

# HOLY EUCHARIST: Rite II

THE SECOND SUNDAY IN LENT

March 8, 2020 ♦ 10:00 a.m.

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*Welcome to St. Barnabas, we are delighted that you're here. We hope you'll participate fully in our worship through singing, prayer, hearing the Good News of Jesus Christ, and coming to communion. May God richly bless you as you bless us!*

ORGAN VOLUNTARY

*Adagio in A Minor*

J. S. Bach



*All stand as able at the sound of the tower bell.*

HYMN (sung by all, next page)

*The God of Abraham praise*

(HYMNAL 401)



Nicodemus  
Jesus Mafa, 1973

1 The God of A - braham praise, who reigns en - throned a - bove;  
 2 He by him - self hath sworn: we on his oath de - pend;  
 3 There dwells the Lord, our King, the Lord, our Right - eous - ness,  
 4 The God who reigns on high the great arch - an - gels sing,  
 5 The whole tri - um - phant host give thanks to God on high;

1 An - cient of ev - er - last - ing days, and God of love;  
 2 we shall, on ea - gle - wings up - borne, to heaven a - scend:  
 3 tri - um - phant o'er the world and sin, the Prince of Peace;  
 4 and "Ho - ly, ho - ly, ho - ly," cry, "Al - might - y King!  
 5 "Hail, Fa - ther, Son, and Ho - ly Ghost!" they ev - er cry;

1 the Lord, the great I AM, by earth and heaven con - fessed:  
 2 we shall be - hold his face, we shall his power a - dore,  
 3 on Zi - on's sa - cred height his king - dom he main - tains,  
 4 Who was, and is, the same, and ev - er - more shall be:  
 5 hail, A - braham's Lord di - vine! With heaven our songs we raise;

we bow and bless the sa - cred Name for ev - er blest.  
 and sing the won - ders of his grace for ev - er - more.  
 and, glo - rious with his saints in light, for ev - er reigns.  
 e - ter - nal Fa - ther, great I AM, we wor - ship thee."  
 all might and ma - jes - ty are thine, and end - less praise.

Words: Thomas Olivers (1725-1799), alt. Music: *Leoni*, Hebrew melody; harm. *Hymns Ancient and Modern*, 1875, alt.

## THE OPENING ACCLAMATION

*Presiding Priest* Bless the Lord who forgives all our sins.

**People** God's mercy endures for ever.

## COLLECT FOR PURITY

*Presiding Priest and People*

**Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.**

## TRISAGION

*Sung three times, first by choir, then all.*

Ho - ly, ho - ly, ho - ly God, ho - ly al - might - ty One,

ho - ly, ho - ly im - mor - tal One, have mer - cy on us.

Traditional Orthodox liturgy; harm. Alfred V. Fedak (b. 1953)

## THE COLLECT OF THE DAY

*Presiding Priest* The Lord be with you.

**People** And also with you.

*Presiding Priest* Let us pray.

O God, whose glory it is always to have mercy: Be gracious to all who have gone astray from your ways, and bring them again with penitent hearts and steadfast faith to embrace and hold fast the unchangeable truth of your Word, Jesus Christ your Son; who with you and the Holy Spirit lives and reigns, one God, for ever and ever. **Amen.**

## THE WORD OF GOD

### THE FIRST READING

Genesis 12:1-4a

*READER: A Reading from the Book of Genesis*

Now the Lord said to Abram, "Go from your country and your kindred and your father's house to the land that I will show you. I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing. I will bless those who bless you, and the one who curses you I will curse; and in you all the families of the earth shall be blessed." So Abram went, as the Lord had told him.

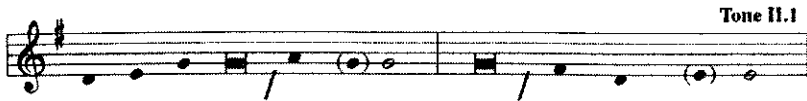
*Reader* Hear what the Spirit is saying to God's people.

**People** Thanks be to God.

*Silence is marked by the ringing of a bell.*

### THE RESPONSE

Psalm 121



Cantor: 1 I lift up my eyes / to the hills; \*  
from where is my \ help to come?

Choir: 2 My help comes / from the LORD, \*  
the maker of hea\ven and earth.

All: 3 The Lord will not let your / foot be moved \*  
and the One who watches over you will not \ fall asleep.

