

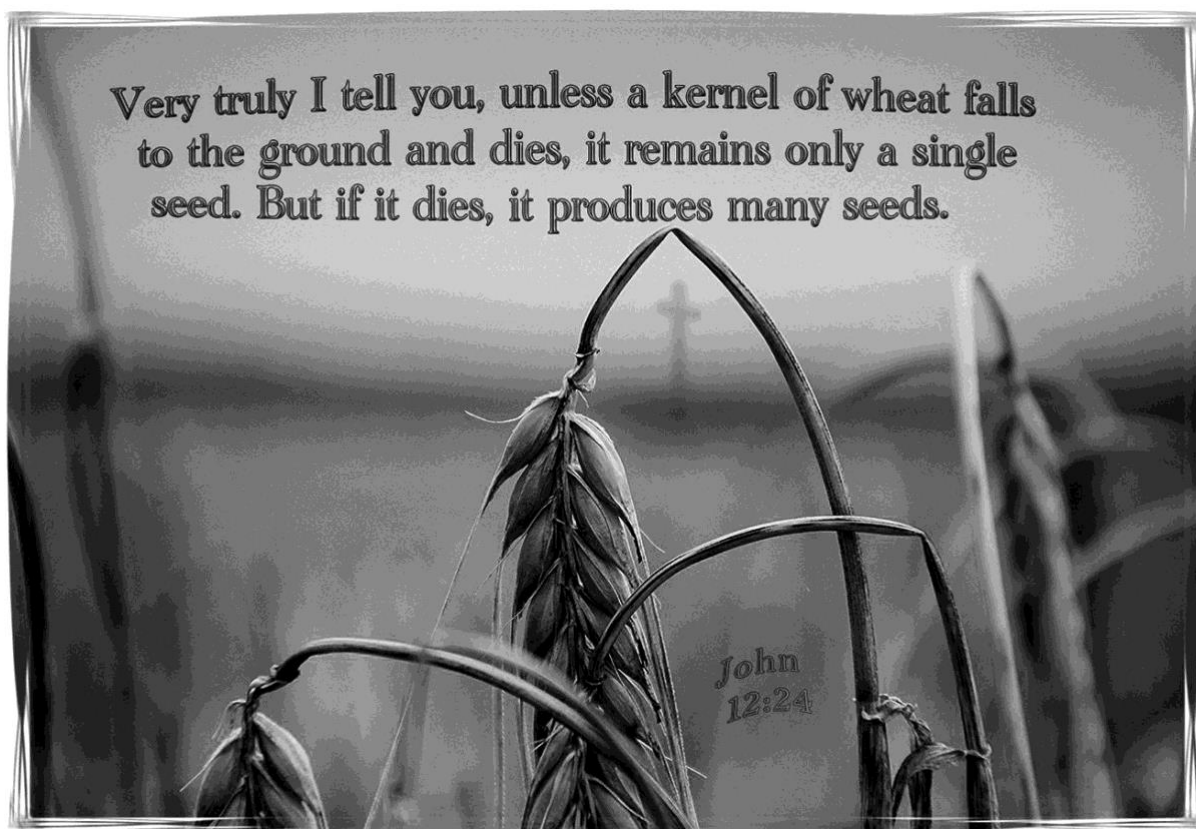
# HOLY EUCHARIST: Rite I

THE FIFTH SUNDAY IN LENT

March 17, 2024 ♦ 8:00 a.m.

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*Welcome to St. Barnabas, we are delighted that you're here.  
We hope you'll participate fully in our worship through singing, praying,  
hearing the Good News of Jesus Christ, and coming to communion.  
May God richly bless you as you bless us!*



