's sin. For the judgment following one trespass brought condemnation, but the free gift following many trespasses brings justification. If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ. Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all. For just as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

Reader Hear what the Spirit is saying to God's people.
People Thanks be to God.

 ANTHEM (remain seated)

Hide Not Thy Face

Ricahrd Farrant

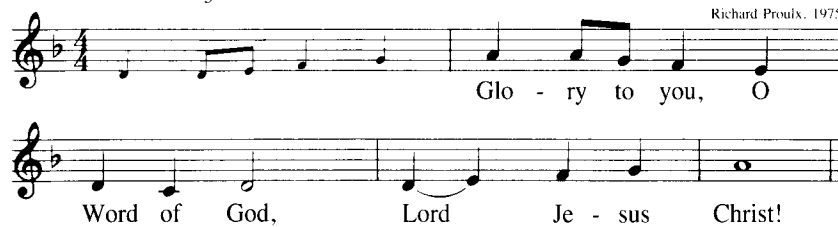
Hide not thou thy face from us, O Lord,
and cast not off thy servant in thy displeasure;
for we confess our sins unto thee
and hide not our unrighteousness.
For thy mercy's sake, deliver us from all our sins.

TEXT: *Psalm 27:12*

 GOSPEL ACCLAMATION (standing as able)

Choir, then all and after the verse:

Richard Proulx, 1975



Glo - ry to you, O
Word of God, Lord Je - sus Christ!

VERSE: No one lives on bread alone, but on every word that comes from the mouth of God.

THE GOSPEL

Matthew 4:1-11

The Priest or Deacon reads the Gospel, first saying

The Holy Gospel of our Lord Jesus Christ according to Matthew.

People **Glory to you, Lord Christ.**

After Jesus was baptized, he was led up by the Spirit into the wilderness to be tempted by the devil. He fasted forty days and forty nights, and afterwards he was famished. The tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." But he answered, "It is written, 'One does not live by bread alone, but by every word that comes from the mouth of God.'" Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down; for it is written, 'He will command his angels concerning you,' and 'On their hands they will bear you up, so that you will not dash your foot against a stone.'" Jesus said to him, "Again it is written, 'Do not put the Lord your God to the test.'" Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendor; and he said to him, "All these I will give you, if you will fall down and worship me." Jesus said to him, "Away with you, Satan! for it is written, 'Worship the Lord your God, and serve only him.'" Then the devil left him, and suddenly angels came and waited on him.

The Gospel of the Lord
People **Praise to you, Lord Christ.**

 THE SERMON (seated)

Jan C. Heller



THE NICENE CREED (standing as able)

Presiding Priest and People

We believe in one God,

the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,

the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:

by the power of the Holy Spirit

he became incarnate from the Virgin Mary,
and was made man.

For our sake he was crucified under Pontius Pilate;

he suffered death and was buried.

On the third day he rose again

in accordance with the Scriptures;

he ascended into heaven

and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,

who proceeds from the Father and the Son.

With the Father and the Son he is worshiped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,

and the life of the world to come. Amen.

The Prayers of the People and Confession of Sin are omitted when The Great Litany is sung or said prior to Eucharist.



THE PEACE

Presiding Priest The peace of the Lord be always with you.

People And also with you.

THE HOLY COMMUNION

An offering of money is collected.



HYMN (seated - sung by all)

Now let us all with one accord

HYMNAL 147



PRESENTATION ANTHEM (standing as able)

Presiding Priest All things come from you, O Lord,
People and of your own have we given you.

The people remain standing as able.

The Presiding Priest faces them and says

Eucharistic Prayer C (BCP p. 369)

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give him thanks and praise.

In this prayer, the lines in italics are spoken by the People.

Then, facing the Holy Table, the Presiding Priest proceeds

God of all power, Ruler of the Universe, you are worthy of glory and praise.

Glory to you for ever and ever.

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

By his blood, he reconciled us. By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

HOLY, HOLY

Plainsong, Mass 18; adapt. Mason Martens

Ho - ly, ho - ly, ho - ly Lord, God of
 power and might, hea - ven and earth are full of your glo - ry.
 Ho - san - na in the high - est. Bless - ed is he who comes
 in the name of the Lord. Ho - san - na in the high - est.