4 Behold, the One who keeps watch over / Israel \*  
shall neither slum\ber nor sleep;

5 It is the Lord who watches / over you; \*  
the Lord is your shade at \ your right hand,

6 So that the sun shall not strike you / by day, \*  
nor the \ moon by night.

7 The Lord shall preserve you from all / evil; \*  
the Lord shall \ keep you safe.

8 The Lord shall watch over your going out and your / coming in, \*  
from this time forth for \ evermore.

*READER: A Reading from the Letter of Paul to the Romans*

What then are we to say was gained by Abraham, our ancestor according to the flesh? For if Abraham was justified by works, he has something to boast about, but not before God. For what does the scripture say? “Abraham believed God, and it was reckoned to him as righteousness.” Now to one who works, wages are not reckoned as a gift but as something due. But to one who without works trusts him who justifies the ungodly, such faith is reckoned as righteousness. For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation. For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, “I have made you the father of many nations”) — in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist.

*Reader* Hear what the Spirit is saying to God’s people.

**People** **Thanks be to God.**

*Silence is marked by the ringing of a bell.*



**GOSPEL ACCLAMATION**

*Choir, then all, and after the verse.*



Praise and hon - or to you, O Lord, O Lord.



Praise and hon - or to you, Lord Je - sus Christ.

**VERSE:** Seek good, and not evil, that you may live; and the God of hosts will be with you.

Text: ICEL, © 1969

Music: Based on WONDROUS LOVE, Stephen Fishner, © 1998, GIA Publications, Inc.

The Holy Gospel of our Lord Jesus Christ according to John.

**People** **Glory to you, Lord Christ.**

Now there was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus by night and said to him, "Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God." Jesus answered him, "Very truly, I tell you, no one can see the kingdom of God without being born from above." Nicodemus said to him, "How can anyone be born after having grown old? Can one enter a second time into the mother's womb and be born?" Jesus answered, "Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, 'You must be born from above.' The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit." Nicodemus said to him, "How can these things be?" Jesus answered him, "Are you a teacher of Israel, and yet you do not understand these things? Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life. For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life. Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him."

The Gospel of the Lord.

**People** **Praise to you, Lord Christ.**



## THE SERMON

Jan Heller

*Silence is marked by the ringing of a bell.*



## THE NICENE CREED

*Presiding Priest and People*

**We believe in one God, the Father, the Almighty, Maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary; and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.**

*In the course of the silence after each bidding, the People offer their own prayers, either silently or aloud.*

I ask your prayers for God's people throughout the world; for Michael, our Presiding Bishop; Gregory, our Bishop; Karen, our Rector; and Nancy, Judith, Patricia, Jan and Jim, priests among us; all who minister in Christ; and for all the holy people of God. In our Anglican Cycle of Prayer, we pray for the Province de L'Eglise Anglicane Du Congo, its clergy and its people. In our Diocesan Cycle of Prayer, we pray for Holy Apostles in Bellevue, St. Margaret in Bellevue, and St. Michael & All Angels in Issaquah. In our parish cycle of prayer, we pray for our Caring Community Network.

Pray for the Church.

*Silence*

I ask your prayers for peace; for goodwill among nations; and for the well-being of all people.  
Pray for justice and peace.

*Silence*

I ask your prayers for the poor, the sick, the hungry, the oppressed, and those in prison.  
Pray for those in any need or trouble.

*Silence*

I ask your prayers for all who seek God, or a deeper knowledge of God.  
Pray that they may find and be found by God.

*Silence*

I ask for your prayers for all in need of healing, peace, and comfort. [especially \_\_\_\_\_].

*Silence*

I ask your prayers for the departed [especially \_\_\_\_\_].  
Pray for those who have died.

*Silence*

Dear people of God, for whom else or what else shall we pray?

*Members of the congregation offer prayers either silently or aloud*

*Silence*

*The Presiding Priest adds a concluding Collect.*

Let us confess our sins against God and our neighbor.

*Silence may be kept.*

**Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.**

*The Presiding Priest says*

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

#### THE PEACE

*Presiding Priest* The peace of the Lord be always with you.

**People** **And also with you.**



#### WELCOME, ANNOUNCEMENTS, BIRTHDAYS & ANNIVERSARIES

*Birthdays prayers found on page 830 and Anniversary prayer on page 431 in the red Book of Common Prayer.*

### **THE HOLY COMMUNION**

*Please remain seated. At the offertory sentence, an offering of money is collected.*



#### ANTHEM

*Be still*

Rick Sowash

Be still and know that I am God.

