

HOLY EUCHARIST: Rite II

THE THIRD SUNDAY IN LENT

March 24, 2019 ♦ 10:00 a.m.

Welcome to St. Barnabas, we are delighted that you're here. We hope you'll participate fully in our worship through singing, prayer, hearing the Good News of Jesus Christ, and coming to communion. May God richly bless you as you bless us!

WELCOME INTO THE QUIET

"Lent serves as our annual invitation to come closer to God. It provides a time to look at our lives and ourselves, not so we may criticize ourselves more harshly but so we can identify the obstructions that keep us from... feeling the presence of the divine in our every day. How do we hide from God, and why? Lent gives us a chance to look at such obstructions and to move them gently away so that we can come closer to the Love that gives us life... Thus Lent offers a gift of time and a promise of closeness..."

From A Clearing Season: Reflections for Lent

 *All stand as able at the sound of the tower bells.*

HYMN (sung by all, next page)

O bless the Lord, my soul!

(HYMNAL 411)



In the Orchard, Vincent van Gogh, 1883.

1 O bless the Lord, my soul! His grace to thee pro - claim!
 2 O bless the Lord, my soul! His mer - cies bear in mind!
 3 He will not al - ways chide; he will with pa - tience wait;
 4 He par - dons all thy sins, pro - longs thy fee - ble breath;
 5 He clothes thee with his love, up - holds thee with his truth;

1 And all that is with - in me join to bless his ho - ly Name!
 2 For - get not all his ben - e - fits! The Lord to thee is kind.
 3 his wrath is ev - er slow to rise and rea - dy to a - bate.
 4 he heal - eth thine in - fir - mi - ties and ran - soms thee from death.
 5 and like the ea - gle he re - news the vi - gor of thy youth.

6 Then bless his holy Name,
 whose grace hath made thee whole,
 whose loving-kindness crowns thy days:
 O bless the Lord, my soul!

Words: James Montgomery (1771-1854); para. of Psalm 103:1-5
 Music: *St. Thomas (Williams)*, melody Aaron Williams (1731-1776); harm. Lowell Mason (1792-1872)

THE OPENING ACCLAMATION

Presiding Priest Bless the Lord who forgives all our sins
People God's mercy endures for ever.

COLLECT FOR PURITY

Presiding Priest and People

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

LORD, HAVE MERCY

Cantor or Choir Lord, have mer - cy. *All* Lord, have mer - cy. *Cantor or Choir* Christ, have mer - cy.
All Christ, have mer - cy. *Cantor or Choir* Lord, have mer - cy. *All* Lord, have mer - cy.

THE COLLECT OF THE DAY

Presiding Priest The Lord be with you.

People And also with you.

Presiding Priest Let us pray.

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

THE WORD OF GOD

 THE FIRST READING (seated)

Exodus 3:1-15

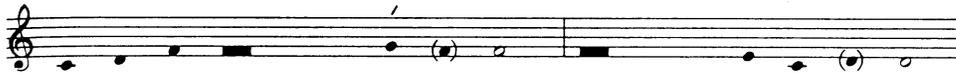
READER: A Reading from the Book of Exodus

Moses was keeping the flock of his father-in-law Jethro, the priest of Midian; he led his flock beyond the wilderness, and came to Horeb, the mountain of God. There the angel of the LORD appeared to him in a flame of fire out of a bush; he looked, and the bush was blazing, yet it was not consumed. Then Moses said, "I must turn aside and look at this great sight, and see why the bush is not burned up." When the LORD saw that he had turned aside to see, God called to him out of the bush, "Moses, Moses!" And he said, "Here I am." Then he said, "Come no closer! Remove the sandals from your feet, for the place on which you are standing is holy ground." He said further, "I am the God of your father, the God of Abraham, the God of Isaac, and the God of Jacob." And Moses hid his face, for he was afraid to look at God. Then the LORD said, "I have observed the misery of my people who are in Egypt; I have heard their cry on account of their taskmasters. Indeed, I know their sufferings, and I have come down to deliver them from the Egyptians, and to bring them up out of that land to a good and broad land, a land flowing with milk and honey, to the country of the Canaanites, the Hittites, the Amorites, the Perizzites, the Hivites, and the Jebusites. The cry of the Israelites has now come to me; I have also seen how the Egyptians oppress them. So come, I will send you to Pharaoh to bring my people, the Israelites, out of Egypt." But Moses said to God, "Who am I that I should go to Pharaoh, and bring the Israelites out of Egypt?" He said, "I will be with you; and this shall be the sign for you that it is I who sent you: when you have brought the people out of Egypt, you shall worship God on this mountain." But Moses said to God, "If I come to the Israelites and say to them, 'The God of your ancestors has sent me to you,' and they ask me, 'What is his name?' what shall I say to them?" God said to Moses, "I AM WHO I AM." He said further, "Thus you shall say to the Israelites, 'I AM has sent me to you.'" God also said to Moses, "Thus you shall say to the Israelites, 'The LORD, the God of your ancestors, the God of Abraham, the God of Isaac, and the God of Jacob, has sent me to you': This is my name forever, and this my title for all generations.

