

THE TWENTY-FOURTH SUNDAY AFTER PENTECOST  
**HOLY EUCHARIST**  
November 8, 2015  
8:00 A.M.

**Saint Barnabas Episcopal Church...reaching out through worship, prayer, and action  
to bring the reconciling peace of Christ to one another and this world.**

We invite you to join as an active participant in the worship of God. This service is based on the Order for the Holy Eucharist: Rite One in the Book of Common Prayer. For ease of use, this leaflet contains the congregational portions of the liturgy and service music. HYMNAL refers to the blue book: *The Hymnal 1982*. BCP refers to the red *Book of Common Prayer*.

Digital receivers for audio amplification are available during Sunday services  
for those requiring hearing assistance – just ask an usher.

**Altar flowers are given today in memory of loved ones by Babe & Larry Kehres.**

ORGAN VOLUNTARY

Récit de Nazard

Louis-Nicolas Clérambault



*All stand as able at the sound of the tower bell.*

HYMN (sung by all)

*Come, thou fount of every blessing*

HYMNAL 686

THE OPENING ACCLAMATION

(BCP p. 323)

*Presiding Priest* Blessed be God: Father, Son, and Holy Spirit.

*People* And blessed be his kingdom, now and for ever. Amen.

COLLECT FOR PURITY

*Presiding Priest and People*

Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. Amen.

GLORY BE TO GOD

*Presiding Priest and People*

Glory be to God on high, and on earth peace, good will towards men. We praise thee, we bless thee, we worship thee, we glorify thee, we give thanks to thee for thy great glory, O Lord God, heavenly King, God the Father Almighty. O Lord, the only-begotten Son, Jesus Christ; O Lord God, Lamb of God, Son of the Father, that takest away the sins of the world, have mercy upon us. Thou that takest away the sins of the world, receive our prayer. Thou that sittest at the right hand of God the Father, have mercy upon us. For thou only art holy; thou only art the Lord; thou only, O Christ, with the Holy Ghost, art most high in the glory of God the Father. Amen.

THE COLLECT OF THE DAY

*Presiding Priest* The Lord be with you.

*People* And with thy spirit.

*Presiding Priest* Let us pray.

O God, whose blessed Son was manifested that he might destroy the works of the devil and make us the children of God and heirs of eternal life: Grant us, we beseech thee, that, having this hope, we may purify ourselves even as he is pure; that, when he shall appear again with power and great glory, we may be made like unto him in his eternal and glorious kingdom; where with thee, O Father, and thee, O Holy Ghost, he liveth and reigneth ever, one God, world without end. **Amen.**

## THE WORD OF GOD

 THE FIRST READING (seated)

1 Kings 17:8-16

READER: *A Reading from the First Book of Kings*

The word of the LORD came to Elijah, saying, "Go now to Zarephath, which belongs to Sidon, and live there; for I have commanded a widow there to feed you." So he set out and went to Zarephath. When he came to the gate of the town, a widow was there gathering sticks; he called to her and said, "Bring me a little water in a vessel, so that I may drink." As she was going to bring it, he called to her and said, "Bring me a morsel of bread in your hand." But she said, "As the LORD your God lives, I have nothing baked, only a handful of meal in a jar, and a little oil in a jug; I am now gathering a couple of sticks, so that I may go home and prepare it for myself and my son, that we may eat it, and die." Elijah said to her, "Do not be afraid; go and do as you have said; but first make me a little cake of it and bring it to me, and afterwards make something for yourself and your son. For thus says the LORD the God of Israel: The jar of meal will not be emptied and the jug of oil will not fail until the day that the LORD sends rain on the earth." She went and did as Elijah said, so that she as well as he and her household ate for many days. The jar of meal was not emptied, neither did the jug of oil fail, according to the word of the LORD that he spoke by Elijah.

Reader Hear what the Spirit is saying to God's people.  
People Thanks be to God.

