



THE FIFTH SUNDAY AFTER PENTECOST
HOLY EUCHARIST

June 19, 2016
10:00 A.M.

Saint Barnabas Episcopal Church...reaching out through worship, prayer, and action to bring the reconciling peace of Christ to one another and this world.

We invite you to join as an active participant in the worship of God. This service is based on the Order for the Holy Eucharist: Rite Two in the Book of Common Prayer. For ease of use, this leaflet contains the congregational portions of the liturgy and service music. HYMNAL refers to the blue book: The Hymnal 1982.

Large-Print BCP and digital receivers for audio amplification are available during services for those requiring hearing assistance – just ask an usher.

ORGAN VOLUNTARY

 *All stand as able at the sound of the tower bell and sing:*

HYMN

O worship the King, all glorious above!

HYMNAL 388

THE OPENING ACCLAMATION

Presiding Priest Blessed be God: Father, Son, and Holy Spirit.

***People* And blessed be his kingdom, now and for ever. Amen.**

COLLECT FOR PURITY

Presiding Priest and People

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.



God, you call us to this place, where we know your love and grace.

Here your bless - ed Spi - rit free makes of us one fam - i - ly,

makes our rich - di - ver - si - ty rich - er still in u - ni - ty,

makes our man - y voic - es one, joined in praise with Christ your Son.

THE COLLECT OF THE DAY

Presiding Priest The Lord be with you.

People And also with you.

Presiding Priest Let us pray.

O Lord, make us have perpetual love and reverence for your holy Name, for you never fail to help and govern those whom you have set upon the sure foundation of your loving-kindness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

THE WORD OF GOD

 THE FIRST READING (seated)

1 Kings 19:1-4, (5-7), 8-15a

READER: A Reading from the First Book of Kings

Ahab told Jezebel all that Elijah had done, and how he had killed all the prophets with the sword. Then Jezebel sent a messenger to Elijah, saying, "So may the gods do to me, and more also, if I do not make your life like the life of one of them by this time tomorrow." Then he was afraid; he got up and fled for his life, and came to Beersheba, which belongs to Judah; he left his servant there. But he himself went a day's journey into the wilderness, and came and sat down under a solitary broom tree. He asked that he might die: "It is enough; now, O Lord, take away my life, for I am no better than my ancestors." Then he lay down under the broom tree and fell asleep. Suddenly an angel touched him and said to him, "Get up and eat." He looked, and there at his head was a cake baked on hot stones, and a jar of water. He ate and drank, and lay down again. The angel of the Lord came a second time, touched him, and said, "Get up and eat, otherwise the journey will be too much for you." He got up, and ate and drank; then he went in the strength of that food forty days and forty nights to Horeb the mount of God. At that place he came to a cave, and spent the night there. Then the word of the Lord came to him, saying, "What are you doing here, Elijah?" He answered, "I have been very zealous for the Lord, the God of hosts; for the Israelites have forsaken your covenant, thrown down your altars, and killed your prophets with the sword. I alone am left, and they are seeking my life, to take it away." He said, "Go out and stand on the mountain before the Lord, for the Lord is about to pass by." Now there was a great wind, so strong that it was splitting mountains and breaking rocks in pieces before the Lord, but the Lord was not in the wind; and after the wind an earthquake, but the Lord was not in the earthquake; and after the earthquake a fire, but the Lord was not in the fire; and after the fire a sound of sheer silence. When Elijah heard it, he wrapped his face in his mantle and went out and stood at the entrance of the cave. Then there

came a voice to him that said, “What are you doing here, Elijah?” He answered, “I have been very zealous for the Lord, the God of hosts; for the Israelites have forsaken your covenant, thrown down your altars, and killed your prophets with the sword. I alone am left, and they are seeking my life, to take it away.” Then the Lord said to him, “Go, return on your way to the wilderness of Damascus.”

Reader Hear what the Spirit is saying to God’s people.