## WELCOME INTO THE QUIET

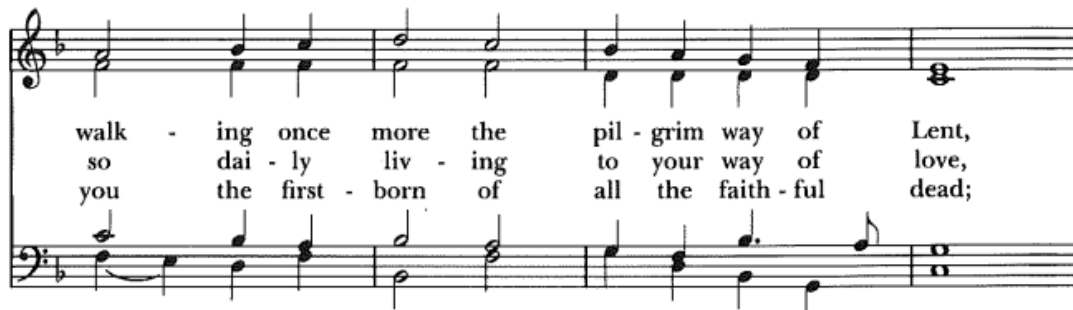
“Lent serves as our annual invitation to come closer to God. It provides a time to look at our lives and ourselves, not so we may criticize ourselves more harshly but so we can identify the obstructions that keep us from...feeling the presence of the divine in our every day. How do we hide from God, and why? Lent gives us a chance to look at such obstructions and to move them gently away so that we can come closer to the Love that gives us life... Thus Lent offers a gift of time and a promise of closeness...” From *A Clearing Season: Reflections for Lent*

 *All stand as able at the sound of the bells.*

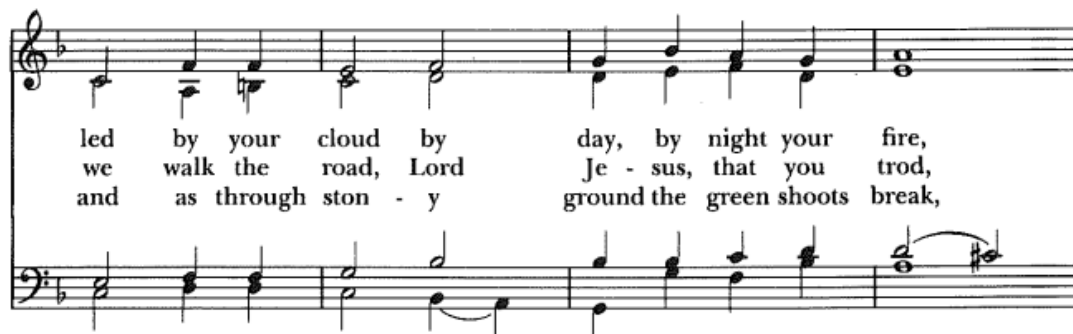
HYMNAL 149



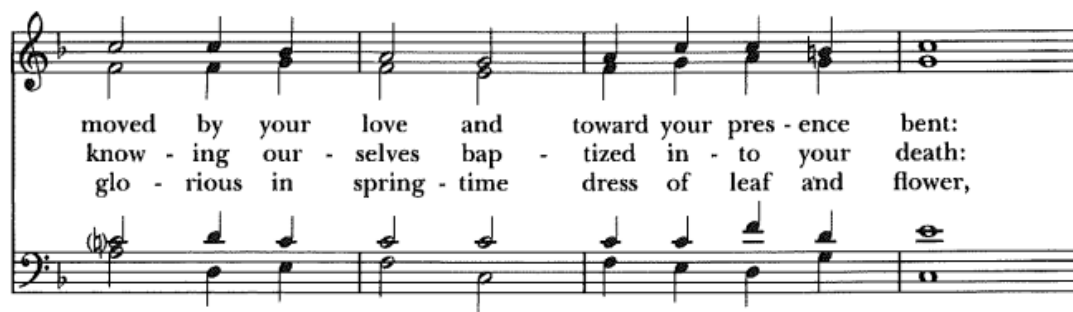
1 E - ter - nal Lord of love, be - hold your Church  
2 So dai - ly dy - ing to the way of self,  
3 If dead in you, so in you we a - rise,



walk - ing once more the pil - grim way of Lent,  
so dai - ly liv - ing to your way of love,  
you the first - born of all the faith - ful dead;



led by your cloud by day, by night your fire,  
we walk the road, Lord Je - sus, that you trod,  
and as through ston - y ground the green shoots break,



moved by your love and toward your pres - ence bent:  
know - ing our - selves bap - tized in - to your death:  
glo - rious in spring - time dress of leaf and flower,

far off yet here—the goal of all de - sire.  
 so we are dead and live with you in God.  
 so in the Fa - ther's glo - ry shall we wake.

