

THE SECOND SUNDAY OF ADVENT  
HOLY EUCHARIST

December 10, 2017  
8:00 A.M.

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**Saint Barnabas Episcopal Church...reaching out through worship, prayer, and action  
to bring the reconciling peace of Christ to one another and this world.**

*We invite you to join as an active participant in the worship of God. This service is based on the Order for the Holy Eucharist: Rite One in the Book of Common Prayer (BCP). For ease of use, this leaflet contains the congregational portions of the liturgy and service music. HYMNAL refers to the blue book: The Hymnal 1982.*

ORGAN VOLUNTARY

*Nazard*

Jean Langlais

*"Now John was clothed with camel's hair, with a leather belt around his waist, and he ate locusts and wild honey." – Mark 1:6*



*All stand as able at the sound of the tower bell.*

HYMN (sung by all)

*Hark! a thrilling voice is sounding*

HYMNAL 59

THE OPENING ACCLAMATION

(BCP p.323)

*Presiding Priest* Blessed be God: Father, Son, and Holy Spirit.

***People* And blessed be God's kingdom, now and for ever. Amen.**

COLLECT FOR PURITY

*Presiding Priest and People*

**Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. Amen.**

*Presiding Priest*

Hear what our Lord Jesus Christ saith: Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. This is the first and great commandment. And the second is like unto it: Thou shalt love thy neighbor as thyself. On these two commandments hang all the Law and the Prophets.

GLORY BE TO GOD

*Presiding Priest and People*

**Glory be to God on high, and on earth peace, good will towards men. We praise thee, we bless thee, we worship thee, we glorify thee, we give thanks to thee for thy great glory, O Lord God, heavenly King, God the Father Almighty. O Lord, the only-begotten Son, Jesus Christ; O Lord God, Lamb of God, Son of the Father, that takest away the sins of the world, have mercy upon us. Thou that takest away the sins of the world, receive our prayer. Thou that sittest at the right hand of God the Father, have mercy upon us. For thou only art holy; thou only art the Lord; thou only, O Christ, with the Holy Ghost, art most high in the glory of God the Father. Amen.**

THE COLLECT OF THE DAY

*Presiding Priest* The Lord be with you.

***People* And with thy spirit.**

*Presiding Priest* Let us pray.

Merciful God, who sent thy messengers the prophets to preach repentance and prepare the way for our salvation: Give us grace to heed their warnings and forsake our sins, that we may greet with joy the coming of Jesus Christ our Redeemer; who liveth and reigneth with thee and the Holy Spirit, one God, now and for ever. **Amen.**

## **THE WORD OF GOD**

**℟** THE FIRST READING (seated)

Isaiah 40:1-11

*READER: A Reading from the Book of Isaiah*

“Comfort, O comfort my people,” says your God. “Speak tenderly to Jerusalem, and cry to her that she has served her term, that her penalty is paid, that she has received from the Lord’s hand double for all her sins.” A voice cries out: “In the wilderness prepare the way of the Lord, make straight in the desert a highway for our God. Every valley shall be lifted up, and every mountain and hill be made low; the uneven ground shall become level, and the rough places a plain. Then the glory of the Lord shall be revealed, and all people shall see it together, for the mouth of the Lord has spoken.” A voice says, “Cry out!” And I said, “What shall I cry?” All people are grass, their constancy is like the flower of the field. The grass withers, the flower fades, when the breath of the Lord blows upon it; surely the people are grass. The grass withers, the flower fades; but the word of our God will stand forever. Get you up to a high mountain, O Zion, herald of good tidings; lift up your voice with strength, O Jerusalem, herald of good tidings, lift it up, do not fear; say to the cities of Judah, “Here is your God!” See, the Lord God comes with might, and his arm rules for him; his reward is with him, and his recompense before him. He will feed his flock like a shepherd; he will gather the lambs in his arms, and carry them in his bosom, and gently lead the mother sheep.

*Reader* Hear what the Spirit is saying to God’s people.

***People* Thanks be to God.**

*Silence is marked by the ringing of a bell.*

THE RESPONSE (remain seated - read responsively)

Psalms 85:1-2, 8-13

1 You have been gracious to your land, O Lord, \*  
**you have restored the good fortune of Jacob.**

2 You have forgiven the iniquity of your people \*  
**and blotted out all their sins.**

8 I will listen to what the Lord God is saying, \*  
**for he is speaking peace to his faithful people and to those who turn their hearts to him.**

