

HOLY EUCHARIST: Rite II

THE FOURTH SUNDAY AFTER EPIPHANY

January 28, 2024 ♦ 10:00 a.m.

*Welcome to St. Barnabas, we're delighted that you're here.
We hope you'll participate fully in our worship through singing, praying,
hearing the Good News of Jesus Christ, and receiving communion.
May God richly bless you as you bless us!*

PRELUDE


March

James Marsh



Exorcism at the Synagogue in Capernaum, Fresco

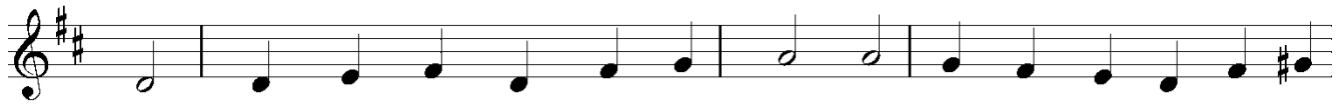
Artist Unknown

 All stand as able at the sound of the bells. Please join us in song.

HYMN

I'll praise my Maker while I've breath

HYMNAL 429



1 I'll praise my Mak - er while I've breath; and when my voice is lost in
2 How hap - py they whose hopes re - ly on Is - rael's God, who made the
3 The Lord pours eye - sight on the blind; the Lord sup - ports the faint - ing
4 I'll praise him while he lends me breath; and when my voice is lost in



death, praise shall em - ploy my no - bler powers. My
sky and earth and seas with all their train; whose
mind and sends the la - boring con - science peace. He
death, praise shall em - ploy my no - bler powers. My



days of praise shall ne'er be past while life and thought and be - ing
truth for ev - er stands se - cure, who saves the op - pressed, and feeds the
helps the strang - er in dis - tress, the wid - owed and the fa - ther -
days of praise shall ne'er be past while life and thought and be - ing



last, or im - mor - tal - i - ty en - dures.
poor. And none shall find his prom - ise vain.
less, and grants the pris - oner sweet re - lease.
last, or im - mor - tal - i - ty en - dures.

THE OPENING ACCLAMATION

Presider Blessed be God: Father, Son, and Holy Spirit.

People And blessed be God's kingdom, now and for ever. Amen.

COLLECT FOR PURITY

Presider and People

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

SONG OF PRAISE *Sung three times. Please join us in song.*

Glo - ry to God; Praise to the Son;
Glo - ry to God; Praise to the
Love to the Spi - rit; Three and yet One.
Son; Love to the Three and yet One.

THE COLLECT OF THE DAY

Presider The Lord be with you.
People **And also with you.**
Presider Let us pray.

Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

THE WORD OF GOD

THE FIRST READING

Deuteronomy 18:15-20

READER: A Reading from the book of Deuteronomy.

Moses said: The Lord your God will raise up for you a prophet like me from among your own people; you shall heed such a prophet. This is what you requested of the Lord your God at Horeb on the day of the assembly when you said: “If I hear the voice of the Lord my God any more, or ever again see this great fire, I will die.” Then the Lord replied to me: “They are right in what they have said. I will raise up for them a prophet like you from among their own people; I will put my words in the mouth of the prophet, who shall speak to them everything that I command. Anyone who does not heed the words that the prophet shall speak in my name, I myself will hold accountable. But any prophet who speaks in the name of other gods, or who presumes to speak in my name a word that I have not commanded the prophet to speak—that prophet shall die.”

Reader Hear what the Spirit is saying to God’s people.
People **Thanks be to God.**

Silence is marked by the ringing of a bell.



The grac - ious LORD makes his mar - vel - ous works to be



re - mem - bered, hal - le - lu - jah.

Choir: I will give thanks to the LORD with my whole heart,
in the assembly of the upright, in the congregation.

Great are the deeds of the Lord!
they are studied by all who delight in them.

All: The gracious LORD makes his marvelous works to be remembered, hallelujah.

Choir: His work is full of majesty and splendor,
and righteousness endures for ever.

He makes his marvelous works to be remembered;
the LORD is gracious and full of compassion.

All: The gracious LORD makes his marvelous works to be remembered, hallelujah.

Choir: He gives food to those who fear him;
he is ever mindful of his covenant.

He has shown his people the power of his works
in giving them the lands of the nations.

All: The gracious LORD makes his marvelous works to be remembered, hallelujah.

Choir: The works of his hands are faithfulness and justice;
all his commandments are sure.

