

# HOLY EUCHARIST: Rite I

THE FIRST SUNDAY IN LENT

February 18, 2024 ♦ 8:00 a.m.

*Welcome to St. Barnabas, we are delighted that you're here.  
We hope you'll participate fully in our worship through singing, praying,  
hearing the Good News of Jesus Christ, and coming to communion.  
May God richly bless you as you bless us!*

## WELCOME INTO THE QUIET

“Lent serves as our annual invitation to come closer to God. It provides a time to look at our lives and ourselves, not so we may criticize ourselves more harshly but so we can identify the obstructions that keep us from...feeling the presence of the divine in our every day. How do we hide from God, and why? Lent gives us a chance to look at such obstructions and to move them gently away so that we can come closer to the Love that gives us life... Thus Lent offers a gift of time and a promise of closeness...” From *A Clearing Season: Reflections for Lent*



*All stand as able at the sound of the bells.*

1 For - ty days and for - ty nights thou wast fast - ing in the wild;  
2 Should not we thy sor - row share and from world - ly joys ab - stain,  
3 Then if Sa - tan on us press, Je - sus, Sa - vior, hear our call!  
4 So shall we have peace di - vine: ho - lier glad - ness ours shall be;  
5 Keep, O keep us, Sa - vior dear, ev - er con - stant by thy side;

1 for - ty days and for - ty nights tempt - ed, and yet un - de - filed.  
2 fast - ing with un - ceas - ing prayer, strong with thee to suf - fer pain?  
3 Vic - tor in the wil - der - ness, grant we may not faint nor fall!  
4 round us, too, shall an - gels shine, such as min - is - tered to thee.  
5 that with thee we may ap - pear at the e - ter - nal Eas - ter - tide.

Words: George Hunt Smyttan (1822-1870), alt.

Music: *Aus der Tiefe rufe ich*, melody att. Martin Herbst (1654-1681), alt.; harm. William Henry Monk (1823-1889)

## THE OPENING ACCLAMATION

*Presider* Bless the Lord who forgiveth all our sins.  
*People* God's mercy endureth for ever.



## THE DECALOGUE

God spake these words, and said: I am the Lord thy God who brought thee out of the land of Egypt, out of the house of bondage. Thou shalt have none other gods but me.

**Lord, have mercy upon us, and incline our hearts to keep this law.**

Thou shalt not make to thyself any graven image, nor the likeness of any thing that is in heaven above, or in the earth beneath, or in the water under the earth; thou shalt not bow down to them, nor worship them.

**Lord, have mercy upon us, and incline our hearts to keep this law.**

Thou shalt not take the Name of the Lord thy God in vain.

**Lord, have mercy upon us, and incline our hearts to keep this law.**

Remember that thou keep holy the Sabbath day.

**Lord, have mercy upon us, and incline our hearts to keep this law.**

Honor thy father and thy mother.

**Lord, have mercy upon us, and incline our hearts to keep this law.**

Thou shalt do no murder.

**Lord, have mercy upon us, and incline our hearts to keep this law.**

Thou shalt not commit adultery.

**Lord, have mercy upon us, and incline our hearts to keep this law.**

Thou shalt not steal.

**Lord, have mercy upon us, and incline our hearts to keep this law.**

Thou shalt not bear false witness against thy neighbor.

**Lord, have mercy upon us, and incline our hearts to keep this law.**

Thou shalt not covet.

**Lord, have mercy upon us, and write all these thy laws in our hearts, we beseech thee.**

Hear what our Lord Jesus Christ saith: Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. This is the first and great commandment. And the second is like unto it: Thou shalt love thy neighbor as thyself. On these two commandments hang all the Law and the Prophets.

*Matthew 22:37-40*

Let us humbly confess our sins unto Almighty God.

*Silence may be kept.*

*Presider and People*

**Almighty and most merciful father, we have erred and strayed from thy ways like lost sheep, we have followed too much the devices and desires of our own hearts, we have offended against thy holy laws, we have left undone those things which we ought to have done, and we have done those things which we ought not to have done. But thou, O Lord, have mercy upon us, spare thou those who confess their faults, restore thou those who are penitent, according to thy promises declared unto humankind in Christ Jesus our Lord; and grant, O most merciful Father, for his sake, that we may hereafter live a godly, righteous, and sober life, to the glory of thy holy Name. Amen.**

The Almighty and merciful Lord grant you absolution and remission of all your sins, true repentance, amendment of life, and the grace and consolation of his Holy Spirit. **Amen.**

*Presider* Lord, have mercy upon us.

**People** **Christ, have mercy upon us.**

*Presider* Lord, have mercy upon us.

#### THE COLLECT OF THE DAY

*Presider* The Lord be with you.

