

HOLY EUCHARIST: Rite I

THE SIXTH SUNDAY AFTER THE EPIPHANY

February 16, 2020 ♦ 8:00 a.m.

Welcome to St. Barnabas, we are delighted that you're here. We hope you'll participate fully in our worship through singing, praying, hearing the Good News of Jesus Christ, and coming to communion. May God richly bless you as you bless us!

ORGAN VOLUNTARY

Rhosymedre (or "Lovely")

Ralph Vaughan Williams

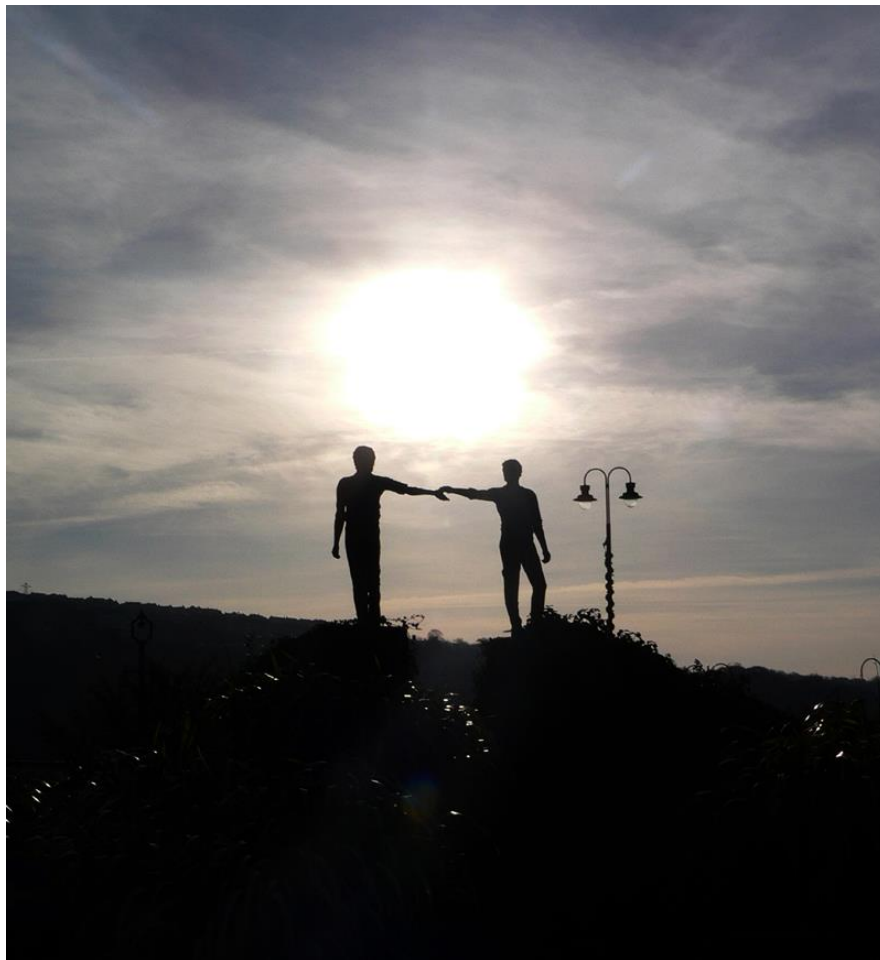


All stand as able at the sound of the tower bell.

HYMN (sung by all, next page)

People of God

TUNE: Earth and all stars



Hands Across the Divide

Maurice Harron

Free standing, metal sculpture Derry, Northern Ireland

1 Peo - ple of God, ga - ther to - ge - ther, come, let us
 2 Hear-ing God's word, heed-ing the mes - sage, come and re -
 3 Bear - ing your gifts, en - ter God's pre - sence; come, let us
 4 Wo - men and men, har - mo - ny blend - ing, come, swell the

sing on this glo - rious day. Shout-ing a - broad
 joye as we an - swer the call. With one ac - cord,
 share in the hea - ven - ly feast. Mend-ing all rifts,
 cho - rus in lov - ing ac - cord. Rais - ing a - gain

praise to the Mak-er, come and with bo - dy and soul let us pray.
 made in God's im - age, come in com - mu - ni - ty, wel - com - ing all.
 heal - ing di - vi - sions, come and from sor - rows and hurts be re - leased.
 thanks ne - ver end - ing, come to the God who is Wis - dom and Word.

