

# HOLY EUCHARIST: Rite II

THE THIRD SUNDAY OF ADVENT

December 11, 2022 ♦ 10:00 a.m.

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*Welcome to St. Barnabas, we're delighted that you're here. We hope you'll participate fully in our worship through singing, praying, hearing the Good News of Jesus Christ, and receiving communion. May God richly bless you as you bless us!*

ORGAN VOLUNTARY

*Rorate caeli*

Jeanne Demessieux

Drop down dew, ye heavens, from above, and let the clouds rain the just:  
let the earth be opened, and bud forth a saviour: and let justice spring up.



*All stand as able at the sound of the tower bell.*

HYMN (sung by all, next page)

*Come, thou long-expected Jesus*

(HYMNAL 66)



Wheat Field in Rain, 1889  
Vincent van Gogh, 1820-1888

1 Come, thou long-expect-ed Je-sus, born to set thy peo-ple free;  
 2 Is-rael's strength and con-so-la-tion, hope of all the earth thou art:  
 3 Born thy peo-ple to de-liv-er, born a child, and yet a king,  
 4 By thine own e-ter-nal Spi-rit rule in all our hearts a-lone;

from our fears and sins re-lease us, let us find our rest in thee.  
 dear de-sire of ev-ery na-tion, joy of ev-ery long-ing heart.  
 born to reign in us for ev-er, now thy gra-cious king-dom bring.  
 by thine all-suf-fi-cient mer-it raise us to thy glo-rious throne.

Words: Charles Wesley (1707-1788) Music: *Stuttgart*, melody from *Psalmodia Sacra, oder Andächtige und Schöne Gesänge*, 1715; adapt. and harm. William Henry Havergal (1793-1870), alt.

THE OPENING ACCLAMATION

*Presiding Priest* Blessed be God: Father, Son, and Holy Spirit.

*People* And blessed be God's kingdom, now and for ever. Amen.

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

TRISAGION

David Hurd

CANTOR Ho - ly God, Ho - ly and Might - y, Ho - ly Im -  
 mor - tal One, ALL: Have mer - cy up - on us. CANTOR Ho - ly God,  
 Ho - ly and Might - y, Ho - ly Im - mor - tal One, ALL: Have mer - cy  
 up - on us. CANTOR Ho - ly God, Ho - ly and Might - y,  
 Ho - ly Im - mor - tal One, ALL: Have mer - cy up - on us.

*Presiding Priest* The Lord be with you.

**People** **And also with you.**

*Presiding Priest* Let us pray.

Stir up your power, O Lord, and with great might come among us; and, because we are sorely hindered by our sins, let your bountiful grace and mercy speedily help and deliver us; through Jesus Christ our Lord, to whom, with you and the Holy Spirit, be honor and glory, now and for ever. **Amen.**

 THE FIRST READING

Isaiah 35:1-10

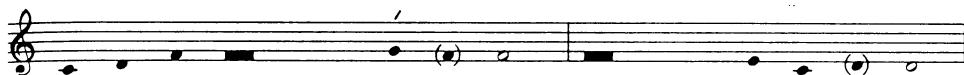
*READER: A Reading from the Book of Isaiah*

The wilderness and the dry land shall be glad, the desert shall rejoice and blossom; like the crocus it shall blossom abundantly, and rejoice with joy and singing. The glory of Lebanon shall be given to it, the majesty of Carmel and Sharon. They shall see the glory of the Lord, the majesty of our God. Strengthen the weak hands, and make firm the feeble knees. Say to those who are of a fearful heart, "Be strong, do not fear! Here is your God. He will come with vengeance, with terrible recompense. He will come and save you." Then the eyes of the blind shall be opened, and the ears of the deaf unstopped; then the lame shall leap like a deer, and the tongue of the speechless sing for joy. For waters shall break forth in the wilderness, and streams in the desert; the burning sand shall become a pool, and the thirsty ground springs of water; the haunt of jackals shall become a swamp, the grass shall become reeds and rushes. A highway shall be there, and it shall be called the Holy Way; the unclean shall not travel on it, but it shall be for God's people; no traveler, not even fools, shall go astray. No lion shall be there, nor shall any ravenous beast come up on it; they shall not be found there, but the redeemed shall walk there. And the ransomed of the Lord shall return, and come to Zion with singing; everlasting joy shall be upon their heads; they shall obtain joy and gladness, and sorrow and sighing shall flee away.

