



THE FIRST SUNDAY IN LENT HOLY EUCHARIST

March 5, 2017
8:00 A.M.

**Saint Barnabas Episcopal Church...reaching out through worship, prayer, and action
to bring the reconciling peace of Christ to one another and this world.**

We invite you to join as an active participant in the worship of God. This service is based on the Order for the Holy Eucharist: Rite One in the Book of Common Prayer. For ease of use, this leaflet contains the congregational portions of the liturgy and service music. HYMNAL refers to the blue book: The Hymnal 1982. BCP refers to the red Book of Common Prayer.

Digital receivers for audio amplification are available during Sunday services
for those requiring hearing assistance – just ask an usher.

WELCOME INTO THE SILENCE

The development of Lent as forty days of penitential preparation for Holy Week and Easter led to a “quieting” of church services. Thus, we dispense with that “A” word (the Alleluia), we set aside any floral arrangements near the altar, we moderate the use of the pipe organ, we select quieter and more somber music, and put away our silver vessels in favor of pottery ones. They will not be forgotten merely set aside for a time as Lenten sorrows always lead to Easter joys. Please join us in this prayerful and reflective time.



All stand as able at the sound of the tower bell.

HYMN (sung by all)

The glory of these forty days

HYMNAL 143

THE OPENING ACCLAMATION

(BCP p. 323)

Presiding Priest Bless the Lord who forgiveth all our sins

***People* His mercy endureth for ever.**



THE DECALOGUE (kneeling as able)

(BCP p. 317)

God spake these words, and said:

I am the Lord thy God who brought thee out of the land of Egypt, out of the house of bondage. Thou shalt have none other gods but me.

***Lord, have mercy upon us,
and incline our hearts to keep this law.***

Thou shalt not make to thyself any graven image, nor the likeness of any thing that is in heaven above, or in the earth beneath, or in the water under the earth; thou shalt not bow down to them, nor worship them.

***Lord, have mercy upon us,
and incline our hearts to keep this law.***

Thou shalt not take the Name of the Lord thy God in vain.

***Lord, have mercy upon us,
and incline our hearts to keep this law.***

Remember that thou keep holy the Sabbath day.

***Lord, have mercy upon us,
and incline our hearts to keep this law.***

Honor thy father and thy mother.

***Lord, have mercy upon us,
and incline our hearts to keep this law.***

Thou shalt do no murder.

***Lord, have mercy upon us,
and incline our hearts to keep this law.***

Thou shalt not commit adultery.

***Lord, have mercy upon us,
and incline our hearts to keep this law.***

Thou shalt not steal.

***Lord, have mercy upon us,
and incline our hearts to keep this law.***

Thou shalt not bear false witness against thy neighbor.

***Lord, have mercy upon us,
and incline our hearts to keep this law.***

Thou shalt not covet.

***Lord, have mercy upon us,
and write all these thy laws in our hearts, we beseech thee.***

The Presiding Priest says

(BCP p. 319)

Hear what our Lord Jesus Christ saith: Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. This is the first and great commandment. And the second is like unto it: Thou shalt love thy neighbor as thyself. On these two commandments hang all the Law and the Prophets. *Matthew 22:37-40*

The Presiding Priest then says

Let us humbly confess our sins unto Almighty God.

Silence may be kept.

Presiding Priest and People

Almighty and most merciful father, we have erred and strayed from thy ways like lost sheep, we have followed too much the devices and desires of our own hearts, we have offended against thy holy laws, we have left undone those things which we ought to have done, and we have done those things which we ought not to have done. But thou, O Lord, have mercy upon us, spare thou those who confess their faults, restore thou those who are penitent, according to thy promises declared unto mankind in Christ Jesus our Lord; and grant, O most merciful Father, for his sake, that we may hereafter live a godly, righteous, and sober life, to the glory of thy holy Name. Amen.

The Presiding Priest says

The Almighty and merciful Lord grant you absolution and remission of all your sins, true repentance, amendment of life, and the grace and consolation of his Holy Spirit. ***Amen.***

LORD, HAVE MERCY

Here is said

Lord, have mercy upon us.

Christ, have mercy upon us.

Lord, have mercy upon us.

THE COLLECT OF THE DAY

Presiding Priest The Lord be with you.

People **And with thy spirit.**

Presiding Priest Let us pray.

