


HOLY EUCHARIST: Rite I
THE FOURTH SUNDAY AFTER THE EPIPHANY
January 29, 2023 ♦ 8:00 a.m.

*Welcome to St. Barnabas, we are delighted that you're here.
We hope you'll participate fully in our worship through singing, praying, hearing the Good News of Jesus Christ,
and coming to communion. May God richly bless you as you bless us!*

ORGAN VOLUNTARY

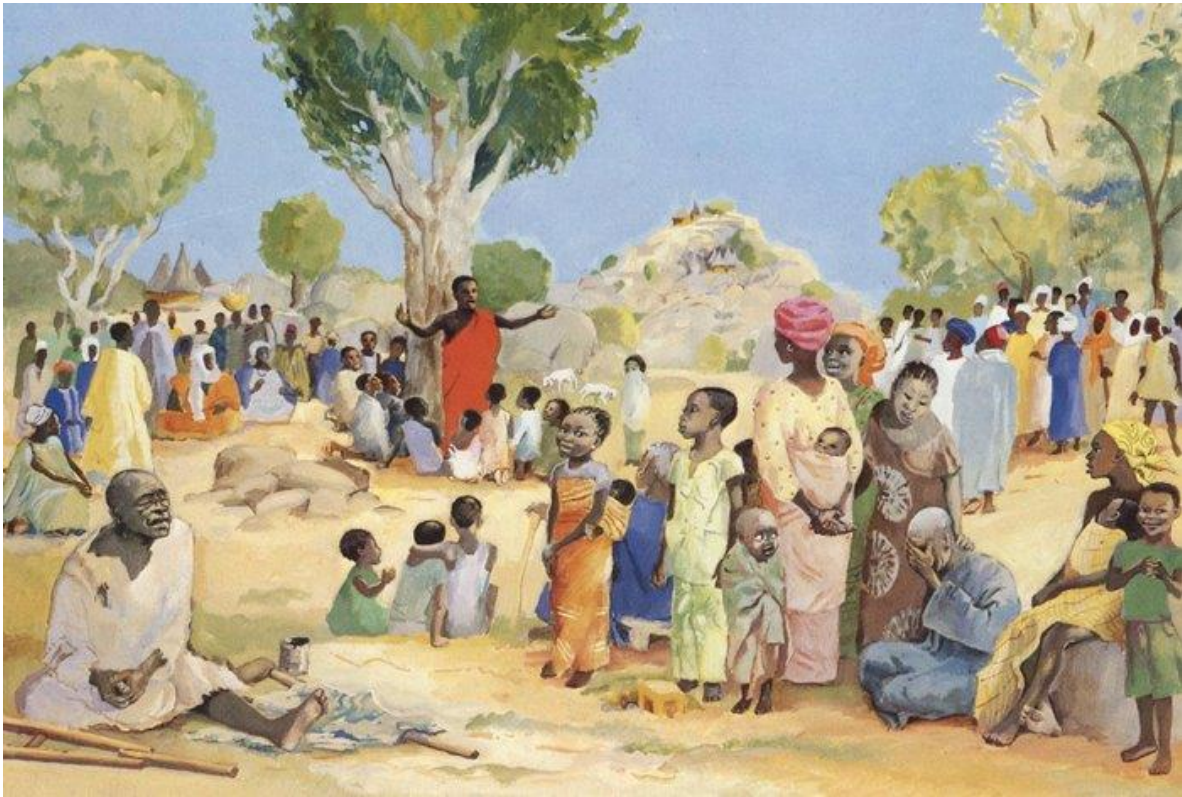
Aria

Charles Callahan

 *All stand as able at the sound of the tower bell.*

HYMN (sung by all, next page) *All praise to thee, for thou, O King divine*

(HYMNAL 477)



The Sermon on the Mount
Jesus Mafa, 1973

Descant

5 Let ev - ery tongue con - fess with one ac - cord

1 All praise to thee, for thou, O King di - vine,
 2 Thou cam'st to us in low - li - ness of thought;
 3 Let this mind be in us which was in thee,
 4 Where - fore, by God's e - ter - nal pur - pose, thou
 5 Let ev - ery tongue con - fess with one ac - cord

Je - sus Christ is Lord;

1 didst yield the glo - ry that of right was thine,
 2 by thee the out - cast and the poor were sought;
 3 who wast a ser - vant that we might be free,
 4 art high ex - alt - ed o'er all crea - tures now,
 5 in heaven and earth that Je - sus Christ is Lord;

and God the Fa - ther be by all a - dored.

