

HOLY EUCHARIST: Rite I

THE THIRD SUNDAY IN LENT

March 24, 2019 ♦ 8:00 a.m.

Welcome to St. Barnabas, we are delighted that you're here. We hope you'll participate fully in our worship through singing, prayer, hearing the Good News of Jesus Christ, and coming to communion. May God richly bless you as you bless us!

WELCOME INTO THE QUIET

"Lent serves as our annual invitation to come closer to God. It provides a time to look at our lives and ourselves, not so we may criticize ourselves more harshly but so we can identify the obstructions that keep us from... feeling the presence of the divine in our every day. How do we hide from God, and why? Lent gives us a chance to look at such obstructions and to move them gently away so that we can come closer to the Love that gives us life... Thus Lent offers a gift of time and a promise of closeness..."

From A Clearing Season: Reflections for Lent



All stand as able at the sound of the tower bell.

HYMN (sung by all, next page)

O bless the Lord, my soul!

(HYMNAL 411)



In the Orchard, Vincent van Gogh, 1883.

1 O bless the Lord, my soul! His grace to thee pro - claim!
 2 O bless the Lord, my soul! His mer - cies bear in mind!
 3 He will not al - ways chide; he will with pa - tience wait;
 4 He par - dons all thy sins, pro - longs thy fee - ble breath;
 5 He clothes thee with his love, up - holds thee with his truth;

1 And all that is with - in me join to bless his ho - ly Name!
 2 For - get not all his ben - e - fits! The Lord to thee is kind.
 3 his wrath is ev - er slow to rise and rea - dy to a - bate.
 4 he heal - eth thine in - fir - mi - ties and ran - soms thee from death.
 5 and like the ea - gle he re - news the vi - gor of thy youth.

6 Then bless his holy Name,
 whose grace hath made thee whole,
 whose loving-kindness crowns thy days:
 O bless the Lord, my soul!

Words: James Montgomery (1771-1854); para. of Psalm 103:1-5
 Music: *St. Thomas* (Williams), melody Aaron Williams (1731-1776); harm. Lowell Mason (1792-1872)

THE OPENING ACCLAMATION

Presiding Priest Bless the Lord who forgiveth all our sins.
People God's mercy endureth for ever.

THE COLLECT FOR PURITY

Presiding Priest and People

Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. Amen.

THE SUMMARY OF THE LAW

Presiding Priest

Hear what our Lord Jesus Christ saith: Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. This is the first and great commandment. And the second is like unto it: Thou shalt love thy neighbor as thyself. On these two commandments hang all the Law and the Prophets.

Lord, have mercy upon us.

Christ, have mercy upon us.

Lord, have mercy upon us.

Presiding Priest The Lord be with you.

People **And with thy spirit.**

Presiding Priest Let us pray.

Almighty God, who seest that we have no power of ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever. **Amen.**

THE WORD OF GOD

H THE FIRST READING (seated)

Exodus 3:1-15

READER: A Reading from the Book of Exodus

Moses was keeping the flock of his father-in-law Jethro, the priest of Midian; he led his flock beyond the wilderness, and came to Horeb, the mountain of God. There the angel of the LORD appeared to him in a flame of fire out of a bush; he looked, and the bush was blazing, yet it was not consumed. Then Moses said, "I must turn aside and look at this great sight, and see why the bush is not burned up." When the LORD saw that he had turned aside to see, God called to him out of the bush, "Moses, Moses!" And he said, "Here I am." Then he said, "Come no closer! Remove the sandals from your feet, for the place on which you are standing is holy ground." He said further, "I am the God of your father, the God of Abraham, the God of Isaac, and the God of Jacob." And Moses hid his face, for he was afraid to look at God. Then the LORD said, "I have observed the misery of my people who are in Egypt; I have heard their cry on account of their taskmasters. Indeed, I know their sufferings, and I have come down to deliver them from the Egyptians, and to bring them up out of that land to a good and broad land, a land flowing with milk and honey, to the country of the Canaanites, the Hittites, the Amorites, the Perizzites, the Hivites, and the Jebusites. The cry of the Israelites has now come to me; I have also seen how the Egyptians oppress them. So come, I will send you to Pharaoh to bring my people, the Israelites, out of Egypt." But Moses said to God, "Who am I that I should go to Pharaoh, and bring the Israelites out of Egypt?" He said, "I will be with you; and this shall be the sign for you that it is I who sent you: when you have brought the people out of Egypt, you shall worship God on this mountain." But Moses said to God, "If I come to the Israelites and say to them, 'The God of your ancestors has sent me to you,' and they ask me, 'What is his name?' what shall I say to them?" God said to Moses, "I AM WHO I AM." He said further, "Thus you shall say to the Israelites, 'I AM has sent me to you.'" God also said to Moses, "Thus you shall say to the Israelites, 'The LORD, the God of your ancestors, the God of Abraham, the God of Isaac, and the God of Jacob, has sent me to you': This is my name forever, and this my title for all generations.

