

HOLY EUCHARIST: Rite II

THE THIRD SUNDAY IN LENT

March 20, 2022 ♦ 10:00 a.m.

Welcome to St. Barnabas, we are delighted that you're here. We hope you'll participate fully in our worship through singing, praying, hearing the Good News of Jesus Christ, and receiving communion. May God richly bless you as you bless us!

WELCOME INTO THE SILENCE

"Lent serves as our annual invitation to come closer to God. It provides a time to look at our lives and ourselves, not so we may criticize ourselves more harshly but so we can identify the obstructions that keep us from... feeling the presence of the divine in our every day. How do we hide from God, and why? Lent gives us a chance to look at such obstructions and to move them gently away so that we can come closer to the Love that gives us life... Thus Lent offers a gift of time and a promise of closeness..."

From A Clearing Season: Reflections for Lent



All stand as able at the sound of the tower bells.

HYMN (sung by all, next page)

The glory of these forty days

(HYMNAL 143)



In the Orchard, Vincent van Gogh, 1883.



1 The glo - ry of these for - ty days we
 2 A - lone and fast - ing Mo - ses saw the
 3 So Dan - iel trained his mys - tic sight, de -
 4 Then grant us, Lord, like them to be full
 *5 O Fa - ther, Son, and Spi - rit blest, to



1 ce - le - brate with songs of praise; for Christ, through whom all
 2 lov - ing God who gave the law; and to E - li - jah,
 3 liv - ered from the li - ons' might; and John, the Bride - groom's
 4 oft in fast and prayer with thee; our spi - rits strength - en
 5 thee be ev - ery prayer ad - dressed, who art in three - fold



1 things were made, him - self has fast - ed and has prayed.
 2 fast - ing, came the steeds and char - i - ots of flame.
 3 friend, be - came the her - ald of Mes - si - ah's name.
 4 with thy grace, and give us joy to see thy face.
 5 Name a - dored, from age to age, the on - ly Lord.

Words: Latin, 6th cent.; tr. Maurice F. Bell (1862-1947), alt. Copyright © by permission Oxford University Press. All rights reserved. Used with permission.
 Music: *Erhalt uns, Herr*; melody from *Geistliche Lieder*, 1543; harm. Johann Sebastian Bach (1685-1750)

THE OPENING ACCLAMATION

Presiding Priest Bless the Lord who forgives all our sins.

People God's mercy endures for ever.

COLLECT FOR PURITY

Presiding Priest and People

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

TRISAGION

The Cantor sings the invocation and all respond, "Have mercy upon us".

Ho - ly God, Ho - ly and Might - y, Ho - ly Im -
mor - tal One, Have mer - cy up - on us. Ho - ly God,
Ho - ly and Might - y, Ho - ly Im - mor - tal One, Have mer - cy
up - on us. Ho - ly God, Ho - ly and Might - y,
Ho - ly Im - mor - tal One, Have mer - cy up - on us.

Setting: From *New Plainsong*; David Hurd (b. 1950)

THE COLLECT OF THE DAY

Presiding Priest The Lord be with you.

People And also with you.

Presiding Priest Let us pray.

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

THE WORD OF GOD

THE FIRST READING

Exodus 3:1-15

READER: A Reading from the Book of Exodus

Moses was keeping the flock of his father-in-law Jethro, the priest of Midian; he led his flock beyond the wilderness, and came to Horeb, the mountain of God. There the angel of the LORD appeared to him in a flame of fire out of a bush; he looked, and the bush was blazing, yet it was not consumed. Then Moses said, "I must turn aside and look at this great sight, and see why the bush is not burned up." When the LORD saw that he had turned aside to see, God called to him out of the bush, "Moses, Moses!" And he said, "Here I am." Then he said, "Come no closer! Remove the sandals from your feet, for the place on which you are standing is holy ground." He said further, "I am the God of your father, the God of Abraham, the God of Isaac, and the God of Jacob." And Moses hid his face, for he was afraid to look at God. Then the LORD said, "I have observed the misery of my people who are in Egypt; I have heard their cry on account of their taskmasters. Indeed, I know their sufferings, and I have come down to deliver them from the Egyptians, and to bring them up out of that land to a good and broad land, a land flowing with milk and honey, to the country of the Canaanites, the Hittites, the Amorites, the Perizzites, the Hivites, and the Jebusites. The cry of the Israelites has now come to me; I have also seen how the Egyptians oppress them. So come, I will send you to Pharaoh

