

# HOLY EUCHARIST: Rite I

FIFTEENTH SUNDAY  
AFTER PENTECOST


SEPTEMBER 1, 2024  
8:00 A.M.

*Welcome to St. Barnabas, we are delighted that you're here.  
We hope you'll participate fully in our worship through singing, praying,  
hearing the Good News of Jesus Christ, and coming to communion.  
May God richly bless you as you bless us!*



Byzantine Icon, 6th Century  
Oldest known depiction of Jesus Christ as Pantocrator (ruler of all)  
Saint Catherine's Monastery, Mount Sinai, Egypt

PRELUDE

 *All stand as able at the sound of the tower bell.*

HYMNAL 423



1 Im - mor - tal, in - vis - i - ble, God on - ly wise,  
 2 Un - rest - ing, un - hast - ing, and si - lent as light,  
 3 To all life thou giv - est, to both great and small;  
 4 Thou reign - est in glo - ry, thou rul - est in light,

in light in - ac - ces - si - ble hid from our eyes,  
 nor want - ing, nor wast - ing, thou rul - est in might;  
 in all life thou liv - est, the true life of all;  
 thine an - gels a - dore thee, all veil - ing their sight;

most bless - ed, most glo - rious, the An - cient of Days,  
 thy jus - tice like moun - tains high soar - ing a - bove  
 we blos - som and flour - ish, like leaves on the tree,  
 all laud we would ren - der: O help us to see

al - might - y, vic - tor - ious, thy great Name we praise.  
 thy clouds, which are foun - tains of good - ness and love.  
 then with - er and per - ish; but nought chan - geth thee.  
 'tis on - ly the splen - dor of light hid - eth thee.

Words: Walter Chalmers Smith (1824-1908), alt. Music: *St. Denio*, Welsh hymn, from *Caniadau y Cyssegr*, 1839; adapt. John Roberts (1822-1877); harm. *The English Hymnal*, 1906, alt.

## OPENING ACCLAMATION

*Presider* Blessed be the One who creates all things.  
*People* **The Holy One's love is new every morning.**

## COLLECT FOR PURITY

*Presider and People*

**Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. Amen.**

## GLORIA

*Presider and People*

**Glory be to God on high, and on earth peace, good will towards all. We praise thee, we bless thee, we worship thee, we glorify thee, we give thanks to thee for thy great glory, O Lord God, heavenly King, God the Father Almighty. O Lord, the only-begotten Son, Jesus Christ; O Lord God, Lamb of God, Son of the Father, that takest away the sins of the world, have mercy upon us. Thou that takest away the sins of the world, receive our prayer. Thou that sittest at the right hand of God the Father, have mercy upon us. For thou only art holy; thou only art the Lord; thou only, O Christ, with the Holy Ghost, art most high in the glory of God the Father. Amen.**

## THE COLLECT OF THE DAY

*Presider* The Lord be with you.  
*People* **And with thy spirit.**  
*Presider* Let us pray.

Creating God, your name is written on every leaf, every bird, every river, every stone, every living being. We praise and worship you for the magnificence of your creation. Make us attentive to the wounds of the earth and willing to work for the healing of your whole creation, through Jesus Christ, our Savior and Lord. **Amen.**

## THE WORD OF GOD

### THE FIRST READING

Song of Solomon 2:8–13

*READER: A reading from the Song of Solomon.*

**T**he voice of my beloved! Look, he comes, leaping upon the mountains, bounding over the hills. My beloved is like a gazelle or a young stag. Look, there he stands behind our wall, gazing in at the windows, looking through the lattice. My beloved speaks and says to me: "Arise, my love, my fair one, and come away; for now the winter is past, the rain is over and gone. The flowers appear on the earth; the time of singing has come, and the voice of the turtledove is heard in our land. The fig tree puts forth its figs, and the vines are in blossom; they give forth fragrance. Arise, my love, my fair one, and come away."

