

HOLY EUCHARIST: Rite I

THE THIRD SUNDAY AFTER EPIPHANY

January 21, 2024 ♦ 8:00 a.m.

*Welcome to St. Barnabas, we're delighted that you're here.
We hope you'll participate fully in our worship through singing, praying,
hearing the Good News of Jesus Christ, and receiving communion.
May God richly bless you as you bless us!*

PRELUDE

Sing praise to God who reigns above

John Ferguson



Duc in Altum (Put out into the deep)

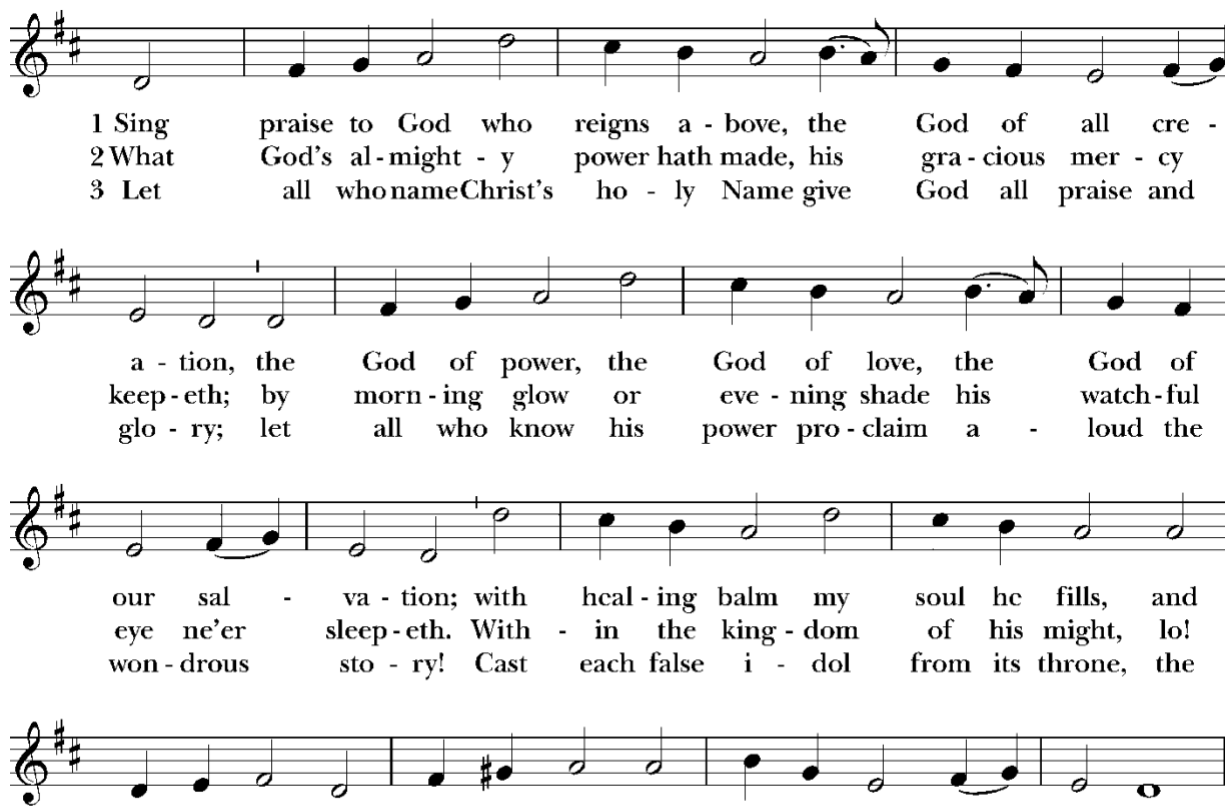
Artist Unknown

 All stand as able at the sound of the tower bell. Please join us in song.

