

# HOLY EUCHARIST: Rite II

THE FIRST SUNDAY IN LENT

February 18, 2024 ♦ 10:00 a.m.

*Welcome to St. Barnabas, we are delighted that you're here.  
We hope you'll participate fully in our worship through singing, praying,  
hearing the Good News of Jesus Christ, and coming to communion.  
May God richly bless you as you bless us!*

## WELCOME INTO THE QUIET

“Lent serves as our annual invitation to come closer to God. It provides a time to look at our lives and ourselves, not so we may criticize ourselves more harshly but so we can identify the obstructions that keep us from...feeling the presence of the divine in our every day. How do we hide from God, and why? Lent gives us a chance to look at such obstructions and to move them gently away so that we can come closer to the Love that gives us life... Thus Lent offers a gift of time and a promise of closeness...” From *A Clearing Season: Reflections for Lent*

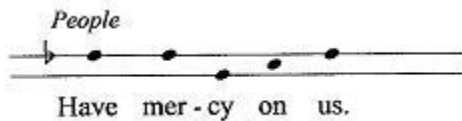


*All stand as able at the sound of the bells.*

THE GREAT LITANY *Please join us in song.*

I.

Holy God, Creator of heaven and earth,



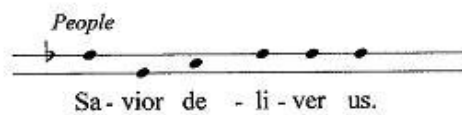
Holy and Mighty, Redeemer of the world, **Have mercy on us.**

Holy Immortal One, Sanctifier of the faithful, **Have mercy on us.**

Holy, blessed and glorious Trinity, One God, **Have mercy on us.**

II.

From all evil and mischief; from pride, vanity and hypocrisy; from envy, hatred and malice; and from all evil intent,



From sloth, worldliness and love of money; from hardness of heart and contempt for your word and your laws, **Savior deliver us.**

From sins of body and mind; from deceits of the world, flesh and the devil, **Savior deliver us.**

From famine and disaster; from violence, murder, and dying unprepared; in all times of sorrow; in all times of joy; in the hour of our death and at the day of judgment, **Savior deliver us.**

By the mystery of your holy incarnation; by your birth, childhood and obedience; by your baptism, fasting and temptation, **Savior deliver us.**

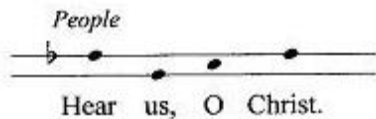
By your ministry in word and work; by your mighty acts of power; by the preaching of your reign, **Savior deliver us.**

By your agony and trial; by your cross and passion; by your precious death and burial, **Savior deliver us.**

By your mighty resurrection; by your glorious ascension; and by your sending of the Holy Spirit, **Savior deliver us.**

III.

Hear our prayers, O Christ our God.



Govern and direct your holy Church; fill it with love and truth; and grant it that unity which is your will, **Hear us, O Christ.**

Give us boldness to preach the gospel in all the world, and to make disciples of all the nations. **Hear us, O Christ.**

Enlighten your bishops, priests and deacons with knowledge and understanding, that by their teaching and their lives they may proclaim your word. **Hear us, O Christ.**

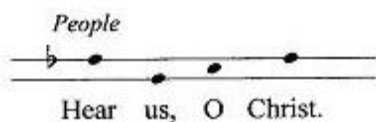
Give your people grace to witness to your word and bring forth the fruit of your Spirit. **Hear us, O Christ.**

Bring into the way of truth all who have erred and are deceived. **Hear us, O Christ.**

Strengthen those who stand; comfort and help the fainthearted; and raise up the fallen. **Hear us, O Christ.**

IV.

Bless the hearts of all in authority, that they may do justice, and love mercy, and walk in the ways of truth,

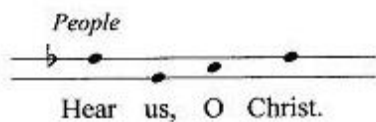


Give us the will to use the resources of the earth to your glory and for the good of all. **Hear us, O Christ.**

Bless and keep all your people, **Hear us, O Christ.**

V.

Comfort and liberate the lonely, the bereaved and the oppressed.