*Reader* Hear what the Spirit is saying to God's people.

**People** **Thanks be to God.**

*Silence is marked by the ringing of a bell.*



**Cantor:** 4 Happy are they who have the God of Jacob / for their help! \*  
whose hope is in the \ Lord their God;

**Choir:** 5 Who made heaven and earth, the seas, and all that is / in them;\*  
who keeps his promise \ for ever;

**All:** 6 Who gives justice to those who / are oppressed, \*  
and food to those \ who hunger.

7 The Lord sets the prisoners free; the Lord opens the eyes / of the blind; \*  
the Lord lifts up those who \ are bowed down;

8 The Lord loves the righteous; the Lord cares for the / stranger; \*  
he sustains the orphan and widow, but frustrates the way of \ the wicked.

9 The Lord shall reign for / ever, \*  
your God, O Zion, throughout all generations. Hal\lelujah!

## THE SECOND READING

James 5:7-10

*READER: A Reading from the Letter of James*

Be patient, therefore, beloved, until the coming of the Lord. The farmer waits for the precious crop from the earth, being patient with it until it receives the early and the late rains. You also must be patient. Strengthen your hearts, for the coming of the Lord is near. Beloved, do not grumble against one another, so that you may not be judged. See, the Judge is standing at the doors! As an example of suffering and patience, beloved, take the prophets who spoke in the name of the Lord.

*Reader* Hear what the Spirit is saying to God's people.

***People*** Thanks be to God.

*Silence is marked by the ringing of a bell.*



## ALLELUIA VERSE

A. Gregory Murray

*Cantor, then all and after the verse:*



Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

**Cantor:** The Spirit of the Lord is up/on me, \*  
he has annointed me to preach good / tidings to the poor.

The Holy Gospel of our Lord Jesus Christ according to Matthew.

**People**    **Glory to you, Lord Christ.**

When John heard in prison what the Messiah was doing, he sent word by his disciples and said to him, "Are you the one who is to come, or are we to wait for another?" Jesus answered them, "Go and tell John what you hear and see: the blind receive their sight, the lame walk, the lepers are cleansed, the deaf hear, the dead are raised, and the poor have good news brought to them. And blessed is anyone who takes no offense at me." As they went away, Jesus began to speak to the crowds about John: "What did you go out into the wilderness to look at? A reed shaken by the wind? What then did you go out to see? Someone dressed in soft robes? Look, those who wear soft robes are in royal palaces. What then did you go out to see? A prophet? Yes, I tell you, and more than a prophet. This is the one about whom it is written, 'See, I am sending my messenger ahead of you, who will prepare your way before you.' Truly I tell you, among those born of women no one has arisen greater than John the Baptist; yet the least in the kingdom of heaven is greater than he."

The Gospel of the Lord

**People**    **Praise to you, Lord Christ.**

## THE SERMON

Jim Friedrich

*At the conclusion of the homily, the People join in the chorus of "Stir Up Your Power" (Bob Franke, Telephone Pole Music)*

Stir up your power, O Lord,  
 Here in this hour, O Lord,  
 Stir up your power, O Lord,  
 Let your living waters roll.  
 Lord, may your will be done;  
 Lord, may your kingdom come;  
 Stir up your power, O Lord,  
 And restore our weary souls.

*Silence is marked by the ringing of a bell.*

## THE NICENE CREED

*Presiding Priest and People*

**We believe in one God, the Father, the Almighty, Maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary; and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.**

## THE PRAYERS OF THE PEOPLE

Let us offer our prayers to God, who clothes us in the armor of light and offers us the gift of immortal life, responding, ***"Come, O come, Emmanuel."***

For peace throughout the world, that swords of destruction may become tools for good and every heart be filled with the light of hope;  
let us pray. ***"Come, O come, Emmanuel."***

For the Church, that she would grow in the love of God and be a sheltering haven for all who turn to her;  
let us pray. ***"Come, O come, Emmanuel."***

For the grace to choose the path that leads to eternal life, giving generously toward the relief of poverty and despair, homelessness and fear, so that through our actions, the saving love of Christ would be revealed;  
let us pray. ***"Come, O come, Emmanuel."***

For the leaders of the nations of the world, that power would give way to servanthood, that triumph would give way to right actions, that greed would give way to justice and dignity for all people;  
let us pray. ***"Come, O come, Emmanuel."***