HYMN

Sing praise to God who reigns above

HYMNAL 408



1 Sing praise to God who reigns a - bove, the God of all cre -
2 What God's al - might - y power hath made, his gra - cious mer - cy
3 Let all who name Christ's ho - ly Name give God all praise and
a - tion, the God of power, the God of love, the God of
keep - eth; by morn - ing glow or eve - ning shade his watch - ful
glo - ry; let all who know his power pro - claim a - loud the
our sal - va - tion; with heal - ing balm my soul he fills, and
eye ne'er sleep - eth. With - in the king - dom of his might, lo!
won - drous sto - ry! Cast each false i - dol from its throne, the
ev - ery faith - less mur - mur stills: to God all praise and glo - ry.
All is just and all is right: to God all praise and glo - ry.
Lord is God, and he a - lone: to God all praise and glo - ry.

THE OPENING ACCLAMATION

Presider Blessed be God: Father, Son, and Holy Spirit.

People And blessed be God's kingdom, now and for ever. Amen.

COLLECT FOR PURITY *Presider and People*

Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. Amen.

THE COLLECT OF THE DAY

Presider The Lord be with you.

People And with thy spirit.

Presider Let us pray.

Give us grace, O Lord, to answer readily the call of our Savior Jesus Christ and proclaim to all people the Good News of his salvation, that we and all the whole world may perceive the glory of his marvelous works; who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever. *Amen.*

THE WORD OF GOD

THE FIRST READING

Jonah 3:1-5, 10

READER: A reading from the prophet Jonah

The word of the Lord came to Jonah a second time, saying, "Get up, go to Nineveh, that great city, and proclaim to it the message that I tell you." So Jonah set out and went to Nineveh, according to the word of the Lord. Now Nineveh was an exceedingly large city, a three days' walk across. Jonah began to go into the city, going a day's walk. And he cried out, "Forty days more, and Nineveh shall be overthrown!" And the people of Nineveh believed God; they proclaimed a fast, and everyone, great and small, put on sackcloth.

When God saw what they did, how they turned from their evil ways, God changed his mind about the calamity that he had said he would bring upon them; and he did not do it.

Reader Hear what the Spirit is saying to God's people.

***People* Thanks be to God.**

Silence is marked by the ringing of a bell.

THE RESPONSE (remain seated, read responsively)

Psalms 62:6-14

6 For God alone my soul in silence waits; *
truly, my hope is in him.

7 He alone is my rock and my salvation, *
my stronghold, so that I shall not be shaken.

8 In God is my safety and my honor; *
God is my strong rock and my refuge.

9 Put your trust in him always, O people, *
pour out your hearts before him, for God is our refuge.

10 Those of high degree are but a fleeting breath, *
even those of low estate cannot be trusted.

11 On the scales they are lighter than a breath, *
all of them together.

12 Put no trust in extortion;
in robbery take no empty pride; *
though wealth increase, set not your heart upon it.

13 God has spoken once, twice have I heard it, *
that power belongs to God.

14 Steadfast love is yours, O Lord, *
for you repay everyone according to his deeds.

READER: A reading from Paul's first letter to the Corinthians

I mean, brothers and sisters, the appointed time has grown short; from now on, let even those who have wives be as though they had none, and those who mourn as though they were not mourning, and those who rejoice as though they were not rejoicing, and those who buy as though they had no possessions, and those who deal with the world as though they had no dealings with it. For the present form of this world is passing away.

Reader Hear what the Spirit is saying to God's people.

People Thanks be to God.

Silence is marked by the ringing of a bell.



THE HOLY GOSPEL

Mark 1:14-20

The Holy Gospel of our Savior Jesus Christ according to Mark.

People Glory be to thee, O Lord.

After John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, "The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news."

As Jesus passed along the Sea of Galilee, he saw Simon and his brother Andrew casting a net into the sea—for they were fishermen. And Jesus said to them, "Follow me and I will make you fish for people." And immediately they left their nets and followed him. As he went a little farther, he saw James son of Zebedee and his brother John, who were in their boat mending the nets. Immediately he called them; and they left their father Zebedee in the boat with the hired men, and followed him.