9 Truly, his salvation is very near to those who fear him, \*  
**that his glory may dwell in our land.**

10 Mercy and truth have met together; \*  
**righteousness and peace have kissed each other.**

11 Truth shall spring up from the earth, \*  
**and righteousness shall look down from heaven.**

12 The Lord will indeed grant prosperity, \*  
**and our land will yield its increase.**

13 Righteousness shall go before him, \*  
**and peace shall be a pathway for his feet.**

*READER: A Reading from the Second Letter of Peter*

Do not ignore this one fact, beloved, that with the Lord one day is like a thousand years, and a thousand years are like one day. The Lord is not slow about his promise, as some think of slowness, but is patient with you, not wanting any to perish, but all to come to repentance. But the day of the Lord will come like a thief, and then the heavens will pass away with a loud noise, and the elements will be dissolved with fire, and the earth and everything that is done on it will be disclosed. Since all these things are to be dissolved in this way, what sort of persons ought you to be in leading lives of holiness and godliness, waiting for and hastening the coming of the day of God, because of which the heavens will be set ablaze and dissolved, and the elements will melt with fire? But, in accordance with his promise, we wait for new heavens and a new earth, where righteousness is at home. Therefore, beloved, while you are waiting for these things, strive to be found by him at peace, without spot or blemish, and regard the patience of our Lord as salvation.

*Reader* Hear what the Spirit is saying to God's people.

**People** Thanks be to God.

*Silence is marked by the ringing of a bell.*

 THE HOLY GOSPEL (standing as able)

Mark 1:1-8

*The Priest reads the Gospel, first saying*

The Holy Gospel of our Lord Jesus Christ according to Mark.

**People** Glory be to thee, O Lord.

The beginning of the good news of Jesus Christ, the Son of God. As it is written in the prophet Isaiah, "See, I am sending my messenger ahead of you, who will prepare your way; the voice of one crying out in the wilderness: 'Prepare the way of the Lord, make his paths straight,' " John the baptizer appeared in the wilderness, proclaiming a baptism of repentance for the forgiveness of sins. And people from the whole Judean countryside and all the people of Jerusalem were going out to him, and were baptized by him in the river Jordan, confessing their sins. Now John was clothed with camel's hair, with a leather belt around his waist, and he ate locusts and wild honey. He proclaimed, "The one who is more powerful than I is coming after me; I am not worthy to stoop down and untie the thong of his sandals. I have baptized you with water; but he will baptize you with the Holy Spirit."

The Gospel of the Lord

**People** Praise be to thee, O Christ.

 THE SERMON (seated)

Karen Haig

*Silence is marked by the ringing of a bell.*

 THE NICENE CREED (standing as able)

(BCP p. 326)

*Presiding Priest and People*

**We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We**

**acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.**

## THE PRAYERS OF THE PEOPLE

*The Lay Reader says*

Let us pray for the whole state of Christ's Church and the world.

*After each paragraph of this prayer, the People may make an appropriate response, as directed.*

Almighty and everliving God, who in thy holy Word hast taught us to make prayers, and supplications, and to give thanks for all people: in our Anglican Cycle of Prayer, we pray for the Diocese of Western North Carolina, The Rt Revd Porter Taylor, Bishop. In our Diocesan Cycle of Prayer, we pray for St. Paul in Bellingham and Christ Church in Blaine. Receive our prayers which we offer unto thy divine Majesty beseeching thee to inspire continually the Universal Church with the spirit of truth, unity, and concord and grant that those who do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love.

***Lord, hear our prayer.***

Give grace, O heavenly Father, to all bishops and other ministers, especially to Michael, our Presiding Bishop; Gregory, our Bishop; Karen, our Rector; Dan, our Deacon; and Nancy, Judith and Patricia, our Assisting Priests, that they may, both by their life and doctrine, set forth thy true and lively Word, and rightly and duly administer thy holy Sacraments.

***Lord, hear our prayer.***

And to all thy people give thy heavenly grace, and especially to this congregation here present; that, with meek heart and due reverence, they may hear and receive thy holy Word, truly serving thee in holiness and righteousness all the days of their life.

***Lord, hear our prayer.***

We beseech thee also so to rule the hearts of those who bear the authority of government in this and every land, especially Donald our President, Jay our Governor, and all elected and appointed officials that they may be led to wise decisions and right actions for the welfare and peace of the world.

***Lord, hear our prayer.***

Guard and protect all those who serve in harm's way, both in lands far away and here at home, returning them to safe reunion with their families and all who love them.

***Lord, hear our prayer.***

Bestow upon us the gift of gracious hospitality, welcoming into fellowship our sisters and brothers in Christ who are visiting, remembering that in welcoming strangers we may be welcoming angels unaware.

***Lord, hear our prayer.***

Open, O Lord, the eyes of all people to behold thy gracious hand in all thy works, that, rejoicing in thy whole creation, they may honor thee with their substance, and be faithful stewards of thy bounty.

***Lord, hear our prayer.***

And we most humbly beseech thee, of thy goodness, O Lord, to comfort and succor, [especially...] and all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity.

***Lord, hear our prayer.***

I invite your petitions and thanksgivings aloud or in your hearts...[pause], let us pray.

