

# HOLY EUCHARIST: Rite I

THE FIRST SUNDAY IN LENT

March 1, 2020 ♦ 8:00 a.m.

*Welcome to St. Barnabas, we are delighted that you're here. We hope you'll participate fully in our worship through singing, prayer, hearing the Good News of Jesus Christ, and coming to communion. May God richly bless you as you bless us!*

## WELCOME INTO THE QUIET

*"Lent serves as our annual invitation to come closer to God. It provides a time to look at our lives and ourselves, not so we may criticize ourselves more harshly but so we can identify the obstructions that keep us from... feeling the presence of the divine in our every day. How do we hide from God, and why? Lent gives us a chance to look at such obstructions and to move them gently away so that we can come closer to the Love that gives us life... Thus Lent offers a gift of time and a promise of closeness..."*

*From A Clearing Season: Reflections for Lent*



*All stand as able at the sound of the tower bell.*

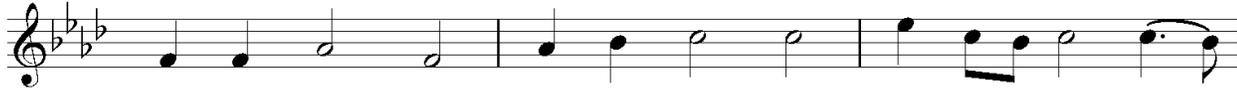
HYMN (sung by all)

*Now let us all with one accord*

(HYMNAL 147)



1 Now let us all with one ac - cord, in  
2 The cov - e - nant, so long re - vealed to  
3 Your love, O Lord, our sin - ful race has  
4 Re - mem - ber, Lord, though frail we be, in  
5 There - fore, we pray you, Lord, for - give; so



1 com - pa - ny with a - ges past, keep vi - gil with our  
2 those of faith in for - mer time, Christ by his own ex -  
3 not re - turned, but fal - si - fied; au - thor of mer - cy,  
4 your own i - mage were we made; help us, lest in anx -  
5 when our wan - derings here shall cease, we may with you for



1 heaven - ly Lord in his temp - ta - tion and his fast.  
2 am - ple sealed, the Lord of love, in love sub - lime.  
3 turn your face and grant re - pent - ance for our pride.  
4 i - e - ty, we cause your Name to be be - trayed.  
5 ev - er live, in love and u - ni - ty and peace.

Words: Att. Gregory the Great (540-604); tr. *Praise the Lord*, 1972, alt. Copyright © by James Quinn, SJ. Printed by permission of Geoffrey Chapman, a division of Cassell Ltd. Music: *Bourbon*, melody att. Freeman Lewis (1780-1859); harm. Thomas Foster (b. 1938) Copyright ©1984, Thomas Foster. All rights reserved. Used with permission.

## THE OPENING ACCLAMATION

*Presiding Priest* Bless the Lord who forgiveth all our sins.

**People** God's mercy endureth for ever.



## THE DECALOGUE

God spake these words, and said:

I am the Lord thy God who brought thee out of the land of Egypt, out of the house of bondage. Thou shalt have none other gods but me.

**Lord, have mercy upon us,  
and incline our hearts to keep this law.**

Thou shalt not make to thyself any graven image, nor the likeness of any thing that is in heaven above, or in the earth beneath, or in the water under the earth; thou shalt not bow down to them, nor worship them.

**Lord, have mercy upon us,  
and incline our hearts to keep this law.**

Thou shalt not take the Name of the Lord thy God in vain.

**Lord, have mercy upon us,  
and incline our hearts to keep this law.**

Remember that thou keep holy the Sabbath day.

**Lord, have mercy upon us,  
and incline our hearts to keep this law.**

Honor thy father and thy mother.

**Lord, have mercy upon us,  
and incline our hearts to keep this law.**

Thou shalt do no murder.

**Lord, have mercy upon us,  
and incline our hearts to keep this law.**

Thou shalt not commit adultery.

**Lord, have mercy upon us,  
and incline our hearts to keep this law.**

Thou shalt not steal.

**Lord, have mercy upon us,  
and incline our hearts to keep this law.**

Thou shalt not bear false witness against thy neighbor.

