

# HOLY EUCHARIST: Rite II


THE SEVENTH AFTER PENTECOST

July 16, 2023 ♦ 10:00 a.m.

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*Welcome to St. Barnabas, we are delighted that you're here.  
We hope you'll participate fully in our worship through singing, praying, hearing the Good News of Jesus Christ,  
and coming to communion. May God richly bless you as you bless us!*

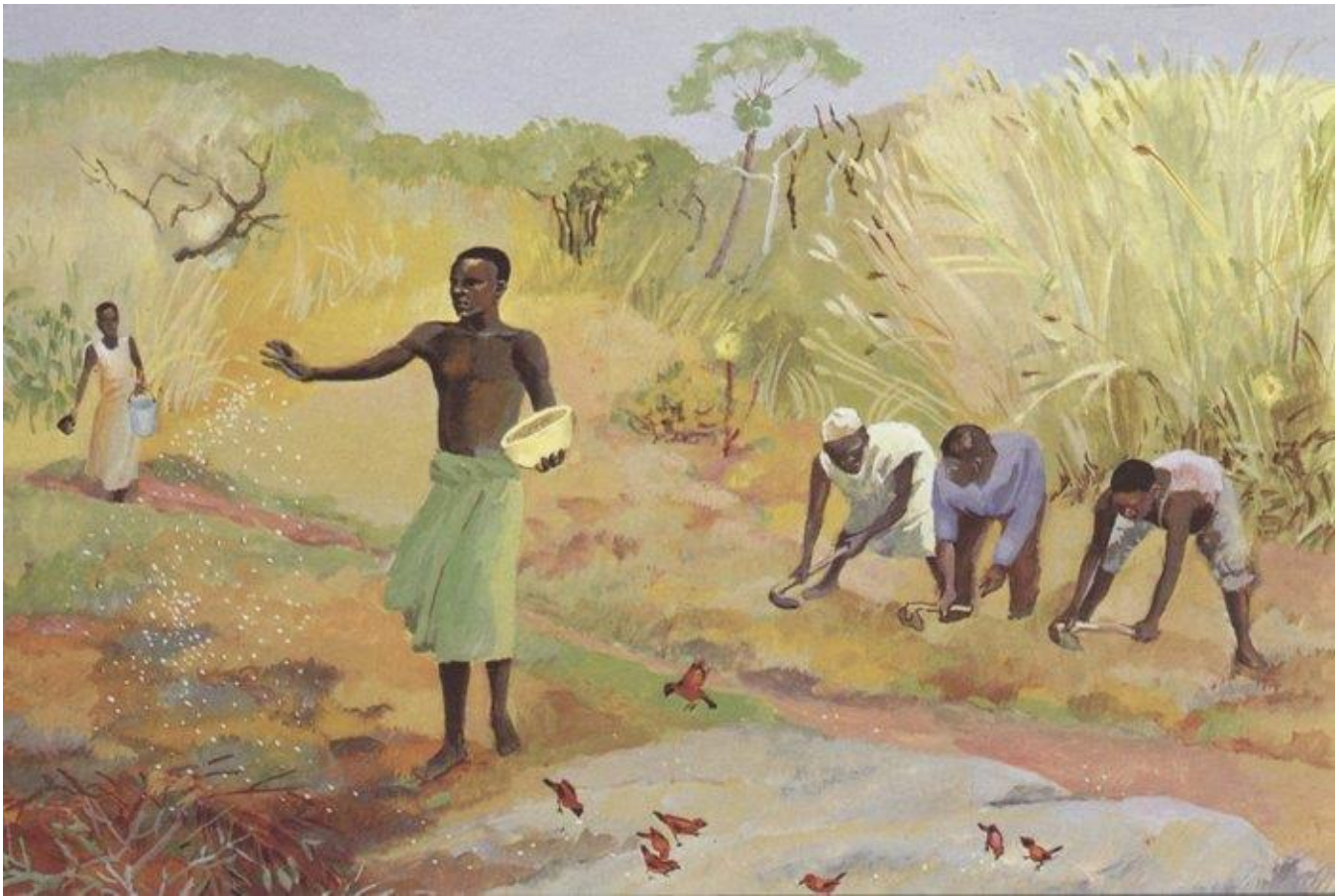
## PRELUDE

 *All stand as able at the sound of the tower bells.*

HYMN (sung by all, next page)