For ourselves, that we would hunger for the teachings of Jesus, seeking opportunities for learning, study and communion with those who follow Him;  
let us pray. ***"Come, O come, Emmanuel."***

In thanksgiving for those who stay awake in the dark corners of human experience, abiding faithfully with those who are in any need of healing, peace and comfort, especially \_\_\_\_\_;  
let us pray. ***"Come, O come, Emmanuel."***

In thanksgiving for the lives of those who have died, especially \_\_\_\_\_;  
let us pray. ***"Come, O come, Emmanuel."***

In anticipation of Jesus dwelling amongst us, let us offer our own prayers either spoken or unspoken;  
let us pray. ***"Come, O come, Emmanuel."***

*The Presider adds a concluding Collect.*

Let us confess our sins against God and our neighbor.



*or Silence may be kept.*

**Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.**

*The Presiding Priest says*

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

## THE PEACE

*Presiding Priest* The peace of the Lord be always with you.

**People** And also with you.



## WELCOME, ANNOUNCEMENTS, BIRTHDAYS & ANNIVERSARIES

*Prayer for a Birthday:*

**Watch over your child, O Lord, as *her* days increase; bless and guide *her* wherever *she* may be. Strengthen *her* when *she* stands; comfort *her* when discouraged or sorrowful; raise *her* up if *she* fall; and in *her* heart may your peace which passes understanding abide all the days of *her* life; through Jesus Christ our Lord. Amen.**

*Prayer for a Wedding Anniversary:*

**O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.**

## THE HOLY COMMUNION

*An offering of money is collected.*

*[You may make an offering by clicking here](#) or by scanning the QR code on the last page of your service bulletin.*

ANTHEM

*Magnificat from "Village Service"*

Ralph Vaughan Williams

My soul doth magnify the Lord, and my spirit hath rejoiced in God my Savior.

For he hath regarded the lowliness of his handmaiden.

For behold from henceforth all generations shall call me blessed.

For he that is mighty hath magnified me, and holy is his Name.

And his mercy is on them that fear him throughout all generations.

He hath showed strength with his arm; he that scattered the proud in the imagination of their hearts.

He hath put down the mighty from their seat, and hath exalted the humble and meek.

He hath filled the hungry with good things, and the rich he hath sent empty away.

He remembering his mercy hath holpen his servant Israel,

as he promised to our forefathers Abraham and his seed forever.

Glory to the Father, and to the Son, and to the Holy Spirit;

As it was in the beginning, is now, and will be for ever. Amen.



## PRESENTATION ANTHEM

*Presiding Priest* All things come from you, O Lord,

**People** and of your own have we given you.

*The people remain standing as able.*

*Celebrant*                                  *People*

The Lord be with you. And al - so with you.

*Celebrant*                                  *People*

Lift up your hearts. We lift them to the Lord.

*Celebrant*

Let us give thanks to the Lord our God.

*People*

It is right to give God thanks and praise.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Because you sent your beloved Son to redeem us from sin and death, and to make us heirs in him of everlasting life; that when he shall come again in power and great triumph to judge the world, we may without shame or fear rejoice to behold his appearing.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

HOLY, HOLY, HOLY (sung by all)

A. Gregory Murray

Ho-ly, - ho-ly, ho - ly, Lord God of po-  
wer and might, hea-ven and earth are

full of your glo - ry. Ho - san - na in the high - est. + Bless-ed is he who

comes in the name - of the Lord. Ho - san - na in the high - est.

*The Presiding Priest continues*

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.



On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me." After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore, according to his command, O Father,

*Presiding Priest and People*

**We remember his death,  
We proclaim his resurrection,  
We await his coming in glory;**

*The Presiding Priest continues*

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with blessed Barnabas and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.



And now, as our Savior Christ has taught us, we are bold to say,

**Our Father, who art in heaven, hallowed be thy Name,  
thy kingdom come, thy will be done, on earth as it is in heaven.**

**Give us this day our daily bread,  
and forgive us our trespasses, as we forgive those who trespass against us.  
And lead us not into temptation, but deliver us from evil.**

**For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

ACCLAMATION AFTER THE BREAKING OF THE BREAD (sung by all)

A. Gregory Murray



## THE INVITATION TO COMMUNION

The gifts of God for the People of God, holy things for holy people.

