

# HOLY EUCHARIST: Rite II

THE FIFTH SUNDAY IN LENT

March 17, 2024 ♦ 10:00 a.m.

*Welcome to St. Barnabas, we are delighted that you're here.  
We hope you'll participate fully in our worship through singing, praying,  
hearing the Good News of Jesus Christ, and coming to communion.  
May God richly bless you as you bless us!*

## WELCOME INTO THE QUIET

“Lent serves as our annual invitation to come closer to God. It provides a time to look at our lives and ourselves, not so we may criticize ourselves more harshly but so we can identify the obstructions that keep us from...feeling the presence of the divine in our every day. How do we hide from God, and why? Lent gives us a chance to look at such obstructions and to move them gently away so that we can come closer to the Love that gives us life... Thus Lent offers a gift of time and a promise of closeness...” From *A Clearing Season: Reflections for Lent*

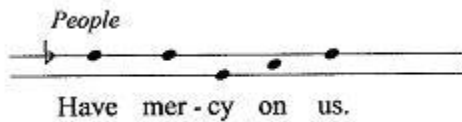


*All stand as able at the sound of the bells.*

## THE GREAT LITANY *Please join us in song.*

I.

Holy God, Creator of heaven and earth,



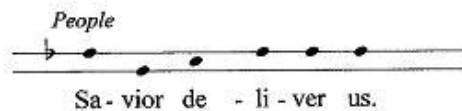
Holy and Mighty, Redeemer of the world, **Have mercy on us.**

Holy Immortal One, Sanctifier of the faithful, **Have mercy on us.**

Holy, blessed and glorious Trinity, One God, **Have mercy on us.**

II.

From all evil and mischief; from pride, vanity and hypocrisy; from envy, hatred and malice; and from all evil intent,



From sloth, worldliness and love of money; from hardness of heart and contempt for your word and your laws, **Savior deliver us.**

From sins of body and mind; from deceits of the world, flesh and the devil, **Savior deliver us.**

From famine and disaster; from violence, murder, and dying unprepared; in all times of sorrow; in all times of joy; in the hour of our death and at the day of judgment, **Savior deliver us.**

By the mystery of your holy incarnation; by your birth, childhood and obedience; by your baptism, fasting and temptation, **Savior deliver us.**

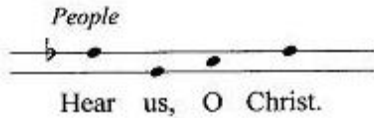
By your ministry in word and work; by your mighty acts of power; by the preaching of your reign, **Savior deliver us.**

By your agony and trial; by your cross and passion; by your precious death and burial, **Savior deliver us.**

By your mighty resurrection; by your glorious ascension; and by your sending of the Holy Spirit, **Savior deliver us.**

III.

Hear our prayers, O Christ our God.



Govern and direct your holy Church; fill it with love and truth; and grant it that unity which is your will, **Hear us, O Christ.**

Give us boldness to preach the gospel in all the world, and to make disciples of all the nations. **Hear us, O Christ.**

Enlighten your bishops, priests and deacons with knowledge and understanding, that by their teaching and their lives they may proclaim your word. **Hear us, O Christ.**

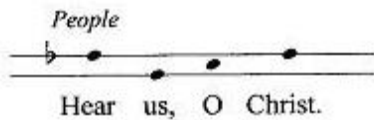
Give your people grace to witness to your word and bring forth the fruit of your Spirit. **Hear us, O Christ.**

Bring into the way of truth all who have erred and are deceived. **Hear us, O Christ.**

Strengthen those who stand; comfort and help the fainthearted; and raise up the fallen. **Hear us, O Christ.**

IV.

Bless the hearts of all in authority, that they may do justice, and love mercy, and walk in the ways of truth.

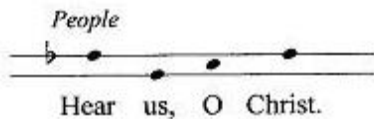


Give us the will to use the resources of the earth to your glory and for the good of all. **Hear us, O Christ.**

Bless and keep all your people. **Hear us, O Christ.**

V.

Comfort and liberate the lonely, the bereaved and the oppressed.



Keep in safety those who travel and all who are in peril. **Hear us, O Christ.**

Heal the sick in body, mind or spirit and provide for the homeless, the hungry and the destitute, and all others in need. **Hear us, O Christ.**

Guard and protect all children who are in danger. **Hear us, O Christ.**

Show your compassion on prisoners, hostages and refugees, and all who are in trouble. **Hear us, O Christ.**

Forgive our enemies, persecutors and slanderers, and turn their hearts. **Hear us, O Christ.**

Hear us as we remember those who have died and grant us with them a share in your eternal glory.