Almighty God, whose blessed Son was led by the Spirit to be tempted of Satan: Make speed to help thy servants who are assaulted by manifold temptations; and, as thou knowest their several infirmities, let each one find thee mighty to save; through Jesus Christ thy Son our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, now and for ever. **Amen.**

THE WORD OF GOD

 THE FIRST READING (seated)

Genesis 2:15-17, 3:1-7

READER: A Reading from the Book of Genesis

The Lord God took the man and put him in the garden of Eden to till it and keep it. And the Lord God commanded the man, “You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die.” Now the serpent was more crafty than any other wild animal that the Lord God had made. He said to the woman, “Did God say, ‘You shall not eat from any tree in the garden?’” The woman said to the serpent, “We may eat of the fruit of the trees in the garden; but God said, ‘You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die.’ ” But the serpent said to the woman, “You will not die; for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil.” So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

Reader Hear what the Spirit is saying to God’s people.

People **Thanks be to God.**

1 Happy are they whose transgressions are forgiven, *
and whose sin is put away!

2 Happy are they to whom the Lord imputes no guilt, *
and in whose spirit there is no guile!

3 While I held my tongue, my bones withered away, *
because of my groaning all day long.

4 For your hand was heavy upon me day and night; *
my moisture was dried up as in the heat of summer.

5 Then I acknowledged my sin to you, *
and did not conceal my guilt.

6 I said, "I will confess my transgressions to the Lord." *
Then you forgave me the guilt of my sin.

7 Therefore all the faithful will make their prayers to you in time of trouble; *
when the great waters overflow, they shall not reach them.

8 You are my hiding-place; you preserve me from trouble; *
you surround me with shouts of deliverance.

9 "I will instruct you and teach you in the way that you should go; *
I will guide you with my eye.

10 Do not be like horse or mule, which have no understanding; *
who must be fitted with bit and bridle, or else they will not stay near you."

11 Great are the tribulations of the wicked; *
but mercy embraces those who trust in the Lord.

12 Be glad, you righteous, and rejoice in the Lord; *
shout for joy, all who are true of heart.

SECOND READING

Romans 5:12-19

READER: A Reading from the Letter of Paul to the Romans

Just as sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned — sin was indeed in the world before the law, but sin is not reckoned when there is no law. Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come. But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. And the free gift is not like the effect of the one man's sin. For the judgment following one trespass brought condemnation, but the free gift following many trespasses brings justification. If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ. Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all. For just as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

Reader Hear what the Spirit is saying to God's people.

***People* Thanks be to God.**



THE HOLY GOSPEL (standing as able)

Matthew 4:1-11

The Priest reads the Gospel, first saying

The Holy Gospel of our Lord Jesus Christ according to Matthew.

***People* Glory be to thee, O Lord.**

After Jesus was baptized, he was led up by the Spirit into the wilderness to be tempted by the devil. He fasted forty days and forty nights, and afterwards he was famished. The tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." But he answered, "It is written, 'One does not live by bread alone, but by every word that comes from the mouth of God.'" Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down; for it is written, 'He will command his angels concerning you,' and 'On their hands they will bear you up, so that you will not dash your foot against a stone.'" Jesus said to him, "Again it is written, 'Do not put the Lord your God to the test.'" Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendor; and he said to him, "All these I will give you, if you will fall down and worship me." Jesus said to him, "Away with you, Satan! for it is written, 'Worship the Lord your God, and serve only him.'" Then the devil left him, and suddenly angels came and waited on him.

The Gospel of the Lord

***People* Praise be to thee, O Christ.**



THE SERMON (seated)

Jan C. Heller



Presiding Priest and People

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE

The Deacon or other person appointed says

Let us pray for the whole state of Christ's Church and the world.

After each paragraph of this prayer, the People may make an appropriate response, as directed.

Almighty and everliving God, who in thy holy Word hast taught us to make prayers, and supplications, and to give thanks for all people. In our Anglican Cycle of Prayer, we pray for the Diocese of Marathwada (North India), The Rt Revd Madhukar Kasab, Bishop. In our Diocesan Cycle of Prayer, we pray for Ascension and Epiphany, both in Seattle. Receive our prayers which we offer unto thy divine Majesty beseeching thee to inspire continually the Universal Church with the spirit of truth unity and concord and grant that those who do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love.

Lord, hear our prayer.