***People* Thanks be to God.**

THE RESPONSE (remain seated – read responsively)

Psalms 42 & 43

1 As the deer longs for the water-brooks, *
so longs my soul for you, O God.

2 My soul is athirst for God, athirst for the living God; *
when shall I come to appear before the presence of God?

3 My tears have been my food day and night, *
while all day long they say to me, “Where now is your God?”

4 I pour out my soul when I think on these things: *
how I went with the multitude and led them into the house of God,

5 With the voice of praise and thanksgiving, *
among those who keep holy-day.

6 Why are you so full of heaviness, O my soul? *
and why are you so disquieted within me?

7 Put your trust in God; *
for I will yet give thanks to him, who is the help of my countenance, and my God.

8 My soul is heavy within me; *
**therefore I will remember you from the land of Jordan,
and from the peak of Mizar among the heights of Hermon.**

9 One deep calls to another in the noise of your cataracts; *
all your rapids and floods have gone over me.

10 The Lord grants his loving-kindness in the daytime; *
in the night season his song is with me, a prayer to the God of my life.

11 I will say to the God of my strength, “Why have you forgotten me? *
and why do I go so heavily while the enemy oppresses me?”

12 While my bones are being broken, *
my enemies mock me to my face;

13 All day long they mock me *
and say to me, “Where now is your God?”

(continued on page 4)

14 Why are you so full of heaviness, O my soul? *
and why are you so disquieted within me?

15 Put your trust in God; *
for I will yet give thanks to him, who is the help of my countenance, and my God.

Psalm 43

1 Give judgment for me, O God, and defend my cause against an ungodly people; *
deliver me from the deceitful and the wicked.

2 For you are the God of my strength; why have you put me from you? *
and why do I go so heavily while the enemy oppresses me?

3 Send out your light and your truth, that they may lead me, *
and bring me to your holy hill and to your dwelling;

4 That I may go to the altar of God, to the God of my joy and gladness; *
and on the harp I will give thanks to you, O God my God.

5 Why are you so full of heaviness, O my soul? *
and why are you so disquieted within me?

6 Put your trust in God; *
for I will yet give thanks to him, who is the help of my countenance, and my God.

THE SECOND READING

Galatians 3:23-29

READER: A Reading from the Letter of Paul to the Galatians

Now before faith came, we were imprisoned and guarded under the law until faith would be revealed. Therefore the law was our disciplinarian until Christ came, so that we might be justified by faith. But now that faith has come, we are no longer subject to a disciplinarian, for in Christ Jesus you are all children of God through faith. As many of you as were baptized into Christ have clothed yourselves with Christ. There is no longer Jew or Greek, there is no longer slave or free, there is no longer male and female; for all of you are one in Christ Jesus. And if you belong to Christ, then you are Abraham's offspring, heirs according to the promise.

Reader Hear what the Spirit is saying to God's people.

***People* Thanks be to God.**



HYMN (standing as able)

Surely it is God who saves me

HYMNAL 679

The Priest or Deacon reads the Gospel, first saying

The Holy Gospel of our Lord Jesus Christ according to Luke.

People **Glory to you, Lord Christ.**

Jesus and his disciples arrived at the country of the Gerasenes, which is opposite Galilee. As Jesus stepped out on land, a man of the city who had demons met him. For a long time he had worn no clothes, and he did not live in a house but in the tombs. When he saw Jesus, he fell down before him and shouted at the top of his voice, “What have you to do with me, Jesus, Son of the Most High God? I beg you, do not torment me”—for Jesus had commanded the unclean spirit to come out of the man. (For many times it had seized him; he was kept under guard and bound with chains and shackles, but he would break the bonds and be driven by the demon into the wilds.) Jesus then asked him, “What is your name?” He said, “Legion”; for many demons had entered him. They begged him not to order them to go back into the abyss. Now there on the hillside a large herd of swine was feeding; and the demons begged Jesus to let them enter these. So he gave them permission. Then the demons came out of the man and entered the swine, and the herd rushed down the steep bank into the lake and was drowned. When the swineherds saw what had happened, they ran off and told it in the city and in the country. Then people came out to see what had happened, and when they came to Jesus, they found the man from whom the demons had gone sitting at the feet of Jesus, clothed and in his right mind. And they were afraid. Those who had seen it told them how the one who had been possessed by demons had been healed. Then all the people of the surrounding country of the Gerasenes asked Jesus to leave them; for they were seized with great fear. So he got into the boat and returned. The man from whom the demons had gone begged that he might be with him; but Jesus sent him away, saying, “Return to your home, and declare how much God has done for you.” So he went away, proclaiming throughout the city how much Jesus had done for him.

The Gospel of the Lord

People **Praise to you, Lord Christ.**



THE SERMON (seated)

Dennis Tierney



THE NICENE CREED (standing as able)

Presiding Priest and People

We believe in one God, the Father, the Almighty, Maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary; and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE

Form VI

The Leader and People pray responsively

In peace, we pray to you, Lord God.

