

HOLY EUCHARIST: Rite II

THE FIFTH SUNDAY AFTER PENTECOST


July 2, 2023 ♦ 10:00 a.m.

*Welcome to St. Barnabas, we are delighted that you're here.
We hope you'll participate fully in our worship through singing, praying, hearing the Good News of Jesus Christ,
and coming to communion. May God richly bless you as you bless us!*

ORGAN VOLUNTARY

Air

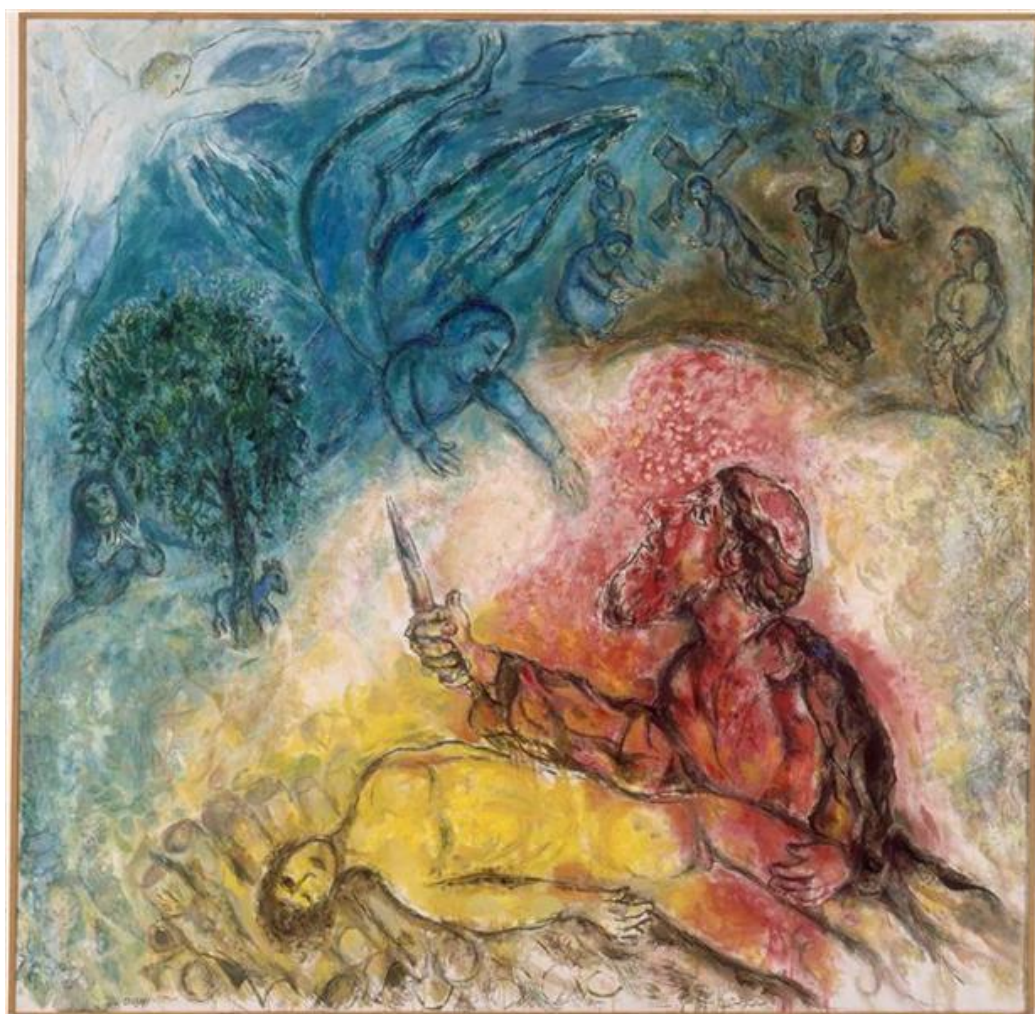
J. S. Bach

 *All stand as able at the sound of the tower bells.*

HYMN (sung by all, next page)

Christ is made the sure foundation

Westminster Abbey



Sacrifice of Isaac



1. Christ is made the sure foun-da - tion, Christ, the head and
2. To this tem - ple, where we call you, Come, O Lord of
3. Grant, we pray, to all your peo - ple, All the grace they
4. Praise and hon - or to the Fa - ther, Praise and hon - or



