

# HOLY EUCHARIST: Rite II

THE FIRST SUNDAY IN LENT

February 26, 2023 ♦ 10:00 a.m.

*Welcome to St. Barnabas, we are delighted that you're here. We hope you'll participate fully in our worship through singing, praying, hearing the Good News of Jesus Christ, and coming to communion.  
May God richly bless you as you bless us!*

## WELCOME INTO THE QUIET

*"Lent serves as our annual invitation to come closer to God. It provides a time to look at our lives and ourselves, not so we may criticize ourselves more harshly but so we can identify the obstructions that keep us from... feeling the presence of the divine in our every day. How do we hide from God, and why? Lent gives us a chance to look at such obstructions and to move them gently away so that we can come closer to the Love that gives us life... Thus Lent offers a gift of time and a promise of closeness..."*

*From A Clearing Season: Reflections for Lent*

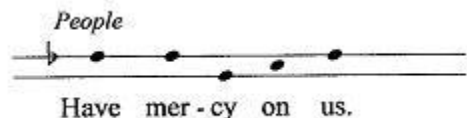


*All stand as able at the sound of the tower bells.*

## THE GREAT LITANY (sung in procession)

I.

Holy God, Creator of heaven and earth,



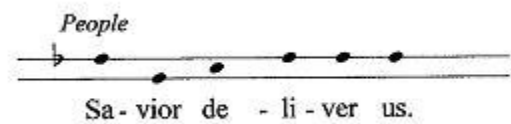
Holy and Mighty, Redeemer of the world, ***Have mercy on us.***

Holy Immortal One, Sanctifier of the faithful, ***Have mercy on us.***

Holy, blessed and glorious Trinity, One God, ***Have mercy on us.***

II.

From all evil and mischief; from pride, vanity and hypocrisy; from envy, hatred and malice; and from all evil intent,



From sloth, worldliness and love of money; from hardness of heart and contempt for your word and your laws,

***Savior deliver us.***

From sins of body and mind; from deceits of the world, flesh and the devil,

***Savior deliver us.***

From famine and disaster; from violence, murder, and dying unprepared,

In all times of sorrow; in all times of joy; in the hour of our death and at the day of judgment,

***Savior deliver us.***

By the mystery of your holy incarnation; by your birth, childhood and obedience; by your baptism, fasting and temptation,

***Savior deliver us.***

By your ministry in word and work; by your mighty acts of power; by the preaching of your reign,

***Savior deliver us.***

By your agony and trial; by your cross and passion; by your precious death and burial,

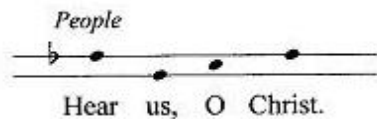
***Savior deliver us.***

By your mighty resurrection; by your glorious ascension; and by your sending of the Holy Spirit,

***Savior deliver us.***

III.

Hear our prayers, O Christ our God.



Govern and direct your holy Church; fill it with love and truth; and grant it that unity which is your will,

***Hear us, O Christ.***

Give us boldness to preach the gospel in all the world, and to make disciples of all the nations.

***Hear us, O Christ.***

Enlighten your bishops, priests and deacons with knowledge and understanding, that by their teaching and their lives they may proclaim your word.

***Hear us, O Christ.***

Give your people grace to witness to your word and bring forth the fruit of your Spirit.

***Hear us, O Christ.***

Bring into the way of truth all who have erred and are deceived.

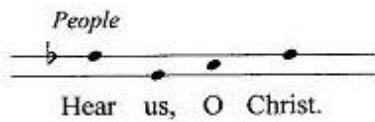
***Hear us, O Christ.***

Strengthen those who stand; comfort and help the fainthearted; and raise up the fallen.

***Hear us, O Christ.***

IV.

Bless the hearts of all in authority, that they may do justice, and love mercy, and walk in the ways of truth,



Give us the will to use the resources of the earth to your glory and for the good of all.

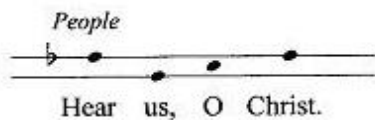
***Hear us, O Christ.***

Bless and keep all your people,

***Hear us, O Christ.***

V.