***Lord, hear our prayer.***

And we also bless thy holy Name for all thy servants departed this life in thy faith and fear [especially ...], beseeching thee to grant them continual growth in thy love and service; and to grant us grace so to follow the good examples of Barnabas and of all thy saints, that with them we may be partakers of thy heavenly kingdom.  
**Lord, hear our prayer.**

Grant these our prayers, O Father, for Jesus Christ's sake, our only Mediator and Advocate. **Amen.**



CONFESSON OF SIN (kneeling as able)

Let us humbly confess our sins unto Almighty God.

*Silence may be kept.*

*Presiding Priest and People*

**Almighty God, Father of our Lord Jesus Christ, maker of all things, judge of all men: We acknowledge and bewail our manifold sins and wickedness, which we from time to time most grievously have committed, by thought, word, and deed, against thy divine Majesty, provoking most justly thy wrath and indignation against us. We do earnestly repent, and are heartily sorry for these our misdoings; the remembrance of them is grievous unto us, the burden of them is intolerable. Have mercy upon us, have mercy upon us, most merciful Father; for thy Son our Lord Jesus Christ's sake, forgive us all that is past; and grant that we may ever hereafter serve and please thee in newness of life, to the honor and glory of thy Name; through Jesus Christ our Lord. Amen.**

*The Presiding Priest says*

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all those who with hearty repentance and true faith turn unto him, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**



THE PEACE (standing as able)

*Presiding Priest* The peace of the Lord be always with you.

**People** *And also with you.*

## **THE HOLY COMMUNION**



*At the offertory sentence, an offering of money is collected.*



*At the conclusion of the organ voluntary, please rise as able as the bread and wine and money we offer to God for our nourishment and the life of the world are brought forward and presented at the altar.*

*Presiding Priest* All things come of thee, O Lord,

**People** **And of thine own have we given thee.**

## THE GREAT THANKSGIVING

(BCP p. 333)

*The people remain standing.*

The Lord be with you.

**People** **And with thy spirit.**

*Presiding Priest* Lift up your hearts.

**People** **We lift them up unto the Lord.**

*Presiding Priest* Let us give thanks unto our Lord God.

**People** **It is meet and right so to do.**

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God.

*Here a Proper Preface is sung or said on all Sundays, and on other occasions as appointed.*

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

*Presiding Priest and People*

**Holy, holy, holy, Lord God of Hosts:  
Heaven and earth are full of thy glory.  
Glory be to thee, O Lord Most High.  
Blessed is he that cometh in the name of the Lord.  
Hosanna in the highest.**

 or  *The people kneel or stand.*

*Then the Presiding Priest gives thanks for God's work in creation and for the salvation of the world through Christ, and prays over the bread and wine.*

All glory be to thee, Almighty God, our heavenly Father...

...By whom, and with whom, in the unity of the Holy Ghost, all honor and glory be unto thee, O Father Almighty, world without end. **AMEN.**

And now, as our Savior Christ hath taught us, we are bold to say,

*People and Presiding Priest*

**Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

#### THE BREAKING OF THE BREAD

*The Presiding Priest breaks the consecrated Bread. A period of silence is kept.*

*Then may be sung or said*

Alleluia! Christ our Passover is sacrificed for us;  
**Therefore let us keep the feast. Alleluia!**

*The following prayer may be said. The People may join in saying this prayer*

**We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.**

*Facing the people, the Presiding Priest may say the following Invitation*

The Gifts of God for the People of God.

*and may add* Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

*This is the Lord's table around which we gather. All are invited to come forward and receive the Body and Blood of Christ in the bread and wine of the Eucharist. If you do not wish to receive Holy Communion but would like to receive a blessing, please come forward and cross your arms across your heart.*



THE POST-COMMUNION PRAYER (kneeling or standing as able)

(BCP p. 339)

*Presiding Priest and People*

**Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.**

THE BLESSING

The peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God and of God's son, our savior Jesus Christ. And the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you, and remain with you always. **Amen.**



WELCOME, BIRTHDAYS, ANNIVERSARIES & ANNOUNCEMENTS (seated)



HYMN (sung by all)

*Prepare the way, O Zion*

HYMNAL 65

DISMISSAL

*The Presiding Priest, dismisses the people with these words*

Let us go forth in the name of Christ.

**People Thanks be to God.**

PROCESSION

ORGAN VOLUNTARY

*Savior of the nations, come*

Andreas Nikolaus Vettors

## MINISTERS OF THE LITURGY

Presiding Priest & Preacher

The Rev. Karen Haig

Organist

Paul Roy

Acolyte

Roger Clairmont

Eucharistic Minister

Mark Morris

Lectors

Roger Clairmont, Joanne Ellis

Prayers of the People

Joanne Ellis

Usher

Ed Ellis

Altar Guild

Joan Collins, Marilyn Abbott, Connie Albrecht,  
Claire Hicks, Steven Schmitz, Peter DeMann, Dale Walker

Bread Baker

Laurie Fergusson

Coffee Hour

Roger Clairmont & Mark Morris

## FOR VISITORS & NEWCOMERS

*We are delighted you are worshipping with us today. If you are searching for a new church community, we invite you to complete one of the yellow welcome cards in the pew or, after the 10am service, to visit the Welcome Table in Tierney Hall.*

### LARGE-PRINT PRAYER BOOKS (BCP) & DIGITAL RECEIVERS FOR AUDIO

**AMPLIFICATION** are available during services for those requiring hearing assistance. Please ask an usher for assistance.

