

HOLY EUCHARIST: Rite I

THE FIRST SUNDAY IN LENT

March 10, 2019 ♦ 8:00 a.m.

Welcome to St. Barnabas, we are delighted that you're here. We hope you'll participate fully in our worship through singing, praying, hearing the Good News of Jesus Christ, and receiving communion. May God richly bless you as you bless us!

WELCOME INTO THE QUIET

"Lent serves as our annual invitation to come closer to God. It provides a time to look at our lives and ourselves, not so we may criticize ourselves more harshly but so we can identify the obstructions that keep us from... feeling the presence of the divine in our every day. How do we hide from God, and why? Lent gives us a chance to look at such obstructions and to move them gently away so that we can come closer to the Love that gives us life... Thus Lent offers a gift of time and a promise of closeness..."

From A Clearing Season: Reflections for Lent



All stand as able at the sound of the bell and sing:

HYMN

Now let us all with one accord

(HYMNAL 147)



1 Now let us all with one ac - cord, in
2 The cov - e - nant, so long re - vealed to
3 Your love, O Lord, our sin - ful race has
4 Re - mem - ber, Lord, though frail we be, in
5 There - fore, we pray you, Lord, for - give; so



1 com - pa - ny with a - ges past, keep vi - gil with our
2 those of faith in for - mer time, Christ by his own ex -
3 not re - turned, but fal - si - fied; au - thor of mer - cy,
4 your own i - mage were we made; help us, lest in anx -
5 when our wan - derings here shall cease, we may with you for



1 heaven - ly Lord in his temp - ta - tion and his fast.
2 am - ple sealed, the Lord of love, in love sub - lime.
3 turn your face and grant re - pent - ance for our pride.
4 i - e - ty, we cause your Name to be be - trayed.
5 ev - er live, in love and u - ni - ty and peace.

Words: Att. Gregory the Great (540-604); tr. *Praise the Lord*, 1972, alt. Copyright © by James Quinn, SJ. Printed by permission of Geoffrey Chapman, a division of Cassell Ltd. Music: *Bourbon*, melody att. Freeman Lewis (1780-1859); harm. Thomas Foster (b. 1938) Copyright ©1984, Thomas Foster. All rights reserved. Used with permission.

THE OPENING ACCLAMATION

Presiding Priest Bless the Lord who forgiveth all our sins.

People God's mercy endureth for ever.

THE DECALOGUE (remain standing as able)

God spake these words, and said:

I am the Lord thy God who brought thee out of the land of Egypt, out of the house of bondage. Thou shalt have none other gods but me.

**Lord, have mercy upon us,
and incline our hearts to keep this law.**

Thou shalt not make to thyself any graven image, nor the likeness of any thing that is in heaven above, or in the earth beneath, or in the water under the earth; thou shalt not bow down to them, nor worship them.

**Lord, have mercy upon us,
and incline our hearts to keep this law.**

Thou shalt not take the Name of the Lord thy God in vain.

**Lord, have mercy upon us,
and incline our hearts to keep this law.**

Remember that thou keep holy the Sabbath day.

**Lord, have mercy upon us,
and incline our hearts to keep this law.**

Honor thy father and thy mother.

**Lord, have mercy upon us,
and incline our hearts to keep this law.**

Thou shalt do no murder.

**Lord, have mercy upon us,
and incline our hearts to keep this law.**

Thou shalt not commit adultery.

**Lord, have mercy upon us,
and incline our hearts to keep this law.**

Thou shalt not steal.

**Lord, have mercy upon us,
and incline our hearts to keep this law.**

Thou shalt not bear false witness against thy neighbor.

**Lord, have mercy upon us,
and incline our hearts to keep this law.**

Thou shalt not covet.

**Lord, have mercy upon us,
and write all these thy laws in our hearts, we beseech thee.**

Hear what our Lord Jesus Christ saith: Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. This is the first and great commandment. And the second is like unto it: Thou shalt love thy neighbor as thyself. On these two commandments hang all the Law and the Prophets.

Matthew 22:37-40

Let us humbly confess our sins unto Almighty God.

Silence may be kept.