Comfort and liberate the lonely, the bereaved and the oppressed.



Keep in safety those who travel and all who are in peril.

***Hear us, O Christ.***

Heal the sick in body, mind or spirit and provide for the homeless, the hungry and the destitute, and all others in need.

***Hear us, O Christ.***

Guard and protect all children who are in danger.

***Hear us, O Christ.***

Shower your compassion on prisoners, hostages and refugees, and all who are in trouble.

***Hear us, O Christ.***

Forgive our enemies, persecutors and slanderers, and turn their hearts.

***Hear us, O Christ.***

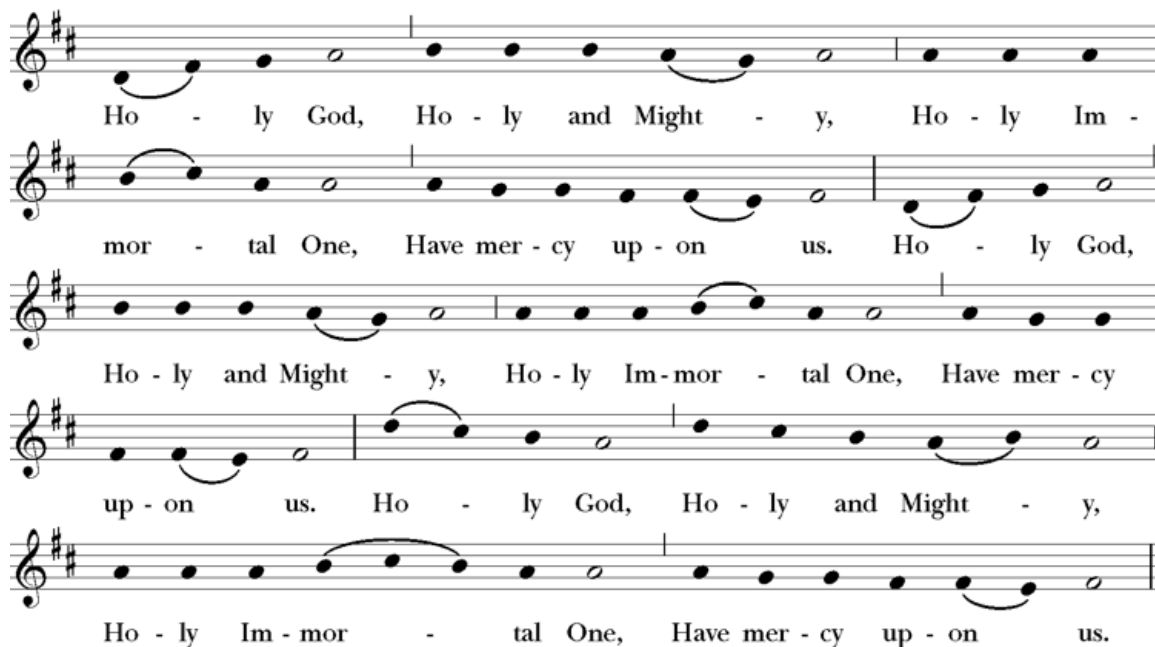
Hear us as we remember those who have died and grant us with them a share in your eternal glory.

***Hear us, O Christ.***

# VI.

Give us true repentance; forgive us our sins of negligence and ignorance and our deliberate sins; and grant us the grace of your Holy Spirit to amend our lives according to your word.

*The Cantor sings the invocation and all respond, "Have mercy upon us".*



Ho - ly God, Ho - ly and Might - y, Ho - ly Im -  
 mor - tal One, Have mer - cy up - on us. Ho - ly God,  
 Ho - ly and Might - y, Ho - ly Im - mor - tal One, Have mer - cy  
 up - on us. Ho - ly God, Ho - ly and Might - y,  
 Ho - ly Im - mor - tal One, Have mer - cy up - on us.

## THE OPENING ACCLAMATION

*Presiding Priest* Bless the Lord who forgives all our sins.

***People*** God's mercy endures for ever.

## THE COLLECT OF THE DAY

*Presiding Priest* The Lord be with you.