**People** **And with thy spirit.**

*Presider* Let us pray.

Almighty God, whose blessed Son was led by the Spirit to be tempted of Satan: Make speed to help thy servants who are assaulted by manifold temptations; and, as thou knowest their several infirmities, let each one find thee mighty to save; through Jesus Christ thy Son our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, now and for ever. **Amen.**

#### THE WORD OF GOD

##### THE FIRST READING

Genesis 9:8-17

*READER: A Reading from the book of Genesis.*

**G**od said to Noah and to his sons with him, “As for me, I am establishing my covenant with you and your descendants after you, and with every living creature that is with you, the birds, the domestic animals, and every animal of the earth with you, as many as came out of the ark. I establish my covenant with you, that never again shall all flesh be cut off by the waters of a flood, and never again shall there be a flood to destroy the earth.” God said, “This is the sign of the covenant that I make between me and you and every living creature that is with you, for all future generations: I have set my bow in the clouds, and it shall be a sign of the covenant between me and the earth. When I bring clouds over the earth and the bow is seen in the clouds, I will remember my covenant that is between me and you and every living creature of all flesh; and the waters shall never again become a flood to destroy all flesh. When the bow is in the clouds, I will see it and remember the everlasting covenant between God and every living creature of all flesh that is on the earth.” God said to Noah, “This is the sign of the covenant that I have established between me and all flesh that is on the earth.”

*Reader* Hear what the Spirit is saying to God’s people.

**People** **Thanks be to God.**

*Silence is marked by the ringing of a bell.*

#### THE RESPONSE (remain seated, read responsively)

Psalm 25:1-9

1 To you, O Lord, I lift up my soul;

my God, I put my trust in you; \*

**let me not be humiliated,**

**nor let my enemies triumph over me.**

2 Let none who look to you be put to shame; \*

**let the treacherous be disappointed in their schemes.**

3 Show me your ways, O Lord, \*

**and teach me your paths.**

4 Lead me in your truth and teach me, \*  
**for you are the God of my salvation;  
in you have I trusted all the day long.**

5 Remember, O Lord, your compassion and love, \*  
**for they are from everlasting.**

6 Remember not the sins of my youth and my transgressions; \*  
**remember me according to your love  
and for the sake of your goodness, O Lord.**

7 Gracious and upright is the Lord; \*  
**therefore he teaches sinners in his way.**

8 He guides the humble in doing right \*  
**and teaches his way to the lowly.**

9 All the paths of the Lord are love and faithfulness \*  
**to those who keep his covenant and his testimonies.**

#### THE SECOND READING

1 Peter 3:18-22

*READER: A Reading from the First Letter of Peter.*

**C**hrist also suffered for sins once for all, the righteous for the unrighteous, in order to bring you to God. He was put to death in the flesh, but made alive in the spirit, in which also he went and made a proclamation to the spirits in prison, who in former times did not obey, when God waited patiently in the days of Noah, during the building of the ark, in which a few, that is, eight persons, were saved through water. And baptism, which this prefigured, now saves you-- not as a removal of dirt from the body, but as an appeal to God for a good conscience, through the resurrection of Jesus Christ, who has gone into heaven and is at the right hand of God, with angels, authorities, and powers made subject to him.

*Reader* Hear what the Spirit is saying to God's people.  
*People* **Thanks be to God.**

*Silence is marked by the ringing of a bell.*

#### THE HOLY GOSPEL

Mark 1:9-15

The Holy Gospel of our Savior Jesus Christ according to Matthew.  
*People* **Glory be to thee, O Lord.**

**I**n those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. And a voice came from heaven, "You are my Son, the Beloved; with you I am well pleased." And the Spirit immediately drove him out into the wilderness. He was in the wilderness forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him. Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, "The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news."

The Gospel of the Lord.  
*People* **Praise be to thee, O Christ.**

*Silence is marked by the ringing of a bell.*

 THE NICENE CREED

*Presider and People*

**We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.**

THE PRAYERS OF THE PEOPLE

Let us pray for the whole state of Christ's Church and the world.

Almighty and everliving God, who in thy holy Word hast taught us to make prayers, and supplications, and to give thanks for all people: in our Anglican Cycle of Prayer, we pray for the Province of the Episcopal Church of Sudan. In our Diocesan Cycle of Prayer, we pray for St. Paul's, Seattle; and St. Peter's, Seattle. Receive our prayers which we offer unto thy divine Majesty beseeching thee to inspire continually the Universal Church with the spirit of truth, unity and concord, and grant that those who do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love.