**Lord, have mercy upon us,  
and incline our hearts to keep this law.**

Thou shalt not covet.

**Lord, have mercy upon us,  
and write all these thy laws in our hearts, we beseech thee.**

Hear what our Lord Jesus Christ saith: Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. This is the first and great commandment. And the second is like unto it: Thou shalt love thy neighbor as thyself. On these two commandments hang all the Law and the Prophets.

*Matthew 22:37-40*

Let us humbly confess our sins unto Almighty God.

*Silence may be kept.*

*Presiding Priest and People*

**Almighty and most merciful father, we have erred and strayed from thy ways like lost sheep, we have followed too much the devices and desires of our own hearts, we have offended against thy holy laws, we have left undone those things which we ought to have done, and we have done those things which we ought not to have done. But thou, O Lord, have mercy upon us, spare thou those who confess their faults, restore thou those who are penitent, according to thy promises declared unto mankind in Christ Jesus our Lord; and grant, O most merciful Father, for his sake, that we may hereafter live a godly, righteous, and sober life, to the glory of thy holy Name. Amen.**

The Almighty and merciful Lord grant you absolution and remission of all your sins, true repentance, amendment of life, and the grace and consolation of his Holy Spirit. **Amen.**

Lord, have mercy upon us.

**Christ, have mercy upon us.**

Lord, have mercy upon us.

*Presiding Priest* The Lord be with you.

**People** **And with thy spirit.**

*Presiding Priest* Let us pray.

Almighty God, whose blessed Son was led by the Spirit to be tempted of Satan: Make speed to help thy servants who are assaulted by manifold temptations; and, as thou knowest their several infirmities, let each one find thee mighty to save; through Jesus Christ thy Son our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, now and for ever. **Amen.**

## **THE WORD OF GOD**

### **THE FIRST READING**

Genesis 2:15-17, 3:1-7

*READER: A Reading from the Book of Genesis*

The Lord God took the man and put him in the garden of Eden to till it and keep it. And the Lord God commanded the man, "You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die." Now the serpent was more crafty than any other wild animal that the Lord God had made. He said to the woman, "Did God say, 'You shall not eat from any tree in the garden?'" The woman said to the serpent, "We may eat of the fruit of the trees in the garden; but God said, 'You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die.'" But the serpent said to the woman, "You will not die; for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil." So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

*Reader* Hear what the Spirit is saying to God's people.

**People** **Thanks be to God.**

*Silence is marked by the ringing of a bell.*

1 Happy are they whose transgressions are forgiven, \*  
**and whose sin is put away!**

2 Happy are they to whom the Lord imputes no guilt, \*  
**and in whose spirit there is no guile!**

3 While I held my tongue, my bones withered away, \*  
**because of my groaning all day long.**

4 For your hand was heavy upon me day and night; \*  
**my moisture was dried up as in the heat of summer.**

5 Then I acknowledged my sin to you, \*  
**and did not conceal my guilt.**

6 I said, "I will confess my transgressions to the Lord." \*  
**Then you forgave me the guilt of my sin.**

7 Therefore all the faithful will make their prayers to you in time of trouble; \*  
**when the great waters overflow, they shall not reach them.**

8 You are my hiding-place; you preserve me from trouble; \*  
**you surround me with shouts of deliverance.**

9 "I will instruct you and teach you in the way that you should go; \*  
**I will guide you with my eye.**

10 Do not be like horse or mule, which have no understanding; \*  
**who must be fitted with bit and bridle, or else they will not stay near you."**

11 Great are the tribulations of the wicked; \*  
**but mercy embraces those who trust in the Lord.**

12 Be glad, you righteous, and rejoice in the Lord; \*  
**shout for joy, all who are true of heart.**

*READER: A Reading from the Letter of Paul to the Romans*

Just as sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned — sin was indeed in the world before the law, but sin is not reckoned when there is no law. Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come. But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. And the free gift is not like the effect of the one man's sin. For the judgment following one trespass brought condemnation, but the free gift following many trespasses brings justification. If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ. Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life

for all. For just as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

*Reader* Hear what the Spirit is saying to God's people.