**Hear us, O Christ.**

VI.

Give us true repentance; forgive us our sins of negligence and ignorance and our deliberate sins; and grant us the grace of your Holy Spirit to amend our lives according to your word.

HYMNAL S95

*Cantor or Choir*                      *All*                      *Cantor or Choir*

Lord, have mer - cy.    Lord, have mer - cy.    Christ, have mer - cy.

*All*                      *Cantor or Choir*                      *All*

Christ, have mer - cy.    Lord, have mer - cy.    Lord, have mer - cy.

Music: From the Litany of the Saints; adapt. Richard Proulx (b. 1937). Copyright © 1985 GIA Publications, Inc.

THE COLLECT OF THE DAY

*Presider*        The Lord be with you.  
***People***        **And also with you.**  
*Presider*        Let us pray.

Almighty God, you alone can bring into order the unruly wills and affections of sinners: Grant your people grace to love what you command and desire what you promise; that, among the swift and varied changes of the world, our hearts may surely there be fixed where true joys are to be found; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

**THE WORD OF GOD**

**THE FIRST READING**

Jeremiah 31:31-34

*READER: A Reading from the prophet Jeremiah.*

**T**he days are surely coming, says the Lord, when I will make a new covenant with the house of Israel and the house of Judah. It will not be like the covenant that I made with their ancestors when I took them by the hand to bring them out of the land of Egypt—a covenant that they broke, though I was their husband, says the Lord. But this is the covenant that I will make with the house of Israel after those days, says the Lord: I will put my law within them, and I will write it on their hearts; and I will be their God, and they shall be my people. No longer shall they teach one another, or say to each other, “Know the Lord,” for they shall all know me, from the least of them to the greatest, says the Lord; for I will forgive their iniquity, and remember their sin no more.

*Reader*        Hear what the Spirit is saying to God’s people.  
***People***        **Thanks be to God.**

*Silence is marked by the ringing of a bell.*



1 Have mercy on me, O God, according to your lov / ing-kindness; \*  
**in your great compassion blot / out my offenses.**

2 Wash me through and through from / my wickedness \*  
**and cleanse / me from my sin.**

3 For I know my / transgressions, \*  
**and my sin is / ever before me.**

4 Against you only have / I sinned \*  
**and done what is e- / vil in your sight.**

5 And so you are justified when / you speak \*  
**and up- / right in your judgment.**

6 Indeed, I have been wicked from / my birth, \*  
**a sinner from / my mother's womb.**

7 For behold, you look for truth deep / within me, \*  
**and will make me understand wis- / dom secretly.**

8 Purge me from my sin, and I shall / be pure; \*  
**wash me, and I shall / be clean indeed.**

9 Make me hear of joy / and gladness, \*  
**that the body you have bro- / ken may rejoice.**

10 Hide your face from / my sins \*  
**and blot out all my / iniquities.**

11 Create in me a clean heart, / O God, \*  
**and renew a right / spirit within me.**

12 Cast me not away from / your presence \*  
**and take not your holy / Spirit from me.**

13 Give me the joy of your saving help / again \*  
**and sustain me with your / bountiful Spirit.**

## THE SECOND READING


Hebrews 5:5-10

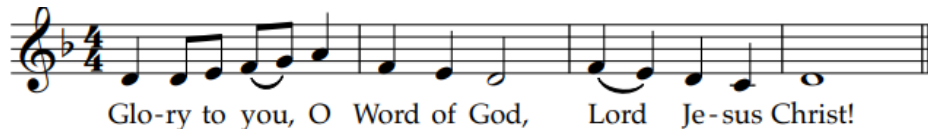
*READER: A Reading from Paul's letter to the Hebrews.*

**C**hrist did not glorify himself in becoming a high priest, but was appointed by the one who said to him, “You are my Son, today I have begotten you”; as he says also in another place, “You are a priest forever, according to the order of Melchizedek.” In the days of his flesh, Jesus offered up prayers and supplications, with loud cries and tears, to the one who was able to save him from death, and he was heard because of his reverent submission. Although he was a Son, he learned obedience through what he suffered; and having been made perfect, he became the source of eternal salvation for all who obey him, having been designated by God a high priest according to the order of Melchizedek.

*Reader*      Hear what the Spirit is saying to God's people.  
**People**      **Thanks be to God.**

*Silence is marked by the ringing of a bell.*

 *Cantor, then all.*



Unless a grain of wheat falls into the earth and dies, it remains but a single grain; but if it dies, it bears much fruit. (John 12:24)

THE GOSPEL

John 3:14-21

The Holy Gospel of our Savior Jesus Christ according to John.