*Sing praise to God who reigns above*

(HYMNAL 408)



The Parable of the Sower  
Jesus Mafa, 1973



1 Sing praise to God who reigns a - bove, the God of all cre -  
 2 What God's al-might - y power hath made, his gra - cious mer - cy  
 3 Let all who name Christ's ho - ly Name give God all praise and



a - tion, the God of power, the God of love, the God of  
 keep-eth; by morn - ing glow or eve - ning shade his watch - ful  
 glo - ry; let all who know his power pro - claim a - loud the



our sal - va - tion; with heal - ing balm my soul he fills, and  
 eye ne'er sleep - eth. With - in the king - dom of his might, lo!  
 won - drous sto - ry! Cast each false i - dol from its throne, the



ev - ery faith - less mur - mur stills: to God all praise and glo - ry.  
 All is just and all is right: to God all praise and glo - ry.  
 Lord is God, and he a - lone: to God all praise and glo - ry.

Words: Johann Jacob Schütz (1640-1690); tr. Frances Elizabeth Cox (1812-1897), alt.  
 Music: *Mit Freuden zart*, melody from "Une pastourelle gentille," 1529; adapt. *Pseaumes cinquante de David*, 1547, and *Kirchengeseng darinnen die Heubtartikel des Christlichen Glaubens gefasset*, 1566; harm. Ralph Vaughan Williams (1872-1958), after Heinrich Reimann (19th cent.)

THE OPENING ACCLAMATION

*Presiding Priest* Blessed be God: Father, Son, and Holy Spirit.

*People* And blessed be God's kingdom, now and for ever. Amen.

COLLECT FOR PURITY

*Presiding Priest and People*

**Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid:**

**Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.**

SONG OF PRAISE (sung by all, next page)

Salzburg



God, you call us to this place, where we know your love and grace.  
 Here your bless - ed Spi - rit free makes of us one fam - i - ly,  
 makes our rich - di - ver - si - ty rich - er still in u - ni - ty,  
 makes our man - y voic - es one, joined in praise with Christ your Son.

*Presiding Priest* The Lord be with you.  
**People** And also with you.  
*Presiding Priest* Let us pray.

O Lord, mercifully receive the prayers of your people who call upon you, and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

## **THE WORD OF GOD**

### **THE FIRST READING**

Genesis 25:19-34

*READER: A Reading from the Book of Genesis*

These are the descendants of Isaac, Abraham's son: Abraham was the father of Isaac, and Isaac was forty years old when he married Rebekah, daughter of Bethuel the Aramean of Paddan-aram, sister of Laban the Aramean. Isaac prayed to the Lord for his wife, because she was barren; and the Lord granted his prayer, and his wife Rebekah conceived. The children struggled together within her; and she said, "If it is to be this way, why do I live?" So she went to inquire of the Lord. And the Lord said to her, "Two nations are in your womb, and two peoples born of you shall be divided; the one shall be stronger than the other, the elder shall serve the younger." When her time to give birth was at hand, there were twins in her womb. The first came out red, all his body like a hairy mantle; so they named him Esau. Afterward his brother came out, with his hand gripping Esau's heel; so he was named Jacob. Isaac was sixty years old when she bore them. When the boys grew up, Esau was a skillful hunter, a man of the field, while Jacob was a quiet man, living in tents. Isaac loved Esau, because he was fond of game; but Rebekah loved Jacob. Once when Jacob was cooking a stew, Esau came in from the field, and he was famished. Esau said to Jacob, "Let me eat some of that red stuff, for I am famished!" (Therefore he was called Edom.) Jacob said, "First sell me your birthright." Esau said, "I am about to die; of what use is a birthright to me?" Jacob said, "Swear to me first." So he swore to him, and sold his birthright to Jacob. Then Jacob gave Esau bread and lentil stew, and he ate and drank, and rose and went his way. Thus Esau despised his birthright.