***People*** And also with you.

*Presiding Priest* Let us pray.

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

## THE WORD OF GOD



### THE FIRST READING

Genesis 2:15-17, 3:1-7

*READER: A Reading from the Book of Genesis*

The Lord God took the man and put him in the garden of Eden to till it and keep it. And the Lord God commanded the man, "You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die." Now the serpent was more crafty than any other wild animal that the Lord God had made. He said to the woman, "Did God say, 'You shall not eat from any tree in the garden?'" The woman said to the serpent, "We may eat of the fruit of the trees in the garden; but God said, 'You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die.'" But the serpent said to the woman, "You will not die; for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil." So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

*Reader* Hear what the Spirit is saying to God's people.

*People* Thanks be to God.

*Silence is marked by the ringing of a bell.*

### THE RESPONSE

Psalms 32



- CANTOR: 1 Happy are they whose transgressions are for/given,\*  
and whose sin / is put away!
- CHOIR: 2 Happy are they to whom the LORD im/putes no guilt,\*  
and in whose spirit there / is no guile!
- ALL: 3 While I held my tongue, my bones withered a/way,\*  
because of my groaning / all day long.
- 4 For your hand was heavy upon me / day and night,\*  
my moisture was dried up as in the heat / of summer.
- 5 Then I acknowledged my / sin to you,\*  
and did not / conceal my guilt.
- 6 I said, "I will confess my transgressions to the / LORD."\*  
Then you forgave me the guilt / of my sin.
- 7 Therefore all the faithful will make their prayers  
to you in time of / trouble;\*
- when the great waters overflow, they shall / not reach them.
- 8 You are my hiding-place; you preserve me from / trouble;\*
- you surround me with shouts of / deliverance.
- 9 "I will instruct you and teach you in the way that / you should go;\*
- I will guide / you with my eye.
- 10 Do not be like horse or mule, which have no under / standing;\*
- who must be fitted with bit and bridle,  
or else they will not / stay near you."
- 11 Great are the tribulations of the / wicked;\*
- but mercy embraces those who trust / in the LORD.
- 12 Be glad, you righteous, and rejoice in the / LORD;\*
- shout for joy, all who / are true of heart.

*READER: A Reading from the Letter of Paul to the Romans*

Just as sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned — sin was indeed in the world before the law, but sin is not reckoned when there is no law. Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come. But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. And the free gift is not like the effect of the one man's sin. For the judgment following one trespass brought condemnation, but the free gift following many trespasses brings justification. If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ. Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all. For just as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

*Reader* Hear what the Spirit is saying to God's people.

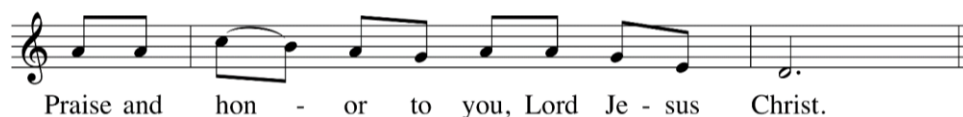
***People*** Thanks be to God.

*Silence is marked by the ringing of a bell.*



# GOSPEL ACCLAMATION

*Cantor, then all, and after the verse.*



VERSE: No one lives on bread alone, but on every word that comes from the mouth of God.

Text: ICEL, © 1969

Music: Based on WONDROUS LOVE, Stephen Pishner, © 1998, GIA Publications, Inc.

## THE GOSPEL

Matthew 4:1-11

The Holy Gospel of our Lord Jesus Christ according to Matthew.

***People*** Glory to you, Lord Christ.

After Jesus was baptized, he was led up by the Spirit into the wilderness to be tempted by the devil. He fasted forty days and forty nights, and afterwards he was famished. The tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." But he answered, "It is written, 'One does not live by bread alone, but by every word that comes from the mouth of God.'" Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down; for it is written, 'He will command his angels concerning you,' and 'On their hands they will bear you up, so that you will not dash your foot against a stone.'" Jesus said to him, "Again it is written, 'Do not put the Lord your God to the test.'" Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendor; and he said to him, "All these I will give you, if you will fall down and worship me." Jesus said to him, "Away with you, Satan! for it is written,

‘Worship the Lord your God, and serve only him.’ ” Then the devil left him, and suddenly angels came and waited on him.