**People** **Glory to you, Lord Christ.**

**N**ow among those who went up to worship at the festival were some Greeks. They came to Philip, who was from Bethsaida in Galilee, and said to him, “Sir, we wish to see Jesus.” Philip went and told Andrew; then Andrew and Philip went and told Jesus. Jesus answered them, “The hour has come for the Son of Man to be glorified. Very truly, I tell you, unless a grain of wheat falls into the earth and dies, it remains just a single grain; but if it dies, it bears much fruit. Those who love their life lose it, and those who hate their life in this world will keep it for eternal life. Whoever serves me must follow me, and where I am, there will my servant be also. Whoever serves me, the Father will honor. Now my soul is troubled. And what should I say—‘Father, save me from this hour’? No, it is for this reason that I have come to this hour. Father, glorify your name.” Then a voice came from heaven, “I have glorified it, and I will glorify it again.” The crowd standing there heard it and said that it was thunder. Others said, “An angel has spoken to him.” Jesus answered, “This voice has come for your sake, not for mine. Now is the judgment of this world; now the ruler of this world will be driven out. And I, when I am lifted up from the earth, will draw all people to myself.” He said this to indicate the kind of death he was to die.

The Gospel of the Lord.

**People** **Praise to you, Lord Christ.**

 THE SERMON

Karen Haig

*Silence is marked by the ringing of a bell.*

 THE NICENE CREED

*Presider and People*

**We believe in one God, the Father, the Almighty, Maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary; and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.**

The Prayers of the People and Confession of Sin are omitted when The Great Litany is sung or said prior to Eucharist.

## THE PEACE

*Presider* The peace of the Lord be always with you.  
*People* And also with you.

## WELCOME, ANNOUNCEMENTS, BIRTHDAYS & ANNIVERSARIES

*Prayer for a Birthday:*

Watch over your child, O Lord, as *her* days increase; bless and guide *her* wherever *she* may be. Strengthen *her* when *she* stands; comfort *her* when discouraged or sorrowful; raise *her* up if *she* should fall; and in *her* heart may your peace which passes understanding abide all the days of *her* life; through Jesus Christ our Lord. Amen.

*Prayer for a Wedding Anniversary:*

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

## THE HOLY COMMUNION

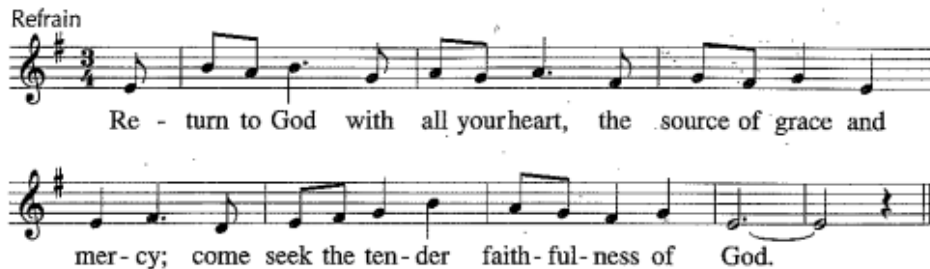
*An offering of money is collected.*

*You may make an offering by [clicking here](#) or by scanning the QR code.*



## OFFERTORY ANTHEM

Refrain



Re - turn to God with all your heart, the source of grace and  
mer - cy; come seek the ten - der faith - ful - ness of God.

Verses

1. Now the time of grace has come,  
the day of salvation;  
come and learn now the way of our God.
2. I will take your heart of stone  
and place a heart within you,  
a heart of compassion and love.
3. If you break the chains of oppression,  
if you set the pris'ner free;  
if you share your bread with the hungry,  
give protection to the lost;  
give a shelter to the homeless,  
clothe the naked in your midst,  
then your light shall break forth like the dawn.

Text: Marty Haugen, b.1950  
Tune: Marty Haugen, b.1950  
© 1990, 1991, GIA Publications, Inc.



## PRESENTATION ANTHEM

*Presider* All things come from you, O Lord,  
***People*** **And of your own have we given you.**

### THE GREAT THANKSGIVING *The people remain standing.*

*Presider* The Lord be with you.  
***People*** **And also with you**  
*Presider* Lift up your hearts.  
***People*** **We lift them to the Lord.**  
*Presider* Let us give thanks to the Lord our God.  
***People*** **It is right to give God thanks and praise.**

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

You bid your faithful people cleanse their hearts, and prepare with joy for the Paschal feast; that, fervent in prayer and in works of mercy, and renewed by your Word and Sacraments, they may come to the fullness of grace which you have prepared for those who love you.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

### HYMNAL S122

Ho - ly, ho - ly, ho - ly Lord, God of  
 power and might, hea - ven and earth are full of your glo - ry.  
 Ho - san - na in the high - est. Bless - ed is he who comes  
 in the name of the Lord. Ho - san - na in the high - est.

