

HOLY EUCHARIST: Rite II

FOURTH SUNDAY OF ADVENT

December 19, 2021 ♦ 10:00 a.m.

Welcome to St. Barnabas, we are delighted that you're here. We hope you'll participate fully in our worship through singing, praying, hearing the Good News of Jesus Christ, and coming to communion. May God richly bless you as you bless us!

WELCOME INTO THE SILENCE

In the place of the prelude during the season of Advent, handbells will be rung at 1-minute intervals beginning 5 minutes before the service to mark the time of waiting.



All stand as able at the sound of the bell.

HYMN (sung by all, next page)

O come, O come, Emmanuel

(HYMNAL 56 sts. 1-4)

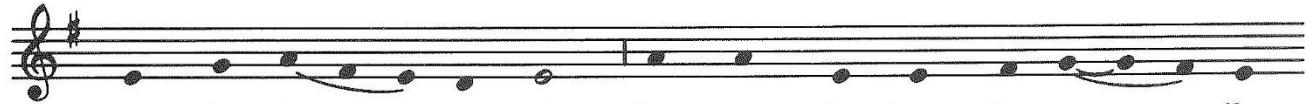


Fra Angelico, The Annunciation, 1437-46

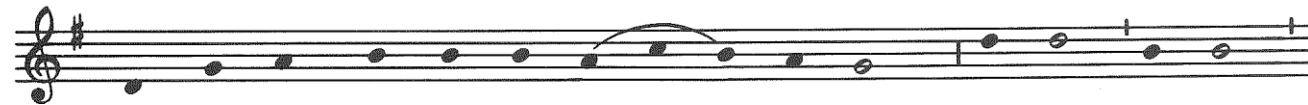
***We are a community of faith that welcomes and values all people.
We commit to follow Christ, serve others
and transform the world by sharing God's love.***



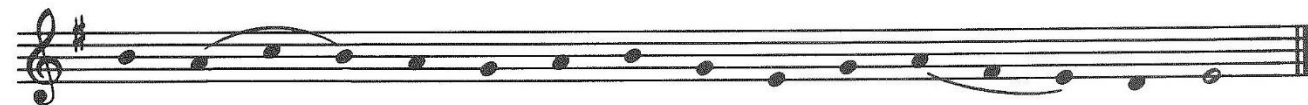
1 O come, O come, Em - man - u - el, and ran - som
 2 O come, thou Wis - dom from on high, who or - derest
 3 O come, O come, thou Lord of might, who to thy
 4 O come, thou Branch of Jes - se's tree, free them from



1 cap - tive Is - ra - el, that mourns in lone - ly ex - ile
 2 all things might - i - ly; to us the path of know - ledge
 3 tribes on Si - nai's height in an - cient times didst give the
 4 Sa - tan's ty - ran - ny that trust thy might - y power to



1 here un - til the Son of God ap - pear.
 2 show, and teach us in her ways to go.
 3 law, in cloud, and ma - jes - ty, and awe.
 4 save, and give them vic - tory o'er the grave. Re - joice! Re - joice!



Em - man - u - el shall come to thee, O Is - ra - el!

Words: Latin, ca. 9th cent.; ver. *Hymnal 1940*, alt.

Music: *Veni, veni, Emmanuel*, plainsong, Mode 1, *Processionale*, 15th cent.;
 adapt. Thomas Helmore (1811-1890)

LM with Refrain

THE OPENING ACCLAMATION

Presiding Priest Blessed be God: Father, Son, and Holy Spirit.

People And blessed be God's kingdom, now and for ever. Amen.

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

TRISAGION

David Hurd

CANTOR: Ho - ly God, Ho - ly and Might - y, Ho - ly Im - mor - tal One, ALL: Have mer - cy up - on us. CANTOR: Ho - ly God, Ho - ly and Might - y, Ho - ly Im - mor - tal One, ALL: Have mer - cy up - on us. CANTOR: Ho - ly God, Ho - ly and Might - y, Ho - ly Im - mor - tal One, ALL: Have mer - cy up - on us.