The Gospel of the Lord.

**People** Praise to you, Lord Christ.

## THE SERMON

Karen Haig

*Silence is marked by the ringing of a bell.*

## THE NICENE CREED

*Presiding Priest and People*

We believe in one God, the Father, the Almighty, Maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary; and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

*The Prayers of the People and Confession of Sin are omitted when The Great Litany is sung or said prior to Eucharist.*

## THE PEACE

*Presiding Priest* The peace of the Lord be always with you.

**People** And also with you.

## WELCOME, ANNOUNCEMENTS, BIRTHDAYS & ANNIVERSARIES

*Prayer for a Birthday:*

Watch over your child, O Lord, as *her* days increase; bless and guide *her* wherever *she* may be. Strengthen *her* when *she* stands; comfort *her* when discouraged or sorrowful; raise *her* up if *she* should fall; and in *her* heart may your peace which passes understanding abide all the days of *her* life; through Jesus Christ our Lord. Amen.

*Prayer for a Wedding Anniversary:*

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

## **THE HOLY COMMUNION**

*Please remain seated. An offering of money is collected.*

*[You may make an offering by clicking here](#) or by scanning the QR code on the last page of your service bulletin.*



ANTHEM

*Hide not thou thy face*

Richard Farrant

Hide not thou thy face from us, O Lord, and cast not off thy servant in thy displeasure;  
for we confess our sins unto thee and hide not our unrighteousness.  
For thy mercy's sake, deliver us from all our sins.



PRESENTATION ANTHEM

*Presiding Priest* All things come from you, O Lord,  
***People* And of your own have we given you.**

## THE GREAT THANKSGIVING

*The people remain standing.*

The Lord be with you.

**And also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give God thanks and praise.**

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

You bid your faithful people cleanse their hearts, and prepare with joy for the Paschal feast; that, fervent in prayer and in works of mercy, and renewed by your Word and Sacraments, they may come to the fullness of grace which you have prepared for those who love you.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

SANCTUS (next page)



*Cantor, then all:*

Ho - ly, ho - ly, ho - ly Lord, God of pow'r and might.

*Cantor:*

Heav'n and earth are full of your glo - ry.

Ho - san - na in the high - est, in the high - est.

*All:*

Ho - san - na in the high - est, in the high - est.

*Cantor:*

Blessed is he who comes in the name of the Lord.

*Cantor, then all:* *Last time*

Ho - san - na in the high - est, in the high - est.

Music: *Corpus Christi Mass, Adoro te devote*, setting by Richard Proulx, © 1992, GIA Publications, Inc.

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

**Christ has died.**

**Christ is risen.**

**Christ will come again.**

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say,

**Our Father, who art in heaven, hallowed be thy Name,  
thy kingdom come, thy will be done, on earth as it is in heaven.**

**Give us this day our daily bread,  
and forgive us our trespasses, as we forgive those who trespass against us.  
And lead us not into temptation, but deliver us from evil.**


**For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

#### THE BREAKING OF THE BREAD

*The Presiding Priest breaks the consecrated Bread. A period of silence is kept.*


#### ACCLAMATION AFTER THE BREAKING OF THE BREAD

*Cantor:*




Lamb of God, you take a - way the sins of the world,

*Assembly:* *Repeat as needed*

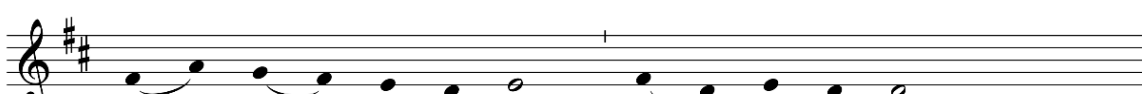


have mer - cy on us, have mer - cy on us.

*Cantor:*




Lamb of God you take a - way the sins of the world,



grant us peace, grant us peace.

*Assembly:*



Grant us peace, grant us peace.

Music: *Corpus Christi Mass, Adoro te devote*, setting by Richard Proulx, © 1992, 2002, GIA Publications, Inc.