1 that in our dark - ened hearts thy grace might shine.
 2 and by thy death was God's sal - va - tion wrought.
 3 hum - bling thy - self to death on Cal - va - ry.
 4 and given the Name to which all knees shall bow.
 5 and God the Fa - ther be by all a - dored.

Al - le - lu - ia! A - men.

Al - le - lu - ia! A - men.

Words: F. Bland Tucker (1895-1984) Music: *Engelberg*, Charles Villiers Stanford (1852-1924); desc. Richard Proulx (b. 1937) Copyright ©1979, G.I.A. Publications, Inc. All rights reserved. Used with permission.

THE OPENING ACCLAMATION

Presiding Priest Blessed be God: Father, Son, and Holy Spirit.

People And blessed be God's kingdom, now and for ever. Amen.

COLLECT FOR PURITY

Presiding Priest and People

Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. Amen.

THE SUMMARY OF THE LAW

Presiding Priest

Hear what our Lord Jesus Christ saith: Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. This is the first and great commandment. And the second is like unto it: Thou shalt love thy neighbor as thyself. On these two commandments hang all the Law and the Prophets.

GLORIA

Presiding Priest and People

Glory be to God on high, and on earth peace, good will towards men. We praise thee, we bless thee, we worship thee, we glorify thee, we give thanks to thee for thy great glory, O Lord God, heavenly King, God the Father Almighty. O Lord, the only-begotten Son, Jesus Christ; O Lord God, Lamb of God, Son of the Father, that takest away the sins of the world, have mercy upon us. Thou that takest away the sins of the world, receive our prayer. Thou that sittest at the right hand of God the Father, have mercy upon us. For thou only art holy; thou only art the Lord; thou only, O Christ, with the Holy Ghost, art most high in the glory of God the Father. Amen.

THE COLLECT OF THE DAY

Presiding Priest The Lord be with you.

People And with thy spirit.

Presiding Priest Let us pray.

Almighty and everlasting God, who dost govern all things in heaven and earth: Mercifully hear the supplications of thy people, and in our time grant us thy peace; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever. **Amen.**

THE WORD OF GOD

THE FIRST READING

Micah 6:1-8

READER: A Reading from the Book of Micah

Hear what the Lord says: "Rise, plead your case before the mountains, and let the hills hear your voice. Hear, you mountains, the controversy of the Lord, and you enduring foundations of the earth; for the Lord has a controversy with his people, and he will contend with Israel." "O my people, what have I done to you? In what have I wearied you? Answer me! For I brought you up from the land of Egypt, and redeemed you from the house of slavery; and I sent before you Moses, Aaron, and Miriam. O my people, remember now what King Balak of Moab devised, what Balaam son of Beor answered him, and what happened from Shittim to Gilgal, that you may know the saving acts of the Lord." "With what shall I come before the Lord, and bow myself before God on high? Shall I come before him with burnt offerings, with calves a year old? Will the Lord be pleased with thousands of rams, with ten thousands of rivers of oil? Shall I give my firstborn for my transgression, the fruit of my body for the sin of my soul?" He has told you, O mortal, what is good; and what does the Lord require of you but to do justice, and to love kindness, and to walk humbly with your God?

Reader Hear what the Spirit is saying to God's people.
***People* Thanks be to God.**

Silence is marked by the ringing of a bell.