*Reader* Hear what the Spirit is saying to God's people.  
**People** Thanks be to God.

*Silence is marked by the ringing of a bell.*

THE RESPONSE (remain seated, read responsively)

Psalms 119:105-112

105 Your word is a lantern to my feet \*  
**and a light upon my path.**

106 I have sworn and am determined \*  
**to keep your righteous judgments.**

107 I am deeply troubled; \*  
**preserve my life, O LORD, according to your word.**

108 Accept, O LORD, the willing tribute of my lips, \*  
**and teach me your judgments.**

109 My life is always in my hand, \*  
**yet I do not forget your law.**

110 The wicked have set a trap for me, \*  
**but I have not strayed from your commandments.**

111 Your decrees are my inheritance for ever; \*  
**truly, they are the joy of my heart.**

112 I have applied my heart to fulfill your statutes \*  
**for ever and to the end.**

THE SECOND READING

Romans 8:1-11

*READER: A Reading from the Letter of Paul to the Romans*

There is therefore now no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law — indeed it cannot, and those who are in the flesh cannot please God. But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

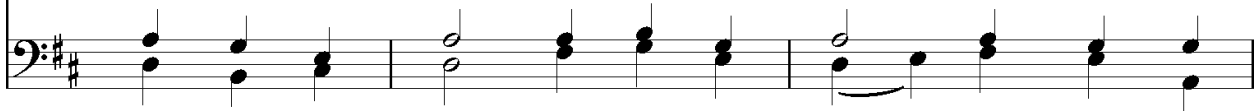
*Reader* Hear what the Spirit is saying to God's people.

***People* Thanks be to God.**

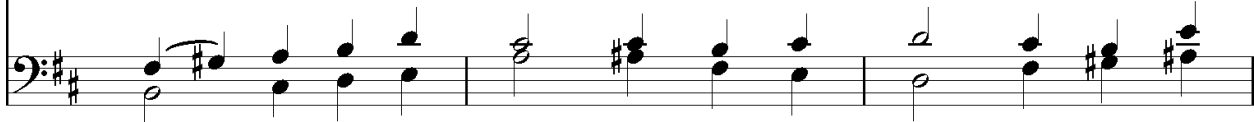
*Silence is marked by the ringing of a bell.*



1 Lord, make us ser - vants of your peace: where there is  
 2 Where all is doubt, may we sow faith; where all is  
 3 Je - sus, our Lord, may we not seek to be con -  
 4 May we not look for love's re - turn, but seek to  
 5 Dy - ing, we live, and are re - born through death's dark



1 hate, may we sow love; where there is hurt, may we for -  
 2 gloom, may we sow hope; where all is night, may we sow  
 3 soled, but to con - sole, nor look to un - der - stand - ing  
 4 love un - self - ish - ly, for in our giv - ing we re -  
 5 night to end - less day: Lord, make us ser - vants of your



1 give; where there is strife, may we make one.  
 2 light; where all is tears, may we sow joy.  
 3 hearts, but look for hearts to un - der - stand.  
 4 ceive, and in for - giv - ing are for - given.  
 5 peace, to wake at last in hea - ven's light.



Words: James Quinn (b. 1919), based on prayer att. Francis of Assisi (1182-1226) Copyright © James Quinn, SJ, printed by permission of Geoffrey Chapman a division of Cassell, Ltd. Music: *Dickinson College*, Lee Hastings Bristol, Jr. (1923-1979) Copyright ©1962, Theodore Presser Co. All rights reserved. Used with permission.

The Holy Gospel of our Lord Jesus Christ according to Matthew.

