

2016 Wisdom Retreat Days

Parish Hall | St. Barnabas Episcopal Church
Offerings of Contemplative Ministries

Saturday, February 13 | 2016

Desert Spirituality | A Wisdom Day in Lent | 9:30am-3:30pm | \$20 suggested donation

In the season of Lent we invite you to follow Jesus for a day in the desert. We know that, in the fourth and fifth centuries as Christianity became more organized and embedded in society, men and women moved into the desert to renew their own practice of spiritual transformation and to struggle with their inner demons (just as Jesus had) in order to deeply root their relationships in the Living God.

“Society...was regarded [by the Desert Fathers and Mothers] as a shipwreck from which each single individual man [and woman] had to swim for his life” (Thomas Merton in *The Wisdom of the Desert*). “The essence of the spirituality of the desert is that it was not taught but caught; it was a whole way of life... continually turned towards God” (Benedicta Ward, *The Sayings of the Desert Fathers*).

Join The Rev. Patricia Rome Robertson and Grace Grant for a day of teachings from these wisdom communities, chanting, body movement, and conscious practice of presence – a day to carry you through the season of Lent and beyond.

The number of participants for this day is limited. Registration begins January 1 for parishioners; open registration begins January 15. For more information, contact Patricia (revprome@hotmail.com) or Grace (grace@grant-tierney.us).

Saturday, May 21 | 2016

A Wisdom Day with Cynthia Bourgeault | 10am-4pm | suggested donation \$30

A day to experience the Benedictine rhythm of ora et labora (prayer and work) – including meditation, chanting, teaching, body movement and the conscious practice of presence. Cynthia will share her thoughts on the wisdom tradition and invite our questions and observations about this rhythm for everyday life.

The number of participants for this day is limited. Registration begins March 1 for parishioners; open registration begins April 1. [More details to follow.]

Saturday, November 12 | 2016

Fall Wisdom Day | 9:30am-3:30pm | suggested donation tbd

A day of solitude and silence, including chanting, body movement, and the conscious practice of presence, focused on a wisdom topic. [More details to follow.]

The number of participants for this day is limited. Registration begins in early October.