## COMMUNION OF THE PEOPLE

*This is Jesus' table where all are welcome to share in the bread and wine of Holy Communion.*

*If you prefer to receive a blessing, fold your arms across your chest as a sign.*

*An Act of Spiritual Communion for those worshipping online.*

My Jesus, I believe that you are truly present in the Blessed Sacrament of the Altar. I love you above all things, and long for you in my soul. Since I cannot now receive you sacramentally, come spiritually into my heart. As though you have already come, I embrace you and unite myself entirely to you; never permit me to be separated from you. Amen.

## ORGAN VOLUNTARY

HYMN (sung by all)

*Come with us, O blessed Jesus*

(HYMNAL 336)



1 Come with us, O bless - ed Je - sus, with us ev - er -  
\*2 Come with us, O might - y Sa - vior, God from God, and  
\*3 Come with us, O King of glo - ry, by an - gel - ic



more to be; and though leav - ing now thine  
Light from Light; thou art God, thy glo - ry  
voic - es praised; in our hearts as in thy



al - tar, let us nev - er - more leave thee.  
veil - ing, so that we may bear the sight.  
hea - ven, be - cause - rap - tured an - thems raised.



Be thou one with us for ev - er, in our life thy  
Now we go to seek and serve thee, through our work as  
Let the might - y cho - rus ev - er sing its glad ex -

love di - vine our own flesh and blood has  
 through our prayer; grant us light to see and  
 ul - tant songs; let its hymn be heard for

tak - en, and to us thou giv - est thine.  
 know thee, in thy peo - ple ev - ery - where.  
 ev - er - peace for which cre - a - tion longs.

Words: John Henry Hopkins, Jr. (1861-1945) and Charles P. Price (1920-1999). Sts. 2-3, Copyright © 1982, Charles P. Price.  
 Music: *Werde munter*, Johann Schop (d. 1665?); arr. and harm. Johann Sebastian Bach (1685-1750).

CHANT (sung by all in English) *Come and fill our hearts with your peace*

Taize Community


*English:* Come and fill our hearts with your peace. You a-lone, O Lord, are ho-ly.  
*Latin:* Con - fi - te - mi - ni Do - mi - no quo - ni - am bo - nus.

Em C Em A D  
 Come and fill our hearts with your peace, al - le - lu - ia!  
 Con - fi - te - mi - ni Do - mi - no, al - le - lu - ia!

THE POST-COMMUNION PRAYER

Loving God, we give you thanks for restoring us in your image and nourishing us with spiritual food in the Sacrament of Christ's Body and Blood. Now send us forth a people forgiven, healed, renewed; that we may proclaim your love to the world and continue in the risen life of Christ our Savior. Amen.

THE BLESSING

 HYMN (sung by all)

*Watchman, tell us of the night*

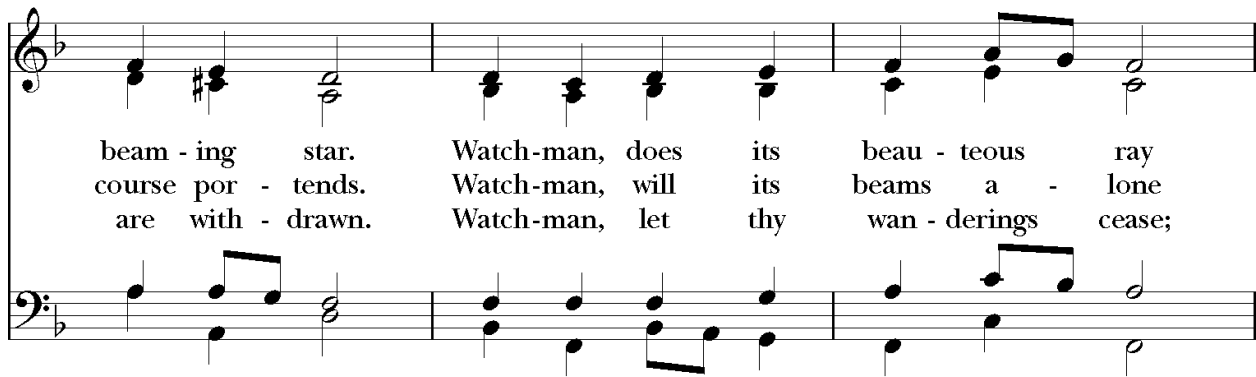
(HYMNAL 640)