Reader Hear what the Spirit is saying to God's people.

People **Thanks be to God.**

Silence is marked by the ringing of a bell.

THE RESPONSE (remain seated - read responsively)

Psalm 63:1-8

1 O God, you are my God; eagerly I seek you; *
my soul thirsts for you, my flesh faints for you,
as in a barren and dry land where there is no water.

2 Therefore I have gazed upon you in your holy place, *
that I might behold your power and your glory.

3 For your loving-kindness is better than life itself; *
my lips shall give you praise.

(continued on page 4)

4 So will I bless you as long as I live *
and lift up my hands in your Name.

5 My soul is content, as with marrow and fatness, *
and my mouth praises you with joyful lips,

6 When I remember you upon my bed, *
and meditate on you in the night watches.

7 For you have been my helper, *
and under the shadow of your wings I will rejoice.

8 My soul clings to you; *
your right hand holds me fast.

THE SECOND READING

1 Corinthians 10:1-13

READER: A Reading from the First Letter of Paul to the Corinthians

I do not want you to be unaware, brothers and sisters, that our ancestors were all under the cloud, and all passed through the sea, and all were baptized into Moses in the cloud and in the sea, and all ate the same spiritual food, and all drank the same spiritual drink. For they drank from the spiritual rock that followed them, and the rock was Christ. Nevertheless, God was not pleased with most of them, and they were struck down in the wilderness. Now these things occurred as examples for us, so that we might not desire evil as they did. Do not become idolaters as some of them did; as it is written, "The people sat down to eat and drink, and they rose up to play." We must not indulge in sexual immorality as some of them did, and twenty-three thousand fell in a single day. We must not put Christ to the test, as some of them did, and were destroyed by serpents. And do not complain as some of them did, and were destroyed by the destroyer. These things happened to them to serve as an example, and they were written down to instruct us, on whom the ends of the ages have come. So if you think you are standing, watch out that you do not fall. No testing has overtaken you that is not common to everyone. God is faithful, and he will not let you be tested beyond your strength, but with the testing he will also provide the way out so that you may be able to endure it.

Reader Hear what the Spirit is saying to God's people.

***People* Thanks be to God.**

Silence is marked by the ringing of a bell.



THE HOLY GOSPEL (standing as able)

Luke 13:1-9

The Holy Gospel of our Lord Jesus Christ according to Luke.

***People* Glory be to thee, O Lord.**

At that very time there were some present who told Jesus about the Galileans whose blood Pilate had mingled with their sacrifices. He asked them, "Do you think that because these Galileans suffered in this way they were worse sinners than all other Galileans? No, I tell you; but unless you repent, you will all perish as they did. Or those eighteen who were killed when the tower of Siloam fell on them--do you think that they were worse offenders than all the others living in Jerusalem? No, I tell you; but unless you repent, you will all perish just as they did." Then he told this parable: "A man had a fig tree planted in his vineyard; and he came looking for fruit on it and found none. So he said to the gardener, 'See here! For three years I have come looking for fruit on this fig tree, and still I find none. Cut it down! Why should it be wasting the soil?' He replied, 'Sir, let it alone for one more year, until I dig around it and put manure on it. If it bears fruit next year, well and good; but if not, you can cut it down.'"

The Gospel of the Lord.

***People* Praise be to thee, O Christ.**

 THE SERMON (seated)

Karen Haig

Silence is marked by the ringing of a bell.

 THE NICENE CREED (standing as able)

Presiding Priest and People

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE

The Lay Reader says

Let us pray for the whole state of Christ's Church and the world.

Almighty and everliving God, who in thy holy Word hast taught us to make prayers, and supplications, and to give thanks for all people: in our Anglican Cycle of Prayer, we pray for the Hong Kong Sheng Kung Hui, and The Most Revd Paul Kwong, Archbishop of Hong Kong Sheng Kung Hui and Bishop of Hong Kong. In our Diocesan Cycle of Prayer, we pray for St. Peter and Trinity, both in Seattle. Receive our prayers which we offer unto thy divine Majesty beseeching thee to inspire continually the Universal Church with the spirit of truth, unity, and concord and grant that those who do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love.