THE RESPONSE (remain seated - read responsively)

Psalms 146

1

Hallelujah! Praise the LORD, O my soul! \*

**I will praise the LORD as long as I live; I will sing praises to my God while I have my being.**

2

Put not your trust in rulers, nor in any child of earth, \*  
**for there is no help in them.**

3

When they breathe their last, they return to earth, \*  
**and in that day their thoughts perish.**

4

Happy are they who have the God of Jacob for their help! \*  
**whose hope is in the LORD their God;**

5

Who made heaven and earth, the seas, and all that is in them; \*  
**who keeps his promise for ever;**

6

Who gives justice to those who are oppressed, \*  
**and food to those who hunger.**

7

The LORD sets the prisoners free; the LORD opens the eyes of the blind; \*  
**the LORD lifts up those who are bowed down;**

8

The LORD loves the righteous; the LORD cares for the stranger; \*  
**he sustains the orphan and widow, but frustrates the way of the wicked.**

9

The LORD shall reign for ever, \*  
**your God, O Zion, throughout all generations. Hallelujah!**

*READER: A Reading from the Letter to the Hebrews*

Christ did not enter a sanctuary made by human hands, a mere copy of the true one, but he entered into heaven itself, now to appear in the presence of God on our behalf. Nor was it to offer himself again and again, as the high priest enters the Holy Place year after year with blood that is not his own; for then he would have had to suffer again and again since the foundation of the world. But as it is, he has appeared once for all at the end of the age to remove sin by the sacrifice of himself. And just as it is appointed for mortals to die once, and after that the judgment, so Christ, having been offered once to bear the sins of many, will appear a second time, not to deal with sin, but to save those who are eagerly waiting for him.

*Reader* Hear what the Spirit is saying to God's people.  
*People* Thanks be to God.



THE HOLY GOSPEL (standing as able)

Mark 12:38-44

*The Priest reads the Gospel, first saying*

The Holy Gospel of our Lord Jesus Christ according to Mark.

*People* Glory be to thee, O Lord.

As Jesus taught, he said, "Beware of the scribes, who like to walk around in long robes, and to be greeted with respect in the marketplaces, and to have the best seats in the synagogues and places of honor at banquets! They devour widows' houses and for the sake of appearance say long prayers. They will receive the greater condemnation." He sat down opposite the treasury, and watched the crowd putting money into the treasury. Many rich people put in large sums. A poor widow came and put in two small copper coins, which are worth a penny. Then he called his disciples and said to them, "Truly I tell you, this poor widow has put in more than all those who are contributing to the treasury. For all of them have contributed out of their abundance; but she out of her poverty has put in everything she had, all she had to live on."

The Gospel of the Lord  
*People* Praise be to thee, O Christ.



THE SERMON (seated)

Dennis Tierney



THE NICENE CREED (standing as able)

BCP p. 326

*Presiding Priest and People*

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

## THE PRAYERS OF THE PEOPLE

*Deacon or other person appointed says*

Let us pray for the whole state of Christ's Church and the world.

*After each paragraph of this prayer, the People may make an appropriate response, as directed.*

Almighty and everliving God, who in thy holy Word hast taught us to make prayers, and supplications, and to give thanks for all people. In our Anglican Cycle of Prayer, I ask your prayers for the Diocese of Upper Shire - (Central Africa) The Rt Revd Brighton Vitta Malasa. For the Episcopal Diocese of Jerusalem and the Middle East, please pray for the Ministry in Jordan, especially the Archdeacon; the Church of the Redeemer, Amman; and the pastor for the English. In our Diocesan Cycle of Prayer, I ask your prayers for St. Paul, Bellingham; Christ Church, Blaine. Receive our prayers which we offer unto thy divine Majesty beseeching thee to inspire continually the Universal Church with the spirit of truth unity and concord and grant that those who do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love.

