

HOLY EUCHARIST: Rite II

THE FIFTH SUNDAY AFTER EPIPHANY

February 4, 2024 ♦ 10:00 a.m.

*Welcome to St. Barnabas, we're delighted that you're here.
We hope you'll participate fully in our worship through singing, praying,
hearing the Good News of Jesus Christ, and receiving communion.
May God richly bless you as you bless us!*

PRELUDE

Variations

G.F. Handel



*Icon of Christ Healing Simon's Mother-in-Law, Visoki Dečani Monastery in Deçan, Kosovo
Artist Unknown*

 All stand as able at the sound of the bells. Please join us in song.

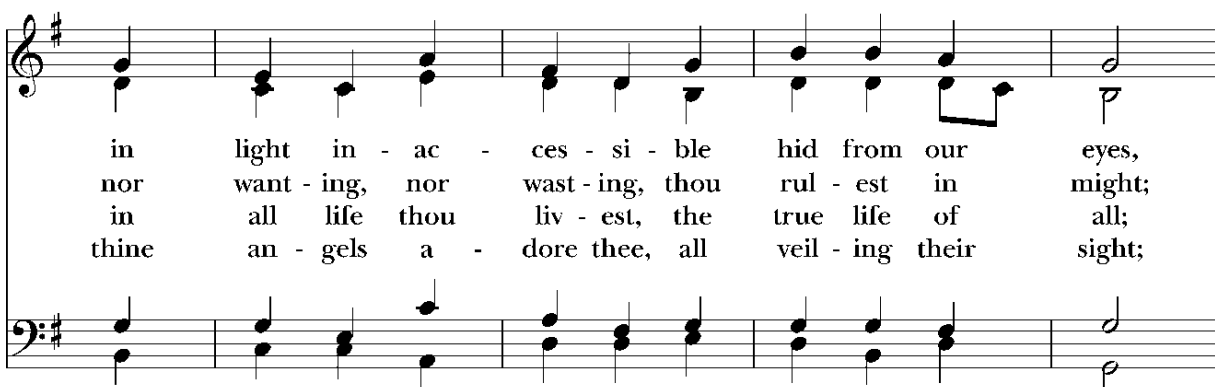
HYMN Please join us in song.

Immortal, invisible, God only wise

HYMNAL 423



1 Im - mor - tal, in - vis - i - ble, God on - ly wise,
2 Un - rest - ing, un - hast - ing, and si - lent as light,
3 To all life thou giv - est, to both great and small;
4 Thou reign - est in glo - ry, thou rul - est in light,



in light in - ac - ces - si - ble hid from our eyes,
nor want - ing, nor wast - ing, thou rul - est in might;
in all life thou liv - est, the true life of all;
thine an - gels a - dore thee, all veil - ing their sight;



most bless - ed, most glo - rious, the An - cient of Days,
thy jus - tice like moun - tains high soar - ing a - bove
we blos - som and flour - ish, like leaves on the tree,
all laud we would ren - der: O help us to see



al - might - y, vic - tor - ious, thy great Name we praise.
thy clouds, which are foun - tains of good - ness and love.
then with - er and per - ish; but nought chan - geth thee.
'tis on - ly the splen - dor of light hid - eth thee.

THE OPENING ACCLAMATION

Presider Blessed be God: Father, Son, and Holy Spirit.
People **And blessed be God's kingdom, now and for ever. Amen.**

COLLECT FOR PURITY

Presider and People
Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

SONG OF PRAISE *Sung three times. Please join us in song.*

Glo - ry to God; Praise to the Son;
Glo - ry to God; Praise to the
Love to the Spi - rit; Three and yet One.
Son; Love to the Three and yet One.

THE COLLECT OF THE DAY

Presider The Lord be with you.
People **And also with you.**
Presider Let us pray.

Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

THE WORD OF GOD

THE FIRST READING

Isaiah 40:21-31

READER: *A Reading from the prophet Isaiah.*

Have you not known? Have you not heard? Has it not been told you from the beginning? Have you not understood from the foundations of the earth? It is he who sits above the circle of the earth, and its inhabitants are like grasshoppers; who stretches out the heavens like a curtain, and spreads them like a tent to live in; who brings princes to naught, and makes the rulers of the earth as nothing. Scarcely are they planted, scarcely sown, scarcely has their stem taken root in the earth, when he blows upon them, and they wither, and the tempest carries them off like stubble. To whom then will you compare me, or who is my equal? says the Holy One. Lift up your eyes on high and see: Who created these? He who brings out their host and numbers them, calling them all by name; because he is great in strength, mighty in power, not one is missing. Why do you say, O Jacob, and speak, O Israel, "My way is hidden from the LORD, and my right is disregarded by my God"? Have you not known? Have you not heard? The LORD is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. He gives power to the faint, and strengthens the powerless. Even youths will faint and be weary, and the young will fall exhausted; but those who wait for the LORD shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.

Reader Hear what the Spirit is saying to God's people.

People **Thanks be to God.**

Silence is marked by the ringing of a bell.

PSALM *Remain seated. Please join us in song.* Psalm 147:1-12; 21c

S411



1 Hallelujah!
How good it is to sing praises to our / God! *
how pleasant it is to honor him with / praise!

2 The Lord rebuilds Je- / rusalem; *
he gathers the exiles of / Israel.

3 He heals the broken- / hearted *
and binds up their / wounds.

4 He counts the number of the / stars *
and calls them all by their / names.

5 Great is our Lord and mighty in / power; *
there is no limit to his / wisdom.

6 The Lord lifts up the / lowly, *
but casts the wicked to the / ground.

7 Sing to the Lord with thanks- / giving; *
make music to our God upon the / harp.

8 He covers the heavens with / clouds *
and prepares rain for the / earth.

9 He makes grass to grow upon the / mountains *
and green plants to serve man- / kind.

10 He provides food for flocks and / herds *
and for the young ravens when they / cry.

11 He is not impressed by the might of a / horse; *
he has no pleasure in the strength of a / man;

12 But the Lord has pleasure in those who / fear him, *
in those who await his gracious / favor.

21 Hallelujah!

READER: *A reading from Paul's first letter to the Corinthians.*

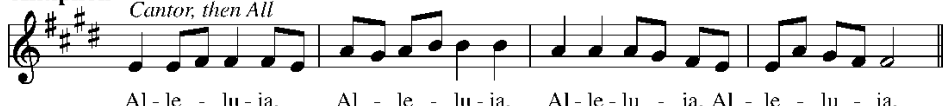
If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel. For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. To those outside the law I became as one outside the law (though I am not free from God's law but am under Christ's law) so that I might win those outside the law. To the weak I became weak, so that I might win the weak. I have become all things to all people, that I might by all means save some. I do it all for the sake of the gospel, so that I may share in its blessings.

Reader Hear what the Spirit is saying to God's people.
People Thanks be to God.

Silence is marked by the ringing of a bell.


 GOSPEL ACCLAMATION *Choir leads, then all join in song.*

Antiphon *Cantor, then All*



Al - le - lu - ia, Al - le - lu - ia, Al - le - lu - ia, Al - le - lu - ia.

Verse *Cantor*



(Verse appointed for the day) All repeat Antiphon

The servant of God took our infirmities and bore our diseases. (Matthew 8:17)

THE GOSPEL

Mark 1:29-39

The Holy Gospel of our Savior Jesus Christ according to Mark.

People Glory to you, Lord Christ.

After Jesus and his disciples left the synagogue, they entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them. That evening, at sundown, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him. In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, "Everyone is searching for you." He answered, "Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do." And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

The Gospel of the Lord.
People Praise to you, Lord Christ.

 THE SERMON

Karen Haig

Silence is marked by the ringing of a bell.

 THE NICENE CREED

Presider and People

We believe in one God, the Father, the Almighty, Maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary; and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE *The people pray responsively*

Arise, shine; for your light has come, and the glory of the LORD has risen upon you.