Give grace, O heavenly Father, to all bishops and other ministers especially for Michael, our Presiding Bishop; Gregory, our Bishop; Jan, Nancy, Judith and Patricia, our priests; and Dan, our Deacon, that they may, both by their life and doctrine, set forth thy true and lively Word, and rightly and duly administer thy holy Sacraments.

Lord, hear our prayer.

And to all thy people give thy heavenly grace, and especially to this congregation here present; that, with meek heart and due reverence, they may hear and receive thy holy Word, truly serving thee in holiness and righteousness all the days of their life.

Lord, hear our prayer.

We beseech thee also so to rule the hearts of those who bear the authority of government in this and every land, especially Donald, our President, that they may be led to wise decisions and right actions for the welfare and peace of the world.

Lord, hear our prayer.

Guard and protect all those who serve in harm's way, both in lands far away and here at home, returning them to safe reunion with their families and all who love them.

Lord, hear our prayer.

Bestow upon us the gift of gracious hospitality, welcoming into fellowship our sisters and brothers in Christ who are visiting, remembering that in welcoming a stranger we may be welcoming angels unaware.

Lord, hear our prayer.

Open, O Lord, the eyes of all people to behold thy gracious hand in all thy works, that, rejoicing in thy whole creation, they may honor thee with their substance, and be faithful stewards of thy bounty.

Lord, hear our prayer.

Bless and guide our St. Barnabas vestry, wardens and search committee that they may discern your will for us and call a faithful pastor who will be our companion in ministry, reaching out with us in worship, prayer and action to bring the reconciling peace of Christ to one another and this world.

Lord, hear our prayer.

And we most humbly beseech thee, of thy goodness, O Lord, to comfort and succor, [especially...] and all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity.

Lord, hear our prayer.

I invite your petitions and thanksgivings aloud or in your hearts...[pause], let us pray.

Lord, hear our prayer.

And we also bless thy holy Name for all thy servants departed this life in thy faith and fear [especially...], beseeching thee to grant them continual growth in thy love and service; and to grant us grace so to follow the good examples of Barnabas and of all thy saints, that with them we may be partakers of thy heavenly kingdom.

Lord, hear our prayer.

Grant these our prayers, O Father, for Jesus Christ's sake, our only Mediator and Advocate. ***Amen.***

THE PEACE

Presiding Priest The peace of the Lord be always with you.
People And also with you.

THE HOLY COMMUNION



An offering of money is collected.



At the conclusion of the organ voluntary, please rise as able as the bread and wine and money we offer to God for our nourishment and the life of the world are brought forward and presented at the altar.

Presiding Priest All things come of thee, O Lord,
People and of thine own have we given thee.

THE GREAT THANKSGIVING

Eucharistic Prayer I (BCP p. 333)

The people remain standing. The Presiding Priest faces them and says

The Lord be with you.
People **And with thy spirit.**
Presiding Priest Lift up your hearts.
People **We lift them up unto the Lord.**
Presiding Priest Let us give thanks unto our Lord God.
People **It is meet and right so to do.**

Then, facing the Holy Table, the Presiding Priest proceeds

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God.

Here a Proper Preface is sung or said on all Sundays, and on other occasions as appointed.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

Presiding Priest and People

Holy, holy, holy, Lord God of Hosts:
Heaven and earth are full of thy glory.
Glory be to thee, O Lord Most High.
Blessed is he that cometh in the name of the Lord.
Hosanna in the highest.



The people kneel or stand.

Then the Presiding Priest gives thanks for God's work in creation and for the salvation of the world through Christ, and prays over the bread and wine.

All glory be to thee, Almighty God, our heavenly Father...

...By whom, and with whom, in the unity of the Holy Ghost, all honor and glory be unto thee, O Father Almighty, world without end. **Amen.**

And now, as our Savior Christ hath taught us, we are bold to say,

People and Presiding Priest

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

THE BREAKING OF THE BREAD

The Presiding Priest breaks the consecrated Bread. A period of silence is kept.

Then may be sung or said

Christ our Passover is sacrificed for us;

Therefore let us keep the feast.

The following prayer may be said. The People may join in saying this prayer

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. *Amen.*

Facing the people, the Presiding Priest may say the following Invitation

The Gifts of God for the People of God.

and may add Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

This is the Lord's Table around which we gather.

All baptized Christians are encouraged to come forward and receive the Body and Blood of Christ in the bread and wine of the Eucharist. If you do not wish to receive Holy Communion please do come forward, cross your arms across your heart and receive a blessing.