Presiding Priest The Lord be with you.
People And also with you.
Presiding Priest Let us pray.

Purify our conscience, Almighty God, by your daily visitation, that your Son Jesus Christ, at his coming, may find in us a mansion prepared for himself; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

 THE FIRST READING

Micah 5:2-5a

READER: A Reading from the Book of Micah

You, O Bethlehem of Ephrathah, who are one of the little clans of Judah, from you shall come forth for me one who is to rule in Israel, whose origin is from of old, from ancient days. Therefore he shall give them up until the time when she who is in labor has brought forth; then the rest of his kindred shall return to the people of Israel. And he shall stand and feed his flock in the strength of the Lord, in the majesty of the name of the Lord his God. And they shall live secure, for now he shall be great to the ends of the earth; and he shall be the one of peace.

Reader Hear what the Spirit is saying to God's people.
People Thanks be to God.

Silence is marked by the ringing of a bell.

THE RESPONSE (remain seated, next page)

Canticle 15

The Magnificat (The Song of Mary)

1 Tell out, my soul, the great - ness of the Lord!
 2 Tell out, my soul, the great - ness of his Name!
 3 Tell out, my soul, the great - ness of his might!
 4 Tell out, my soul, the glo - ries of his word!

Un - num - bered bless - ings give my spi - rit voice;
 Make known his might, the deeds his arm has done;
 Powers and do - min - ions lay their glo - ry by.
 Firm is his prom - ise, and his mer - cy sure.

ten - der to me the prom - ise of his word;
 his mer - cy sure, from age to age the same;
 Proud hearts and stub - born wills are put to flight,
 Tell out, my soul, the great - ness of the Lord

in God my Sa - vior shall my heart re - joice.
 his ho - ly Name— the Lord, the Might - y One.
 the hun - gry fed, the hum - ble lift - ed high.
 to chil - dren's chil - dren and for ev - er - more!

THE SECOND READING

Hebrews 10:5-10

READER: A Reading from the Letter to the Hebrews

When Christ came into the world, he said, "Sacrifices and offerings you have not desired, but a body you have prepared for me; in burnt offerings and sin offerings you have taken no pleasure. Then I said, 'See, God, I have come to do your will, O God' (in the scroll of the book it is written of me)." When he said above, "You have neither desired nor taken pleasure in sacrifices and offerings and burnt offerings and sin offerings" (these are offered according to the law), then he added, "See, I have come to do your will." He abolishes the first in order to establish the second. And it is by God's will that we have been sanctified through the offering of the body of Jesus Christ once for all.

Reader Hear what the Spirit is saying to God's people.

People **Thanks be to God.**

Silence is marked by the ringing of a bell.



ALLELUIA VERSE

Dent Davidson/Gabriel Fauré

Cantor, then all and after the verse:

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

Cantor: Behold, I am the hand-maid of the Lord:
let it be to me according to your word.

THE GOSPEL

Luke 1:39-45 (46-55)

The Holy Gospel of our Lord Jesus Christ according to Luke.

People **Glory to you, Lord Christ.**

In those days Mary set out and went with haste to a Judean town in the hill country, where she entered the house of Zechariah and greeted Elizabeth. When Elizabeth heard Mary's greeting, the child leaped in her womb. And Elizabeth was filled with the Holy Spirit and exclaimed with a loud cry, "Blessed are you among women, and blessed is the fruit of your womb. And why has this happened to me, that the mother of my Lord comes to me? For as soon as I heard the sound of your greeting, the child in my womb leaped for joy. And blessed is she who believed that there would be a fulfillment of what was spoken to her by the Lord." And Mary said, "My soul magnifies the Lord, and my spirit rejoices in God my Savior, for he has looked with favor on the lowliness of his servant. Surely, from now on all generations will call me blessed; for the Mighty One has done great things for me, and holy is his name. His mercy is for those who fear him from generation to generation. He has shown strength with his arm; he has scattered the proud in the thoughts of their hearts. He has brought down the powerful from their thrones, and lifted up the lowly; he has filled the hungry with good things, and sent the rich away empty. He has helped his servant Israel, in remembrance of his mercy, according to the promise he made to our ancestors, to Abraham and to his descendants forever."