You who by the leading of a star, guided the Magi to the brightness of the Holy Child of Bethlehem, lead us to the light of revelation, that we may value and honor the varied gifts of people everywhere.

Silence

Loving God... ***Hear our prayer.***

You who framed the brightness of the first light in creation, dispel the arrogance, animosity, and anger that shatters the unity of your holy Church. Fill your faithful people with the radiant light of truth.

Silence

Loving God... ***Hear our prayer.***

You who delivered your people from the misery of bondage in slavery to the land of promise, set us free from enslavement to division, disunity, and distrust in our public life and labor. Illumine those in authority with the light of your justice, mercy and love.

Silence

Loving God... ***Hear our prayer.***

You who patterned the stars and called the sun into being, who appointed the moon and chartered the cosmos, pattern the hearts of people everywhere to see in each other the beauty of the universe and the splendor of creation, that divisions of race, class, gender, and ethnicity may be recreated into one common humanity.

Silence

Loving God... ***Hear our prayer.***

You who shower comfort and hope on the lonely, the lost, and the least, shine the light of compassion on those who are sick, sorrowful, or suffering, especially _____ and those we now name. Make us your compassion and hope in the world.

Silence

Loving God... **Hear our prayer.**

You who welcome into the brilliant light of eternity those who have died, welcome those whom we love but see no longer, especially _____ and those we now name.

Silence

Loving God... **Hear our prayer.**

You who delight in the complexity and splendor of creation, help us to delight in the diversity of this earth, our island home. Inspire your people to lovingly care for all you have made.

Silence

Loving God... **Hear our prayer.**

Presider

May Christ, the Morning Star who knows no setting, find us ever burning with the light of love, the spirit of truth, and the wellspring of hope. *Amen.*

CONFESSION OF SIN

Let us confess our sins against God and our neighbor.

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

THE PEACE

Presider The peace of the Lord be always with you.

People And also with you.



WELCOME, ANNOUNCEMENTS, BIRTHDAYS & ANNIVERSARIES

Prayer for a Birthday:

Watch over your child, O Lord, as *her* days increase; bless and guide *her* wherever *she* may be. Strengthen *her* when *she* stands; comfort *her* when discouraged or sorrowful; raise *her* up if *she* fall; and in *her* heart may your peace which passes understanding abide all the days of *her* life; through Jesus Christ our Lord. Amen.

Prayer for a Wedding Anniversary:

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

1 Deck thy - self, my soul, with glad - ness, leave the
 2 Sun, who all my life dost bright - en; Light, who
 3 Je - sus, Bread of Life, I pray thee, let me

gloom - y haunts of sad - ness, come in - to the day - light's
 dost my soul en - light - en; Joy, the best that an - y
 glad - ly here o - bey thee; nev - er to my hurt in -

splen - dor, there with joy thy prais - es ren - der
 know - eth; Fount, whence all my be - ing flow - eth;
 vit - ed, be thy love with love re - quit - ed;

un - to him whose grace un - bound - ed hath this
 at thy feet I cry, my Ma - ker, let me
 from this ban - quet let me mea - sure, Lord, how

won-drous ban-quet found-ed— high o'er all the heavens he
 be a fit par-ta-ker of this bless-ed food from
 vast and deep its trea-sure; through the gifts thou here dost

reign-eth, yet to dwell with thee he deign-eth.
 hea-ven, for our good, thy glo-ry, giv-en.
 give me, as thy guest in heaven re-ceive me.

THE HOLY COMMUNION

An offering of money is collected.
[You may make an offering by clicking here](#) or by scanning the QR code.



PRESENTATION ANTHEM

Presider All things come from you, O Lord,
People And of your own have we given you.

THE GREAT THANKSGIVING

The people remain standing.

Celebrant The Lord be with you. *People* And al-so with you.
Celebrant Lift up your hearts. *People* We lift them to the Lord.
Celebrant Let us give thanks to the Lord our God.
People It is right to give God thanks and praise.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of your Son Jesus Christ our Lord.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

HOLY, HOLY *Please join us in song.*

S125, Proulx

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might,
heaven and earth are full of your glo - ry. Ho -
san - na in the high - est. Ho - san - na in the high - est.
Blessed is he who comes in the name of the Lord. Ho -
san - na in the high - est. Ho - san - na in the high - est.