Presiding Priest and People

Almighty and most merciful father, we have erred and strayed from thy ways like lost sheep, we have followed too much the devices and desires of our own hearts, we have offended against thy holy laws, we have left undone those things which we ought to have done, and we have done those things which we ought not to have done. But thou, O Lord, have mercy upon us, spare thou those who confess their faults, restore thou those who are penitent, according to thy promises declared unto mankind in Christ Jesus our Lord; and grant, O most merciful Father, for his sake, that we may hereafter live a godly, righteous, and sober life, to the glory of thy holy Name. Amen.

The Almighty and merciful Lord grant you absolution and remission of all your sins, true repentance, amendment of life, and the grace and consolation of his Holy Spirit. **Amen.**

Lord, have mercy upon us.

Christ, have mercy upon us.

Lord, have mercy upon us.

Presiding Priest The Lord be with you.

People **And with thy spirit.**

Presiding Priest Let us pray.

Almighty God, whose blessed Son was led by the Spirit to be tempted of Satan: Make speed to help thy servants who are assaulted by manifold temptations; and, as thou knowest their several infirmities, let each one find thee mighty to save; through Jesus Christ thy Son our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, now and for ever. **Amen.**

THE WORD OF GOD

THE FIRST READING

Deuteronomy 26:1-11

READER: A Reading from the Book of Deuteronomy

When you have come into the land that the Lord your God is giving you as an inheritance to possess, and you possess it, and settle in it, you shall take some of the first of all the fruit of the ground, which you harvest from the land that the Lord your God is giving you, and you shall put it in a basket and go to the place that the Lord your God will choose as a dwelling for his name. You shall go to the priest who is in office at that time, and say to him, "Today I declare to the Lord your God that I have come into the land that the Lord swore to our ancestors to give us." When the priest takes the basket from your hand and sets it down before the altar of the Lord your God, you shall make this response before the Lord your God: "A wandering Aramean was my ancestor; he went down into Egypt and lived there as an alien, few in number, and there he became a great nation, mighty and populous. When the Egyptians treated us harshly and afflicted us, by imposing hard labor on us, we cried to the Lord, the God of our ancestors; the Lord heard our voice and saw our affliction, our toil, and our oppression. The Lord brought us out of Egypt with a mighty hand and an outstretched arm, with a terrifying display of power, and with signs and wonders; and he brought us into this place and gave us this land, a land flowing with milk and honey. So now I bring the first of the fruit of the ground that you, O Lord, have given me." You shall set it down before the Lord your God and bow down before the Lord your God. Then you, together with the Levites and the aliens who reside among you, shall celebrate with all the bounty that the Lord your God has given to you and to your house.

Reader Hear what the Spirit is saying to God's people.

People **Thanks be to God.**

Silence is marked by the ringing of a bell.

THE RESPONSE (remain seated, read responsively)

Psalm 91:1-2, 9-16

1 He who dwells in the shelter of the Most High, *
abides under the shadow of the Almighty.

2 He shall say to the Lord, “You are my refuge and my stronghold, *
my God in whom I put my trust.”

9 Because you have made the Lord your refuge, *
and the Most High your habitation,

10 There shall no evil happen to you, *
neither shall any plague come near your dwelling.

11 For he shall give his angels charge over you, *
to keep you in all your ways.

12 They shall bear you in their hands, *
lest you dash your foot against a stone.

13 You shall tread upon the lion and adder; *
you shall trample the young lion and the serpent under your feet.

14 Because he is bound to me in love, therefore will I deliver him; *
I will protect him, because he knows my Name.

15 He shall call upon me, and I will answer him; *
I am with him in trouble; I will rescue him and bring him to honor.

16 With long life will I satisfy him, *
and show him my salvation.

THE SECOND READING

Romans 10:8b-13

READER: A Reading from the Letter of Paul to the Romans

“The word is near you, on your lips and in your heart” (that is, the word of faith that we proclaim); because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. The scripture says, “No one who believes in him will be put to shame.” For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. For, “Everyone who calls on the name of the Lord shall be saved.”

Reader Hear what the Spirit is saying to God’s people.

***People* Thanks be to God.**

Silence is marked by the ringing of a bell.



THE HOLY GOSPEL

Luke 4:1-13

The Holy Gospel of our Lord Jesus Christ according to Luke.