Words: Thomas H. Cain (b. 1931)  
 Music: *Old 124th*, melody *Pseaumes octante trois de David*, 1551;  
 harm. Charles Winfred Douglas (1867-1944)

## THE OPENING ACCLAMATION

*Presider* Bless the Lord who forgiveth all our sins.  
*People* **God's mercy endureth for ever.**



## THE DECALOGUE

God spake these words, and said: I am the Lord thy God who brought thee out of the land of Egypt, out of the house of bondage. Thou shalt have none other gods but me.

**Lord, have mercy upon us, and incline our hearts to keep this law.**

Thou shalt not make to thyself any graven image, nor the likeness of any thing that is in heaven above, or in the earth beneath, or in the water under the earth; thou shalt not bow down to them, nor worship them.

**Lord, have mercy upon us, and incline our hearts to keep this law.**

Thou shalt not take the Name of the Lord thy God in vain.

**Lord, have mercy upon us, and incline our hearts to keep this law.**

Remember that thou keep holy the Sabbath day.

**Lord, have mercy upon us, and incline our hearts to keep this law.**

Honor thy father and thy mother.

**Lord, have mercy upon us, and incline our hearts to keep this law.**

Thou shalt do no murder.

**Lord, have mercy upon us, and incline our hearts to keep this law.**

Thou shalt not commit adultery.

**Lord, have mercy upon us, and incline our hearts to keep this law.**

Thou shalt not steal.

**Lord, have mercy upon us, and incline our hearts to keep this law.**

Thou shalt not bear false witness against thy neighbor.

**Lord, have mercy upon us, and incline our hearts to keep this law.**

Thou shalt not covet.

**Lord, have mercy upon us, and write all these thy laws in our hearts, we beseech thee.**

Let us humbly confess our sins unto Almighty God.

*Silence may be kept.*

*Presider and People*

**Almighty and most merciful father, we have erred and strayed from thy ways like lost sheep, we have followed too much the devices and desires of our own hearts, we have offended against thy holy laws, we have left undone those things which we ought to have done, and we have done those things which we ought not to have done. But thou, O Lord, have mercy upon us, spare thou those who confess their faults, restore thou those who are penitent, according to thy promises declared unto humankind in Christ Jesus our Lord; and grant, O most merciful Father, for his sake, that we may hereafter live a godly, righteous, and sober life, to the glory of thy holy Name. Amen.**

The Almighty and merciful Lord grant you absolution and remission of all your sins, true repentance, amendment of life, and the grace and consolation of his Holy Spirit. **Amen.**

*Presider* Lord, have mercy upon us.

***People* Christ, have mercy upon us.**

*Presider* Lord, have mercy upon us.

#### THE COLLECT OF THE DAY

*Presider* The Lord be with you.

***People* And with thy spirit.**

*Presider* Let us pray.

O Almighty God, who alone canst order the unruly wills and affections of sinful men: Grant unto thy people that they may love the thing which thou commandest, and desire that which thou dost promise; that so, among the sundry and manifold changes of the world, our hearts may surely there be fixed where true joys are to be found; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, now and for ever. **Amen.**

#### THE WORD OF GOD

 THE FIRST READING

Jeremiah 31:31-34

*READER: A reading from the prophet Jeremiah.*

**T**he days are surely coming, says the Lord, when I will make a new covenant with the house of Israel and the house of Judah. It will not be like the covenant that I made with their ancestors when I took them by the hand to bring them out of the land of Egypt—a covenant that they broke, though I was their husband, says the Lord. But this is the covenant that I will make with the house of Israel after those days, says the Lord: I will put my law within them, and I will write it on their hearts; and I will be their God, and they shall be my people. No longer shall they teach one another, or say to each other, “Know the Lord,” for they shall all know me, from the least of them to the greatest, says the Lord; for I will forgive their iniquity, and remember their sin no more.

*Reader* Hear what the Spirit is saying to God’s people.

