



THE FOURTH SUNDAY AFTER THE EPIPHANY
HOLY EUCHARIST

January 29, 2017
10:00 A.M.

Saint Barnabas Episcopal Church...reaching out through worship, prayer, and action to bring the reconciling peace of Christ to one another and this world.

We invite you to join as an active participant in the worship of God. This service is based on the Order for the Holy Eucharist: Rite Two in the Book of Common Prayer. For ease of use, this leaflet contains the congregational portions of the liturgy and service music. HYMNAL refers to the blue book: The Hymnal 1982. BCP refers to the red Book of Common Prayer.

Large-Print BCP and digital receivers for audio amplification are available during services for those requiring hearing assistance – just ask an usher.

ORGAN VOLUNTARY

Prélude modal

Jean Langlais



All stand as able at the sound of the tower bell and sing:

HYMN

All praise to thee, for thou, O King divine

HYMNAL 477

THE OPENING ACCLAMATION

(BCP p. 355)

Presiding Priest Blessed be God: Father, Son, and Holy Spirit.

***People* And blessed be his kingdom, now and for ever. Amen.**

COLLECT FOR PURITY

Presiding Priest and People

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

SONG OF PRAISE

Festal Song

A - rise, your light has come! The Spir - it's call o - bey: show
forth the glo - ry of your God which shines on you to - day.

THE COLLECT OF THE DAY

Presiding Priest The Lord be with you.

***People* And also with you.**

Presiding Priest Let us pray.

Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

THE WORD OF GOD

 THE FIRST READING (seated)

Micah 6:1-8

READER: A Reading from the Book of Micah

Hear what the Lord says: “Rise, plead your case before the mountains, and let the hills hear your voice. Hear, you mountains, the controversy of the Lord, and you enduring foundations of the earth; for the Lord has a controversy with his people, and he will contend with Israel.” “O my people, what have I done to you? In what have I wearied you? Answer me! For I brought you up from the land of Egypt, and redeemed you from the house of slavery; and I sent before you Moses, Aaron, and Miriam. O my people, remember now what King Balak of Moab devised, what Balaam son of Beor answered him, and what happened from Shittim to Gilgal, that you may know the saving acts of the Lord.” “With what shall I come before the Lord, and bow myself before God on high? Shall I come before him with burnt offerings, with calves a year old? Will the Lord be pleased with thousands of rams, with ten thousands of rivers of oil? Shall I give my firstborn for my transgression, the fruit of my body for the sin of my soul?” He has told you, O mortal, what is good; and what does the Lord require of you but to do justice, and to love kindness, and to walk humbly with your God?

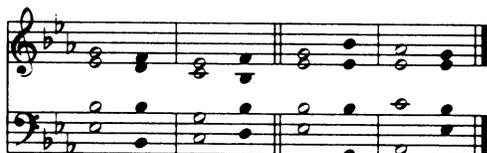
Reader Hear what the Spirit is saying to God’s people.

People Thanks be to God.

Silence is marked by the ringing of a bell.

THE RESPONSE (remain seated)

Psalm 15



1979. Robert Knox Kennedy.

1 Lord, who may dwell in your / tabernacle? *
who may abide upon your holy \ hill?

2 Whoever leads a blameless life and does what is / right, *
who speaks the truth from his \ heart.

3 There is no guile upon his tongue; he does no evil to his / friend; *
he does not heap contempt upon his \ neighbor.

4 In his sight the wicked is re/jected, *
but he honors those who fear the \ Lord.

5 He has sworn to do no / wrong *
and does not take back his \ word.

6 He does not give his money in hope of / gain, *
nor does he take a bribe against the \ innocent.

(SECOND HALF OF CHANT)

