HOLY EUCHARIST: Rite II

THE THIRD SUNDAY IN LENT

March 12, 2023 10:00 a.m.

Welcome to St. Barnabas, we are delighted that you're here. We hope you'll participate fully in our worship through singing, praying, hearing the Good News of Jesus Christ, and coming to communion. May God richly bless you as you bless us!

WELCOME INTO THE QUIET

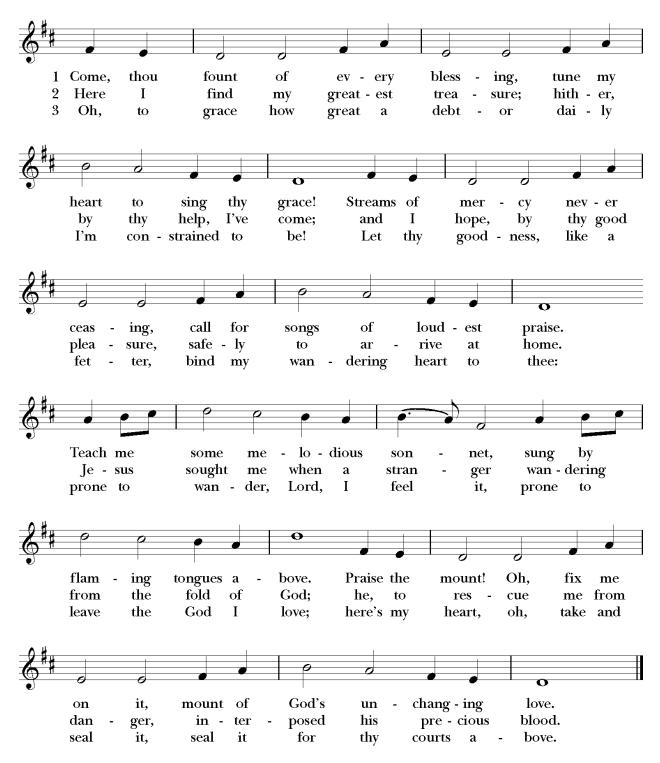
"Lent serves as our annual invitation to come closer to God. It provides a time to look at our lives and ourselves, not so we may criticize ourselves more harshly but so we can identify the obstructions that keep us from... feeling the presence of the divine in our every day. How do we hide from God, and why? Lent gives us a chance to look at such obstructions and to move them gently away so that we can come closer to the Love that gives us life... Thus Lent offers a gift of time and a promise of closeness..."

From <u>A Clearing Season: Reflections for Lent</u>

WELCOME & ANNOUCEMENTS

ORGAN VOLUNTARY	Prelude from "Prelude, Fugue & Variation"	César Franck
All stand as able at the sound of the t	tower bell.	
HYMN (sung by all, next page)	Come, thou fount of every blessing	(HYMNAL 686)

Jesus and the Samaritan Woman Jesus Mafa, 1973



Words: Robert Robinson (1735-1790), alt. Music: Nettleton, melody from A Repository of Sacred Music, Part II, 1813; harm. Gerre Hancock (b. 1934) Copyright ©1971 by Walton Music Corporation. International Copyright secured. All rights reserved. Used with permission.

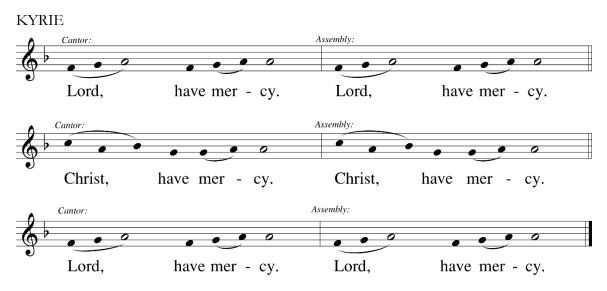
THE OPENING ACCLAMATION

Presiding PriestBless the Lord who forgives all our sins.PeopleGod's mercy endures for ever.

COLLECT FOR PURITY

Presiding Priest and People

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.



Music: Corpus Christi Mass, Kyrie XVI, adapt. by Richard Proulx, © 1992, GIA Publications, Inc.

THE COLLECT OF THE DAY

Presiding PriestThe Lord be with you.PeopleAnd also with you.Presiding PriestLet us pray.

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen**.