The Presider continues

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,
Presider and People

**We remember his death,
We proclaim his resurrection,
We await his coming in glory;**

The Presider continues

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.



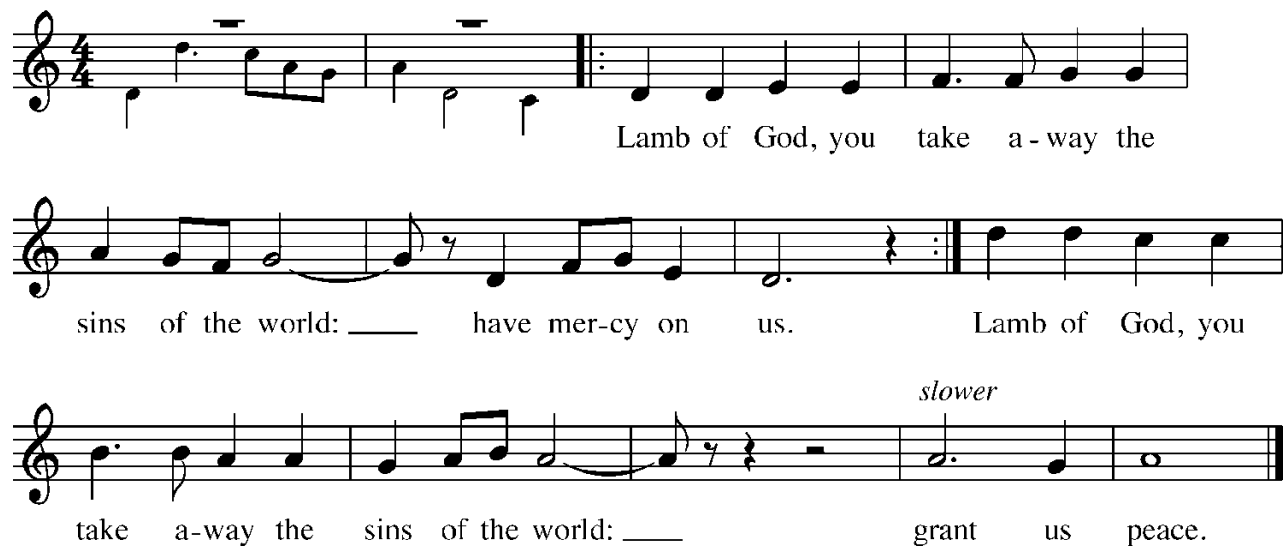
And now, as our Savior Christ has taught us, we are bold to say,

THE LORD'S PRAYER

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

ACCLAMATION AFTER THE BREAKING OF THE BREAD *Please join us in song.*

Crisafulli



THE INVITATION TO COMMUNION

The gifts of God for the People of God.

 COMMUNION OF THE PEOPLE

*This is Jesus' table around which we gather, and all are welcome to receive communion.
If you prefer to receive a blessing, or not to receive wine, fold your arms across your chest as a sign.
Gluten-free wafers are available, please ask the priest.*

An Act of Spiritual Communion for those worshipping online.
My Jesus, I believe that you are truly present in the Blessed Sacrament of the Altar. I love you above all things, and long for you in my soul. Since I cannot now receive you sacramentally, come spiritually into my heart. As though you have already come, I embrace you and unite myself entirely to you; never permit me to be separated from you. Amen.

COMMUNION MUSIC

I have longed for thy saving health

William Byrd

I have longed for thy saving health, O Lord;
Thy law is my delight.
O let my soul live, and it shall praise Thee,
and Thy judgements shall help me.
(Psalm 119:174-5)

HYMN *Please join us in song.*

Bless the Lord, my soul

WLP 825

Bless the Lord my soul and bless God's ho - ly name.