The Presiding Priest continues

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

At the following words concerning the bread, the Celebrant is to hold it, or lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, “Take, eat: This is my Body, which is given for you. Do this for the remembrance of me.”

After supper, he took the cup of wine, gave thanks, and said, “Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,
We celebrate his death and resurrection, as we await the day of his coming.

Lord God of our Fathers and Mothers; God of Abraham and Sarah, Isaac, and Rebecca, Jacob, Leah and Rachel; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. ***AMEN.***

The Deacon or Presiding Priest continues

And now, as our Savior Christ has taught us, we are bold to say,

THE LORD'S PRAYER (Traditional)

Our Father, who art in heaven, hallowed be thy Name,
thy kingdom come, thy will be done, on earth as it is in heaven.

Give us this day our daily bread,
and forgive us our trespasses, as we forgive those who trespass against us.
And lead us not into temptation, but deliver us from evil.

For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

ACCLAMATION AFTER THE BREAKING OF THE BREAD

Sung responsively.

Anaphora chant; Mass 18; adapt. Mason Martens

V. Lamb of God, you take a - way the sins of the world:
R. have mer - cy on us. V. Lamb of God, you take a - way the
sins of the world: R. have mer - cy on us. V. Lamb of God,
you take a - way the sins of the world: R. grant us peace.

THE INVITATION TO COMMUNION

The Presiding Priest says

The gifts of God for the People of God.

 COMMUNION OF THE PEOPLE

This is the Lord's table around which we gather.

All baptized Christians are encouraged to come forward and receive the Body and Blood of Christ in the bread and wine of the Eucharist. If you do not wish to receive Holy Communion but would like to receive a blessing, please come forward and cross your arms across your heart.

ORGAN VOLUNTARY

HYMN (sung by all)

Lord, speak to me, that I may speak

1 Lord, speak to me, that I may speak in
 2 O lead me, Lord, that I may lead the
 3 O teach me, Lord, that I may teach the

liv - ing ech - oes of thy tone; as thou has sought, so
 wand - ering and the wav - ering feet; O feed me, Lord, that
 pre - cious things thou dost im - part; and wing my words, that

let me seek thy err - ing child - ren lost and lone.
 I may feed thy hun - gry ones with man - na sweet.
 they may reach the hid - den depths of many a heart.

Words: Frances R. Havergal (1836-1879).

Music: Canonbury, adapt. Robert A. Schumann (1810-1856), from *Nachtstücke*, 1839; arr. from *Hymnal with Tunes, Old and New*, 1872.



THE POST-COMMUNION PRAYER (standing as able)

Presiding Priest and People

Almighty and ever living God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

THE BLESSING

The Presiding Priest prays the following prayer

Grant, Almighty God, that your people may recognize their weakness and put their whole trust in your strength, so that they may rejoice for ever in the protection of your loving providence; through Christ our Lord. **Amen.**

 WELCOME, BIRTHDAYS, ANNIVERSARIES & ANNOUNCEMENTS (seated)

 HYMN (standing as able)

A mighty fortress is our God

HYMNAL 688

DISMISSAL

The Deacon or Presiding Priest dismisses the people with these words

Let us go forth in the name of Christ.

People **Thanks be to God.**

PROCESSION

Bells

MINISTERS OF THE LITURGY

Presiding Priest & Preacher	The Rev. Dr. Jan C. Heller
Deacon	The Rev. Dan Fowler
Organist & Choirmaster	Paul Roy
Song Leaders	The Parish Choir
Acolytes	PJ Miller, Charlotte Miller, Chuck Kirchner
Eucharistic Ministers	Donna Brookfield, Chuck Kirchner
Lectors	Elizabeth Posner, Heidi O'Brien
Prayers of the People	Heidi O'Brien
Ushers	John Baker with John, Audrey and David Baker
Greeters	Kathleen & Stephen Jennings, Kate Godman
Welcome Table	Kathleen & Stephen Jennings
Altar Guild Team	Honora Dunkak, Ellie & David de la Vergne, Kirsten Kramer, Genevieve Kramer, Prinnie Falkenhagen, Mary Neuer, Judy Tingley
Bread Baker	Laura Carroll
Coffee Hour	Lynn Whipple, Lee-ann & Steve Holland, Catherine Pierce, Kate Godman & Jerry Collum, Mo Godman & Dick Eversole

