

HOLY EUCHARIST: Rite II

THE SECOND SUNDAY IN LENT

March 5, 2023 ♦ 10:00 a.m.

*Welcome to St. Barnabas, we are delighted that you're here. We hope you'll participate fully in our worship through singing, praying, hearing the Good News of Jesus Christ, and coming to communion.
May God richly bless you as you bless us!*

WELCOME INTO THE QUIET

"Lent serves as our annual invitation to come closer to God. It provides a time to look at our lives and ourselves, not so we may criticize ourselves more harshly but so we can identify the obstructions that keep us from... feeling the presence of the divine in our every day. How do we hide from God, and why? Lent gives us a chance to look at such obstructions and to move them gently away so that we can come closer to the Love that gives us life... Thus Lent offers a gift of time and a promise of closeness..."

From A Clearing Season: Reflections for Lent

ORGAN VOLUNTARY

Adagio in A Minor

J. S. Bach



All stand as able at the sound of the tower bell.

HYMN (sung by all, next page)

The God of Abraham praise

(HYMNAL 401)



Nicodemus
Jesus Mafa, 1973

1 The God of A - braham praise, who reigns en-throned a - bove;
 2 He by him - self hath sworn: we on his oath de - pend;
 3 There dwells the Lord, our King, the Lord, our Right - eous - ness,
 4 The God who reigns on high the great arch - an - gels sing,
 5 The whole tri - um - phant host give thanks to God on high;

1 An - cient of ev - er - last - ing days, and God of love;
 2 we shall, on ea - gle - wings up - borne, to heaven a - scend:
 3 tri - um - phant o'er the world and sin, the Prince of Peace;
 4 and "Ho - ly, ho - ly, ho - ly," cry, "Al - might - y King!
 5 "Hail, Fa - ther, Son, and Ho - ly Ghost!" they ev - er cry;

1 the Lord, the great I AM, by earth and heaven con - fessed:
 2 we shall be - hold his face, we shall his power a - dore,
 3 on Zi - on's sa - cred height his king - dom he main - tains,
 4 Who was, and is, the same, and ev - er - more shall be:
 5 hail, A - braham's Lord di - vine! With heaven our songs we raise;

we bow and bless the sa - cred Name for ev - er blest.
 and sing the won - ders of his grace for ev - er - more.
 and, glo - rious with his saints in light, for ev - er reigns.
 e - ter - nal Fa - ther, great I AM, we wor - ship thee."
 all might and ma - jes - ty are thine, and end - less praise.

Words: Thomas Olivers (1725-1799), alt. Music: *Leoni*, Hebrew melody; harm. *Hymns Ancient and Modern*, 1875, alt.

THE OPENING ACCLAMATION

Presiding Priest Bless the Lord who forgives all our sins.

People God's mercy endures for ever.

COLLECT FOR PURITY

Presiding Priest and People

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

KYRIE

The musical notation for the Kyrie consists of three staves, each with a treble clef and a key signature of one flat (B-flat). The first staff is divided into two parts: 'Cantor:' and 'Assembly:'. The lyrics are 'Lord, have mer - cy.' for both parts. The second staff also has 'Cantor:' and 'Assembly:' parts with the lyrics 'Christ, have mer - cy.'. The third staff follows the same pattern with 'Lord, have mer - cy.' for both parts. The notes are simple, using quarter and half notes with stems, and are accompanied by horizontal lines indicating the melody.

Music: *Corpus Christi Mass*, Kyrie XVI, adapt. by Richard Proulx, © 1992, GIA Publications, Inc.

THE COLLECT OF THE DAY

Presiding Priest The Lord be with you.

People And also with you.

Presiding Priest Let us pray.

