

HOLY EUCHARIST: Rite I

THE THIRD SUNDAY OF ADVENT

December 17, 2023 ♦ 8:00 a.m.

Welcome to St. Barnabas, we're delighted that you're here. We hope you'll participate fully in our worship through singing, praying, hearing the Good News of Jesus Christ, and receiving communion. May God richly bless you as you bless us!

PRELUDE

Creator of the Stars of Night

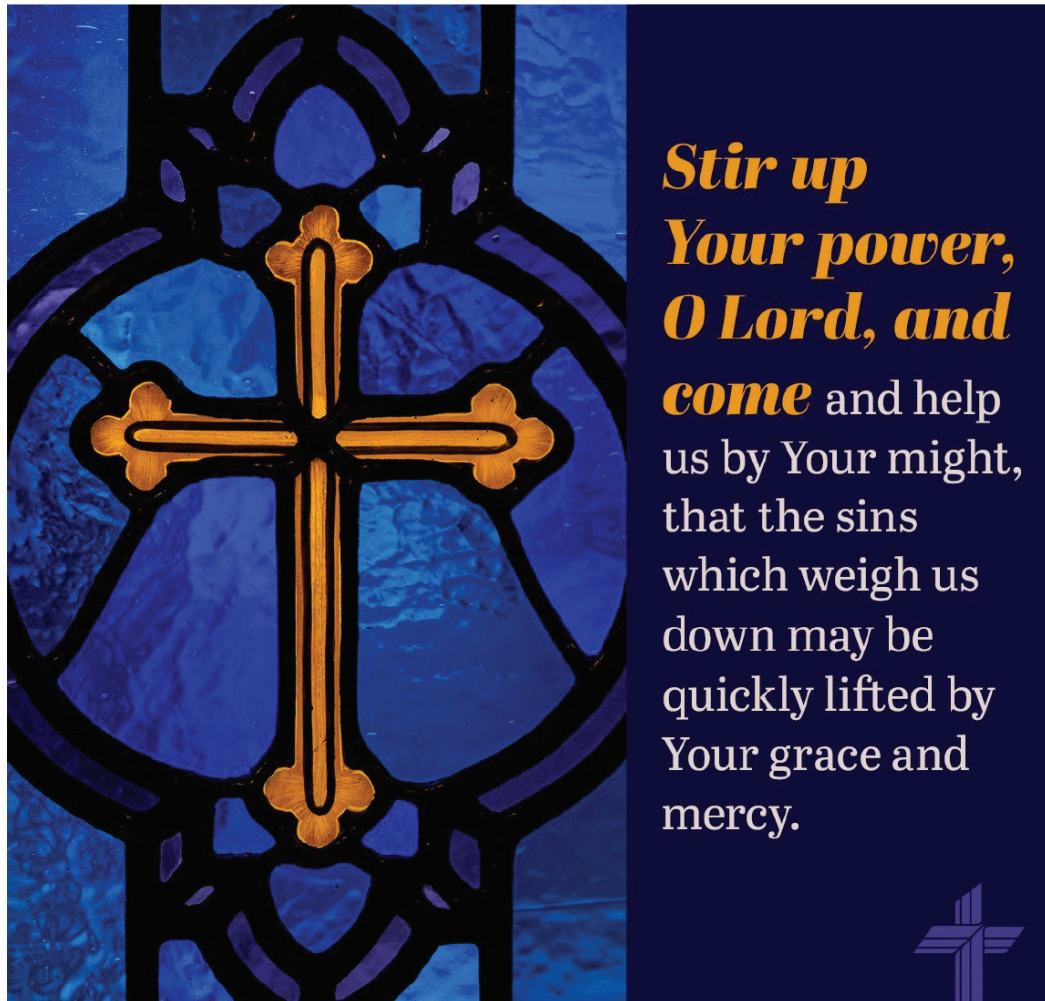
Richard Warner



All stand as able at the sound of the tower bell.