THE POST-COMMUNION PRAYER (kneeling or standing as able)

(BCP p. 339)

Presiding Priest and People

Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

THE BLESSING

The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you, and remain with you always. **Amen.**

 WELCOME, BIRTHDAYS, ANNIVERSARIES & ANNOUNCEMENTS (seated)

 HYMN (standing as able)

A mighty fortress is our God

HYMNAL 688

DISMISSAL

The Deacon or Presiding Priest dismisses the people with these words

Let us go forth in the name of Christ.

People **Thanks be to God.**

PROCESSION

Bells

MINISTERS OF THE LITURGY

Presiding Priest & Preacher

The Rev. Dr. Jan C. Heller

Organist

Paul Roy

Acolyte

David de la Vergne

Eucharistic Minister

David de la Vergne

Lectors

David de la Vergne, Sue Hylen

Prayers of the People

Sue Hylen

Usher

George Brooker

Altar Guild Team

Honora Dunkak, Ellie & David de la Vergne, Kirsten Kramer,
Genevieve Kramer, Princie Falkenhagen, Mary Neuer, Judy Tingley

Bread Baker

Laura Carroll

Coffee Hour

Ellie de la Vergne

This Week @ St. Barnabas

Sunday, March 5

8am | Holy Eucharist {Rite I} | Sanctuary
9am | Coffee Hour | Parlor
9:15am | Choir Rehearsal | Sanctuary
10am | Holy Eucharist {Rite II} | Sanctuary
11:15am | Coffee Hour | TH
Noon | Acolyte Training | Sanctuary

Monday, March 6

9am-noon | Church Office Open
9:30am | Little Sisters of St. Clare | RWV
11am | Reunion Group | Rector's Office
1pm-4pm | Library Coordinator Hours | Library
5pm | ANNOUNCEMENTS for the weekly service
leaflets are due to the office
7:30pm | Al Anon | RWV

Tuesday, March 7

9am-noon | Church Office Open
9am | Centering Prayer | Sanctuary
6pm | Amabile Rehearsal | TH

Wednesday, March 8

7am | BI Kiwanis Breakfast | TH
7:15am | Meditation Group | Sanctuary
9am-noon | Church Office Open
10am | The Elijah Project Committee | Library
1:30pm | Devotions | Madrona House
2:45pm | Devotions | Island Rehab
6pm | Lenten Educational Series | TH
6pm | Buddhist Priory | RWV
7pm | AA Women's Group | Library
7:30pm | Choir Rehearsal | Choir Room

Thursday, March 9

9am-noon | Church Office Open
9:15am | Healing Eucharist | Sanctuary
1:30pm | Devotions | Wyatt House
3pm | Devotions | Madison House
7:30pm | AA | RWV

Friday, March 10

9am-noon | Church Office Open
3:30pm | Girl Scout Troop #42694 | RWV

Saturday, March 11

8am | Buddhist Priory | RWV
9am | Altar Guild | Sanctuary

Sunday, March 12

Daylight Savings Time Begins – Spring Forward!

8am | Holy Eucharist {Rite I} | Sanctuary
9am | Coffee Hour | Parlor
9:15am | Choir Rehearsal | Sanctuary
10am | Holy Eucharist {Rite II} | Sanctuary
11:15am | Coffee Hour | TH
3:30pm | Schola Nova Rehearsal | Sanctuary
6pm | Office of Vespers | Sanctuary

RWV | Room with a View TH | Tierney Hall

WELCOME TO ST. BARNABAS CHURCH

We are delighted you have chosen to worship with us today. At St. Barnabas, we believe that everyone who enters these doors is God's guest. If you are visiting just for today, we thank you for celebrating with us and may God be with you as you travel. If you are searching for a new church community, we hope that you will introduce yourself to one of our parish clergy. We invite you to complete one of the yellow welcome cards in the pew rack and put it in the offering plate or hand it to an usher or clergy member.

LARGE-PRINT PRAYER BOOKS (BCP) & DIGITAL RECEIVERS FOR AUDIO AMPLIFICATION are available during services for those requiring hearing assistance – just ask an Usher.

GLUTEN FREE EUCHARISTIC HOSTS are available for those who need them. Please alert the usher to your need.

Parish Picture Board Update

Our goal for 2017 is to have every church member's photo displayed on our Parish Picture Board (which is on the stairs leading down to Tierney Hall). Sue Hylen is the photographer who handles this project for us, with our thanks. This photo board is so helpful for new parishioners (and staff members!) to get to know who is who.