1. cor - ner - stone; Cho - sen of the Lord, and pre - cious,
2. hosts, to - day; With your wont - ed lov - ing kind - ness,
3. ask to gain; What they gain from you for ev - er
4. to the Son, Praise and hon - or to the Spir - it,



1. Bind - ing all the Church in one, Ho - ly Si - on's
2. Hear your ser - vants as they pray, And your ful - lest
3. With the bless - ed to re - tain, And here - af - ter
4. Ev - er three and ev - er one, One in might and



1. help for ev - er, And her con - fi - dence a - lone.
2. ben - e - dic - tion, Shed in all its bright - est ray.
3. in your glo - ry, Ev - er-more with you to reign.
4. one in glo - ry, While un - end - ing a - ges run.

Text: 87 87 87; *Angularis fundamentum*, 7th cent., tr. by John M. Neale, 1818–1866, alt.

Music: Henry Purcell, 1659–1695.

THE OPENING ACCLAMATION

Presiding Priest Blessed be God: Father, Son, and Holy Spirit.

People And blessed be God's kingdom, now and for ever. Amen.

COLLECT FOR PURITY

Presiding Priest and People

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid:

Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

CANTICLE: Benedictus es, Domine (sung by all)

John Rutter



Glo-ry to you, Lord God of our fa - thers; you are wor - thy of praise; glo - ry to
 you. Glo-ry to you, for the ra - di - ance of your ho - ly Name; we will
 praise you and high - ly ex - alt you for ev - er. Glo - ry to you in the
 splen - dor of your tem - ple, on the throne of your ma - jes - ty, glo - ry to you. Glo - ry to
 you, seat - ed be - tween the Cher - u - bim; we will praise you and high - ly ex - alt you for -
 ev - er. Glo - ry to you, be - hold - ing the depths;
 ev - er. Glo - ry to you, be - hold - ing the depths; in the
 in the high vault of hea - ven, Glo - ry to you, Fa - ther,
 high vault of hea - ven, glo - ry to you. Glo - ry to you, Fa - ther, Son, and
 Son, and Ho - ly Spi - rit, we will high - ly ex - alt you, Glo - ry to you!
 Ho - ly Spi - rit; we will praise you and high - ly ex - alt you for ev - er.

Presiding Priest The Lord be with you.**People** And also with you.*Presiding Priest* Let us pray.

Almighty God, you have built your Church upon the foundation of the apostles and prophets, Jesus Christ himself being the chief cornerstone: Grant us so to be joined together in unity of spirit by their teaching, that we may be made an holy temple acceptable to you; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

THE WORD OF GOD



THE FIRST READING

Genesis 22:1-14

READER: A Reading from the Book of Genesis

God tested Abraham. He said to him, "Abraham!" And he said, "Here I am." He said, "Take your son, your only son Isaac, whom you love, and go to the land of Moriah, and offer him there as a burnt offering on one of the mountains that I shall show you." So Abraham rose early in the morning, saddled his donkey, and took two of his young men with him, and his son Isaac; he cut the wood for the burnt offering, and set out and went to the place in the distance that God had shown him. On the third day Abraham looked up and saw the place far away. Then Abraham said to his young men, "Stay here with the donkey; the boy and I will go over there; we will worship, and then we will come back to you." Abraham took the wood of the burnt offering and laid it on his son Isaac, and he himself carried the fire and the knife. So the two of them walked on together. Isaac said to his father Abraham, "Father!" And he said, "Here I am, my son." He said, "The fire and the wood are here, but where is the lamb for a burnt offering?" Abraham said, "God himself will provide the lamb for a burnt offering, my son." So the two of them walked on together. When they came to the place that God had shown him, Abraham built an altar there and laid the wood in order. He bound his son Isaac, and laid him on the altar, on top of the wood. Then Abraham reached out his hand and took the knife to kill his son. But the angel of the Lord called to him from heaven, and said, "Abraham, Abraham!" And he said, "Here I am." He said, "Do not lay your hand on the boy or do anything to him; for now I know that you fear God, since you have not withheld your son, your only son, from me." And Abraham looked up and saw a ram, caught in a thicket by its horns. Abraham went and took the ram and offered it up as a burnt offering instead of his son. So Abraham called that place "The Lord will provide"; as it is said to this day, "On the mount of the Lord it shall be provided."