The Gospel of the Lord.

People Praise be to thee, O Christ.



THE SERMON

Karen Haig

Silence is marked by the ringing of a bell.



THE NICENE CREED

Presider and People

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE

Let us pray for the whole state of Christ's Church and the world.

Almighty and everliving God, who in thy holy Word hast taught us to make prayers, and supplications, and to give thanks for all people: in our Anglican Cycle of Prayer, we pray for The Church of South India. In our Diocesan Cycle of Prayer, we pray for St. James, Kent; St. George, Maple Valley; and St. Luke's, Renton. Receive our prayers which we offer unto thy divine Majesty beseeching thee to inspire continually the Universal Church with the spirit of truth, unity, and concord and grant that those who do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love.

Lord, hear our prayer.

Give grace, O heavenly Father, to all bishops and other ministers, especially to Presiding Bishop, Michael; Melissa and Brian, our Bishops; Karen, our Rector; Dan, our Deacon; and Nancy, Judith, Patricia, Jan, Jim and Dennis, Priests among us; that they may, both by their life and doctrine, set forth thy true and lively Word, and rightly and duly administer thy holy Sacraments.

Lord, hear our prayer.

And to all thy people give thy heavenly grace, and especially to this congregation here present; that, with meek heart and due reverence, they may hear and receive thy holy Word, truly serving thee in holiness and righteousness all the days of their life.

Lord, hear our prayer.

We beseech thee also so to rule the hearts of those who bear the authority of government in this and every land, especially our elected and appointed officials that they may be led to wise decisions and right actions for the welfare and peace of the world.

Lord, hear our prayer.

Guard and protect all those who serve in harm's way, both in lands far away and here at home, returning them to safe reunion with their families and all who love them.

Lord, hear our prayer.

Bestow upon us the gift of gracious hospitality, welcoming into fellowship our sisters and brothers in Christ who are visiting, remembering that in welcoming strangers we may be welcoming angels unaware.

Lord, hear our prayer.

Open, O Lord, the eyes of all people to behold thy gracious hand in all thy works, that, rejoicing in thy whole creation, they may honor thee with their substance, and be faithful stewards of thy bounty.

Lord, hear our prayer.

And we most humbly beseech thee, of thy goodness, O Lord, to comfort and succor, [especially...] and all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity.

Lord, hear our prayer.

I invite your petitions and thanksgivings aloud or in your hearts...[pause], let us pray.

Lord, hear our prayer.

And we also bless thy holy Name for all thy servants departed this life in thy faith and fear [especially...], beseeching thee to grant them continual growth in thy love and service; and to grant us grace so to follow the good examples of Barnabas and of all thy saints, that with them we may be partakers of thy heavenly kingdom.

Lord, hear our prayer.

Grant these our prayers, O Father, for Jesus Christ's sake, our only Mediator and Advocate. **Amen.**

CONFESSION OF SIN

Let us humbly confess our sins unto almighty God.

Silence may be kept.

Presider and People

Most merciful God, we confess that we have sinned against thee in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved thee with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of thy Son Jesus Christ, have mercy on us and forgive us; that we may delight in thy will, and walk in thy ways, to the glory of thy Name. Amen.

The Presider says

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all those who with hearty repentance and true faith turn unto him, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

THE PEACE

Presider The peace of the Lord be always with you.

People And with thy spirit.



WELCOME, BIRTHDAYS, ANNIVERSARIES & ANNOUNCEMENTS

Prayer for a Birthday:

Watch over your child, O Lord, as *her* days increase; bless and guide *her* wherever *she* may be. Strengthen *her* when *she* stands; comfort *her* when discouraged or sorrowful; raise *her* up if *she* fall; and in *her* heart may your peace which passes understanding abide all the days of *her* life; through Jesus Christ our Lord. Amen.

Prayer for a Wedding Anniversary:

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

An offering of money is collected.