Lord, hear our prayer.

Give grace, O heavenly Father, to all bishops and other ministers, especially to Michael, our Presiding Bishop; Gregory, our Bishop; Karen, our Rector; Dan, our Deacon; and Nancy, Judith, Patricia, Jan and Jim, priests among us, that they may, both by their life and doctrine, set forth thy true and lively Word, and rightly and duly administer thy holy Sacraments.

Lord, hear our prayer.

And to all thy people give thy heavenly grace, and especially to this congregation here present; that, with meek heart and due reverence, they may hear and receive thy holy Word, truly serving thee in holiness and righteousness all the days of their life.

Lord, hear our prayer.

We beseech thee also so to rule the hearts of those who bear the authority of government in this and every land, especially our elected and appointed officials that they may be led to wise decisions and right actions for the welfare and peace of the world.

Lord, hear our prayer.

Guard and protect all those who serve in harm's way, both in lands far away and here at home, returning them to safe reunion with their families and all who love them.

Lord, hear our prayer.

Bestow upon us the gift of gracious hospitality, welcoming into fellowship our sisters and brothers in Christ who are visiting, remembering that in welcoming strangers we may be welcoming angels unaware.

Lord, hear our prayer.

Open, O Lord, the eyes of all people to behold thy gracious hand in all thy works, that, rejoicing in thy whole creation, they may honor thee with their substance, and be faithful stewards of thy bounty.

Lord, hear our prayer.

And we most humbly beseech thee, of thy goodness, O Lord, to comfort and succor, [especially...] and all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity.

Lord, hear our prayer.

I invite your petitions and thanksgivings aloud or in your hearts...[pause], let us pray.

Lord, hear our prayer.

And we also bless thy holy Name for all thy servants departed this life in thy faith and fear [especially ...], beseeching thee to grant them continual growth in thy love and service; and to grant us grace so to follow the good examples of Barnabas and of all thy saints, that with them we may be partakers of thy heavenly kingdom.

Lord, hear our prayer.

Grant these our prayers, O Father, for Jesus Christ's sake, our only Mediator and Advocate. **Amen.**



CONFESSIO OF SIN (kneeling as able)

Let us humbly confess our sins unto Almighty God.

Silence may be kept.

Presiding Priest and People

Almighty God, Father of our Lord Jesus Christ, maker of all things, judge of all men: We acknowledge and bewail our manifold sins and wickedness, which we from time to time most grievously have committed, by thought, word, and deed, against thy divine Majesty, provoking most justly thy wrath and indignation against us. We do earnestly repent, and are heartily sorry for these our misdoings; the remembrance of them is grievous unto us, the burden of them is intolerable. Have mercy upon us, have mercy upon us, most merciful Father; for thy Son our Lord Jesus Christ's sake, forgive us all that is past; and grant that we may ever hereafter serve and please thee in newness of life, to the honor and glory of thy Name; through Jesus Christ our Lord. Amen.

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all those who with hearty repentance and true faith turn unto him, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**



THE PEACE (standing as able)

Presiding Priest The peace of the Lord be always with you.

People And with thy spirit.



WELCOME, BIRTHDAYS, ANNIVERSARIES & ANNOUNCEMENTS (seated)

THE HOLY COMMUNION

Please remain seated. At the offertory sentence, an offering of money is collected.



Presiding Priest All things come of thee, O Lord,
People And of thine own have we given thee.

THE GREAT THANKSGIVING

The people remain standing.

The Lord be with you.
People And with thy spirit.
Presiding Priest Lift up your hearts.
People We lift them up unto the Lord.
Presiding Priest Let us give thanks unto our Lord God.
People It is meet and right so to do.

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God.

Here a Proper Preface is said.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

Presiding Priest and People

**Holy, holy, holy, Lord God of Hosts:
Heaven and earth are full of thy glory.
Glory be to thee, O Lord Most High.
Blessed is he that cometh in the name of the Lord.
Hosanna in the highest.**



or  *The people kneel or stand.*

Then the Presiding Priest gives thanks for God's work in creation and for the salvation of the world through Christ, and prays over the bread and wine.

All glory be to thee, Almighty God, our heavenly Father...

...By whom, and with whom, in the unity of the Holy Ghost, all honor and glory be unto thee, O Father Almighty, world without end. **AMEN.**

And now, as our Savior Christ hath taught us, we are bold to say,

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

THE BREAKING OF THE BREAD

The Presiding Priest breaks the consecrated Bread. A period of silence is kept.