Silence

For all people in their daily life and work;

For our families, friends, and neighbors, and for those who are alone.

In our Anglican Cycle of Prayer, I ask your prayers for The Church of North India (United), The Most Revd Pradeep Samantaroy, Moderator of CNI & Bishop of Amritsar. In our Diocesan Cycle of Prayer, I ask your prayers for the Episcopal Mission to Seafarers as well as for the Refugee Resettlement Ministry. For this community, the nation, and the world;

For all who work for justice, freedom, and peace.

For the just and proper use of your creation;

For the victims of hunger, fear, injustice, and oppression.

For all who are in danger, sorrow, or any kind of trouble;

For those who minister to the sick, the friendless, and the needy.

For the peace and unity of the Church of God;

For all who proclaim the Gospel, and all who seek the Truth.

For Michael our Presiding Bishop; Gregory our Bishop and Dennis, Jan, Nancy, Judith and Patricia our priests; and Dan our Deacon;

For all who serve God in his Church.

For all those who go in harm's way to serve, both here at home and in lands far away, and for their families and loved ones who also serve as they wait for the time of reunion.

For the time of peace on earth.

For grace and power to welcome into our fellowship our sisters and brothers in Christ who are visiting this morning, remembering that in welcoming a stranger we may welcome angels unaware.

For all to know God more deeply.

For the special needs and concerns of this congregation, especially...

Silence

The people may add their own petitions

Hear us, Lord;

For your mercy is great.

We thank you, Lord, for all the blessings of this life.

Silence

The People may add their own thanksgivings

We will exalt you, O God our King;

And praise your Name for ever and ever.

We pray for all who have died, especially... that they may have a place in your eternal kingdom.

Silence

The People may add their own petitions

Lord, let your loving-kindness be upon them;

Who put their trust in you.

We pray to you also for the forgiveness of our sins.

Silence may be kept.

Presiding Priest and People

Have mercy upon us, most merciful Father; in your compassion forgive us our sins, known and unknown, things done and left undone; and so uphold us by your Spirit that we may live and serve you in newness of life, to the honor and glory of your Name; through Jesus Christ our Lord. Amen.

The Presider concludes with an absolution or a suitable Collect. The people respond, "Amen".

THE PEACE

Presiding Priest The peace of the Lord be always with you.

People And also with you.

THE HOLY COMMUNION

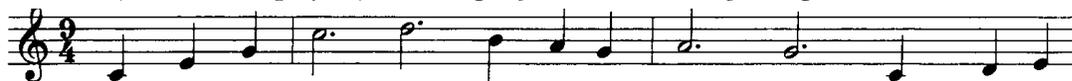
An offering of money is collected.



HYMN (seated – sung by all)

Baptized in water, sealed by the Spirit

Bunessan



1. Bap-tized in wa - ter, Sealed by the Spir - it, Cleansed by the
2. Bap-tized in wa - ter, Sealed by the Spir - it, Dead in the
3. Bap-tized in wa - ter, Sealed by the Spir - it, Marked with the



blood of Christ our King: Heirs of sal - va - tion, Trust-ing his
tomb with Christ our King: One with his ris - ing, Freed and for -
sign of Christ our King: Born of one Fa - ther, We are his



prom - ise, Faith - ful - ly now God's praise we sing.
giv - en, Thank - ful - ly now God's praise we sing.
chil - dren, Joy - ful - ly now God's praise we sing.

Text: Michael Seward, b.1932, © 1982, Hope Publishing Co.

Tune: BUNESSAN, 5 5 8 D; Gaelic melody; acc. by Marty Haugen, b.1950, © 1987, GIA Publications, Inc.



PRESENTATION ANTHEM (standing as able)

Presiding Priest All things come from you, O Lord,

The Presiding Priest continues

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

At the following words concerning the bread, the Presiding Priest is to hold it or lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Celebrant and People

Christ has died.

Christ is risen.

Christ will come again.

The Presiding Priest continues

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom. All this we ask through your Son Jesus Christ.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.



The Presiding Priest continues

And now, as our Savior Christ has taught us, we are bold to say,

THE LORD'S PRAYER (Traditional)

Our Father, who art in heaven, hallowed be thy Name,
thy kingdom come, thy will be done, on earth as it is in heaven.