O God, whose glory it is always to have mercy: Be gracious to all who have gone astray from your ways, and bring them again with penitent hearts and steadfast faith to embrace and hold fast the unchangeable truth of your Word, Jesus Christ your Son; who with you and the Holy Spirit lives and reigns, one God, for ever and ever. **Amen.**

THE WORD OF GOD



THE FIRST READING

Genesis 12:1-4a

READER: A Reading from the Book of Genesis

Now the Lord said to Abram, "Go from your country and your kindred and your father's house to the land that I will show you. I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing. I will bless those who bless you, and the one who curses you I will curse; and in you all the families of the earth shall be blessed." So Abram went, as the Lord had told him.

Reader Hear what the Spirit is saying to God's people.

People Thanks be to God.

Silence is marked by the ringing of a bell.



Cantor: 1 I lift up my eyes / to the hills; *
from where is my \ help to come?

Choir: 2 My help comes / from the LORD, *
the maker of hea\ven and earth.

**All: 3 The Lord will not let your / foot be moved *
and the One who watches over you will not \ fall asleep.**

**4 Behold, the One who keeps watch over / Israel *
shall neither slum\ber nor sleep;**

**5 It is the Lord who watches / over you; *
the Lord is your shade at \ your right hand,**

**6 So that the sun shall not strike you / by day, *
nor the \ moon by night.**

**7 The Lord shall preserve you from all / evil; *
the Lord shall \ keep you safe.**

**8 The Lord shall watch over your going out and your / coming in, *
from this time forth for \ evermore.**

THE SECOND READING

Romans 4:1-5, 13-17

READER: A Reading from the Letter of Paul to the Romans

What then are we to say was gained by Abraham, our ancestor according to the flesh? For if Abraham was justified by works, he has something to boast about, but not before God. For what does the scripture say? "Abraham believed God, and it was reckoned to him as righteousness." Now to one who works, wages are not reckoned as a gift but as something due. But to one who without works trusts him who justifies the ungodly, such faith is reckoned as righteousness. For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation. For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, "I have made you the father of many nations") — in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist.

Reader Hear what the Spirit is saying to God's people.

***People* Thanks be to God.**

Silence is marked by the ringing of a bell.



GOSPEL ACCLAMATION

Cantor, then all, and after the verse.



Praise and hon - or to you, O Lord, O Lord.



Praise and hon - or to you, Lord Je - sus Christ.

VERSE: For God so loved the world that he gave his only Son,
so that everyone who believes in him may not perish but may have eternal life.

Text: ICEL, © 1969

Music: Based on WONDROUS LOVE, Stephen Pishner, © 1998, GIA Publications, Inc.

THE GOSPEL

John 3:1-17

The Holy Gospel of our Lord Jesus Christ according to John.

People Glory to you, Lord Christ.

Now there was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus by night and said to him, "Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God." Jesus answered him, "Very truly, I tell you, no one can see the kingdom of God without being born from above." Nicodemus said to him, "How can anyone be born after having grown old? Can one enter a second time into the mother's womb and be born?" Jesus answered, "Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, 'You must be born from above.' The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit." Nicodemus said to him, "How can these things be?" Jesus answered him, "Are you a teacher of Israel, and yet you do not understand these things? Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life. For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life. Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him."

The Gospel of the Lord.

People Praise to you, Lord Christ.



THE SERMON

Karen Haig

Silence is marked by the ringing of a bell.



THE NICENE CREED

Presiding Priest and People

We believe in one God, the Father, the Almighty, Maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary; and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE

Form II

In the course of the silence after each bidding, the People offer their own prayers, either silently or aloud.

I ask your prayers for God's people throughout the world; for Michael, our Presiding Bishop; Melissa, our Bishop; Brian, our Assisting Bishop; Karen, our Rector; Dan, our Deacon; and Nancy, Judith, Patricia, Jan, Jim and Dennis, priests among us; all who minister in Christ; and for all the holy people of God.

Silence

I ask your prayers for peace; for goodwill among nations; and for the well-being of all people.
Pray for justice and peace.

Silence

I ask your prayers for the poor, the sick, the hungry, the oppressed, and those in prison.
Pray for those in any need or trouble.