***People* Glory be to thee, O Lord.**

After his baptism, Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, where for forty days he was tempted by the devil. He ate nothing at all during those days, and

when they were over, he was famished. The devil said to him, “If you are the Son of God, command this stone to become a loaf of bread.” Jesus answered him, “It is written, ‘One does not live by bread alone.’” Then the devil led him up and showed him in an instant all the kingdoms of the world. And the devil said to him, “To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please. If you, then, will worship me, it will all be yours.” Jesus answered him, “It is written, ‘Worship the Lord your God, and serve only him.’” Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, “If you are the Son of God, throw yourself down from here, for it is written, ‘He will command his angels concerning you, to protect you,’ and ‘On their hands they will bear you up, so that you will not dash your foot against a stone.’” Jesus answered him, “It is said, ‘Do not put the Lord your God to the test.’” When the devil had finished every test, he departed from him until an opportune time.

The Gospel of the Lord.

People Praise be to thee, O Christ.



THE SERMON

Karen Haig

Silence is marked by the ringing of a bell.



THE NICENE CREED

Presiding Priest and People

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE

Let us pray for the whole state of Christ’s Church and the world.

Almighty and everliving God, who in thy holy Word hast taught us to make prayers, and supplications, and to give thanks for all people: in our Anglican Cycle of Prayer, we pray for The Anglican Church of Korea. In our Diocesan Cycle of Prayer, we pray for St. Matthew’s/San Mateo, Auburn and St. Elizabeth’s, Burien. Receive our prayers which we offer unto thy divine Majesty beseeching thee to inspire continually the Universal Church with the spirit of truth, unity, and concord and grant that those who do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love.

Lord, hear our prayer.

Give grace, O heavenly Father, to all bishops and other ministers, especially to Michael, our Presiding Bishop; Gregory, our Bishop; Karen, our Rector; Dan, our Deacon; and Nancy, Judith, Patricia, Jan and Jim, priests among us, that they may, both by their life and doctrine, set forth thy true and lively Word, and rightly and duly administer thy holy Sacraments.

Lord, hear our prayer.

And to all thy people give thy heavenly grace, and especially to this congregation here present; that, with meek heart and due reverence, they may hear and receive thy holy Word, truly serving thee in holiness and righteousness all the days of their life.

Lord, hear our prayer.

We beseech thee also so to rule the hearts of those who bear the authority of government in this and every land, especially our elected and appointed officials that they may be led to wise decisions and right actions for the welfare and peace of the world.

Lord, hear our prayer.

Guard and protect all those who serve in harm's way, both in lands far away and here at home, returning them to safe reunion with their families and all who love them. We pray especially for the people of Ukraine.

Lord, hear our prayer.

Bestow upon us the gift of gracious hospitality, welcoming into fellowship our sisters and brothers in Christ who are visiting, remembering that in welcoming strangers we may be welcoming angels unaware.

Lord, hear our prayer.

Open, O Lord, the eyes of all people to behold thy gracious hand in all thy works, that, rejoicing in thy whole creation, they may honor thee with their substance, and be faithful stewards of thy bounty.

Lord, hear our prayer.

And we most humbly beseech thee, of thy goodness, O Lord, to comfort and succor, [especially...] and all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity.

Lord, hear our prayer.

I invite your petitions and thanksgivings aloud or in your hearts...[pause], let us pray.

Lord, hear our prayer.

And we also bless thy holy Name for all thy servants departed this life in thy faith and fear [especially...], beseeching thee to grant them continual growth in thy love and service; and to grant us grace so to follow the good examples of Barnabas and of all thy saints, that with them we may be partakers of thy heavenly kingdom.

Lord, hear our prayer.

Grant these our prayers, O Father, for Jesus Christ's sake, our only Mediator and Advocate. ***Amen.***

THE PEACE (remain standing)

Presiding Priest The peace of the Lord be always with you.

People And with thy spirit.

 WELCOME, BIRTHDAYS, ANNIVERSARIES & ANNOUNCEMENTS

THE HOLY COMMUNION

An offering of money is collected.

[You may make an offering by clicking here](#) or by scanning the QR code on the last page of your service bulletin.



Presiding Priest All things come of thee, O Lord,
People And of thine own have we given thee.

THE GREAT THANKSGIVING

The people remain standing.

The Lord be with you.
People And with thy spirit.
Presiding Priest Lift up your hearts.
People We lift them up unto the Lord.
Presiding Priest Let us give thanks unto our Lord God.
People It is meet and right so to do.