**GLUTEN FREE EUCHARISTIC HOSTS** are available for those who need them. Please alert the priest at communion.

**SUNDAY SCHOOL FOR CHILDREN AGES 1-11** is offered at 9:45am in the Room with a View (opposite the Gowen Library). The curriculum used for Sunday School is Godly Play, which involves prayer, Bible reading, lessons, worship and an interactive craft. We will also be discussing our liturgy as well as the liturgical calendar together throughout the year. Children can be dropped off in the classroom at 9:45, and the teachers will bring the children to the sanctuary after Peace, so that families will be able to enjoy communion together. If you have questions, please contact Tamarah & Ben Rockwood at [tamarah.rockwood@gmail.com](mailto:tamarah.rockwood@gmail.com) or [benr@cuddletech.com](mailto:benr@cuddletech.com).

**UNSTAFFED NURSERY AVAILABLE** St. Barnabas has a fully furnished nursery, located just beyond the Room with a View, available for any family who would like to use it.

**COFFEE & COMMUNITY** Please join us for Coffee Hour in the Parlor after the 8am service and in Tierney Hall after the 10am service.

**WELCOME TABLE** Visitors, newcomers and members are urged to stop by after the 10am service in Tierney Hall to check on sign-ups for parish events, to volunteer for programs, to learn more about our ministries. Name tag sign-up sheets are available at the Welcome Table.

## EACH WEEK AT ST. BARNABAS

<i>Day</i>	<i>Item</i>	<i>Time</i>	<i>Place</i>
Sundays	Holy Eucharist, Rite I	8am	Church
	Choir Rehearsal	9:15am	Sanctuary
	Sunday School	9:45am	Room With a View
Monday-Friday	Holy Eucharist, Rite II	10am	Church
	Church Office Hours	9am-noon	Office
	Reunion Prayer Group	11am-noon	Rector's Office
Mondays	Library Coordinator in	1pm-4pm	Library
	Announcements Due	By 5pm	Send to <a href="mailto:kathy@stbbi.org">kathy@stbbi.org</a>
Tuesdays	Centering Prayer	9am-9:45am	Sanctuary
Wednesdays	Choir Rehearsal	7:30pm	Choir Room
Thursdays	Healing Eucharist, Rite II	9:15am	Sanctuary
Saturdays	Altar Guild	9am	Sanctuary

## HAPPENING THIS COMING WEEK

### **SCHOLA NOVA CHOIR SINGS THE OFFICE OF EVENSONG THIS EVENING**

The Women's *Schola Nova* Choir of Bainbridge Island sings the Office of Evensong at St. Barnabas at 6pm on the second Sunday of each month. Come hear traditional plainsong, anthems, psalms and chants – and let the grace of sung prayer refresh you for the week to come. **Next service, tonight at 6pm. Contact Louise McCloskey at [louisemccloskey@icloud.com](mailto:louisemccloskey@icloud.com).**

### **2018 STEWARDSHIP CAMPAIGN WRAPPING UP**

We are pleased to report that to-date we have received 97 pledges totaling \$324,276 which puts us at 82% of the way to our goal of \$396,000. Thanks to all who have pledged for 2018! We are especially grateful to those who have increased their pledges in response to our 2018 budgetary needs.

**If you have not yet submitted your pledge, please prayerfully consider your 2018 financial contribution and make your pledge as soon as possible in December. We need to complete our 2018 Stewardship Campaign so that we can provide the Vestry the 2018 pledge income report.**

The budget that Vestry creates is based *solely on pledged funds*, not on plate offerings. For the Vestry to prepare the 2018 budget, they need a clear understanding of what our 2018 pledge income will be. **Each individual pledge is vital for our parish to sustain itself and to do God's work in the world, and every single pledge matters.**

Stewardship packets were mailed to parishioners in October. If you did not receive one or misplaced yours, please pick one up in the church narthex or contact the church office. **Please fill out the pledge form and return it to the office (by putting it in the plate on Sunday, by sending it in the mail or by hand delivering it to the office). You can also pledge online; the link is on the church's homepage at [www.stbbi.org](http://www.stbbi.org).** If you have questions, please feel free to contact Julie Houck (Bookkeeper), 206/842-5601, [jhouck@stbbi.org](mailto:jhouck@stbbi.org), Randy Krause (Stewardship Chair), 360/297-4725, [rklk@comcast.net](mailto:rklk@comcast.net) or Reverend Karen (Rector), 206/842-5601, [revkaren@stbbi.org](mailto:revkaren@stbbi.org).

