



SECOND SUNDAY IN LENT
HOLY EUCHARIST

February 21, 2016
8:00 A.M.

**Saint Barnabas Episcopal Church...reaching out through worship, prayer, and action
to bring the reconciling peace of Christ to one another and this world.**

We invite you to join as an active participant in the worship of God. This service is based on the Order for the Holy Eucharist: Rite One in the Book of Common Prayer. For ease of use, this leaflet contains the congregational portions of the liturgy and service music. HYMNAL refers to the blue book: The Hymnal 1982. BCP refers to the red Book of Common Prayer.

Large-Print BCP and digital receivers for audio amplification are available during Sunday services for those requiring hearing assistance – just ask an usher.

ORGAN VOLUNTARY

Prelude on "Leoni"

Richard Proulx



All stand as able at the sound of the tower bell.

HYMN (sung by all)

The God of Abraham praise

HYMNAL 401

THE OPENING ACCLAMATION

BCP p. 323

Presiding Priest Bless the Lord who forgiveth all our sins

People His mercy endureth for ever.

COLLECT FOR PURITY

Presiding Priest and People

Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. Amen.

LORD, HAVE MERCY

Here is said

Lord, have mercy upon us.

Christ, have mercy upon us.

Lord, have mercy upon us.

THE COLLECT OF THE DAY

Presiding Priest The Lord be with you.

People And with thy spirit.

Presiding Priest Let us pray.

O God, whose glory it is always to have mercy: Be gracious to all who have gone astray from thy ways, and bring them again with penitent hearts and steadfast faith to embrace and hold fast the unchangeable truth of thy Word, Jesus Christ thy Son; who with thee and the Holy Spirit liveth and reigneth, one God, for ever and ever. **Amen.**

THE WORD OF GOD

 THE FIRST READING (seated)

Genesis 15:1-12, 17-18

READER: A Reading from the Book of Genesis

The word of the Lord came to Abram in a vision, ‘Do not be afraid, Abram, I am your shield; your reward shall be very great.’ But Abram said, ‘O Lord God, what will you give me, for I continue childless, and the heir of my house is Eliezer of Damascus?’ And Abram said, ‘You have given me no offspring, and so a slave born in my house is to be my heir.’ But the word of the Lord came to him, ‘This man shall not be your heir; no one but your very own issue shall be your heir.’ He brought him outside and said, ‘Look towards heaven and count the stars, if you are able to count them.’ Then he said to him, ‘So shall your descendants be. ‘And he believed the Lord; and the Lord reckoned it to him as righteousness. Then he said to him, ‘I am the Lord who brought you from Ur of the Chaldeans, to give you this land to possess.’ But he said, ‘O Lord God, how am I to know that I shall possess it?’ He said to him, ‘Bring me a heifer three years old, a female goat three years old, a ram three years old, a turtle-dove, and a young pigeon.’ He brought him all these and cut them in two, laying each half over against the other; but he did not cut the birds in two. And when birds of prey came down on the carcasses, Abram drove them away. As the sun was going down, a deep sleep fell upon Abram, and a deep and terrifying darkness descended upon him. When the sun had gone down and it was dark, a smoking fire-pot and a flaming torch passed between these pieces. On that day the Lord made a covenant with Abram, saying, ‘To your descendants I give this land, from the river of Egypt to the great river, the river Euphrates.’

Reader Hear what the Spirit is saying to God’s people.

People Thanks be to God.

THE RESPONSE (remain seated - read responsively)

Psalm 27

1 The Lord is my light and my salvation; whom then shall I fear? *
the Lord is the strength of my life; of whom then shall I be afraid?

2 When evildoers came upon me to eat up my flesh, *
it was they, my foes and my adversaries, who stumbled and fell.

3 Though an army should encamp against me, *
yet my heart shall not be afraid;

4 And though war should rise up against me, *
yet will I put my trust in him.

(continued on page 3)

5 One thing have I asked of the Lord; one thing I seek; *
that I may dwell in the house of the Lord all the days of my life;

6 To behold the fair beauty of the Lord *
and to seek him in his temple.

7 For in the day of trouble he shall keep me safe in his shelter; *
he shall hide me in the secrecy of his dwelling and set me high upon a rock.