7 Whoever does these / things *
shall never be over\thrown.

READER: A Reading from the First Letter of Paul to the Corinthians

The message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written, "I will destroy the wisdom of the wise, and the discernment of the discerning I will thwart." Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles, but to those who are called, both Jews and Greeks, Christ the power of God and the wisdom of God. For God's foolishness is wiser than human wisdom, and God's weakness is stronger than human strength. Consider your own call, brothers and sisters: not many of you were wise by human standards, not many were powerful, not many were of noble birth. But God chose what is foolish in the world to shame the wise; God chose what is weak in the world to shame the strong; God chose what is low and despised in the world, things that are not, to reduce to nothing things that are, so that no one might boast in the presence of God. He is the source of your life in Christ Jesus, who became for us wisdom from God, and righteousness and sanctification and redemption, in order that, as it is written, "Let the one who boasts, boast in the Lord."

Reader Hear what the Spirit is saying to God's people.

People Thanks be to God.

Silence is marked by the ringing of a bell.



HYMN (standing as able)

Blest are the pure in heart

HYMNAL 656

THE GOSPEL

Matthew 5:1-12

The Deacon or Priest reads the Gospel, first saying

The Holy Gospel of our Lord Jesus Christ according to Matthew.

People Glory to you, Lord Christ.

When Jesus saw the crowds, he went up the mountain; and after he sat down, his disciples came to him. Then he began to speak, and taught them, saying: "Blessed are the poor in spirit, for theirs is the kingdom of heaven. Blessed are those who mourn, for they will be comforted. Blessed are the meek, for they will inherit the earth. Blessed are those who hunger and thirst for righteousness, for they will be filled. Blessed are the merciful, for they will receive mercy. Blessed are the pure in heart, for they will see God. Blessed are the peacemakers, for they will be called children of God. Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven. Blessed are you when people revile you and persecute you and utter all kinds of evil against you falsely on my account. Rejoice and be glad, for your reward is great in heaven, for in the same way they persecuted the prophets who were before you."

The Gospel of the Lord

People Praise to you, Lord Christ.



THE SERMON (seated)

Jan C. Heller



THE NICENE CREED (standing as able)

(BCP p. 358)

Presiding Priest and People

We believe in one God, the Father, the Almighty, Maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary; and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE Form III

(BCP p. 387)

The Leader and People pray responsively

Father, we pray for your holy Catholic Church. In our Anglican Cycle of Prayer, we pray for the Diocese of Lichfield (Canterbury, England), The Rt Revd Michael Ipgrave, Bishop, as well as for The Rt Revd Mark James Rylands, Suffragan Bishop of Shrewsbury; The Rt Revd Geoffrey Peter Annas, Suffragan Bishop of Stafford; and The Rt Revd Clive Gregory, Suffragan Bishop of Wolverhampton. In our Diocesan Cycle of Prayer, we pray for the Center for Spiritual Development; GEORGE: Center for Community; and Underhill House. For the peace and unity of the Church of God;

That we all may be one.

Grant that every member of the Church may truly and humbly serve you;

That your Name may be glorified by all people.

We pray for all bishops, priests, and deacons, especially Michael, our Presiding Bishop; Gregory, our Bishop; Jan, Nancy, Judith and Patricia, our priests; and Dan, our Deacon;

That they may be faithful ministers of your Word and Sacraments.

We pray for all who govern and hold authority in the nations of the world, especially Donald, our President;

That there may be justice and peace on the earth.

Give us grace to do your will in all that we undertake;

That our works may find favor in your sight.

We pray for all those who serve in harm's way, both in lands far way and here at home;

That they may return safely to their families and all who love them.

Give us the gift of gracious hospitality, welcoming into fellowship our sisters and brothers in Christ who are visiting,

That in welcoming a stranger we may be welcoming angels unaware.

Give grace to our St. Barnabas vestry, wardens and search committee;
That they may have discernment as they seek a faithful pastor who will be our companion in ministry, reaching out with us in worship, prayer and action to bring the reconciling peace of Christ to one another and this world.

Have compassion on [names..., and on all] those who suffer from any grief or trouble;
That they may be delivered from their distress.