HYMN (sung by all, next page) *O come,, o come Emmanuel, VERSES 5 & 6*

(HYMNAL 56)





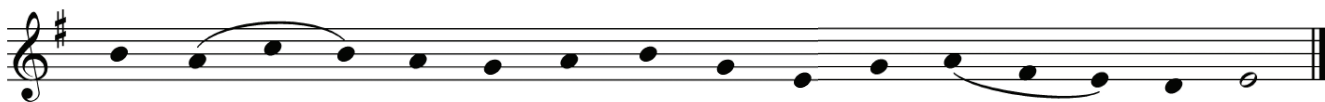
1 O come, O come, Em - man - u - el, and ran - som
 2 O come, thou Wis - dom from on high, who or - derest
 3 O come, O come, thou Lord of might, who to thy
 4 O come, thou Branch of Jes - se's tree, free them from
 5 O come, thou Key of Da - vid, come, and o - pen
 6 O come, thou Day - spring from on high, and cheer us
 7 O come, De - sire of na - tions, bind in one the
 8 O come, O come, Em - man - u - el, and ran - som



1 cap - tive Is - ra - el, that mourns in lone - ly ex - ile
 2 all things might - i - ly; to us the path of know - ledge
 3 tribes on Si - nai's height in an - cient times didst give the
 4 Sa - tan's ty - ran - ny that trust thy might - y power to
 5 wide our heaven - ly home; make safe the way that leads on
 6 by thy draw - ing nigh; dis - perse the gloom - y clouds of
 7 hearts of all man - kind; bid thou our sad di - vi - sions
 8 cap - tive Is - ra - el, that mourns in lone - ly ex - ile



1 here un - til the Son of God ap - pear.
 2 show, and teach us in her ways to go.
 3 law, in cloud, and ma - jes - ty, and awe.
 4 save, and give them vic - tory o'er the grave. Re - joice! Re - joice!
 5 high, and close the path to mis - er - y.
 6 night, and death's dark shad - ow put to flight.
 7 cease, and be thy - self our King of Peace.
 8 here un - til the Son of God ap - pear.



Em - man - u - el shall come to thee, O Is - ra - el!

The stanzas may be used as antiphons with "The Song of Mary" on the dates given.

Words: Latin, ca. 9th cent.; ver. *Hymnal 1940*, alt. Copyright © The Church Pension Fund. Music: *Veni, veni, Emmanuel*, plainsong, Mode 1, Processionale, 15th cent.; adapt. Thomas Helmore (1811-1890); acc. Richard Proulx (b. 1937).

THE OPENING ACCLAMATION

Presiding Priest Blessed be God: Father, Son, and Holy Spirit.

People And blessed be God's kingdom, now and for ever. Amen.

COLLECT FOR PURITY *Presiding Priest and People*

Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. Amen.

THE SUMMARY OF THE LAW

Presiding Priest

Hear what our Lord Jesus Christ saith: Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. This is the first and great commandment. And the second is like unto it: Thou shalt love thy neighbor as thyself. On these two commandments hang all the Law and the Prophets.

TRISAGION (said three times)

Holy God, Holy and Mighty, Holy Immortal One,
Have mercy upon us.

THE COLLECT OF THE DAY

Presiding Priest The Lord be with you.

People And with thy spirit.

Presiding Priest Let us pray.

Stir up thy power, O Lord, and with great might come among us; and, because we are sorely hindered by our sins, let thy bountiful grace and mercy speedily help and deliver us; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be honor and glory, world without end. **Amen.**

THE WORD OF GOD

THE FIRST READING

Isaiah 61:1-4, 8-11

READER: A Reading from the Book of Isaiah

The spirit of the Lord God is upon me, because the Lord has anointed me; he has sent me to bring good news to the oppressed, to bind up the brokenhearted, to proclaim liberty to the captives, and release to the prisoners; to proclaim the year of the Lord's favor, and the day of vengeance of our God; to comfort all who mourn; to provide for those who mourn in Zion—to give them a garland instead of ashes, the oil of gladness instead of mourning, the mantle of praise instead of a faint spirit. They will be called oaks of righteousness, the planting of the Lord, to display his glory. They shall build up the ancient ruins, they shall raise up the former devastations; they shall repair the ruined cities, the devastations of many generations. For I the Lord love justice, I hate robbery and wrongdoing; I will faithfully give them their recompense, and I will make an everlasting covenant with them. Their descendants shall be known among the nations, and their offspring among the peoples; all who see them shall acknowledge that they are a people whom the Lord has blessed. I will greatly rejoice in the LORD, my whole being shall exult in my God; for he has clothed me with the garments of salvation, he has covered me with the robe of righteousness, as a bridegroom decks himself with a garland, and as a bride adorns herself with her jewels. For as the earth brings forth its shoots, and as a garden causes what is sown in it to spring up, so the Lord God will cause righteousness and praise to spring up before all the nations.