**People** **Glory to you, Lord Christ.**

Jesus went out and sat beside the sea. Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. And he told them many things in parables, saying: "Listen! A sower went out to sow. And as he sowed, some seeds fell on the path, and the birds came and ate them up. Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. But when the sun rose, they were scorched; and since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. Let anyone with ears listen! Hear then the parable of the sower. When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty."

The Gospel of the Lord

**People** **Praise to you, Lord Christ.**



## THE SERMON

Karen Haig

*Silence is marked by the ringing of a bell.*



## THE NICENE CREED

*Presiding Priest and People*

**We believe in one God, the Father, the Almighty, Maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary; and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.**

## THE PRAYERS OF THE PEOPLE

God of the Ages, we lift our hearts to you, for you are our strength and our joy.

Holy God,

**Guide us in wisdom. Guide us in truth. Guide us in love.**

I ask your prayers for the church throughout the world: for our Presiding Bishop, Michael, for our Bishops Melissa and Brian, for our sisters and brothers in churches everywhere, for all who desire God.

Pray for the Church.

*Silence*

Holy God,

**Guide us in wisdom. Guide us in truth. Guide us in love.**

I ask your prayers for this parish: that we would be like Jesus, growing in conviction, compassion, and courage, that we would be a living sanctuary of spirit and truth.

Pray for St. Barnabas

*Silence*

Holy God,

**Guide us in wisdom. Guide us in truth. Guide us in love.**

I ask your prayers for this nation, reeling in the face of bigotry, hatred, divisiveness and fear: for wisdom and compassion in our public servants and civility among all people.

Pray for our country.

*Silence*

Holy God,

**Guide us in wisdom. Guide us in truth. Guide us in love.**

I ask your prayers for our sisters and brothers throughout the world, especially where there is war,

where there is violence,

where there is hunger and drought,

where there is pestilence,

Pray for our world.

*Silence*

Holy God,

**Guide us in wisdom. Guide us in truth. Guide us in love.**

I ask your prayers for all creation:

for the land, the seas, and the sky, for the creatures who live there,

for choices we make as stewards of creation.

Pray for all creation.

*Silence*

Holy God,

**Guide us in wisdom. Guide us in truth. Guide us in love.**

I ask your prayers for the wider community, especially any who are suffering.

Pray for our neighbors.

*Silence*

Holy God,

**Guide us in wisdom. Guide us in truth. Guide us in love.**

I ask your prayers of healing, peace and comfort for \_\_\_\_\_ and those we now name.

*Silence*

I ask your prayers for those who have died, especially \_\_\_\_\_ and those we now name.

*Silence*

Dear people of God, for whom else or what else shall we pray?

*Silence*

Holy God,

**Guide us in wisdom. Guide us in truth. Guide us in love.**

*The presider concludes with a Collect, to which the people respond, Amen.*

Let us confess our sins against God and our neighbor.

*Silence may be kept.*

**Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.**

*The Presiding Priest says*

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

## THE PEACE

*Presiding Priest* The peace of the Lord be always with you.  
**People** **And also with you.**

## WELCOME, ANNOUNCEMENTS, BIRTHDAYS & ANNIVERSARIES


*Prayer for a Birthday:*

**Watch over your child, O Lord, as *her* days increase; bless and guide *her* wherever *she* may be. Strengthen *her* when *she* stands; comfort *her* when discouraged or sorrowful; raise *her* up if *she* fall; and in *her* heart may your peace which passes understanding abide all the days of *her* life; through Jesus Christ our Lord. Amen.**

*Prayer for a Wedding Anniversary:*

**O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.**

## THE HOLY COMMUNION

 *An offering of money is collected.*

*You may make an offering by [clicking here](#) or by scanning the QR code on the last page of your service bulletin.*

HYMN (sung by all)

*Surely it is God who saves me*

((HYMNAL 679))





1 Sure - ly it is God who saves me; trust - ing him, I shall not  
2 Make his deeds known to the peo - ples; tell out his ex - alt - ed  
fear. For the Lord de - fends and shields me and his sav - ing  
Name. Praise the Lord, who has done great things; all his works his  
help is near. So re - joice as you draw wa - ter from sal -  
might pro - claim. Zi - on, lift your voice in sing - ing; for with  
va - tion's liv - ing spring; in the day of your de -  
you has come to dwell, in your ve - ry midst, the  
liv - erance thank the Lord, his mer - cies sing.  
great and Ho - ly One of Is - ra - el.