**Lord, hear our prayer.**

Give grace, O heavenly Father, to all bishops and other ministers especially for Michael, our Presiding Bishop; Gregory, our Bishop and Dennis, Nancy, Judith, Patricia, and Jan, our priests; and Dan our Deacon, that they may, both by their life and doctrine, set forth thy true and lively Word, and rightly and duly administer thy holy Sacraments.

**Lord, hear our prayer.**

And to all thy people give thy heavenly grace, and especially to this congregation here present; that, with meek heart and due reverence, they may hear and receive thy holy Word, truly serving thee in holiness and righteousness all the days of their life.

**Lord, hear our prayer.**

We beseech thee also so to rule the hearts of those who bear the authority of government in this and every land, especially Barack, our President, that he may be led to wise decisions and right actions for the welfare and peace of the world.

**Lord, hear our prayer.**

For all those who go in harm's way to serve, both here at home and in lands far away, and for their families and loved ones who also serve as they wait for the time of reunion.

**Lord, hear our prayer.**

Open, O Lord, the eyes of all people to behold thy gracious hand in all thy works, that, rejoicing in thy whole creation, they may honor thee with their substance, and be faithful stewards of thy bounty.

**Lord, hear our prayer.**

And we most humbly beseech thee, of thy goodness, O Lord, to comfort and succor, especially... and all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity.

**Lord, hear our prayer.**

And we offer our petitions and thanksgivings to you O Lord, either aloud or in our hearts..., as we pray.

**Lord, hear our prayer.**

And we also bless thy holy Name for all thy servants departed this life in thy faith and fear, especially..., beseeching thee to grant them continual growth in thy love and service; and to grant us grace so to follow the good examples of Barnabas and of all thy saints, that with them we may be partakers of thy heavenly kingdom.

**Lord, hear our prayer.**

Grant these our prayers, O Father, for Jesus Christ's sake, our only Mediator and Advocate. **Amen.**



## CONFESSION OF SIN (kneeling)

Let us humbly confess our sins unto Almighty God.

*Silence may be kept.*

### *Presiding Priest and People*

Almighty God, Father of our Lord Jesus Christ, maker of all things, judge of all men: We acknowledge and bewail our manifold sins and wickedness, which we from time to time most grievously have committed, by thought, word, and deed, against thy divine Majesty, provoking most justly thy wrath and indignation against us. We do earnestly repent, and are heartily sorry for these our misdoings; the remembrance of them is grievous unto us, the burden of them is intolerable. Have mercy upon us, have mercy upon us, most merciful Father; for thy Son our Lord Jesus Christ's sake, forgive us all that is past; and grant that we may ever hereafter serve and please thee in newness of life, to the honor and glory of thy Name; through Jesus Christ our Lord. Amen.

### *The Presiding Priest says*

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all those who with hearty repentance and true faith turn unto him, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord. Amen.

## A PRAYER FOR VISITORS

Loving God, make thy people ever mindful of the visitors who have come amongst us this day. Help thy people to help these our visitors to know that their presence with us is our joy; their contentment our desire. Help thy people to open our arms and our hearts to bring them into our midst, not as strangers but as new friends in Christ. Amen.

## THE PEACE

*Presiding Priest* The peace of the Lord be always with you.  
*People* And also with you.

## **THE HOLY COMMUNION**



*An offering of money is collected.*



*At the conclusion of the organ voluntary, please rise as able as the bread and wine and money we offer to God for our nourishment and the life of the world are brought forward and presented at the altar.*

*Presiding Priest* All things come of thee, O Lord,  
*People* and of thine own have we given thee.

## THE GREAT THANKSGIVING

BCP p. 333

*The people remain standing. The Presiding Priest faces them and says*

*People* The Lord be with you.  
*People* And with thy spirit.  
*Presiding Priest* Lift up your hearts.  
*People* We lift them up unto the Lord.  
*Presiding Priest* Let us give thanks unto our Lord God.  
*People* It is meet and right so to do.