Give to [names ..., and to all] the departed eternal rest;
Let light perpetual shine upon them.

We praise you for your saints who have entered into joy;
May we also come to share in your heavenly kingdom.

Let us pray for our own needs and those of others.

Silence

The People may add their own petitions.

The Presiding Priest adds a concluding Collect.

Almighty and eternal God, ruler of all things in heaven and earth: Mercifully accept the prayers of your people, and strengthen us to do your will; through Jesus Christ our Lord. **Amen.**

The Deacon or Presiding Priest says

Let us confess our sins against God and our neighbor.

Silence may be kept.

Minister and People

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

The Bishop, when present, or the Priest, stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

THE PEACE

Presiding Priest The peace of the Lord be always with you.
People And also with you.

THE HOLY COMMUNION

An offering of money is collected.



ANTHEM (seated)

The Gift to be simple

arr. Dale Wood

1. 'Tis a gift to be simple, it's a gift to be kind,
'tis a gift to smile and to share a happy mind.
'Tis a gift from the Father when we go on our way
with a joyful song at the start of the day.
2. But the gift to be simple and the gift to be kind
are the gifts which only a very few will find.
Yet these gifts from the Father can be found ev'ry day
if we look to Him and His will we obey.
3. Love, love! It's a gift to be kind.
It's a gift when we smile, when we share a happy mind.
Love, love! We go on our way with a joyful song at the start of the day.
4. 'Tis a gift to be simple, it's a gift to be kind...

TEXT: *Dale & Linda Wood*



PRESENTATION ANTHEM (standing as able)

Presiding Priest All things come from you, O Lord,

People and of your own have we given you.

The people remain standing as able.

THE GREAT THANKSGIVING

Eucharistic Prayer B (BCP p. 367)

Presiding Priest The Lord be with you.
People And also with you.
Presiding Priest Lift up your hearts.
People We lift them to the Lord.
Presiding Priest Let us give thanks unto our Lord God.
People It is right to give God thanks and praise.

The Presiding Priest faces them and sings or says

Then, facing the Holy Table, the Presiding Priest proceeds

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of your son Jesus Christ our Lord.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

HOLY, HOLY, HOLY

Robert Powell

Ho - ly, ho - ly, ho - ly Lord, God of pow-er and
 might, hea - ven and earth are full of your glo - ry. Ho -
 san - na in the high - est. Bless - ed is he who
 comes in the name of the Lord. Ho - san - na in the high - est.

The Presiding Priest continues

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me." After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

Presiding Priest and People

**We remember his death,
 We proclaim his resurrection,
 We await his coming in glory;**

The Presiding Priest continues

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

The Presiding Priest continues

And now, as our Savior Christ has taught us, we are bold to say,

THE LORD'S PRAYER (Traditional)

(BCP p. 364)

Our Father, who art in heaven, hallowed be thy Name,
thy kingdom come, thy will be done, on earth as it is in heaven.

Give us this day our daily bread,
and forgive us our trespasses, as we forgive those who trespass against us.
And lead us not into temptation, but deliver us from evil.

For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

THE BREAKING OF THE BREAD

Gerald Near

This setting is not used in Lent.

Al - le - lu - ia, al - le - lu - ia,
lu - ia, al - le - lu - ia. Christ our Pass - o - ver is
sac - ri - ficed for us; There - fore let us keep the feast.
Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

THE INVITATION TO COMMUNION

The Presiding Priest says

The gifts of God for the People of God.

 COMMUNION OF THE PEOPLE

This is the Lord's table around which we gather.

All baptized Christians are encouraged to come forward and receive the Body and Blood of Christ in the bread and wine of the Eucharist. If you do not wish to receive Holy Communion but would like to receive a blessing, please come forward and cross your arms across your heart.