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God.

Here a Proper Preface is said.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

Presiding Priest and People

**Holy, holy, holy, Lord God of Hosts:
Heaven and earth are full of thy glory.
Glory be to thee, O Lord Most High.
Blessed is he that cometh in the name of the Lord.
Hosanna in the highest.**

Remain standing as able.

Then the Presiding Priest gives thanks for God's work in creation and for the salvation of the world through Christ, and prays over the bread and wine.

...By whom, and with whom, in the unity of the Holy Ghost, all honor and glory be unto thee, O Father Almighty, world without end. **AMEN.**

And now, as our Savior Christ hath taught us, we are bold to say,

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

THE BREAKING OF THE BREAD

The Presiding Priest breaks the consecrated Bread. A period of silence is kept.

Christ our Passover is sacrificed for us;
Therefore let us keep the feast.

Lamb of God, you take away the sins of the world,
have mercy on us.

Lamb of God, you take away the sins of the world,
have mercy on us.

Lamb of God, you take away the sins of the world,
grant us peace.

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.



COMMUNION OF THE PEOPLE

*This is Jesus' table where all are welcome to share in the bread and wine of Holy Communion.
If you prefer to receive a blessing, fold your arms across your chest as a sign.*

At the conclusion of the distribution of Holy Communion, silence is marked by the ringing of a bell.



THE POST-COMMUNION PRAYER

Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

THE BLESSING

The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God and of God's Son, Jesus Christ our Lord. And the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be amongst you, and remain with you always.

HYMN (sung by all, next page)

Eternal Lord of love, behold your church

(HYMNAL 149)

1. E - ter - nal Lord of love, be - hold your Church walk - ing once
 2. So dai - ly dy - ing to the way of self, so dai - ly
 3. If dead in you, so in you we a - rise, you the first -

more the pil - grim way of Lent, led by your cloud by
 liv - ing to your way of love, we walk the road, Lord
 born of all the faith - ful dead; and as through ston - y

day, by night your fire, moved by your love and toward your pres - ence
 Je - sus, that you trod, know - ing our - selves bap - tized in - to your
 ground the green shoots break, glo - rious in spring - time dress of leaf and

bent: far off yet here the goal of all de - sire.
 death: so we are dead and live with you in God.
 flower, so in the Fa - ther's glo - ry shall we wake.

DISMISSAL

Let us go forth in the name of Christ.
People Thanks be to God.

PROCESSION

Bells

MINISTERS OF THE LITURGY

Presiding Priest & Preacher
 Pianist
 Lectors
 Eucharistic Ministers
 Ushers
 Altar Guild

The Reverend Karen Haig
 Paul Roy
 Hootie Warren, David de la Vergne
 Stu Case, Su Beecham
 Steve and Helene Schmitz, George Brooker
 Steve & Helene Schmitz, Joan Collins, Chris Davis

You may make your offering by scanning the QR code below. Thank you for your generosity.



*We are a community of faith that welcomes and values all people.
We commit to follow Christ, serve others
and transform the world by sharing God's love.*



*St Barnabas Episcopal Church acknowledges that we gather on the traditional land
of the first people of this island, the Suquamish People, who are still here,
and we honor with gratitude the land itself and the life of the Suquamish Tribe.*

ST. BARNABAS STAFF & LEADERSHIP

CLERGY

Rector | The Reverend Karen Haig
Assisting Priests | The Reverends Dr. Judith M. McDaniel, Nancy Tiederman,
Patricia Rome Robertson, Dr. Jan C. Heller and Jim Friedrich

STAFF

Director of Music | Paul Roy
Parish Administrator | Cera Rodriguez
Bookkeeper | Francie Brown
Sexton | Tom Clark
Kitchen Manager | Tim Shelly
Godly Play Coordinator | Sue Thompkins
Housekeeper | Natalia Perez
Interium Tender | Joe Salter

VESTRY

Senior Warden | Barb Bolles
Junior Warden for Buildings & Grounds | Brian Andvik
Junior Warden for the People | Steve Schmitz
Members of our Vestry | Laura Bainbridge, Angie Bickerton,
Kirk Eichenberger, Judith Hanna, Claire Hicks, Michael Ditmore
Clerk of the Vestry | Rebecca Ditmore
Treasurer | Mike Killion
Chancellor | Katherine Bolles