THE RESPONSE (remain seated, read responsively)

Psalm 15

1 Lord, who may dwell in your tabernacle? *
who may abide upon your holy hill?

2 Whoever leads a blameless life and does what is right, *
who speaks the truth from his heart.

3 There is no guile upon his tongue; he does no evil to his friend; *
he does not heap contempt upon his neighbor.

4 In his sight the wicked is rejected, *
but he honors those who fear the Lord.

5 He has sworn to do no wrong *
and does not take back his word.

6 He does not give his money in hope of gain, *
nor does he take a bribe against the innocent.

7 Whoever does these things *
shall never be overthrown.

THE SECOND READING

1 Corinthians 1:18-31

READER: A Reading from the First Letter of Paul to the Corinthians

The message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written, "I will destroy the wisdom of the wise, and the discernment of the discerning I will thwart." Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles, but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God. For God's foolishness is wiser than human wisdom, and God's weakness is stronger than human strength. Consider your own call, brothers and sisters: not many of you were wise by human standards, not many were powerful, not many were of noble birth. But God chose what is foolish in the world to shame the wise; God chose what is weak in the world to shame the strong; God chose what is low and despised in the world, things that are not, to reduce to nothing things that are, so that no one might boast in the presence of God. He is the source of your life in Christ Jesus, who became for us wisdom from God, and righteousness and sanctification and redemption, in order that, as it is written, "Let the one who boasts, boast in the Lord."

Reader Hear what the Spirit is saying to God's people.
***People* Thanks be to God.**

Silence is marked by the ringing of a bell.

 THE HOLY GOSPEL

Matthew 5:1-12

The Holy Gospel of our Lord Jesus Christ according to Matthew.

People **Glory be to thee, O Lord.**

When Jesus saw the crowds, he went up the mountain; and after he sat down, his disciples came to him. Then he began to speak, and taught them, saying: "Blessed are the poor in spirit, for theirs is the kingdom of heaven. Blessed are those who mourn, for they will be comforted. Blessed are the meek, for they will inherit the earth. Blessed are those who hunger and thirst for righteousness, for they will be filled. Blessed are the merciful, for they will receive mercy. Blessed are the pure in heart, for they will see God. Blessed are the peacemakers, for they will be called children of God. Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven. Blessed are you when people revile you and persecute you and utter all kinds of evil against you falsely on my account. Rejoice and be glad, for your reward is great in heaven, for in the same way they persecuted the prophets who were before you."

The Gospel of the Lord

People **Praise be to thee, O Christ.**

 THE SERMON

Jan Heller

Silence is marked by the ringing of a bell.

 THE NICENE CREED

Presiding Priest and People

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE

Let us pray for the whole state of Christ's Church and the world.

Almighty and everliving God, who in thy holy Word hast taught us to make prayers, and supplications, and to give thanks for all people: Receive our prayers which we offer unto thy divine Majesty beseeching thee to inspire continually the Universal Church with the spirit of truth, unity, and concord and grant that those who do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love.

Lord, hear our prayer.

Give grace, O heavenly Father, to all bishops and other ministers, especially to Michael, our Presiding Bishop; Melissa, our Bishop; Brian, our Assisting Bishop, Karen, our Rector; Dan, our Deacon; and Nancy, Judith, Patricia, Jan, Jim and Dennis, priests among us, that they may, both by their life and doctrine, set forth thy true and lively Word, and rightly and duly administer thy holy Sacraments.

Lord, hear our prayer.

And to all thy people give thy heavenly grace, and especially to this congregation here present; that, with meek heart and due reverence, they may hear and receive thy holy Word, truly serving thee in holiness and righteousness all the days of their life.

Lord, hear our prayer.

We beseech thee also so to rule the hearts of those who bear the authority of government in this and every land, especially our elected and appointed officials that they may be led to wise decisions and right actions for the welfare and peace of the world.

Lord, hear our prayer.

Guard and protect all those who serve in harm's way, both in lands far away and here at home, returning them to safe reunion with their families and all who love them.

Lord, hear our prayer.