This Week @ St. Barnabas

Sunday, March 5

8am | Holy Eucharist {Rite I} | Sanctuary
9am | Coffee Hour | Parlor
9:15am | Choir Rehearsal | Sanctuary
10am | Holy Eucharist {Rite II} | Sanctuary
11:15am | Coffee Hour | TH
Noon | Acolyte Training | Sanctuary

Monday, March 6

9am-noon | Church Office Open
9:30am | Little Sisters of St. Clare | RWV
11am | Reunion Group | Rector's Office
1pm-4pm | Library Coordinator Hours | Library
5pm | ANNOUNCEMENTS for the weekly service
leaflets are due to the office
7:30pm | Al Anon | RWV

Tuesday, March 7

9am-noon | Church Office Open
9am | Centering Prayer | Sanctuary
6pm | Amabile Rehearsal | TH

Wednesday, March 8

7am | BI Kiwanis Breakfast | TH
7:15am | Meditation Group | Sanctuary
9am-noon | Church Office Open
10am | The Elijah Project Committee | Library
1:30pm | Devotions | Madrona House
2:45pm | Devotions | Island Rehab
6pm | Lenten Educational Series | TH
6pm | Buddhist Priory | RWV
7pm | AA Women's Group | Library
7:30pm | Choir Rehearsal | Choir Room

Thursday, March 9

9am-noon | Church Office Open
9:15am | Healing Eucharist | Sanctuary
1:30pm | Devotions | Wyatt House
3pm | Devotions | Madison House
7:30pm | AA | RWV

Friday, March 10

9am-noon | Church Office Open
3:30pm | Girl Scout Troop #42694 | RWV

Saturday, March 11

8am | Buddhist Priory | RWV
9am | Altar Guild | Sanctuary

Sunday, March 12

Daylight Savings Time Begins – Spring Forward!

8am | Holy Eucharist {Rite I} | Sanctuary
9am | Coffee Hour | Parlor
9:15am | Choir Rehearsal | Sanctuary
10am | Holy Eucharist {Rite II} | Sanctuary
11:15am | Coffee Hour | TH
3:30pm | Schola Nova Rehearsal | Sanctuary
6pm | Office of Vespers | Sanctuary

RWV | Room with a View TH | Tierney Hall

WELCOME TO ST. BARNABAS CHURCH

We are delighted you have chosen to worship with us today. At St. Barnabas, we believe that everyone who enters these doors is God's guest. If you are visiting just for today, we thank you for celebrating with us and may God be with you as you travel. If you are searching for a new church community, we hope that you will introduce yourself to one of our parish clergy. We invite you to complete one of the yellow welcome cards in the pew rack and put it in the offering plate or hand it to an usher or clergy member.

LARGE-PRINT PRAYER BOOKS (BCP) & DIGITAL RECEIVERS FOR AUDIO AMPLIFICATION are available during services for those requiring hearing assistance – just ask an Usher.

GLUTEN FREE EUCHARISTIC HOSTS are available for those who need them. Please alert the usher to your need.

Parish Picture Board Update

Our goal for 2017 is to have every church member's photo displayed on our Parish Picture Board (which is on the stairs leading down to Tierney Hall). Sue Hylen is the photographer who handles this project for us, with our thanks. This photo board is so helpful for new parishioners (and staff members!) to get to know who is who.

Sue has been taking photos of folks on the first Sunday of the month, but that has not really been working. **So she suggests two options:**

- If you would like Sue to take your picture, **email or call her to set up a date to have your photo/family photo taken. This is very informal process that usually takes less than 5 minutes** OR
- **Send Sue a favorite photo.** If this is your preference, call or email her so that she can share size and format specifics.
Contact Sue Hylen at 206/842-3566 or shylen@mac.com.

NAME TAGS Name tag sign-up sheets will be on the Welcome Table the **FOURTH SUNDAY** of each month. If you would like a name tag, please let us know. Name tags should be ready to be picked up the next SUNDAY.

When you have your name tag on, newcomers find it easier to both approach and remember you, and all the other friendly St. B people they have just met.