[You may make an offering by clicking here](#) or by scanning the QR code.



THE HOLY COMMUNION



Presider All things come of thee, O Lord,
People And of thine own have we given thee.

THE GREAT THANKSGIVING

The people remain standing.

Presider The Lord be with you.
People And with thy spirit.
Presider Lift up your hearts.
People We lift them up unto the Lord.
Presider Let us give thanks unto our Lord God.
People It is meet and right so to do.

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God.


Because in the mystery of the Word made flesh, thou hast caused a new light to shine in our hearts, to give the knowledge of thy glory in the face of thy Son Jesus Christ our Lord.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

Presider and People

**Holy, holy, holy, Lord God of Hosts:
Heaven and earth are full of thy glory.
Glory be to thee, O Lord Most High.
Blessed is he that cometh in the name of the Lord.
Hosanna in the highest.**



or  *The people kneel or stand.*

Then the Presider gives thanks for God's work in creation and for the salvation of the world through Christ, and prays over the bread and wine.

(BCP p. 334)

...By whom, and with whom, in the unity of the Holy Ghost, all honor and glory be unto thee, O Father Almighty, world without end. **AMEN.**

And now, as our Savior Christ hath taught us, we are bold to say,

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

THE BREAKING OF THE BREAD

The Presider breaks the consecrated Bread. A period of silence is kept.

Alleluia! Christ our Passover is sacrificed for us;

Therefore let us keep the feast. Alleluia!

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

The Gifts of God for the People of God.

COMMUNION OF THE PEOPLE

This is Jesus' table around which we gather, and all are welcome to receive communion.

If you prefer to receive a blessing, or not to receive wine, fold your arms across your chest as a sign.

Gluten-free wafers are available, please ask the priest.

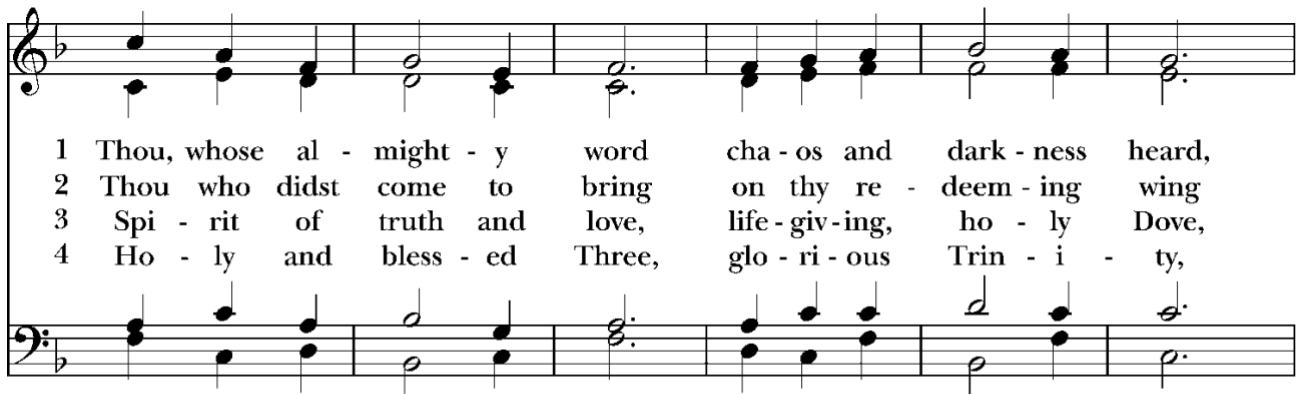
or THE POST-COMMUNION PRAYER

Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

THE BLESSING

The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you, and remain with you always. **Amen.**