ORGAN VOLUNTARY

HYMN (sung by all)

Make me a channel of your peace

page 10

 THE POST-COMMUNION PRAYER (standing as able)

(BCP p. 366)

Presiding Priest and People

Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

THE BLESSING

The blessing of God Almighty, the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. **Amen.**

 WELCOME, BIRTHDAYS, ANNIVERSARIES & ANNOUNCEMENTS (seated)

 HYMN (standing as able) *Tell out, my soul, the greatness of the Lord!* HYMNAL 437

DISMISSAL

The Deacon dismisses the people with these words

Let us go forth in the name of Christ.

People Thanks be to God.

PROCESSION

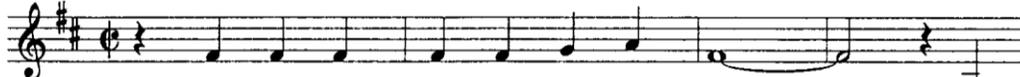
ORGAN VOLUNTARY *Pasticcio* Jean Langlais

MINISTERS OF THE LITURGY

| | |
|-----------------------------|--------------------------------------------------------------------------------|
| Presiding Priest & Preacher | The Rev. Dr. Jan C. Heller |
| Deacon | The Rev. Daniel Fowler |
| Organist & Choirmaster | Paul Roy |
| Song Leaders | The Parish Choir |
| Acolyte | Linda Heller |
| Eucharistic Ministers | Linda Heller, Peggy Eichenberger |
| Lectors | Heidi O'Brien, George Robertson |
| Prayers of the People | George Robertson |
| Usher | Denton Kiehle |
| Greeters | Elaine & Thornton Percival, Danielle Desaulniers |
| Altar Guild | Sylvia Dunning, Ruth Anderson, Anne Dennon, Carol Ann Mitcham |
| Bread Baker | Laurie Fergusson |
| Coffee Hour | Babe Kehres, Karen Carncross, Joan Collins, Donna Brookfield, Angela Tinker |
| Welcome Table | Linda & Randy Krause |

MAKE ME A CHANNEL OF YOUR PEACE

Verses 1, 2, 4



1. Make me a chan-nel of your peace. Where
 2. Make me a chan-nel of your peace. Where
 4. Make me a chan-nel of your peace. It



there is ha-tred, let me bring your love. Where
 there's de-spair in life, let me bring hope. Where
 is in par-don-ing that we are par-doned, in



there is in-ju-ry, your par-don, Lord, And
 there is dark-ness, on-ly light, And
 giv-ing of our-selves that we re-ceive, and in



where there's doubt, true faith in you.
 where there's sad-ness, ev-er joy.
 dy-ing that we're born to e-ter-nal life.

Verse 3



3. Oh, Mas-ter, grant that I may nev-er seek So much to be con-



soled as to con-sole. To be un-der-stood as to un-der-



stand. To be loved as to lovewith all my soul.

Text: *Prayer of St. Francis*; adapt. by Sebastian Temple, b. 1928, ©1967, 1975, 1980, Franciscan Communications
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The service continues on page 8.

This Week @ St. Barnabas

Sunday, January 29

8am | Holy Eucharist {Rite I} | Sanctuary
9am | Coffee Hour | Parlor
9:15am | Choir Rehearsal | Sanctuary
10am | Holy Eucharist {Rite II} | Sanctuary
11:15am | Coffee Hour | TH
11:30am | Parish Annual Meeting | TH

Monday, January 30

9am-1pm | Church Office Open
10:30am | Devotions | Messenger House
11am | Reunion Group | Rector's Office
11:30am | BI Rotary Club Luncheon | TH
1pm-4pm | Library Coordinator Hours | Library
5pm | ANNOUNCEMENTS for the weekly service
leaflets are due to the office
7:30pm | Al Anon | RWV

Tuesday, January 31

9am-1pm | Church Office Open
9am | Centering Prayer | Sanctuary
6pm | Amabile Rehearsal | TH

Wednesday, February 1

7am | BI Kiwanis Breakfast | TH
7:15am | Meditation Group | Sanctuary
10am | The Elijah Project Committee | Library
10:30-2:30pm | Church Office Open
6pm | Buddhist Priory | RWV
7pm | AA Women's Group | Library
7:30pm | Choir Rehearsal | Choir Room