### **FALL/WINTER BOOK STUDY CONTINUES THIS TUESDAY, DECEMBER 12**

The Fall/Winter contemplative ministries' book study is focusing on Cynthia Bourgeault's *The Holy Trinity and the Law of Three*. In this work, Bourgeault explores Trinitarian theology and evaluates the ancient concept in light of ideas by G.I. Gurdjieff and Jacob Boehme to reveal the Trinity as the "hidden driveshaft" within Christianity. **The book study meets on the second Tuesday of the month after Centering Prayer, from approximately 9:45am to 11am in the St. Barnabas Library. Here is the schedule for the book study: October 10 (Intro and Part I), November 7 (Part II), December 12 (Part III) and January 9 (Part IV). For more information, contact Rev. Patricia Rome Robertson, [revprome@hotmail.com](mailto:revprome@hotmail.com).**

### **COME VISIT OUR GIVING TREE AND BRING GIFTS BY NEXT SUNDAY**

This year, St. Barnabas is working with Chaplains on the Harbor and the Kingston Food Bank to make Christmas more enjoyable for the people who depend on these organizations for aid. To participate, please visit the Giving Tree down the hall from the Church parlor. There are 76 tags on the tree this year! Please select a tag(s), record your name and phone number beside each tag you take and bring your gifts to St. Barnabas by Sunday, December 17. **For more information, contact Joan Collins at 206/780-2167 or [jmariec277@msn.com](mailto:jmariec277@msn.com) or Bill Galvani at 206/855-8074 or [bpgalvani@comcast.net](mailto:bpgalvani@comcast.net).**

### **PLEASE SIGN UP BY NEXT SUNDAY FOR POINSETTIAS**

**Please help beautify the church during the festive Christmas season!** The Altar Guild is now accepting donations for poinsettias as memorials for loved ones. Please see the sign-up sheet in the Narthex on Sundays or at the front desk during the week. The customary contribution is \$20. Please make checks out to St. Barnabas and note that it is for Christmas flowers. The names and donors will be listed in the Christmas service leaflets. Please note that the sign-up deadline is Sunday, December 17. **For more information, contact Honora Dunkak at 206/842-7358 or [honoraje@msn.com](mailto:honoraje@msn.com).**

## HAPPENING IN THE NEXT FOUR WEEKS

### INTRODUCING A QUIET CHRISTMAS SERVICE ON THURSDAY DEC. 21

Sometimes the holiday season is not “the most wonderful time of the year,” and for those of us experiencing loss or grief, Christmas can be an especially difficult time. The death of a beloved friend or family member, a divorce or job loss, an illness or frightening diagnosis or myriad other personal struggles can make this time of year particularly tender. The prominence of our culture’s “seasonal joy” may be an unwelcome reminder of the void or heartache in our own lives. **At St. Barnabas, we offer a special worship service – A Quiet Christmas Holy Eucharist - for those who find themselves sad, grieving, or in need of any sort of healing during this Christmas season. This year, our Quiet Christmas service will be held on Thursday evening, December 21st at 7pm in the church. It will be led by our new rector, the Rev. Karen Haig.** This service is open to everyone, and is especially meaningful for those who are experiencing loss. For more information, please contact Karen at [revkaren@stbbi.org](mailto:revkaren@stbbi.org).

### ADVENT IV SUNDAY SERVICE ON CHRISTMAS EVE MORNING AT 9AM

Please note that, due to the multiple Christmas Eve services later in the day, **there will be a single regular Sunday morning service (Advent IV Holy Eucharist) at 9am on Sunday, December 24.** There will not be a coffee hour after this service. For more information, contact the church office.

### CALLING ALL CHRISTMAS PAGEANT PARTICIPANTS

Calling all children of St. Barnabas! If you are interested in participating in the Christmas Pageant, please contact Tamarah Rockwood at 510/449-1201 or [tamarah.rockwood@gmail.com](mailto:tamarah.rockwood@gmail.com). The Christmas Pageant takes place at 4pm on Christmas Eve. Parents are asked to bring the children to the church parlor by 3:30pm and to stay and help the children get dressed in costumes. After the pageant reading, the children will sit with their families for the remainder of the service. All are asked to meet Tamarah in the church parlor at the conclusion of the service to return the costumes. Thanks to all for making this St. Barnabas tradition so special!

### ST. BARNABAS CHRISTMAS SERVICE SCHEDULE

#### *A Quiet Christmas Holy Eucharist / Thursday, December 21 at 7pm*

For the first time, St. Barnabas offers a special service for those who find themselves sad, grieving or in need of healing during the Christmas season. This service is open to everyone.