Reader Hear what the Spirit is saying to God's people.

People Thanks be to God.

Silence is marked by the ringing of a bell.



- Cantor: 1 O God, you are my God; eagerly I / seek you; *
my soul thirsts for you, my flesh faints for you,
as in a barren and dry land where there is \ no water.
- Choir: 2 Therefore I have gazed upon you in your / holy place, *
that I might behold your power and \ your glory.
- All: 3 For your loving-kindness is better than / life itself; *
my lips shall \ give you praise.**
- 4 **So will I bless you as long / as I live *
and lift up my hands \ in your Name.**
- 5 **My soul is content, as with marrow and / fatness, *
and my mouth praises you with \ joyful lips,**
- 6 **When I remember you up/on my bed, *
and meditate on you in the \ night watches.**
- 7 **For you have been my / helper, *
and under the shadow of your wings I \ will rejoice.**
- 8 **My soul / clings to you; *
your right hand \ holds me fast.**

THE SECOND READING

1 Corinthians 10:1-13

READER: A Reading from the First Letter of Paul to the Corinthians

I do not want you to be unaware, brothers and sisters, that our ancestors were all under the cloud, and all passed through the sea, and all were baptized into Moses in the cloud and in the sea, and all ate the same spiritual food, and all drank the same spiritual drink. For they drank from the spiritual rock that followed them, and the rock was Christ. Nevertheless, God was not pleased with most of them, and they were struck down in the wilderness. Now these things occurred as examples for us, so that we might not desire evil as they did. Do not become idolaters as some of them did; as it is written, "The people sat down to eat and drink, and they rose up to play." We must not indulge in sexual immorality as some of them did, and twenty-three thousand fell in a single day. We must not put Christ to the test, as some of them did, and were destroyed by serpents. And do not complain as some of them did, and were destroyed by the destroyer. These things happened to them to serve as an example, and they were written down to instruct us, on whom the ends of the ages have come. So if you think you are standing, watch out that you do not fall. No testing has overtaken you that is not common to everyone. God is faithful, and he will not let you be tested beyond your strength, but with the testing he will also provide the way out so that you may be able to endure it.

Reader Hear what the Spirit is saying to God's people.
***People* Thanks be to God.**

Silence is marked by the ringing of a bell.



GOSPEL ACCLAMATION

Choir, then all, and after the verse:

Praise and hon - or to you, O Lord, O Lord.

Praise and hon - or to you, Lord Je - sus Christ.

VERSE: Behold, now is the acceptable time; behold, now is the day of salvation.

Text: ICEL, © 1969

Music: Based on WONDROUS LOVE, Stephen Pishner, © 1998, GIA Publications, Inc.

THE GOSPEL

Luke 13:1-9

The Holy Gospel of our Lord Jesus Christ according to Luke.

People Glory to you, Lord Christ.

At that very time there were some present who told Jesus about the Galileans whose blood Pilate had mingled with their sacrifices. He asked them, "Do you think that because these Galileans suffered in this way they were worse sinners than all other Galileans? No, I tell you; but unless you repent, you will all perish as they did. Or those eighteen who were killed when the tower of Siloam fell on them--do you think that they were worse offenders than all the others living in Jerusalem? No, I tell you; but unless you repent, you will all perish just as they did." Then he told this parable: "A man had a fig tree planted in his vineyard; and he came looking for fruit on it and found none. So he said to the gardener, 'See here! For three years I have come looking for fruit on this fig tree, and still I find none. Cut it down! Why should it be wasting the soil?' He replied, 'Sir, let it alone for one more year, until I dig around it and put manure on it. If it bears fruit next year, well and good; but if not, you can cut it down.'"