Sue has been taking photos of folks on the first Sunday of the month, but that has not really been working. **So she suggests two options:**

- If you would like Sue to take your picture, **email or call her to set up a date to have your photo/family photo taken. This is very informal process that usually takes less than 5 minutes** OR
- **Send Sue a favorite photo.** If this is your preference, call or email her so that she can share size and format specifics.
Contact Sue Hylen at 206/842-3566 or shylen@mac.com.

NAME TAGS Name tag sign-up sheets will be on the Welcome Table the **FOURTH SUNDAY** of each month. If you would like a name tag, please let us know. Name tags should be ready to be picked up the next SUNDAY. When you have your name tag on, newcomers find it easier to both approach and remember you, and all the other friendly St. B people they have just met.

SUNDAY SCHOOL FOR AGES 4-11

St. Barnabas offers Sunday School for children ages 4-11 in the Room with a View (opposite the Gowen Library). Michael Killigrew and Becky Miller will be leading the Sunday School program this year. They are excited to be implementing a new curriculum that incorporates aspects of the Godly Play lessons along with new material that will enhance the children's learning experience and help prepare them for joining in the worship and life of the congregation. Each class session will begin at 9:45 with singing in the Room with a View and then the children will gather together to hear one of "God's stories." The children respond to the stories they have heard through an activity, art media or any of the story materials in the room. The class re-gathers to pray together and celebrate a feast, which provides indirect teaching about communion. The children then say the Lord's Prayer, and are sent out with a blessing. Contact Michael Killigrew | mkilligrew@gmail.com

NURSERY AVAILABLE St. Barnabas has a fully furnished nursery (located just beyond the Room with a View) that is available to any family who would like to use it. It is not currently staffed but can be if there is demand for this service. For those interested, please contact the church office.

WELCOME TABLE Don't forget to visit the Welcome Table at Coffee Hour. Everyone is urged to stop by regularly to check on sign-ups for parish events, to volunteer for programs, to learn more about our ministries, to purchase tickets to events, and to meet and talk with parishioners of every age and stage. Guests and newcomers are especially encouraged to visit the Welcome Table.

COFFEE & COMMUNITY Please join us for body and soul food! Coffee hour after the 8am service is in the Parlor just across the courtyard from the church. Coffee Hour after the 10am service is downstairs in Tierney Hall. A sign-up sheet is posted for the 8am coffee hour. This is a chance to meet other parishioners informally and enjoy the hospitality of St. Barnabas.

PLEASE SECURE YOUR VALUABLES

Please don't forget to lock your car and secure your valuables while you are at church.

NO DOGS IN PLAYGROUND

If you do bring your dog to the church grounds, please keep them out of the playground area. Thanks for your help with this!

PLEASE DON'T PARK IN FIRE LANE

Just a friendly reminder to use the fire lane in front of the Sanctuary/church office area only for drop-offs and pick-ups. Please do not park here. Thanks for your help with this!

CHURCH OFFICE

NEW CHURCH OFFICE HOURS

Monday through Friday, 9am-noon

Please stop by and introduce yourself to our newest parish employee, Henry Lant. Henry is at the reception desk from 9am-noon on Monday through Friday. He will be coordinating the central calendar for the church, the facilities rentals and helping coordinate buildings & grounds projects. So please contact Henry to arrange room rentals or to share information about needed work on the buildings or grounds. Henry can be reached at 206/842-5601 or hlant@stbbi.org.

Senior Warden Virginia Walker is available by appointment weekdays from 11am-noon. Please call Henry Lant in the office at 206/842-5601 to schedule.

ANNOUNCEMENTS for inclusion in the weekly service leaflets are due by 5pm on MONDAYS. Contact Kathy Irvin | kathy@stbbi.org

WORSHIP

MISSED A SERMON OR WANT TO HEAR IT AGAIN? SHARE IT WITH A FRIEND?

Listen to podcasts of sermons and music available on our church website | www.stbbi.org

ACOLYTE TRAINING TODAY

For those interested, there will be an acolyte training after the 10am worship service today, Sunday, March 5. For more information, contact Interim Priest, Jan C. Heller at jan.c.heller@gmail.com.

