



THE FIFTH SUNDAY AFTER THE EPIPHANY  
HOLY EUCHARIST

February 5, 2017  
8:00 A.M.

**Saint Barnabas Episcopal Church...reaching out through worship, prayer, and action  
to bring the reconciling peace of Christ to one another and this world.**

*We invite you to join as an active participant in the worship of God. This service is based on the Order for the Holy Eucharist: Rite One in the Book of Common Prayer. For ease of use, this leaflet contains the congregational portions of the liturgy and service music. HYMNAL refers to the blue book: The Hymnal 1982. BCP refers to the red Book of Common Prayer.*

Large-Print BCP and digital receivers for audio amplification are available during services  
for those requiring hearing assistance – just ask an usher.

ORGAN VOLUNTARY

*Voluntary in D Major*

William Boyce



*All stand as able at the sound of the tower bell and sing:*

HYMN

*Sing a new church*

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THE OPENING ACCLAMATION

(BCP p. 323)

*Presiding Priest* Blessed be God: Father, Son, and Holy Spirit.

***People* And blessed be his kingdom, now and for ever. Amen.**

COLLECT FOR PURITY

*Presiding Priest and People*

Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. Amen.

GLORY BE TO GOD

(BCP p. 324)

*Presiding Priest and People*

Glory be to God on high, and on earth peace, good will towards men. We praise thee, we bless thee, we worship thee, we glorify thee, we give thanks to thee for thy great glory, O Lord God, heavenly King, God the Father Almighty. O Lord, the only-begotten Son, Jesus Christ; O Lord God, Lamb of God, Son of the Father, that takest away the sins of the world, have mercy upon us. Thou that takest away the sins of the world, receive our prayer. Thou that sittest at the right hand of God the Father, have mercy upon us. For thou only art holy; thou only art the Lord; thou only, O Christ, with the Holy Ghost, art most high in the glory of God the Father. Amen.

THE COLLECT OF THE DAY

*Presiding Priest* The Lord be with you.

***People* And with thy spirit.**

*Presiding Priest* Let us pray.

Set us free, O God, from the bondage of our sins and give us, we beseech thee, the liberty of that abundant life which thou hast manifested to us in thy Son our Savior Jesus Christ; who liveth and reigneth with thee, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

## **THE WORD OF GOD**

 THE FIRST READING (seated)

Isaiah 58:1-9a

*READER: A Reading from the Book of Isaiah*

Shout out, do not hold back! Lift up your voice like a trumpet! Announce to my people their rebellion, to the house of Jacob their sins. Yet day after day they seek me and delight to know my ways, as if they were a nation that practiced righteousness and did not forsake the ordinance of their God; they ask of me righteous judgments, they delight to draw near to God. “Why do we fast, but you do not see? Why humble ourselves, but you do not notice?” Look, you serve your own interest on your fast day, and oppress all your workers. Look, you fast only to quarrel and to fight and to strike with a wicked fist. Such fasting as you do today will not make your voice heard on high. Is such the fast that I choose, a day to humble oneself? Is it to bow down the head like a bulrush, and to lie in sackcloth and ashes? Will you call this a fast, a day acceptable to the Lord? Is not this the fast that I choose: to loose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed go free, and to break every yoke? Is it not to share your bread with the hungry, and bring the homeless poor into your house; when you see the naked, to cover them, and not to hide yourself from your own kin? Then your light shall break forth like the dawn, and your healing shall spring up quickly; your vindicator shall go before you, the glory of the Lord shall be your rear guard. Then you shall call, and the Lord will answer; you shall cry for help, and he will say, Here I am.

*Reader* Hear what the Spirit is saying to God’s people.

***People* Thanks be to God.**

*Silence is marked by the ringing of a bell.*

THE RESPONSE (remain seated, read responsively)

Psalm 112:1-9, (10)

1 Hallelujah! Happy are they who fear the Lord \*  
**and have great delight in his commandments!**

2 Their descendants will be mighty in the land; \*  
**the generation of the upright will be blessed.**

3 Wealth and riches will be in their house, \*  
**and their righteousness will last for ever.**

4 Light shines in the darkness for the upright; \*  
**the righteous are merciful and full of compassion.**

5 It is good for them to be generous in lending \*  
**and to manage their affairs with justice.**

6 For they will never be shaken; \*  
**the righteous will be kept in everlasting remembrance.**

7 They will not be afraid of any evil rumors; \*  
**their heart is right; they put their trust in the Lord.**

*(continued on page 3)*

8 Their heart is established and will not shrink, \*  
**until they see their desire upon their enemies.**

9 They have given freely to the poor, \*  
**and their righteousness stands fast for ever; they will hold up their head with honor.**

10 The wicked will see it and be angry; they will gnash their teeth and pine away; \*  
**the desires of the wicked will perish.**

