

HOLY EUCHARIST: Rite II

THE FIFTH SUNDAY AFTER THE EPIPHANY

February 5, 2023 ♦ 10:00 a.m.

*Welcome to St. Barnabas, we are delighted that you're here. We hope you'll participate fully in our worship through singing, praying, hearing the Good News of Jesus Christ, and coming to communion.
May God richly bless you as you bless us!*

ORGAN VOLUNTARY

I want to walk as a child of the light

Rebecca Groom Tevelde

"You are the light of the world. A city built on a hill cannot be hid." – Matthew 5:14



All stand as able at the sound of the tower bell.

HYMN (sung by all, next page)

Sing a new church into being

TUNE: Nettleton



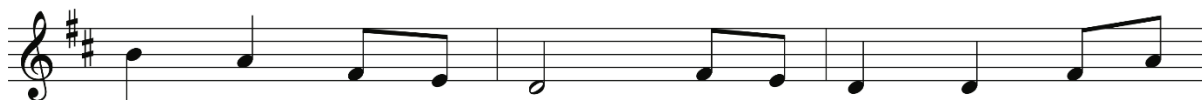
Shine

"A painting of a simple candle reminding us to be light to the world."

Mike Moyers, 2013



1. Sum - moned by the God who made us Rich in
2. Ra - diant ris - en from the wa - ter, Robed in
3. Trust the good - ness of cre - a - tion; Trust the
4. Bring the hopes of ev - 'ry na - tion; Bring the
5. Draw to - geth - er at one ta - ble All the



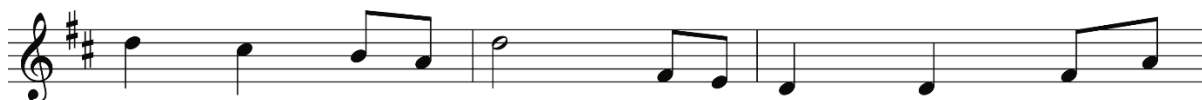
our di - ver - si - ty, Gath - ered in the name of
ho - li - ness and light, Male and fe - male in God's
Spir - it strong with - in. Dare to dream the vi - sion
art of ev - 'ry race. Weave a song of peace and
hu - man fam - i - ly; Shape a cir - cle ev - er



Je - sus, Rich - er still in u - ni - ty:
im - age, Male and fe - male, God's de - light:
prom - ised, Sprung from seed of what has been.
jus - tice; Let it sound through time and space.
wid - er And a peo - ple ev - er free.



Let us bring the gifts that dif - fer And, in



splen - did, var - ied ways, Sing a new Church in - to



be - ing, One in faith and love and praise.

Text: Delores Dufner, OSB, b.1939, © 1991, Sisters of St. Benedict. Published by OCP.
Tune: NETTLETON, 8 7 8 7 D, from *Wyeth's Repository of Sacred Music, Pt. II*, 1813

THE OPENING ACCLAMATION

Presiding Priest Blessed be God: Father, Son, and Holy Spirit.

People And blessed be God's kingdom, now and for ever. Amen.

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

GLORIA IN EXCELSIS (sung by all)

William Mathias (S 278)



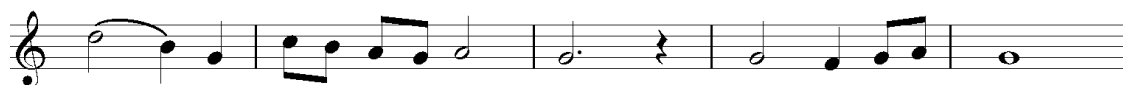
1. Glo-ry to God in the high-est, and



peace to his peo - ple on earth. 2. Lord God, heaven - ly King, al -



might - y God and Fa-ther, we wor-ship you, we give you thanks, we



praise you for your glo - ry. 3. Lord Je - sus Christ,



on - ly Son of the Fa-ther, Lord God, Lamb of God, 4. you



take a - way the sin of the world: have mer - cy on us;



5. you are seat - ed at the right hand of the Fa - ther: re -



ceive our prayer.