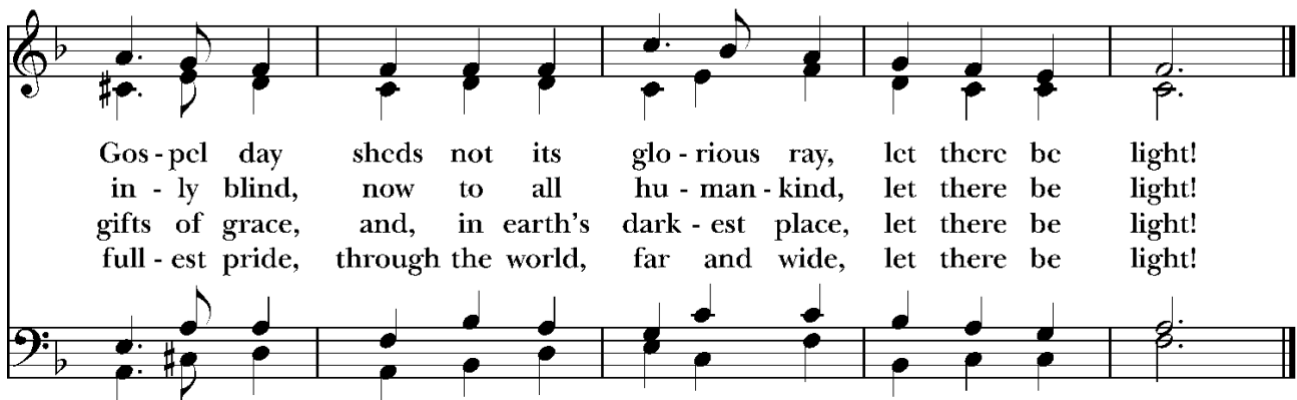


1 Thou, whose al - might - y word cha - os and dark - ness heard,
 2 Thou who didst come to bring on thy re - deem - ing wing
 3 Spi - rit of truth and love, life - giv - ing, ho - ly Dove,
 4 Ho - ly and bless - ed Three, glo - ri - ous Trin - i - ty,



and took their flight; hear us, we hum - bly pray, and, where the
 heal - ing and sight, health to the sick in mind, sight to the
 speed forth thy flight! Move on the wa - ters' face bear - ing the
 wis - dom, love, might; bound - less as o - cean's tide, roll - ing in



Gos - pel day sheds not its glo - rious ray, let there be light!
 in - ly blind, now to all hu - man - kind, let there be light!
 gifts of grace, and, in earth's dark - est place, let there be light!
 full - est pride, through the world, far and wide, let there be light!

DISMISSAL

Let us go forth into the world rejoicing in the power of the Spirit.

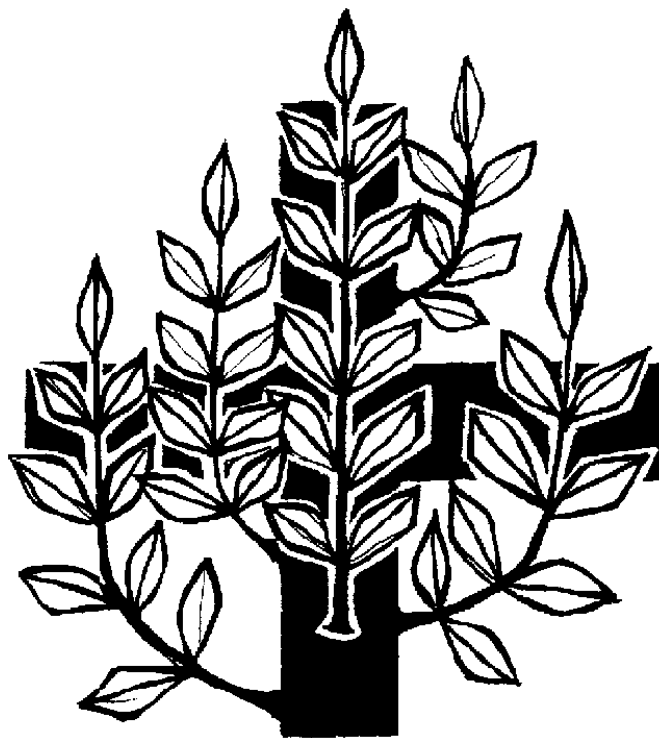
People Thanks be to God.