Keep in safety those who travel and all who are in peril. **Hear us, O Christ.**

Heal the sick in body, mind or spirit and provide for the homeless, the hungry and the destitute, and all others in need. **Hear us, O Christ.**

Guard and protect all children who are in danger. **Hear us, O Christ.**

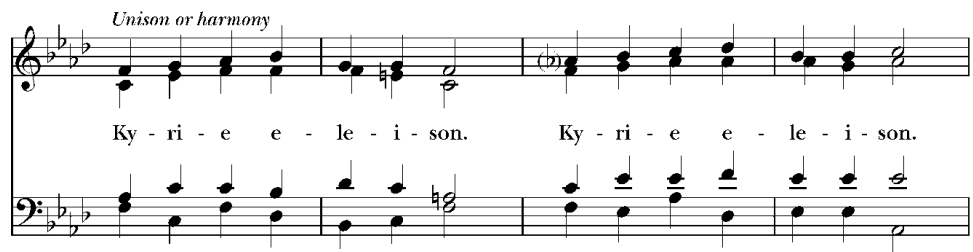
Show your compassion on prisoners, hostages and refugees, and all who are in trouble. **Hear us, O Christ.**

Forgive our enemies, persecutors and slanderers, and turn their hearts. **Hear us, O Christ.**

Hear us as we remember those who have died and grant us with them a share in your eternal glory. **Hear us, O Christ.**

VI.

Give us true repentance; forgive us our sins of negligence and ignorance and our deliberate sins; and grant us the grace of your Holy Spirit to amend our lives according to your word.



Ky - ri - e e - le - i - son. Chri - ste e - le - i - son.

Ky - ri - e e - le - i - son. Chri - ste e - le - i - son.

le - i - son. Ky - ri - e e - le - i - son. Ky - ri - e e - le - i - son.

**THE COLLECT OF THE DAY**

*Presider* The Lord be with you.  
**People** **And also with you.**  
*Presider* Let us pray

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

**THE WORD OF GOD**

**THE FIRST READING**

Genesis 9:8-17

*READER: A Reading from the book of Genesis*

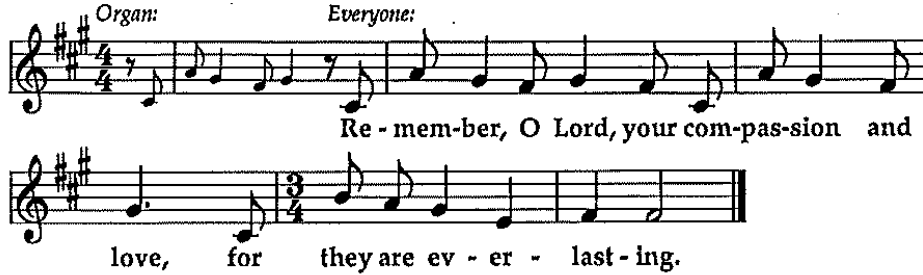
**G**od said to Noah and to his sons with him, “As for me, I am establishing my covenant with you and your descendants after you, and with every living creature that is with you, the birds, the domestic animals, and every animal of the earth with you, as many as came out of the ark. I establish my covenant with you, that never again shall all flesh be cut off by the waters of a flood, and never again shall there be a flood to destroy the earth.” God said, “This is the sign of the covenant that I make between me and you and every living creature that is with you, for all future generations: I have set my bow in the clouds, and it shall be a sign of the covenant between me and the earth. When I bring clouds over the earth and the bow is seen in the clouds, I will remember my covenant that is between me and you and every living creature of all flesh; and the waters shall never again become a flood to destroy all flesh. When the bow is in the clouds, I will see it and remember the everlasting covenant between God and every living creature of all flesh that is on the earth.” God said to Noah, “This is the sign of the covenant that I have established between me and all flesh that is on the earth.”

*Reader* Hear what the Spirit is saying to God’s people.  
**People** **Thanks be to God.**

*Silence is marked by the ringing of a bell.*

PSALM *Please remain seated.*

Organ: *Everyone:*



Re - mem - ber, O Lord, your com - pas - sion and  
love, for they are ev - er - last - ing.

*Choir:* Show me your ways, O Lord, and teach me your paths. Lead me in your truth and teach me, for you are the God of my salvation; in you have I trusted all the day long.

**ALL REPEAT THE ANTIPHON**

*Choir:* Remember not the sins of my youth and my transgressions; remember me according to your love and for the sake of your goodness, O Lord. Gracious and upright is the Lord; therefore he teaches sinners in his way.

**ALL REPEAT THE ANTIPHON**

*Choir:* He guides the humble in doing right and teaches his way to the lowly. All the paths of the Lord are love and faithfulness to those who keep his covenant and his testimonies.