The Gospel of the Lord.

People Praise to you, Lord Christ.



THE SERMON (seated)

Karen Haig

Silence is marked by the ringing of a bell.



THE NICENE CREED (standing as able)

Presiding Priest and People

We believe in one God, the Father, the Almighty, Maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary; and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

In the course of the silence after each bidding, the People offer their own prayers, either silently or aloud.

I ask your prayers for God's people throughout the world; for Michael, our Presiding Bishop; Gregory, our Bishop; Karen, our Rector; Dan, our Deacon; and Nancy, Judith, Patricia, Jan and Jim, priests among us; all who minister in Christ; and for all the holy people of God. In our Anglican Cycle of Prayer, we pray for the Hong Kong Sheng Kung Hui and The Most Revd Paul Kwong, Archbishop of Hong Kong Sheng Kung Hui and Bishop of Hong Kong. In our Diocesan Cycle of Prayer, we pray for St. Peter and Trinity, both in Seattle. Pray for the Church.

Silence

I ask your prayers for peace; for goodwill among nations; and for the well-being of all people. Pray for justice and peace.

Silence

I ask your prayers for the poor, the sick, the hungry, the oppressed, and those in prison. Pray for those in any need or trouble.

Silence

I ask your prayers for all who seek God, or a deeper knowledge of God. Pray that they may find and be found by God.

Silence

I ask for your prayers for all in need of healing, peace, and comfort. [especially _____].

Silence

I ask your prayers for the departed [especially _____]. Pray for those who have died.

Silence

Dear people of God, for whom else or what else shall we pray?

Members of the congregation offer prayers either silently or aloud

The Presiding Priest adds a concluding Collect.

Let us confess our sins against God and our neighbor.

Silence may be kept.

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

The Presiding Priest says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

THE PEACE

Presiding Priest The peace of the Lord be always with you.

People **And also with you.**

 WELCOME, BIRTHDAYS, ANNIVERSARIES & ANNOUNCEMENTS (seated)

THE HOLY COMMUNION

Please remain seated. At the offertory sentence, an offering of money is collected.

 SOLO

O divine redeemer!

Charles Gounod

Ah! Turn me not away, Receive me tho' unworthy; Hear Thou my cry,
Behold, Lord, my distress! Answer me from thy throne Haste Thee, Lord to mine aid,
Thy pity shew in my deep anguish! Let not the sword of vengeance smite me,
Though righteous thine anger, O Lord! Shield me in danger, O regard me! On Thee, Lord, alone will I call.

O Divine Redeemer! I pray Thee, grant me pardon, and remember not, remember not my sins!
Forgive me, O Divine Redeemer! Night gathers round my soul; Fearful, I cry to Thee; Come to mine aid, O Lord!
Haste Thee, Lord, haste to help me! Hear my cry! Save me Lord in Thy mercy; Come and save me O Lord
Save, in the day of retribution, From Death shield Thou me, O my God!
O Divine Redeemer, have mercy! Help me, my Saviour!

Andrew Etherington, tenor
Darden Burns, pianist

 PRESENTATION ANTHEM (standing as able)

Presiding Priest All things come from you, O Lord,

People **And of your own have we given you.**

THE GREAT THANKSGIVING

The people remain standing.

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give God thanks and praise.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Through Jesus Christ our Lord; who was tempted in every way as we are, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

HOLY, HOLY

Plainsong, Mass 18; adapt. Mason Martens

The musical notation consists of four staves of music in a single system, each with a treble clef. The notes are simple, using quarter and half notes with stems, and are connected by horizontal lines (slurs) to indicate a continuous melody. The lyrics are written below the notes, with hyphens indicating syllables that span across multiple notes.

Ho - ly, ho - ly, ho - ly Lord, God of
 power and might, hea - ven and earth are full of your glo - ry.
 Ho - san - na in the high - est. Bless - ed is he who comes
 in the name of the Lord. Ho - san - na in the high - est.

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Christ has died.

Christ is risen.

Christ will come again.