SUNDAY SCHOOL FOR AGES 4-11

St. Barnabas offers Sunday School for children ages 4-11 in the Room with a View (opposite the Gowen Library). Michael Killigrew and Becky Miller will be leading the Sunday School program this year. They are excited to be implementing a new curriculum that incorporates aspects of the Godly Play lessons along with new material that will enhance the children's learning experience and help prepare them for joining in the worship and life of the congregation. Each class session will begin at 9:45 with singing in the Room with a View and then the children will gather together to hear one of "God's stories." The children respond to the stories they have heard through an activity, art media or any of the story materials in the room. The class re-gathers to pray together and celebrate a feast, which provides indirect teaching about communion. The children then say the Lord's Prayer, and are sent out with a blessing. Contact Michael Killigrew | mkilligrew@gmail.com

NURSERY AVAILABLE St. Barnabas has a fully furnished nursery (located just beyond the Room with a View) that is available to any family who would like to use it. It is not currently staffed but can be if there is demand for this service. For those interested, please contact the church office.

WELCOME TABLE Don't forget to visit the Welcome Table at Coffee Hour. Everyone is urged to stop by regularly to check on sign-ups for parish events, to volunteer for programs, to learn more about our ministries, to purchase tickets to events, and to meet and talk with parishioners of every age and stage. Guests and newcomers are especially encouraged to visit the Welcome Table.

COFFEE & COMMUNITY Please join us for body and soul food! Coffee hour after the 8am service is in the Parlor just across the courtyard from the church. Coffee Hour after the 10am

service is downstairs in Tierney Hall. A sign-up sheet is posted for the 8am coffee hour. This is a chance to meet other parishioners informally and enjoy the hospitality of St. Barnabas.

PLEASE SECURE YOUR VALUABLES

Please don't forget to lock your car and secure your valuables while you are at church.

NO DOGS IN PLAYGROUND

If you do bring your dog to the church grounds, please keep them out of the playground area. Thanks for your help with this!

PLEASE DON'T PARK IN FIRE LANE

Just a friendly reminder to use the fire lane in front of the Sanctuary/church office area only for drop-offs and pick-ups. Please do not park here. Thanks for your help with this!

CHURCH OFFICE

NEW CHURCH OFFICE HOURS

Monday through Friday, 9am-noon

Please stop by and introduce yourself to our newest parish employee, Henry Lant. Henry is at the reception desk from 9am-noon on Monday through Friday. He will be coordinating the central calendar for the church, the facilities rentals and helping coordinate buildings & grounds projects. So please contact Henry to arrange room rentals or to share information about needed work on the buildings or grounds. Henry can be reached at 206/842-5601 or hlant@stbbi.org.

Senior Warden Virginia Walker is available by appointment weekdays from 11am-noon. Please call Henry Lant in the office at 206/842-5601 to schedule.

ANNOUNCEMENTS for inclusion in the weekly service leaflets are due by 5pm on **MONDAYS**. Contact Kathy Irvin | kathy@stbbi.org

WORSHIP

MISSED A SERMON OR WANT TO HEAR IT AGAIN? SHARE IT WITH A FRIEND?

Listen to podcasts of sermons and music available on our church website | www.stbbi.org

ACOLYTE TRAINING TODAY

For those interested, there will be an acolyte training after the 10am worship service today, Sunday, March 5. For more information, contact **Interim Priest, Jan C. Heller** at jan.c.heller@gmail.com.

THE WOMEN'S SCHOLA NOVA

CHOIR of Bainbridge Island sings the Office of Vespers at St. Barnabas on Sunday, March 12 at 6pm. Come hear traditional plainsong, anthems, psalms and chants – and let the grace of sung prayer refresh you for the week to come. Contact **Anne Pell** | apell@bainbridge.net

SAVE THE DATE - LENTEN EVENSONG Sunday, March 19, 5pm

Please join us for this very special Lenten service. Evensong is a service comprised of hymns, readings, chants, canticles and anthems. It offers us the opportunity to gather and spend time in prayer, while listening and participating in music that is especially selected to bring us into deeper understanding of the mysteries of our faith. **This service, officiated by Jan C. Heller, will feature the Parish Choir of St. Barnabas with guest singers, guest organist Woody Bernas and organist and choirmaster Paul Roy.** For more information, contact Paul Roy, proy@stbbi.org.