8 Even now he lifts up my head *
above my enemies round about me.

9 Therefore I will offer in his dwelling an oblation with sounds of great gladness; *
I will sing and make music to the Lord.

10 Hearken to my voice, O Lord, when I call; *
have mercy on me and answer me.

11 You speak in my heart and say, "Seek my face." *
Your face, Lord, will I seek.

12 Hide not your face from me, *
nor turn away your servant in displeasure.

13 You have been my helper; cast me not away; *
do not forsake me, O God of my salvation.

14 Though my father and my mother forsake me, *
the Lord will sustain me.

15 Show me your way, O Lord; *
lead me on a level path, because of my enemies.

16 Deliver me not into the hand of my adversaries, *
for false witnesses have risen up against me, and also those who speak malice.

17 What if I had not believed that I should see the goodness of the Lord *
in the land of the living!

18 O tarry and await the Lord's pleasure; be strong, and he shall comfort your heart; *
wait patiently for the Lord.

THE SECOND READING

Philippians 3:17-4:1

READER: A Reading from the Letter of Paul to the Philippians

Brothers and sisters, join in imitating me, and mark those who so live as you have an example in us. For many, of whom I have often told you and now tell you even with tears, live as enemies of the cross of Christ. Their end is destruction, their god is the belly, and they glory in their shame, with minds set on earthly things. But our commonwealth is in heaven, and from it we await a Savior, the Lord Jesus Christ, who will change our lowly body to be like his glorious body, by the power which enables him even to subject all things to himself. Therefore, my brethren, whom I love and long for, my joy and crown, stand firm thus in the Lord, my beloved.

Reader Hear what the Spirit is saying to God's people.

People Thanks be to God.



THE HOLY GOSPEL (standing as able)

Luke 13:31-35

The Priest reads the Gospel, first saying

The Holy Gospel of our Lord Jesus Christ according to Luke.

People Glory be to thee, O Lord.

Some Pharisees came, and said to Jesus, "Get away from here, for Herod wants to kill you." And he said to them, "Go and tell that fox, 'Behold, I cast out demons and perform cures today and tomorrow, and the third day I finish my course. Nevertheless I must go on my way today and tomorrow and the day following; for it cannot be that a prophet should perish away from Jerusalem.' O Jerusalem, Jerusalem, killing the prophets and stoning those who are sent to you! How often would I have gathered your children together as a hen gathers her brood under her wings, and you would not! Behold, your house is forsaken. And I tell you, you will not see me until you say, 'Blessed is he who comes in the name of the Lord!'"

The Gospel of the Lord

People Praise be to thee, O Christ.



THE SERMON (seated)

Dennis Tierney



THE NICENE CREED (standing as able)

BCP p. 326

Presiding Priest and People

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE

Deacon or other person appointed says

Let us pray for the whole state of Christ's Church and the world.

After each paragraph of this prayer, the People may make an appropriate response, as directed.

Almighty and everliving God, who in thy holy Word hast taught us to make prayers, and supplications, and to give thanks for all people. In our Anglican Cycle of Prayer, I ask your prayers for the Iglesia Anglicana de la Region Central de America, The Most Revd Sturdie Downs Primate of IARCA & Bishop of Nicaragua. For the Episcopal Diocese of Jerusalem and the Middle East, please pray for the Theodore Schneller Guest House, Amman, Jordan. In our Diocesan Cycle of Prayer, I ask your prayers for St. Peter, Seattle; Trinity, Seattle. Receive our prayers which we offer unto thy divine Majesty beseeching thee to inspire continually the Universal Church with the spirit of truth unity and concord and grant that those who do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love.

Lord, hear our prayer.

Give grace, O heavenly Father, to all bishops and other ministers especially for Michael our Presiding Bishop; Gregory our Bishop, and Dennis, Jan, Judith, Nancy, and Patricia our priests; and Dan, our Deacon, that they may, both by their life and doctrine, set forth thy true and lively Word, and rightly and duly administer thy holy Sacraments.