Silence

I ask your prayers for all who seek God, or a deeper knowledge of God.
Pray that they may find and be found by God.

Silence

I ask for your prayers for all in need of healing, peace, and comfort, especially _____.
Pray for those who are suffering.

Silence

I ask your prayers for the departed, especially _____.
Pray for those who have died.

Silence

Dear people of God, for whom else or what else shall we pray?

Members of the congregation offer prayers either silently or aloud.

Silence

*The Presiding Priest adds a concluding Collect. The people respond, **AMEN.***

Let us confess our sins against God and our neighbor.

Silence may be kept.

God of all mercy, we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf. Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.

The Presiding Priest says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

THE PEACE

Presiding Priest The peace of the Lord be always with you.

People And also with you.

 WELCOME, ANNOUNCEMENTS, BIRTHDAYS & ANNIVERSARIES

Prayer for a Birthday:

Watch over your child, O Lord, as *her* days increase; bless and guide *her* wherever *she* may be. Strengthen *her* when *she* stands; comfort *her* when discouraged or sorrowful; raise *her* up if *she* fall; and in *her* heart may your peace which passes understanding abide all the days of *her* life; through Jesus Christ our Lord. Amen.

Prayer for a Wedding Anniversary:

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

THE HOLY COMMUNION

Please remain seated. An offering of money is collected.

[You may make an offering by clicking here](#) or by scanning the QR code on the last page of your service bulletin.



ANTHEM

Teach me, O Lord

Thomas Attwood

Teach me, O Lord, the way of thy statutes,
And I shall keep it unto the end.

TEXT: *Psalm 119:33*



PRESENTATION ANTHEM

Presiding Priest All things come from you, O Lord,

***People* And of your own have we given you.**

THE GREAT THANKSGIVING

The people remain standing.

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give God thanks and praise.

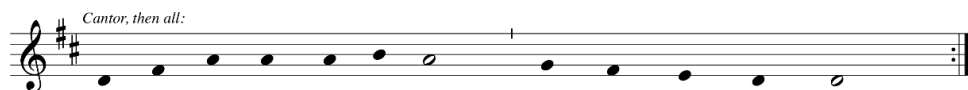
It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

You bid your faithful people cleanse their hearts, and prepare with joy for the Paschal feast; that, fervent in prayer and in works of mercy, and renewed by your Word and Sacraments, they may come to the fullness of grace which you have prepared for those who love you.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:


SANCTUS (next page)

Cantor, then all:




Ho - ly, ho - ly, ho - ly Lord, God of pow'r and might.

Cantor:

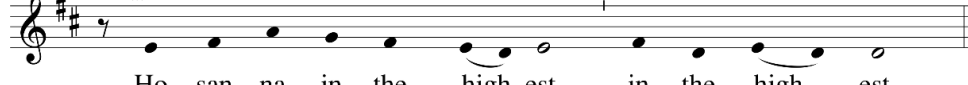


Heav'n and earth are full of your glo - ry.




Ho - san - na in the high - est, in the high - est.

All:



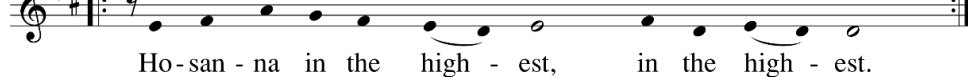
Ho - san - na in the high - est, in the high - est.

Cantor:



Blessed is he who comes in the name of the Lord.

Cantor, then all: *Last time*



Ho - san - na in the high - est, in the high - est.

Music: *Corpus Christi Mass, Adoro te devote*, setting by Richard Proulx, © 1992, GIA Publications, Inc.

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Christ has died.

Christ is risen.

Christ will come again.

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say,

**Our Father, who art in heaven, hallowed be thy Name,
thy kingdom come, thy will be done, on earth as it is in heaven.**

**Give us this day our daily bread,
and forgive us our trespasses, as we forgive those who trespass against us.
And lead us not into temptation, but deliver us from evil.**


For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

THE BREAKING OF THE BREAD

The Presiding Priest breaks the consecrated Bread. A period of silence is kept.