THE SECOND READING

1 Corinthians 2:1-12

*READER: A Reading from the First Letter of Paul to the Corinthians*

When I came to you, brothers and sisters, I did not come proclaiming the mystery of God to you in lofty words or wisdom. For I decided to know nothing among you except Jesus Christ, and him crucified. And I came to you in weakness and in fear and in much trembling. My speech and my proclamation were not with plausible words of wisdom, but with a demonstration of the Spirit and of power, so that your faith might rest not on human wisdom but on the power of God. Yet among the mature we do speak wisdom, though it is not a wisdom of this age or of the rulers of this age, who are doomed to perish. But we speak God's wisdom, secret and hidden, which God decreed before the ages for our glory. None of the rulers of this age understood this; for if they had, they would not have crucified the Lord of glory. But, as it is written, "What no eye has seen, nor ear heard, nor the human heart conceived, what God has prepared for those who love him" — these things God has revealed to us through the Spirit; for the Spirit searches everything, even the depths of God. For what human being knows what is truly human except the human spirit that is within? So also no one comprehends what is truly God's except the Spirit of God. Now we have received not the spirit of the world, but the Spirit that is from God, so that we may understand the gifts bestowed on us by God.

*Reader* Hear what the Spirit is saying to God's people.

**People Thanks be to God.**

*Silence is marked by the ringing of a bell.*

 THE HOLY GOSPEL (standing as able)

Matthew 5:13-20

*The Deacon or Priest reads the Gospel, first saying*

The Holy Gospel of our Lord Jesus Christ according to Matthew.

**People Glory be to thee, O Lord.**

Jesus said, "You are the salt of the earth; but if salt has lost its taste, how can its saltiness be restored? It is no longer good for anything, but is thrown out and trampled under foot. You are the light of the world. A city built on a hill cannot be hid. No one after lighting a lamp puts it under the bushel basket, but on the lampstand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven. Do not think that I have come to abolish the law or the prophets; I have come not to abolish but to fulfill. For truly I tell you, until heaven and earth pass away, not one letter, not one stroke of a letter, will pass from the law until all is accomplished. Therefore, whoever breaks one of the least of these commandments, and teaches others to do the same, will be called least in the kingdom of heaven; but whoever does them and teaches them will be called great in the kingdom of heaven. For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven."

The Gospel of the Lord

**People Praise be to thee, O Christ.**



THE SERMON (seated)

Jan C. Heller



THE NICENE CREED (standing as able)

(BCP p. 326)

*Presiding Priest and People*

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

#### THE PRAYERS OF THE PEOPLE

*The Deacon or other person appointed says*

Let us pray for the whole state of Christ's Church and the world.

*After each paragraph of this prayer, the People may make an appropriate response, as directed.*

Almighty and everliving God, who in thy holy Word hast taught us to make prayers, and supplications, and to give thanks for all people. In our Anglican Cycle of Prayer, we pray for the Diocese of Lomega (Loryko, Sudan), The Rt Revd Paul Yugusuk, Bishop. In our Diocesan Cycle of Prayer, we pray for St. Alban in Edmonds as well as Redeemer in Kenmore. Receive our prayers which we offer unto thy divine Majesty beseeching thee to inspire continually the Universal Church with the spirit of truth unity and concord and grant that those who do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love.

***Lord, hear our prayer.***

Give grace, O heavenly Father, to all bishops and other ministers especially for Michael, our Presiding Bishop; Gregory, our Bishop; Jan, Nancy, Judith and Patricia, our priests; and Dan, our Deacon, that they may, both by their life and doctrine, set forth thy true and lively Word, and rightly and duly administer thy holy Sacraments.

***Lord, hear our prayer.***

And to all thy people give thy heavenly grace, and especially to this congregation here present; that, with meek heart and due reverence, they may hear and receive thy holy Word, truly serving thee in holiness and righteousness all the days of their life.

***Lord, hear our prayer.***

We beseech thee also so to rule the hearts of those who bear the authority of government in this and every land, especially Donald, our President, that they may be led to wise decisions and right actions for the welfare and peace of the world.

***Lord, hear our prayer.***

Guard and protect all those who serve in harm's way, both in lands far away and here at home, returning them to safe reunion with their families and all who love them.

***Lord, hear our prayer.***

Bestow upon us the gift of gracious hospitality, welcoming into fellowship our sisters and brothers in Christ who are visiting, remembering that in welcoming a stranger we may be welcoming angels unaware.

***Lord, hear our prayer.***

Open, O Lord, the eyes of all people to behold thy gracious hand in all thy works, that, rejoicing in thy whole creation, they may honor thee with their substance, and be faithful stewards of thy bounty.

***Lord, hear our prayer.***

Bless and guide our St. Barnabas vestry, wardens and search committee that they may discern your will for us and call a faithful pastor who will be our companion in ministry, reaching out with us in worship, prayer and action to bring the reconciling peace of Christ to one another and this world.