THE WORD OF GOD

THE FIRST READING

Exodus 17:1-7

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the Lord?" But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" So Moses cried out to the Lord, "What shall I do with this people? They are almost ready to stone me." The Lord said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the Lord, saying, "Is the Lord among us or not?"

Reader Hear what the Spirit is saying to God's people.

People Thanks be to God.

Silence is marked by the ringing of a bell.

THE RESPONSE

Psalm 95

Tone II.1



- Cantor: 1 Come, let us sing / to the Lord; * let us shout for joy to the Rock of our \ salvation.
- Choir: 2 Let us come before God's presence with thanks/giving * and raise a loud shout to the \ Lord with psalms.
 - All: 3 For the Lord is a / great God, * and a great Sovereign a\bove all gods.

4 The Lord holds the caverns / of the earth, * and sustains the heights \setminus of the hills.

5 The sea belongs to God, who / made it, * Whose hands have molded \ the dry land.

6 Come, let us bow down, and / bend the knee, * and kneel before the Lord \ our Maker.

7 For the Lord is our God, and we are the people of God's pasture and the sheep of / God's hand. * Oh, that today you would hearken $\ to God's$ voice!

8 Harden not your hearts, as your ancestors did in the / wilderness, * at Meribah, and on that day at Massah, when they \ tempted me.

9 They put me / to the test, * though they had \ seen my works.

10 Forty years long I detested that generation / and said, * "This people are wayward in their hearts; they do not \ know my ways."

11 So I swore / in my wrath, * "They shall not enter in\to my rest."

THE SECOND READING

READER: A Reading from the Letter of Paul to the Romans

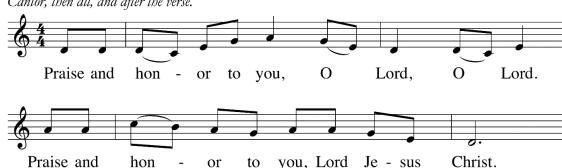
Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us. For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person — though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

Reader Hear what the Spirit is saying to God's people.

People Thanks be to God.

Silence is marked by the ringing of a bell.

GOSPEL ACCLAMATION *Cantor, then all, and after the verse.*



VERSE: Lord, you are truly the Savior of the world, give me living water that I may never thirst again.

Text: ICEL, © 1969 Music: Based on WONDROUS LOVE, Stephen Pishner, © 1998, GIA Publications, Inc.

THE GOSPEL

People Glory to you, Lord Christ.

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon. A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water." Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and the one you have now is not your husband. What you have said is true!" The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth." The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." Jesus said to her, "I am he, the one who is speaking to you." Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" Then the woman left her water jar and went back to the city. She said to the people, "Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?" They left the city and were on their way to him. Meanwhile the disciples were urging him, "Rabbi, eat something." But he said to them, "I have food to eat that you do not know about." So the disciples said to one another, "Surely no one has brought him something to eat?" Jesus said to them, "My food is to do the will of him who sent me and to complete his work. Do you not say, 'Four months more, then comes the harvest'? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, 'One sows and another reaps.' I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor." Many Samaritans from that city believed in him because of the woman's testimony, "He told me everything I have ever done." So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, "It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world."

The Gospel of the Lord.PeoplePraise to you, Lord Christ.

THE SERMON

Silence is marked by the ringing of a bell.

Karen Haig

THE NICENE CREED Presiding Priest and People

We believe in one God, the Father, the Almighty, Maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary; and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE

Form II

In the course of the silence after each bidding, the People offer their own prayers, either silently or aloud.

I ask your prayers for God's people throughout the world; for Michael, our Presiding Bishop; Melissa, our Bishop; Brian, our Assisting Bishop; Karen, our Rector; Dan, our Deacon; and Nancy, Judith, Patricia, Jan, Jim and Dennis, priests among us; all who minister in Christ; and for all the holy people of God.

Silence

I ask your prayers for peace; for goodwill among nations; and for the well-being of all people. Pray for justice and peace.

Silence

I ask your prayers for the poor, the sick, the hungry, the oppressed, and those in prison. Pray for those in any need or trouble.

Silence

I ask your prayers for all who seek God, or a deeper knowledge of God. Pray that they may find and be found by God.

Silence

Silence

I ask your prayers for the departed, especially ______. Pray for those who have died.

Silence

Dear people of God, for whom else or what else shall we pray?