THE WOMEN'S SCHOLA NOVA CHOIR of Bainbridge Island sings the Office of Vespers at St. Barnabas on Sunday, March 12 at 6pm. Come hear

traditional plainsong, anthems, psalms and chants – and let the grace of sung prayer refresh you for the week to come. Contact **Anne Pell** | apell@bainbridge.net

SAVE THE DATE - LENTEN EVENSONG

Sunday, March 19, 5pm

Please join us for this very special Lenten service. Evensong is a service comprised of hymns, readings, chants, canticles and anthems. It offers us the opportunity to gather and spend time in prayer, while listening and participating in music that is especially selected to bring us into deeper understanding of the mysteries of our faith. **This service, officiated by Jan C. Heller, will feature the Parish Choir of St. Barnabas with guest singers, guest organist Woody Bernas and organist and choirmaster Paul Roy.** For more information, contact Paul Roy, proy@stbbi.org.

MUSICAL OPPORTUNITIES AT ST.

BARNABAS Do you sing or play an instrument? There are musical opportunities awaiting you here at St. Barnabas! Contact **Paul Roy** | proy@stbbi.org

CHRISTIAN FORMATION

LENTEN EDUCATIONAL PROGRAM

Wednesdays, March 8-April 5,
6pm-8:30pm

During Lent, please join us as we gather on five Wednesday evenings, beginning on March 8. Each Wednesday, we will gather in Tierney Hall for a simple dinner at 6pm, Evening Prayer at 6:45pm, and a discussion at 7:30pm of ***The Last Week: A Day-by-Day Account of Jesus's Final Week in Jerusalem***, by Marcus J. Borg and John Dominic Crossan. We will conclude by 8:30pm.

Please come to any or all parts of the program as your schedule permits. **Please sign up during the Sunday coffee hours from now through April 2. On the sign-up sheets, please indicate which dates**

you will attend (important to ensure proper food quantity). Each week, a vegetarian soup and gluten free bread will be available.

There are several ways to obtain a copy of the featured book, ***The Last Week***. For those of you who



requested it, copies of the book are available for pick-up in the church office. You may pick up your copy during office hours (9-noon Monday-Friday) or see Jan after services on Thursday or Sunday. The total cost, with tax, is \$9.69. Please make your check payable to St. Barnabas Episcopal Church.

There are also two copies of the book available for checkout in the church library. They are located to the left as you walk in the door with the Adult Education and Book Club books. Additionally, copies of the book are available online for about \$10. Our readings will be as follows:

- March 8 – Preface and Chapter One: Palm Sunday
- March 15 – Chapter Two: Monday and Chapter Three: Tuesday
- March 22 – Chapter Four: Wednesday and Chapter Five: Thursday
- March 29 – Chapter Six: Friday and Chapter Seven: Saturday
- April 5 – Chapter Eight: Easter Sunday

Thank you in advance for your support. For more information, contact **Interim Priest, Jan C. Heller** at jan.c.heller@gmail.com or **Sylvia Dunning** at samdunning@mac.com.

FELLOWSHIP

NEWCOMER'S LUNCHEON IN MARCH Sunday, March 19 | 12:30pm | Powel Residence

If you are a newcomer to St. Barnabas and would like to learn more about our church and community, please consider joining us for a Newcomer's Luncheon on Sunday, March 19 at a parishioner's home. This event gives you an opportunity to meet some of the vestry (our lay leadership team), have any questions answered and to get to know more about us in a relaxed setting. **Sign up at the Welcome Table after the 10am service or contact our Parish Administrator Kathy Irvin at 206-842-5601 or kathy@stbbi.org.**

OUTREACH/CHRISTIAN ACTION

EASTER DRY GOODS COLLECTION

The Outreach Committee is seeking the congregation's participation in the **Easter Dry Goods collection** for the Chaplains on the Harbor ministry. The Rev. Sarah Monroe has indicated the following list of non-perishable goods would be helpful in the ministry to help homeless and jobless folks in the Aberdeen and Westport areas. Most of the folks this ministry is assisting are under 30 years of age.

A box will be in the parlor for you to place your items beginning the first Sunday in March and will run for three Sundays. The congregation can also bring items on the list during the day when the office is open (9am-noon Monday-Friday). Thank you in advance for your assistance for the Chaplains on the Harbor ministries.