***Lord, hear our prayer.***

And we most humbly beseech thee, of thy goodness, O Lord, to comfort and succor, [especially...] and all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity.

***Lord, hear our prayer.***

I invite your petitions and thanksgivings aloud or in your hearts...[pause], let us pray.

***Lord, hear our prayer.***

And we also bless thy holy Name for all thy servants departed this life in thy faith and fear [especially...], beseeching thee to grant them continual growth in thy love and service; and to grant us grace so to follow the good examples of Barnabas and of all thy saints, that with them we may be partakers of thy heavenly kingdom.

***Lord, hear our prayer.***

Grant these our prayers, O Father, for Jesus Christ's sake, our only Mediator and Advocate. ***Amen.***



**CONFESSON OF SIN** (kneeling as able)

Let us humbly confess our sins unto Almighty God.

*Silence may be kept.*

*Presiding Priest and People*

Almighty God, Father of our Lord Jesus Christ, maker of all things, judge of all men: We acknowledge and bewail our manifold sins and wickedness, which we from time to time most grievously have committed, by thought, word, and deed, against thy divine Majesty, provoking most justly thy wrath and indignation against us. We do earnestly repent, and are heartily sorry for these our misdoings; the remembrance of them is grievous unto us, the burden of them is intolerable. Have mercy upon us, have mercy upon us, most merciful Father; for thy Son our Lord Jesus Christ's sake, forgive us all that is past; and grant that we may ever hereafter serve and please thee in newness of life, to the honor and glory of thy Name; through Jesus Christ our Lord. Amen.

*The Presiding Priest says*

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all those who with hearty repentance and true faith turn unto him, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**



THE PEACE (standing as able)

*Presiding Priest* The peace of the Lord be always with you.

**People** And also with you.

## THE HOLY COMMUNION



*An offering of money is collected.*



*At the conclusion of the organ voluntary, please rise as able as the bread and wine and money we offer to God for our nourishment and the life of the world are brought forward and presented at the altar.*

*Presiding Priest* All things come of thee, O Lord,

**People** and of thine own have we given thee.

## THE GREAT THANKSGIVING

(Eucharist Prayer II, BCP p. 340)

*The people remain standing. The Presiding Priest faces them and says*

The Lord be with you.

**People** And with thy spirit.

*Presiding Priest* Lift up your hearts.

**People** We lift them up unto the Lord.

*Presiding Priest* Let us give thanks unto our Lord God.

**People** It is meet and right so to do.

*Then, facing the Holy Table, the Presiding Priest proceeds*

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God.

Because in the mystery of the Word made flesh, thou hast caused a new light to shine in our hearts, to give the knowledge of thy glory in the face of thy Son Jesus Christ our Lord.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

*Presiding Priest and People*

Holy, holy, holy, Lord God of Hosts:

Heaven and earth are full of thy glory.

Glory be to thee, O Lord Most High.

Blessed is he that cometh in the name of the Lord.

Hosanna in the highest.



*or*  *The people kneel or stand as able.*

*Then the Presiding Priest gives thanks for God's work in creation and for the salvation of the world through Christ, and prays over the bread and wine.*

All glory be to thee, O Lord our God...

...By whom, and with whom, in the unity of the Holy Ghost, all honor and glory be unto thee, O Father Almighty, world without end. **AMEN.**

And now, as our Savior Christ hath taught us, we are bold to say,

*People and Presiding Priest*

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

#### THE BREAKING OF THE BREAD

*The Presiding Priest breaks the consecrated Bread. A period of silence is kept.*

*Then may be sung or said*

Alleluia! Christ our Passover is sacrificed for us;

**Therefore let us keep the feast. Alleluia!**

*The following prayer may be said. The People may join in saying this prayer*

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. *Amen.*

*Facing the people, the Presiding Priest may say the following Invitation*

The Gifts of God for the People of God.

*and may add* Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

*This is the Lord's Table around which we gather.*

*All baptized Christians are encouraged to come forward and receive the Body and Blood of Christ in the bread and wine of the Eucharist. If you do not wish to receive Holy Communion but would like to receive a blessing, please come forward and cross your arms across your heart.*



THE POST-COMMUNION PRAYER (kneeling or standing as able) (BCP p. 339)

*Presiding Priest and People*

Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

#### THE BLESSING

The blessing of God Almighty, the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. **Amen.**



WELCOME, BIRTHDAYS, ANNIVERSARIES & ANNOUNCEMENTS (seated)



HYMN (standing as able)

*Thy strong word did cleave the darkness*

HYMNAL 381

DISMISSAL

*The Deacon or Presiding Priest dismisses the people with these words*

Go in peace to love and serve the Lord.