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say,

**Our Father, who art in heaven, hallowed be thy Name,
thy kingdom come, thy will be done, on earth as it is in heaven.**

**Give us this day our daily bread,
and forgive us our trespasses, as we forgive those who trespass against us.
And lead us not into temptation, but deliver us from evil.**

For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

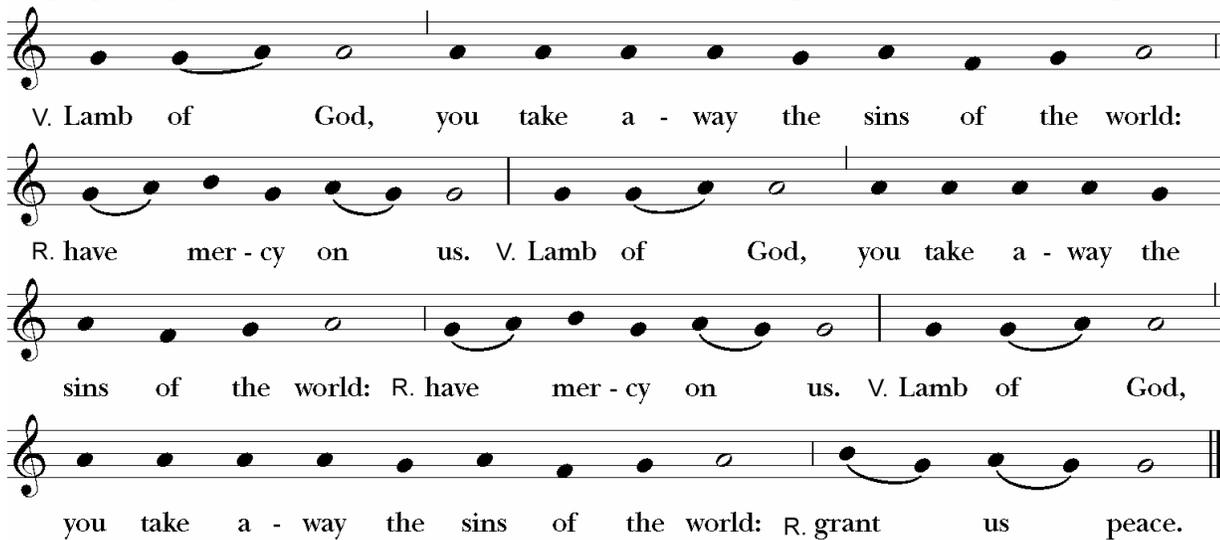
THE BREAKING OF THE BREAD

The Presiding Priest breaks the consecrated Bread. A period of silence is kept.

ACCLAMATION AFTER THE BREAKING OF THE BREAD

Sung responsively.

Anaphora chant; Mass 18; adapt. Mason Martens



V. Lamb of God, you take a - way the sins of the world:
R. have mer - cy on us. V. Lamb of God, you take a - way the
sins of the world: R. have mer - cy on us. V. Lamb of God,
you take a - way the sins of the world: R. grant us peace.

THE INVITATION TO COMMUNION

The Gifts of God for the People of God.

COMMUNION OF THE PEOPLE

This is the Lord's table around which we gather. All are invited to come forward and receive the bread and wine of the Eucharist. If you do not wish to receive Holy Communion but would like to receive a blessing, please come forward and cross your arms across your heart.

ORGAN VOLUNTARY

Prelude from "Prelude, Fugue and Variation"

César Franck

HYMN (sung by all, next page)

O Food to pilgrims given

(HYMNAL 309)

1 O Food to pil - grims giv - en, O Bread of life from
 2 O stream of love past tell - ing, O pur - est foun - tain,
 3 O Je - sus, by thee bid - den, we here a - dore thee,

hea - ven, O Man - na from on high! We
 well - ing from out the Sa - vior's side! We
 hid - den in forms of bread and wine. Grant

hun - ger; Lord, sup - ply us, nor thy de - lights de -
 faint with thirst; re - vive us, of thine a - bun - dance
 when the veil is riv - en, we may be - hold, in

ny us, whose hearts to thee draw nigh.
 give us, and all we need pro - vide.
 hea - ven, thy coun - te - nance di - vine.