Lord, hear our prayer.

And to all thy people give thy heavenly grace, and especially to this congregation here present; that, with meek heart and due reverence, they may hear and receive thy holy Word, truly serving thee in holiness and righteousness all the days of their life.

Lord, hear our prayer.

We beseech thee also to rule the hearts of those who bear the authority of government in this and every land, especially Barak our President, that they may be led to wise decisions and right actions for the welfare and peace of the world.

Lord, hear our prayer.

For all those who go in harm's way to serve, both here at home and in lands far away, and for their families and loved ones who also serve as they wait for the time of reunion.

Lord, hear our prayer.

Open, O Lord, the eyes of all people to behold thy gracious hand in all thy works, that, rejoicing in thy whole creation, they may honor thee with their substance, and be faithful stewards of thy bounty.

Lord, hear our prayer.

And we most humbly beseech thee, of thy goodness, O Lord, to comfort and succor, especially... and all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity.

Lord, hear our prayer.

[Additional petitions and thanksgivings may be included here.]

Lord, hear our prayer.

And we also bless thy holy Name for all thy servants departed this life in thy faith and fear [especially], beseeching thee to grant them continual growth in thy love and service; and to grant us grace so to follow the good examples of Barnabas and of all thy saints, that with them we may be partakers of thy heavenly kingdom.

Lord, hear our prayer.

Grant these our prayers, O Father, for Jesus Christ's sake, our only Mediator and Advocate. ***Amen.***



CONFESSON OF SIN (kneeling)

Let us humbly confess our sins unto Almighty God.

Silence may be kept.

Presiding Priest and People

Almighty God, Father of our Lord Jesus Christ, maker of all things, judge of all men: We acknowledge and bewail our manifold sins and wickedness, which we from time to time most grievously have committed, by thought, word, and deed, against thy divine Majesty, provoking most justly thy wrath and indignation against us. We do earnestly repent, and are heartily sorry for these our misdoings; the remembrance of them is grievous unto us, the burden of them is intolerable. Have mercy upon us, have mercy upon us, most merciful Father; for thy Son our Lord Jesus Christ's sake, forgive us all that is past; and grant that we may ever hereafter serve and please thee in newness of life, to the honor and glory of thy Name; through Jesus Christ our Lord. Amen.

The Presiding Priest says

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all those who with hearty repentance and true faith turn unto him, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord. ***Amen.***



A PRAYER FOR VISITORS (standing as able)

Loving God, make thy people ever mindful of the visitors who have come amongst us this day. Help thy people to help these our visitors to know that their presence with us is our joy; their contentment our desire. Help thy people to open our arms and our hearts to bring them into our midst, not as strangers but as new friends in Christ. ***Amen.***

THE PEACE

Presiding Priest The peace of the Lord be always with you.
People And also with you.

THE HOLY COMMUNION

 *An offering of money is collected.*

 *At the conclusion of the organ voluntary, please rise as able as the bread and wine and money we offer to God for our nourishment and the life of the world are brought forward and presented at the altar.*

Presiding Priest All things come of thee, O Lord,
People and of thine own have we given thee.

THE GREAT THANKSGIVING

BCP p. 333

The people remain standing. The Presiding Priest faces them and says

People The Lord be with you.
People And with thy spirit.
Presiding Priest Lift up your hearts.
People We lift them up unto the Lord.
Presiding Priest Let us give thanks unto our Lord God.
People It is meet and right so to do.

Then, facing the Holy Table, the Presiding Priest proceeds

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God.

Here a Proper Preface is sung or said on all Sundays, and on other occasions as appointed.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

Presiding Priest and People

Holy, holy, holy, Lord God of Hosts:
Heaven and earth are full of thy glory.
Glory be to thee, O Lord Most High.
Blessed is he that cometh in the name of the Lord.
Hosanna in the highest.

 *or*  *The people kneel or stand.*

Then the Presiding Priest gives thanks for God's work in creation and for the salvation of the world through Christ, and prays over the bread and wine.

