

HOLY EUCHARIST: Rite II

THE FOURTH SUNDAY IN LENT ("MID-LENT")

March 14, 2021 ♦ 10:00 a.m.

While we're unable to be in church together, we gather today as the church, the Body of Christ. Wherever you are, we hope you'll participate fully in our worship through singing, prayer, hearing the Good News of Jesus Christ, and receiving spiritual communion. May God richly bless you as you bless us!

WELCOME INTO THE QUIET

"Lent serves as our annual invitation to come closer to God. It provides a time to look at our lives and ourselves, not so we may criticize ourselves more harshly but so we can identify the obstructions that keep us from... feeling the presence of the divine in our every day. How do we hide from God, and why? Lent gives us a chance to look at such obstructions and to move them gently away so that we can come closer to the Love that gives us life... Thus Lent offers a gift of time and a promise of closeness..."

From [A Clearing Season: Reflections for Lent](#)



All stand as able at the sound of the tower bells.

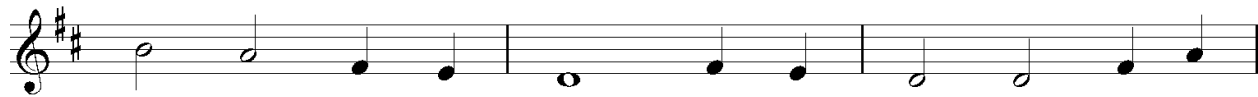
HYMN

Come, thou fount of every blessing

(HYMNAL 686)



1 Come, thou fount of ev - ery bless - ing, tune my
2 Here I find my great - est trea - sure; hith - er,
3 Oh, to grace how great a debt - or dai - ly



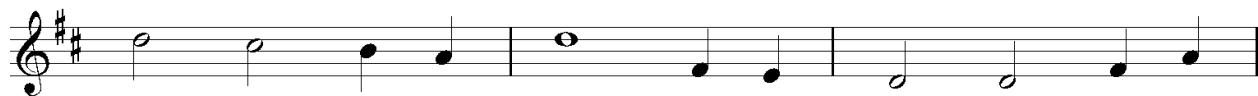
heart to sing thy grace! Streams of mer - cy nev - er
by thy help, I've come; and I hope, by thy good
I'm con - strained to be! Let thy good - ness, like a



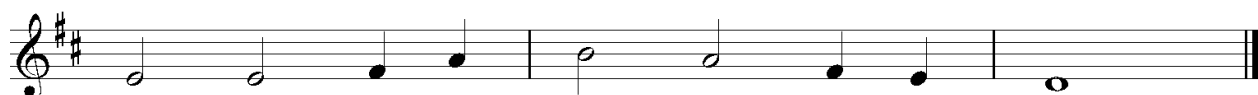
ceas - ing, call for songs of loud - est praise.
plea - sure, safe - ly to ar - rive at home.
fet - ter, bind my wan - dering heart to thee:



Teach me some me - lo - dious son - net, sung by
Je - sus sought me when a stran - ger wan - dering
prone to wan - der, Lord, I feel it, prone to



flam - ing tongues a - bove. Praise the mount! Oh, fix me
from the fold of God; he, to res - cue me from
leave the God I love; here's my heart, oh, take and



on it, mount of God's un - chang - ing love.
dan - ger, in - ter - posed his pre - cious blood.
seal it, seal it for thy courts a - bove.

Words: Robert Robinson (1735-1790), alt. Music: *Nettleton*, melody from *A Repository of Sacred Music, Part II*, 1813;
harm. Gerre Hancock (b. 1934) Copyright ©1971 by Walton Music Corporation. International Copyright secured. All rights reserved. Used with permission.

THE OPENING ACCLAMATION

Presiding Priest Bless the Lord who forgives all our sins

People God's mercy endures for ever.

COLLECT FOR PURITY

Presiding Priest and People

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

LORD, HAVE MERCY

Lord, have mercy upon us.