to bring my people, the Israelites, out of Egypt." But Moses said to God, "Who am I that I should go to Pharaoh, and bring the Israelites out of Egypt?" He said, "I will be with you; and this shall be the sign for you that it is I who sent you: when you have brought the people out of Egypt, you shall worship God on this mountain." But Moses said to God, "If I come to the Israelites and say to them, 'The God of your ancestors has sent me to you,' and they ask me, 'What is his name?' what shall I say to them?" God said to Moses, "I AM Who I AM." He said further, "Thus you shall say to the Israelites, 'I AM has sent me to you.'" God also said to Moses, "Thus you shall say to the Israelites, 'The LORD, the God of your ancestors, the God of Abraham, the God of Isaac, and the God of Jacob, has sent me to you': This is my name forever, and this my title for all generations.

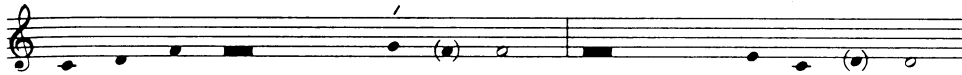
Reader Hear what the Spirit is saying to God's people.

People Thanks be to God.

Silence is marked by the ringing of a bell.

THE RESPONSE (remain seated)

Psalm 63:1-8



- Cantor: 1 O God, you are my God; eagerly I / seek you; *
my soul thirsts for you, my flesh faints for you,
as in a barren and dry land where there is \ no water.
- Choir: 2 Therefore I have gazed upon you in your / holy place, *
that I might behold your power and \ your glory.
- All: 3 For your loving-kindness is better than / life itself; *
my lips shall \ give you praise.**
- 4 So will I bless you as long / as I live *
and lift up my hands \ in your Name.
- 5 My soul is content, as with marrow and / fatness, *
and my mouth praises you with \ joyful lips,
- 6 When I remember you up/on my bed, *
and meditate on you in the \ night watches.
- 7 For you have been my / helper, *
and under the shadow of your wings I \ will rejoice.
- 8 My soul / clings to you; *
your right hand \ holds me fast.

THE SECOND READING

1 Corinthians 10:1-13

READER: A Reading from the First Letter of Paul to the Corinthians

I do not want you to be unaware, brothers and sisters, that our ancestors were all under the cloud, and all passed through the sea, and all were baptized into Moses in the cloud and in the sea, and all ate the same spiritual food, and all drank the same spiritual drink. For they drank from the spiritual rock that followed them, and the rock was Christ. Nevertheless, God was not pleased with most of them, and they were struck down in the wilderness. Now these things occurred as examples for us, so that we might not desire evil as they did. Do not become idolaters as some of them did; as it is written, "The people sat down to eat and drink, and they rose up to play." We must not indulge in sexual immorality as some of them did, and twenty-three thousand fell in a single day. We must not put Christ to the test, as some of them did, and were destroyed by serpents. And do not complain as some of them did, and were destroyed by the destroyer.

These things happened to them to serve as an example, and they were written down to instruct us, on whom the ends of the ages have come. So if you think you are standing, watch out that you do not fall. No testing has overtaken you that is not common to everyone. God is faithful, and he will not let you be tested beyond your strength, but with the testing he will also provide the way out so that you may be able to endure it.

Reader Hear what the Spirit is saying to God's people.

People Thanks be to God.

Silence is marked by the ringing of a bell.



GOSPEL ACCLAMATION

Choir, then all, and after the verse.



VERSE: Repent, says the Lord; the kingdom of heaven is at hand.

Text: ICEL, © 1969

Music: Based on WONDROUS LOVE, Stephen Pishner, © 1998, GIA Publications, Inc.

THE GOSPEL

Luke 13:1-9

The Holy Gospel of our Lord Jesus Christ according to Luke.

People Glory to you, Lord Christ.

After the Gospel, the Deacon says

The Gospel of the Lord.

People Praise to you, Lord Christ.



THE SERMON

Karen Haig

Silence is marked by the ringing of a bell.



THE NICENE CREED

Presiding Priest and People

We believe in one God, the Father, the Almighty, Maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary; and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE

Form II

In the course of the silence after each bidding, the People offer their own prayers, either silently or aloud.