*Then, facing the Holy Table, the Presiding Priest proceeds*

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God.

*Here a Proper Preface is sung or said on all Sundays, and on other occasions as appointed.*

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

*Presiding Priest and People*

Holy, holy, holy, Lord God of Hosts:  
Heaven and earth are full of thy glory.  
Glory be to thee, O Lord Most High.  
Blessed is he that cometh in the name of the Lord.  
Hosanna in the highest.



*or The people kneel or stand.*

*Then the Presiding Priest gives thanks for God's work in creation and for the salvation of the world through Christ, and prays over the bread and wine.*

All glory be to thee, Almighty God, our heavenly Father...

...By whom, and with whom, in the unity of the Holy Ghost, all honor and glory be unto thee, O Father Almighty, world without end. **AMEN.**

And now, as our Savior Christ hath taught us, we are bold to say,

*People and Presiding Priest*

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

THE BREAKING OF THE BREAD

*The Presiding Priest breaks the consecrated Bread. A period of silence is kept.*

*Then may be sung or said*

Alleluia! Christ our Passover is sacrificed for us;

**Therefore let us keep the feast. Alleluia!**

*The following prayer may be said. The People may join in saying this prayer*

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

*Facing the people, the Presiding Priest may say the following Invitation*

The Gifts of God for the People of God.

*and may add* Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

*This is the Lord's Table around which we gather.*

*All baptized Christians are encouraged to come forward and receive the Body and Blood of Christ in the bread and wine of the Eucharist. If you do not wish to receive Holy Communion please do come forward, cross your arms across your heart and receive a blessing.*



or THE POST-COMMUNION PRAYER (kneeling or standing as able)

BCP p. 339

*Presiding Priest and People*

Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

THE BLESSING

The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you, and remain with you always. **Amen.**



BIRTHDAYS, ANNIVERSARIES & ANNOUNCEMENTS (seated)



HYMN (standing as able)

*God of grace and God of glory*

HYMNAL 594

DISMISSAL

*The Presiding Priest, dismisses the people with these words*

Let us go forth in the name of Christ.

**People Thanks be to God.**

PROCESSION

ORGAN VOLUNTARY

*Caprice sur les grands jeux*

Louis-Nicolas Clérambault

TOWER BELLS

**MINISTERS OF THE LITURGY**

Presiding Priest & Preacher

The Rev. Dennis Tierney

Organist

Paul Roy

Acolyte

Virginia Walker

Eucharistic Minister

Virginia Walker

Lectors

Virginia Walker & Joanne Ellis

Prayers of the People

Joanne Ellis

Usher

Ed Ellis

Altar Guild

Jean Kellerman, Deena Hanke, Liz McKinney, Jody Prongay & Gwen Rose

Bread Baker

Honora Dunkak

Fellowship Hour

Roger Fredericksen

# This Week @ St. Barnabas

## **Sunday, November 8**

8am | Holy Eucharist {Rite I} | Church  
9:15am | Choir Rehearsal | Church  
10am | Holy Eucharist {Rite II} | Church  
3:30pm | Schola Rehearsal | Church  
**6pm | Office of Evensong ~ Schola Nova | Church**

## **Monday, November 9**

10:30am | Devotions | Messenger House  
11am | BI Rotary Meeting | PH & Kitchen  
11am | Group Reunion | Dennis' Office  
7:30pm | AI Anon | RWV

## **Tuesday, November 10**

**9am | Centering Prayer | Church**  
**9:45am | Contemplative Book Study | Library**  
**10am | Dance for Joy - Qigong Class | RWV**  
4pm | CAC/Outreach Mtg | Library  
6:30pm | Amabile Rehearsal | Church  
7:30pm | Finance Committee | Library

## **Wednesday, November 11**

**OFFICE CLOSED for VETERAN'S DAY**  
7am | BI Kiwanis | PH/Kitchen  
7:15am | Meditation Group | Church  
**11:30 | JOY Luncheon | PH & Kitchen**  
2:30pm | Devotions | Island Rehab  
7:30pm | Choir Rehearsal | Choir Room  
7:30pm | AA Women's Group | Library