Thursday, February 2

9am-1pm | Church Office Open
9:15am | Healing Eucharist | Sanctuary
11am | Parish Profile Committee | Library
1:30pm | Devotions | Wyatt House
3pm | Devotions | Madison House
7:30pm | AA | RWV

Friday, February 3

9am-1pm | Church Office Open
3pm | Girl Scout Troop #45182 | Library
3:30pm | Girl Scout Troop #42694 | RWV

Saturday, February 4

8am | Buddhist Priory | RWV
9am | Altar Guild | Sanctuary

Sunday, February 5

8am | Holy Eucharist {Rite I} | Sanctuary
9am | Coffee Hour | Parlor
9:15am | Choir Rehearsal | Sanctuary
10am | Holy Eucharist {Rite II} | Sanctuary
11:15am | Coffee Hour | TH

RWV | Room with a View TH | Tierney Hall

WELCOME TO ST. BARNABAS CHURCH

We are delighted you have chosen to worship with us today. At St. Barnabas, we believe that everyone who enters these doors is God's guest. If you are visiting just for today, we thank you for celebrating with us and may God be with you as you travel. If you are searching for a new church community, we hope that you will introduce yourself to one of our parish clergy. We invite you to complete one of the yellow welcome cards in the pew rack and put it in the offering plate or hand it to an usher or clergy member.

LARGE-PRINT PRAYER BOOKS (BCP) & DIGITAL RECEIVERS FOR AUDIO AMPLIFICATION are available during services for those requiring hearing assistance – just ask an Usher.

GLUTEN FREE EUCHARISTIC HOSTS are available for those who need them. Please alert the usher to your need.

Parish Picture Board Update

Our goal for 2017 is to have every church member's photo displayed on our Parish Picture Board (which is on the stairs leading down to Tierney Hall). Sue Hylen is the photographer who handles this project for us, with our thanks. This photo board is so helpful for new parishioners (and staff members!) to get to know who is who.

Sue has been taking photos of folks on the first Sunday of the month, but that has not really been working. **So she suggests two options:**

- If you would like Sue to take your picture, **email or call her to set up a date to have your photo/family photo taken. This is very informal process that usually takes less than 5 minutes** OR
- **Send Sue a favorite photo.** If this is your preference, call or email her so that she can share size and format specifics.

Contact Sue Hylen at 206/842-3566 or shylen@mac.com.

NAME TAGS Name tag sign-up sheets will be on the Welcome Table the **FOURTH SUNDAY** of each month. If you would like a name tag, please let us know. Name tags should be ready to be picked up the next SUNDAY. When you have your name tag on, newcomers find it easier to both approach and remember you, and all the other friendly St. B people they have just met.

SUNDAY SCHOOL FOR AGES 4-11

St. Barnabas offers Sunday School for children ages 4-11 in the Room with a View (opposite the Gowen Library). Michael Killigrew and Becky Miller will be leading the Sunday School program this year. They are excited to be implementing a new curriculum that incorporates aspects of the Godly Play lessons along with new material that will enhance the children's learning experience and help prepare them for joining in the worship and life of the congregation.

Each class session will begin at 9:45 with singing in the Room with a View and then the children will gather together to hear one of "God's stories." The children respond to the stories they have heard through an activity, art media or any of the story materials in the room. The class re-gathers to pray together and celebrate a feast, which provides indirect teaching about communion. The children then say the Lord's Prayer, and are sent out with a blessing. Contact Michael Killigrew | mkilligrew@gmail.com

NURSERY AVAILABLE St. Barnabas has a fully furnished nursery (located just beyond the Room with a View) that is available to any family who would like to use it. It is not currently staffed but can be if there is demand for this service. For those interested, please contact the church office.