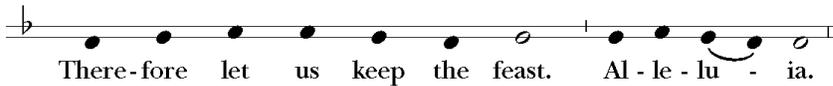
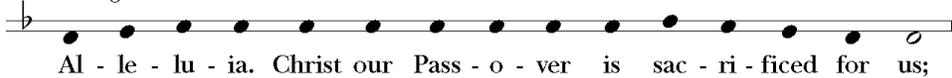
Give us this day our daily bread,
and forgive us our trespasses, as we forgive those who trespass against us.
And lead us not into temptation, but deliver us from evil.

For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

ACCLAMATION AFTER THE BREAKING OF THE BREAD

Ambrosian Chant

This setting is not used in Lent.



This setting may be sung full by all, or by the choir, or as a versicle and response.

THE INVITATION TO COMMUNION

The Presiding Priest says

The gifts of God for the People of God.



COMMUNION OF THE PEOPLE

This is the Lord's table around which we gather.

All baptized Christians are encouraged to come forward and receive the Body and Blood of Christ in the bread and wine of the Eucharist. If you do not wish to receive Holy Communion please do come forward, cross your arms across your heart and receive a blessing.

ORGAN VOLUNTARY



THE POST-COMMUNION PRAYER (standing as able)

Presiding Priest and People

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

THE BLESSING

The blessing of God Almighty, the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. **Amen.**



BIRTHDAYS, ANNIVERSARIES & ANNOUNCEMENTS (seated)



HYMN (standing as able)

Come, thou fount of every blessing

HYMNAL 686

DISMISSAL

The Deacon or Presiding Priest, dismisses the people with these words

Let us go forth in the name of Christ.

People Thanks be to God.

PROCESSION

ORGAN VOLUNTARY

MINISTERS OF THE LITURGY

Presiding Priest & Preacher	The Rev. Dr. Dennis S. Tierney
Deacon	The Rev. Daniel Fowler
Organist	Paul Roy
Acolytes	PJ Miller, Jack Tinker, Zach Duffy
Eucharistic Ministers	Kathleen Jennings, Danielle Desaulniers
Lectors	Grace Duffy, Anne Pell
Prayers of the People	Anne Pell
Usher	Borgan Anderson
Greeters	Babe Kehres, Anna & Art Richardson
Altar Guild	Gwen Rose, Deena Hanke, Jody Prongay, Liz McKinney
Bread Baker	Babe Kehres
Coffee Hour	Beth Gudmundson, Sylvia Dunning, Kristen O'Keefe, Suzanne Miller, Joy Namtvedt Best
Welcome Table	Elizabeth Posner, Catherine Pierce

This Week @ St. Barnabas

Sunday, June 19

8am | Holy Eucharist {Rite I} | Sanctuary
9am | Coffee Hour | Parlor
10am | Holy Eucharist {Rite II} | Sanctuary
11:15am | Father's Day Coffee Hour | PH

Monday, June 20

9am-1pm | Church Office Open
10:30am | Devotions | Messenger House
11am | Reunion Group | Rector's Office
11am | BI Rotary Luncheon | PH
7:30pm | Al Anon | RWV

Tuesday, June 21

9am-1pm | Church Office Open
9am | Centering Prayer | Sanctuary
12pm | ANNOUNCEMENTS for the weekly
service leaflets are due to the office
7:30pm | Vestry Meeting | Library

Wednesday, June 22

7am | BI Kiwanis Breakfast | PH
7:15am | Meditation Group | Sanctuary
8am | Kiwanis Membership Committee | Library
10am | Building & Elevator Committee | Library
10:30-2:30pm | Church Office Open
7pm | AA Women's Group | Library

Thursday, June 23

9am-1pm | Church Office Open
9:15am | Healing Eucharist | Sanctuary
10:30am | Reiki Team Meeting | RWV
1:30pm | Devotions | Wyatt House
3pm | Devotions | Madison Ave House
7:30pm | AA | RWV

Friday, June 24

9am-1pm | Church Office Open
3:30pm | Girl Scouts Troop #42694 | RWV
3:30pm | Girl Scouts Troop #45182 | Library