I ask your prayers for God's people throughout the world; for Michael, our Presiding Bishop; Gregory, our Bishop; Karen, our Rector; Dan, our Deacon; and Nancy, Judith, Patricia, Jan and Jim, priests among us; all who minister in Christ; and for all the holy people of God. In our Anglican Cycle of Prayer, we pray for the La Iglesia Anglicana de Mexico. In our Diocesan Cycle of Prayer, we pray for St. James, Kent; St. George, Maple Valley; and St. Luke's, Renton. Pray for the Church.

Silence

I ask your prayers for peace; for goodwill among nations; and for the well-being of all people.
Pray for justice and peace.

Silence

I ask your prayers for the poor, the sick, the hungry, the oppressed, and those in prison.
Pray for those in any need or trouble.

Silence

I ask your prayers for all who seek God, or a deeper knowledge of God.
Pray that they may find and be found by God.

Silence

I ask for your prayers for all in need of healing, peace, and comfort. [especially _____].

Silence

I ask your prayers for the departed [especially _____].
Pray for those who have died.

Silence

Dear people of God, for whom else or what else shall we pray?

Members of the congregation offer prayers either silently or aloud

Silence

*The Presiding Priest adds a concluding Collect. The people respond, **AMEN.***

Let us confess our sins against God and our neighbor.

Silence may be kept.

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

The Presiding Priest says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

THE PEACE

Presiding Priest The peace of the Lord be always with you.

People And also with you.



WELCOME, ANNOUNCEMENTS, BIRTHDAYS & ANNIVERSARIES

THE HOLY COMMUNION

An offering of money is collected.

[You may make an offering by clicking here](#) or by scanning the QR code on the last page of your service bulletin.



ANTHEM

Wondrous Love

arr. Carson P. Cooman

What wondrous love is this, O my soul! O my soul!

What wondrous love is this, O my soul!

What wondrous love is this that caused the Lord of bliss
to bear the dreadful curse, for my soul, for my soul,
to bear the dreadful curse for my soul.

When I was sinking down, sinking down, sinking down;
when I was sinking down, sinking down;
when I was sinking down, beneath God's righteous frown,
Christ laid aside his crown for my soul, for my soul.
Christ laid aside his crown for my soul.

To God and to the Lamb, I will sing, I will sing.
to God and to the Lamb, I will sing.
to God and to the Lamb, who is the great I AM,
while millions join the theme, I will sing, I will sing.
While millions join the theme, I will sing!

American folk hymn, ca. 1835



PRESENTATION ANTHEM

Presiding Priest All things come from you, O Lord,
People **And of your own have we given you.**

THE GREAT THANKSGIVING

The people remain standing.

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give God thanks and praise.

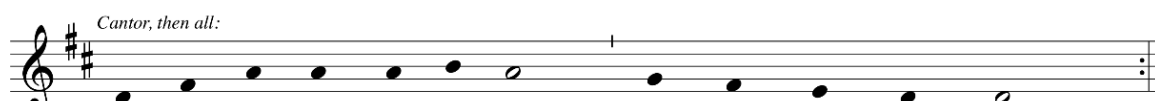
It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

You bid your faithful people cleanse their hearts, and prepare with joy for the Paschal feast; that, fervent in prayer and in works of mercy, and renewed by your Word and Sacraments, they may come to the fullness of grace which you have prepared for those who love you.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:


SANCTUS

Cantor, then all:




Ho - ly, ho - ly, ho - ly Lord, God of pow'r and might.

Cantor:




Heav'n and earth are full of your glo - ry.




Ho - san - na in the high - est, in the high - est.

All:




Ho - san - na in the high - est, in the high - est.

Cantor:



Blessed is he who comes in the name of the Lord.

Cantor, then all: *Last time*



Ho - san - na in the high - est, in the high - est.

Music: *Corpus Christi Mass, Adoro te devote*, setting by Richard Proulx, © 1992, GIA Publications, Inc.

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Christ has died.

Christ is risen.

Christ will come again.

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say,

**Our Father, who art in heaven, hallowed be thy Name,
thy kingdom come, thy will be done, on earth as it is in heaven.**

**Give us this day our daily bread,
and forgive us our trespasses, as we forgive those who trespass against us.
And lead us not into temptation, but deliver us from evil.**

For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

THE BREAKING OF THE BREAD

The Presiding Priest breaks the consecrated Bread. A period of silence is kept.