List of items most needed:

- Hot Chocolate
- Rice
- Dried potatoes
- Coffee/Instant or regular
- Toilet paper
- Snack items
- Cold Cereal
- Oat Meal
- Tea
- Sugar
- Dried Fruit
- Canned milk
- Creamer
- Canned vegetables or fruit

If you have questions regarding Chaplains on the Harbor Ministry, please call **Steve Schmitz** at 206-842-3375 or **Bill Galvani** at 206-855-8074. If you would like to know more about the Chaplains on the Harbor Ministry go to www.chaplainsontheharbor.com

ST. BARNABAS PRAYER CHAIN is a group of people devoted and committed to prayer, especially prayer for others. **The Prayer Chain will pray for anyone who requests prayer or whose name is submitted by someone else for prayers.** All the members honor confidentiality and do not discuss those for whom they pray. It is not necessary to have a lot of detail or even a name to pray for someone or a situation. Unless instructed otherwise, the chain usually prays for a person or situation for about two weeks. **To contact the chain or if this ministry is something you would like to be part of, contact Drucy Burnet Hodge (drucy15@msn.com or 206/780-2904), Lee-ann Holland (hollandx263@me.com or 206/842-3204), or Kathy Irvin, Parish Administrator (kathy@stbbi.org or 206/842-5601).**

BODY, MIND & SPIRIT

2017 LENTEN WISDOM DAY LED BY GEORGE COLE, GURDJIEFF STUDENT

Sat. March 18, 9:30am-3:30pm, Tierney Hall
The 2017 Lenten Wisdom Day will be led by **George Cole, a student of G.I. Gurdjieff, who will introduce the group to the Law of Three.** Cole belongs to a work group on Bainbridge Island that is centered on Gurdjieff teachings. For more information, see complete description and registration form in the church parlor. **Registration is open for St. Barnabas parishioners and opened to the public on February 22. For more information, contact Patricia Robertson at revprome@hotmail.com.**

CONTEMPLATIVE BOOK STUDY READS NEW BOURGEOULT BOOK

Tuesdays March 14 and April 4 at 9:45am
Join us for a discussion of Cynthia Bourgeault's latest book: *The Heart of Centering Prayer*. Centering Prayer is the path to a wonderful and radical new way of seeing the world. It is not, as is sometimes thought, simply an act of devotional piety, nor is it simply a Christianized form of other meditation methods. Cynthia Bourgeault cuts through the misconceptions to show that Centering Prayer is in fact a pioneering development within the Christian contemplative tradition. This is good book for preparing for deepening your Lenten practice. The group meets monthly on Tuesdays at 9:45am in the library immediately following the 9am Centering Prayer gathering in the sanctuary.
March 14 – Part Two: The Way of the Heart
April 4 – Part Three: The Cloud of Unknowing
The book is available online or your local bookstore can order it for you. One copy will be available through the St. Barnabas Library.

**Contact Rev. Patricia Rome Robertson,
Assisting Priest for Contemplative Ministries |
revprome@hotmail.com**

CENTERING PRAYER

Tuesdays | 9am | Sanctuary
Centering Prayer is based on an ancient form of Christian Meditation that was developed during the 20th Century. The simple process of consent and letting go invites us into a deeper place where the life of God can transform us to be the loving people of Christ in the world. Anyone, whether new or

experienced, is welcome to join us for silence, chanting and 20 minutes of prayer. **Contact Rev. Patricia Rome Robertson, Assisting Priest for Contemplative Ministries | revprome@hotmail.com**

CHRISTIAN HEALING THROUGH REIKI

St. Barnabas offers Christian Healing through Reiki on a regular basis. We have a team of six trained ministers available to offer healing sessions to Parish members and others in our community. Sessions last about 40 minutes, and are a quiet time with gentle music. Reiki promotes healing and wellness of body and mind, and is a consistent and gentle means for relieving stress and tension in the mind-body complex that accumulate in day-to-day activities. If you have questions or would like to schedule a session: **Ric Cederwall | 206-855-0900 | ric@stanfordalumni.org**
Sr Mary Louise Sulonen | 360-626-3264 | sipsulonen@comcast.net

DIOCESAN EVENTS

DIOCESAN LITURGICAL WORKSHOP

Words, Words, Words
Emmanuel, Mercer Island
March 18, 9:30am-noon

The Diocesan Commission on Liturgy and the Arts presents a Diocesan-wide, half-day workshop and training event called, "Words, Words, Words." Participants will choose from one of three, two hour workshops:

- Lectors (public reading of the lectionary within the liturgy)
- Intercessors (crafting Prayers of the People)
- Preaching (especially designed for lay preachers)

The workshops will include instruction, as well as practicum, giving participants a chance to hone existing skills and learn new ones. To register (\$10), go to <http://ecww.org/diocesan-events>.