**ALL REPEAT THE ANTIPHON**

THE SECOND READING


1 Peter 3:18-22

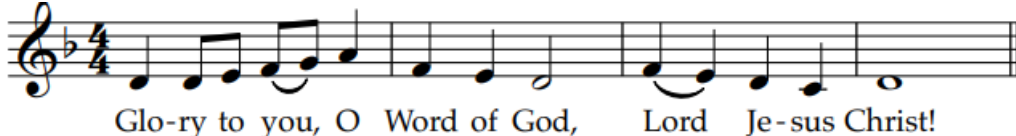
*READER: A Reading from the first letter of Peter.*

Christ also suffered for sins once for all, the righteous for the unrighteous, in order to bring you to God. He was put to death in the flesh, but made alive in the spirit, in which also he went and made a proclamation to the spirits in prison, who in former times did not obey, when God waited patiently in the days of Noah, during the building of the ark, in which a few, that is, eight persons, were saved through water. And baptism, which this prefigured, now saves you—not as a removal of dirt from the body, but as an appeal to God for a good conscience, through the resurrection of Jesus Christ, who has gone into heaven and is at the right hand of God, with angels, authorities, and powers made subject to him.

*Reader* Hear what the Spirit is saying to God's people.  
*People* Thanks be to God.

*Silence is marked by the ringing of a bell.*

 *Cantor, then all.*



Glo - ry to you, O Word of God, Lord Je - sus Christ!

One does not live by bread alone, but by every word that comes from the mouth of God.

The Holy Gospel of our Savior Jesus Christ according to Matthew.

**People**      **Glory to you, Lord Christ.**

**I**n those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. And a voice came from heaven, "You are my Son, the Beloved; with you I am well pleased." And the Spirit immediately drove him out into the wilderness. He was in the wilderness forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him. Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, "The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news."

The Gospel of the Lord.

**People**      **Praise to you, Lord Christ.**

## THE SERMON

Karen Haig

*Silence is marked by the ringing of a bell.*

## THE NICENE CREED

*Presider and People*

**We believe in one God, the Father, the Almighty, Maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary; and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.**

*The Prayers of the People and Confession of Sin are omitted when The Great Litany is sung or said prior to Eucharist.*

## THE PEACE

*Presider*      The peace of the Lord be always with you.

**People**      **And also with you.**

## WELCOME, ANNOUNCEMENTS, BIRTHDAYS & ANNIVERSARIES

*Prayer for a Birthday:*

**Watch over your child, O Lord, as *her* days increase; bless and guide *her* wherever *she* may be. Strengthen *her* when *she* stands; comfort *her* when discouraged or sorrowful; raise *her* up if *she* should fall; and in *her* heart may your peace which passes understanding abide all the days of *her* life; through Jesus Christ our Lord. Amen.**

*Prayer for a Wedding Anniversary:*

**O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.**

## **THE HOLY COMMUNION**

*An offering of money is collected.*

*[You may make an offering by clicking here](#) or by scanning the QR code.*



**ANTHEM**

*Hear, O Lord*

Felix Mendelssohn

Hear, O Lord: hear my cry.  
Great is your mercy on all who call.  
God of the weary, send down your mercy.  
Through your forgiveness cleanse my sins.  
Lord, create a clean heart within.  
Hear, O Lord: hear my cry.  
Renew me: once more let joy abound.  
Only against Thee, Lord, have I sinned: without Thy forgiveness who could stand?  
Lord, I have sinned against Thee.  
O send forth Thy light and Thy truth; Lord, my lips shall praise Thy holy name.  
Great is your mercy on all who call.  
Hear my prayer, O Lord.  
God of love, hear my prayer.

**PRESENTATION ANTHEM**

*Presider* All things come from you, O Lord,  
***People* And of your own have we given you.**

**THE GREAT THANKSGIVING** *The people remain standing.*

*Presider* The Lord be with you.  
***People* And also with you**  
*Presider* Lift up your hearts.  
***People* We lift them to the Lord.**  
*Presider* Let us give thanks unto our Lord God.  
***People* It is right to give God thanks and praise.**

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

You bid your faithful people cleanse their hearts, and prepare with joy for the Paschal feast; that, fervent in prayer and in works of mercy, and renewed by your Word and Sacraments, they may come to the fullness of grace which you have prepared for those who love you.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Ho - ly, ho - ly, Ho - ly Lord, God of  
power and might, hea - ven and earth are full of your glo - ry.  
Ho - san - na in the high - est. Bless - ed is he who comes  
in the name of the Lord. Ho - san - na in the high - est.

Music: Plainsong; Mass 18; adapt. Mason Martens (1933-1991). Copyright © 1983 Mason Martens.