Saturday, June 25

8am | Buddhist Priory | RWV
9am | Altar Guild | Sanctuary

Sunday, June 26

8am | Holy Eucharist {Rite I} | Sanctuary
9am | Coffee Hour | Parlor
10am | Holy Eucharist {Rite II} | Sanctuary
11:15am | Coffee Hour & Elevator/Facilities
Renewal Project Presentation | PH

RWV | Room with a View PH | Parish Hall

WELCOME TO ST. BARNABAS CHURCH

We are truly pleased that you have chosen to worship with us today. Here at St. Barnabas, we believe that everyone who enters these doors is God's guest. If you are seeking a church exclusively for today, we thank you for celebrating with us and may God be with you as you travel. If you are searching for a new church community and home, we hope that you will inform us. Please introduce yourself to one of our parish clergy. We invite you to complete one of the cards in the pew rack and simply hand it to a person of the clergy.

CHURCH OFFICE HOURS are now **Monday, Tuesday, Thursday, Friday from 9am to 1 pm and Wednesday from 10:30am to 2:30pm.** **ANNOUNCEMENTS** for the weekly service leaflets are due **Tuesdays by noon.** Contact **Kathy Irvin | kathy@stbbi.org**

LARGE-PRINT PRAYER BOOKS (BCP) & DIGITAL RECEIVERS FOR AUDIO AMPLIFICATION are available during services for those requiring hearing assistance – just ask an Usher.

GLUTEN FREE EUCHARISTIC HOSTS are available for those who need them. Please alert the usher to your need.

ARE YOU ON THE PARISH PICTURE BOARD? We would like our entire parish to be represented on the Parish Picture Board. The **FIRST SUNDAY** of every month, Sue Hylen will be at the Welcome Table to take individual, couple, & family photos. We especially invite new members to add their picture to our board or update the photo they have. This also helps new members and visitors to connect names with faces!

NAME TAGS Name tag sign-up sheets will be on the Welcome Table the **SECOND SUNDAY** of every month. If you would like a name tag, please let us know. Name tags should be ready to be picked up the next SUNDAY. When you have your name tag on, newcomers find it easier to both approach and remember you, and all the other friendly St. B people they have just met.

SUNDAY SCHOOL Sunday school is now over until September. It has been an interesting year exploring ways in which to teach our children, to

catch their imaginations and to help them develop a relationship with God. Our storytellers during the year were Phil Fergusson, Michael Killigrew and Becky Miller. Karen Carncross and Emma Gudmundson assisted. Many others helped in setting up the Room with a View for class each week. A hearty thanks to all involved! If you would like to be part of this program next year, please contact **Ruth Anderson | 360-626-1264 | rutha33@msn.com**

WELCOME TABLE Don't forget to visit the Welcome Table at Coffee Hour. Everyone, new visitors and long-time members, is urged to stop by regularly to check on signups for parish events, to volunteer for programs. To learn more about our ministries, to purchase tickets to events, and to meet and talk with parishioners of every age and stage. Guests and newcomers are especially encouraged to visit the Welcome Table.

COFFEE & COMMUNITY Please join us for body and soul food! Coffee hour after the 8am service is in the Parlor just across the courtyard from the church. Coffee Hour after the 10am service is downstairs in the Parish Hall. A sign-up sheet is posted for the 8am coffee hour. This is a chance to meet other parishioners informally and enjoy the hospitality of St. Barnabas.

WORSHIP

MISSED A SERMON OR WANT TO HEAR IT AGAIN? SHARE IT WITH A FRIEND? Listen to podcasts of sermons and music available on our church website | www.stbbi.org.

DONATIONS NEEDED FOR ALTAR FLOWERS Many of you have donated regularly to support having flowers for the altar and in honor of special people or events in your life. Thank you for those contributions that have enabled us to bring in fresh arrangements each week! Unfortunately, the Worship Commission budget for flowers has begun to run a deficit and we need to ask others to help underwrite the cost. The suggested donation is \$50, and during the summer months flowers from your yards are greatly appreciated as well. Our worship is enhanced by the presence of live flowers and greenery, and your support makes it possible. For more information, contact **Joan Collins | 206-780-2167 | jmariec277@msn.com**

MUSICAL OPPORTUNITIES AT ST.