1 Watch-man, tell us of the night, what its signs of prom - ise  
 2 Watch-man, tell us of the night; high - er yet that star a -  
 3 Watch-man, tell us of the night, for the morn - ing seems to



are. Trav - eler, o'er yon moun - tain's height, see that glo - ry -  
 scends. Trav - eler, bless - ed - ness and light, peace and truth its  
 dawn. Trav - eler, dark - ness takes its flight, doubt and ter - ror



beam - ing star. Watch - man, does its beau - teous ray  
 course por - tends. Watch - man, will its beams a - lone  
 are with - drawn. Watch - man, let thy wan - derings cease;



ought of joy or hope fore - tell? Trav - eler, yes; it  
 gild the spot that gave them birth? Trav - eler, a - ges  
 hie thee to thy qui - et home. Trav - eler, lo! the

brings the day, prom - ised day of Is - ra - el.  
 are its own; see, it bursts o'er all the earth.  
 Prince of Peace, lo! the Son of God is come!

*Two groups may sing antiphonally, alternating by sentences.*

Words: John Bowring (1792-1872) Music: *Aberystwyth*, Joseph Parry (1841-1903)

DISMISSAL

Let us go forth into the world rejoicing in the power of the Spirit.  
**People** Thanks be to God.

PROCESSION

ORGAN VOLUNTARY *Sleepers, wake, a voice is calling* Johann Gottfried Walther

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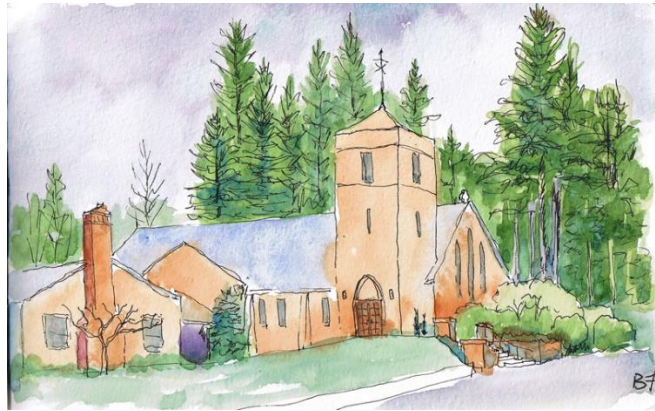
## MINISTERS OF THE LITURGY

Presider	The Reverend Karen Haig
Preacher	The Reverend Jim Friedrich
Organist & Choir Director	Paul Roy
Song Leaders	The Parish Choir
Acolytes	Andrew & Ivy Forbush
Lectors	Kathleen Jennings, Diane Walworth
Eucharistic Ministers	Kathy Bolles, Barbara Bolles
Ushers	Brian Andvik, Laura Carroll
Altar Guild	Peggy & Kirk Eichenberger, Bonnie Chan, Babe Kehres
Bread Baker	Laurie Fergusson
Videographer	Michael Ditmore

You may make your offering by scanning the QR code below. Thank you for your generosity.



*We are a community of faith that welcomes and values all people.  
We commit to follow Christ, serve others  
and transform the world by sharing God's love.*



*St Barnabas Episcopal Church acknowledges that we gather on the traditional land  
of the first people of this island, the Suquamish People, who are still here,  
and we honor with gratitude the land itself and the life of the Suquamish Tribe.*

#### CLERGY

Bishop | The Right Reverend Gregory Rickel  
Rector | The Reverend Karen Haig  
Deacon | The Reverend Dan Fowler  
Assisting Priests | The Reverends Dr. Judith M. McDaniel, Nancy Tiederman,  
Patricia Rome Robertson, Dr. Jan C. Heller and Jim Friedrich

#### STAFF

Director of Music | Paul Roy  
Parish Administrator | Cera Rodriguez  
Bookkeeper | Jessica Edmonds  
Sexton | Tom Clark  
Kitchen Manager | Tim Shelly  
Godly Play Coordinators | Peggy Eichenberger & Heidi O'Brien  
Housekeeper | Natalia Perez  
Interium Tender | Joe Salter

#### VESTRY

Rector's Warden | Barbara Bolles  
Property Warden | Brian Andvik  
People's Warden | Steve Schmitz  
Members of our Vestry | Laura Bainbridge, Angie Bickerton,  
Kirk Eichenberger, Judith Hanna, Claire Hicks, Michael Ditmore  
Clerk of the Vestry | Rebecca Ditmore  
Treasurer | Mike Killion  
Chancellor | Katherine Bolles