PROCESSION

POSTLUDE

Toccata in C Major

Johann Pachelbel



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MINISTERS OF THE LITURGY

Presider and Preacher | The Reverend Karen Haig

Music Director and Organist | Sheila Bristow

Lectors | Angie Bickerton, Marcia Williams

Eucharistic Ministers | Angie Bickerton, Marcia Williams

Usher | Mike Meston

Altar Guild | Kathy Anderson, Lynn Duncan, Beth Gudmundson, Sue Thompkins

CLERGY

Bishop Provisional | The Most Reverend Melissa Skelton

Assisting Bishop | The Right Reverend Brian Prior

Rector | The Reverend Karen Haig

Deacon | The Reverend Dan Fowler

Assisting Priests | The Reverends Dr. Judith M. McDaniel, Nancy Tiederman,
Patricia Rome Robertson, Dr. Jan C. Heller, and Jim Friedrich

STAFF

Music Director & Organist | Sheila Bristow

Bookkeeper | Jessica Edmonds

Day School Director | Julia Lampa

Sexton | George Cole

Kitchen Manager | Tim Shelly

Housekeeper | Natalia Perez

Interium Tender | Joe Salter

VESTRY

Rector's Warden | Barbara Bolles

Property Warden | Brian Andvik

People's Warden | Steve Schmitz

Members of the Vestry | Laura Bainbridge, Tom Beierle,
Michael Ditmore, Judith Hanna, Claire Hicks, Mary Anne Smith

Clerk of the Vestry | Rebecca Ditmore

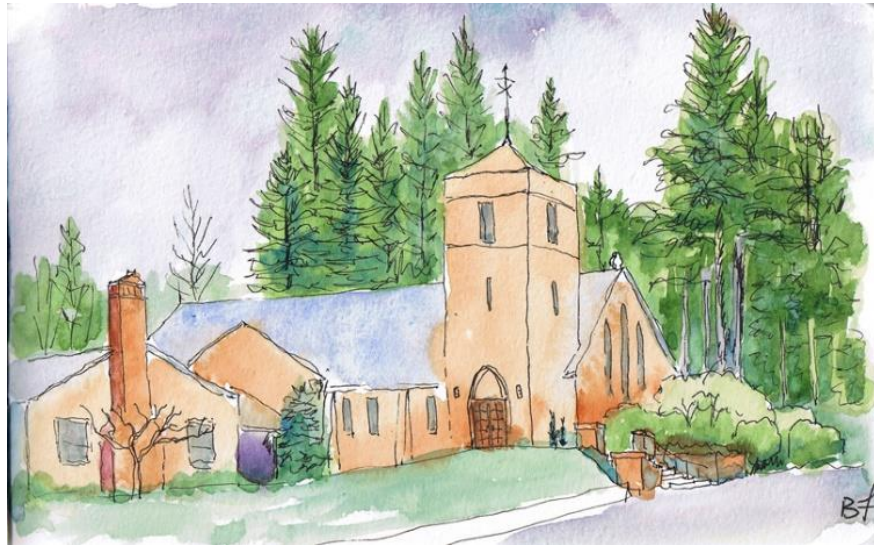
Treasurer | Kirk Eichenberger

Chancellor | Katherine Bolles

CONVENTION DELEGATES

Delegates | Kathy Bolles, Barbara Bolles, George Robertson, Heidi O'Brien

Alternates | Laura Carroll, Brian Andvik, Peggy & Kirk Eichenberger.



WHO ARE WE?

We are a community of faith that welcomes and values all people.

We commit to follow Christ, serve others, grow in faith,
and transform the world by sharing God's love.

St. Barnabas Episcopal Church acknowledges that we gather on the traditional land
of the first people of this island, the Suquamish People, who are still here,
and we honor with gratitude the land itself and the life of the Suquamish Tribe.



WEBSITE



FACEBOOK

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