The Gospel of the Lord

People **Praise to you, Lord Christ.**



THE SERMON

Jim Friedrich

Silence is marked by the ringing of a bell.



THE NICENE CREED

Presiding Priest and People

We believe in one God, the Father, the Almighty, Maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary; and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE

Let us offer our prayers to God, who clothes us in the armor of light and offers us the gift of immortal life, responding, ***"Come O come, Emmanuel."***

For peace throughout the world, that swords of destruction may become tools for good and every heart be filled with the light of hope;
let us pray. ***"Come O come, Emmanuel."***

For the Church, that she would grow in the love of God and be a sheltering haven for all who turn to her;
let us pray. ***"Come O come, Emmanuel."***

For the grace to choose the path that leads to eternal life, giving generously toward the relief of poverty and despair, homelessness and fear, so that through our actions, the saving love of Christ would be revealed;
let us pray. ***"Come O come, Emmanuel."***

For the leaders of the nations of the world, that power would give way to servanthood, that triumph would give way to right actions, that greed would give way to justice and dignity for all people;
let us pray. ***"Come O come, Emmanuel."***

For ourselves, that we would hunger for the teachings of the Lord, seeking opportunities for learning, study and communion with those who follow the way of Jesus;
let us pray. ***"Come O come, Emmanuel."***

In thanksgiving for those who stay awake in the dark corners of human experience, abiding faithfully with those who are in any need of healing, peace and comfort, especially _____;
let us pray. ***"Come O come, Emmanuel."***

In thanksgiving for the lives of those who have died, especially _____;
let us pray. ***"Come O come, Emmanuel."***

In anticipation of Jesus' dwelling amongst us, let us offer our own prayers either spoken or unspoken; let us pray. **"Come O come, Emmanuel."**

The Presider adds a concluding Collect and all respond "Amen".

Let us confess our sins against God and our neighbor.

Silence may be kept.

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

THE ABSOLUTION

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

THE PEACE

Presiding Priest The peace of the Lord be always with you.
People **And also with you.**

WELCOME, ANNOUNCEMENTS, BIRTHDAYS & ANNIVERSARIES

THE HOLY COMMUNION

Please remain seated.

The offering plate will not be passed. You may make your offering at communion or upon entering or leaving the worship space.

ANTHEM

Savior of the nations, come!

arr Georgiann H. Toole

Savior of the nations, come; Virgin's Son, make Earth your home,
Marvel now, O heaven and earth, That the Lord chose such a birth.
From the Godhead forth you came And return unto the same,
Captive leading death and hell High the song of triumph swell!
You, the chosen Holy One, Have o'er death the victory won.
Boundless shall your kingdom be; When shall we its glories see?
Brightly does your manger shine, Glorious is its light divine.
Let not hate o'ercloud this light; Ever be our faith so bright.

PRESENTATION ANTHEM

Presiding Priest All things come from you, O Lord,
People **and of your own have we given you.**

The people remain standing as able.

Celebrant *People*
The Lord be with you. And al - so with you.

Celebrant *People*
Lift up your hearts. We lift them to the Lord.

Celebrant
Let us give thanks to the Lord our God.

People
It is right to give God thanks and praise.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Because you sent your beloved Son to redeem us from sin and death, and to make us heirs in him of everlasting life; that when he shall come again in power and great triumph to judge the world, we may without shame or fear rejoice to behold his appearing.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

HOLY, HOLY, HOLY

David Hurd

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might, hea - ven and
earth are full of your glo - ry. Ho - san - na in the high - est.
Bless - ed is he who comes in the name of the Lord. Ho - san - na in the high - est.

The Presiding Priest continues

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me." After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

Presiding Priest and People

**We remember his death,
We proclaim his resurrection,
We await his coming in glory;**

The Presiding Priest continues

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with blessed Barnabas and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.