BARNABAS Do you sing or play an instrument? There are musical opportunities awaiting you here at St. Barnabas! Contact **Paul Roy** | proy@stbbi.org | 206-842-5601 x4

IMPORTANT PARISH MEETING

ELEVATOR/FACILITIES RENEWAL PROJECT PRESENTATION

Sunday, June 26, after 10 am worship

The committee that has been working on the Elevator/Facilities Renewal Project invites you to join them for a presentation and conversation about the project. The committee comprises Ed Ellis, Michael Lacey, Mark Morris, Denise Kolb and Virginia Walker. Also joining the committee in their presentation will be the professionals that Vestry has engaged as consultants: Smallwood Construction and Johnson Squared. We hope to see you there! For more information, contact **Virginia Walker** | 206-842-6040 | vthwalker77@hotmail.com

FELLOWSHIP

FATHER'S DAY COFFEE HOUR

Sunday, June 19 | after 10am service

Join us today after the 10am service for an enhanced coffee hour in the Parish Hall honoring our men, featuring two guy favorites: pizza and beer!

ST. BARNABAS ANNUAL CHURCH PICNIC

Sunday, July 24 | 11:30 | Strawberry Hill Park

Summer is just around the corner and that means that it is time again for the annual picnic. **Please save the date for this wonderful event, which provides a great opportunity for worshippers at both the 8am and 10am services to meet and mingle.** This year, sandwiches and drinks will be provided by the church and attendees will be asked to bring a salad, side dish or dessert. Cost is \$5 per person (kids 5 and under are free). Look for sign-up sheet at the coffee hour after each service. For more information, contact **Sylvia Dunning** | 206-780-8330 | samdunning@mac.com

NEWCOMERS LUNCHEON

Sunday, August 14 | 12:30pm

If you are a visitor to St. Barnabas and would like to learn more about our church and community, please consider joining us for a Newcomer's Luncheon on Sunday, August 14. This event gives you an opportunity to meet some of the vestry (our lay leadership team), have any questions answered and to get to know more about us in a relaxed setting. Please make sure that we have your contact information by signing in at the Welcome Table after the 10am service or by contacting our Parish Administrator Kathy Irvin at 206-842-5601 or kathy@stbbi.org. For more information about this program, contact **Babe Kehres** | 206-855-9008 | dpkehres@gmail.com

BODY, MIND & SPIRIT

CENTERING PRAYER

Tuesdays | 9am | Sanctuary

Centering Prayer is based on an ancient form of Christian Meditation that was developed during the 20th Century. The simple process of consent and letting go invites us into a deeper place where the life of God can transform us to be the loving people of Christ in the world. Those who practice Centering Prayer gather on Tuesdays at 9am in the church to pray together. Anyone, whether new or experienced, is welcome to join us for silence, chanting and 20 minutes of prayer. Questions? Want more information? Contact **Grace Grant** | grace@grant-tierney.us

CHRISTIAN HEALING THROUGH REIKI

St. Barnabas offers Christian Healing through Reiki on a regular basis. We have a team of six trained ministers available to offer healing sessions to Parish members and others in our community. Sessions last about 40 minutes, and are a quiet time with gentle music. Reiki promotes healing and wellness of body and mind, and is a consistent and gentle means for relieving stress and tension in the mind-body complex that accumulate in day-to-day activities. If you have questions or would like to schedule a session: **Ric Cederwall** | 206-855-0900 | ric@stanfordalumni.org or **Sr Mary Louise Sulonen** | 360-626-3264 | sjpsulonen@comcast.net.

CHRISTIAN ACTION

ST. BARNABAS PRAYER CHAIN is a group of people devoted and committed to prayer for others. The chain is divided into two groups coordinated by Lee-ann Holland. She serves as a contact to activate the chain and pass on requests. Lee-ann makes contacts by email and telephone. The prayer chain will pray for anyone who requests prayer or who is submitted by someone else for prayers. All the members honor confidentiality and do not discuss those for whom they pray. It is not necessary to have a lot of detail or sometimes even a name in order to pray for someone or a situation. Unless instructed otherwise, the chain usually prays for about two weeks for a person or situation. The chain can be contacted by calling or emailing the Parish Administrator at the office or **Lee-ann Holland** | hollandx263@me.com | 206-842-3204.

OUTREACH

THANKS FOR JOY LUNCHEON HELP!