Bestow upon us the gift of gracious hospitality, welcoming into fellowship our sisters and brothers in Christ who are visiting, remembering that in welcoming strangers we may be welcoming angels unaware.

Lord, hear our prayer.

Open, O Lord, the eyes of all people to behold thy gracious hand in all thy works, that, rejoicing in thy whole creation, they may honor thee with their substance, and be faithful stewards of thy bounty.

Lord, hear our prayer.

And we most humbly beseech thee, of thy goodness, O Lord, to comfort and succor, [especially...] and all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity.

Lord, hear our prayer.

I invite your petitions and thanksgivings aloud or in your hearts...[pause], let us pray.

Lord, hear our prayer.

And we also bless thy holy Name for all thy servants departed this life in thy faith and fear [especially...], beseeching thee to grant them continual growth in thy love and service; and to grant us grace so to follow the good examples of Barnabas and of all thy saints, that with them we may be partakers of thy heavenly kingdom.

Lord, hear our prayer.

Grant these our prayers, O Father, for Jesus Christ's sake, our only Mediator and Advocate. **Amen.**



CONFESSION OF SIN

Let us humbly confess our sins unto Almighty God.

Silence may be kept.

Presiding Priest and People

Almighty God, Father of our Lord Jesus Christ, maker of all things, judge of all men: We acknowledge and bewail our manifold sins and wickedness, which we from time to time most grievously have committed, by thought, word, and deed, against thy divine Majesty, provoking most justly thy wrath and indignation against us. We do earnestly repent, and are heartily sorry for these our misdoings; the remembrance of them is grievous unto us, the burden of them is intolerable. Have mercy upon us, have mercy upon us, most merciful Father; for thy Son our Lord Jesus Christ's sake, forgive us all that is past; and grant that we may ever hereafter serve and please thee in newness of life, to the honor and glory of thy Name; through Jesus Christ our Lord. Amen.

The Presiding Priest says

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all those who with hearty repentance and true faith turn unto him, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**



THE PEACE

Presiding Priest The peace of the Lord be always with you.

People And with thy spirit.



WELCOME, BIRTHDAYS, ANNIVERSARIES & ANNOUNCEMENTS

Prayer for a Birthday:

Watch over your child, O Lord, as *her* days increase; bless and guide *her* wherever *she* may be. Strengthen *her* when *she* stands; comfort *her* when discouraged or sorrowful; raise *her* up if *she* fall; and in *her* heart may your peace which passes understanding abide all the days of *her* life; through Jesus Christ our Lord. Amen.

Prayer for a Wedding Anniversary:

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

THE HOLY COMMUNION

An offering of money is collected.

You may make an offering [by clicking here](#) or by scanning the QR code on the last page of your service bulletin.



Presiding Priest All things come of thee, O Lord,
People and of thine own have we given thee.

THE GREAT THANKSGIVING

The people remain standing.

People The Lord be with you.
And with thy spirit.
Presiding Priest Lift up your hearts.
People **We lift them up unto the Lord.**
Presiding Priest Let us give thanks unto our Lord God.
People **It is meet and right so to do.**

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God.

Because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of your Son Jesus Christ our Lord.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

Presiding Priest and People

**Holy, holy, holy, Lord God of Hosts:
Heaven and earth are full of thy glory.
Glory be to thee, O Lord Most High.
Blessed is he that cometh in the name of the Lord.
Hosanna in the highest.**



or *The people kneel or stand.*

Then the Presiding Priest gives thanks for God's work in creation and for the salvation of the world through Christ, and prays over the bread and wine.

...By whom, and with whom, in the unity of the Holy Ghost, all honor and glory be unto thee, O Father Almighty, world without end. **AMEN.**

And now, as our Savior Christ hath taught us, we are bold to say,

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

THE BREAKING OF THE BREAD

The Presiding Priest breaks the consecrated Bread. A period of silence is kept.

Alleluia! Christ our Passover is sacrificed for us;
Therefore let us keep the feast. Alleluia!