Words: Latin, 1661; tr. John Athelstan Laurie Riley (1858-1945), alt. Copyright © by permission of Oxford University Press. All rights reserved. Used with permission. Music: *O Welt, ich muss dich lassen*, present form of melody att. Heinrich Isaac (1450?-1517), alt.; harm. Johann Sebastian Bach (1685-1750)



 THE POST-COMMUNION PRAYER (standing as able)

Presiding Priest and People

Almighty and ever living God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

THE BLESSING

The peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God and of God's son, our savior Jesus Christ. And the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among you, and remain with you always. **Amen.**

HYMN (sung by all, next page)

Lord dismiss us with thy blessing

(HYMNAL 344)

1 Lord, dis - miss us with thy bless - ing; fill our hearts with
 2 Thanks we give and a - dor - a - tion for thy Gos - pel's
 3 so that when thy love shall call us, Sa - vior, from the

joy and peace; let us each, thy love pos - sess - ing,
 joy - ful sound: may the fruits of thy sal - va - tion
 world a - way, fear of death shall not ap - pall us,

tri - umph in re - deem - ing grace: O re - fresh us,
 in our hearts and lives a - bound: ev - er faith - ful,
 glad thy sum - mons to o - bey. May we ev - er,

O re - fresh us trav - eling through this wil - der - ness.
 ev - er faith - ful to thy truth may we be found;
 may we ev - er reign with thee in end - less day.

DISMISSAL

Let us go forth in the name of Christ.

People Thanks be to God.

PROCESSION

Bells

MINISTERS OF THE LITURGY

Presiding Priest & Preacher	The Rev. Karen Haig
Deacon	The Rev. Daniel Fowler
Organist & Choirmaster	Paul Roy
Song Leaders	The Parish Choir
Eucharistic Minister	Elaine Percival
Lectors	Peter DeMann, Elizabeth Posner
Intercessor	Elizabeth Posner
Usher	Bill Galvani, Penny Egger
Greeters	Sylvia Dunning, Lynn Whipple
Godly Players	Heidi O'Brien, Rosalys Peel
Altar Guild	Sylvia Dunning, Anne Dennon, Princie Falkenhagen, Carol Mitcham
Bread Baker	Elaine Percival
Coffee Hour	Don Hanke, David Prongay, Tom Clark, Roth Hafer, John Eshun, Barb Bolles
Welcome Table	Elizabeth Posner



HOLY WEEK | EASTER AT ST. BARNABAS

Schedule of Services & Events | 2019

SUPPER & SACRAMENTS | WEDNESDAYS, MARCH 13TH- APRIL 10TH, 6:30PM

Join us Wednesday evenings in Lent as we explore the Sacraments of the church. What is a Sacrament? How many of them are there and what are they called? Do Sacraments matter? Why? We'll explore these questions and many others as we deepen our experience and understanding of the Sacraments at Supper and Sacraments; Wednesday Evenings in Lent. Join us for a simple soup supper at 6:30, our program begins at 7.

LENTEN EVENSONG & BACH CANTATA | MARCH 24TH

5pm | Service comprised of readings and hymns, chants, and canticles led by the parish choir with guest musicians. Featured musical offering is Bach's solo Cantata No. 82, "Ich habe genug" sung by Micah Parker, bass soloist, with oboe, strings, and organ.

PALM/PASSION SUNDAY | APRIL 14TH

8am | Liturgy of the Palms, Passion Gospel and Holy Eucharist Rite I

10am | Liturgy of the Palms, Passion Gospel and Holy Eucharist Rite II

A SERVICE OF HEALING AND RECONCILIATION | APRIL 15TH

7pm | Holy Eucharist with Confession and Meditation. Confessions will also be heard prior to the service, from 6-7pm

MAUNDY THURSDAY | APRIL 18TH

No Thursday morning Healing Eucharist on this day

6pm | Maundy Thursday Service, beginning with supper in the parish hall

GOOD FRIDAY | APRIL 19TH

12:10pm | The Liturgy of Good Friday | Spoken

7pm | The Liturgy of Good Friday | Choral

THE GREAT VIGIL OF EASTER | APRIL 20TH

8pm | New Fire, Sacred Stories, and the First Eucharist of Easter | Incense used at this service

EASTER SUNDAY | APRIL 21ST

9am | Festal Easter Eucharist Rite II

10:15am | Easter Egg Hunt/Festive Coffee Hour

11am | Festal Easter Eucharist Rite II