ACCLAMATION AFTER THE BREAKING OF THE BREAD

Cantor:

Lamb of God, you take a - way the sins of the world,

Assembly: *Repeat as needed*

have mer - cy on us, have mer - cy on us.

Cantor:

Lamb of God you take a - way the sins of the world,

grant us peace, grant us peace.

Assembly:

Grant us peace, grant us peace.

Music: *Corpus Christi Mass, Adoro te devote*, setting by Richard Proulx, © 1992, 2002, GIA Publications, Inc.

THE INVITATION TO COMMUNION

COMMUNION OF THE PEOPLE

This is Jesus' table where all are welcome to share in the bread and wine of Holy Communion.

If you prefer to receive a blessing, fold your arms across your chest as a sign.



PIANO VOLUNTARY

HYMN (refrain sung by all, next page)

Gift of finest wheat

Robert Kreutz

Refrain



You sat - is - fy the hun - gry heart With



gift of fin - est wheat; Come give to us, O



sav - ing Lord, The bread of life to eat.

Verses



- | | | | | | | | |
|---------|----------|--------|------|-------|--------|-------------|------|
| 1. As | when the | shep - | herd | calls | his | sheep, | They |
| 2. With | joy - | ful | lips | we | sing | to you | Our |
| 3. Is | not | the | cup | we | bless | and share | The |
| 4. The | mys - | t'ry | of | your | pres - | ence, Lord, | No |
| 5. You | give | your - | self | to | us, O | Lord; | Then |



know and heed his voice; So when you call your
 praise and grat - i - tude, That you should count us
 blood of Christ out - poured? Do not one cup, one
 mor - tal tongue can tell: Whom all the world can -
 self - less let us be, To serve each oth - er



D.C.

fam - 'ly, Lord, We fol - low and re - jice.
 wor - thy, Lord, To share this heav'n - ly food.
 loaf, de - clare Our one - ness in the Lord?
 not con - tain Comes in our hearts to dwell.
 in your name In truth and char - i - ty.

Text: Omer Westendorf, 1916-1997

Tune: BICENTENNIAL, CM with refrain; Robert E. Kreutz, 1922-1996

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1 O Food to pil - grims giv - en, O Bread of life from
 2 O stream of love past tell - ing, O pur - est foun - tain,
 3 O Je - sus, by thee bid - den, we here a - dore thee,



hea - ven, O Man - na from on high! We
 well - ing from out the Sa - vior's side! We
 hid - den in forms of bread and wine. Grant



hun - ger; Lord, sup - ply us, nor thy de - lights de -
 faint with thirst; re - vive us, of thine a - bun - dance
 when the veil is riv - en, we may be - hold, in



ny give us, whose hearts to thee draw nigh.
 give us, and all we need pro - vide.
 hea - ven, thy coun - te - nance di - vine.

Words: Latin, 1661; tr. John Athelstan Laurie Riley (1858-1945), alt. Copyright © by permission of Oxford University Press. All rights reserved. Used with permission. Music: *O Welt, ich muss dich lassen*, present form of melody att. Heinrich Isaac (1450?-1517), alt.; harm. Johann Sebastian Bach (1685-1750)



THE POST-COMMUNION PRAYER

Presiding Priest and People

Almighty and ever living God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

THE BLESSING

HYMN (sung by all)