They stand fast for ever and ever,
because they are done in truth and equity.

All: The gracious LORD makes his marvelous works to be remembered, hallelujah.

Choir: He sent redemption to his people;
he commanded his covenant for ever;
holy and awesome is his Name.

The fear of the LORD is the beginning of wisdom;
those who act accordingly have a good understanding;
his praise endures for ever.

All: The gracious LORD makes his marvelous works to be remembered, hallelujah.

READER: *A reading from Paul's first letter to the Corinthians.*

Now concerning food sacrificed to idols: we know that “all of us possess knowledge.” Knowledge puffs up, but love builds up. Anyone who claims to know something does not yet have the necessary knowledge; but anyone who loves God is known by him. Hence, as to the eating of food offered to idols, we know that “no idol in the world really exists,” and that “there is no God but one.” Indeed, even though there may be so-called gods in heaven or on earth—as in fact there are many gods and many lords—yet for us there is one God, the Father, from whom are all things and for whom we exist, and one Lord, Jesus Christ, through whom are all things and through whom we exist. It is not everyone, however, who has this knowledge. Since some have become so accustomed to idols until now, they still think of the food they eat as food offered to an idol; and their conscience, being weak, is defiled. “Food will not bring us close to God.” We are no worse off if we do not eat, and no better off if we do. But take care that this liberty of yours does not somehow become a stumbling block to the weak. For if others see you, who possess knowledge, eating in the temple of an idol, might they not, since their conscience is weak, be encouraged to the point of eating food sacrificed to idols? So by your knowledge those weak believers for whom Christ died are destroyed. But when you thus sin against members of your family, and wound their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of their falling, I will never eat meat, so that I may not cause one of them to fall.

Reader Hear what the Spirit is saying to God’s people.

People Thanks be to God.

Silence is marked by the ringing of a bell.



GOSPEL ACCLAMATION *Please join us in song.*

Antiphon *Cantor, then All*

Al - le - lu - ia, Al - le - lu - ia, Al - le - lu - ia, Al - le - lu - ia.

Verse *Cantor*

(Verse appointed for the day) *All repeat Antiphon*

The people who sat in darkness have seen a great light; for those who sat in the shadow of death light has dawned.

The Holy Gospel of our Savior Jesus Christ according to Mark.

People **Glory to you, Lord Christ.**

Jesus and his disciples went to Capernaum; and when the sabbath came, he entered the synagogue and taught. They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. Just then there was in their synagogue a man with an unclean spirit, and he cried out, "What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God." But Jesus rebuked him, saying, "Be silent, and come out of him!" And the unclean spirit, convulsing him and crying with a loud voice, came out of him. They were all amazed, and they kept on asking one another, "What is this? A new teaching—with authority! He commands even the unclean spirits, and they obey him." At once his fame began to spread throughout the surrounding region of Galilee.

The Gospel of the Lord.

People **Praise to you, Lord Christ.**



THE SERMON

Karen Haig

Silence is marked by the ringing of a bell.



THE NICENE CREED

Presider and People

We believe in one God, the Father, the Almighty, Maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary; and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE

The people pray responsively

Arise, shine; for your light has come, and the glory of the LORD has risen upon you.

You who by the leading of a star, guided the Magi to the brightness of the Holy Child of Bethlehem, lead us to the light of revelation, that we may value and honor the varied gifts of people everywhere.

Silence

Loving God... **Hear our prayer.**

You who framed the brightness of the first light in creation, dispel the arrogance, animosity, and anger that shatters the unity of your holy Church. Fill your faithful people with the radiant light of truth.

Silence

Loving God... ***Hear our prayer.***

You who delivered your people from the misery of bondage in slavery to the land of promise, set us free from enslavement to division, disunity, and distrust in our public life and labor. Illumine those in authority with the light of your justice, mercy and love.

Silence

Loving God... ***Hear our prayer.***

You who patterned the stars and called the sun into being, who appointed the moon and chartered the cosmos, pattern the hearts of people everywhere to see in each other the beauty of the universe and the splendor of creation, that divisions of race, class, gender, and ethnicity may be recreated into one common humanity.

Silence

Loving God... ***Hear our prayer.***

You who shower comfort and hope on the lonely, the lost, and the least, shine the light of compassion on those who are sick, sorrowful, or suffering, especially _____ and those we now name. Make us your compassion and hope in the world.

Silence

Loving God... ***Hear our prayer.***

You who welcome into the brilliant light of eternity those who have died, welcome those whom we love but see no longer, especially _____ and those we now name.