Members of the congregation offer prayers either silently or aloud.

Silence

The Presiding Priest adds a concluding Collect. The people respond, AMEN.

H BIRTHDAYS & ANNIVERSARIES

Prayer for a Birthday:

Watch over your child, O Lord, as *her* days increase; bless and guide *her* wherever *she* may be. Strengthen *her* when *she* stands; comfort *her* when discouraged or sorrowful; raise *her* up if *she* fall; and in *her* heart may your peace which passes understanding abide all the days of *her* life; through Jesus Christ our Lord. Amen.

Prayer for a Wedding Anniversary:

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

CONFESSION OF SIN

Let us confess our sins against God and our neighbor.

Silence may be kept.

God of all mercy, we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf. Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.

The Presiding Priest says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen**.

THE PEACE

Presiding PriestThe peace of the Lord be always with you.PeopleAnd also with you.

THE HOLY COMMUNION

Please remain seated. An offering of money is collected. <u>You may make an offering by clicking here</u> or by scanning the QR code on the last page of your service bulletin.

ANTHEM

Come, ye sinners, poor and needy

arr. Ronald Turner

Come, ye sinners, poor and needy, Weak and wounded, sick and sore; Jesus ready stands to save you, Full of pity, love and power.

Come, ye thirsty, come, and welcome, God's free bounty glorify; True belief and true repentance, Every grace that brings you nigh.

I will arise and go to Jesus, He will embrace me in His arms; In the arms of my dear Savior, O there are ten thousand charms.

Text by Joseph Hart

PRESENTATION ANTHEM Presiding Priest All things come from you, O Lord, People And of your own have we given you.

THE GREAT THANKSGIVING

The people remain standing. The Lord be with you. **And also with you.**

Lift up your hearts. We lift them to the Lord.

Let us give thanks to the Lord our God. It is right to give God thanks and praise.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

You bid your faithful people cleanse their hearts, and prepare with joy for the Paschal feast; that, fervent in prayer and in works of mercy, and renewed by your Word and Sacraments, they may come to the fullness of grace which you have prepared for those who love you.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

SANCTUS (next page)



Music: Corpus Christi Mass, Adoro te devote, setting by Richard Proulx, © 1992, GIA Publications, Inc.

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Christ has died. Christ is risen. Christ will come again.

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom. All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN**.

And now, as our Savior Christ has taught us, we are bold to say,

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread,

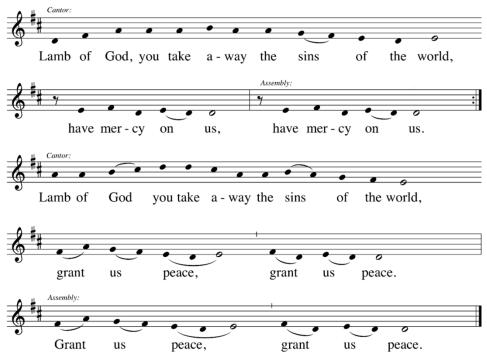
and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil.

For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

THE BREAKING OF THE BREAD

The Presiding Priest breaks the consecrated Bread. A period of silence is kept.

ACCLAMATION AFTER THE BREAKING OF THE BREAD



Music: Corpus Christi Mass, Adoro te devote, setting by Richard Proulx, © 1992, 2002, GIA Publications, Inc.

THE INVITATION TO COMMUNION

COMMUNION OF THE PEOPLE

This is Jesus' table around which we gather, and all are welcome to receive communion. If you prefer to receive a blessing, or not to receive wine, fold your arms across your chest as a sign. Gluten-free wafers are available, please ask the priest.

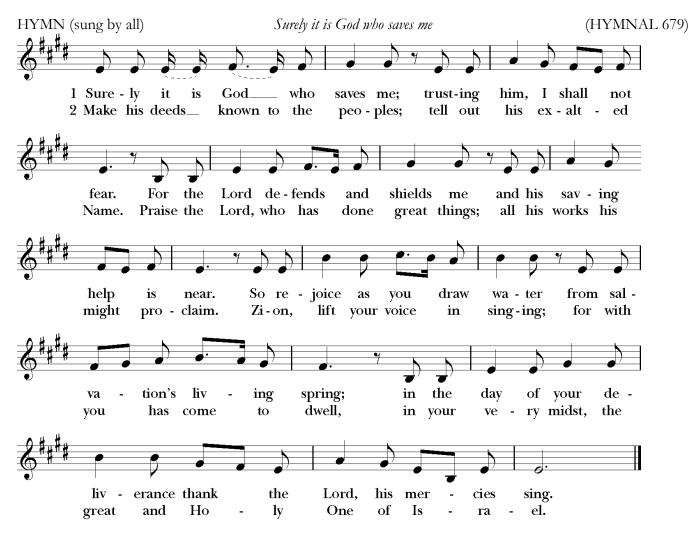
An Act of Spiritual Communion for those worshipping online.