6. For



you a - lone are the Ho - ly One, you a - lone are the Lord,

7. you a-lone are the Most High, Je-sus Christ, with the
Ho-ly Spi-rit, in the glo-ry of
God the Fa-ther. A-men.

Presiding Priest The Lord be with you.
People And also with you.
Presiding Priest Let us pray.

Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

THE WORD OF GOD

THE FIRST READING

Isaiah 58:1-9a

READER: A Reading from the Prophet Isaiah

Shout out, do not hold back! Lift up your voice like a trumpet! Announce to my people their rebellion, to the house of Jacob their sins. Yet day after day they seek me and delight to know my ways, as if they were a nation that practiced righteousness and did not forsake the ordinance of their God; they ask of me righteous judgments, they delight to draw near to God. “Why do we fast, but you do not see? Why humble ourselves, but you do not notice?” Look, you serve your own interest on your fast day, and oppress all your workers. Look, you fast only to quarrel and to fight and to strike with a wicked fist. Such fasting as you do today will not make your voice heard on high. Is such the fast that I choose, a day to humble oneself? Is it to bow down the head like a bulrush, and to lie in sackcloth and ashes? Will you call this a fast, a day acceptable to the Lord? Is not this the fast that I choose: to loose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed go free, and to break every yoke? Is it not to share your bread with the hungry, and bring the homeless poor into your house; when you see the naked, to cover them, and not to hide yourself from your own kin? Then your light shall break forth like the dawn, and your healing shall spring up quickly; your vindicator shall go before you, the glory of the Lord shall be your rear guard. Then you shall call, and the Lord will answer; you shall cry for help, and he will say, Here I am.

Reader Hear what the Spirit is saying to God’s people.
People Thanks be to God.

Silence is marked by the ringing of a bell.



1 Hallelujah! Happy are they who fear the / Lord *
and have great delight in his com\mandments!

2 Their descendants will be mighty in the / land; *
the generation of the upright will be \ blessed.

3 Wealth and riches will be in their / house, *
and their righteousness will last for \ ever.

4 Light shines in the darkness for the / upright; *
the righteous are merciful and full of com\passion.

5 It is good for them to be generous in / lending *
and to manage their affairs with \ justice.

6 For they will never be / shaken; *
the righteous will be kept in everlasting re\membrance.

7 They will not be afraid of any evil / rumors; *
their heart is right; they put their trust in the \ Lord.

8 Their heart is established and will not / shrink, *
until they see their desire upon their \ enemies.

9 They have given freely to the / poor, *
and their righteousness stands fast for ever; they will hold up their head with \ honor.

10 The wicked will see it and be angry; they will gnash their teeth and pine a\way; *
the desires of the wicked will \ perish.

THE SECOND READING

1 Corinthians 2:1-12

READER: A Reading from the First Letter of Paul to the Corinthians

When I came to you, brothers and sisters, I did not come proclaiming the mystery of God to you in lofty words or wisdom. For I decided to know nothing among you except Jesus Christ, and him crucified. And I came to you in weakness and in fear and in much trembling. My speech and my proclamation were not with plausible words of wisdom, but with a demonstration of the Spirit and of power, so that your faith might rest not on human wisdom but on the power of God. Yet among the mature we do speak wisdom, though it is not a wisdom of this age or of the rulers of this age, who are doomed to perish. But we speak God's wisdom, secret and hidden, which God decreed before the ages for our glory. None of the rulers of this age understood this; for if they had, they would not have crucified the Lord of glory. But, as it is written, "What no eye has seen, nor ear heard, nor the human heart conceived, what God has prepared for those who love him" — these things God has revealed to us through the Spirit; for the Spirit searches everything, even the depths of God. For what human being knows what is truly human except the human spirit that is within? So also no one comprehends what is truly God's except the Spirit of God. Now we have received not the spirit of the world, but the Spirit that is from God, so that we may understand the gifts bestowed on us by God.

Reader Hear what the Spirit is saying to God's people.

People Thanks be to God.

Silence is marked by the ringing of a bell.



GOSPEL ACCLAMATION



Music: Chant Mode VI; acc. by Richard Proulx

VERSE: I am the light of the world, / says the Lord;
whoever follows me will \ have the light of life.