Silence

Loving God... ***Hear our prayer.***

You who delight in the complexity and splendor of creation, help us to delight in the diversity of this earth, our island home. Inspire your people to lovingly care for all you have made.

Silence

Loving God... ***Hear our prayer.***

Presider

May Christ, the Morning Star who knows no setting, find us ever burning with the light of love, the spirit of truth, and the wellspring of hope. *Amen.*

CONFESSION OF SIN

Let us confess our sins against God and our neighbor.

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. *Amen.*

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. ***Amen.***

THE PEACE

Presider The peace of the Lord be always with you.

People **And also with you.**

WELCOME, ANNOUNCEMENTS, BIRTHDAYS & ANNIVERSARIES

Prayer for a Birthday:

Watch over your child, O Lord, as *her* days increase; bless and guide *her* wherever *she* may be. Strengthen *her* when *she* stands; comfort *her* when discouraged or sorrowful; raise *her* up if *she* fall; and in *her* heart may your peace which passes understanding abide all the days of *her* life; through Jesus Christ our Lord. Amen.

Prayer for a Wedding Anniversary:

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

OFFERTORY ANTHEM

Grant us Thy peace

Felix Mendelssohn

Grant us Thy peace, Almighty Lord,
O source of every blessing!
We cannot keep Thy saving word,
Unless Thy peace possessing.
Thy peace O give by which we live.

THE HOLY COMMUNION

An offering of money is collected.

[You may make an offering by clicking here](#) or by scanning the QR code.



PRESENTATION ANTHEM

Presider All things come from you, O Lord,

People **And of your own have we given you.**

The Presider continues

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,
Presider and People

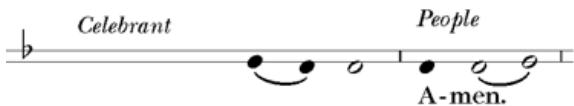
**We remember his death,
We proclaim his resurrection,
We await his coming in glory;**

The Presider continues

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.



And now, as our Savior Christ has taught us, we are bold to say,

THE LORD'S PRAYER

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

Lamb of God, you take a-way the

sins of the world: ____ have mer-cy on us. Lamb of God, you

take a-way the sins of the world: ____ grant us peace.

slower

THE INVITATION TO COMMUNION

The gifts of God for the People of God.

 COMMUNION OF THE PEOPLE

*This is Jesus' table around which we gather, and all are welcome to receive communion.
If you prefer to receive a blessing, or not to receive wine, fold your arms across your chest as a sign.
Gluten-free wafers are available, please ask the priest.*

An Act of Spiritual Communion for those worshipping online.

My Jesus, I believe that you are truly present in the Blessed Sacrament of the Altar. I love you above all things, and long for you in my soul. Since I cannot now receive you sacramentally, come spiritually into my heart. As though you have already come, I embrace you and unite myself entirely to you; never permit me to be separated from you. Amen.

COMMUNION MUSIC

Jesus, My All, to Heaven Is Gone

arr. K. Lee Scott

Jesus, my all, to heaven is gone, I'll never turn back no more;
He whom I fix my hopes upon, I'll never turn back no more.
His path I see, and I'll pursue, I'll never turn back no more.
The narrow way, till him I view, I'll never turn back no more.

Now the si - lence Now the peace Now the emp - ty
 hands up - lift - ed Now the kneel - ing Now the plea
 Now the Fa - ther's arms in wel - come Now the hear - ing
 Now the power Now the ves - sel brimmed for pour - ing
 Now the Bo - dy Now the Blood Now the joy - ful
 cel - e - bra - tion Now the wed - ding Now the songs
 Now the heart for - giv - en leap - ing Now the Spi - rit's
 vis - i - ta - tion Now the Son's e - piph - an - y
 Now the Fa - ther's bless - ing Now Now Now



THE POST-COMMUNION PRAYER

Presider and People

Almighty and ever living God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

THE BLESSING



1 Be thou my vi - sion, O Lord of my heart;
 2 Be thou my wis - dom, and thou my true word;
 3 High King of hea - ven, when vic - tory is won,



all else be nought to me, save that thou art—
 I ev - er with thee and thou with me, Lord;
 may I reach hea - ven's joys, bright hea - ven's Sun!



thou my best thought, — by day or by night,
 thou my great Fa - ther; thine own may I be;
 Heart of my heart, — what - ev - er be - fall,



wak - ing or sleep - ing, thy pres - ence my light.
 thou in me dwell - ing, and I one with thee.
 still be my vis - ion, O Ru - ler of all.