Refrain

Come, let us join in the hea - ven - ly dance,

prais - ing in joy - ous ce - le - bra - tion.

THE OPENING ACCLAMATION

Presiding Priest Blessed be God: Father, Son, and Holy Spirit.

People And blessed be God's kingdom, now and for ever. Amen.

COLLECT FOR PURITY

Presiding Priest and People

Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. Amen.

THE SUMMARY OF THE LAW

Presiding Priest

Hear what our Lord Jesus Christ saith: Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. This is the first and great commandment. And the second is like unto it: Thou shalt love thy neighbor as thyself. On these two commandments hang all the Law and the Prophets.

GLORY BE TO GOD

Presiding Priest and People

Glory be to God on high, and on earth peace, good will towards men. We praise thee, we bless thee, we worship thee, we glorify thee, we give thanks to thee for thy great glory, O Lord God, heavenly King, God the Father Almighty. O Lord, the only-begotten Son, Jesus Christ; O Lord God, Lamb of God, Son of the Father, that takest away the sins of the world, have mercy upon us. Thou that takest away the sins of the world, receive our prayer. Thou that sittest at the right hand of God the Father, have mercy upon us. For thou only art holy; thou only art the Lord; thou only, O Christ, with the Holy Ghost, art most high in the glory of God the Father. Amen.

THE COLLECT OF THE DAY

Presiding Priest The Lord be with you.

People And with thy spirit.

Presiding Priest Let us pray.

O God, the strength of all those who put their trust in thee: Mercifully accept our prayers; and because, through the weakness of our mortal nature, we can do no good thing without thee, grant us the help of thy grace, that in keeping thy commandments we may please thee both in will and deed; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever. **Amen.**

THE WORD OF GOD

 THE FIRST READING

Deuteronomy 30:15-20

READER: A Reading from the Book of Deuteronomy

See, I have set before you today life and prosperity, death and adversity. If you obey the commandments of the LORD your God that I am commanding you today, by loving the LORD your God, walking in his ways, and observing his commandments, decrees, and ordinances, then you shall live and become numerous, and the LORD your God will bless you in the land that you are entering to possess. But if your heart turns away and you do not hear, but are led astray to bow down to other gods and serve them, I declare to you today that you shall perish; you shall not live long in the land that you are crossing the Jordan to enter and possess. I call heaven and earth to witness against you today that I have set before you life and death, blessings and curses. Choose life so that you and your descendants may live, loving the LORD your God, obeying him, and holding fast to him; for that means life to you and length of days, so that you may live in the land that the LORD swore to give to your ancestors, to Abraham, to Isaac, and to Jacob.

Reader Hear what the Spirit is saying to God's people.

People Thanks be to God.

Silence is marked by the ringing of a bell.

- 1 Happy are they whose way is blameless, *
who walk in the law of the LORD!
- 2 Happy are they who observe his decrees *
and seek him with all their hearts!
- 3 Who never do any wrong, *
but always walk in his ways.
- 4 You laid down your commandments, *
that we should fully keep them.
- 5 Oh, that my ways were made so direct *
that I might keep your statutes!
- 6 Then I should not be put to shame, *
when I regard all your commandments.
- 7 I will thank you with an unfeigned heart, *
when I have learned your righteous judgments.
- 8 I will keep your statutes; *
do not utterly forsake me.