THE HOLY GOSPEL

Matthew 5:13-20

The Holy Gospel of our Lord Jesus Christ according to Matthew.

People Glory to you, Lord Christ.

Jesus said, "You are the salt of the earth; but if salt has lost its taste, how can its saltiness be restored? It is no longer good for anything, but is thrown out and trampled under foot. You are the light of the world. A city built on a hill cannot be hid. No one after lighting a lamp puts it under the bushel basket, but on the lampstand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven. Do not think that I have come to abolish the law or the prophets; I have come not to abolish but to fulfill. For truly I tell you, until heaven and earth pass away, not one letter, not one stroke of a letter, will pass from the law until all is accomplished. Therefore, whoever breaks one of the least of these commandments, and teaches others to do the same, will be called least in the kingdom of heaven; but whoever does them and teaches them will be called great in the kingdom of heaven. For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven."

The Gospel of the Lord

People Praise to you, Lord Christ.



THE SERMON

Nancy Tiederman

Silence is marked by the ringing of a bell.



THE NICENE CREED

Presiding Priest and People

We believe in one God, the Father, the Almighty, Maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary; and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

The Leader and People pray responsively

Father, we pray for your holy Catholic Church

That we all may be one.

Grant that every member of the Church may truly and humbly serve you;

That your Name may be glorified by all people.

We pray for all bishops, priests, and deacons;

That they may be faithful ministers of your Word and Sacraments.

We pray for all who govern and hold authority in the nations of the world;

That there may be justice and peace on the earth.

Give us grace to do your will in all that we undertake;

That our works may find favor in your sight.

Have compassion on [names...,] and on all those who suffer from any grief or trouble;

That they may be delivered from their distress.

Give to [names ...,] and to all the departed eternal rest;

Let light perpetual shine upon them.

We praise you for your saints who have entered into joy;

May we also come to share in your heavenly kingdom.

Let us pray for our own needs and those of others.

Silence

The People may add their own petitions.

Presiding Priest

May Christ, the Morning Star who knows no setting, find us ever burning with the light of love, the spirit of truth, and the wellspring of hope. **Amen.**

Let us confess our sins against God and our neighbor.

Silence may be kept.

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

The Presiding Priest says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

THE PEACE

Presiding Priest The peace of the Lord be always with you.
People And also with you.



WELCOME, ANNOUNCEMENTS, BIRTHDAYS & ANNIVERSARIES

Prayer for a Birthday:

Watch over your child, O Lord, as *her* days increase; bless and guide *her* wherever *she* may be. Strengthen *her* when *she* stands; comfort *her* when discouraged or sorrowful; raise *her* up if *she* should fall; and in *her* heart may your peace which passes understanding abide all the days of *her* life; through Jesus Christ our Lord. Amen.

Prayer for a Wedding Anniversary:

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

THE HOLY COMMUNION

Please remain seated. An offering of money is collected.

[You may make an offering by clicking here](#) or by scanning the QR code on the last page of your service bulletin.

ANTHEM

If ye love me

Thomas Tallis

If ye love me, keep my commandments.
And I will pray the Father,
and he shall give you another comforter,
that he may 'bide with you forever;
E'en the spirit of truth.

- John 14:15-17



PRESENTATION ANTHEM

Presiding Priest All things come from you, O Lord,
***People* and of your own have we given you.**

The people remain standing as able.

People The Lord be with you.
And also with you.

Presiding Priest Lift up your hearts.

People We lift them to the Lord.

Presiding Priest Let us give thanks to the Lord our God.

People It is right to give God thanks and praise.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of your Son Jesus Christ our Lord.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

SANCTUS (sung by all)

William Mathias



Ho - ly, ho - ly,

ho - ly Lord, God of power and might,

heaven and earth are full of your glo - ry. Ho-san-na in the

high - est. Bless - ed is he who

comes in the name of the Lord. Ho-san-na in the high-est.