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

*This is Jesus' table around which we gather, and all are welcome to receive communion.
If you prefer to receive a blessing, or not to receive wine, fold your arms across your chest as a sign.
Gluten-free wafers are available, please ask the priest.*

At the conclusion of the distribution of communion, silence is marked by the ringing of a bell.



or

THE POST-COMMUNION PRAYER

Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

THE BLESSING

The peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God and of God's son, our Savior Jesus Christ. And the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be amongst you, and remain with you always. **Amen.**



HYMN (sung by all, next page)

Rejoice, ye pure in heart!

(HYMNAL 556, sts. 1-5)

1 Re - joice, ye pure in heart! Re - joice, give thanks, and sing! Your
 2 With all the an - gel choirs, with all the saints of earth, pour
 3 Your clear ho - san - nas raise, and al - le - lu - ias loud; while
 4 Yes, on through life's long path, still chant - ing as ye go, from
 5 Still lift your stand - ard high, still march in firm ar - ray, as

1 glo - rious ban - ner wave on high, the cross of Christ your King.
 2 out the strains of joy and bliss, true rap - ture, no - blest mirth.
 3 an - swer - ing ech - oes up - ward float, like wreaths of in - cense cloud.
 4 youth to age, by night and day, in glad - ness and in woe.
 5 war - riors through the dark - ness toil, till dawns the gold - en day.

Refrain

Re - joice, re - joice, re - joice, give thanks, and sing.
 re - joice, re - joice,

*6 At last the march shall end;
 the wearied ones shall rest;
 the pilgrims find their Father's house,
 Jerusalem the blest.

Refrain

*7 Then on, ye pure in heart!
 Rejoice, give thanks, and sing!
 Your glorious banner wave on high
 the cross of Christ your King.

Refrain

Words: Edward Hayes Plumptre (1821-1891) Music: *Marion*, Arthur Henry Messiter (1834-1916)

DISMISSAL

People Let us go forth into the world rejoicing in the power of the Spirit.
Thanks be to God.

PROCESSION

ORGAN VOLUNTARY

The Rejoicing

Charles Callahan

MINISTERS OF THE LITURGY

Presider & Preacher

Organist

Lectors & Eucharistic Ministers

Ushers

Altar Guild

Bread Baker

The Reverend Dr. Jan Heller

Paul Roy

Marcia Williams, Angie Bickerton

Steve & Helene Schmitz

Joan Collins, Chris Davis, Yvonne Rolston, Princie Faulkenhagen

Laurie Fergusson

You may make your offering by scanning the QR code below. Thank you for your generosity.



*We are a community of faith that welcomes and values all people.
We commit to follow Christ, serve others, grow in faith,
and transform the world by sharing God's love.*



*St Barnabas Episcopal Church acknowledges that we gather on the traditional land
of the first people of this island, the Suquamish People, who are still here,
and we honor with gratitude the land itself and the life of the Suquamish Tribe.*

CLERGY

Bishop Provisional | The Most Reverend Melissa Skelton
Assisting Bishop | The Right Reverend Brian Prior
Rector | The Reverend Karen Haig
Deacon | The Reverend Dan Fowler
Assisting Priests | The Reverends Dr. Judith M. McDaniel, Nancy Tiederman,
Patricia Rome Robertson, Dr. Jan C. Heller, and Jim Friedrich

STAFF

Director of Music | Paul Roy
Parish Administrator | Lisa-Marie MacKenzie
Bookkeeper | Jessica Edmonds
Sexton | Tom Clark
Kitchen Manager | Tim Shelly
Housekeeper | Natalia Perez
Interim Tender | Joe Salter

VESTRY

Rector's Warden | Barbara Bolles
Property Warden | Brian Andvik
People's Warden | Steve Schmitz
Members of our Vestry | Laura Bainbridge, Angie Bickerton,
Kirk Eichenberger, Judith Hanna, Claire Hicks, Michael Ditmore
Clerk of the Vestry | Rebecca Ditmore
Treasurer | Mike Killion
Chancellor | Katherine Bolles