Reader Hear what the Spirit is saying to God's people.

***People* Thanks be to God.**

Silence is marked by the ringing of a bell.

THE RESPONSE (remain seated, read responsively)

Psalms 13

1 How long, O Lord? will you forget me for ever? *
how long will you hide your face from me?

2 How long shall I have perplexity in my mind, and grief in my heart, day after day? *
how long shall my enemy triumph over me?

3 Look upon me and answer me, O Lord my God; *
give light to my eyes, lest I sleep in death;

4 Lest my enemy say, "I have prevailed over him," *
and my foes rejoice that I have fallen.

5 But I put my trust in your mercy; *
my heart is joyful because of your saving help.

6 I will sing to the Lord, for he has dealt with me richly; *
I will praise the Name of the Lord Most High.

READER: A Reading from the Letter of Paul to the Romans

Do not let sin exercise dominion in your mortal bodies, to make you obey their passions. No longer present your members to sin as instruments of wickedness, but present yourselves to God as those who have been brought from death to life, and present your members to God as instruments of righteousness. For sin will have no dominion over you, since you are not under law but under grace. What then? Should we sin because we are not under law but under grace? By no means! Do you not know that if you present yourselves to anyone as obedient slaves, you are slaves of the one whom you obey, either of sin, which leads to death, or of obedience, which leads to righteousness? But thanks be to God that you, having once been slaves of sin, have become obedient from the heart to the form of teaching to which you were entrusted, and that you, having been set free from sin, have become slaves of righteousness. I am speaking in human terms because of your natural limitations. For just as you once presented your members as slaves to impurity and to greater and greater iniquity, so now present your members as slaves to righteousness for sanctification. When you were slaves of sin, you were free in regard to righteousness. So what advantage did you then get from the things of which you now are ashamed? The end of those things is death. But now that you have been freed from sin and enslaved to God, the advantage you get is sanctification. The end is eternal life. For the wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord.

Reader Hear what the Spirit is saying to God's people.

People Thanks be to God.

Silence is marked by the ringing of a bell.



GOSPEL ACCLAMATION

Cantor, then all and after the verse:



Music: A. Gregory Murray, OSB, © 1958, The Grail, GIA Publications, Inc., agent

VERSE: You are a chosen race, a royal priesthood, a holy / nation;
announce the praises of him who called you out of darkness into his \ wonderful light.

THE GOSPEL

Matthew 10:40-42

The Holy Gospel of our Lord Jesus Christ according to Matthew.

People Glory to you, Lord Christ.

Jesus said, "Whoever welcomes you welcomes me, and whoever welcomes me welcomes the one who sent me. Whoever welcomes a prophet in the name of a prophet will receive a prophet's reward; and whoever welcomes a righteous person in the name of a righteous person will receive the reward of the righteous; and whoever gives even a cup of cold water to one of these little ones in the name of a disciple — truly I tell you, none of these will lose their reward."

The Gospel of the Lord

People Praise to you, Lord Christ.



THE SERMON

Karen Haig

Silence is marked by the ringing of a bell.



THE NICENE CREED

Presiding Priest and People

We believe in one God, the Father, the Almighty, Maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary; and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE

God of the Ages, we lift our hearts to you, for you are our strength and our joy.

Holy God,

Guide us in wisdom. Guide us in truth. Guide us in love.

I ask your prayers for the church throughout the world: for our Presiding Bishop, Michael, for our Bishops Melissa and Brian, for our sisters and brothers in churches everywhere, for all who desire God.

Pray for the Church.

Silence

Holy God,

Guide us in wisdom. Guide us in truth. Guide us in love.

I ask your prayers for this parish: that we would be like Jesus, growing in conviction, compassion, and courage, that we would be a living sanctuary of spirit and truth.

Pray for St. Barnabas

Silence

Holy God,

Guide us in wisdom. Guide us in truth. Guide us in love.

I ask your prayers for this nation, reeling in the face of bigotry, hatred, divisiveness and fear: for wisdom and compassion in our public servants and civility among all people.

Pray for our country.

Silence

Holy God,

Guide us in wisdom. Guide us in truth. Guide us in love.