MUSICAL OPPORTUNITIES AT ST.

BARNABAS Do you sing or play an instrument? There are musical opportunities awaiting you here at St. Barnabas! Contact **Paul Roy** | proy@stbbi.org

CHRISTIAN FORMATION

LENTEN EDUCATIONAL PROGRAM

**Wednesdays, March 8-April 5,
6pm-8:30pm**

During Lent, please join us as we gather on five Wednesday evenings, beginning on March 8. Each Wednesday, we will gather in Tierney Hall for a simple dinner at 6pm, Evening Prayer at 6:45pm, and a discussion at 7:30pm of **The Last Week: A Day-by-Day Account of Jesus's Final Week in Jerusalem**, by Marcus J. Borg and John Dominic Crossan. We will conclude by 8:30pm.

Please come to any or all parts of the program as your schedule permits. **Please sign up during the Sunday coffee hours from now through April 2. On the sign-up sheets, please indicate which dates you will attend** (important to ensure proper food quantity). Each week, a vegetarian soup and gluten free bread will be available.

There are several ways to obtain a copy of the featured book, ***The Last Week***. For those of you who requested it, copies of the book are available for pick-up in the church office. You may pick up your copy during office hours (9-noon Monday-Friday) or see Jan after services on Thursday or Sunday. The total cost, with tax,



is **\$9.69**. Please make your check payable to **St. Barnabas Episcopal Church**. There are also two copies of the book available for checkout in the church library. They

are located to the left as you walk in the door with the Adult Education and Book Club books. Additionally, copies of the book are available online for about \$10. Our readings will be as follows:

- March 8 – Preface and Chapter One: Palm Sunday
- March 15 – Chapter Two: Monday and Chapter Three: Tuesday
- March 22 – Chapter Four: Wednesday and Chapter Five: Thursday
- March 29 – Chapter Six: Friday and Chapter Seven: Saturday
- April 5 – Chapter Eight: Easter Sunday

Thank you in advance for your support. For more information, contact **Interim Priest, Jan C. Heller** at jan.c.heller@gmail.com or **Sylvia Dunning** at samdunning@mac.com.

FELLOWSHIP

NEWCOMER'S LUNCHEON IN MARCH Sunday, March 19 | 12:30pm | Powel Residence

If you are a newcomer to St. Barnabas and would like to learn more about our church and community, please consider joining us for a Newcomer's Luncheon on Sunday, March 19 at a parishioner's home. This event gives you an opportunity to meet some of the vestry (our lay leadership team), have any questions answered and to get to know more about us in a relaxed

setting. Sign up at the Welcome Table after the 10am service or contact our Parish Administrator Kathy Irvin at 206-842-5601 or kathy@stbbi.org.

OUTREACH/CHRISTIAN ACTION

EASTER DRY GOODS COLLECTION

The Outreach Committee is seeking the congregation's participation in the **Easter Dry Goods collection** for the Chaplains on the Harbor ministry. The Rev. Sarah Monroe has indicated the following list of non-perishable goods would be helpful in the ministry to help homeless and jobless folks in the Aberdeen and Westport areas. Most of the folks this ministry is assisting are under 30 years of age.

A box will be in the parlor for you to place your items beginning the first Sunday in March and will run for three Sundays. The congregation can also bring items on the list during the day when the office is open (9am-noon Monday-Friday). Thank you in advance for your assistance for the Chaplains on the Harbor ministries.

List of items most needed:

- Hot Chocolate
- Rice
- Dried potatoes
- Coffee/Instant or regular
- Toilet paper
- Snack items
- Cold Cereal
- Oat Meal
- Tea
- Sugar
- Dried Fruit
- Canned milk
- Creamer
- Canned vegetables or fruit

If you have questions regarding Chaplains on the Harbor Ministry, **please call Steve Schmitz at 206-842-3375 or Bill Galvani at 206-855-8074.**

If you would like to know more about the Chaplains on the Harbor Ministry go to www.chaplainsontheharbor.com