***People* Thanks be to God.**

*Silence is marked by the ringing of a bell.*

1 Have mercy on me, O God, according to your loving-kindness; \*  
**in your great compassion blot out my offenses.**

2 Wash me through and through from my wickedness \*  
**and cleanse me from my sin.**

3 For I know my transgressions, \*  
**and my sin is ever before me.**

4 Against you only have I sinned \*  
**and done what is evil in your sight.**

5 And so you are justified when you speak \*  
**and upright in your judgment.**

6 Indeed, I have been wicked from my birth, \*  
**a sinner from my mother's womb.**

7 For behold, you look for truth deep within me, \*  
**and will make me understand wisdom secretly.**

8 Purge me from my sin, and I shall be pure; \*  
**wash me, and I shall be clean indeed.**

9 Make me hear of joy and gladness, \*  
**that the body you have broken may rejoice.**

10 Hide your face from my sins \*  
**and blot out all my iniquities.**

11 Create in me a clean heart, O God, \*  
**and renew a right spirit within me.**

12 Cast me not away from your presence \*  
**and take not your holy Spirit from me.**

13 Give me the joy of your saving help again \*  
**and sustain me with your bountiful Spirit.**

## THE SECOND READING

Hebrews 5:5-10

*READER: A reading from Paul's letter to the Hebrews.*

**C**hrist did not glorify himself in becoming a high priest, but was appointed by the one who said to him, “You are my Son, today I have begotten you”; as he says also in another place, “You are a priest forever, according to the order of Melchizedek.” In the days of his flesh, Jesus offered up prayers and supplications, with loud cries and tears, to the one who was able to save him from death, and he was heard because of his reverent submission. Although he was a Son, he learned obedience through what he suffered; and having been made perfect, he became the source of eternal salvation for all who obey him, having been designated by God a high priest according to the order of Melchizedek.

*Reader* Hear what the Spirit is saying to God's people.

**People** Thanks be to God.

*Silence is marked by the ringing of a bell.*

The Holy Gospel of our Savior Jesus Christ according to John.

**People**      **Glory be to thee, O Lord.**

**N**ow among those who went up to worship at the festival were some Greeks. They came to Philip, who was from Bethsaida in Galilee, and said to him, “Sir, we wish to see Jesus.” Philip went and told Andrew; then Andrew and Philip went and told Jesus. Jesus answered them, “The hour has come for the Son of Man to be glorified. Very truly, I tell you, unless a grain of wheat falls into the earth and dies, it remains just a single grain; but if it dies, it bears much fruit. Those who love their life lose it, and those who hate their life in this world will keep it for eternal life. Whoever serves me must follow me, and where I am, there will my servant be also. Whoever serves me, the Father will honor. Now my soul is troubled. And what should I say—‘Father, save me from this hour’? No, it is for this reason that I have come to this hour. Father, glorify your name.” Then a voice came from heaven, “I have glorified it, and I will glorify it again.” The crowd standing there heard it and said that it was thunder. Others said, “An angel has spoken to him.” Jesus answered, “This voice has come for your sake, not for mine. Now is the judgment of this world; now the ruler of this world will be driven out. And I, when I am lifted up from the earth, will draw all people to myself.” He said this to indicate the kind of death he was to die.

The Gospel of the Lord.

**People**      **Praise be to thee, O Christ.**

 THE SERMON

Karen Haig

*Silence is marked by the ringing of a bell.*

 THE NICENE CREED

*Presider and People*

**We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.**

THE PRAYERS OF THE PEOPLE

Let us pray for the whole state of Christ’s Church and the world.

Almighty and everliving God, who in thy holy Word hast taught us to make prayers, and supplications, and to give thanks for all people: in our Anglican Cycle of Prayer, we pray for The Church in Wales. In our Diocesan Cycle of Prayer, we pray for St. David’s, Friday Harbor; and Grace, Lopez Island. Receive our prayers, which we offer unto thy divine Majesty beseeching thee to inspire continually the Universal Church with the spirit of truth, unity and concord, and grant that those who do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love.

**Lord, hear our prayer.**

Give grace, O heavenly Father, to all bishops and other ministers, especially to Michael, our Presiding Bishop; Melissa, our Bishop; Brian, our Assisting Bishop; Karen, our Rector; Dan, our Deacon; and Nancy, Judith, Patricia, Jan, Jim, and Dennis, priests among us, that they may, both by their life and doctrine, set forth thy true and lively Word, and rightly and duly administer thy holy Sacraments.