**Lord, hear our prayer.**

Give grace, O heavenly Father, to all bishops and other ministers, especially to Michael, our Presiding Bishop; Melissa, our Bishop; Brian, our Assisting Bishop; Karen, our Rector; Dan, our Deacon; and Nancy, Judith, Patricia, Jan, Jim, and Dennis, priests among us, that they may, both by their life and doctrine, set forth thy true and lively Word, and rightly and duly administer thy holy Sacraments.

**Lord, hear our prayer.**

And to all thy people give thy heavenly grace, and especially to this congregation here present; that, with meek heart and due reverence, they may hear and receive thy holy Word, truly serving thee in holiness and righteousness all the days of their life.

**Lord, hear our prayer.**

We beseech thee also so to rule the hearts of those who bear the authority of government in this and every land, especially our elected and appointed officials that they may be led to wise decisions and right actions for the welfare and peace of the world.

**Lord, hear our prayer.**

Guard and protect all those who serve in harm's way, both in lands far away and here at home, returning them to safe reunion with their families and all who love them.

**Lord, hear our prayer.**

Bestow upon us the gift of gracious hospitality, welcoming into fellowship our sisters and brothers in Christ who are visiting, remembering that in welcoming strangers we may be welcoming angels unaware.

**Lord, hear our prayer.**

Open, O Lord, the eyes of all people to behold thy gracious hand in all thy works, that, rejoicing in thy whole creation, they may honor thee with their substance, and be faithful stewards of thy bounty.

**Lord, hear our prayer.**

And we most humbly beseech thee, of thy goodness, O Lord, to comfort and succor, [especially...] and all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity.

**Lord, hear our prayer.**

I invite your petitions and thanksgivings aloud or in your hearts...[pause], let us pray.

**Lord, hear our prayer.**

And we also bless thy holy Name for all thy servants departed this life in thy faith and fear [especially...], beseeching thee to grant them continual growth in thy love and service; and to grant us grace so to follow the good examples of Barnabas and of all thy saints, that with them we may be partakers of thy heavenly kingdom.

**Lord, hear our prayer.**

Grant these our prayers, O Father, for Jesus Christ's sake, our only Mediator and Advocate. **Amen.**

#### THE PEACE

*Presider*      The peace of the Lord be always with you.  
*People*        **And also with you.**

#### WELCOME, ANNOUNCEMENTS, BIRTHDAYS & ANNIVERSARIES

*Prayer for a Birthday:*

**Watch over your child, O Lord, as *her* days increase; bless and guide *her* wherever *she* may be. Strengthen *her* when *she* stands; comfort *her* when discouraged or sorrowful; raise *her* up if *she* fall; and in *her* heart may your peace which passes understanding abide all the days of *her* life; through Jesus Christ our Lord. Amen.**

*Prayer for a Wedding Anniversary:*

**O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.**

#### **THE HOLY COMMUNION**

*An offering of money is collected.*

*[You may make an offering by clicking here](#) or by scanning the QR code.*





## PRESENTATION ANTHEM

*Presider* All things come of thee, O Lord,  
*People* **And of thine own have we given thee.**

## THE GREAT THANKSGIVING *The people remain standing.*

*Presider* The Lord be with you.  
*People* **Ans with thy spirit.**  
*Presider* Lift up your hearts.  
*People* **We lift them up unto to the Lord.**  
*Presider* Let us give thanks unto our Lord God.  
*People* **It is meet and right so to do.**

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God.

Who dost bid thy faithful people cleanse their hearts, and prepare with joy for the Paschal feast; that, fervent in prayer and in works of mercy, and renewed by thy Word and Sacraments, they may come to the fullness of grace which thou hast prepared for those who love thee.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

*Presider and People*

**Holy, holy, holy, Lord God of Hosts:  
 Heaven and earth are full of thy glory.  
 Glory be to thee, O Lord Most High.  
 Blessed is he that cometh in the name of the Lord.  
 Hosanna in the highest.**



*or* *Then the Presider gives thanks for God's work in creation and for the salvation of the world through Christ, and prays over the bread and wine.*

All glory be to thee, Almighty God, our heavenly Father... (BCP p. 334)

...By whom, and with whom, in the unity of the Holy Ghost, all honor and glory be unto thee, O Father Almighty, world without end. **AMEN.**

And now, as our Savior Christ hath taught us, we are bold to say,

## THE LORD'S PRAYER

**Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

## THE BREAKING OF THE BREAD

*The Presider breaks the consecrated Bread. A period of silence is kept.*

*Presider* Christ our Passover is sacrificed for us;  
**People** Therefore let us keep the feast.

*Presider* O Lamb of God, that takest away the sins of the world,  
**People** have mercy upon us.

*Presider* O Lamb of God, that takest away the sins of the world,  
**People** have mercy upon us.