DISMISSAL

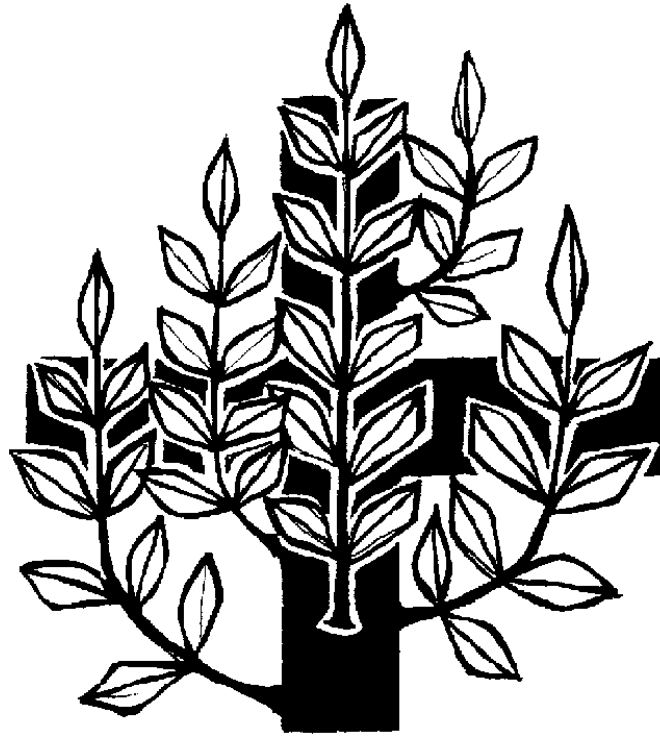
Let us go forth into the world rejoicing in the power of the Spirit.

People Thanks be to God.

POSTLUDE

Be thou my vision

Charles W. Ore



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MINISTERS OF THE LITURGY

Presider and Preacher | The Reverend Karen Haig
Deacon | The Reverend Dan Fowler
Music Director and Organist | Sheila Bristow
Musicians | St. Barnabas Choir
Lectors | Kathleen Jennings, Heidi O'Brien
Eucharistic Ministers | Mary Anne Smith, Elaine Percival
Ushers | Phil and Laurie Fergusson
Altar Guild | Rebecca Ditmore, Chris Davis, Prinnie Falkenhagen, Yvonne Rolston,
Pat Todd, Theresa Todd
Coffee Hour | Diane Walworth, Kirk & Peggy Eichenberger, Claire Hicks, Beth Gudmundson
Welcome Table | Dennis Tierney
Videographer | Michael Ditmore

CLERGY

Bishop Provisional | The Most Reverend Melissa Skelton
Assisting Bishop | The Right Reverend Brian Prior
Rector | The Reverend Karen Haig
Deacon | The Reverend Dan Fowler
Assisting Priests | The Reverends Dr. Judith M. McDaniel, Nancy Tiederman,
Patricia Rome Robertson, Dr. Jan C. Heller, and Jim Friedrich

STAFF

Music Director & Organist | Sheila Bristow
Bookkeeper | Jessica Edmonds
Day School Director | Julia Lampa
Sexton | George Cole
Kitchen Manager | Tim Shelly
Housekeeper | Natalia Perez
Interium Tender | Joe Salter

VESTRY

Rector's Warden | Barbara Bolles
Property Warden | Brian Andvik
People's Warden | Steve Schmitz
Members of the Vestry | Laura Bainbridge, Tom Beierle,
Michael Ditmore, Judith Hanna, Claire Hicks, Mary Anne Smith
Clerk of the Vestry | Rebecca Ditmore
Treasurer | Kirk Eichenberger
Chancellor | Katherine Bolles

CONVENTION DELEGATES

Delegates | Kathy Bolles, Barbara Bolles, George Robertson, Heidi O'Brien
Alternates | Laura Carroll, Brian Andvik, Peggy & Kirk Eichenberger



WHO ARE WE?

We are a community of faith that welcomes and values all people.

We commit to follow Christ, serve others, grow in faith,
and transform the world by sharing God's love.

St. Barnabas Episcopal Church acknowledges that we gather on the traditional land of the first people of this island, the Suquamish People, who are still here, and we honor with gratitude the land itself and the life of the Suquamish Tribe.



WEBSITE



FACEBOOK

† ST. BARNABAS EPISCOPAL CHURCH

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