**People**      **Thanks be to God.**

PROCESSION

ORGAN VOLUNTARY

*Festival Finale*

Malcolm Archer

**MINISTERS OF THE LITURGY**

Presiding Priest & Preacher

The Rev. Dr. Jan C. Heller

Organist

Paul Roy

Acolyte

Roger Clairmont

Eucharistic Minister

Mark Morris

Lectors

Roger Clairmont, Hootie Warren

Prayers of the People

Hootie Warren

Usher

Steve Schmitz

Altar Guild

Honora Dunkak, Ellie & David de la Vergne, Kirsten Kramer,  
Genevieve Kramer, Princie Falkenhagen, Mary Kowalczyk-Neuer, Judy Tingley

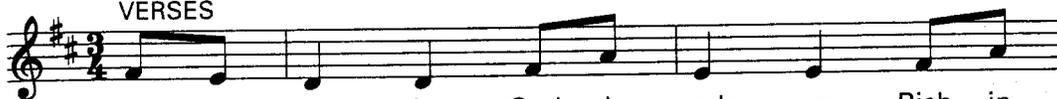
Bread Baker

Rosalys Peel

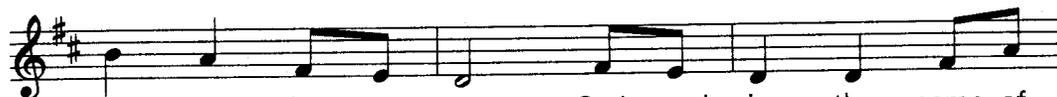
Coffee Hour

Helene & Steve Schmitz

## VERSES



1. Sum - moned by the God who made us Rich in
2. Ra - diant ris - en from the wa - ter; Robed in
3. Trust the good - ness of cre - a - tion; Trust the
4. Bring the hopes of ev - 'ry na - tion; Bring the
5. Draw to - geth - er at one ta - ble All the



1. our di - ver - si - ty, Gath - ered in the name of
2. ho - li - ness and light, Male and fe - male in God's
3. Spir - it strong with - in. Dare to dream the vi - sion
4. art of ev - 'ry race. Weave a song of peace and
5. hu - man fam - i - ly; Shape a cir - cle ev - er



1. Je - sus, Rich - er still in u - ni - ty:
2. im - age, Male and fe - male, God's de - light:
3. prom - ised Sprung from seed of what has been.
4. jus - tice; Let it sound through time and space.
5. wid - er And a peo - ple ev - er free.

## REFRAIN



Let us — bring the gifts that dif - fer And, in —



splen - did, var - ied ways, Sing a new church in - to



be - ing, One in faith and love and praise.

Text: Delores Dufner, OSB. ©1991, Srs. of St. Benedict. Published by OCP Publications. All rights reserved.  
 Music: from J. Wyeth's *Repository of Sacred Music, Pt. II*, 1813.

**Return to page 1 for the opening acclamation.**

# This Week @ St. Barnabas

## **Sunday, February 5**

8am | Holy Eucharist {Rite I} | Sanctuary  
9am | Coffee Hour | Parlor  
9:15am | Choir Rehearsal | Sanctuary  
10am | Holy Eucharist {Rite II} | Sanctuary  
11:15am | Coffee Hour | TH

## **Monday, February 6**

9am-1pm | Church Office Open  
9:30am | Little Sisters of St. Clare | RWV  
11am | Reunion Group | Rector's Office  
1pm-4pm | Library Coordinator Hours | Library  
5pm | ANNOUNCEMENTS for the weekly service  
leaflets are due to the office  
7:30pm | Al Anon | RWV

## **Tuesday, February 7**

9am-1pm | Church Office Open  
9am | Centering Prayer | Sanctuary  
9:45am | Contemplative Book Study | Library  
1pm | Memorial Service for Jeanne Hurt | Sanctuary  
2pm | Memorial Reception | TH  
6pm | Amabile Rehearsal | TH  
7pm | Worship Commission | Sanctuary  
7:30pm | Vestry Meeting | Library

## **Wednesday, February 8**

7am | BI Kiwanis Breakfast | TH  
7:15am | Meditation Group | Sanctuary  
10am | The Elijah Project Committee | Library  
10:30-2:30pm | Church Office Open  
1:30pm | Devotions | Madrona House  
2:45pm | Devotions | Island Rehab  
6pm | Buddhist Priory | RWV  
7pm | AA Women's Group | Library  
7:30pm | Choir Rehearsal | Choir Room

## **Thursday, February 9**

9am-1pm | Church Office Open  
9:15am | Healing Eucharist | Sanctuary  
10am | Day School Open House | Day School  
11am | Parish Profile Committee | Library  
1:30pm | Devotions | Wyatt House  
3pm | Devotions | Madison House  
7:30pm | AA | RWV