All glory be to thee, Almighty God, our heavenly Father...

...By whom, and with whom, in the unity of the Holy Ghost, all honor and glory be unto thee, O Father Almighty, world without end. **Amen.**

And now, as our Savior Christ hath taught us, we are bold to say,

People and Presiding Priest

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

THE BREAKING OF THE BREAD

The Presiding Priest breaks the consecrated Bread. A period of silence is kept.

Then may be sung or said

Christ our Passover is sacrificed for us;

Therefore let us keep the feast.

The following prayer may be said. The People may join in saying this prayer

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. *Amen.*

Facing the people, the Presiding Priest may say the following Invitation

The Gifts of God for the People of God.

and may add Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

This is the Lord's Table around which we gather.

All baptized Christians are encouraged to come forward and receive the Body and Blood of Christ in the bread and wine of the Eucharist. If you do not wish to receive Holy Communion please do come forward, cross your arms across your heart and receive a blessing.



THE POST-COMMUNION PRAYER (kneeling or standing as able) BCP p. 339

Presiding Priest and People

Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

THE BLESSING

The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you, and remain with you always. **Amen.**

 BIRTHDAYS, ANNIVERSARIES & ANNOUNCEMENTS (seated)

 HYMN (standing as able) *Lord Christ, when first thou came'st to earth* HYMNAL 598

DISMISSAL

Let us go forth in the name of Christ.

People Thanks be to God.

PROCESSION

Bells

MINISTERS OF THE LITURGY

Presiding Priest & Preacher	The Rev. Dr. Dennis S. Tierney
Organist	Paul Roy
Acolyte	Stu Case
Eucharistic Minister	Su Beecham
Lectors	Su Beecham & Stu Case
Prayers of the People	Stu Case
Usher	Joe Iacono
Altar Guild Team	Jean Kellerman, Deena Hanke, Liz McKinney, Jody Prongay & Gwen Rose
Bread Baker	Laura Carroll
Coffee Hour	Judy Tingley & Mike Killion

This Week @ St. Barnabas

Sunday, February 21

8am | Holy Eucharist {Rite I} | Church
9:15am | Choir Rehearsal | Church
10am | Holy Eucharist {Rite II} | Church

Monday, February 22

11am | Cursillo Group Reunion | Office
11:30am | BI Rotary Meeting | PH
7:30pm | Al Anon | RWV

Tuesday, February 23

9am | Centering Prayer | Church
10am | Counseling Center | RWV
6:30pm | Amabile Rehearsal | PH

Wednesday, February 24

7am | BI Kiwanis | PH/Kitchen
7:15am | Meditation Group | Church
8am | Kiwanis Special Committee | Library
10am | Facilities Committee | Library
7pm | AA Women's Group | Library

Thursday, February 25

9:15am | Healing Eucharist Service | Church
10:30am | Devotions | Wyatt House
3pm | Devotions | Madison Ave House
6pm | Guest Organist Evensong Rehearsal | Church
7:30pm | Choir Rehearsal | Choir Room
7:30pm | AA | RWV

Friday, February 26

Office Closed
3:15pm | Girl Scouts | Library
5pm | Fig & Spice Dinner | PH & Kitchen

Saturday, February 27

8am | Buddhist Priory | RWV
9am | Altar Guild | Church
2pm | Private Event | PH & Kitchen

Sunday, February 28

8am | Holy Eucharist {Rite I} | Church
9:15am | Choir Rehearsal | Church
10am | Holy Eucharist {Rite II} | Church
3pm | Reserved for Choir Dinner | PH
4pm | Evensong Rehearsal | Church
5pm | Lenten Evensong | Church

Nursery Care | 10am Service

RWV | Room with a View PH | Parish Hall

Welcome to Saint Barnabas Church and this service of worship

We are truly pleased that you have chosen to worship with us today. Here at St. Barnabas, we believe that everyone who enters these doors is God's guest. If you are seeking a church exclusively for today, we thank you for celebrating with us and may God be with you as you travel. If you are searching for a new church community and home, we hope that you will inform us. Please introduce yourself to one of our parish clergy as you depart. We invite you to complete one of the cards in the pew rack and simply hand it to a person of the clergy.