The Presiding Priest continues

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me." After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore, according to his command, O Father,

Presiding Priest and People

**We remember his death,
We proclaim his resurrection,
We await his coming in glory;**

The Presiding Priest continues

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say,

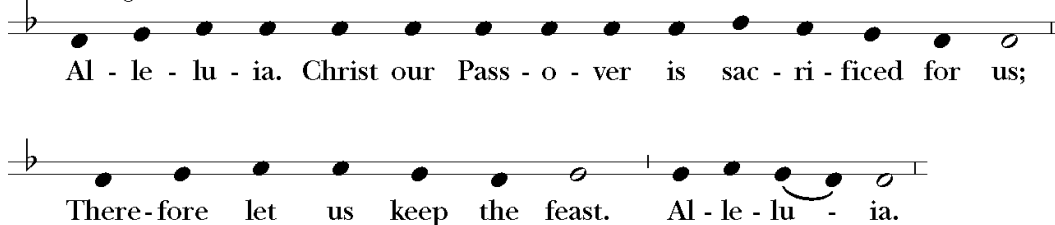
**Our Father, who art in heaven, hallowed be thy Name,
thy kingdom come, thy will be done, on earth as it is in heaven.**

**Give us this day our daily bread,
and forgive us our trespasses, as we forgive those who trespass against us.
And lead us not into temptation, but deliver us from evil.**

For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

ACCLAMATION AFTER THE BREAKING OF THE BREAD

This setting is not used in Lent.



This setting may be sung full by all, or by the choir, or as a versicle and response.

THE INVITATION TO COMMUNION

The gifts of God for the People of God.

COMMUNION OF THE PEOPLE

*This is Jesus' table around which we gather, and all are welcome to receive communion.
If you prefer to receive a blessing, or not to receive wine, fold your arms across your chest as a sign.
Gluten-free wafers are available, please ask the priest.*

An Act of Spiritual Communion for those worshipping online.

My Jesus, I believe that you are truly present in the Blessed Sacrament of the Altar. I love you above all things, and long for you in my soul. Since I cannot now receive you sacramentally, come spiritually into my heart. As though you have already come, I embrace you and unite myself entirely to you; never permit me to be separated from you. Amen.

ORGAN VOLUNTARY

HYMN (sung by all)

Come, my Way, my Truth, my Life

(HYMNAL 487)



1 Come, my Way, my Truth, my Life: such a
2 Come, my Light, my Feast, my Strength: such a
3 Come, my Joy, my Love, my Heart: such a



way as gives us breath; such a truth as ends all
light as shows a feast; such a feast as mends in
joy as none can move; such a love as none can



strife; such a life as kill - eth death.
length; such a strength as makes _____ his guest.
part; such a heart as joys _____ in love.


Words: George Herbert (1593-1633)

Music: *The Call*, Ralph Vaughan Williams (1872-1958) Copyright ©1911 by Stainer and Bell, Ltd. All rights reserved. Used with permission.


HYMN (sung by all, next page)

Be thou my vision


(HYMNAL 488)




1 Be thou my vi - sion, O Lord of my heart;
 2 Be thou my wis - dom, and thou my true word;
 3 High King of hea - ven, when vic - tory is won,



all else be nought to me, save that thou art—
 I ev - er with thee and thou with me, Lord;
 may I reach hea - ven's joys, bright hea - ven's Sun!



thou my best thought, — by day or by night,
 thou my great Fa - ther; thine own may I be;
 Heart of my heart, — what - ev - er be - fall,



wak - ing or sleep - ing, thy pres - ence my light.
 thou in me dwell - ing, and I one with thee.
 still be my vis - ion, O Ru - ler of all.

Words: Irish, ca. 700; versified Mary Elizabeth Byrne (1880-1931); tr. Eleanor H. Hull (1860-1935), alt. Copyright © by permission of the Estate of Eleanor Hull and Chatto & Windus Ltd. Music: *Slane*, Irish ballad melody; adapt. *The Church Hymnary*, 1927; harm. David Evans (1874-1948) Copyright © by permission of Oxford University Press. All rights reserved. Used with permission.



THE POST-COMMUNION PRAYER

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

THE BLESSING



HYMN (sung by all, next page)

We are marching in the light God

After verse 1 ("marching") is sung, substitute "dancing" for verse 2, and "singing" for verse 3.

We are march - ing* in the light of God, we are
Si - ya - hamb' e - ku-kha-nyen' kwen - khos', si - ya -

1. march-ing in the light of God. hamb' e - ku-kha-nyen' kwen-khos'.