I ask your prayers for our sisters and brothers throughout the world, especially where there is war,

where there is violence,

where there is hunger and drought,

where there is pestilence,

Pray for our world.

Silence

Holy God,

Guide us in wisdom. Guide us in truth. Guide us in love.

I ask your prayers for all creation:
for the land, the seas, and the sky, for the creatures who live there,
for choices we make as stewards of creation.
Pray for all creation.

Silence

Holy God,
Guide us in wisdom. Guide us in truth. Guide us in love.

I ask your prayers for the wider community, especially any who are suffering.
Pray for our neighbors.

Silence

Holy God,
Guide us in wisdom. Guide us in truth. Guide us in love.

I ask your prayers of healing, peace and comfort for _____ and those we now name.

Silence

I ask your prayers for those who have died, especially _____ and those we now name.

Silence

Dear people of God, for whom else or what else shall we pray?

Silence

Holy God,
Guide us in wisdom. Guide us in truth. Guide us in love.

*The presider concludes with a Collect, to which the people respond, **Amen.***

Let us confess our sins against God and our neighbor.

Silence may be kept.

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

The Presiding Priest says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

THE PEACE

Presiding Priest The peace of the Lord be always with you.

People And also with you.

 WELCOME, ANNOUNCEMENTS, BIRTHDAYS & ANNIVERSARIES

Prayer for a Birthday:

Watch over your child, O Lord, as *her* days increase; bless and guide *her* wherever *she* may be. Strengthen *her* when *she* stands; comfort *her* when discouraged or sorrowful; raise *her* up if *she* fall; and in *her* heart may your peace which passes understanding abide all the days of *her* life; through Jesus Christ our Lord. Amen.

Prayer for a Wedding Anniversary:

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

THE HOLY COMMUNION



An offering of money is collected.

You may make an offering by [clicking here](#) or by scanning the QR code on the last page of your service bulletin.

HYMN (sung by all)

Blest are the pure in heart

(HYMNAL 656)

1 Blest are the pure in heart, for they shall see our God; the
2 The Lord, who left the heavens our life and peace to bring, to
3 he to the low - ly soul will still him - self im - part and
4 Lord, we thy pres - ence seek; may ours this bless - ing be; give

se - cret of the Lord is theirs, their soul is Christ's a - bode.
dwell in low - li - ness with us, our pat - tern and our King;
for his dwell - ing and his throne will choose the pure in heart.
us a pure and low - ly heart, a tem - ple fit for thee.

Words: Sts. 1 and 3, John Keble (1792-1866), alt.; sts. 2 and 4, William John Hall (1793-1861), alt.

Music: *Franconia*, melody Johann Balthasar König (1691-1758); adapt. and harm. William Henry Havergal (1793-1870)



PRESENTATION ANTHEM

Presiding Priest All things come from you, O Lord,
People and of your own have we given you.

May God with you.

And also with you.

Lift up your hearts.

We lift our hearts to God.

Let us give thanks to the One who created us.

It is right to give God thanks and praise.

Then, facing the Holy Table, the Presider proceeds

God of all power, Sustainer of the Universe, you are worthy of glory and praise.

Glory to you for ever and ever.

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the stewards of creation. But we turned against you, and betrayed your trust; and we turned against one another.

Have mercy, Dear God, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of Mary his mother, to fulfill your Law, to open for us the way of freedom and peace.

By his blood, Christ reconciled us.

By Christ's wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

SANCTUS (sung by all)

Robert Powell

Ho - ly, ho - ly, ho - ly Lord, God of pow-er and
might, hea - ven and earth are full of your glo - ry. Ho -
san - na in the high - est. Bless - ed is he who
comes in the name of the Lord. Ho - san - na in the high - est._____

The Presider continues

And so, Most Gracious God, we who have been redeemed by Christ, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be for us the Body and Blood of Jesus Christ, our Savior. On the night he was betrayed Jesus took bread, said the blessing, broke the bread, and gave it to his friends, saying, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, Jesus took the cup of wine, gave thanks, and said, “Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.” Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,

We celebrate his death and resurrection, as we await the day of his coming.

God of our kindred and their generation: God of Abraham, Isaac and Jacob; Sarah, Rebekah, Rachel and Leah; God and Father of our Savior Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let this grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in your Son’s name.