Christ our Passover is sacrificed for us;

Therefore let us keep the feast.

O Lamb of God, that takest away the sins of the world,
have mercy upon us.

O Lamb of God, that takest away the sins of the world,
have mercy upon us.

O Lamb of God, that takest away the sins of the world,
grant us thy peace.

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

This is the Lord's table around which we gather. All are invited to come forward and receive the bread and wine of the Eucharist. If you do not wish to receive Holy Communion but would like to receive a blessing, please come forward and cross your arms across your heart.

ORGAN VOLUNTARY

Prelude from "Prelude, Fugue and Variation"

César Franck

At the conclusion of the distribution of Holy Communion, silence is marked by the ringing of a bell.



THE POST-COMMUNION PRAYER (kneeling or standing as able)

Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

THE BLESSING

The peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God and of God's son, our savior Jesus Christ. And the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be amongst you, and remain with you always. **Amen.**

HYMN (sung by all, next page)

Lord dismiss us with thy blessing

(HYMNAL 344)

1 Lord, dis - miss us with thy bless - ing; fill our hearts with
 2 Thanks we give and a - dor - a - tion for thy Gos - pel's
 3 so that when thy love shall call us, Sa - vior, from the

joy and peace; let us each, thy love pos - sess - ing,
 joy - ful sound: may the fruits of thy sal - va - tion
 world a - way, fear of death shall not ap - pall us,

tri - umph in re - deem - ing grace: O re - fresh us,
 in our hearts and lives a - bound: ev - er faith - ful,
 glad thy sum - mons to o - bey. May we ev - er,

O re - fresh us trav - eling through this wil - der - ness.
 ev - er faith - ful to thy truth may we be found;
 may we ev - er reign with thee in end - less day.

DISMISSAL

Let us go forth in the name of Christ.

People Thanks be to God.

PROCESSION

Bells

MINISTERS OF THE LITURGY

Presiding Priest & Preacher	The Rev. Karen Haig
Organist	Paul Roy
Acolyte	Mike Killion
Eucharistic Minister	Mike Killion
Lectors	Judy Tingley, Mike Killion
Intercessor	Judy Tingley
Usher	Steve Schmitz
Godly Players	Heidi O'Brien, Rosalys Peel
Altar Guild	Sylvia Dunning, Anne Dennon, Princie Falkenhagen, Carol Mitcham
Bread Baker	Elaine Percival
Coffee Hour	Helene & Steve Schmitz



HOLY WEEK | EASTER AT ST. BARNABAS

Schedule of Services & Events | 2019

SUPPER & SACRAMENTS | WEDNESDAYS, MARCH 13TH- APRIL 10TH, 6:30PM

Join us Wednesday evenings in Lent as we explore the Sacraments of the church. What is a Sacrament? How many of them are there and what are they called? Do Sacraments matter? Why? We'll explore these questions and many others as we deepen our experience and understanding of the Sacraments at Supper and Sacraments; Wednesday Evenings in Lent. Join us for a simple soup supper at 6:30, our program begins at 7.

LENTEN EVENSONG & BACH CANTATA | MARCH 24TH

5pm | Service comprised of readings and hymns, chants, and canticles led by the parish choir with guest musicians. Featured musical offering is Bach's solo Cantata No. 82, "Ich habe genug" sung by Micah Parker, bass soloist, with oboe, strings, and organ.

PALM/PASSION SUNDAY | APRIL 14TH

8am | Liturgy of the Palms, Passion Gospel and Holy Eucharist Rite I

10am | Liturgy of the Palms, Passion Gospel and Holy Eucharist Rite II

A SERVICE OF HEALING AND RECONCILIATION | APRIL 15TH

7pm | Holy Eucharist with Confession and Meditation. Confessions will also be heard prior to the service, from 6-7pm

MAUNDY THURSDAY | APRIL 18TH

No Thursday morning Healing Eucharist on this day

8pm | Maundy Thursday Service, beginning with supper in the parish hall

GOOD FRIDAY | APRIL 19TH

12:10pm | The Liturgy of Good Friday | Spoken

7pm | The Liturgy of Good Friday | Choral

THE GREAT VIGIL OF EASTER | APRIL 20TH

8pm | New Fire, Sacred Stories, and the First Eucharist of Easter | Incense used at this service

EASTER SUNDAY | APRIL 21ST

9am | Festal Easter Eucharist Rite II

10:15am | Easter Egg Hunt/Festive Coffee Hour

11am | Festal Easter Eucharist Rite II