ST. BARNABAS PRAYER CHAIN is a group of people devoted and committed to prayer, especially prayer for others. **The Prayer Chain will pray for anyone who requests prayer or whose name is submitted by someone else for prayers.** All the members honor confidentiality and do not discuss those for whom they pray. It is not necessary to have a lot of detail or even a name to pray for someone or a situation. Unless instructed otherwise, the chain usually prays for a person or situation for about two weeks. **To contact the chain or if this ministry is something you would like to be part of, contact Drucy Burnet Hodge (drucy15@msn.com or 206/780-2904), Lee-ann Holland (hollandx263@me.com or 206/842-3204), or Kathy Irvin, Parish Administrator (kathy@stbbi.org or 206/842-5601).**

BODY, MIND & SPIRIT

2017 LENTEN WISDOM DAY LED BY GEORGE COLE, GURDJIEFF STUDENT Sat. March 18, 9:30am-3:30pm, Tierney Hall
The 2017 Lenten Wisdom Day will be led by **George Cole, a student of G.I. Gurdjieff, who will introduce the group to the Law of Three.** Cole belongs to a work group on Bainbridge Island that is centered on Gurdjieff teachings. For more information, see complete description and registration form in the church parlor. **Registration is open for St. Barnabas parishioners and opened to the public on February 22. For more information, contact Patricia Robertson at revprome@hotmail.com.**

CONTEMPLATIVE BOOK STUDY READS NEW BOURGEOULT BOOK

Tuesdays March 14 and April 4 at 9:45am
Join us for a discussion of Cynthia Bourgeault's latest book: *The Heart of Centering Prayer*. Centering Prayer is the path to a wonderful and radical new way of seeing the world. It is not, as is sometimes thought, simply an act of devotional piety, nor is it simply a Christianized form of other meditation methods. Cynthia Bourgeault cuts through the misconceptions to show that Centering Prayer is in fact a pioneering development within the Christian contemplative

tradition. This is good book for preparing for deepening your Lenten practice.

The group meets monthly on Tuesdays at 9:45am in the library immediately following the 9am Centering Prayer gathering in the sanctuary.

March 14 – Part Two: The Way of the Heart

April 4 – Part Three: The Cloud of Unknowing

The book is available online or your local bookstore can order it for you. One copy will be available through the St. Barnabas Library.

Contact Rev. Patricia Rome Robertson, Assisting Priest for Contemplative Ministries | revprome@hotmail.com

CENTERING PRAYER

Tuesdays | 9am | Sanctuary

Centering Prayer is based on an ancient form of Christian Meditation that was developed during the 20th Century. The simple process of consent and letting go invites us into a deeper place where the life of God can transform us to be the loving people of Christ in the world. Anyone, whether new or experienced, is welcome to join us for silence, chanting and 20 minutes of prayer.

Contact Rev. Patricia Rome Robertson, Assisting Priest for Contemplative Ministries | revprome@hotmail.com

CHRISTIAN HEALING THROUGH REIKI

St. Barnabas offers Christian Healing through Reiki on a regular basis. We have a team of six trained ministers available to offer healing sessions to Parish members and others in our community. Sessions last about 40 minutes, and are a quiet time with gentle music. Reiki promotes healing and wellness of body and mind, and is a consistent and gentle means for relieving stress and tension in the mind-body complex that accumulate in day-to-day activities. If you have questions or would like to schedule a session: **Ric Cederwall | 206-855-0900 | ric@stanfordalumni.org or Sr Mary Louise Sulonen | 360-626-3264 | sipsulonen@comcast.net**

DIOCESAN EVENTS

DIOCESAN LITURGICAL WORKSHOP

Words, Words, Words

**Emmanuel, Mercer Island | March 18,
9:30am-12:00pm | \$10 Registration**

The Diocesan Commission on Liturgy and the Arts presents a Diocesan-wide, half-day workshop and training event called, “Words, Words, Words.” Participants will choose from one of three, two hour workshops:

- Lectors (public reading of the lectionary within the liturgy)
- Intercessors (crafting Prayers of the People)
- Preaching (especially designed for lay preachers)

The workshops will include instruction, as well as practicum, giving participants a chance to hone existing skills and learn new ones. To register, go to <http://ecww.org/diocesan-events>.