DIGITAL RECEIVERS FOR AUDIO AMPLIFICATION are available during Sunday services for those requiring hearing assistance – just ask an Usher.

GLUTEN FREE EUCHARISTIC HOSTS are available for those who need them. Please alert the usher to your need.

ARE YOU ON THE PARISH PICTURE BOARD? We would like our entire parish to be represented on the Parish Picture Board. The **FIRST SUNDAY** of every month, Sue Hylen will be at the Welcome Table to take individual, couple, & family photos. We especially invite new members to add their picture to our board or update the photo they have. This also helps new members and visitors to connect names with faces!

NAME TAGS Name tag sign-up sheets will be on the Welcome Table the **SECOND SUNDAY** of every month. If you would like a name tag, please let us know. Name tags should be ready to be picked up the next SUNDAY. When you have your name tag on, newcomers find it easier to both approach and remember you, and all the other friendly St. B people they have just met.

ANNOUNCEMENTS for the weekly service leaflets are due to the office Tuesday by noon. Email | kdiller@stbbi.org

NURSERY FOR LITTLE ONES | newborns to age three. Babysitting is provided during the Sunday 10am service. Our babysitters arrive fifteen minutes before the service, at 9:45am and parents are

welcome to drop off their child and then collect him/her after the service or after coffee hour. Babysitters will interact, read and play with the children, and ensure that they are safe while parents attend the service. The nursery is located on the upper level down the long hallway. The nursery is through the doorway on the right. For more information, contact **Ruth Anderson | 360-626-1264.**

WELCOME TABLE Don't forget to visit the Welcome Table at Coffee Hour. Everyone, new visitors and long-time members, is urged to stop by regularly to check on signups for parish events, to volunteer for programs. To learn more about our ministries, to purchase tickets to events, and to meet and talk with parishioners of every age and stage. Guests and newcomers are especially encouraged to visit the **Welcome Table.**

SUNDAY SCHOOL | Godly Play at St. Barnabas St. Barnabas has implemented Godly Play for our Primary (1-4) Sunday School curriculum. This is a Montessori-based way of listening to God together with children. Participation in Godly Play helps prepare children for joining in the worship and life of the congregation as they develop a deeper understanding of sacred stories, parables and liturgical action. Each class session follows the order of the Eucharist, beginning with gathering together to hear one of "God's stories." The children respond to the stories they have heard through art media and the opportunity to work with any of the story materials in the room. Godly Play takes place in The Room with a View, across from the Gowen Library. Godly Play also offers a wonderful opportunity to connect with the children in our congregation. It is an opportunity to learn more than you teach and to receive more than you give. Please let us know if you would like to be part of Godly Play, even if only for a day. Ruth Anderson | 360-626-1264 | rutha33@msn.com.

COFFEE & COMMUNITY Please join us for body and soul food! Coffee hour after the 8am is in the Parlor just across the courtyard from the church. Coffee Hour after the 10am service is downstairs in the Parish Hall. A sign-up sheet is posted for the 8am coffee hour. This is a chance to meet other

parishioners informally and enjoy the hospitality of St. Barnabas.

WORSHIP

MISSED A SERMON OR WANT TO HEAR IT AGAIN? OR SHARE IT WITH A FRIEND?

Listen to podcasts of sermons and music available on our church website | www.stbbi.org.

MUSICAL OPPORTUNITIES AT ST.

BARNABAS Do you sing or play an instrument? There are musical opportunities awaiting you here at St. Barnabas! Contact **Paul Roy** | proy@stbbi.org | 206-842-5601x4.