*Reader* Hear what the Spirit is saying to God's people.  
*People* **Thanks be to God.**

*Silence is marked by the ringing of a bell.*

1 My heart is stirring with a noble song;  
let me recite what I have fashioned for the king;  
**my tongue shall be the pen of a skilled writer.**

2 You are the fairest of men;  
**grace flows from your lips,**  
**because God has blessed you for ever.**

7 Your throne, O God, endures for ever and ever,  
**a scepter of righteousness is the scepter of your kingdom;**  
**you love righteousness and hate iniquity.**

8 Therefore God, your God, has anointed you  
**with the oil of gladness above your fellows.**

9 All your garments are fragrant with myrrh, aloes, and cassia,  
**and the music of strings from ivory palaces makes you glad.**

10 Kings' daughters stand among the ladies of the court;  
**on your right hand is the queen,**  
**adorned with the gold of Ophir.**

## THE SECOND READING

James 1:17–27

*READER: A Reading from the Letter of James.*

**E**very generous act of giving, with every perfect gift, is from above, coming down from the Father of lights, with whom there is no variation or shadow due to change. In fulfillment of his own purpose he gave us birth by the word of truth, so that we would become a kind of first fruits of his creatures. You must understand this, my beloved: let everyone be quick to listen, slow to speak, slow to anger; for your anger does not produce God's righteousness. Therefore rid yourselves of all sordidness and rank growth of wickedness, and welcome with meekness the implanted word that has the power to save your souls. But be doers of the word, and not merely hearers who deceive themselves. For if any are hearers of the word and not doers, they are like those who look at themselves in a mirror; for they look at themselves and, on going away, immediately forget what they were like. But those who look into the perfect law, the law of liberty, and persevere, being not hearers who forget but doers who act—they will be blessed in their doing. If any think they are religious, and do not bridle their tongues but deceive their hearts, their religion is worthless. Religion that is pure and undefiled before God, the Father, is this: to care for orphans and widows in their distress, and to keep oneself unstained by the world.

*Reader* Hear what the Spirit is saying to God's people.

***People* Thanks be to God.**

*Silence is marked by the ringing of a bell.*



## THE HOLY GOSPEL

Mark 7:1–8, 14–15, 21–23

The Holy Gospel of our Savior Jesus Christ according to Mark.

***People* Glory be to thee, O Lord.**

**W**hen the Pharisees and some of the scribes who had come from Jerusalem gathered around him, they noticed that some of his disciples were eating with defiled hands, that is, without washing them. (For the Pharisees, and all the Jews, do not eat unless they thoroughly wash their hands, thus observing the tradition of the elders; and they do not eat anything from the market unless they wash it; and there are also many other traditions that they observe, the washing of cups, pots, and bronze kettles.) So the Pharisees and the scribes asked him, "Why do your disciples not live according to the tradition of the elders, but eat with defiled hands?" He said to them, "Isaiah prophesied rightly about you hypocrites, as it is written, 'This people honors me with their lips,

but their hearts are far from me; in vain do they worship me, teaching human precepts as doctrines.’ You abandon the commandment of God and hold to human tradition.” Then he called the crowd again and said to them, “Listen to me, all of you, and understand: there is nothing outside a person that by going in can defile, but the things that come out are what defile. For it is from within, from the human heart, that evil intentions come: fornication, theft, murder, adultery, avarice, wickedness, deceit, licentiousness, envy, slander, pride, folly. All these evil things come from within, and they defile a person.”

The Gospel of the Lord.  
**People** Praise be to thee, O Christ.

## THE SERMON

Karen Haig

*Silence is marked by the ringing of a bell.*

## THE NICENE CREED

*Presider and People*

**We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.**

## THE PRAYERS OF THE PEOPLE

*The Leader and People pray responsively.*

Let us pray for the whole state of Christ’s Church and the world.

Almighty and everliving God, who in thy holy Word hast taught us to make prayers, and supplications, and to give thanks for all people: in our Anglican Cycle of Prayer, we pray for Anglican Church of Mozambique and Angola. In our Diocesan Cycle of Prayer, we pray for Underhill House, Seattle; Center for Spiritual Development; and St. James Family Center, Cathlamet. Receive our prayers which we offer unto thy divine Majesty beseeching thee to inspire continually the Universal Church with the spirit of truth, unity, and concord, and grant that those who do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love.

**Lord, hear our prayer.**

Give grace, O heavenly Father, to all bishops and other ministers, especially to Michael, our presiding bishop; Sean, our presiding bishop–elect; Melissa, our bishop; Phil, our bishop–elect; Karen, our rector; Dan, our deacon; and Nancy, Judith, Patricia, Jan, Jim, and Dennis, priests among us; that they may, both by their life and doctrine, set forth thy true and lively Word, and rightly and duly administer thy holy Sacraments.

**Lord, hear our prayer.**

And to all thy people give thy heavenly grace, and especially to this congregation here present; that, with meek heart and due reverence, they may hear and receive thy holy Word, truly serving thee in holiness and righteousness all the days of their life.

**Lord, hear our prayer.**

We beseech thee also so to rule the hearts of those who bear the authority of government in this and every land, especially all elected and appointed officials that they may be led to wise decisions and right actions for the welfare and peace of the world.