WELCOME TABLE Don't forget to visit the Welcome Table at Coffee Hour. Everyone, new visitors and long-time members, is urged to stop by regularly to check on sign-ups for parish events, to volunteer for programs, to learn more about our ministries, to purchase tickets to events, and to meet and talk with parishioners of every age and stage. Guests and newcomers are especially encouraged to visit the Welcome Table.

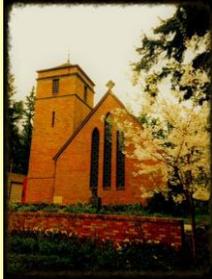
COFFEE & COMMUNITY Please join us for body and soul food! Coffee hour after the 8am service is in the Parlor just across the courtyard from the church. Coffee Hour after the 10am service is downstairs in Tierney Hall. A sign-up sheet is posted for the 8am coffee hour. This is a chance to meet other parishioners informally and enjoy the hospitality of St. Barnabas.

PLEASE SECURE YOUR VALUABLES

Please don't forget to lock your car and secure your valuables while you are at church.

CHURCH OFFICE

Annual Parish Meeting



January 29, 2017
11:30am

Please join us today in Tierney Hall for the St. Barnabas Annual Parish Meeting at 11:30am.

The Annual Parish Meeting is a wonderful time for members and visitors alike to learn more and get involved in the life of St. Barnabas. At the meeting, copies of the Annual Report will be distributed and key presentations will be made. Please join us!

For further information, contact the church office at 206/842-5601.

CHURCH OFFICE HOURS

Mondays – 9am to 1 pm

Tuesdays – 9am to 1 pm

Wednesdays – 10:30am to 2:30 pm

Thursdays – 9am to 1 pm

Fridays – 9am to 1 pm

Also, Senior Warden Virginia Walker will be available by appointment weekdays from 11am-noon. Please call Kathy Irvin in the office at 206/842-5601 to schedule.

ANNOUNCEMENTS for inclusion in the weekly service leaflets are due by 5pm on MONDAYS. Contact Kathy Irvin | kathy@stbbi.org

2017 CHURCH DIRECTORIES

Hard copies of the of the 2017 church directory are available in the Church Parlor or you can request that a copy be emailed to you. Please also email and let us know of any changes in your address, phone or email. Contact Kathy Irvin | kathy@stbbi.org

WORSHIP

MISSED A SERMON OR WANT TO HEAR IT AGAIN? SHARE IT WITH A FRIEND? Listen to podcasts of sermons and music available on our church website | www.stbbi.org

SEEKING WORSHIP VOLUNTEERS

We need a few more folks for the following three ministries: **Acolyte, Eucharistic Minister and Altar Guild**. If you believe God is calling you to one or more of these ministries, please contact Interim Priest Jan Heller (jan.c.heller@gmail.com) or Joan Collins (jmariec277@msn.com).

MUSICAL OPPORTUNITIES AT ST.

BARNABAS Do you sing or play an instrument? There are musical opportunities awaiting you here at St. Barnabas! Contact **Paul Roy** | proy@stbbi.org

CHRISTIAN FORMATION

NEW LIBRARY BOOKS

Check out the New Book shelf in the library for the following titles that have been recently added to the collection:

Books for Contemplative Book Study

- *And There was Light* by Jacques Lusseyran

- *The Heart of Centering Prayer* by Cynthia Bourgeault

Three Parable Books

- *Parables of Jesus* by J. Ellsworth Kalas

- *Parables of Jesus, Red Letter Edition, The Jesus Seminar* by Robert W. Funk, Bernard Brandon Scott, and James R. Butts

- *Re-Imagine the World, an Introduction to the Parables of Jesus* by Bernard Brandon Scott

And Other Titles

- *Feminist & Womanist, Pastoral Theology* - Bonnie J. Miller-McLemore & Brita L. Gill-Austern, Eds.

- *Helping the Good Shepherd, Pastoral Counselors in a Psychotherapeutic Culture* by Susan E. Myers-Shirk

- *A History of Pastoral Care in America, from Salvation to Self-Realization* by E. Brooks Holifield

For more information, contact Barbara Herrick, herrick99@msn.com or 206/842-2068.