Risen and Ascended One, be known to us in the breaking of the Bread.

Accept these prayers and praises, O God, Most Merciful, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say

THE LORD’S PRAYER

**Our Father, who art in heaven, hallowed be thy Name,
thy kingdom come, thy will be done, on earth as it is in heaven.**

**Give us this day our daily bread,
and forgive us our trespasses, as we forgive those who trespass against us.
And lead us not into temptation, but deliver us from evil.**

For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

ACCLAMATION AFTER THE BREAKING OF THE BREAD

Ambrosian Chant

Sung responsively

Al - le - lu - ia. Christ our Pass - o - ver is sac - ri - ficed for us;

There-fore let us keep the feast. Al - le - lu - ia.

This setting may be sung full by all, or by the choir, or as a versicle and response.

THE INVITATION TO COMMUNION

The gifts of God for the People of God.



COMMUNION OF THE PEOPLE

This is Jesus’ table around which we gather, and all are welcome to receive communion.

If you prefer to receive a blessing, or not to receive wine, fold your arms across your chest as a sign.

Gluten-free wafers are available, please ask the priest.

An Act of Spiritual Communion for those worshipping online.

My Jesus, I believe that you are truly present in the Blessed Sacrament of the Altar. I love you above all things, and long for you in my soul. Since I cannot now receive you sacramentally, come spiritually into my heart. As though you have already come, I embrace you and unite myself entirely to you; never permit me to be separated from you. Amen.



ORGAN VOLUNTARY

HYMN (sung by all)

Here, O my Lord

(HYMNAL 318)

1 Here, O my Lord, I see thee face to face;
 2 Here would I feed up - on the Bread of God;
 3 I have no help but thine; nor do I need
 4 Mine is the sin, but thine the right - eous - ness;

here would I touch and han - dle things un - seen;
 here drink with thee the roy - al Wine of heaven;
 an - oth - er arm save thine to lean up - on;
 mine is the guilt, but thine the cleans - ing Blood.

here grasp with firm - er hand e - ter - nal grace,
 here would I lay a - side each earth - ly load,
 it is e - nough, my Lord, e - nough in - deed;
 Here is my robe, my re - fuge, and my peace;

and all my wea - ri - ness up - on thee lean.
 here taste a - fresh the calm of sin for - given.
 my strength is in thy might, thy might a - lone.
 thy Blood, thy right - eous - ness, O Lord, my God.

Words: Horatius Bonar (1808-1889)


Music: *Nyack*, Warren Swenson (b. 1937) Copyright ©1970 Warren Swenson. All rights reserved. Used with permission.

HYMN (sung by all, next page)

Lord speak to me, that I may speak



1 Lord, speak to me, that I may speak in
 2 O lead me, Lord, that I may lead the
 3 O teach me, Lord, that I may teach the



liv - ing ech - oes of thy tone; as thou has sought, so
 wand - ering and the wav - ering feet; O feed me, Lord, that
 pre - cious things thou dost im - part; and wing my words, that



let me seek thy err - ing child - ren lost and lone.
 I may feed thy hun - gry ones with man - na sweet.
 they may reach the hid - den depths of many a heart.

Words: Frances Ridley Havergal (1836–1879).

Music: *Canonbury*, adapt. Robert A. Schumann (1810–1856), from *Nachtstücke*, 1839; arr. from *Hymnal with Tunes, Old and New*, 1872.