**Lord, hear our prayer.**

Guard and protect all those who serve in harm's way, both in lands far away and here at home, returning them to safe reunion with their families and all who love them.

**Lord, hear our prayer.**

Bestow upon us the gift of gracious hospitality, welcoming into fellowship our sisters and brothers in Christ who are visiting, remembering that in welcoming strangers we may be welcoming angels unaware.

**Lord, hear our prayer.**

Open, O Lord, the eyes of all people to behold thy gracious hand in all thy works, that, rejoicing in thy whole creation, they may honor thee with their substance, and be faithful stewards of thy bounty.

**Lord, hear our prayer.**

And we most humbly beseech thee, of thy goodness, O Lord, to comfort and succor, especially..., and all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity.

**Lord, hear our prayer.**

I invite your petitions and thanksgivings aloud or in your hearts...[pause], let us pray.

**Lord, hear our prayer.**

And we also bless thy holy Name for all thy servants departed this life in thy faith and fear, especially..., beseeching thee to grant them continual growth in thy love and service; and to grant us grace so to follow the good examples of Barnabas and of all thy saints, that with them we may be partakers of thy heavenly kingdom.

**Lord, hear our prayer.**

Grant these our prayers, O Father, for Jesus Christ's sake, our only Mediator and Advocate. **Amen.**

#### CONFESSION OF SIN

Let us humbly confess our sins unto almighty God.

*Silence may be kept.*

*Presider and People*

**Most merciful God, we confess that we have sinned against thee in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved thee with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of thy Son Jesus Christ, have mercy on us and forgive us; that we may delight in thy will, and walk in thy ways, to the glory of thy Name. Amen.**

*Presider*

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all those who with hearty repentance and true faith turn unto him, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord.

**Amen.**

#### THE PEACE

*Presider*      The peace of the Lord be always with you.  
*People*        **And with thy spirit.**

 WELCOME & ANNOUNCEMENTS

## BIRTHDAYS & ANNIVERSARIES

*Prayer for a Birthday:*

**Watch over your child, O Lord, as her days increase; bless and guide her wherever she may be. Strengthen her when she stands; comfort her when discouraged or sorrowful; raise her up if she fall; and in her heart may your peace which passes understanding abide all the days of her life; through Jesus Christ our Lord. Amen.**

*Prayer for a Wedding Anniversary:*

**O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.**

## THE HOLY COMMUNION

*An offering of money is collected. You may also make an offering online by scanning the QR code.*



## PRESENTATION ANTHEM

*Presider* All things come of thee, O Lord,  
*People* **And of thine own have we given thee.**

## THE GREAT THANKSGIVING

*Presider* The Lord be with you.  
*People* **And with thy spirit.**  
*Presider* Lift up your hearts.  
*People* **We lift them up unto the Lord.**  
*Presider* Let us give thanks unto our Lord God.  
*People* **It is meet and right so to do.**



It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God.

Through Jesus Christ our Lord; according to whose true promise the Holy Ghost came down from heaven, lighting upon the disciples, to teach them and to lead them into all truth; uniting peoples of many tongues in the confession of one faith, and giving to thy Church the power to serve thee as a royal priesthood, and to preach the Gospel to all nations.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

*Presiding Priest and People*

**Holy, holy, holy, Lord God of Hosts:  
Heaven and earth are full of thy glory.  
Glory be to thee, O Lord Most High.  
Blessed is he that cometh in the name of the Lord.  
Hosanna in the highest.**

 or  *Then the Presider gives thanks for God's work in creation and for the salvation of the world through Christ, and prays over the bread and wine.*

*(BCP p. 334)*

All glory be to thee, Almighty God, our heavenly Father...

...By whom, and with whom, in the unity of the Holy Ghost, all honor and glory be unto thee, O Father Almighty, world without end. **AMEN.**

And now, as our Savior Christ hath taught us, we are bold to say,

#### THE LORD'S PRAYER

**Our Father who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

#### THE BREAKING OF THE BREAD

*The Presiding Priest breaks the consecrated Bread. A period of silence is kept.*

*Presider* Alleluia! Christ our Passover is sacrificed for us;  
*People* Therefore let us keep the feast. Alleluia!