## THE INVITATION TO COMMUNION

### COMMUNION OF THE PEOPLE

*This is Jesus' table around which we gather, and all are welcome to receive communion.  
If you prefer to receive a blessing, or not to receive wine, fold your arms across your chest as a sign.  
Gluten-free wafers are available, please ask the priest.*

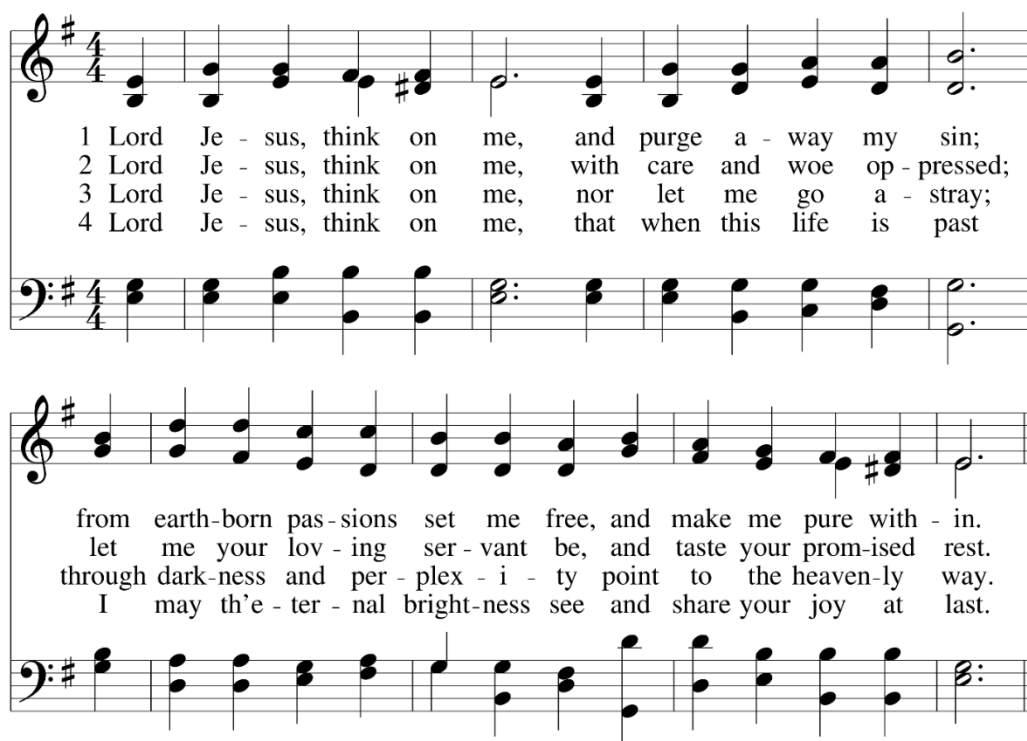
*An Act of Spiritual Communion for those worshipping online.*

My Jesus, I believe that you are truly present in the Blessed Sacrament of the Altar. I love you above all things, and long for you in my soul. Since I cannot now receive you sacramentally, come spiritually into my heart. As though you have already come, I embrace you and unite myself entirely to you; never permit me to be separated from you. Amen.

## ORGAN VOLUNTARY

HYMN (sung by all)

*Lord Jesus, think on me*



1 Lord Je - sus, think on me, and purge a - way my sin;  
2 Lord Je - sus, think on me, with care and woe op - pressed;  
3 Lord Je - sus, think on me, nor let me go a - stray;  
4 Lord Je - sus, think on me, that when this life is past

from earth-born pas - sions set me free, and make me pure with - in.  
let me your lov - ing ser - vant be, and taste your prom-ised rest.  
through dark-ness and per - plex - i - ty point to the heaven-ly way.  
I may th'e - ter - nal bright-ness see and share your joy at last.

WORDS: Synesius of Cyrene (ca. 375-430); tr. Allen W. Chatfield (1808-1896)  
MUSIC: William Damon's *Psalms*, 1579

SOUTHWELL  
S.M.