## **Friday, February 10**

9am-1pm | Church Office Open  
10am | Women's Parable Group | Library  
3:30pm | Girl Scout Troop #42694 | RWV

## **Saturday, February 11**

8am | Buddhist Priory | RWV  
9am | Altar Guild | Sanctuary  
Noon | BI Historical Museum Annual Mtg | TH  
6:30pm | Fig & Spice World Dinner | TH

## **Sunday, February 12**

8am | Holy Eucharist {Rite I} | Sanctuary  
9am | Coffee Hour | Parlor  
9:15am | Choir Rehearsal | Sanctuary  
10am | Holy Eucharist {Rite II} | Sanctuary  
11:15am | Coffee Hour | TH  
3:30pm | Schola Nova Rehearsal | Sanctuary  
6pm | Office of Evensong | Sanctuary

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**RWV | Room with a View    TH | Tierney Hall**

## WELCOME TO ST. BARNABAS CHURCH

*We are delighted you have chosen to worship with us today. At St. Barnabas, we believe that everyone who enters these doors is God's guest. If you are visiting just for today, we thank you for celebrating with us and may God be with you as you travel. If you are searching for a new church community, we hope that you will introduce yourself to one of our parish clergy. We invite you to complete one of the yellow welcome cards in the pew rack and put it in the offering plate or hand it to an usher or clergy member.*

### LARGE-PRINT PRAYER BOOKS (BCP) & DIGITAL RECEIVERS FOR AUDIO

**AMPLIFICATION** are available during services for those requiring hearing assistance – just ask an Usher.

**GLUTEN FREE EUCHARISTIC HOSTS** are available for those who need them. Please alert the usher to your need.

## Parish Picture Board Update

**Our goal for 2017 is to have every church member's photo displayed on our Parish Picture Board (which is on the stairs leading down to Tierney Hall).** Sue Hylen is the photographer who handles this project for us, with our thanks. This photo board is so helpful for new parishioners (and staff members!) to get to know who is who.

Sue has been taking photos of folks on the first Sunday of the month, but that has not really been working. **So she suggests two options:**

- If you would like Sue to take your picture, **email or call her to set up a date to have your photo/family photo taken. This is very informal process that usually takes less than 5 minutes** OR
- **Send Sue a favorite photo.** If this is your preference, call or email her so that she can share size and format specifics.

Contact Sue Hylen at 206/842-3566 or [shylen@mac.com](mailto:shylen@mac.com).

**NAME TAGS** Name tag sign-up sheets will be on the Welcome Table the **FOURTH SUNDAY** of each month. If you would like a name tag, please let us know. Name tags should be ready to be picked up the next SUNDAY. When you have your name tag on, newcomers find it easier to both approach and remember you, and all the other friendly St. B people they have just met.

## SUNDAY SCHOOL FOR AGES 4-11

**NO SUNDAY SCHOOL THIS WEEK DUE TO KIDS FIRST! SUNDAY** St. Barnabas offers Sunday School for children ages 4-11 in the Room with a View (opposite the Gowen Library). Michael Killigrew and Becky Miller will be leading the Sunday School program this year. They are excited to be implementing a new curriculum that incorporates aspects of the Godly Play lessons along with new material that will enhance the children's learning experience and help prepare them for joining in the worship and life of the congregation.

**NURSERY AVAILABLE** St. Barnabas has a fully furnished nursery (located just beyond the Room with a View) that is available to any family who would like to use it. It is not currently staffed but can be if there is demand for this service. For those interested, please contact the church office.

**WELCOME TABLE** Don't forget to visit the Welcome Table at Coffee Hour. Everyone, new visitors and long-time members, is urged to stop by regularly to check on sign-ups for parish events, to volunteer for programs, to learn more about our ministries, to purchase tickets to events, and to meet and talk with parishioners of every age and stage. Guests and newcomers are especially encouraged to visit the Welcome Table.

**COFFEE & COMMUNITY** Please join us for body and soul food! Coffee hour after the 8am service is in the Parlor just across the courtyard from the church. Coffee Hour after the 10am service is downstairs in Tierney Hall. A sign-up sheet is posted for the 8am coffee hour. This is a chance to meet other parishioners informally and enjoy the hospitality of St. Barnabas.

### PLEASE SECURE YOUR VALUABLES

Please don't forget to lock your car and secure your valuables while you are at church.

### PLEASE DON'T PARK IN FIRE LANE

Just a friendly reminder to use the fire lane in front of the Sanctuary/church office area only for drop-offs and pick-ups. Please do not park here. Thanks for your help with this!

## CHURCH OFFICE

### CHURCH OFFICE HOURS

Mondays – 9am to 1 pm

Tuesdays – 9am to 1 pm

Wednesdays – 10:30am to 2:30 pm

Thursdays – 9am to 1 pm

Fridays – 9am to 1 pm

Also, Senior Warden Virginia Walker will be available by appointment weekdays from 11am-noon. Please call Kathy Irvin in the office at 206/842-5601 to schedule.