**Lord, hear our prayer.**

And to all thy people give thy heavenly grace, and especially to this congregation here present; that, with meek heart and due reverence, they may hear and receive thy holy Word, truly serving thee in holiness and righteousness all the days of their life.

**Lord, hear our prayer.**

We beseech thee also so to rule the hearts of those who bear the authority of government in this and every land, especially our elected and appointed officials that they may be led to wise decisions and right actions for the welfare and peace of the world.

**Lord, hear our prayer.**

Guard and protect all those who serve in harm's way, both in lands far away and here at home, returning them to safe reunion with their families and all who love them.

**Lord, hear our prayer.**

Bestow upon us the gift of gracious hospitality, welcoming into fellowship our sisters and brothers in Christ who are visiting, remembering that in welcoming strangers we may be welcoming angels unaware.

**Lord, hear our prayer.**

Open, O Lord, the eyes of all people to behold thy gracious hand in all thy works, that, rejoicing in thy whole creation, they may honor thee with their substance, and be faithful stewards of thy bounty.

**Lord, hear our prayer.**

And we most humbly beseech thee, of thy goodness, O Lord, to comfort and succor, [especially...] and all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity.

**Lord, hear our prayer.**

I invite your petitions and thanksgivings aloud or in your hearts...[pause], let us pray.

**Lord, hear our prayer.**

And we also bless thy holy Name for all thy servants departed this life in thy faith and fear [especially...], beseeching thee to grant them continual growth in thy love and service; and to grant us grace so to follow the good examples of Barnabas and of all thy saints, that with them we may be partakers of thy heavenly kingdom.

**Lord, hear our prayer.**

Grant these our prayers, O Father, for Jesus Christ's sake, our only Mediator and Advocate.

**Amen.**

THE PEACE

*Presider*      The peace of the Lord be always with you.

*People*        **And also with you.**

 WELCOME, ANNOUNCEMENTS, BIRTHDAYS & ANNIVERSARIES

*Prayer for a Birthday:*

**Watch over your child, O Lord, as *her* days increase; bless and guide *her* wherever *she* may be. Strengthen *her* when *she* stands; comfort *her* when discouraged or sorrowful; raise *her* up if *she* fall; and in *her* heart may your peace which passes understanding abide all the days of *her* life; through Jesus Christ our Lord. Amen.**

*Prayer for a Wedding Anniversary:*

**O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.**

## **THE HOLY COMMUNION**

*An offering of money is collected.*

*[You may make an offering by clicking here](#) or by scanning the QR code.*



## **PRESENTATION ANTHEM**

*Presider* All things come of thee, O Lord,  
*People* **And of thine own have we given thee.**

**THE GREAT THANKSGIVING** *The people remain standing.*

*Presider* The Lord be with you.  
*People* **And with thy spirit.**  
*Presider* Lift up your hearts.  
*People* **We lift them up unto to the Lord.**  
*Presider* Let us give thanks unto our Lord God.  
*People* **It is meet and right so to do.**

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God.

Who dost bid thy faithful people cleanse their hearts, and prepare with joy for the Paschal feast; that, fervent in prayer and in works of mercy, and renewed by thy Word and Sacraments, they may come to the fullness of grace which thou hast prepared for those who love thee.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

*Presider and People*

**Holy, holy, holy, Lord God of Hosts:  
Heaven and earth are full of thy glory.  
Glory be to thee, O Lord Most High.  
Blessed is he that cometh in the name of the Lord.  
Hosanna in the highest.**



*Then the Presider gives thanks for God's work in creation and for the salvation of the world through Christ, and prays over the bread and wine.*

All glory be to thee, Almighty God, our heavenly Father... (BCP p. 334)

...By whom, and with whom, in the unity of the Holy Ghost, all honor and glory be unto thee, O Father Almighty, world without end. **AMEN.**



And now, as our Savior Christ hath taught us, we are bold to say,

#### THE LORD'S PRAYER

**Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

#### THE BREAKING OF THE BREAD

*The Presider breaks the consecrated Bread. A period of silence is kept.*

*Presider* Christ our Passover is sacrificed for us;  
***People* Therefore let us keep the feast.**

*Presider* O Lamb of God, that takest away the sins of the world,  
***People* have mercy upon us.**

*Presider* O Lamb of God, that takest away the sins of the world,  
***People* have mercy upon us.**

*Presider* O Lamb of God, that takest away the sins of the world,  
***People* grant us thy peace.**

*Presider and People*

**We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.**

The Gifts of God for the People of God.