And now, as our Savior Christ has taught us, we are bold to say,

**Our Father, who art in heaven, hallowed be thy Name,
thy kingdom come, thy will be done, on earth as it is in heaven.**

**Give us this day our daily bread,
and forgive us our trespasses, as we forgive those who trespass against us.
And lead us not into temptation, but deliver us from evil.**

For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

ACCLAMATION AFTER THE BREAKING OF THE BREAD

David Hurd

Four staves of musical notation in G major (one sharp) and 4/4 time. The lyrics are: 'Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia. Christ our Pass - o - ver is sac - ri - ficed for us; there - fore let us keep the feast. Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.' The melody is simple and repetitive, with a final double bar line at the end of the fourth staff.

THE INVITATION TO COMMUNION

The gifts of God for the People of God.



COMMUNION OF THE PEOPLE

*This is Jesus' table where all are welcome to share in the bread and wine of Holy Communion.
If you prefer to receive a blessing, fold your arms across your chest as a sign.*

PIANO VOLUNTARY

HYMN

What Adam's disobedience cost

TUNE: Detroit

stanza 1 - all; stanza 2 - high voices; stanza 3 - all; stanza 4 - low voices; stanza 5 - all

1 What A - dam's dis - o - bed - ience cost,
 2 An ark of mer - cy rode the flood,
 3 A lit - tle child is A - dam's heir,
 4 Re - gained is A - dam's bless - ed - ness:
 5 Re - newed, re - stored, we look a - head

let Ho - ly Scrip - ture say:
 but we, where wa - ters swirled,
 is A - dam's hope and Lord,
 the an - gels sheathe their swords;
 to glimpse that glo - rious day

our - selves es - tranged, an E - den lost,
 re - built, im - pa - tient of the good,
 sing joy - ful car - ols ev - ery - where,
 in joy - ful car - ols all con - fess
 when in the new Je - ru - sa - lem

and then a judgment day: each day a judgment day.
 an - oth - er fal - len world: an un - repen - tant world.
 that E - den is re - stored: in Je - sus is re - stored.
 the king - dom is the Lord's: the glo - ry is the Lord's!
 all griefs will pass a - way. "A - men. Hal - le - lu - jah!"

1 Lo, how a Rose e'er bloom - ing from ten - der stem hath sprung!
 2 I - sa - iah 'twas fore - told it, the Rose I have in mind,
 * 3 O Flower, whose fra - grance ten - der with sweet - ness fills the air,

Of Jes - se's lin - eage com - ing as seers of old have sung.
 with Ma - ry we be - hold it, the Vir - gin Mo - ther kind.
 dis - pel in glo - rious splen - dor the dark - ness ev - ery - where;

It came, a blos - som bright, a - mid the
 To show God's love a - right, she bore to
 true man, yet ve - ry God, from sin and

cold of win - ter, when half spent was the night.
 us a Sa - vior, when half spent was the night.
 death now save us, and share our ev - ery load.

Words: St. 1-2, German, 15th cent.; tr. Theodore Baker (1851-1934). st. 3, Friedrich Layritz (1808-1859); tr. Harriet Reynolds Krauth Spaeth (1845-1925); ver. *Hymnal 1940* Copyright © The Church Pension Fund. All rights reserved. Used with permission. Music: *Es ist ein Ros*, melody from *Alte Catholische Geistliche Kirchengesäng*, 1599; harm. Michael Praetorius (1571-1621)



THE POST-COMMUNION PRAYER

Loving God, we give you thanks for restoring us in your image and nourishing us with spiritual food in the Sacrament of Christ's Body and Blood. Now send us forth a people forgiven, healed, renewed; that we may proclaim your love to the world and continue in the risen life of Christ our Savior. Amen.