**People** Thanks be to God.

*Silence is marked by the ringing of a bell.*



## THE HOLY GOSPEL

Matthew 4:1-11

The Holy Gospel of our Lord Jesus Christ according to Matthew.

**People** Glory be to thee, O Lord.

After Jesus was baptized, he was led up by the Spirit into the wilderness to be tempted by the devil. He fasted forty days and forty nights, and afterwards he was famished. The tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." But he answered, "It is written, 'One does not live by bread alone, but by every word that comes from the mouth of God.'" Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down; for it is written, 'He will command his angels concerning you,' and 'On their hands they will bear you up, so that you will not dash your foot against a stone.'" Jesus said to him, "Again it is written, 'Do not put the Lord your God to the test.'" Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendor; and he said to him, "All these I will give you, if you will fall down and worship me." Jesus said to him, "Away with you, Satan! for it is written, 'Worship the Lord your God, and serve only him.'" Then the devil left him, and suddenly angels came and waited on him.

The Gospel of the Lord.

**People** Praise be to thee, O Christ.



## THE SERMON

Karen Haig

*Silence is marked by the ringing of a bell.*



## THE NICENE CREED

*Presiding Priest and People*

**We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.**

## THE PRAYERS OF THE PEOPLE

Let us pray for the whole state of Christ's Church and the world.

Almighty and everliving God, who in thy holy Word hast taught us to make prayers, and supplications, and to give thanks for all people: in our Anglican Cycle of Prayer, we pray for the Iglesia Anglicana de Chile, its clergy and its people. In our Diocesan Cycle of Prayer, we pray for All Saints and Resurrection, both in Bellevue. In our parish cycle of prayer, we pray for our chancellor, clerk, and treasurer. Receive our prayers which we offer unto thy divine Majesty beseeching thee to inspire continually the Universal Church with the spirit of truth, unity, and concord and grant that those who do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love.

**Lord, hear our prayer.**

Give grace, O heavenly Father, to all bishops and other ministers, especially to Michael, our Presiding Bishop; Gregory, our Bishop; Karen, our Rector; and Nancy, Judith, Patricia, Jan and Jim, priests among us, that they may, both by their life and doctrine, set forth thy true and lively Word, and rightly and duly administer thy holy Sacraments.

**Lord, hear our prayer.**

And to all thy people give thy heavenly grace, and especially to this congregation here present; that, with meek heart and due reverence, they may hear and receive thy holy Word, truly serving thee in holiness and righteousness all the days of their life.

**Lord, hear our prayer.**

We beseech thee also so to rule the hearts of those who bear the authority of government in this and every land, especially our elected and appointed officials that they may be led to wise decisions and right actions for the welfare and peace of the world.

**Lord, hear our prayer.**

Guard and protect all those who serve in harm's way, both in lands far away and here at home, returning them to safe reunion with their families and all who love them.

**Lord, hear our prayer.**

Bestow upon us the gift of gracious hospitality, welcoming into fellowship our sisters and brothers in Christ who are visiting, remembering that in welcoming strangers we may be welcoming angels unaware.

**Lord, hear our prayer.**

Open, O Lord, the eyes of all people to behold thy gracious hand in all thy works, that, rejoicing in thy whole creation, they may honor thee with their substance, and be faithful stewards of thy bounty.

**Lord, hear our prayer.**

And we most humbly beseech thee, of thy goodness, O Lord, to comfort and succor, [especially...] and all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity.

**Lord, hear our prayer.**

I invite your petitions and thanksgivings aloud or in your hearts...[pause], let us pray.

**Lord, hear our prayer.**

And we also bless thy holy Name for all thy servants departed this life in thy faith and fear [especially...], beseeching thee to grant them continual growth in thy love and service; and to grant us grace so to follow the good examples of Barnabas and of all thy saints, that with them we may be partakers of thy heavenly kingdom.

**Lord, hear our prayer.**

Grant these our prayers, O Father, for Jesus Christ's sake, our only Mediator and Advocate. **Amen.**

## THE PEACE

*Presiding Priest* The peace of the Lord be always with you.