Bless the Lord my soul, Who leads me in - to life.



THE POST-COMMUNION PRAYER

Presider and People

Almighty and ever living God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

THE BLESSING



HYMN Please join us in song.

We all are one in mission

HYMNAL 778

1. We all are one in mis-sion, we all are one in call,
 2. We all are called for ser-vice to wit-ness in God's name.
 3. We all be-hold one vi-sion, a stark re-al-i-ty;
 4. Now let us be u-nit-ed and let our song be heard.

our var-ied gifts u-nit-ed by Christ, the Lord of all.
 Our min-is-tries are dif-f'rent, our pur-pose is the same:
 the stew-ard of sal-va-tion was nailed up-on a tree.
 Now let us be a ves-sel for God's re-deem-ing Word.

A sin - gle, great com - mis - sion com - pels us from a - bove
 to touch the lives of oth - ers by God's sur - pris - ing grace,
 Yet res - ur - rect - ed Jus - tice gives rise that we may share
 We all are one in mis - sion, we all are one in call,

to plan and work to - geth - er that all may know Christ's love.
 so peo - ple of all na - tions may feel God's warm em - brace.
 free re - con - cil - i - a - tion and hope a - mid de - spair.
 our var - ied gifts u - nit - ed by Christ, the Lord of all.

DISMISSAL

Let us go forth into the world rejoicing in the power of the Spirit.

People Thanks be to God.

POSTLUDE

Thou shalt bring them in

G.F. Handel

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MINISTERS OF THE LITURGY

Presider and Preacher | The Reverend Karen Haig
Deacon | The Reverend Dan Fowler
Music Director and Organist | Sheila Bristow
Musicians | The Parish Choir; Rae Hyra, cantor
Lectors | Michael Ditmore, Brian Andvik
Eucharistic Ministers | Rebecca Ditmore, Michael Fitzpatrick
Ushers | Brian Andvik and Laura Carroll
Altar Guild | Steve & Helene Schmitz, Heidi O'Brien, Becky Raymond, Diane Walworth
Coffee Hour | Lisa-Marie MacKenzie, Sue Ellen Case, Stephanie Neill, Barbara Bolles, Marnie Arlen
Welcome Table | George Robertson
Videographer | Michael Ditmore

CLERGY

Bishop Provisional | The Most Reverend Melissa Skelton
Assisting Bishop | The Right Reverend Brian Prior
Rector | The Reverend Karen Haig
Deacon | The Reverend Dan Fowler
Assisting Priests | The Reverends Dr. Judith M. McDaniel, Nancy Tiederman,
Patricia Rome Robertson, Dr. Jan C. Heller, and Jim Friedrich

STAFF

Music Director & Organist | Sheila Bristow
Bookkeeper | Jessica Edmonds
Day School Director | Julia Lampa
Sexton | George Cole
Kitchen Manager | Tim Shelly
Housekeeper | Natalia Perez
Interium Tender | Joe Salter

VESTRY

Rector's Warden | Barbara Bolles
Property Warden | Brian Andvik
People's Warden | Steve Schmitz
Members of the Vestry | Laura Bainbridge, Tom Beierle,
Michael Ditmore, Judith Hanna, Claire Hicks, Mary Anne Smith
Clerk of the Vestry | Rebecca Ditmore
Treasurer | Kirk Eichenberger
Chancellor | Katherine Bolles

CONVENTION DELEGATES

Delegates | Kathy Bolles, Barbara Bolles, George Robertson, Heidi O'Brien
Alternates | Laura Carroll, Brian Andvik, Peggy & Kirk Eichenberger



WHO ARE WE?

We are a community of faith that welcomes and values all people.

We commit to follow Christ, serve others, grow in faith,
and transform the world by sharing God's love.

St. Barnabas Episcopal Church acknowledges that we gather on the traditional land of the first people of this island, the Suquamish People, who are still here, and we honor with gratitude the land itself and the life of the Suquamish Tribe.



WEBSITE



FACEBOOK

† ST. BARNABAS EPISCOPAL CHURCH

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