My Jesus, I believe that you are truly present in the Blessed Sacrament of the Altar. I love you above all things, and long for you in my soul. Since I cannot now receive you sacramentally, come spiritually into my heart. As though you have already come, I embrace you and unite myself entirely to you; never permit me to be separated from you. Amen.

ORGAN VOLUNTARY



Text: Horatius Bonar, 1808–1889 Tune: KINGSFOLD, CMD; English melody; harm. by Ralph Vaughan Williams, 1872–1958



Words: Carl P. Daw, Jr. (b. 1944); para. of *The First Song of Isaiah* Copyright ©1982, Carl P. Daw, Jr. Music: *Thomas Merton*, Ray W. Urwin (b. 1950) Copyright ©1984, Ray W. Urwin. All rights reserved. Used with permission.

Once all have received communion and the Holy Table has been cleared the community observes a moment of silent reflection and prayer. The silence is begun and ended with the sound of a bell.

THE POST-COMMUNION PRAYER

Presiding Priest and People

Almighty and ever living God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

THE BLESSING

Guide me, O thou great fenovania (H 1 MINAL 090)	HYMN (sung by all, next page)	Guide me, O thou great Jehovah	(HYMNAL 690)
--	-------------------------------	--------------------------------	--------------



Words: William Williams (1717-1791); tr. Peter Williams (1722-1796), alt. Music: Cwm Rhondda, John Hughes (1873-1932)

DISMISSAL

Go in peace to love and serve the Lord.PeopleThanks be to God.

PROCESSION

Bells

Permission to reprint and stream the music in this service obtained from One License with license A-70684.

MINISTERS OF THE LITURGY

Presiding Priest & Preacher Deacon Organist & Choir Director Song Leaders Acolytes Lectors Eucharistic Ministers Ushers Altar Guild Videographers Bread Bakers The Reverend Karen Haig The Reverend Dan Fowler Paul Roy The Parish Choir Logan & Jack Bainbridge Karena & Dave Teves Claire Hicks, Joan Collins Bill Galvani, Robin Cook Peggy & Kirk Eichenberger, Bonnie Chan, Babe Kehres, Melanie Roth Michael Ditmore, Andrew Bainbridge, Jim Friedrich Peggy Eichenberger, Laurie Fergusson, Elaine Percival

You may make your offering by scanning the QR code below. Thank you for your generosity.



We are a community of faith that welcomes and values all people. We commit to follow Christ, serve others, grow in faith, and transform the world by sharing God's love.



St Barnabas Episcopal Church acknowledges that we gather on the traditional land of the first people of this island, the Suquamish People, who are still here, and we honor with gratitude the land itself and the life of the Suquamish Tribe.

CLERGY

Bishop Provisional | The Most Reverend Melissa Skelton Assisting Bishop | The Right Reverend Brian Prior Rector | The Reverend Karen Haig Deacon | The Reverend Dan Fowler Assisting Priests | The Reverends Dr. Judith M. McDaniel, Nancy Tiederman, Patricia Rome Robertson, Dr. Jan C. Heller, and Jim Friedrich

STAFF

Director of Music | Paul Roy Parish Administrator | Lisa-Marie MacKenzie Bookkeeper | Jessica Edmonds Sexton | Tom Clark Kitchen Manager | Tim Shelly Housekeeper | Natalia Perez Interium Tender | Joe Salter

VESTRY

Rector's Warden | Barbara Bolles Property Warden | Brian Andvik People's Warden | Steve Schmitz Members of our Vestry | Laura Bainbridge, Tom Beierle, Michael Ditmore, Judith Hanna, Claire Hicks, Mary Anne Smith Clerk of the Vestry | Rebecca Ditmore Treasurer | Kirk Eichenberger Chancellor | Katherine Bolles