ACCLAMATION AFTER THE BREAKING OF THE BREAD

Cantor:




Lamb of God, you take a - way the sins of the world,

Assembly:

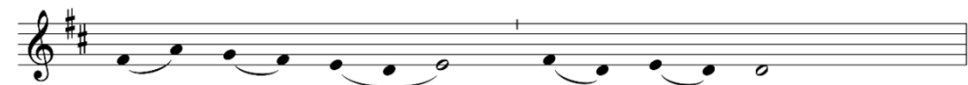


have mer - cy on us, have mer - cy on us.

Cantor:




Lamb of God you take a - way the sins of the world,



grant us peace, grant us peace.

Assembly:



Grant us peace, grant us peace.

Music: *Corpus Christi Mass, Adoro te devote*, setting by Richard Proulx, © 1992, 2002, GIA Publications, Inc.

THE INVITATION TO COMMUNION

COMMUNION OF THE PEOPLE

*This is Jesus' table around which we gather, and all are welcome to receive communion.
If you prefer to receive a blessing, or not to receive wine, fold your arms across your chest as a sign.
Gluten-free wafers are available, please ask the priest.*

An Act of Spiritual Communion for those worshipping online.

My Jesus, I believe that you are truly present in the Blessed Sacrament of the Altar. I love you above all things, and long for you in my soul. Since I cannot now receive you sacramentally, come spiritually into my heart. As though you have already come, I embrace you and unite myself entirely to you; never permit me to be separated from you. Amen.

ORGAN VOLUNTARY

Let thy blood in mercy poured

J. S. Bach

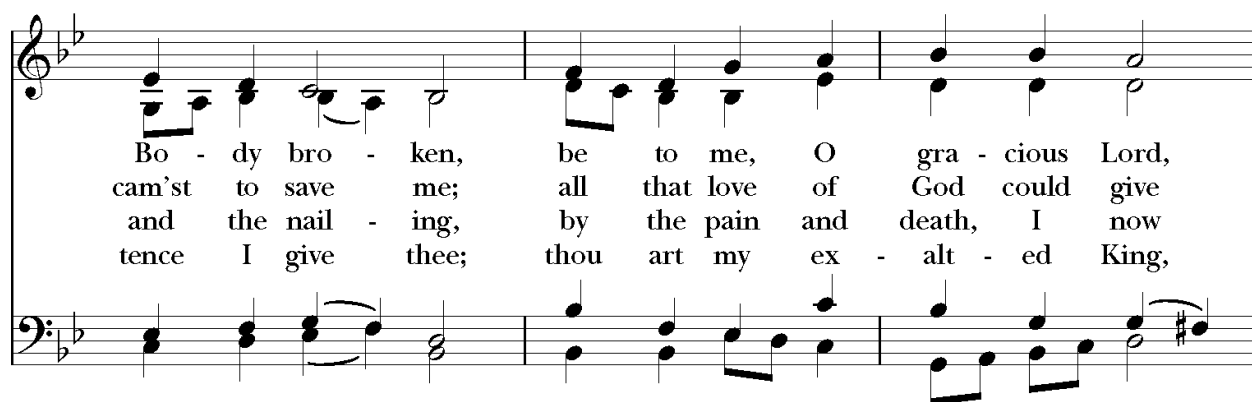
HYMN (sung by all)