CELEBRATING LIFE IN THE RESURRECTION WORKSHOP

*A Workshop on Planning the Celebration of
Your Life through Faith, Hope and Love!*

**Bloedel Hall, Saint Mark’s Cathedral
Saturday March 25, 9am-2:30pm**

Join Bishop Rickel, Dean Steve Thomason, Rev. Marshall and other clergy for pastoral perspectives and practical advice on funerals and memorials. Time for Q&A at round table discussions. All participants receive the Diocese’s **Life Planning Manual**. Cost: \$20.

Sign up on-line:

www.celebratinglifeintheresurrection.eventbrite.com

REGISTRATION NOW OPEN FOR CAMP HUSTON IN GOLDBAR

Camp Huston, the Diocese of Olympia’s summer camp, has just announced their summer camp schedule! **Situated on 70 beautiful acres in the foothills of the Cascade mountains, campers spend the session in age-based “discovery groups,” learning more about nature, more about God, and more about themselves.** Activities include hiking, swimming, team-building, worship, camping in tents, and lots of games and songs! **Register before March 15 to receive the early bird discount of \$45**

per camper. For more information and to register, go to <http://ecww.org/diocesan-events>.

COMMUNITY EVENTS

“UNITED WE SING” SHOW

Saturday, March 11 at 6:30pm

Bethany Lutheran Church on Bainbridge Island is hosting “United We Sing,” a variety show to benefit refugee resettlement. The dinner-theater show will include light refreshments, beverages and entertainment. Tickets are \$35 and can be purchased at Bethany Lutheran Church at 7968 Finch Road NE or by calling 206/842-4241.

FUN & GAMES

TRY SOMETHING NEW: LENT MADNESS

Instead of focusing on basketball this March, how about focusing on Lent Madness? You can fill out a bracket with your favorite saints, instead of your favorite basketball teams! The format is straightforward: 32 saints are placed into a tournament-like single elimination bracket. Each pairing remains open for a set period and people vote for their favorite saints. Sixteen saints make it to the Round of the Saintly Sixteen; eight advance to the Round of the Elate Eight; four make it to the Faithful Four; two to the Championship; and the winner is awarded the coveted Golden Halo. For more information, visit www.lentmadness.org.

Lenten Evensong

Sunday, March 19, 2017 | 5:00pm

The Reverend Dr. Jan C. Heller | Officiant

The Parish Choir of St. Barnabas with guest singers

Paul Roy | Organist & Choirmaster

Woody Bernas | Guest Organist

Saint Barnabas Episcopal Church

1187 Wyatt Way NW

Bainbridge Island, Washington 98110



Saint Barnabas Episcopal Church
1187 Wyatt Way NW | Bainbridge Island | WA | 98110

Phone 206-842-5601 | Fax 206-842-5876
info@stbbi.org | www.stbbi.org

Presiding Bishop & Primate | The Most Reverend Michael B. Curry
Bishop of Olympia | The Right Reverend Gregory H. Rickel
Interim Priest | The Reverend Dr. Jan C. Heller
Assisting Priests | The Reverend Dr. Judith M. McDaniel and
The Reverend Nancy Tiederman
Assisting Priest for Contemplative Ministries | The Reverend Patricia Rome Robertson
Deacon | The Reverend Dan Fowler
Director of Music | Paul Roy

Parish Administrator | Kathy Irvin
Receptionist/Building Coordinator | Henry Lant
Bookkeeper | Julie Houck
Kitchen Managers | Caroline Cox and Jamie Vilella
Wedding Coordinator | Connie Albrecht
Sexton | Les Heinrich
Housekeeper | Maria Perez

Senior Warden | Virginia Walker
Junior Warden | Stu Case
Vestry Members | Bethany Anderson, Kathy Anderson, John Baker,
Roger Clairmont, Sylvia Dunning, Ed Ellis, Hootie Warren
Clerk of the Vestry | Mark Morris
Treasurer | Mike Killion Treasurer Emerita | Carol Milton

Convention Delegates | Linda & Randy Krause,
Karen & Tom Beierle, Kathy & Michael Lacey
At-Large Delegates | Joan Collins, George Robertson

Day School Director | Carrie Corns
Teachers | Kristi Barr, Candace Beck, Sandy Dreiling,
Mary Feeney, Karen Kolthoff, Elsa Trail