*This is Jesus's table around which we gather, and all are welcome to receive communion.  
If you prefer to receive a blessing, or not to receive wine, fold your arms across your chest as a sign.  
Gluten-free wafers are available, please ask the priest.*

*At the conclusion of the distribution of communion, silence is marked by the ringing of a bell.*



#### THE POST-COMMUNION PRAYER

**Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.**

## THE BLESSING

The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be amongst you, and remain with you always. **Amen.**

## HYMNAL 439

*Unison*



1 What won - drous love is this, O my soul, O my soul! What  
2 To God and to the Lamb, I will sing, I will sing, to  
3 And when from death I'm free, I'll sing on, I'll sing on, and

won - drous love is this, O my soul! What won - drous love is this that  
God and to the Lamb, I will sing. To God and to the Lamb who  
when from death I'm free, I'll sing on. And when from death I'm free I'll

caused the Lord of bliss to lay a - side his crown for my  
is the great I AM, while mil - lions join the theme, I will  
sing and joy - ful be, and through e - ter - ni - ty I'll sing

soul, for my soul, to lay a - side his crown for my soul.  
sing, I will sing, while mil - lions join the theme I will sing.  
on, I'll sing on, and through e - ter - ni - ty I'll sing on.

Words: American folk hymn, ca. 1835. Music: *Wondrous Love*, from *The Southern Harmony*, 1835; alt. acc. Carlton R. Young, (b. 1926).

## DISMISSAL

Let us go forth in the name of Christ.

**People** Thanks be to God.

## PROCESSION

Bells

## MINISTERS OF THE LITURGY

Presider and Preacher | The Reverend Karen Haig  
Music Director and Organist | Sheila Bristow  
Lectors | Stu Case, Su Beecham  
Eucharistic Ministers | Stu Case, Su Beecham  
Usher | Mike Meston  
Altar Guild | Kathy Anderson, Lynn Duncan, Beth Gudmundson, Sue Thompkins  
Coffee Hour | Helene and Steve Schmitz

## CLERGY

Bishop Provisional | The Most Reverend Melissa Skelton  
Assisting Bishop | The Right Reverend Brian Prior  
Rector | The Reverend Karen Haig  
Deacon | The Reverend Dan Fowler  
Assisting Priests | The Reverends Dr. Judith M. McDaniel, Nancy Tiederman,  
Patricia Rome Robertson, Dr. Jan C. Heller, and Jim Friedrich

## STAFF

Music Director & Organist | Sheila Bristow  
Parish Administrator & Family Ministry Coordinator | Etienna Wright  
Bookkeeper | Jessica Edmonds  
Day School Director | Julia Lampa  
Sexton | George Cole  
Kitchen Manager | Tim Shelly  
Housekeeper | Natalia Perez

## VESTRY

Rector's Warden | Gigi Norwine  
Property Warden | Michael Ditmore  
People's Warden | Steve Schmitz  
Members of the Vestry | Tom Beierle, AJ Davies, Phil Fergusson  
Claire Hicks, Melanie Roth, Mary Anne Smith  
Clerk of the Vestry | Rebecca Ditmore  
Treasurer | Kirk Eichenberger  
Chancellor | Katherine Bolles

## CONVENTION DELEGATES

Delegates | Heidi O'Brien, George Robertson, Brian Andvik, Laura Carroll  
Alternates | Peggy & Kirk Eichenberger, Sue Ellen Case, Beth Gudmundson

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### WHO ARE WE?

We are a community of faith that welcomes and values all people.

We commit to follow Christ, serve others, grow in faith,  
and transform the world by sharing God's love.

St. Barnabas Episcopal Church acknowledges that we gather on the traditional land of the first people of this island, the Suquamish People, who are still here, and we honor with gratitude the land itself and the life of the Suquamish Tribe.



WEBSITE



FACEBOOK

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