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

**Christ has died.**

**Christ is risen.**

**Christ will come again.**

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

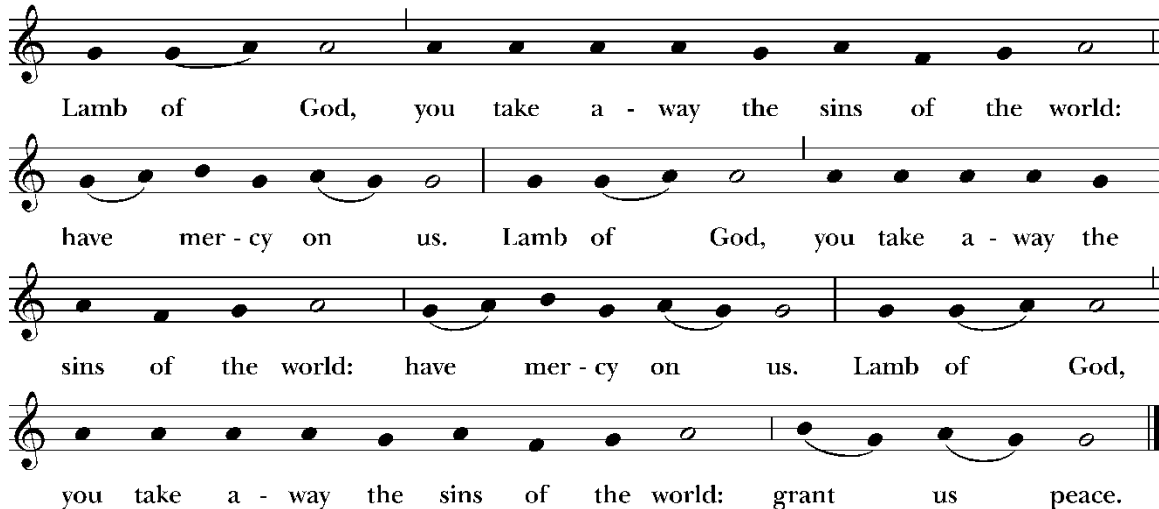
All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say,

**Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

## THE BREAKING OF THE BREAD

*The Presider breaks the consecrated Bread. A period of silence is kept.*



Lamb of God, you take a - way the sins of the world:  
have mer - cy on us. Lamb of God, you take a - way the  
sins of the world: have mer - cy on us. Lamb of God,  
you take a - way the sins of the world: grant us peace.

Music: Anaphora chant; Mass 18; adapt. Mason Martens (1933-1991). Copyright © 1984 Mason Martens.

## THE INVITATION TO COMMUNION

### COMMUNION OF THE PEOPLE

*This is Jesus's table around which we gather, and all are welcome to receive communion.  
If you prefer to receive a blessing, or not to receive wine, fold your arms across your chest as a sign.  
Gluten-free wafers are available, please ask the priest.*

*An Act of Spiritual Communion for those worshipping online.*

My Jesus, I believe that you are truly present in the Blessed Sacrament of the Altar. I love you above all things, and long for you in my soul. Since I cannot now receive you sacramentally, come spiritually into my heart. As though you have already come, I embrace you and unite myself entirely to you; never permit me to be separated from you. Amen.

## COMMUNION HYMN

*Out of the Depths I Cry to Thee*

K. Lee Scott

Out of the depths I cry to thee, Lord, my sins bewailing!  
Bow down thy gracious ear to me, Make thou my prayer availing.  
Mark not my misdeeds in thy book, Gracious Lord, most holy;  
On my sins in mercy look: Who can stand before thee?  
Hear my prayer, hear my cry, hear my supplication.  
Thou my hope, thou my light, Thou my soul's deliverance.  
With thee is forgiveness, Lord, love and grace abounding.  
The greatest thought or deed or word were else but empty sounding.  
All who in thy sight appear come in sinful measure;  
All before thee bow in fear, seeking thy good pleasure.  
Hear my prayer, hear my cry, hear my supplication.  
Thou my hope, thou my light, Thou my soul's deliverance.



1 Heal-ing riv - er of the Spi - rit, bathe the wounds that liv - ing brings.  
 2 Well-spring of the heal-ing Spi - rit, stream that flows to bring re - lease,  
 3 Liv - ing stream that heals the na - tions, make us chan - nels of your pow'r.

Plunge our pain, our sin, our sad-ness deep be - neath your sa - cred springs.  
 as we gain our selves, our sens-es, may our lives re - flect your peace.  
 All the world is torn by con-flict; wars are rag - ing at this hour.