THE SECOND READING

1 Corinthians 3:1-9

READER: A Reading from the First Letter of Paul to the Corinthians

And so, brothers and sisters, I could not speak to you as spiritual people, but rather as people of the flesh, as infants in Christ. I fed you with milk, not solid food, for you were not ready for solid food. Even now you are still not ready, for you are still of the flesh. For as long as there is jealousy and quarreling among you, are you not of the flesh, and behaving according to human inclinations? For when one says, "I belong to Paul," and another, "I belong to Apollos," are you not merely human? What then is Apollos? What is Paul? Servants through whom you came to believe, as the Lord assigned to each. I planted, Apollos watered, but God gave the growth. So neither the one who plants nor the one who waters is anything, but only God who gives the growth. The one who plants and the one who waters have a common purpose, and each will receive wages according to the labor of each. For we are God's servants, working together; you are God's field, God's building.

Reader Hear what the Spirit is saying to God's people.
***People* Thanks be to God.**

Silence is marked by the ringing of a bell.

 THE HOLY GOSPEL

Matthew 5:21-37

The Priest reads the Gospel, first saying

The Holy Gospel of our Lord Jesus Christ according to Matthew.
***People* Glory be to thee, O Lord.**

Jesus said, "You have heard that it was said to those of ancient times, 'You shall not murder'; and 'whoever murders shall be liable to judgment.' But I say to you that if you are angry with a brother or sister, you will be liable to judgment; and if you insult a brother or sister, you will be liable to the council; and if you say, 'You fool,' you will be liable to the hell of fire. So when you are offering your gift at the altar, if you remember that your brother or sister has something against you, leave your gift there before the altar and

go; first be reconciled to your brother or sister, and then come and offer your gift. Come to terms quickly with your accuser while you are on the way to court with him, or your accuser may hand you over to the judge, and the judge to the guard, and you will be thrown into prison. Truly I tell you, you will never get out until you have paid the last penny. "You have heard that it was said, 'You shall not commit adultery.' But I say to you that everyone who looks at a woman with lust has already committed adultery with her in his heart. If your right eye causes you to sin, tear it out and throw it away; it is better for you to lose one of your members than for your whole body to be thrown into hell. And if your right hand causes you to sin, cut it off and throw it away; it is better for you to lose one of your members than for your whole body to go into hell. "It was also said, 'Whoever divorces his wife, let him give her a certificate of divorce.' But I say to you that anyone who divorces his wife, except on the ground of unchastity, causes her to commit adultery; and whoever marries a divorced woman commits adultery. "Again, you have heard that it was said to those of ancient times, 'You shall not swear falsely, but carry out the vows you have made to the Lord.' But I say to you, Do not swear at all, either by heaven, for it is the throne of God, or by the earth, for it is his footstool, or by Jerusalem, for it is the city of the great King. And do not swear by your head, for you cannot make one hair white or black. Let your word be 'Yes, Yes' or 'No, No'; anything more than this comes from the evil one.

The Gospel of the Lord

People Praise be to thee, O Christ.



THE SERMON

Karen Haig

Silence is marked by the ringing of a bell.



THE NICENE CREED

Presiding Priest and People

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE

Let us pray for the whole state of Christ's Church and the world.

Almighty and everliving God, who in thy holy Word hast taught us to make prayers, and supplications, and to give thanks for all people: in our Anglican Cycle of Prayer, we pray for the Anglican Church of the Province of Central Africa, its clergy and its people. In our Diocesan Cycle of Prayer, we pray for Saint Mark's Cathedral and St. Paul, both in Seattle. In our parish cycle of prayer, we pray for our parish staff. Receive our prayers which we offer unto thy divine Majesty beseeching thee to inspire continually the Universal Church with the spirit of truth, unity, and concord and grant that those who do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love.

Lord, hear our prayer.

Give grace, O heavenly Father, to all bishops and other ministers, especially to Michael, our Presiding Bishop; Gregory, our Bishop; Karen, our Rector; and Nancy, Judith, Patricia, Jan and Jim, priests among us, that they may, both by their life and doctrine, set forth thy true and lively Word, and rightly and duly administer thy holy Sacraments.