Let thy blood in mercy poured

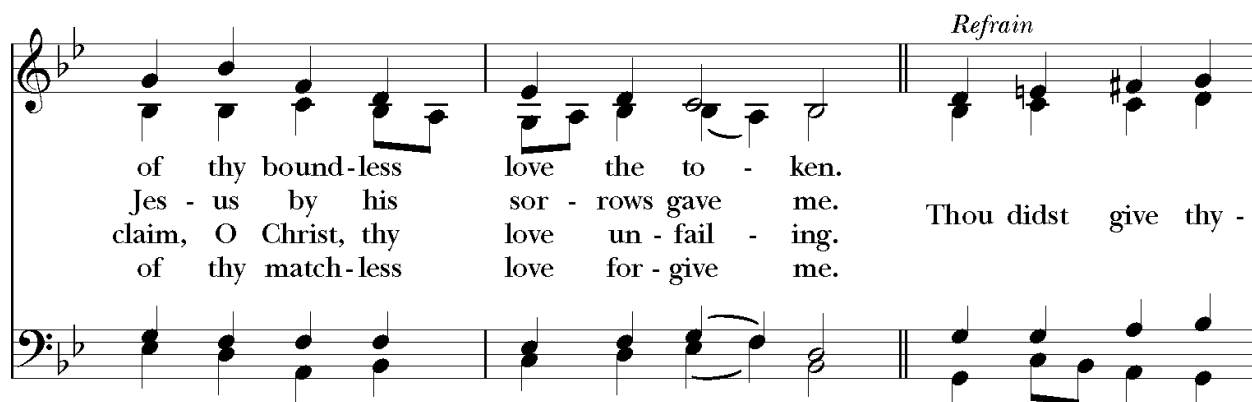
(HYMNAL 313)



1 Let thy Blood in mer - cy poured, let thy gra - cious
 2 Thou didst die that I might live; bless - ed Lord, thou
 3 By the thorns that crowned thy brow, by the spear-wound
 4 Wilt thou own the gift I bring? All my pen - i -



Bo - dy bro - ken, be to me, O gra - cious Lord,
 cam'st to save me; all that love of God could give
 and the nail - ing; by the pain and death, I now
 tence I give thee; thou art my ex - alt - ed King,



of thy bound-less love the to - ken.
 Jes - us by his sor - rows gave me. Thou didst give thy -
 claim, O Christ, thy love un - fail - ing.
 of thy match-less love for - give me.



self for me, now I give my - self to thee.

Words: John Brownlie (1859-1925) Music: *Jesus, meine Zuversicht*, melody Johann Cruger (1598-1662); harm. after *The Chorale Book for England*, 1863

ORGAN VOLUNTARY

I call on thee, Lord Jesus Christ

J.S. Bach

Once all have received communion and the Holy Table has been cleared the community observes a moment of silent reflection and prayer. The silence is begun and ended with the sound of a bell.



THE POST-COMMUNION PRAYER

Presiding Priest and People

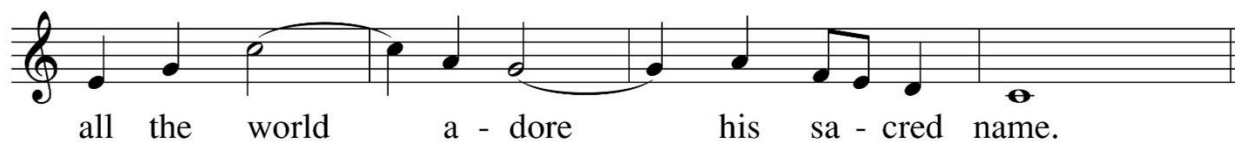
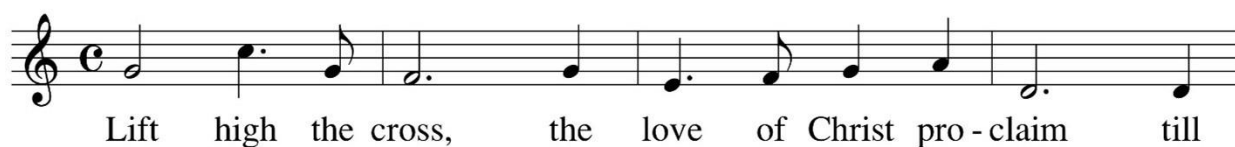
Almighty and ever living God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

THE BLESSING

HYMN (sung by all)

Lift high the cross

(HYMNAL 473)



1. Led on their way by this tri-um-phant sign, The
2. Each new-born ser-vant of the Cru-ci-fied Bears
3. O Lord, once lift-ed on the glo-rious tree, Your
4. So shall our song of tri-umph ev-er be: Praise



hosts of God in con-qu'ring ranks com-bine.
on the brow the seal of him who died.
death has bought us life e-ter-nal-ly.
to the Cru-ci-fied for vic-to-ry!