Wea - ry from the rest - less search-ing that has lured us from your side,  
 Grate-ful for the flood that heals us, may your church en - act your grace.  
 Sav - ing Spi - rit, move a - mong us; guide our wind - ing hu - man course,

we dis-cov - er in your pres - ence peace that world can - not pro - vide.  
 As we meet both friend and strang-er, may we see our Sav-ior's face.  
 till we find our way to - geth - er, flow - ing home-ward to our source.

Words: Ruth C. Duck, from *Circles of Care: Hymns and Song* © 1996 The Pilgrim Press.  
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Music: *Beach Spring*, from *The Sacred Harp*, Philadelphia, 1844 © 1978 Lutheran Book of Worship  
 (admin. Augsburg Fortress Publishers). All rights reserved. Used by permission.



## THE POST-COMMUNION PRAYER

*Presider and People*

Almighty and ever living God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

## THE BLESSING

*Please join us in song.*

1 For - ty days and for - ty nights thou wast fast - ing in the wild;  
 2 Should not we thy sor - row share and from world - ly joys ab - stain,  
 3 Then if Sa - tan on us press, Je - sus, Sa - vior, hear our call!  
 4 So shall we have peace di - vine: ho - lier glad - ness ours shall be;  
 5 Keep, O keep us, Sa - vior dear, ev - er con - stant by thy side;

1 for - ty days and for - ty nights tempt - ed, and yet un - de - filed.  
 2 fast - ing with un - ceas - ing prayer, strong with thee to suf - fer pain?  
 3 Vic - tor in the wil - der - ness, grant we may not faint nor fall!  
 4 round us, too, shall an - gels shine, such as min - is - tered to thee.  
 5 that with thee we may ap - pear at the e - ter - nal Eas - ter - tide.

Words: George Hunt Smytton (1822-1870), alt.

Music: *Aus der Tiefe rufe ich*, melody att. Martin Herbst (1654-1681), alt.; harm. William Henry Monk (1823-1889)

## DISMISSAL

God in peace to love and serve the Lord.

**People** Thanks be to God.

## PROCESSION

Bells

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## MINISTERS OF THE LITURGY

Presider and Preacher | The Reverend Karen Haig  
Deacon | The Reverend Dan Fowler  
Music Director and Organist | Sheila Bristow  
Musicians | The Parish Choir; Rae Hyra, cantor  
Lectors | Kathleen Jennings, Jeffrey Miller  
Eucharistic Ministers | Elaine Percival, Claire Hicks  
Ushers | Borgan and Kathy Anderson  
Altar Guild | Kathy Anderson, Lynn Duncan, Beth Gudmundson, Sue Thompkins  
Coffee Hour | Mari Bickford, Sue Bunn, Dick Eversole, Judy Jackson  
Welcome Table | Nancy Tiederman  
Videographer | Michael Ditmore

## CLERGY

Bishop Provisional | The Most Reverend Melissa Skelton  
Assisting Bishop | The Right Reverend Brian Prior  
Rector | The Reverend Karen Haig  
Assisting Priest | The Reverend Jim Friedrich  
Deacon | The Reverend Dan Fowler  
Assisting Priests | The Reverends Dr. Judith M. McDaniel, Nancy Tiederman,  
Patricia Rome Robertson, and Dr. Jan C. Heller

## STAFF

Music Director & Organist | Sheila Bristow  
Parish Administrator & Family Ministry Coordinator | Etienna Wright  
Bookkeeper | Jessica Edmonds  
Day School Director | Julia Lampa  
Sexton | George Cole  
Kitchen Manager | Tim Shelly  
Housekeeper | Natalia Perez  
Interium Tender | Joe Salter

## VESTRY

Rector's Warden | Gigi Norwine  
Property Warden | Michael Ditmore  
People's Warden | Steve Schmitz  
Members of the Vestry | Tom Beierle, AJ Davies, Phil Fergusson  
Claire Hicks, Melanie Roth, Mary Anne Smith  
Clerk of the Vestry | Rebecca Ditmore  
Treasurer | Kirk Eichenberger  
Chancellor | Katherine Bolles

## CONVENTION DELEGATES

Delegates | Heidi O'Brien, George Robertson, Brian Andvick, Laura Carroll  
Alternates | Peggy & Kirk Eichenberger, Sue Ellen Case, Beth Gudmundson



### WHO ARE WE?

We are a community of faith that welcomes and values all people.

We commit to follow Christ, serve others, grow in faith,  
and transform the world by sharing God's love.

St. Barnabas Episcopal Church acknowledges that we gather on the traditional land of the first people of this island, the Suquamish People, who are still here, and we honor with gratitude the land itself and the life of the Suquamish Tribe.



WEBSITE



FACEBOOK

† ST. BARNABAS EPISCOPAL CHURCH

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