Christ, have mercy upon us.

Lord, have mercy upon us.

THE COLLECT OF THE DAY

Presiding Priest The Lord be with you.

People **And also with you.**

Presiding Priest Let us pray.

Gracious Father, whose blessed Son Jesus Christ came down from heaven to be the true bread which gives life to the world: Evermore give us this bread, that he may live in us, and we in him; who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

THE WORD OF GOD

THE FIRST READING

Numbers 21:4-9

READER: A Reading from the Book of Numbers

From Mount Hor they set out by the way to the Red Sea, to go around the land of Edom; but the people became impatient on the way. The people spoke against God and against Moses, "Why have you brought us up out of Egypt to die in the wilderness? For there is no food and no water, and we detest this miserable food." Then the Lord sent poisonous serpents among the people, and they bit the people, so that many Israelites died. The people came to Moses and said, "We have sinned by speaking against the Lord and against you; pray to the Lord to take away the serpents from us." So Moses prayed for the people. And the Lord said to Moses, "Make a poisonous serpent, and set it on a pole; and everyone who is bitten shall look at it and live." So Moses made a serpent of bronze, and put it upon a pole; and whenever a serpent bit someone, that person would look at the serpent of bronze and live.

Reader Hear what the Spirit is saying to God's people.

People **Thanks be to God.**

Silence is marked by the ringing of a bell.

THE RESPONSE (remain seated, read responsively)

Psalms 107:1-3, 17-22

1 Give thanks to the Lord, for he is good, *
and his mercy endures for ever.

2 Let all those whom the Lord has redeemed proclaim *
that he redeemed them from the hand of the foe.

3 He gathered them out of the lands; *
from the east and from the west, from the north and from the south.

17 Some were fools and took to rebellious ways; *
they were afflicted because of their sins.

(continued next page)

18 They abhorred all manner of food *
and drew near to death's door.

19 Then they cried to the Lord in their trouble, *
and he delivered them from their distress.

20 He sent forth his word and healed them *
and saved them from the grave.

21 Let them give thanks to the Lord for his mercy *
and the wonders he does for his children.

22 Let them offer a sacrifice of thanksgiving *
and tell of his acts with shouts of joy.

THE SECOND READING

Ephesians 2:1-10

READER: A Reading from the Letter of Paul to the Ephesians

You were dead through the trespasses and sins in which you once lived, following the course of this world, following the ruler of the power of the air, the spirit that is now at work among those who are disobedient. All of us once lived among them in the passions of our flesh, following the desires of flesh and senses, and we were by nature children of wrath, like everyone else. But God, who is rich in mercy, out of the great love with which he loved us even when we were dead through our trespasses, made us alive together with Christ—by grace you have been saved—and raised us up with him and seated us with him in the heavenly places in Christ Jesus, so that in the ages to come he might show the immeasurable riches of his grace in kindness toward us in Christ Jesus. For by grace you have been saved through faith, and this is not your own doing; it is the gift of God—not the result of works, so that no one may boast. For we are what he has made us, created in Christ Jesus for good works, which God prepared beforehand to be our way of life.

Reader Hear what the Spirit is saying to God's people.

***People* Thanks be to God.**


Silence is marked by the ringing of a bell.

GOSPEL ACCLAMATION

Cantor, then all and after the verse:



Praise and hon - or to you, O Lord, O Lord.



Praise and hon - or to you, Lord Je - sus Christ.

VERSE: I am the light of the world, says the Lord;
whoever follows me will have the light of life.

Text: ICEL, © 1969
Music: Based on WONDROUS LOVE, Stephen Pishner, © 1998, GIA Publications, Inc.

The Holy Gospel of our Lord Jesus Christ according to John.

People **Glory to you, Lord Christ.**

Jesus said, "Just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life. For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life. Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him. Those who believe in him are not condemned; but those who do not believe are condemned already, because they have not believed in the name of the only Son of God. And this is the judgment, that the light has come into the world, and people loved darkness rather than light because their deeds were evil. For all who do evil hate the light and do not come to the light, so that their deeds may not be exposed. But those who do what is true come to the light, so that it may be clearly seen that their deeds have been done in God."