## **Thursday, November 12**

**9:15am | Healing Eucharist | Church**  
10:30am | Devotions | Wyatt House  
10:30am | Reiki Team Meeting | RWV  
1:30pm | Devotions | Madrona House  
3pm | Devotions | Madison Ave House  
7:30pm | AA | RWV

## **Friday, November 13**

**Church Office Closed**  
1pm | Facilities Planning Comm | Library  
3:15pm | Day School Date Night | PH

## **Saturday, November 14**

9am | Altar Guild | Church  
4pm | PMYC Annual Set up & Banquet | PH & Kitchen

## **Sunday, November 15**

8am | Holy Eucharist {Rite I} | Church  
9:15am | Choir Rehearsal | Church  
10am | Holy Eucharist {Rite II} | Church

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**Nursery Care | 10am Service**  
**RWV | Room with a View PH | Parish Hall**

## Welcome to Saint Barnabas Church and this service of worship

*We are truly pleased that you have chosen to worship with us today. Here at St. Barnabas, we believe that everyone who enters these doors is God's guest. If you are seeking a church exclusively for today, we thank you for celebrating with us and may God be with you as you travel. If you are searching for a new church community and home, we hope that you will inform us. Please introduce yourself to one of our parish clergy as you depart. We invite you to complete one of the cards in the pew rack and simply hand it to a person of the clergy.*

**DIGITAL RECEIVERS FOR AUDIO AMPLIFICATION** are available during Sunday services for those requiring hearing assistance – just ask an Usher.

**GLUTEN FREE EUCHARISTIC HOSTS** are available for those who need them. Please alert the usher to your need.

**ARE YOU ON THE PARISH PICTURE BOARD?** We would like our entire parish to be represented on the Parish Picture Board. The **FIRST SUNDAY** of every month, Sue Hylen will be at the Welcome Table to take individual, couple, & family photos. We especially invite new members to add their picture to our board or update the photo they have. This also helps new members and visitors to connect names with faces!

**NAME TAGS** Name tag sign-up sheets will be on the Welcome Table the **SECOND SUNDAY** of every month. If you would like a name tag, please let us know. Name tags should be ready to be picked up the next SUNDAY. When you have your name tag on, newcomers find it easier to both approach and remember you, and all the other friendly St. B people they have just met.

**ANNOUNCEMENTS for the weekly service leaflets are due to the office Tuesday by noon. Email | kdiller@stbbi.org**

**NURSERY FOR LITTLE ONES | newborns to age three.** Babysitting is provided during the Sunday 10am service. Our babysitters arrive fifteen minutes before the service, at 9:45am and parents are welcome to drop off their child and then collect him/her after the service or after coffee hour. Babysitters will interact, read and play with the children, and ensure that they are safe while parents attend the service. The nursery is located on the upper level down the long hallway.

The nursery is through the doorway on the right. For more information, contact **Ruth Anderson | | 360-626-1264.**

**WELCOME TABLE** Don't forget to visit the Welcome Table at Coffee Hour. Everyone, new visitors and long-time members, is urged to stop by regularly to check on signups for parish events, to volunteer for programs. To learn more about our ministries, to purchase tickets to events, and to meet and talk with parishioners of every age and stage. Guests and newcomers are especially encouraged to visit the **Welcome Table**.

**COFFEE & COMMUNITY** Please join us for body and soul food! Coffee hour after the 8am is in the Parlor just across the courtyard from the church. Coffee Hour after the 10am service is downstairs in the Parish Hall. A sign-up sheet is posted for the 8am coffee hour. This is a chance to meet other parishioners informally and enjoy the hospitality of the St. Barnabas congregation.