Music: Plainsong; Mass 18; adapt. Mason Martens (1933-1991). Copyright © 1983 Mason Martens.

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, “Take, eat: This is my Body, which is given for you. Do this for the remembrance of me.”

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, “Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Therefore we proclaim the mystery of faith:

**Christ has died.**

**Christ is risen.**

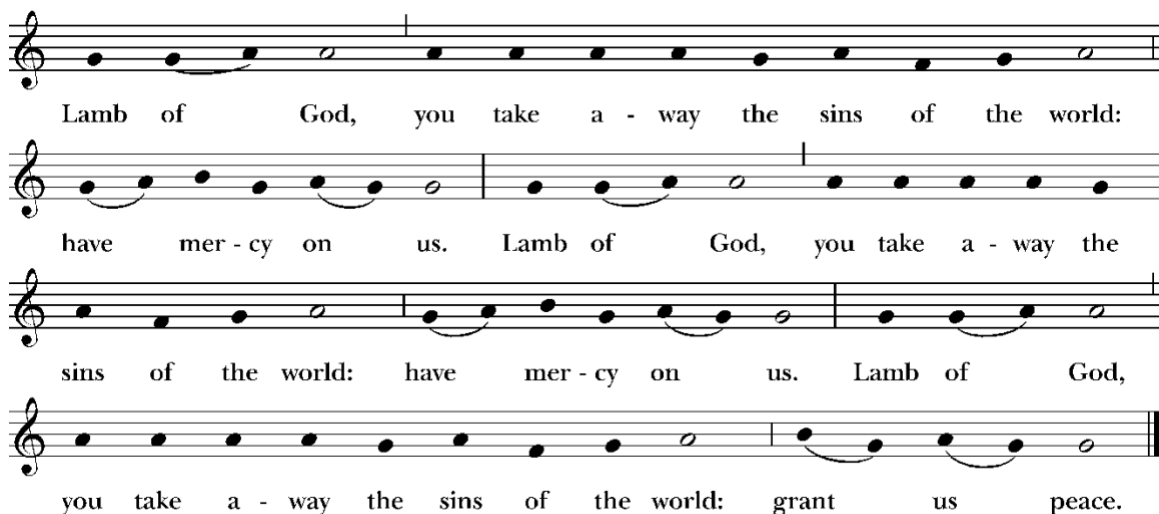
**Christ will come again.**

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom. All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say,

**Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

THE BREAKING OF THE BREAD *The Presider breaks the consecrated Bread. A period of silence is kept.*  
HYMNAL S160



Lamb of God, you take a - way the sins of the world:  
have mer - cy on us. Lamb of God, you take a - way the  
sins of the world: have mer - cy on us. Lamb of God,  
you take a - way the sins of the world: grant us peace.

Music: Anaphora chant; Mass 18; adapt. Mason Martens (1933-1991). Copyright © 1984 Mason Martens.

## THE INVITATION TO COMMUNION

### COMMUNION OF THE PEOPLE

*This is Jesus's table around which we gather, and all are welcome to receive communion.  
If you prefer to receive a blessing, or not to receive wine, fold your arms across your chest as a sign.  
Gluten-free wafers are available, please ask the priest.*

#### *An Act of Spiritual Communion for Those Worshipping Online*

My Jesus, I believe that you are truly present in the Blessed Sacrament of the Altar. I love you above all things, and long for you in my soul. Since I cannot now receive you sacramentally, come spiritually into my heart. As though you have already come, I embrace you and unite myself entirely to you; never permit me to be separated from you. Amen.



COMMUNION HYMNS  
WONDER, LOVE, AND PRAISE 825

Bless the Lord my soul and bless God's ho - ly name.

Bless the Lord my soul, Who leads me in - to life.

Words: Psalm 103. Music: Jacques Berthier (1923-1994).