FELLOWSHIP

NEWCOMER'S LUNCHEON IN MARCH
Sunday, March 19 | 12:30pm

If you are a newcomer to St. Barnabas and would

like to learn more about our church and community, please consider joining us for a Newcomer's Luncheon on Sunday, March 19. This event gives you an opportunity to meet some of the vestry (our lay leadership team), have any questions answered and to get to know more about us in a relaxed setting. **Sign up at the Welcome Table after the 10am service or contact our Parish Administrator Kathy Irvin at 206-842-5601 or kathy@stbbi.org.**

BODY, MIND & SPIRIT

CONTEMPLATIVE BOOK STUDY GROUP FOCUSES ON NEW BOURGEAULT BOOK Tuesdays Feb. 7, March 14, April 4 at 9:45am

Join us for a discussion of Cynthia Bourgeault's latest book: *The Heart of Centering Prayer*. Centering Prayer is the path to a wonderful and radical new way of seeing the world. It is not, as is sometimes thought, simply an act of devotional piety, nor is it simply a Christianized form of other meditation methods. Cynthia Bourgeault cuts through the misconceptions to show that Centering Prayer is in fact a pioneering development within the Christian contemplative tradition. This is good book for preparing for deepening your Lenten practice. The group meets monthly on Tuesdays at 9:45am in the library immediately following the 9am Centering Prayer gathering in the sanctuary.

- **February 7** – Part One: A Short Course on Centering Prayer
- **March 14** – Part Two: The Way of the Heart
- **April 4** – Part Three: The Cloud of Unknowing

The book is available online or your local bookstore can order it for you. One copy will be available through the St. Barnabas Library.

**Contact Rev. Patricia Rome Robertson,
Assisting Priest for Contemplative Ministries |
revprome@hotmail.com**

CENTERING PRAYER

Tuesdays | 9am | Sanctuary

Centering Prayer is based on an ancient form of Christian Meditation that was developed during the 20th Century. The simple process of consent and letting go invites us into a deeper place where the life of God can transform us to be the loving people of Christ in the world. Anyone, whether new or

experienced, is welcome to join us for silence, chanting and 20 minutes of prayer. **Contact Rev. Patricia Rome Robertson, Assisting Priest for Contemplative Ministries | revprome@hotmail.com**

CHRISTIAN HEALING THROUGH REIKI

St. Barnabas offers Christian Healing through Reiki on a regular basis. We have a team of six trained ministers available to offer healing sessions to Parish members and others in our community. Sessions last about 40 minutes, and are a quiet time with gentle music. Reiki promotes healing and wellness of body and mind, and is a consistent and gentle means for relieving stress and tension in the mind-body complex that accumulate in day-to-day activities. If you have questions or would like to schedule a session: **Ric Cederwall | 206-855-0900 | ric@stanfordalumni.org or Sr Mary Louise Sulonen | 360-626-3264 | sjpsulonen@comcast.net**

CHRISTIAN ACTION

ST. BARNABAS PRAYER CHAIN is a group of people devoted and committed to prayer, especially prayer for others. **The Prayer Chain will pray for anyone who requests prayer or whose name is submitted by someone else for prayers.** All the members honor confidentiality and do not discuss those for whom they pray. It is not necessary to have a lot of detail or even a name to pray for someone or a situation. Unless instructed otherwise, the chain usually prays for a person or situation for about two weeks. **To contact the chain or if this ministry is something you would like to be part of, contact Drucy Burnet Hodge (drucy15@msn.com or 206/780-2904), Lee-ann Holland (hollandx263@mc.com or 206/842-3204), or Kathy Irvin, Parish Administrator (kathy@stbbi.org or 206/842-5601).**

