

Diving Deep into Centering Prayer
A Quiet Morning in Advent

Saturday, December 1, 2018



St. Barnabas Church Parish Hall. 9 am to Noon

In the midst of a frenzied holiday Christians celebrate Advent, a season of hope, anticipation and reflection. You are invited to take some time to gather together around the Contemplative Practice of Centering Prayer. There will be teaching, practices and time for reflection and questions. Give yourself the gift of learning a new way (or deepening your ongoing practice) to grow more open to the presence of Christ that is being born in you this season.

Led by The Rev. Patricia Robertson, Assistant for Contemplative Ministry at St. Barnabas Episcopal Church. Patricia has over 20 years of practice of Centering Prayer and Contemplative work. Questions? Email her revprome@hotmail.com

Please sign up (no donation requested) by signing the clipboard in the office entryway, sending Patricia an email, or calling the office. This will assure that there are enough handouts.