Lord, hear our prayer.

And to all thy people give thy heavenly grace, and especially to this congregation here present; that, with meek heart and due reverence, they may hear and receive thy holy Word, truly serving thee in holiness and righteousness all the days of their life.

Lord, hear our prayer.

We beseech thee also so to rule the hearts of those who bear the authority of government in this and every land, especially our elected and appointed officials that they may be led to wise decisions and right actions for the welfare and peace of the world.

Lord, hear our prayer.

Guard and protect all those who serve in harm's way, both in lands far away and here at home, returning them to safe reunion with their families and all who love them.

Lord, hear our prayer.

Bestow upon us the gift of gracious hospitality, welcoming into fellowship our sisters and brothers in Christ who are visiting, remembering that in welcoming strangers we may be welcoming angels unaware.

Lord, hear our prayer.

Open, O Lord, the eyes of all people to behold thy gracious hand in all thy works, that, rejoicing in thy whole creation, they may honor thee with their substance, and be faithful stewards of thy bounty.

Lord, hear our prayer.

And we most humbly beseech thee, of thy goodness, O Lord, to comfort and succor, [especially...] and all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity.

Lord, hear our prayer.

I invite your petitions and thanksgivings aloud or in your hearts...[pause], let us pray.

Lord, hear our prayer.

And we also bless thy holy Name for all thy servants departed this life in thy faith and fear [especially...], beseeching thee to grant them continual growth in thy love and service; and to grant us grace so to follow the good examples of Barnabas and of all thy saints, that with them we may be partakers of thy heavenly kingdom.

Lord, hear our prayer.

Grant these our prayers, O Father, for Jesus Christ's sake, our only Mediator and Advocate. **Amen.**



or



CONFESSION OF SIN

Let us humbly confess our sins unto Almighty God.

Silence may be kept.

Presiding Priest and People

Almighty God, Father of our Lord Jesus Christ, maker of all things, judge of all men: We acknowledge and bewail our manifold sins and wickedness, which we from time to time most grievously have committed, by thought, word, and deed, against thy divine Majesty, provoking most justly thy wrath and indignation against us. We do earnestly repent, and are heartily sorry for these our misdoings; the remembrance of them is grievous unto us, the burden of them is intolerable. Have mercy upon us, have mercy upon us, most merciful Father; for thy Son our Lord Jesus Christ's sake, forgive us all that is past; and grant that we may ever hereafter serve and please thee in newness of life, to the honor and glory of thy Name; through Jesus Christ our Lord. Amen.

THE ABSOLUTION

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all those who with hearty repentance and true faith turn unto him, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**



THE PEACE

Presiding Priest The peace of the Lord be always with you.
People **And with thy spirit.**



WELCOME, ANNOUNCEMENTS, BIRTHDAYS & ANNIVERSARIES

Birthday prayers found on page 830 and Anniversary prayer on page 431 in the red Book of Common Prayer.

THE HOLY COMMUNION

Please remain seated. At the offertory sentence, an offering of money is collected.



Presiding Priest All things come of thee, O Lord,
People **And of thine own have we given thee.**

THE GREAT THANKSGIVING

The people remain standing.

Presiding Priest The Lord be with you.
People **And with thy spirit.**
Presiding Priest Lift up your hearts.
People **We lift them up unto the Lord.**
Presiding Priest Let us give thanks unto our Lord God.
People **It is meet and right so to do.**

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God.

Because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of your Son Jesus Christ our Lord.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

Presiding Priest and People

Holy, holy, holy, Lord God of Hosts:
Heaven and earth are full of thy glory.
Glory be to thee, O Lord Most High.
Blessed is he that cometh in the name of the Lord.
Hosanna in the highest.



Then the Presiding Priest gives thanks for God's work in creation and for the salvation of the world through Christ and prays over the bread and wine.