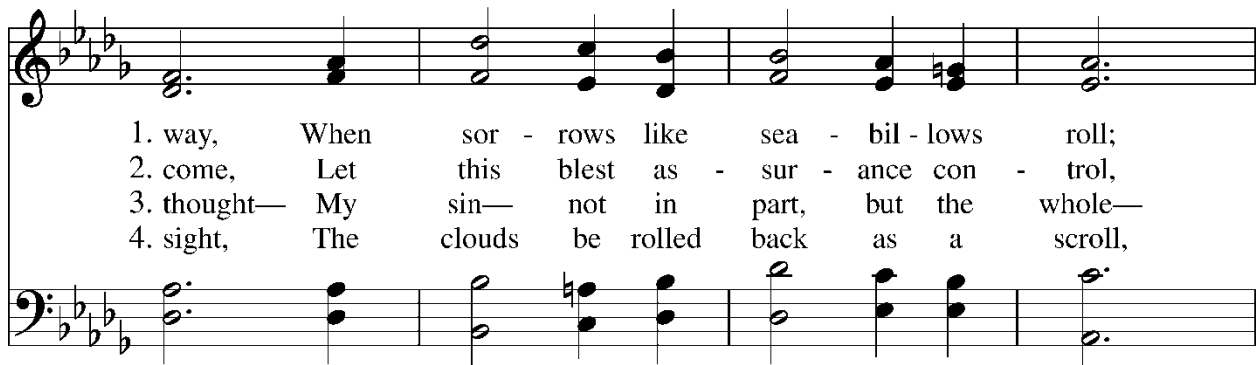
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HYMN (sung by all, next page)

*It is well with my soul*



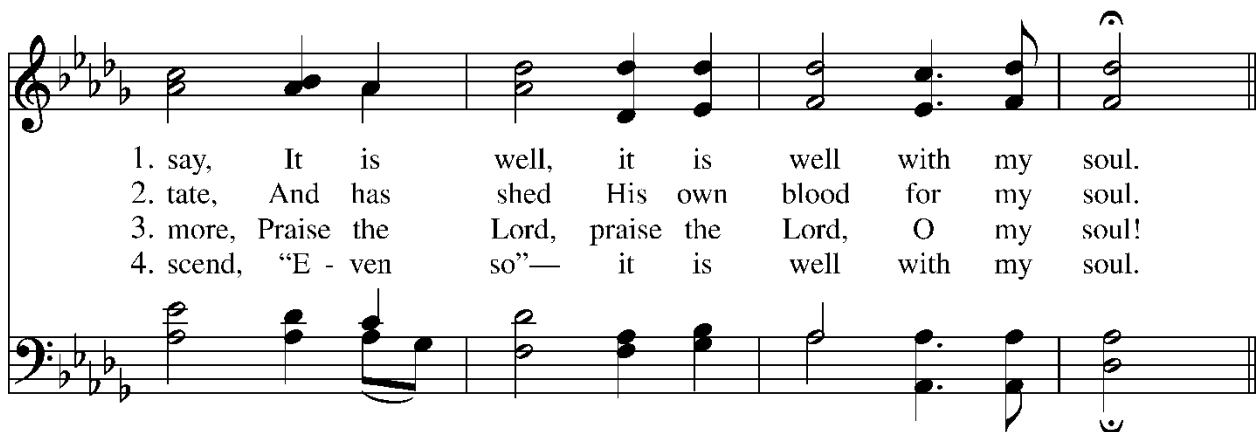
1. When peace, like a riv - er, at - tend - eth my  
 2. Though sa - tan should buf - fet, though tri - als should  
 3. My sin— oh, the bliss of this glo - ri - ous  
 4. And, Lord, haste the day when the faith shall be



1. way, When sor - rows like sea - bil - lows roll;  
 2. come, Let this blest as - sur - ance con - trol,  
 3. thought— My sin— not in part, but the whole—  
 4. sight, The clouds be rolled back as a scroll,



1. What - ev - er my lot, thou hast taught me to  
 2. That Christ has re - gard - ed my help - less es -  
 3. Is nailed to the cross and I bear it no  
 4. The trump shall re - sound and the Lord shall de -



1. say, It is well, it is well with my soul.  
 2. tate, And has shed His own blood for my soul.  
 3. more, Praise the Lord, praise the Lord, O my soul!  
 4. scend, "E - ven so"— it is well with my soul.