Reader Hear what the Spirit is saying to God's people.

People Thanks be to God.

Silence is marked by the ringing of a bell.

THE RESPONSE (remain seated, read responsively)

Psalm 126

1 When the Lord restored the fortunes of Zion, *
then were we like those who dream.

2 Then was our mouth filled with laughter, *
and our tongue with shouts of joy.

3 Then they said among the nations, *
"The Lord has done great things for them."

4 The Lord has done great things for us, *
and we are glad indeed.

5 Restore our fortunes, O Lord, *
like the watercourses of the Negev.

6 Those who sowed with tears *
will reap with songs of joy.

7 Those who go out weeping, carrying the seed, *
will come again with joy, shouldering their sheaves.

THE SECOND READING

1 Thessalonians 5:16-24

READER: A Reading from the First Letter of Paul to the Thessalonians

Rejoice always, pray without ceasing, give thanks in all circumstances; for this is the will of God in Christ Jesus for you. Do not quench the Spirit. Do not despise the words of prophets, but test everything; hold fast to what is good; abstain from every form of evil. May the God of peace himself sanctify you entirely; and may your spirit and soul and body be kept sound and blameless at the coming of our Lord Jesus Christ. The one who calls you is faithful, and he will do this.

Reader Hear what the Spirit is saying to God's people.

People **Thanks be to God.**

Silence is marked by the ringing of a bell.



THE HOLY GOSPEL

John 1:6-8,19-28

The Holy Gospel of our Lord Jesus Christ according to John

People **Glory be to thee, O Lord.**

There was a man sent from God, whose name was John. He came as a witness to testify to the light, so that all might believe through him. He himself was not the light, but he came to testify to the light. This is the testimony given by John when the Jews sent priests and Levites from Jerusalem to ask him, "Who are you?" He confessed and did not deny it, but confessed, "I am not the Messiah." And they asked him, "What then? Are you Elijah?" He said, "I am not." "Are you the prophet?" He answered, "No." Then they said to him, "Who are you? Let us have an answer for those who sent us. What do you say about yourself?" He said, "I am the voice of one crying out in the wilderness, 'Make straight the way of the Lord,'" as the prophet Isaiah said. Now they had been sent from the Pharisees. They asked him, "Why then are you baptizing if you are neither the Messiah, nor Elijah, nor the prophet?" John answered them, "I baptize with water. Among you stands one whom you do not know, the one who is coming after me; I am not worthy to untie the thong of his sandal." This took place in Bethany across the Jordan where John was baptizing.

The Gospel of the Lord

People **Praise be to thee, O Christ.**



THE SERMON

Jim Friedrich

The homily concludes with Bob Franke's Advent song, "*Stir Up Your Power.*" All join in the chorus:

Stir up your power, O Lord,
 Here in this hour, O Lord,
 Stir up your power, O Lord,
 Let your living waters roll.
 Lord, may your will be done,
 Lord, may your kingdom come,
 Stir up your power, O Lord,
 And restore our weary souls.
 Silence is marked by the ringing of a bell.

Silence is marked by the ringing of a bell.



THE NICENE CREED

Presiding Priest and People

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE

Let us pray for the whole state of Christ's Church and the world.

Almighty and everliving God, who in thy holy Word hast taught us to make prayers, and supplications, and to give thanks for all people: in our Anglican Cycle of Prayer, we pray for The Anglican Church of Papua New Guinea. In our Diocesan Cycle of Prayer, we pray for St. Stephen's, Longview and St. Peter's, Seaview. Receive our prayers which we offer unto thy divine Majesty beseeching thee to inspire continually the Universal Church with the spirit of truth, unity, and concord and grant that those who do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love.

Lord, hear our prayer.

Give grace, O heavenly Father, to all bishops and other ministers, especially to Presiding Bishop, Michael; Melissa and Brian, our Bishops; Karen, our Rector; Dan, our Deacon; and Nancy, Judith, Patricia, Jan, Jim and Dennis, Priests among us; that they may, both by their life and doctrine, set forth thy true and lively Word, and rightly and duly administer thy holy Sacraments.

Lord, hear our prayer.

And to all thy people give thy heavenly grace, and especially to this congregation here present; that, with meek heart and due reverence, they may hear and receive thy holy Word, truly serving thee in holiness and righteousness all the days of their life.