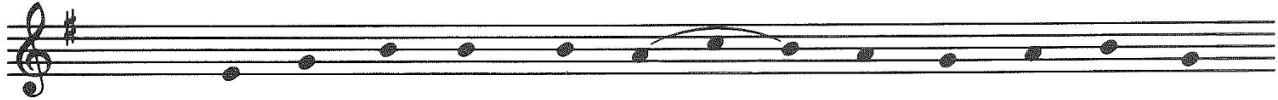
THE BLESSING



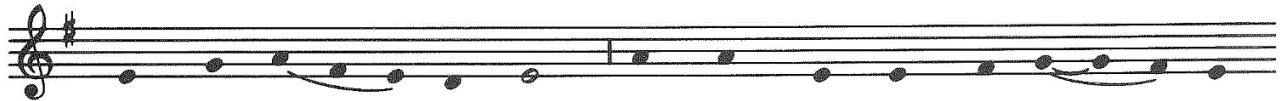
HYMN (sung by all)

O come, O come, Emmanuel

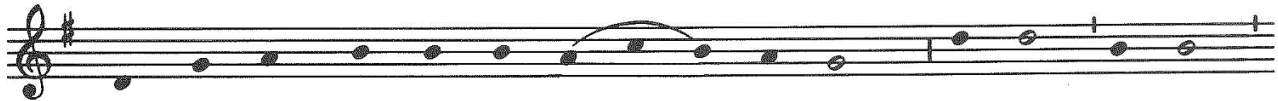
(HYMNAL 56 sts. 5-8)



5 O come, thou Key of Da - vid, come, and o - pen
 6 O come, thou Day - spring from on high, and cheer us
 7 O come, De - sire of na - tions, bind in one the
 8 O come, O come, Em - man - u - el, and ran - som



5 wide our heaven - ly home; make safe the way that leads on
 6 by thy draw - ing nigh; dis - perse the gloom - y clouds of
 7 hearts of all man - kind; bid thou our sad di - vi - sions
 8 cap - tive Is - ra - el, that mourns in lone - ly ex - ile



5 high, and close the path to mis - er - y. Re - joice! Re - joice!
 6 night, and death's dark shad - ow put to flight.
 7 cease, and be thy - self our King of Peace.
 8 here un - til the Son of God ap - pear.

DISMISSAL

Let us go forth into the world rejoicing in the power of the Spirit.

People Thanks be to God.

PROCESSION

PIANO VOLUNTARY

Savior of the nations, come

Andreas Nikolaus Vetter

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MINISTERS OF THE LITURGY

Presiding Priest
Preacher
Deacon
Pianist & Choirmaster
Song Leaders
Eucharistic Ministers
Lectors
Godly Play Volunteers
Intercessor
Ushers
Altar Guild
Flowers
Bread Baker
Videographers

The Reverend Karen Haig
The Reverend Jim Friedrich
The Reverend Dan Fowler
Paul Roy
Members of the Parish Choir
Kathy Bolles, Barbara Bolles
Karena & Dave Teves
Beth Gudmundson, Peggy Eichenberger
Dave Teves
Laura Carroll & Brian Andvik
Chris Davis, Joan Collins, Steve & Helene Schmitz
Yvonne Rolston
Laurie Fergusson
Michael Ditmore, Andrew Bainbridge, Jim Friedrich



*St. Barnabas is located on the unceded land of the Suquamish People.
We honor with gratitude the land itself, the Suquamish, and all Indigenous People.*

ST. BARNABAS STAFF & LEADERSHIP

CLERGY

Rector | The Reverend Karen Haig
Assisting Priests | The Reverends Dr. Judith M. McDaniel, Nancy Tiederman,
Patricia Rome Robertson, Dr. Jan C. Heller and Jim Friedrich

STAFF

Director of Music | Paul Roy
Parish Administrator | Cera Rodriguez
Bookkeeper | Francie Brown
Sexton | Tom Clark
Kitchen Manager | Tim Shelly
Godly Play Coordinator | Sue Thompkins
Housekeeper | Natalia Perez
Interium Tender | Joe Salter

VESTRY

Senior Warden | Dave Teves
Junior Warden for Buildings & Grounds | Brian Andvik
Junior Warden for the People | Steve Schmitz
Laura Bainbridge, Angie Bickerton, Barbara Bolles
Kirk Eichenberger, Judith Hanna, Linda Maxson
Clerk of the Vestry | Rebecca Ditmore
Treasurer | Mike Killion
Chancellor | Katherine Bolles