THE POST-COMMUNION PRAYER

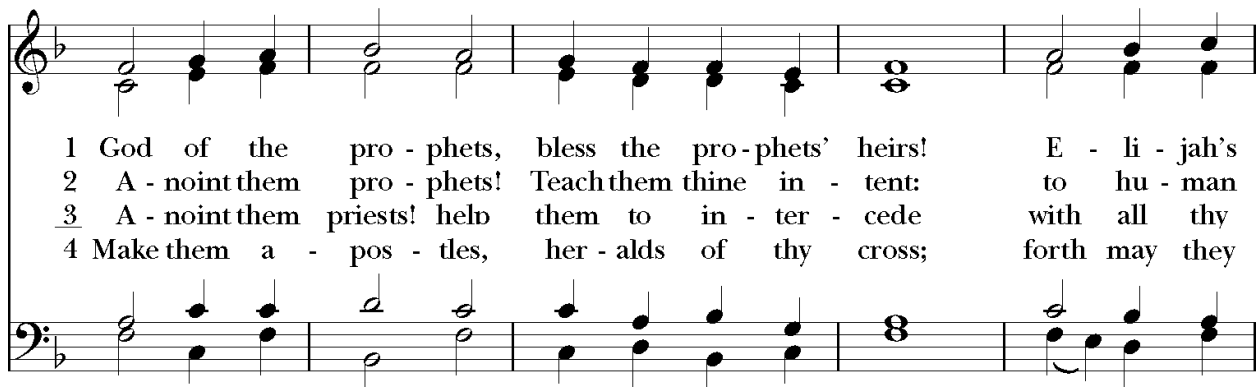
Loving God, we give you thanks for restoring us in your image and nourishing us with spiritual food in the Sacrament of Christ's Body and Blood. Now send us forth a people forgiven, healed, renewed; that we may proclaim your love to the world and continue in the risen life of Christ our Savior. Amen.

THE BLESSING

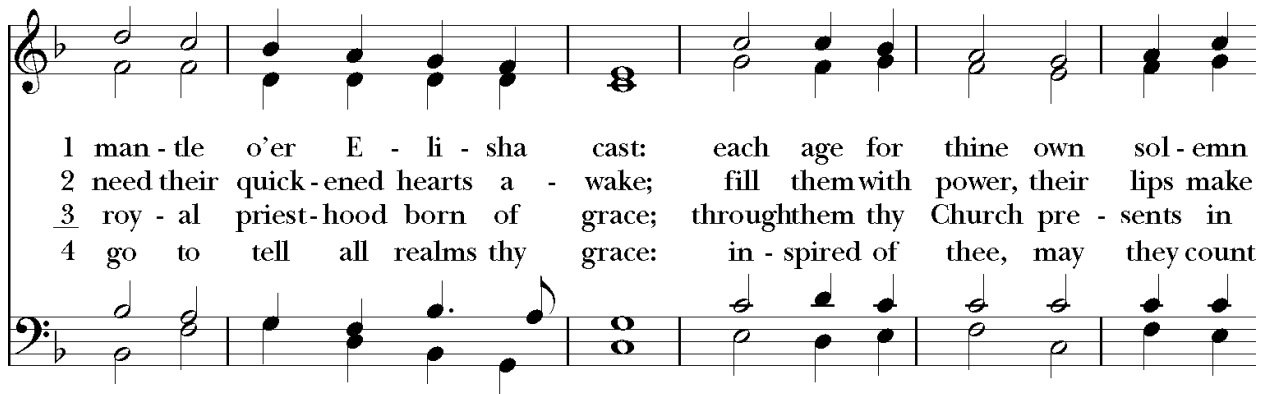
HYMN (sung by all, next page)