The Gospel of the Lord.

People **Praise to you, Lord Christ.**

THE SERMON

Karen Haig

Silence is marked by the ringing of a bell.

THE NICENE CREED

Presiding Priest and People

We believe in one God, the Father, the Almighty, Maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary; and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE

Form II

In the course of the silence after each bidding, the People offer their own prayers, either silently or aloud.

I ask your prayers for God's people throughout the world; for Michael, our Presiding Bishop; Gregory, our Bishop; Karen, our Rector; and Nancy, Judith, Patricia, Jan and Jim, priests among us; for our congregation and all who minister in Christ; and for all the holy people of God. In our Anglican Cycle of Prayer, we pray for the Anglican Church in Chile. In our Diocesan Cycle of Prayer, we pray for Resurrection and St. Margaret's, both in Bellevue, and St. Michael and All Angels in Issaquah

Pray for the Church. *Silence*

I ask your prayers for peace; for goodwill among nations; for wise governance; for goodwill among the people of this nation; and for the well-being of all people. Pray for justice and peace. *Silence*

I ask your prayers for the poor, the sick, the hungry, the oppressed, those in prison, for those suffering with the coronavirus and all who are caring for them. Pray for those in any need or trouble. *Silence*

I ask your prayers for all who seek God, or a deeper knowledge of God. Pray that they may find and be found by God. *Silence*

I ask your prayers for all who are working for racial reconciliation and the dignity of every human being, and for all who are oppressed. Pray for compassionate action. *Silence*

I ask your prayers for all in need of healing, peace, and comfort, especially... and those we now name. Pray for all who are suffering. *Silence*

I ask your prayers for the departed especially... and those we now name. Pray for those who have died. *Silence*

Dear people of God, for whom else or what else shall we pray?

Members of the congregation offer prayers either silently or aloud

Silence

The Presiding Priest adds a concluding Collect. The People respond "Amen".

Let us confess our sins against God and our neighbor.

Silence may be kept.

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

The Presiding Priest says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

THE PEACE

Presiding Priest The peace of the Lord be always with you.
People **And also with you.**

WELCOME & ANNOUNCEMENTS

THE HOLY COMMUNION

Please remain seated. When we're together in church, an offering of money is collected.

You may make an offering by clicking here.

ANTHEM

Be still

Rick Sowash

Be still and know that I am God.
Be still and know God.

PRESENTATION ANTHEM

Presiding Priest All things come from you, O Lord,
People **And of your own have we given you.**

THE GREAT THANKSGIVING

The people remain standing.

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give God thanks and praise.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Through Jesus Christ our Lord; who was tempted in every way as we are, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

HOLY, HOLY

David Hurd

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might, hea - ven and
earth are full of your glo - ry. Ho - san - na in the high - est.

Bless - ed is he who comes in the name of the Lord. Ho - san - na in the high - est.

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Christ has died.

Christ is risen.

Christ will come again.

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say,

**Our Father, who art in heaven, hallowed be thy Name,
thy kingdom come, thy will be done, on earth as it is in heaven.**

**Give us this day our daily bread,
and forgive us our trespasses, as we forgive those who trespass against us.
And lead us not into temptation, but deliver us from evil.**

For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

ACCLAMATION AFTER THE BREAKING OF THE BREAD

David Hurd

Lamb of God, you take a - way the sins of the world:
have mer - cy on us. Lamb of God, you take a - way the
sins of the world: have mer - cy on us. Lamb of God,
you take a - way the sins of the world: grant us peace.

Let us pray.

My Jesus, I believe that you are truly present in the Blessed Sacrament of the Altar. I love you above all things, and long for you in my soul. Since I cannot now receive you sacramentally, come at least spiritually into my heart. As though you have already come, I embrace you and unite myself entirely to you; never permit me to be separated from you. Amen.