JAN. 31 DEADLINE FOR JOINING SECRET PRAYER PARTNERS

Secret Prayer Partners begins a new year Feb. 1. This ministry was created to bring the women of St. Barnabas into closer fellowship and spiritual awareness of each other's needs. The objective for each member is to keep her partner in prayer, become a closer friend and be mindful of her

partner's needs while keeping her own identity a secret. **To sign up for this program, please fill out a new profile form, which is located in the parlor.** Continuing members can fill out a new profile form or renew with their prior profile form. **All who wish to join or continue in this program need to contact Alice Reasoner by Jan. 31. For more information, contact Alice Reasoner, 206/780-1585, tistimeal@aol.com.**

DIOCESAN EVENTS

FAITH AT HOME WORKSHOP SET FOR FEB. 25 FROM 10AM-3PM IN KENT

The Episcopal Diocese of Olympia is hosting a Faith At Home workshop on Saturday, February 25 from 10am to 3pm at St. Columba's Episcopal Church in Kent. The workshop, which includes a key note speech by Wendy Claire Barrie, author of *Faith at Home: A Handbook for Cautiously Christian Parents* as well as workshops on Icon Making, Pax Christi Yoga and Embodied Faith. Registration, which is \$25, includes lunch. Free scholarships available. **For more information, visit. <http://ecww.org/diocesan-events/> or call 206/325-4200.**

EPISCOPAL YOUTH EVENT (EYE) SET FOR JULY 10-14, 2017 IN OKLAHOMA CITY

The Episcopal Youth Event (EYE) is a popular event that has welcomes thousands of young people from across the Episcopal Church for celebration, worship, learning and leadership



training. The next EYE will be held July 10-14, 2017 on the campus of the University of Central Oklahoma, Edmond. **EYE is geared for youth in grades 9-12 and their adult leaders. Applications are due by March 1, 2017.** The cost to participate is \$900, with scholarships available from the Diocese. **For more information, visit <http://ecww.org/diocesan-events/> or call 212/716-6099.**

COMMUNITY EVENTS

CARDEN COUNTRY SCHOOL OPEN HOUSE AT 6PM ON THURSDAY, FEB. 2

The Carden Country School will be having an open house on Thursday, Feb. 2 at 6pm. The school, which is celebrating 25 years of operation, provides a nurturing Christian environment for students grades K-8th grade. **For more information, 206/842-6510 or www.cardencountryschool.org.**



Saint Barnabas Episcopal Church

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Phone 206-842-5601 | Fax 206-842-5876

info@stbbi.org | www.stbbi.org

Presiding Bishop & Primate | The Most Reverend Michael B. Curry
Bishop of Olympia | The Right Reverend Gregory H. Rickel

Interim Priest | The Reverend Dr. Jan C. Heller

Assisting Priests | The Reverend Dr. Judith M. McDaniel and
The Reverend Nancy Tiederman

Assisting Priest for Contemplative Ministries | The Reverend Patricia Rome Robertson

Deacon | The Reverend Dan Fowler

Director of Music | Paul Roy

Parish Administrator | Kathy Irvin

Bookkeeper | Julie Houck

Kitchen Managers | Caroline Cox and Jamie Villella

Wedding Coordinator | Connie Albrecht

Sexton | Les Heinrich

Housekeeper | Maria Perez

Senior Warden | Virginia Walker

Junior Warden | Michael Lacey

Vestry Members | Bethany Anderson, Kathy Anderson, John Baker,
Stu Case, Roger Clairmont, Sylvia Dunning, Ed Ellis

Clerk of the Vestry | Mark Morris

Treasurer | Mike Killion Treasurer Emerita | Carol Milton

Convention Delegates | Linda & Randy Krause, Anna & Arthur Richardson,
Karen & Tom Beierle, Kathy & Michael Lacey (alternates)

At-Large Delegates | Joan Collins, George Robertson

Day School Director | Carrie Corns

Teachers | Kristi Barr, Candace Beck, Sandy Dreiling,
Mary Feeney, Karen Kolthoff, Elsa Trail