God of the prophets, bless the prophets' heirs

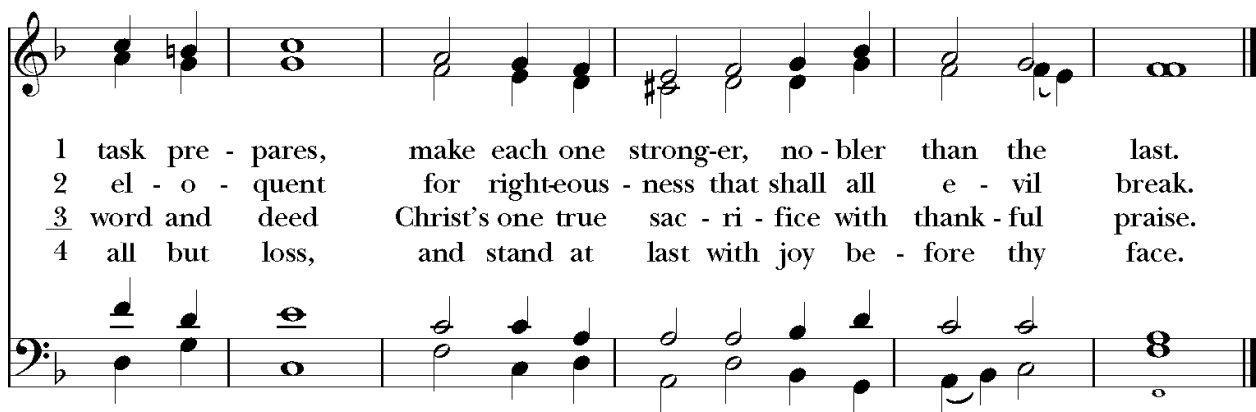
Toulon



1 God of the pro - phets, bless the pro - phets' heirs! E - li - jah's
 2 A - noint them pro - phets! Teach them thine in - tent: to hu - man
 3 A - noint them priests! help them to in - ter - cede with all thy
 4 Make them a - pos - tles, her - alds of thy cross; forth may they



1 man - tle o'er E - li - sha cast: each age for thine own sol - emn
 2 need their quick - ened hearts a - wake; fill them with power, their lips make
 3 roy - al priest - hood born of grace; through them thy Church pre - sents in
 4 go to tell all realms thy grace: in - spired of thee, may they count



1 task pre - pares, make each one strong - er, no - bler than the last.
 2 el - o - quent for righteous - ness that shall all e - vil break.
 3 word and deed Christ's one true sac - ri - fice with thank - ful praise.
 4 all but loss, and stand at last with joy be - fore thy face.

Words: Sts. 1-2 and 4-5, Denis Wortman (1835-1922), alt.; st. 3, Carl P. Daw, Jr. (b. 1944) Copyright ©1982 Carl P. Daw, Jr. Music: *Toulon*, melody from *Pseaumes octante trois de David*, 1551, abridged; harm. Charles Winfred Douglas (1867-1944) Copyright © The Church Pension Fund. All rights reserved. Used with permission.

DISMISSAL

Let us go forth in the name of Christ.
People Thanks be to God.

PROCESSION

ORGAN VOLUNTARY

March

G. F. Handel

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MINISTERS OF THE LITURGY

Presiding Priest & Preacher	The Reverend Karen Haig
Deacon	The Reverend Dan Fowler
Organist & Choir Director	Paul Roy
Song Leader	Andrew Etherington
Lectors	George Robertson & Brian Andvik
Eucharistic Ministers	Linda Heller & Mary Anne Smith
Ushers	Phil & Laurie Fergusson
Altar Guild	Steve & Helene Schmitz, Heidi O'Brien
Bread Bakers	Peggy Eichenberger, Laurie Fergusson, Elaine Percival
Videographers	Michael Ditmore, Evan Lenz, Rorie MacKenzie, Jim Friedrich
Coffee Hour	Sue Ellen Case, Stephanie Neill, Barbara Bolles, Lisa-Marie MacKenzie, Marnie Arien
Welcome Table	Kathleen Jennings

You may make your offering by scanning the QR code below. Thank you for your generosity.



*We are a community of faith that welcomes and values all people.
We commit to follow Christ, serve others, grow in faith,
and transform the world by sharing God's love.*



*St Barnabas Episcopal Church acknowledges that we gather on the traditional land
of the first people of this island, the Suquamish People, who are still here,
and we honor with gratitude the land itself and the life of the Suquamish Tribe.*

CLERGY

Bishop Provisional | The Most Reverend Melissa Skelton
Assisting Bishop | The Right Reverend Brian Prior
Rector | The Reverend Karen Haig
Deacon | The Reverend Dan Fowler
Assisting Priests | The Reverends Dr. Judith M. McDaniel, Nancy Tiederman,
Patricia Rome Robertson, Dr. Jan C. Heller, and Jim Friedrich

STAFF

Director of Music | Paul Roy
Parish Administrator | Lisa-Marie MacKenzie
Bookkeeper | Jessica Edmonds
Sexton | Tom Clark
Kitchen Manager | Tim Shelly
Housekeeper | Natalia Perez
Interim Tender | Joe Salter

VESTRY

Rector's Warden | Barbara Bolles
Property Warden | Brian Andvik
People's Warden | Steve Schmitz
Members of our Vestry | Laura Bainbridge, Tom Beierle,
Michael Ditmore, Judith Hanna, Claire Hicks, Mary Anne Smith
Clerk of the Vestry | Rebecca Ditmore
Treasurer | Kirk Eichenberger
Chancellor | Katherine Bolles