### 2016 STEWARDSHIP

## HARVEST NOW FOR FUTURE SEASONS

### 2016 STEWARDSHIP CAMPAIGN

The fall stewardship campaign has begun! It is the time of the year when we seek the financial resources we need to continue our missional work in 2016. Many of you have participated in these campaigns for many years and you know the general purpose and outline of our work in stewardship. In previous years, we have come close to our goals but often had to do a "second ask" or put on a fund-raiser of some sort to make our budgetary goals. In the past two years, we have not had to do that – to the great relief of vestry members and many congregants. This year, we seek additional funds to offer our hard-working staff a real raise in compensation of 5%. Thus, our goal for pledges this year is \$386,000. All other expenses remain the same or have been adjusted only for inflation such that our overall budget is about the same as last year apart from salary costs. We have also made some financial changes to make our funds work harder by moving more funds into the Diocesan Investment Fund where returns are higher than in bank savings accounts. We have also made changes to our lighting system to make our facility safer but also more energy efficient, thus keeping utility costs down. We would love to have this year's

stewardship campaign take no more than four or five weeks. In past years, we have been seeking commitments for support well into the New Year which makes adopting a budget very difficult. We ask that you prayerfully consider your support for Saint Barnabas and make your pledge accordingly and swiftly. You should have now received our stewardship letter from Helene Schmitz, our Stewardship Chair. It contains confidential information about your current year pledge, if you made one, and some suggestions for increasing your pledge in 2016. Again, it will be possible to pledge online, through your favorite credit card, and by auto withdrawal from your bank account. Julie Houck is available to help you make your pledge payments according to your preference. We truly want to make this contribution effortless. Our primary goal is to have financial resources necessary to continue our work among our members, in the community, and out into the whole world. As Saint Barnabas enters into its seventh decade of worship and service, we rejoice in those who prepared the way for us, and we seek to emulate their strong commitment to the Good News of God in Christ on our lovely island. Dennis+

## WORSHIP

### TONIGHT | OFFICE OF EVENSONG | 6PM

Women's Schola Nova sings the Office of Evensong at 6pm on the 2nd Sunday of the month. Come hear traditional plainsong, anthems, psalms and chants. Let the grace of sung prayer refresh you for the week to come.

**MISSED A SERMON OR WANT TO HEAR IT AGAIN? OR SHARE IT WITH A FRIEND?** Listen to podcasts of sermons and music available on our church website | [www.stbbi.org](http://www.stbbi.org).

### MUSICAL OPPORTUNITIES AT ST. BARNABAS

Do you sing or play an instrument? There are musical opportunities awaiting you here at St. Barnabas! Contact **Paul Roy** | [proy@stbbi.org](mailto:proy@stbbi.org) | 206-842-5601x4.

## CHRISTIAN ACTION

### ONE MORE WEEK! CHAPLAINS ON THE HARBOR Outreach Effort continues for Chaplains on the Harbor | Grays Harbor County | Nov 1-15

The outreach ministry directed by the Rev. Sarah Monroe and, titled "Chaplains on the Harbor" is continuing to be supported by the Outreach Committee of St. Barnabas. The ministry works to meet the spiritual and everyday needs of the many homeless and needy in the depressed Aberdeen/Westport area. Chaplains on the

Harbor is a ministry that is endorsed by our Episcopal Diocese in Olympia and our Bishop Greg Rickel. Since our request for seasonal items and dry goods from the congregation last Spring, the Outreach committee continues to support Chaplains on the Harbor. St. Barnabas has helped the ministry with a \$600 check to help buy a new freezer, carloads of food and dry goods, lots of prayer and recently a check for \$500 to assist with the ministry. We continue to be impressed with Sarah's passion for her Chaplains on the Harbor mission and her leadership to work with and through the communities of Aberdeen and Westport. Dennis has invited the Rev. Sarah Monroe to come to St. Barnabas on November 15. Starting this week, the congregation will again have an opportunity to show their individual support by bringing items on the list to the Chaplains on the Harbor box in the Parlor. The Outreach committee will deliver the items to Aberdeen and Westport for Sarah to use in her ministry. **Contact Steve Schmitz | 206-842-3375 | [esallen1zero5@gmail.com](mailto:esallen1zero5@gmail.com). Donation items to consider as we approach Thanksgiving:**