**People** **And with thy spirit.**



## WELCOME, ANNOUNCEMENTS, BIRTHDAYS & ANNIVERSARIES

*Birthday prayers found on page 830 and Anniversary prayer on page 431 in the red Book of Common Prayer.*

## THE HOLY COMMUNION

*Please remain seated. At the offertory sentence, an offering of money is collected.*



*Presiding Priest* All things come of thee, O Lord,

**People** **And of thine own have we given thee.**

## THE GREAT THANKSGIVING

*The people remain standing.*

The Lord be with you.

**People** **And with thy spirit.**

*Presiding Priest* Lift up your hearts.

**People** **We lift them up unto the Lord.**

*Presiding Priest* Let us give thanks unto our Lord God.

**People** **It is meet and right so to do.**

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God.

*Here a Proper Preface is said.*

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

*Presiding Priest and People*

**Holy, holy, holy, Lord God of Hosts:**

**Heaven and earth are full of thy glory.**

**Glory be to thee, O Lord Most High.**

**Blessed is he that cometh in the name of the Lord.**

**Hosanna in the highest.**



*Then the Presiding Priest gives thanks for God's work in creation and for the salvation of the world through Christ, and prays over the bread and wine.*

All glory be to thee, Almighty God, our heavenly Father...

...By whom, and with whom, in the unity of the Holy Ghost, all honor and glory be unto thee, O Father Almighty, world without end. **AMEN.**

And now, as our Savior Christ hath taught us, we are bold to say,

**Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

#### THE BREAKING OF THE BREAD

*The Presiding Priest breaks the consecrated Bread. A period of silence is kept.*

Christ our Passover is sacrificed for us;  
**Therefore let us keep the feast.**

O Lamb of God, that takest away the sins of the world,  
**have mercy upon us.**

O Lamb of God, that takest away the sins of the world,  
**have mercy upon us.**

O Lamb of God, that takest away the sins of the world,  
**grant us thy peace.**

**We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.**

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

*This is Jesus' table. All find a welcome invitation to share in the bread and wine of Holy Communion. If you prefer to receive a blessing (or not to receive wine), place your arms across your chest as a sign.*



*At the conclusion of the distribution of Holy Communion, silence is marked by the ringing of a bell.*



THE POST-COMMUNION PRAYER

Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

THE BLESSING

The peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God and of God's son, our savior Jesus Christ. And the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be amongst you, and remain with you always. Amen.

HYMN (sung by all, next page)

*The glory of these forty days*

(HYMNAL 143)



1 The glo - ry of these for - ty days we  
 2 A - lone and fast - ing Mo - ses saw the  
 3 So Dan - iel trained his mys - tic sight, de -  
 4 Then grant us, Lord, like them to be full  
 \* 5 O Fa - ther, Son, and Spi - rit blest, to



1 ce - le - brate with songs of praise; for Christ, through whom all  
 2 lov - ing God who gave the law; and to E - li - jah,  
 3 liv - ered from the li - ons' might; and John, the Bride - groom's  
 4 oft in fast and prayer with thee; our spi - rits strength - en  
 5 thee be ev - ery prayer ad - dressed, who art in three - fold



1 things were made, him - self has fast - ed and has prayed.  
 2 fast - ing, came the steeds and char - i - ots of flame.  
 3 friend, be - came the her - ald of Mes - si - ah's name.  
 4 with thy grace, and give us joy to see thy face.  
 5 Name a - dored, from age to age, the on - ly Lord.

Words: Latin, 6th cent.; tr. Maurice F. Bell (1862-1947), alt. Copyright © by permission Oxford University Press. All rights reserved. Used with permission. Music: *Erhalt uns, Herr*; melody from *Geistliche Lieder*, 1543; harm. Johann Sebastian Bach (1685-1750)

DISMISSAL

Let us go in peace to love and serve the Lord.

*People*     **Thanks be to God.**

PROCESSION

Bells

## MINISTERS OF THE LITURGY

Presiding Priest & Preacher  
Organist  
Acolyte  
Eucharistic Minister  
Lectors  
Intercessor  
Usher  
Altar Guild  
Bread Baker  
Coffee Hour

The Rev. Karen Haig  
Paul Roy  
Stu Case  
David De La Vergne  
David De La Vergne, Hootie Warren  
Hootie Warren  
George Brooker  
All Hands  
Cathy Nickum  
Helene & Steve Schmitz