Be still and know God.

Psalm 46:10



#### PRESENTATION ANTHEM

*Presiding Priest* All things come from you, O Lord,

**People** **And of your own have we given you.**

#### THE GREAT THANKSGIVING

*The people remain standing.*

The Lord be with you.

**And also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give God thanks and praise.**

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Through Jesus Christ our Lord; who was tempted in every way as we are, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

HOLY, HOLY (next page)



*Cantor, then all:*

Ho - ly, ho - ly, ho - ly Lord, God of pow'r and might.

*Cantor:*

Heav'n and earth are full of your glo - ry.

*All:*


Ho - san - na in the high - est, in the high - est.

*All:*

Ho - san - na in the high - est, in the high - est.

*Cantor:*

Blessed is he who comes in the name of the Lord.

*Cantor, then all:* *Last time* 

Ho - san - na in the high - est, in the high - est.

Music: *Corpus Christi Mass, Adoro te devote*, setting by Richard Proulx, © 1992, GIA Publications, Inc.

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

- Christ has died.**
- Christ is risen.**
- Christ will come again.**

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say,

**Our Father, who art in heaven, hallowed be thy Name,  
thy kingdom come, thy will be done, on earth as it is in heaven.**

**Give us this day our daily bread,  
and forgive us our trespasses, as we forgive those who trespass against us.  
And lead us not into temptation, but deliver us from evil.**


**For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

THE BREAKING OF THE BREAD

*The Presiding Priest breaks the consecrated Bread. A period of silence is kept.*


ACCLAMATION AFTER THE BREAKING OF THE BREAD

*Cantor:*



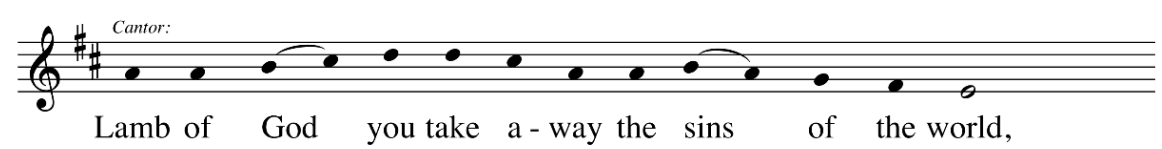
Lamb of God, you take a - way the sins of the world,

*Assembly:* *Repeat as needed*




have mer - cy on us, have mer - cy on us.

*Cantor:*

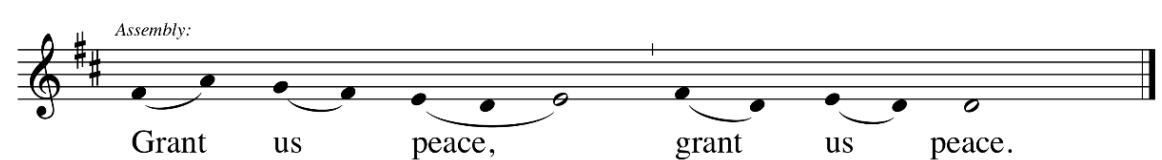


Lamb of God you take a - way the sins of the world,



grant us peace, grant us peace.

*Assembly:*



Grant us peace, grant us peace.

Music: *Corpus Christi Mass, Adoro te devote*, setting by Richard Proulx, © 1992, 2002, GIA Publications, Inc.

THE INVITATION TO COMMUNION

The Gifts of God for the People of God. Take them in remembrance that Christ died for you and lives for you, and feed on him in your hearts by faith, with thanksgiving.

 COMMUNION OF THE PEOPLE

*This is Jesus' table. All find a welcome invitation to share in the bread and wine of Holy Communion.  
If you prefer to receive a blessing (or not to receive wine), place your arms across your chest as a sign.*

ORGAN VOLUNTARY

*Let thy blood in mercy poured*

J. S. Bach

HYMN (sung by all)