1. Adult/children size socks
2. Gloves for adults/children
3. Jackets for children ages 5-12
4. Tea bags/coffee/hot chocolate
5. Toilet paper
6. Sugar and creamer
7. Canned goods (beans, fruits, vegetables)
8. Snack items (small bags of chips, cookies, crackers)
9. Dog and cat food
10. Laundry soap

**ST. BARNABAS PRAYER CHAIN** is a group of people devoted and committed to prayer for others. The chain is divided into two groups coordinated by Lee-ann Holland. She serves as a contact to activate the chain and pass on requests. Lee-ann makes contacts by email and telephone. The prayer chain will pray for anyone who requests prayer or who is submitted by someone else for prayers. All the members honor confidentiality and do not discuss those for whom they pray. It is not necessary to have a lot of detail or sometimes even a name in order to pray for someone or a situation. Unless instructed otherwise, the chain usually prays for about two weeks for a person or situation. The chain can be contacted by calling or emailing the Parish Administrator Katrina at the office or **Lee-ann Holland** | [hollandx263@me.com](mailto:hollandx263@me.com) | 842-3204.

## **CHRISTIAN FORMATION**

### **ADULT ED @ ST BARNABAS | Fall 2015**

**Thursdays | 7:30pm | Gowen Library**

*"In Search of: Saint Paul, Saint Peter and Other New Testament Greats and Places."* Please join us, all are welcome.

## **FELLOWSHIP**

### **VETERAN'S DAY JOY LUNCH | Nov 11 | 11:30am**

This Wednesday we will gather at 11:30, with lunch at 12:15. Special entertainment by Agate Passage quartet. We are so looking forward to honoring our friends and veterans.

## **BODY, MIND & SPIRIT**

### **CENTERING PRAYER**

**Tuesdays | 9am | Church**

Centering Prayer is based on an ancient form of Christian Meditation that was developed during the 20<sup>th</sup> Century. The simple process of consent and letting go invites us into a deeper place where the life of God can transform us to be the loving people of Christ in the world. Those who practice Centering Prayer gather on Tuesdays at 9am in the church to pray together. Anyone, whether new or experienced, is welcome to join us for silence, chanting and 20 minutes of prayer. Questions? Want more information? Contact |

**Grace Grant | [grace@grant-tierney.us](mailto:grace@grant-tierney.us).**

### **CHRISTIAN HEALING THROUGH REIKI:**

St. Barnabas offers Christian Healing through Reiki on a regular basis. We have a team of 6

trained ministers available to offer healing sessions to Parish members and others in our community. Sessions last about 40 minutes, and are a quiet time with gentle music. Reiki promotes healing and wellness of body and mind, and is a consistent and gentle means for relieving stress and tension in the mind-body complex that accumulate in day-to-day activities. If you have questions or would like to schedule a session:

**Ric Cederwall | 206-855-0900 |**

**[ric@stanfordalumni.org](mailto:ric@stanfordalumni.org)**

**Sister Mary Louise Sulonen | 360-626-3264 |**

**[sjpsulonen@comcast.net](mailto:sjpsulonen@comcast.net).**

### **BOOK STUDY | GRACE CHURCH**

**Began Oct 27 | 10:30am and 6:30pm**

A study of [Being Mortal: Medicine and What Matters in the End](#) by Atul Gawande, M.D., and staff writer at *The New Yorker*. Mary Anderson, associate priest at Grace Episcopal Church and Licensed Professional Counselor, will present the issues raised in this important book: mortality, medicine, and the power of hard conversations. On three Tuesdays from October 27 through November 10, Mary will offer the study at Grace from 10:30-12 and again from 6:30-8pm. Please sign up with Adult Faith Formation | **[willaf@earthlink.net](mailto:willaf@earthlink.net) | 360-779-6441**. The larger community is welcomed.