CELEBRATING LIFE IN THE RESURRECTION WORKSHOP

***A Workshop on Planning the Celebration of
Your Life through Faith, Hope and Love!***
Bloedel Hall, Saint Mark's Cathedral
Saturday March 25, 9am-2:30pm

Join Bishop Rickel, Dean Steve Thomason, Rev. Marshall and other clergy for pastoral perspectives

and practical advice on funerals and memorials. Time for Q&A at round table discussions. All participants receive the Diocese's **Life Planning Manual**. Cost: \$20. Sign up on-line: www.celebratinglifeintheresurrection.eventbrite.com

REGISTRATION NOW OPEN FOR CAMP HUSTON IN GOLDBAR

Camp Huston, the Diocese of Olympia's summer camp, has just announced their summer camp schedule! **Situated on 70 beautiful acres in the foothills of the Cascade mountains, campers spend the session in age-based "discovery groups," learning more about nature, more about God, and more about themselves.** Activities include hiking, swimming, team-building, worship, camping in tents, and lots of games and songs! **Register before March 15 to receive the early bird discount of \$45 per camper.** For more information and to register, go to <http://ecww.org/diocesan-events>.

COMMUNITY EVENTS

"UNITED WE SING" SHOW

Saturday, March 11 at 6:30pm

Bethany Lutheran Church on Bainbridge Island is hosting "United We Sing," a variety show to benefit refugee resettlement. The dinner-theater show will include light refreshments, beverages and entertainment. Tickets are \$35 and can be purchased at Bethany Lutheran Church at 7968 Finch Road NE or by calling 206/842-4241.

FUN & GAMES

TRY SOMETHING NEW: LENT MADNESS

Instead of focusing on basketball this March, how about focusing on Lent Madness? You can fill out a bracket with your favorite saints, instead of your favorite basketball teams! The format is straightforward: 32 saints are placed into a tournament-like single elimination bracket. Each pairing remains open for a set period and people vote for their favorite saints. Sixteen saints make it to the Round of the Saintly Sixteen; eight advance to the Round of the Elate Eight; four make it to the Faithful Four; two to the Championship; and the winner is awarded the coveted Golden Halo. For more information, visit www.lentmadness.org.

Lenten Evensong

Sunday, March 19, 2017 | 5:00pm

The Reverend Dr. Jan C. Heller | Officiant

The Parish Choir of St. Barnabas with guest singers

Paul Roy | Organist & Choirmaster

Woody Bernas | Guest Organist

*Saint Barnabas Episcopal Church
1187 Wyatt Way NW
Bainbridge Island, Washington 98110*



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Phone 206-842-5601 | Fax 206-842-5876

info@stbbi.org | www.stbbi.org

Presiding Bishop & Primate | The Most Reverend Michael B. Curry
Bishop of Olympia | The Right Reverend Gregory H. Rickel

Interim Priest | The Reverend Dr. Jan C. Heller

Assisting Priests | The Reverend Dr. Judith M. McDaniel and
The Reverend Nancy Tiederman

Assisting Priest for Contemplative Ministries | The Reverend Patricia Rome Robertson

Deacon | The Reverend Dan Fowler

Director of Music | Paul Roy

Parish Administrator | Kathy Irvin

Receptionist/Building Coordinator | Henry Lant

Bookkeeper | Julie Houck

Kitchen Managers | Caroline Cox and Jamie Villella

Wedding Coordinator | Connie Albrecht

Sexton | Les Heinrich

Housekeeper | Maria Perez

Senior Warden | Virginia Walker

Junior Warden | Stu Case

Vestry Members | Bethany Anderson, Kathy Anderson, John Baker,
Roger Clairmont, Sylvia Dunning, Ed Ellis, Hootie Warren

Clerk of the Vestry | Mark Morris

Treasurer | Mike Killion Treasurer Emerita | Carol Milton

Convention Delegates | Linda & Randy Krause,
Karen & Tom Beierle, Kathy & Michael Lacey

At-Large Delegates | Joan Collins, George Robertson

Day School Director | Carrie Corns

Teachers | Kristi Barr, Candace Beck, Sandy Dreiling,
Mary Feeney, Karen Kolthoff, Elsa Trail