**ANNOUNCEMENTS for inclusion in the weekly service leaflets are due by 5pm on MONDAYS. Contact Kathy Irvin | [kathy@stbbi.org](mailto:kathy@stbbi.org)**

### 2016 ANNUAL REPORT & SLIDESHOW

If you missed the 2017 Annual Parish Meeting on January 29, but would like to see the 2016 Annual Report or the Year-in-Review slideshow that Chuck Kirchner put together, please go to the church website ([www.stbbi.org](http://www.stbbi.org)) and navigate to the “2017 Annual Parish Meeting” tab under “News & Events.” Hard copies of the Annual Report are also available in the Church Parlor.

### 2017 CHURCH DIRECTORIES

Hard copies of the of the 2017 church directory are available in the Church Parlor or you can request that a copy be emailed to you. Please also email and let us know of any changes in your address, phone or email. **Contact Kathy Irvin | [kathy@stbbi.org](mailto:kathy@stbbi.org)**

## WORSHIP

**MISSED A SERMON OR WANT TO HEAR IT AGAIN? SHARE IT WITH A FRIEND?** Listen to podcasts of sermons and music available on our church website | [www.stbbi.org](http://www.stbbi.org)

**THE WOMEN’S SCHOLA NOVA CHOIR** of Bainbridge Island sings the Office of Evensong at St. Barnabas at 6pm on the second Sunday of the month. Come hear traditional plainsong, anthems, psalms and chants – and let the grace of sung prayer refresh you for the week to come. **Next service: Sunday, February 12, 6pm.** Contact Anne Pell | [apell@bainbridge.net](mailto:apell@bainbridge.net)

## MUSICAL OPPORTUNITIES AT ST.

**BARNABAS** Do you sing or play an instrument? There are musical opportunities awaiting you here at St. Barnabas! Contact **Paul Roy | [proy@stbbi.org](mailto:proy@stbbi.org)**

## CHRISTIAN FORMATION

### LENTEN PROGRAM ANNOUNCED

**Lent begins with Ash Wednesday on March 1; we will have services at 12:10pm and 7pm that day.** During Lent, please join us as we gather on five Wednesday evenings, beginning on March 8. Each Wednesday, we will gather in Tierney Hall for a simple dinner at 6pm, Evening Prayer at 6:45pm, and a discussion at 7:30pm of *The Last Week: A Day-by-Day Account of Jesus’s Final Week in Jerusalem*, by Marcus J. Borg and John Dominic Crossan. We will conclude by 8:30pm. Please come to any or all parts of the program as your schedule permits. *The Last Week* may be purchased online for about \$10. Our readings will be as follows:

Date	Readings
08 Mar	Preface and Chapter One: Palm Sunday
15 Mar	Chapter Two: Monday and Chapter Three: Tuesday
22 Mar	Chapter Four: Wednesday and Chapter Five: Thursday
29 Mar	Chapter Six: Friday and Chapter Seven: Saturday
05 Apr	Chapter Eight: Easter Sunday

As Lent gets closer, we will be asking for volunteers to help with the dinners and for those attending the dinner to sign up to give us a rough count. Thank you in advance for your support. **For more information, contact Interim Priest, Jan C. Heller at [jan.c.heller@gmail.com](mailto:jan.c.heller@gmail.com).**

### NEW LIBRARY BOOKS

Check out the New Book shelf in the library for the following titles that have been recently added to the collection:

#### Books for Contemplative Book Study

- *And There was Light* by Jacques Lusseyran

- *The Heart of Centering Prayer* by Cynthia Bourgeault

#### Three Parable Books

- *Parables of Jesus* by J. Ellsworth Kalas

- *Parables of Jesus, Red Letter Edition, The Jesus Seminar* by Robert W. Funk, Bernard Brandon Scott, and James R. Butts

- *Re-Imagine the World, an Introduction to the Parables of Jesus* by Bernard Brandon Scott

### **And Other Titles**

- *Feminist & Womanist, Pastoral Theology* - Bonnie J. Miller-McLemore & Brita L. Gill-Austern, Eds.

- *Helping the Good Shepherd, Pastoral Counselors in a Psychotherapeutic Culture* by Susan E. Myers-Shirk

- *A History of Pastoral Care in America, from Salvation to Self-Realization* by E. Brooks Holifield

For more information, contact Barbara Herrick, [herrick99@msn.com](mailto:herrick99@msn.com) or 206/842-2068.