D.C.

Text: 1 Corinthians 1:18; George W. Kitchin, 1827–1912, and Michael R. Newbolt, 1874–1956, alt.
Tune: CRUCIFER, 10 10 with refrain; Sydney H. Nicholson, 1875–1947
© 1974, Hope Publishing Company

DISMISSAL

Go in peace to love and serve the Lord.

People

Thanks be to God.

PROCESSION

Bells

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MINISTERS OF THE LITURGY

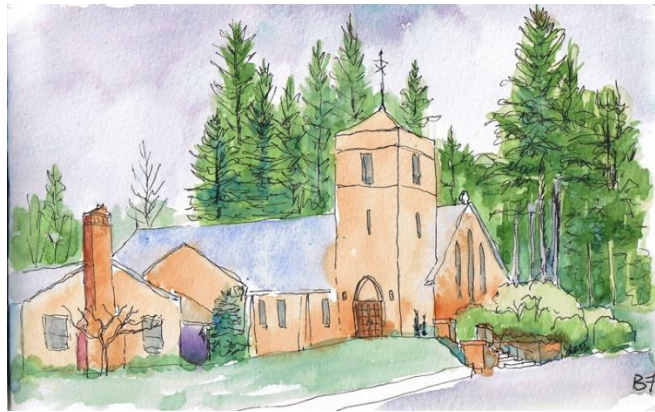
Presiding Priest & Preacher
Deacon
Organist & Choir Director
Song Leaders
Acolytes
Lectors
Eucharistic Ministers
Ushers
Altar Guild
Bread Baker
Videographers

The Reverend Karen Haig
The Reverend Dan Fowler
Paul Roy
The Parish Choir
Samuel & Luke Anderson
Michael Ditmore, Brian Andvik
Barbara Bolles, Kathy Bolles
Brian Andvik & Laura Carroll
Steve & Helene Schmitz, Heidi O'Brien, Karena & Kala Teves
Peggy Eichenberger
Michael Ditmore, Andrew Bainbridge, Jim Friedrich

You may make your offering by scanning the QR code below. Thank you for your generosity.



*We are a community of faith that welcomes and values all people.
We commit to follow Christ, serve others, grow in faith,
and transform the world by sharing God's love.*



*St Barnabas Episcopal Church acknowledges that we gather on the traditional land
of the first people of this island, the Suquamish People, who are still here,
and we honor with gratitude the land itself and the life of the Suquamish Tribe.*

CLERGY

Bishop Provisional | The Most Reverend Melissa Skelton
Assisting Bishop | The Right Reverend Brian Prior
Rector | The Reverend Karen Haig
Deacon | The Reverend Dan Fowler
Assisting Priests | The Reverends Dr. Judith M. McDaniel, Nancy Tiederman,
Patricia Rome Robertson, Dr. Jan C. Heller, and Jim Friedrich

STAFF

Director of Music | Paul Roy
Parish Administrator | Lisa-Marie MacKenzie
Bookkeeper | Jessica Edmonds
Sexton | Tom Clark
Kitchen Manager | Tim Shelly
Housekeeper | Natalia Perez
Interim Tender | Joe Salter

VESTRY

Rector's Warden | Barbara Bolles
Property Warden | Brian Andvik
People's Warden | Steve Schmitz
Members of our Vestry | Laura Bainbridge, Tom Beierle,
Michael Ditmore, Judith Hanna, Claire Hicks, Mary Anne Smith
Clerk of the Vestry | Rebecca Ditmore
Treasurer | Kirk Eichenberger
Chancellor | Katherine Bolles