Lord, hear our prayer.

We beseech thee also so to rule the hearts of those who bear the authority of government in this and every land, especially our elected and appointed officials that they may be led to wise decisions and right actions for the welfare and peace of the world.

Lord, hear our prayer.

Guard and protect all those who serve in harm's way, both in lands far away and here at home, returning them to safe reunion with their families and all who love them.

Lord, hear our prayer.

Bestow upon us the gift of gracious hospitality, welcoming into fellowship our sisters and brothers in Christ who are visiting, remembering that in welcoming strangers we may be welcoming angels unaware.

Lord, hear our prayer.

Open, O Lord, the eyes of all people to behold thy gracious hand in all thy works, that, rejoicing in thy whole creation, they may honor thee with their substance, and be faithful stewards of thy bounty.

Lord, hear our prayer.

And we most humbly beseech thee, of thy goodness, O Lord, to comfort and succor, [especially...] and all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity.

Lord, hear our prayer.

I invite your petitions and thanksgivings aloud or in your hearts...[pause], let us pray.

Lord, hear our prayer.

And we also bless thy holy Name for all thy servants departed this life in thy faith and fear [especially...], beseeching thee to grant them continual growth in thy love and service; and to grant us grace so to follow the good examples of Barnabas and of all thy saints, that with them we may be partakers of thy heavenly kingdom.

Lord, hear our prayer.

Grant these our prayers, O Father, for Jesus Christ's sake, our only Mediator and Advocate. **Amen.**

CONFESSIOIN OF SIN

Ye who do truly and earnestly repent you of your sins, and are in love and charity with your neighbors, and intend to lead a new live, following the commandments of God, and walking from henceforth in his holy ways: Draw near with faith, and make your humble confession to Almighty God, devoutly kneeling.

Silence may be kept.

Presiding Priest and People

Almighty God, Father of our Lord Jesus Christ, maker of all things, judge of all men: We acknowledge and bewail our manifold sins and wickedness, which we from time to time most grievously have committed, by thought, word, and deed, against thy divine Majesty, provoking most justly thy wrath and indignation against us. We do earnestly repent, and are heartily sorry for these our misdoings; the remembrance of them is grievous unto us, the burden of them is intolerable. Have mercy upon us, have mercy upon us, most merciful Father; for thy Son our Lord Jesus Christ's sake, forgive us all that is past; and grant that we may ever hereafter serve and please thee in newness of life, to the honor and glory of thy Name; through Jesus Christ our Lord. Amen.

The Presiding Priest says

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all those who with hearty repentance and true faith turn unto him, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

THE PEACE

Presiding Priest The peace of the Lord be always with you.
People **And with thy spirit.**

WELCOME, BIRTHDAYS, ANNIVERSARIES & ANNOUNCEMENTS

Prayer for a Birthday:

Watch over your child, O Lord, as *her* days increase; bless and guide *her* wherever *she* may be. Strengthen *her* when *she* stands; comfort *her* when discouraged or sorrowful; raise *her* up if *she* fall; and in *her* heart may your peace which passes understanding abide all the days of *her* life; through Jesus Christ our Lord. Amen.

Prayer for a Wedding Anniversary:

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

THE HOLY COMMUNION

An offering of money is collected.

You may make an offering by [clicking here](#) or by scanning the QR code on the last page of your service bulletin.



Presiding Priest All things come of thee, O Lord,
People and of thine own have we given thee.

THE GREAT THANKSGIVING

The people remain standing.

People The Lord be with you.
And with thy spirit.
Presiding Priest Lift up your hearts.
People **We lift them up unto the Lord.**
Presiding Priest Let us give thanks unto our Lord God.
People **It is meet and right so to do.**

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God.

Because thou didst send thy beloved Son to redeem us from sin and death, and to make us heirs in him of everlasting life; that when he shall come again in power and great triumph to judge the world, we may without shame or fear rejoice to behold his appearing.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

Presiding Priest and People

**Holy, holy, holy, Lord God of Hosts:
Heaven and earth are full of thy glory.
Glory be to thee, O Lord Most High.
Blessed is he that cometh in the name of the Lord.
Hosanna in the highest.**

 or  *The people kneel or stand.*

Then the Presiding Priest gives thanks for God's work in creation and for the salvation of the world through Christ, and prays over the bread and wine.