## **FELLOWSHIP**

### **NEWCOMER'S LUNCHEON IN MARCH**

**Sunday, March 19 | 12:30pm**

If you are a newcomer to St. Barnabas and would like to learn more about our church and community, please consider joining us for a Newcomer's Luncheon on Sunday, March 19. This event gives you an opportunity to meet some of the vestry (our lay leadership team), have any questions answered and to get to know more about us in a relaxed setting. **Sign up at the Welcome Table after the 10am service or contact our Parish Administrator Kathy Irvin at 206-842-5601 or [kathy@stbbi.org](mailto:kathy@stbbi.org).**

## **BODY, MIND & SPIRIT**

### **CONTEMPLATIVE BOOK STUDY GROUP STARTS NEW BOOK NEXT WEEK**

**Tuesdays Feb. 7, March 14, April 4 at 9:45am**

Join us for a discussion of Cynthia Bourgeault's latest book: *The Heart of Centering Prayer*. Centering Prayer is the path to a wonderful and radical new way of seeing the world. It is not, as is sometimes thought, simply an act of devotional piety, nor is it simply a Christianized form of other meditation methods. Cynthia Bourgeault cuts through the misconceptions to show that Centering Prayer is in fact a pioneering development within the Christian contemplative tradition. This is good book for preparing for deepening your Lenten practice. The group meets monthly on Tuesdays at 9:45am in the library immediately following the 9am Centering Prayer gathering in the sanctuary.

- **February 7** – Part One: A Short Course on Centering Prayer
- **March 14** – Part Two: The Way of the Heart

- **April 4** – Part Three: The Cloud of Unknowing  
The book is available online or your local bookstore can order it for you. One copy will be available through the St. Barnabas Library.

**Contact Rev. Patricia Rome Robertson, Assisting Priest for Contemplative Ministries | [revprome@hotmail.com](mailto:revprome@hotmail.com)**

## **CENTERING PRAYER**

**Tuesdays | 9am | Sanctuary**

Centering Prayer is based on an ancient form of Christian Meditation that was developed during the 20th Century. The simple process of consent and letting go invites us into a deeper place where the life of God can transform us to be the loving people of Christ in the world. Anyone, whether new or experienced, is welcome to join us for silence, chanting and 20 minutes of prayer. **Contact Rev. Patricia Rome Robertson, Assisting Priest for Contemplative Ministries | [revprome@hotmail.com](mailto:revprome@hotmail.com)**

## **CHRISTIAN HEALING THROUGH REIKI**

St. Barnabas offers Christian Healing through Reiki on a regular basis. We have a team of six trained ministers available to offer healing sessions to Parish members and others in our community. Sessions last about 40 minutes, and are a quiet time with gentle music. Reiki promotes healing and wellness of body and mind, and is a consistent and gentle means for relieving stress and tension in the mind-body complex that accumulate in day-to-day activities. If you have questions or would like to schedule a session: **Ric Cederwall | 206-855-0900 | [ric@stanfordalumni.org](mailto:ric@stanfordalumni.org) or Sr Mary Louise Sulonen | 360-626-3264 | [sjpsulonen@comcast.net](mailto:sjpsulonen@comcast.net)**

## **CHRISTIAN ACTION**

**ST. BARNABAS PRAYER CHAIN** is a group of people devoted and committed to prayer, especially prayer for others. **The Prayer Chain will pray for anyone who requests prayer or whose name is submitted by someone else for prayers.** All the members honor confidentiality and do not discuss those for whom they pray. It is not necessary to have a lot of detail or even a name to pray for someone or a situation. Unless instructed otherwise, the chain usually prays for a person or situation for about two weeks. **To contact the chain or if this ministry is**

something you would like to be part of, contact Drucy Burnet Hodge ([drucy15@msn.com](mailto:drucy15@msn.com) or 206/780-2904), Lee-ann Holland ([hollandx263@me.com](mailto:hollandx263@me.com) or 206/842-3204), or Kathy Irvin, Parish Administrator ([kathy@stbbi.org](mailto:kathy@stbbi.org) or 206/842-5601).

## DIOCESAN EVENTS

### FAITH AT HOME WORKSHOP SET FOR FEB. 25 FROM 10AM-3PM IN KENT

The Episcopal Diocese of Olympia is hosting a Faith At Home workshop on Saturday, February 25 from 10am to 3pm at St. Columba's Episcopal Church in Kent. The workshop, which includes a key note speech by Wendy Claire Barrie, author of *Faith at Home: A Handbook for Cautiously Christian Parents* as well as workshops on Icon Making, Pax Christi Yoga and Embodied Faith. Registration, which is \$25, includes lunch. Free scholarships available. **For more information, visit.** <http://ecww.org/diocesan-events/> or call 206/325-4200.