*Presider* O Lamb of God, that takest away the sins of the world,  
**People** grant us thy peace.

*Presider and People*

**We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.**

The Gifts of God for the People of God.

*This is Jesus's table around which we gather, and all are welcome to receive communion.  
If you prefer to receive a blessing, or not to receive wine, fold your arms across your chest as a sign.  
Gluten-free wafers are available, please ask the priest.*

*At the conclusion of the distribution of communion, silence is marked by the ringing of a bell.*



*or* THE POST-COMMUNION PRAYER

**Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.**

## THE BLESSING

The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be amongst you, and remain with you always. **Amen.**



1 Heal-ing riv - er of the Spi - rit, bathe the wounds that liv - ing brings.  
 2 Well-spring of the heal-ing Spi - rit, stream that flows to bring re - lease,  
 3 Liv - ing stream that heals the na - tions, make us chan - nels of your pow'r.

Plunge our pain, our sin, our sad-ness deep be - neath your sa - cred springs.  
 as we gain our selves, our sens-es, may our lives re - flect your peace.  
 All the world is torn by con-flict; wars are rag - ing at this hour.

Wea - ry from the rest - less search-ing that has lured us from your side,  
 Grate-ful for the flood that heals us, may your church en - act your grace.  
 Sav - ing Spi - rit, move a - mong us; guide our wind - ing hu - man course,

we dis-cov - er in your pres - ence peace that world can - not pro - vide.  
 As we meet both friend and strang-er, may we see our Sav-ior's face.  
 till we find our way to - geth - er, flow - ing home-ward to our source.

Words: Ruth C. Duck, from *Circles of Care: Hymns and Song* © 1996 The Pilgrim Press.

All rights reserved. Used by permission.

Music: *Beach Spring*, from *The Sacred Harp*, Philadelphia, 1844 © 1978 *Lutheran Book of Worship*  
 (admin. Augsburg Fortress Publishers). All rights reserved. Used by permission.

DISMISSAL

Let us go forth in the name of Christ.

*People*

**Thanks be to God.**

PROCESSION

Bells



*Permission to reprint and stream the music in this service obtained from One License with license A-706843.*

## MINISTERS OF THE LITURGY

Presider and Preacher | The Reverend Karen Haig  
Music Director and Organist | Sheila Bristow  
Lectors | Stu Case, Su Beecham  
Eucharistic Ministers | Stu Case, Su Beecham  
Usher | Mike Meston  
Altar Guild | Kathy Anderson, Lynn Duncan, Beth Gudmundson, Sue Thompkins  
Coffee Hour | Angie Bickerton

## CLERGY

Bishop Provisional | The Most Reverend Melissa Skelton  
Assisting Bishop | The Right Reverend Brian Prior  
Rector | The Reverend Karen Haig  
Assisting Priest | The Reverend Jim Friedrich  
Deacon | The Reverend Dan Fowler  
Assisting Priests | The Reverends Dr. Judith M. McDaniel, Nancy Tiederman,  
Patricia Rome Robertson, and Dr. Jan C. Heller

## STAFF

Music Director & Organist | Sheila Bristow  
Parish Administrator & Family Ministry Coordinator | Etienna Wright  
Bookkeeper | Jessica Edmonds  
Day School Director | Julia Lampa  
Sexton | George Cole  
Kitchen Manager | Tim Shelly  
Housekeeper | Natalia Perez  
Interium Tender | Joe Salter

## VESTRY

Rector's Warden | Gigi Norwine  
Property Warden | Michael Ditmore  
People's Warden | Steve Schmitz  
Members of the Vestry | Tom Beierle, AJ Davies, Phil Fergusson  
Claire Hicks, Melanie Roth, Mary Anne Smith  
Clerk of the Vestry | Rebecca Ditmore  
Treasurer | Kirk Eichenberger  
Chancellor | Katherine Bolles

## CONVENTION DELEGATES

Delegates | Heidi O'Brien, George Robertson, Brian Andvick, Laura Carroll  
Alternates | Peggy & Kirk Eichenberger, Sue Ellen Case, Beth Gudmundson



### WHO ARE WE?

We are a community of faith that welcomes and values all people.

We commit to follow Christ, serve others, grow in faith,  
and transform the world by sharing God's love.

St. Barnabas Episcopal Church acknowledges that we gather on the traditional land of the first people of this island, the Suquamish People, who are still here, and we honor with gratitude the land itself and the life of the Suquamish Tribe.



WEBSITE



FACEBOOK

† ST. BARNABAS EPISCOPAL CHURCH

1187 WYATT WAY NW

BAINBRIDGE ISLAND, WA 98110

206/842-5601 | STBBI.ORG | INFO@STBBI.ORG