Words: Carl P. Daw, Jr. (b. 1944); para. of *The First Song of Isaiah* Copyright ©1982, Carl P. Daw, Jr. Music: *Thomas Merton*, Ray W. Urwin (b. 1950)  
Copyright ©1984, Ray W. Urwin. All rights reserved. Used with permission.



## PRESENTATION ANTHEM

*Presiding Priest* All things come from you, O Lord,  
*People* and of your own have we given you.

May God with you.

***And also with you.***

Lift up your hearts.

***We lift our hearts to God.***

Let us give thanks to the One who created us.

***It is right to give God thanks and praise.***

*Then, facing the Holy Table, the Presider proceeds*

God of all power, Sustainer of the Universe, you are worthy of glory and praise.

***Glory to you for ever and ever.***

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

***By your will they were created and have their being.***

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the stewards of creation. But we turned against you, and betrayed your trust; and we turned against one another.

***Have mercy, Dear God, for we are sinners in your sight.***

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of Mary his mother, to fulfill your Law, to open for us the way of freedom and peace.

***By his blood, Christ reconciled us.***

***By Christ's wounds, we are healed.***

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

SANCTUS (sung by all)

Land of Rest

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and  
might, heav - en and earth are full of your glo - ry. Ho -  
san - na in the high - est. Bless - ed is  
he who comes in the name of the Lord. Ho -  
san - na in the high - est, ho - san - na in the high - est.

Music: *Land of Rest*, adapt. by Marcia Pruner, © 1980, Church Pension Fund; acc. by Richard Proulx

*The Presider continues*

And so, Most Gracious God, we who have been redeemed by Christ, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be for us the Body and Blood of Jesus Christ, our Savior. On the night he was betrayed Jesus took bread, said the blessing, broke the bread, and gave it to his friends, saying, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, Jesus took the cup of wine, gave thanks, and said, “Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.” Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,

***We celebrate his death and resurrection, as we await the day of his coming.***

God of our kindred and their generation: God of Abraham, Isaac and Jacob; Sarah, Rebekah, Rachel and Leah; God and Father of our Savior Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let this grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in your Son’s name.

***Risen and Ascended One, be known to us in the breaking of the Bread.***

Accept these prayers and praises, O God, Most Merciful, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say

#### THE LORD’S PRAYER

**Our Father, who art in heaven, hallowed be thy Name,  
thy kingdom come, thy will be done, on earth as it is in heaven.**

**Give us this day our daily bread,  
and forgive us our trespasses, as we forgive those who trespass against us.  
And lead us not into temptation, but deliver us from evil.**

**For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

#### ACCLAMATION AFTER THE BREAKING OF THE BREAD

Ambrosian Chant

*Sung responsively*

Al - le - lu - ia. Christ our Pass - o - ver is sac - ri - ficed for us;

There-fore let us keep the feast. Al - le - lu - ia.

*This setting may be sung full by all, or by the choir, or as a versicle and response.*

#### THE INVITATION TO COMMUNION

The gifts of God for the People of God.

#### COMMUNION OF THE PEOPLE

*This is Jesus’ table around which we gather, and all are welcome to receive communion.*

*If you prefer to receive a blessing, or not to receive wine, fold your arms across your chest as a sign.*

*Gluten-free wafers are available, please ask the priest.*

*An Act of Spiritual Communion for those worshipping online.*

My Jesus, I believe that you are truly present in the Blessed Sacrament of the Altar. I love you above all things, and long for you in my soul. Since I cannot now receive you sacramentally, come spiritually into my heart. As though you have already come, I embrace you and unite myself entirely to you; never permit me to be separated from you. Amen.