It is well with my soul, It is well with my soul, It is well with my soul.

Words: Horatio Spafford (1828-1888). Music: Philip P. Bliss (1838-1876).

## THE POST-COMMUNION PRAYER

*Presiding Priest and People*

**Almighty and ever living God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.**

## THE BLESSING

HYMN (sung by all, next page))

*The glory of these forty days*

(HYMNAL 143)



1 The glo - ry of these for - ty days we  
2 A - lone and fast - ing Mo - ses saw the  
3 So Dan - iel trained his mys - tic sight, de -  
4 Then grant us, Lord, like them to be full  
\* 5 O Fa - ther, Son, and Spi - rit blest, to



1 ce - le - brate with songs of praise; for Christ, through whom all  
2 lov - ing God who gave the law; and to E - li - jah,  
3 liv - ered from the li - ons' might; and John, the Bride - groom's  
4 oft in fast and prayer with thee; our spi - rits strength - en  
5 thee be ev - ery prayer ad - dressed, who art in three - fold



1 things were made, him - self has fast - ed and has prayed.  
2 fast - ing, came the steeds and char - i - ots of flame.  
3 friend, be - came the her - ald of Mes - si - ah's name.  
4 with thy grace, and give us joy to see thy face.  
5 Name a - dored, from age to age, the on - ly Lord.

Words: Latin, 6th cent.; tr. Maurice F. Bell (1862-1947), alt. Copyright © by permission Oxford University Press. All rights reserved. Used with permission.  
Music: *Erhalat uns, Herr*; melody from *Geistliche Lieder*, 1543; harm. Johann Sebastian Bach (1685-1750)

## DISMISSAL

Go in peace to love and serve the Lord.

**People** Thanks be to God.

## PROCESSION

Bells

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## MINISTERS OF THE LITURGY

Presiding Priest & Preacher

Deacon

Organist & Choir Director

Song Leaders

Acolytes

Lectors

Eucharistic Ministers

Ushers

Altar Guild

Bread Bakers

Videographers

The Reverend Karen Haig

The Reverend Dan Fowler

Paul Roy

The Parish Choir

Samuel & Luke Anderson

Mari Bickford, Heidi O'Brien

Mary Anne Smith, Rebecca Ditmore

Phil & Laurie Fergusson

Rebecca Ditmore, Chris Davis, Yvonne Rolston, Princie Faulkenhagen

Elaine Percival, Laurie Fergusson

Michael Ditmore, Andrew Bainbridge, Jim Friedrich

You may make your offering by scanning the QR code below. Thank you for your generosity.



*We are a community of faith that welcomes and values all people.  
We commit to follow Christ, serve others, grow in faith,  
and transform the world by sharing God's love.*



*St Barnabas Episcopal Church acknowledges that we gather on the traditional land  
of the first people of this island, the Suquamish People, who are still here,  
and we honor with gratitude the land itself and the life of the Suquamish Tribe.*

#### CLERGY

Bishop Provisional | The Most Reverend Melissa Skelton  
Assisting Bishop | The Right Reverend Brian Prior  
Rector | The Reverend Karen Haig  
Deacon | The Reverend Dan Fowler  
Assisting Priests | The Reverends Dr. Judith M. McDaniel, Nancy Tiederman,  
Patricia Rome Robertson, Dr. Jan C. Heller, and Jim Friedrich

#### STAFF

Director of Music | Paul Roy  
Parish Administrator | Lisa-Marie MacKenzie  
Bookkeeper | Jessica Edmonds  
Sexton | Tom Clark  
Kitchen Manager | Tim Shelly  
Housekeeper | Natalia Perez  
Interim Tender | Joe Salter

#### VESTRY

Rector's Warden | Barbara Bolles  
Property Warden | Brian Andvik  
People's Warden | Steve Schmitz  
Members of our Vestry | Laura Bainbridge, Tom Beierle,  
Michael Ditmore, Judith Hanna, Claire Hicks, Mary Anne Smith  
Clerk of the Vestry | Rebecca Ditmore  
Treasurer | Kirk Eichenberger  
Chancellor | Katherine Bolles