## *"Star of Wonder"*

**Friday, Dec 4 | 7:30pm**

**Saturday, Dec 5 | 3:00 & 7:30 pm**

**at Saint Barnabas Episcopal Church**

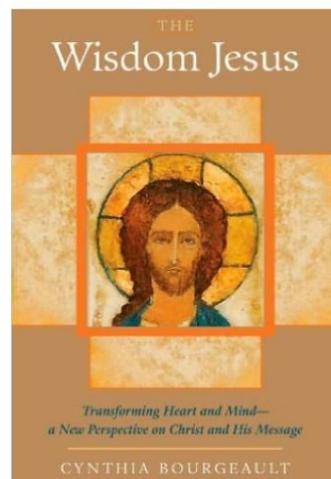
*Tickets by Donation | \$20*

Available from Any Amabile Singer

## Contemplative Book Study – The Wisdom Jesus

Beginning in October, the Contemplative book study will be reading *The Wisdom Jesus* by Cynthia Bourgeault. From the book jacket:

*If you put aside what you think you know about Jesus and approach the Gospels as though for the first time, something remarkable happens: Jesus emerges as a teacher of the transformation of consciousness. Cynthia Bourgeault is a masterful guide to Jesus' vision and to the traditional contemplative practices you can use to experience the heart of his teaching for yourself.*



Group discussions will take place in the Library at St. Barnabas at 9:45 am (following 9am Centering Prayer in the church) on Tuesdays. We finish no later than 11am.

### Dates & Chapters:

**October 13 | Chapters 1-3**  
**November 10 | Chapters 4-7**  
**December 8 | Chapters 8-9**  
**January 12 | Chapters 10 – 11**  
**February 16 | Chapters 12-14**  
**March 15 | Chapters 15-16**

Reading this book will prepare us all for Cynthia Bourgeault's visit to St. Barnabas | **Saturday, May 14**. You are invited to join us in reading and especially for the group discussions on the above dates.

*"The knowledge of Jesus Christ is a unitive knowledge; it is the luminosity of my own true and eternal being."*

*- Bruno Barnhart. Second Simplicity*



# Saint Barnabas Episcopal Church

1187 Wyatt Way NW | Bainbridge Island | WA | 98110

Phone 206-842-5601 | Fax 206-842-5876

[info@stbbi.org](mailto:info@stbbi.org) | [www.stbbi.org](http://www.stbbi.org)

The Right Reverend Gregory H. Rickel, | Bishop of Olympia

The Reverend Dr. Dennis Tierney | Rector

The Reverend Dr. Jan Heller | Assisting Priest

The Reverend Dr. Judith M. McDaniel | Assisting Priest

The Reverend Nancy Tiederman | Assisting Priest

The Rev. Patricia Rome Robertson | Assisting Priest for Contemplative Ministries

The Reverend Dan Fowler | Deacon

Paul Roy | Director of Music

Katrina Diller | Parish Administrator

Julie Houck | Bookkeeper

Denton Kiehle | Treasurer

Carol Milton | Treasurer Emerita

Fred Meredith | Sexton

Danielle Desaulniers | Kitchen Manager

Amy O'Brien | Day School Director, Carrie Corns | Assistant Director/Registrar

Kristi Barr, Mary Feeney, Millie Loughnane, Candace Gudmundson, Elsa Trail | Teachers

## VESTRY

Senior Warden | Bill Galvani, Junior Warden | Kristoffer Anderson

Members | Stu Case, Ed Ellis, Sue Hylan, Jean Kellerman,

Michael Lacey, Steve Schmitz, Virginia Walker

Mark Morris | Clerk of the Vestry



Maria Perez | Housekeeper