...By whom, and with whom, in the unity of the Holy Ghost, all honor and glory be unto thee, O Father Almighty, world without end. **AMEN.**

And now, as our Savior Christ hath taught us, we are bold to say,

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

THE BREAKING OF THE BREAD

The Presiding Priest breaks the consecrated Bread. A period of silence is kept.

Alleluia! Christ our Passover is sacrificed for us;
Therefore let us keep the feast. Alleluia!

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

The Gifts of God for the People of God.


*This is Jesus' table around which we gather, and all are welcome to receive communion.
If you prefer to receive a blessing, or not to receive wine, fold your arms across your chest as a sign.
Gluten-free wafers are available, please ask the priest.*

 or  **THE POST-COMMUNION PRAYER**

Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

THE BLESSING

The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you, and remain with you always. **Amen.**

 HYMN (sung by all)

Prepare the way, O Zion

(HYMNAL 65)



1 Pre - pare the way, O Zi - on, your Christ is draw - ing near!
2 He brings God's rule, O Zi - on; he comes from heaven a - bove.
3 Fling wide your gates, O Zi - on; your Sa - vior's rule em - brace.



Let ev - ery hill and val - ley a lev - el way ap - pear.
His rule is peace and free - dom, and jus - tice, truth, and love.
His tid - ings of sal - va - tion pro - claim in ev - ery place.



Greet One who comes in glo - ry, fore - told in sa - cred sto - ry.
Lift high your praise re - sound - ing, for grace and joy a - bound - ing.
All lands will bow be - fore him, their voic - es will a - dore him.

Refrain



Oh, blest is Christ that came in God's most ho - ly name.

Words: Frans Mikael Franzen (1772-1847); tr. composite; adapt. Charles P. Price (1920-1999). Copyright © 1982, Charles P. Price. Music: *Bereden väg för Herran*, melody from *Then Svenska Psalmboken*, 1697; harm. *Koralbok för Svenska Kyrkan*, 1939, alt.

DISMISSAL

Let us go forth into the world rejoicing in the power of the Spirit.

People Thanks be to God.

PROCESSION

POSTLUDE

O come, O Come Emmanuel

Daniel Pinkham

MINISTERS OF THE LITURGY

Presider	The Reverend Karen Haig
Preacher	The Reverend Jim Friederich
Organist	Sheila Bristow
Lectors	Mari Bickford, Jan Everts
Eucharistic Ministers	Angie Bickerton, Steve Holland
Usher	Michael Meston
Altar Guild	Kathy Anderson, Lynn Duncan, Beth Gudmundson, Sue Thompkins
Bread Bakers	Cathy Davies, Peggy Eichenberger, Laurie Fergusson, Elaine Percival, Peter Schindler

You may make your offering by scanning the QR code below. Thank you for your generosity.



*We are a community of faith that welcomes and values all people.
We commit to follow Christ, serve others, grow in faith,
and transform the world by sharing God's love.*



*St Barnabas Episcopal Church acknowledges that we gather on the traditional land
of the first people of this island, the Suquamish People, who are still here,
and we honor with gratitude the land itself and the life of the Suquamish Tribe.*

CLERGY

Bishop Provisional | The Most Reverend Melissa Skelton
Assisting Bishop | The Right Reverend Brian Prior
Rector | The Reverend Karen Haig
Deacon | The Reverend Dan Fowler
Assisting Priests | The Reverends Dr. Judith M. McDaniel, Nancy Tiederman,
Patricia Rome Robertson, Dr. Jan C. Heller, and Jim Friedrich

STAFF

Music Director | Sheila Bristow
Bookkeeper | Jessica Edmonds
Day School Director | Julia Lampa
Sexton | Tom Clark
Kitchen Manager | Tim Shelly
Housekeeper | Natalia Perez
Interim Tender | Joe Salter

VESTRY

Rector's Warden | Barbara Bolles
Property Warden | Brian Andvik
People's Warden | Steve Schmitz
Members of our Vestry | Laura Bainbridge, Tom Beierle,
Michael Ditmore, Judith Hanna, Claire Hicks, Mary Anne Smith
Clerk of the Vestry | Rebecca Ditmore
Treasurer | Kirk Eichenberger
Chancellor | Katherine Bolles

CONVENTION DELEGATES

Delegates | Kathy Bolles, Barbara Bolles, George Robertson, Heidi O'Brien
Alternates | Laura Carroll, Brian Andvik, Peggy & Kirk Eichenberger