#### *Advent IV & Christmas Eve Services / Sunday, December 24*

9am | Advent IV Holy Eucharist – single morning service due to Christmas Eve services

4pm | Children's Pageant with carols & organ

6:45pm | Prelude of Carols, followed by Christmas Eve Service with singers & instruments

9:30pm | Prelude of Carols, followed by Christmas Eve Service with organ, choir and trumpet (NOTE: Incense is used at this service)

#### *Christmas Day Service / Monday, December 25*

10am | Christmas Day Service with organ

## OTHER ITEMS OF NOTE

### THANKS TO EVERYONE FOR SUPPORTING THE MONGOLIAN QUILTING CENTER

A note of thanks from Maggie Ball regarding the support of the Mongolian Quilting Center booth at the Christmas in the Country event last weekend: **Thanks to the help of a fantastic crew of volunteers, the booth was extremely successful and we raised a whopping \$3,315 for the Mongolian Quilting Center - exceeding last year's takings by about \$200!** Thank you to all of you who supported the project by making purchases, and special thanks to all of my helpers: **Deena & Don Hanke, Dale Walker, Ellie de la Vergne, Marnie Arlen, Elizabeth Posner, Pat Tegtmeier, Peggy & Kirk Eichenberger, Heidi**

**O'Brien, Elaine Percival, Karen Carncross, Beth Gudmundson, Rebecca Robbins, Angela Tinker, Sarah Baty and Mary Anne Smith.** If any of you missed the opportunity to shop and would like to buy things, please contact me, Maggie Ball, at [\(206\) 714-4789](tel:2067144789) or [maggie.quilter@gmail.com](mailto:maggie.quilter@gmail.com), and you are welcome to view the products at my house. Once again, many thanks.

### **ELAINE PERCIVAL NAMED NEW FELLOWSHIP COMMISSION CHAIR**

Please join us in welcoming Elaine Percival as our new Fellowship Commission Chair! Former Chairperson Sylvia Dunning will continue to work on special events/enhanced coffee hours, such as the Annual Meeting in January 2018. For more information, please contact Elaine Percival at 360/440-4651 or [epercival001@gmail.com](mailto:epercival001@gmail.com).

### **KINGSTON FAMILY UPDATE**

**Donna and Ric Cederwall have been helping a family in Kingston that receives food from the Kingston Food Bank. Here's an updated note from Donna & Ric:** *Angela's son, Tony, has gone from remedial studies to working at his 9<sup>th</sup> grade level. Tony has worked very hard to accomplish his task and we are all so happy for his well-earned effort. To help Anthony stay up with his school work, we purchased the family a laptop, Microsoft Office for Students, with printer, supplies and extended warranty. The cost of doing this was \$660 (we shopped to get a low price for a reliable system). To date, \$195 has been received for this. We appreciate your help with donations.*

*Currently the family has enough towels and kitchen articles donated by so many of you. **We still need more chests and mattresses. Most important is a king mattress set for the parents.** Angela and Anthony sleep in the basement. Their mattress sits on the cement floor. Angela said it is very cold in that area of the house. Their clothes are folded on the floor and there is no closet to hang anything. They share the area with the freezer and washer/dryer. If you have an area rug you may not want anymore, that could help warm up the space. The mattress set would be huge. For their clothes, a chest and possibly a mobile closet with a cover would be much appreciated. As mentioned before, this is all a work in progress and I believe at this point we have all made a huge difference for Angela's family.*

**Thank you from our hearts to yours for helping with these requests. If you have any questions, please contact Donna and Ric at 206-855-0900, or by email at [donna\\_cederwall@msn.com](mailto:donna_cederwall@msn.com) or [ric@stanfordalumni.org](mailto:ric@stanfordalumni.org)**

### **NEWS FROM GOWEN LIBRARY**

Over the summer, the St. Barnabas library received two original manuscripts authored by Father Vincent Gowen, who was the first vicar of St. Barnabas. **With the permission of Ann Combs (Father Gowen's daughter), the library asked the Bainbridge Island Historical Museum if they would archive the manuscript for *Sunrise to Sunrise* and his unpublished book, *Sheep to Fold*.** They agreed and now these manuscripts are housed at the museum and well worth a look.

**The library now has two Christmas catalogs for Christianbook.com;** they are stored on top of the card catalog. You are welcome to borrow these to help with your Christmas shopping for friends and family.

If you are thinking of a novel way to help St. Barnabas, **you may donate used books to Eagle Harbor Books in the name of St. Barnabas.** Giving us the credit will enable Reverend Patricia Robertson to purchase a book or two for book study attendees to use.

Don't forget, the library is there for everyone to use. It's a quiet, relaxing place, especially this hectic time of year. Meetings are held there at times, so check the calendar on the church website first. Any questions or suggestions you have for the library, please contact Barb Herrick at [herricks99@msn.com](mailto:herricks99@msn.com) or [206-842-2068](tel:2068422068). Please leave a message if I don't answer.