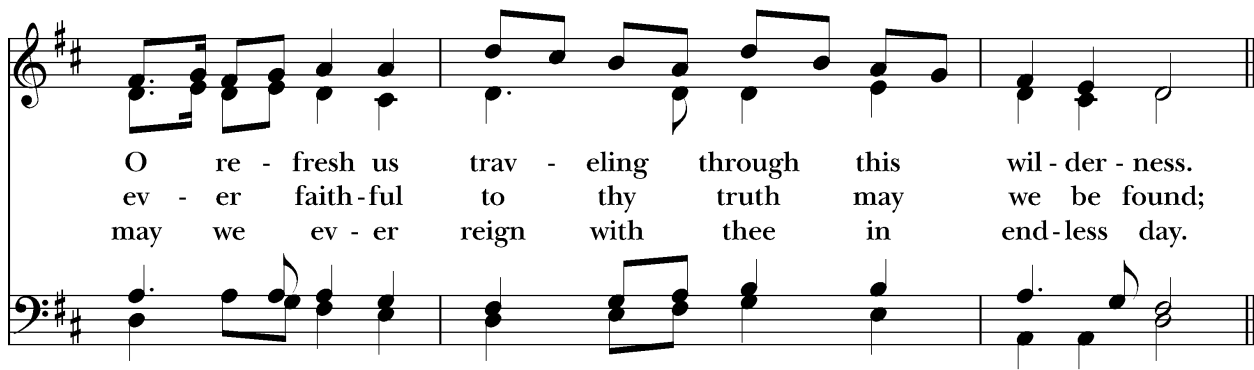
Lord dismiss us with thy blessing

(HYMNAL 344)

1 Lord, dis - miss us with thy bless - ing; fill our hearts with
 2 Thanks we give and a - dor - a - tion for thy Gos - pel's
 3 so that when thy love shall call us, Sa - vior, from the

joy and peace; let us each, thy love pos - sess - ing,
 joy - ful sound: may the fruits of thy sal - va - tion
 world a - way, fear of death shall not ap - pall us,

tri - umph in re - deem - ing grace: O re - fresh us,
 in our hearts and lives a - bound: ev - er faith - ful,
 glad thy sum - mons to o - bey. May we ev - er,



DISMISSAL

Go in peace to love and serve the Lord.

People

Thanks be to God.

PROCESSION

BELLS

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MINISTERS OF THE LITURGY

Presiding Priest & Preacher

Deacon

Pianist & Choirmaster

Song Leaders

Lectors

Eucharistic Ministers

Ushers

Altar Guild

Videographers

Kid's Sunday Volunteers

The Reverend Karen Haig

The Reverend Dan Fowler

Paul Roy

The Parish Choir

Karena & Dave Teves

Kathy Bolles, Barbara Bolles

Borgan & Kathy Anderson

Steve & Helene Schmitz, Joan Collins, Chris Davis

Michael Ditmore, Jim Friedrich, Andrew Bainbridge

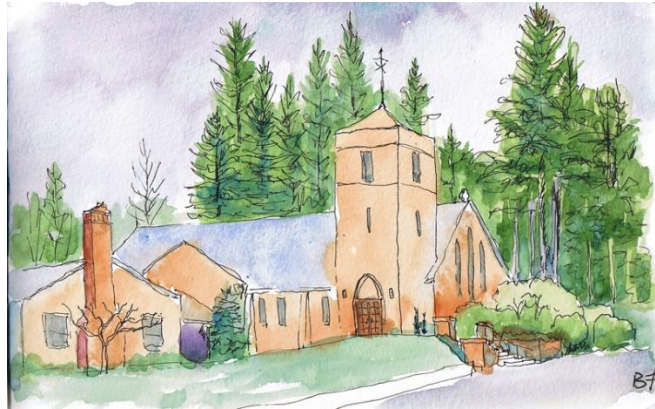
Mary Anne Smith, Sheila Cronan

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We are a community of faith that welcomes and values all people.

*We commit to follow Christ, serve others
and transform the world by sharing God's love.*



*St Barnabas Episcopal Church acknowledges that we gather on the traditional land
of the first people of this island, the Suquamish People, who are still here,
and we honor with gratitude the land itself and the life of the Suquamish Tribe.*

ST. BARNABAS STAFF & LEADERSHIP

CLERGY

Rector | The Reverend Karen Haig

Assisting Priests | The Reverends Dr. Judith M. McDaniel, Nancy Tiederman,
Patricia Rome Robertson, Dr. Jan C. Heller and Jim Friedrich

STAFF

Director of Music | Paul Roy

Parish Administrator | Cera Rodriguez

Bookkeeper | Francie Brown

Sexton | Tom Clark

Kitchen Manager | Tim Shelly

Godly Play Coordinator | Sue Thompson

Housekeeper | Natalia Perez

Interim Tender | Joe Salter

VESTRY

Senior Warden | Barb Bolles

Junior Warden for Buildings & Grounds | Brian Andvik

Junior Warden for the People | Steve Schmitz

Members of our Vestry | Laura Bainbridge, Angie Bickerton,
Kirk Eichenberger, Judith Hanna, Claire Hicks, Michael Ditmore

Clerk of the Vestry | Rebecca Ditmore

Treasurer | Mike Killion

Chancellor | Katherine Bolles