MUSIC



THE POST-COMMUNION PRAYER

Loving God, we give you thanks for restoring us in your image and nourishing us with spiritual food in the Sacrament of Christ's Body and Blood. Now send us forth a people forgiven, healed, renewed; that we may proclaim your love to the world and continue in the risen life of Christ our Savior. Amen.

THE BLESSING



HYMN (sung by all, next page)

*Father, we thank thee who hast planted*

(HYMNAL 302)

1 Fa - ther, we thank thee who hast plant - ed thy ho - ly Name with -  
 2 Watch o'er thy Church, O Lord, in mer - cy, save it from e - vil,

in our hearts. Know - ledge and faith and life im - mor - tal Je - sus thy  
 guard it still, per - fect it in thy love, u - nite it, cleansed and con -

Son to us im - parts. Thou, Lord, didst make all for thy plea - sure,  
 formed un - to thy will. As grain, once scat - tered on the hill - sides,

didst give us food for all our days, giv - ing in Christ the  
 was in this bro - ken bread made one, so from all lands thy

Greek, ca. 110; *Didache*, 2nd century; tr. **Bland Tucker** (1941); © 1943, 1961, 1981, The Church Pension Fund. Used by permission.

DISMISSAL

Let us go forth in the name of Christ.

*People* Thanks be to God.

PROCESSION

POSTLUDE

## **MINISTERS OF THE LITURGY**

Presiding Priest	The Reverend Jim Friedrich
Preacher	The Reverend Karen Haig
Deacon	The Reverend Dan Fowler
Guest Pianist	Chris Eisenberg
Song Leader	Andrew Etherington
Lectors	Michael Ditmore and George Robertson
Eucharistic Ministers	Rebecca Ditmore and Joan Collins
Ushers	Borgan & Kathy Anderson
Altar Guild	Kathy Anderson, Beth Gudmundson, Sue Thompkins, Lynn Duncan
Bread Bakers	Peggy Eichenberger, Laurie Fergusson, Elaine Percival
Videographers	Michael Ditmore, Rorie MacKenzie, Jim Friedrich
Coffee Hour	Mari Bickford, Sue Bunn, Dick Eversole, Judy Jackson
Welcome Table	Judith Hanna

**You may make your offering by scanning the QR code below. Thank you for your generosity.**



*We are a community of faith that welcomes and values all people.  
We commit to follow Christ, serve others, grow in faith,  
and transform the world by sharing God's love.*



*St Barnabas Episcopal Church acknowledges that we gather on the traditional land  
of the first people of this island, the Suquamish People, who are still here,  
and we honor with gratitude the land itself and the life of the Suquamish Tribe.*

#### CLERGY

Bishop Provisional | The Most Reverend Melissa Skelton  
Assisting Bishop | The Right Reverend Brian Prior  
Rector | The Reverend Karen Haig  
Deacon | The Reverend Dan Fowler  
Assisting Priests | The Reverends Dr. Judith M. McDaniel, Nancy Tiederman,  
Patricia Rome Robertson, Dr. Jan C. Heller, and Jim Friedrich

#### STAFF

Director of Music | Paul Roy  
Parish Administrator | Lisa-Marie MacKenzie  
Bookkeeper | Jessica Edmonds  
Sexton | Tom Clark  
Kitchen Manager | Tim Shelly  
Housekeeper | Natalia Perez  
Interium Tender | Joe Salter

#### VESTRY

Rector's Warden | Barbara Bolles  
Property Warden | Brian Andvik  
People's Warden | Steve Schmitz  
Members of our Vestry | Laura Bainbridge, Tom Beierle,  
Michael Ditmore, Judith Hanna, Claire Hicks, Mary Anne Smith  
Clerk of the Vestry | Rebecca Ditmore  
Treasurer | Kirk Eichenberger  
Chancellor | Katherine Bolles