All glory be to thee, Almighty God, our heavenly Father...

...By whom, and with whom, in the unity of the Holy Ghost, all honor and glory be unto thee, O Father Almighty, world without end. **AMEN.**

And now, as our Savior Christ hath taught us, we are bold to say,

People and Presiding Priest

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

THE BREAKING OF THE BREAD

The Presiding Priest breaks the consecrated Bread. A period of silence is kept.

Alleluia! Christ our Passover is sacrificed for us;

Therefore let us keep the feast. Alleluia!

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

This is Jesus' table where all are welcome to share in the bread and wine of Holy Communion. If you prefer to receive a blessing (or not to receive wine), fold your arms across your chest as a sign.

At the conclusion of the distribution of communion, silence is marked by the ringing of a bell.



THE POST-COMMUNION PRAYER

Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

THE BLESSING

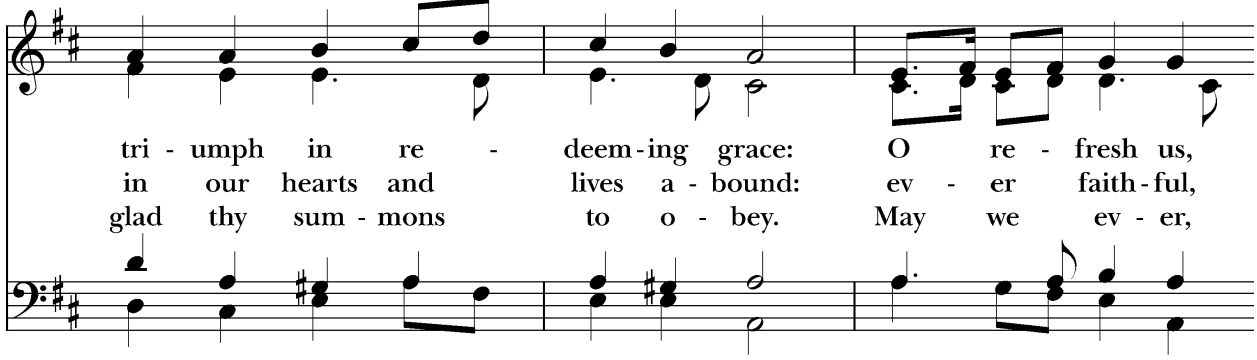
The peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God and of God's son, our savior Jesus Christ. And the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be upon you this day, and remain with you always. **Amen.**




1 Lord, dis - miss us with thy bless - ing; fill our hearts with
2 Thanks we give and a - dor - a - tion for thy Gos - pel's
3 so that when thy love shall call us, Sa - vior, from the



joy and peace; let us each, thy love pos - sess - ing,
joy - ful sound: may the fruits of thy sal - va - tion
world a - way, fear of death shall not ap - pall us,



tri - umph in re - deem - ing grace: O re - fresh us,
in our hearts and lives a - bound: ev - er faith - ful,
glad thy sum - mons to o - bey. May we ev - er,



O re - fresh us trav - eling through this wil - der - ness.
ev - er faith - ful to thy truth may we be found;
may we ev - er reign with thee in end - less day.

DISMISSAL

Let us go forth into the world rejoicing in the power of the Spirit.

People

Thanks be to God.

PROCESSION

ORGAN VOLUNTARY

Procession

Rosalie Bonighton

MINISTERS OF THE LITURGY

Presiding Priest & Preacher	The Reverend Karen Haig
Organist	Paul Roy
Acolyte	Stu Case
Eucharistic Minister	Su Beecham
Lectors	Su Beecham, Stu Case
Intercessor	Stu Case
Usher	Angie Bickerton
Altar Guild	Joan Collins, Peter DeMann, Denton Kiehle
Bread Baker	Laurie Fergusson
Coffee Hour	Judy Tingley & Mike Killion

*Today's altar flowers are donated by Delores Bussell in memory of her husband George,
on his birthday.*