*Let thy blood in mercy poured*

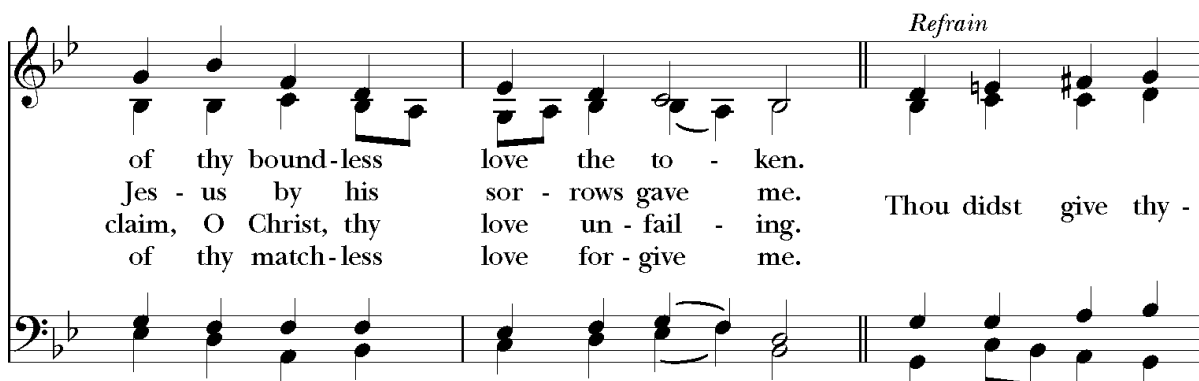
(HYMNAL 313)



1 Let thy Blood in mer - cy poured, let thy gra - cious  
 2 Thou didst die that I might live; bless - ed Lord, thou  
 3 By the thorns that crowned thy brow, by the spear-wound  
 4 Wilt thou own the gift I bring? All my pen - i -



Bo - dy bro - ken, be to me, O gra - cious Lord,  
 cam'st to save me; all that love of God could give  
 and the nail - ing, by the pain and death, I now  
 tence I give thee; thou art my ex - alt - ed King,



*Refrain*

of thy bound-less love the to - ken.  
 Jes - us by his sor - rows gave me. Thou didst give thy -  
 claim, O Christ, thy love un - fail - ing.  
 of thy match-less love for - give me.



self for me, now I give my - self to thee.

Words: John Brownlie (1859-1925) Music: *Jesus, meine Zuversicht*, melody Johann Crüger (1598-1662); harm. after *The Chorale Book for England*, 1863



# THE POST-COMMUNION PRAYER

*Presiding Priest and People*

**Almighty and ever living God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.**

## THE BLESSING

The peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God and of God's son, our savior Jesus Christ. And the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among you, and remain with you always. **Amen.**

HYMN (sung by all)

*Lift high the cross*

(HYMNAL 473)

*Descant*



Lift high the cross, the love of Christ pro - claim

*Refrain*



Lift high the cross, the love of Christ pro - claim



till all the world a - dore \_\_\_\_\_ his sa - cred Name.



till all the world \_\_\_\_\_ a - dore \_\_\_\_\_ his sa - cred Name.

Led on their way by this tri - um - phant sign,  
 Each new - born ser - vant of the Cru - ci - fied  
 O Lord, once lift - ed on the glo - rious tree,  
 So shall our song of tri - umph ev - er be:



*Repeat Refrain*

the hosts of God in con- quering ranks com - bine.  
 bears on the brow the seal of him who died.  
 as thou hast prom - ised, draw the world to thee.  
 praise to the Cru - ci - fied for vic - to - ry.

Words: George William Kitchin (1827-1912); alt. Michael Robert Newbolt (1874-1956) Music: *Crucifer*, Sydney Hugo Nicholson (1875-1947);  
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DISMISSAL

Go in peace to love and serve the Lord.

*People*

**Thanks be to God.**

PROCESSION

Bells



## MINISTERS OF THE LITURGY

Presiding Priest & Preacher	The Rev. Dr. Jan Heller
Organist & Choirmaster	Paul Roy
Song Leaders	The Parish Choir
Eucharistic Ministers	Barbara Bolles, Linda Heller
Lectors	Heidi O'Brien, Brian Andvik
Intercessor	Brian Andvik
Ushers	Laura Carroll, Brian Andvik
Greeters	Mo Godman, Dick Eversole, Jayne Kenyon
Godly Players	Mary Anne Smith, Pamela Sobeck
Altar Guild	Claire Hicks, Ellie & David DeLaVergne, Judy Tingley, Jan Peterson, Pamela Sobeck
Bread Baker	Marnie Arlen
Coffee Hour	Chris Davis, Karen Carncross, Anne Dennon, Angie Bickerton, Leslie Krantz
Welcome Table	Heidi O'Brien