CHRISTIAN ACTION

JOY LUNCHEON VOLUNTEERS NEEDED

Three dates in 2016 will see St. Barnabas hosting a special fellowship/outreach program...the JOY luncheons for parish members **Just Over Youth**. We invite guests who attend Deacon Dan's devotions at three Bainbridge Senior Living residences and Messenger House, plus Bailey Manor. Attendance has been as many as 82 last year. We provide an elegant setting...linens, flowers, wine, entertainment...in addition to a creative and delicious lunch. Theresia Brannan, who caters the weekly Kiwanis breakfast meetings, is giving her time and talent as our chef for the March 31 event. She will be supported by a team of 15-20 St. Barnabas volunteers, managing everything from décor and set up, greeting our guests, assisting the chef, serving and cleaning up. Kathleen Jennings will serve as Chair of this program again, and needs the help of those who see how valued this is to our guests. Honora Dunkak will manage reservations again, and Monica Brown manages the flowers and general décor. Kathleen is looking for three special people to lead the teams for set up, serving and clean up. The dates are **Thursday, March 31, Thursday, June 16, and Friday, November 11**. Note the change from past years. We will have the option to set up the day before if the team wants to do that. Hectic rushing would be eliminated, and the team can make it a mini-party while they work. Watch for a poster in the parlor, and a red signup notebook at the Welcome Table. Pick your favorite role (or roles), and join a rewarding and welcome program. Job descriptions for each job

will be in the signup book so you will know exactly what is expected and what kind of time commitment that entails. Volunteers join our guests for lunch as well. Everyone has a wonderful time. Questions? **Kathleen Jennings** | jennings@bainbridge.net | 206-780-9158.

ST. BARNABAS PRAYER CHAIN is a group of people devoted and committed to prayer for others. The chain is divided into two groups coordinated by Lee-ann Holland. She serves as a contact to activate the chain and pass on requests. Lee-ann makes contacts by email and telephone. The prayer chain will pray for anyone who requests prayer or who is submitted by someone else for prayers. All the members honor confidentiality and do not discuss those for whom they pray. It is not necessary to have a lot of detail or sometimes even a name in order to pray for someone or a situation. Unless instructed otherwise, the chain usually prays for about two weeks for a person or situation. The chain can be contacted by calling or emailing the Parish Administrator at the office or **Lee-ann Holland** | hollandx263@me.com | 842-3204.

FELLOWSHIP

BURGERS 'N BINGO | March 12| 5:30pm

Thank you to all who have volunteered to help make this another successful Fellowship Event. And, thanks to the many prize donations, we are set to award the Bingo winners! Sign up sheets for this event are available during coffee hour. Please indicate your food choice, pot luck dish, and number attending. Payment prior to the event would be appreciated. Questions | **Sylvia Dunning** | samdunning@mac.com.

CHRISTIAN FORMATION

FROM THE LIBRARY The following books have been donated to the library. They can be found on the "New Books" shelf to the left as you enter the library, arranged by call number. *An Advent Pilgrimage* by Archbishop J. Peter Sartain (232.SA). This book asks the all-important question, "Where does Christ fit in your Christmas?" *Know Why You Believe* by Paul E. Little (239/LI) *The Soul at Work, The Soul of a Leader, and The Soul of Supervision*, all by Margaret Benefiel (260.6/BE)

Walking Backwards to Christmas by Stephen Cottrell (242.3/CO). This book goes backwards in time with Jesus at the temple, and “finally to the much earlier hopes and dreams of Isaiah and Moses.” A good book to read any time of the year. *World Without End* by Ken Follett (F/FO), a sequel to *Pillars of the Earth*. *Pillars of the Earth* was in with other Book Club Books. **It is missing and no card was placed in the checkout box.**

BODY, MIND & SPIRIT

CENTERING PRAYER

Tuesdays | 9am | Church

Centering Prayer is based on an ancient form of Christian Meditation that was developed during the 20th Century. The simple process of consent and letting go invites us into a deeper place where the life of God can transform us to be the loving people of Christ in the world. Those who practice Centering Prayer gather on Tuesdays at 9am in the church to pray together. Anyone, whether new or experienced, is welcome to join us for silence, chanting and 20 minutes of prayer.