2. God. khos'. march-ing in the light of, the hamb' e - ku-kha-nyen' kwen, kha -

We are march - ing,
Si - ya - ham - ba,
light of God. nyen' kwen - khos'. We are march-ing,
Si - ya - ham - ba, march-ing, we are
ham - ba, si - ya -

Oo
march-ing, ham - ba, march-ing, we are march-ing in the light of God.
ham - ba, ham - ba, si - ya - hamb' e - ku-kha-nyen' kwen-khos'.

*Alternate text: dancing, singing, praying

Text: South African
Tune: South African
© 1984, Utryck, Walton Music Corporation, agent

DISMISSAL

Let us go forth into the world rejoicing in the power of the Spirit.
People **Thanks be to God.**

PROCESSION

ORGAN VOLUNTARY

Trumpet in Dialogue

Louis-Nicolas Clérambault

“Shout out, do not hold back! Lift up your voice like a trumpet!” – Isaiah 58:1

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MINISTERS OF THE LITURGY

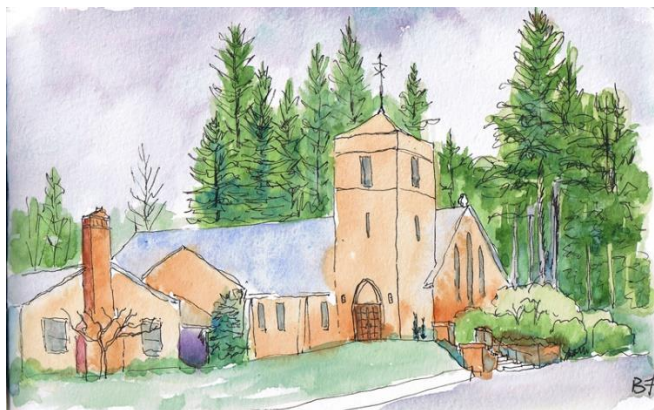
Presiding Priest & Preacher
Deacon
Organist & Choir Director
Song Leaders
Acolytes
Lectors
Eucharistic Ministers
Ushers
Altar Guild
Bread Baker
Videographers

The Reverend Nancy Tiederman
The Reverend Dan Fowler
Paul Roy
The Parish Choir
Andrew & Ivy Forbush
Michael Ditmore, Brian Andvik
Barbara Bolles, Kathy Boles
Brian Andvik, Laura Carroll
Steve & Helen Schmitz, Heidi O'Brien, Karena & Kala Teves
Elaine Percival
Michael Ditmore, Andrew Bainbridge, Jim Friedrich

You may make your offering by scanning the QR code below. Thank you for your generosity.



*We are a community of faith that welcomes and values all people.
We commit to follow Christ, serve others, grow in faith,
and transform the world by sharing God's love.*



*St Barnabas Episcopal Church acknowledges that we gather on the traditional land
of the first people of this island, the Suquamish People, who are still here,
and we honor with gratitude the land itself and the life of the Suquamish Tribe.*

CLERGY

Bishop Provisional | The Most Reverend Melissa Skelton
Assisting Bishop | The Right Reverend Brian Prior
Rector | The Reverend Karen Haig
Deacon | The Reverend Dan Fowler
Assisting Priests | The Reverends Dr. Judith M. McDaniel, Nancy Tiederman,
Patricia Rome Robertson, Dr. Jan C. Heller, and Jim Friedrich

STAFF

Director of Music | Paul Roy
Parish Administrator | Lisa-Marie MacKenzie
Bookkeeper | Jessica Edmonds
Sexton | Tom Clark
Kitchen Manager | Tim Shelly
Housekeeper | Natalia Perez
Interim Tender | Joe Salter

VESTRY

Rector's Warden | Barbara Bolles
Property Warden | Brian Andvik
People's Warden | Steve Schmitz
Members of our Vestry | Laura Bainbridge, Angie Bickerton,
Kirk Eichenberger, Judith Hanna, Claire Hicks, Michael Ditmore
Clerk of the Vestry | Rebecca Ditmore
Treasurer | Mike Killion
Chancellor | Katherine Bolles