## **EUCCHARISTIC MINISTER LICENSE RENEWAL**

If you are a eucharistic minister for St. Barnabas, please check your license and let Kathy in the front office know of its expiration date. If it is expiring at the end of 2017, please contact Kathy at [kathy@stbbi.org](mailto:kathy@stbbi.org) or 206/842-5601 to get a form for a renewal license.

**MISSED A SERMON OR WANT TO HEAR IT AGAIN? SHARE IT WITH A FRIEND?** Listen to podcasts of sermons and music available on our church website. In addition, a wealth of information about the parish is available on our website. | [www.stbbi.org](http://www.stbbi.org)

**MUSICAL OPPORTUNITIES AT ST. BARNABAS** Do you sing or play an instrument? There are musical opportunities awaiting you here at St. Barnabas! Contact Paul Roy | [proy@stbbi.org](mailto:proy@stbbi.org)

**ST. BARNABAS PRAYER CHAIN** is a group of people devoted and committed to prayer, especially prayer for others. **The Prayer Chain will pray for anyone who requests prayer or whose name is submitted by someone else for prayers.** All the members honor confidentiality and do not discuss those for whom they pray. It is not necessary to have a lot of detail or even a name to pray for someone or a situation. Unless instructed otherwise, the chain usually prays for a person or situation for about two weeks. To contact the chain or if this ministry is something you would like to be part of, **contact Drucy Burnet Hodge** ([drucy15@msn.com](mailto:drucy15@msn.com) or 206/780-2904) **or Kathy Irvin, Parish Administrator** ([kathy@stbbi.org](mailto:kathy@stbbi.org) or 206/842-5601).

## **CHRISTIAN HEALING THROUGH REIKI**

Christian Healing through Reiki is offered on a regular basis to parish members and others in our community by a team of six trained ministers. Reiki promotes healing and wellness of body and mind, and is a consistent and gentle means for relieving stress and tension in the mind-body complex. Sessions last about 40 minutes. If you have questions or would like to schedule a session, contact **Ric Cederwall** | 206/855-0900 | [ric@stanfordalumni.org](mailto:ric@stanfordalumni.org) or **Sr Mary Louise Sulonen** | 360/626-3264 | [sjpsulonen@comcast.net](mailto:sjpsulonen@comcast.net)

## Personal Rites for Advent – A Take Home Sheet for Your Refrigerator Door

*Pay attention. That is the Advent message. Attentiveness to the mystery of the Coming One is not easily practiced in the midst of crowded calendars and unrelenting din of December. It is important to make time for paying attention, for silence, for waiting.*

Here are some suggestions:

1. **Attend Sunday church service on all four Sundays.** Throughout Advent, the liturgies tell us more and more about the future God is making... don't miss a single chapter of the unfolding drama as we wait for God together!
2. **Follow the daily readings found in the Book of Common Prayer (BCP),** or on line at <http://satucket.com/lectionary/>. You may want to use the forms provided in the BCP for home prayers. Compline is a lovely way to end the day – you'll find it on page 127.
3. **Create an Advent wreath on the first Sunday of Advent.** Light the Advent candle when you say your prayers and sit down to supper. Use an Advent Calendar. Talk with family or friends about the season and the feelings it brings. Listen to the promise of God in each other.
4. **Meditate on the O Antiphons.** You may want to do this by candlelight, or in front of a fire.
5. **Break habitual patterns.** Cultivate surprise. See all things as new! Take an unusual route to work or use an alternative form of transportation. Do something you have never done before, or see something you have never seen before. Take a walk, letting colors, patterns and movements surprise you. Wear your watch on the wrong wrist, or don't wear it at all. Every time you look in the wrong place for "the time", pray God to make you ready for the unexpected.
6. **Practice waiting.** Sit or lie by a window where you can see only the sky. Wait for something to pass by – a cloud, a plane, a sparrow, an angel....
7. **Climb a hill and watch for the moon to rise.** Watch for the sunrise after the longest night (December 21). Watch for the first star on Christmas Eve. "Wait without thought."
8. **Keep the prayer "Maranatha, come Lord Jesus" in your mind and heart.** Say it in various places. Empty your mind as you pray it. Watch for signs.
9. **Make at least one conscious act of being a sign of God's future to others.** Look to [Matthew 25: 35-40](#) for guidelines.
10. **Make room for silence and inactivity.** Schedule it. Put the television in a closet. Set aside one evening and do nothing – not even books or music. Turn off the lights. Stop talking. Listen. Who is knocking at the door of your heart?