Questions? Want more information? Contact | **Grace Grant | grace@grant-tierney.us**

CHRISTIAN HEALING THROUGH REIKI:

St. Barnabas offers Christian Healing through Reiki on a regular basis. We have a team of 6 trained ministers available to offer healing sessions to Parish members and others in our community. Sessions last about 40 minutes, and are a quiet time with gentle music. Reiki promotes healing and wellness of body and mind, and is a consistent and gentle means for relieving stress and tension in the mind-body complex that accumulate in day-to-day activities. If you have questions or would like to schedule a session: **Ric Cederwall | 206-855-0900 | ric@stanfordalumni.org or Sr Mary Louise**

Sulonen | 360-626-3264 | sjpsulonen@comcast.net

HEARTWORK | LIVING DEEPLY, DYING WELL A four-session class to ensure you get the care you want | Saturdays | March 5, 12, 19, April 2 | 10-11:30am | St. Barnabas

Do you ever worry that you might become incapacitated and require medical care—but be unable to tell people what you want—and don't want? Have you thought about writing an Advanced Directive—but put it off? In the absence of clear, *written* directives, doctors and family members often make decisions that a patient might not have chosen. This four-session class will help you clarify your wishes and put them on paper so that doctors and family can provide the care you want. The class will cover:

- Who will make health care decisions for me if I can't make them myself?
- What medical treatments do I want or don't want?
- What does “quality of life” mean to me?
- What do I want my loved ones or health care agent to know about my life, care of my body, and my funeral or memorial?
- How can I be certain my wishes will be honored and carried out?

\$100 per person + \$25 materials fee (sliding scale available) Includes 4 facilitated sessions, advanced directive document, binder with handouts (Min 5, max 10 per group) Led by Caroline Stevens, RN, MSW. Using the Heartwork curriculum developed by Trudy James.

Information | www.SpeakingofDying.com

Registration | Caroline Stevens | 206-855-8482 | heartworkwestsound@gmail.com



Desert Spirituality | A Wisdom Day in Lent |

Feb 13 | 9:30am-3:30pm

Speaking of Dying | Film

Saturday, Feb 20 10-11:30am | Parish Hall

Lenten Evensong | February 28 | 5pm

Heartwork | Living Deeply, Dying Well

4-session Class | Saturdays, Mar 5, 12, 19 & April 2

Burgers & Bingo | Saturday, March 12 @ 5:30pm

JOY Luncheon | Thursday, March 31 | 11:30am

Lenten Evensong

Sunday, February 28, 2016 | 5:00pm

The Reverend Judith M McDaniel | Officiant
The Parish Choir of St. Barnabas with guest singers
Paul Roy | Organist & Choirmaster
Woody Bernas | Guest Organist

Saint Barnabas Episcopal Church
1187 Wyatt Way NW, Bainbridge Island
WA 98110



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Phone 206-842-5601 | Fax 206-842-5876

info@stbbi.org | www.stbbi.org

The Right Reverend Gregory H. Rickel, | Bishop of Olympia

The Reverend Dr. Dennis Tierney | Rector

The Reverend Dr. Jan Heller | Assisting Priest

The Reverend Dr. Judith M. McDaniel | Assisting Priest

The Reverend Nancy Tiederman | Assisting Priest

The Rev. Patricia Rome Robertson | Assisting Priest for Contemplative Ministries

The Reverend Dan Fowler | Deacon

Paul Roy | Director of Music

Katrina Diller | Parish Administrator

Julie Houck | Bookkeeper

Denton Kiehle | Treasurer Carol Milton | Treasurer Emerita

Fred Meredith | Sexton

Caroline Cox | Kitchen Manager

Amy O'Brien | Day School Director, Carrie Corns | Assistant Director/Registrar

Kristi Barr, Mary Feeney, Millie Loughnane, Candace Gudmundson,

Elsa Trail | Teachers

VESTRY

Senior Warden | Virginia Walker, Junior Warden | TBD

Members | Bethany Anderson, Stu Case, Roger Clairmont, Sylvia Dunning,

Ed Ellis, Sue Hylan, Michael Lacey, Steve Schmitz,

Mark Morris | Clerk of the Vestry



Maria Perez | Housekeeper