### EPISCOPAL YOUTH EVENT (EYE) SET FOR JULY 10-14, 2017 IN OKLAHOMA CITY

The Episcopal Youth Event (EYE) is a popular event that has welcomed thousands of young people from across the Episcopal Church for celebration, worship, learning and leadership training. The next EYE will be held July 10-14, 2017 on the campus of the University of Central Oklahoma, Edmond. **EYE is geared**

**for youth in grades 9-12 and their adult leaders. Applications are due by March 1, 2017.** The cost to participate is \$900, with scholarships available from the Diocese. **For more information, visit** <http://ecww.org/diocesan-events/> or call 212/716-6099.



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## COMMUNITY EVENTS & PROGRAMS

### WORLD DINNER – AMORE!

Saturday, February 11 | 6:30pm | Tierney Hall  
One of the St. Barnabas resident caterer's, Claire

Yunker Moe of Fig & Spice Catering, prepares World Dinners highlighting cuisines from the around the world. This month, the theme is "Amore" in honor of Valentine's Day. The decadent five-course menu includes Tuna Tapenade Canapés, Deviled Eggs with Sorrel-Pistachio Pesto, Santa Maria Tri-Tip, Truffle Linguine and Italian Orange Cream Cake. **For tickets (\$50 including tax) and to make a reservation (February 8 deadline), contact Claire Yunker Moe at** [figandspice@yahoo.com](mailto:figandspice@yahoo.com) or 206-842-3069.

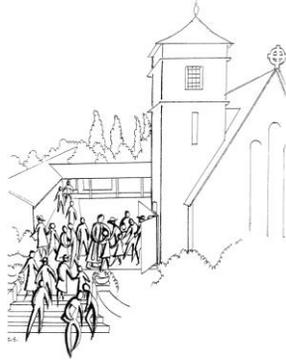
### CHECK OUT THE KIWANIS CLUB OF BI

The Kiwanis Club of Bainbridge Island is part of an international organization providing volunteer services to our island community for more than 60 years. Our mission is to "Change the world one child and one community at a time." **We are connected to St. Barnabas Episcopal Church by both club membership and by use of Tierney Hall.** St B. parishioners **Phil Fergusson, Helene Schmitz** and **Al Reasoner** are all active members of the Kiwanis Club. For several years, the club has utilized Tierney Hall for weekly breakfast meetings, as well as major club events.

Our local service activities are largely focused on youth and include sponsoring **the Key Club** at Bainbridge High School and **the Builder's Club** at Woodward Middle School, **the Student of the Month program** at Woodward Middle School, **the Educator of the Year Award, Shredfest** (post tax season shredding service), **the All Comers Track Meets** at Bainbridge High School and serving as **parade marshals** for the 4<sup>th</sup> of July Parade, just to name a few. For more information about our programs, visit [www.bikiwanis.org](http://www.bikiwanis.org).

**We welcome new members and invite you to join us, Wednesday mornings, at 7am, in Tierney Hall for a free catered breakfast to find out more about our service organization.** Please contact Phil Fergusson ([philfergusson@hotmail.com](mailto:philfergusson@hotmail.com)), Helene Schmitz ([helenerschmitz@gmail.com](mailto:helenerschmitz@gmail.com)) or Al Reasoner ([tistimeal@aol.com](mailto:tistimeal@aol.com), if you have questions.





**Saint Barnabas Episcopal Church**  
1187 Wyatt Way NW | Bainbridge Island | WA | 98110

Phone 206-842-5601 | Fax 206-842-5876  
info@stbbi.org | www.stbbi.org

Presiding Bishop & Primate | The Most Reverend Michael B. Curry  
Bishop of Olympia | The Right Reverend Gregory H. Rickel  
Interim Priest | The Reverend Dr. Jan C. Heller  
Assisting Priests | The Reverend Dr. Judith M. McDaniel and  
The Reverend Nancy Tiederman  
Assisting Priest for Contemplative Ministries | The Reverend Patricia Rome Robertson  
Deacon | The Reverend Dan Fowler  
Director of Music | Paul Roy

Parish Administrator | Kathy Irvin  
Bookkeeper | Julie Houck  
Kitchen Managers | Caroline Cox and Jamie Villella  
Wedding Coordinator | Connie Albrecht  
Sexton | Les Heinrich  
Housekeeper | Maria Perez

Senior Warden | Virginia Walker  
Junior Warden | Michael Lacey  
Vestry Members | Bethany Anderson, Kathy Anderson, John Baker,  
Stu Case, Roger Clairmont, Sylvia Dunning, Ed Ellis  
Clerk of the Vestry | Mark Morris  
Treasurer | Mike Killion Treasurer Emerita | Carol Milton

Convention Delegates | Linda & Randy Krause,  
Karen & Tom Beierle, Kathy & Michael Lacey (alternates)  
At-Large Delegates | Joan Collins, George Robertson

Day School Director | Carrie Corns  
Teachers | Kristi Barr, Candace Beck, Sandy Dreiling,  
Mary Feeney, Karen Kolthoff, Elsa Trail