THE INVITATION TO COMMUNION

The gifts of God for the People of God.

HYMN

Father, we thank thee who hast planted

(HYMNAL 302)

1 Fa - ther, we thank thee who hast plant - ed thy ho - ly Name with -
 2 Watch o'er thy Church, O Lord, in mer - cy, save it from e - vil,

in our hearts. Know - ledge and faith and life im - mor - tal Je - sus thy
 guard it still, per - fect it in thy love, u - nite it, cleansed and con -

Son to us im - parts. Thou, Lord, didst make all for thy plea - sure,
 formed un - to thy will. As grain, once scat - tered on the hill - sides,

didst give us food for all our days, giv - ing in Christ the
 was in this bro - ken bread made one, so from all lands thy

Bread e - ter - nal; Church be gath - ered
 thine is the power, be thine the praise.
 in - to thy king - dom by thy Son.

Words: Greek, ca. 110; tr. F. Bland Tucker (1895-1984), rev. Copyright © The Church Pension Fund. All rights reserved. Used with permission.
 Music: *Rendez à Dieu*, melody and harm. att. Louis Bourgeois (1510?-1561?)



THE POST-COMMUNION PRAYER

Presiding Priest and People

Almighty and ever living God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

THE BLESSING

HYMN (next page)

Jerusalem, my happy home

(HYMNAL 620)

1 Je - ru - sa - lem, my hap - py home, when
 2 Thy saints are crowned with glo - ry great; they
 3 There Da - vid stands with harp in hand as
 4 Our La - dy sings Mag - ni - fi - cat with
 5 Je - ru - sa - lem, Je - ru - sa - lem, God

1 shall I come to thee? When shall my sor - rows
 2 see God face to face; they tri - umph still, they
 3 mas - ter of the choir: ten thou - sand times would
 4 tune sur - pass - ing sweet, and bless - ed mar - tyr's
 5 grant that I may see thine end - less joy, and

1 have an end? Thy joys when shall I see?
 2 still re - joice in that most hap - py place.
 3 one be blest who might this mu - sic hear.
 4 har - mo - ny doth ring in ev - ery street.
 5 of the same par - ta - ker ev - er be!

Words: F. B. P. (ca. 16th cent.), alt. Music: *Land of Rest*, American folk hymn; adapt. and harm. Annabel Morris Buchanan (1889-1983)
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DISMISSAL

Go in peace to love and serve the Lord.

People

Thanks be to God.

PROCESSION

Bells

MINISTERS OF THE LITURGY

Presiding Priest & Preacher
Organist
Song Leader
Lectors
Video Production
Kid's Sunday Volunteers

The Rev. Karen Haig
Paul Roy
Andrew Etherington
Joan Collins, David & Karena Teves, Kawika Teves
The Rev. Jim Friedrich
Beth Gudmundson, Sue Thompkins

ST. BARNABAS STAFF & LEADERSHIP

CLERGY

Rector | The Reverend Karen Haig
Assisting Priests | The Reverends Dr. Judith M. McDaniel, Nancy Tiederman,
Patricia Rome Robertson Dr. Jan C. Heller and Jim Friedrich

STAFF

Director of Music | Paul Roy
Parish Administrator | Cera Rodriguez
Bookkeeper | Julie Houck
Kitchen Manager | Jamie Villella
Sexton | Tom Clark
Godly Play Coordinator | Sue Thompkins
Housekeeper | Natalia Perez
Interium Tender | Joe Salter

VESTRY

Senior Warden | Dave Teves
Junior Warden for Buildings & Grounds | Brian Andvik
Junior Warden for the People | Steve Schmitz
Laura Bainbridge, Angie Bickerton, Barbara Bolles
Kirk Eichenberger, Judith Hanna, Linda Maxson
Clerk of the Vestry | Rebecca Ditmore
Treasurer | Mike Killion
Chancellor | Katherine Bolles