Waiting is really a period of learning. The longer we wait, the more we hear about Him for whom we are waiting. As the advent weeks progress, we hear more and more about the beauty and splendor of the One who is to come. There is a stark beauty about it all... Advent invites us into a growing inner stillness and joy allowing us to realize that He for whom we are waiting has already arrived and speaks to us in the silence of our hearts. Just as a mother feels her growing child in her womb, and is not surprised on the day of the birth and joyfully receives the one she learned to know during her waiting, so Jesus can be born in our lives – slowly and steadily – and be received as the one we learned to know while waiting.

*Adapted from [The Genesee Diary](#) by Henri J. M. Nouwen*

# ADVENT & CHRISTMAS AT ST BARNABAS

Sunday, December 10 + 6 pm

Office of Evensong

Thursday, December 21 + 7 pm

"A Quiet Christmas" Holy Eucharist with carols and organ



## Sunday, December 24

9:00 am: Advent IV Holy Eucharist (one service only)

+

4:00 pm: Christmas Eve Pageant with carols & organ

+

6:45 pm: Prelude of Carols with singers & instruments

7:00 pm: Christmas Eve Holy Eucharist

+

9:30 pm: Prelude of Carols with choir, organ & instruments

10:00 pm: Christmas Eve Festival Eucharist (with incense)

## Monday, December 25

10:00 am: Christmas Day Eucharist with organ

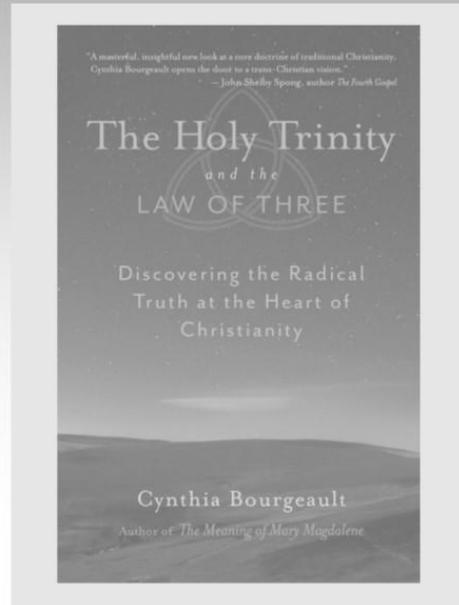
# The Holy Trinity and the Law of Three

## Fall/Winter Book Study

### Father, Son and Holy Spirit.

In this formula that Christians recite as though on autopilot lies the secrets for healing our world, rekindling our visionary imagination, and manifesting the Kingdom of Heaven on earth.

It's an astonishing claim, but one that is supported by Cynthia Bourgeault's exploration of Trinitarian theology – and by her bold work in further articulating the deep truth it contains. She looks to the ancient concept in light of the ideas of G. I. Gurdjieff and Jacob Boehme to reveal the Trinity as the “hidden driveshaft” within Christianity: the passionate expression of the Uncreated Reality in creation.



### SAVE THE DATES:

**October 10 — Intro and Part I**

**November 7 — Part II**

**December 12 — Part III**

**January 9 — Part IV**

Book Study meets on the second Tuesday of the month after Centering Prayer, approximately 9:45am to 11am in the St. Barnabas Library. **For more information, contact Rev. Patricia Rome Robertson, [revprome@hotmail.com](mailto:revprome@hotmail.com).**



## **Saint Barnabas Episcopal Church**

**1187 Wyatt Way NW | Bainbridge Island | WA | 98110**

**Phone 206-842-5601**

**info@stbbi.org | www.stbbi.org**

Presiding Bishop & Primate | The Most Reverend Michael B. Curry

Bishop of Olympia | The Right Reverend Gregory H. Rickel

Rector | The Reverend Karen Haig

Assisting Priests | The Reverend Dr. Judith M. McDaniel and

The Reverend Nancy Tiederman

Assisting Priest for Contemplative Ministries | The Reverend Patricia Rome Robertson

Deacon | The Reverend Dan Fowler

Director of Music | Paul Roy

Parish Administrator | Kathy Irvin

Receptionist/Building Coordinator | Peggy Musselwhite

Bookkeeper | Julie Houck

Kitchen Managers | Caroline Cox and Jamie Villella

Wedding Coordinator | Connie Albrecht

Sexton | Les Heinrich

Housekeeper | Natalia Perez

Senior Warden | Stu Case

Junior Warden | Sylvia Dunning

Vestry Members | Bethany Anderson, Kathy Anderson, John Baker,

Roger Clairmont, Ed Ellis, Beth Gudmundson, Hootie Warren

Clerk of the Vestry | Mark Morris

Treasurer | Mike Killion Treasurer Emerita | Carol Milton

Convention Delegates | Linda & Randy Krause,

Karen & Tom Beierle, Kathy & Michael Lacey

At-Large Delegates | Joan Collins, George Robertson

Day School Director | Carrie Corns

Teachers | Kristi Barr, Candace Beck, Sandy Dreiling,

Mary Feeney, Karen Kolthoff