HYMNAL 439

*Unison*

1 What won - drous love is this, O my soul, O my soul! What  
2 To God and to the Lamb, I will sing, I will sing, to  
3 And when from death I'm free, I'll sing on, I'll sing on, and

won - drous love is this, O my soul! What won - drous love is this that  
God and to the Lamb, I will sing. To God and to the Lamb who  
when from death I'm free, I'll sing on. And when from death I'm free I'll

caused the Lord of bliss to lay a - side his crown for my  
is the great I AM, while mil - lions join the theme, I will  
sing and joy - ful be, and through e - ter - ni - ty I'll sing

soul, for my soul, to lay a - side his crown for my soul.  
sing, I will sing, while mil - lions join the theme I will sing.  
on, I'll sing on, and through e - ter - ni - ty I'll sing on.

Words: American folk hymn, ca. 1835. Music: *Wondrous Love*, from *The Southern Harmony*, 1835; alt. acc. Carlton R. Young, (b. 1926).



# THE POST-COMMUNION PRAYER

*Presider and People*

Almighty and ever living God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

## THE BLESSING

HYMN 149

1 E - ter - nal Lord of love, be - hold your Church  
 2 So dai - ly dy - ing to the way of self,  
 3 If dead in you, so in you we a - rise,

walk - ing once more the pil - grim way of Lent,  
 so dai - ly liv - ing to your way of love,  
 you the first - born of all the faith - ful dead;

led by your cloud by day, by night your fire,  
 we walk the road, Lord Je - sus, that you trod,  
 and as through ston - y ground the green shoots break,

moved by your love and toward your pres - ence bent:  
 know - ing our - selves bap - tized in - to your death:  
 glo - rious in spring - time dress of leaf and flower,

far off yet here—the goal of all de - sire.  
 so we are dead and live with you in God.  
 so in the Fa - ther's glo - ry shall we wake.

Words: Thomas H. Cain (b. 1931)  
 Music: *Old 124th*, melody *Pseaumes octante trois de David*, 1551;  
 harm. Charles Winfred Douglas (1867-1944)

DISMISSAL

Go in peace to love and serve the Lord.

**People** Thanks be to God.

PROCESSION

Bells

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MINISTERS OF THE LITURGY

Presider and Preacher | The Reverend Karen Haig  
 Deacon | The Reverend Dan Fowler  
 Music Director and Organist | Sheila Bristow  
 Musicians | The Parish Choir; Rae Hyra, cantor  
 Lectors | Michael Ditmore, Diane Walworth  
 Eucharistic Ministers | Rebecca Ditmore, Claire Hicks  
 Ushers | Borgan and Kathy Anderson  
 Altar Guild | Kathy Anderson, Lynn Duncan, Beth Gudmundson, Sue Thompkins  
 Coffee Hour | Mari Bickford, Sue Bunn, Dick Eversole, Judy Jackson, Barbara Bolles  
 Welcome Table | Pat and Therese Todd  
 Videographer | Michael Ditmore

CLERGY

Bishop Provisional | The Most Reverend Melissa Skelton  
 Assisting Bishop | The Right Reverend Brian Prior  
 Rector | The Reverend Karen Haig  
 Deacon | The Reverend Dan Fowler  
 Assisting Priests | The Reverends Dr. Judith M. McDaniel, Nancy Tiederman,  
 Patricia Rome Robertson, Dr. Jan C. Heller, and Jim Friedrich

STAFF

Music Director & Organist | Sheila Bristow  
 Parish Administrator & Family Ministry Coordinator | Etienna Wright  
 Bookkeeper | Jessica Edmonds  
 Day School Director | Julia Lampa  
 Sexton | George Cole  
 Kitchen Manager | Tim Shelly  
 Housekeeper | Natalia Perez

## VESTRY

Rector's Warden | Gigi Norwine  
Property Warden | Michael Ditmore  
People's Warden | Steve Schmitz  
Members of the Vestry | Tom Beierle, AJ Davies, Phil Fergusson  
Claire Hicks, Melanie Roth, Mary Anne Smith  
Clerk of the Vestry | Rebecca Ditmore  
Treasurer | Kirk Eichenberger  
Chancellor | Katherine Bolles

## CONVENTION DELEGATES

Delegates | Heidi O'Brien, George Robertson, Brian Andvik, Laura Carroll  
Alternates | Peggy & Kirk Eichenberger, Sue Ellen Case, Beth Gudmundson



## † ST. BARNABAS EPISCOPAL CHURCH

### WHO ARE WE?

We are a community of faith that welcomes and values all people.  
We commit to follow Christ, serve others, grow in faith,  
and transform the world by sharing God's love.

St. Barnabas Episcopal Church acknowledges that we gather on the traditional land of the first people of this island, the Suquamish People, who are still here, and we honor with gratitude the land itself and the life of the Suquamish Tribe.



WEBSITE



FACEBOOK