It takes a big crew to pull off lunch for 80 people and we were blessed to have that on June 16. Thanks to the following people for supporting this ministry to our senior members and guests: Gillian Allard, Emma Kirchner, Phil Fergusson, Suzanne Ivey, Pat Tegtmeier, Linda Krause, Joan Collins, Mary Barnett, Babe Kehres, Elaine Percival, Stephen Jennings, Denton Kiehle, Robin Cook, Don & Neva Cole, Roger Clairmont, Lynn Whipple, Bill Galvani, Beth Gudmundson, Becky Miller, Kathleen Kelly, Anne Dennon, Kathy Lacey, Hilda Page, Caroline Kiehle, Mark Morris, Kerry Grant, Caroline Cox and Elizabeth Posner. Our guests enjoyed an excellent gourmet meal thanks to Theresia Brannon of East/West Catering, as well as wonderful music by Anne Pell. A great time was had by all. Next JOY event is scheduled for Friday, November 11, which is Veterans Day.

FLOWERS FROM THE HEART

Each summer, volunteers through the Island Volunteer Caregivers provide cheer to someone who is bedridden, housebound or otherwise restricted by presenting them with floral bouquets. Flowers from the Hearts depends on the generosity of our volunteers, our fellow gardeners and our neighbors. We welcome donations of freshly cut flowers throughout the summer months. Flowers may be dropped off in the buckets located at the

front door of Eagle Harbor Congregational Church from June 1 through September 2, (Monday through Friday from 8:30-11:30am). We are also looking for volunteers to arrange and deliver these bouquets. Contact **Shannon Lea** | 206-842-8043.

CHRISTIAN EDUCATION

VACATION BIBLE SCHOOL AT RBPC

Rolling Bay Presbyterian Church on Bainbridge Island will host Vacation Bible School for children age 4 to (entering) 6th grade. The program runs July 18-21 from 9:30am-12:30pm. Set up like a village market during the Middle Ages, the program features stories, crafts, music, games and fun. Registration is \$55 per child (scholarships available) and the registration deadline is July 5. For more information, visit rbpres.org/ministries or contact **Eleanor Gray** | eleanor@rbpres.org | 206-842-3098.

DIOCESE OF OLYMPIA

SAINT MARK'S CHOIR CAMP

July 11-15 | 9am-4pm

Saint Mark's Cathedral welcomes all boys and girls (from rising 3rd grade to 8th grade) who are interested in singing Christian music in a striking cathedral setting. Camp activities include joyful singing in a variety of repertoire, daily guests specializing in art, drumming and composition; field trips and outdoor activities; organ demonstration and piano/organ lessons; daily sung morning prayer; a closing Evensong service and Sunday morning service in the Cathedral. Cost is \$250 (\$200 per child if more than one child per family registers). Scholarships available. For more information, visit www.saintmarks.org/choircamp

St. Barnabas Day Annual Picnic

Sunday, July 24 | 2016

11:30am - 3:00pm

Strawberry Hill Park

\$5 per person |

free for children 5 & under.

Please sign up to bring a
salad, side dish or dessert.

Sandwiches & drinks
provided by St. Barnabas.

Advanced payment is appreciated!





Saint Barnabas Episcopal Church

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Phone 206-842-5601 | Fax 206-842-5876

info@stbbi.org | www.stbbi.org

Bishop of Olympia | The Right Reverend Gregory H. Rickel

Rector | The Reverend Dr. Dennis Tierney

Assisting Priests | The Reverend Dr. Jan Heller, The Reverend Dr. Judith M. McDaniel and

The Reverend Nancy Tiederman

Assisting Priest for Contemplative Ministries | The Rev. Patricia Rome Robertson

Deacon | The Reverend Dan Fowler

Director of Music | Paul Roy

Parish Administrator | Kathy Irvin

Bookkeeper | Julie Houck

Treasurer | Denton Kiehle Treasurer Emerita | Carol Milton

Sexton | Fred Meredith

Kitchen Managers | Caroline Cox and Jamie Villela

Day School Director | Amy O'Brien Assistant Director/Registrar | Carrie Corns

Teachers | Kristi Barr, Sandy Dreiling, Mary Feeney,

Candace Gudmundson, Elsa Trail

VESTRY

Senior Warden | Virginia Walker

Junior Warden | Michael Lacey

Members | Bethany Anderson, Kathy Anderson, Stu Case,

Roger Clairmont, Sylvia Dunning, Ed Ellis

Clerk of the Vestry | Mark Morris



Housekeeper | Maria Perez