*Presider and People*

**We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.**

#### THE INVITATION TO COMMUNION

#### COMMUNION OF THE PEOPLE

*This is Jesus's table around which we gather, and all are welcome to receive communion.  
If you prefer to receive a blessing, or not to receive wine, fold your arms across your chest as a sign.  
Gluten-free wafers are available, please ask the priest.*

#### or THE POST-COMMUNION PRAYER

**Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.**

#### THE BLESSING

The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of God's Son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you, and remain with you always. **Amen.**



1 Fair - est Lord Je - sus, Ru-ler of all na - ture, O thou of  
 2 Fair are the mea - dows, fair-er still the wood - lands, robed in the  
 3 Fair is the sun - shine, fair-er still the moon - light, and all the

God and man the Son; thee will I cher - ish,  
 bloom - ing garb of spring: Je - sus is fair - er,  
 twink - ling, star - ry host: Je - sus shines bright - er,

thee will I hon - or, thou, my soul's glo-ry, joy, and crown.  
 Je - sus is pur - er, who makes the woe-ful heart to sing.  
 Je - sus shines pur - er, than all the an-gels heaven can boast.

Words: German composite; tr. pub. New York, 1850, alt. Music: *St. Elizabeth*, melody from *Schlesische Volkslieder*, 1842; harm. Thomas Tertius Noble (1867-1953).

## THE DISMISSAL

Let us go forth into the world, rejoicing in the power of the Spirit.

**People** Thanks be to God.

## POSTLUDE

## MINISTERS OF THE LITURGY

Presider & Preacher | The Reverend Karen Haig  
Music Director & Organist | Sheila Bristow  
Lectors | Su Beecham, Stu Case  
Eucharistic Ministers | Su Beecham, Stu Case  
Usher | Mike Meston  
Altar Guild | Joan Collins, Anne Dennon, Dennis Tierney  
Coffee Hour | Princie and Bob Falkenhagen

## CLERGY

Bishop Provisional | The Most Reverend Melissa Skelton  
Bishop-Elect | The Reverend Philip LaBelle  
Rector | The Reverend Karen Haig  
Deacon | The Reverend Dan Fowler  
Assisting Priests | The Reverends Dr. Judith M. McDaniel, Nancy Tiederman,  
Patricia Rome Robertson, Dr. Jan C. Heller, and Jim Friedrich

## STAFF

Music Director & Organist | Sheila Bristow  
Parish Administrator & Family Ministry Coordinator | Etienna Wright  
Bookkeeper | Jessica Edmonds  
Day School Director | Julia Rose  
Sexton | George Cole  
Kitchen Manager | Tim Shelly  
Housekeeper | Natalia Perez

## VESTRY

Rector's Warden | Gigi Norwine  
Property Warden | Michael Ditmore  
People's Warden | Steve Schmitz  
Members of the Vestry | Tom Beierle, Phil Fergusson  
Claire Hicks, Melanie Roth, Mary Anne Smith  
Clerk of the Vestry | Rebecca Ditmore  
Treasurer | Kirk Eichenberger  
Chancellor | Katherine Bolles

## CONVENTION DELEGATES

Delegates | Heidi O'Brien, George Robertson, Brian Andvik, Laura Carroll  
Alternates | Peggy & Kirk Eichenberger, Sue Ellen Case, Beth Gudmundson

# THIS WEEK AT ST. BARNABAS

## **Monday | September 2**

9 p.m. | Compline | Zoom

## **Tuesday | September 3**

9 a.m. | Centering Prayer | Sanctuary

Noon | St. B Staff Meeting | Zoom

## **Wednesday | September 4**

9 p.m. | Compline | Zoom

## **Thursday | September 5**

9 a.m. | Healing Eucharist | Sanctuary

1:45 p.m. | Senior Ministry | The Madison

4:30 p.m. | Vestry Meeting | Zoom

## **Friday | September 6**

9 p.m. | Compline | Zoom

## **Sunday | September 8**

8 a.m. | Holy Eucharist, Rite I | Sanctuary

Post-Service Coffee Hour | Parlor

10 a.m. | Holy Eucharist, Rite II | Sanctuary

Post-Service Coffee Hour | Parish Hall

\*Email [etienna@stbbi.org](mailto:etienna@stbbi.org) to be added to the Compline Zoom email list.



## WHO ARE WE?

We are a community of faith that welcomes and values all people.

We commit to follow Christ, serve others, grow in faith,  
and transform the world by sharing God's love.

St. Barnabas Episcopal Church acknowledges that we gather on the traditional land of the first people of this island, the Suquamish People, who are still here, and we honor with gratitude the land itself and the life of the Suquamish Tribe.

† ST. BARNABAS EPISCOPAL CHURCH  
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### NEWS IN THE PEWS

Scan the QR code to read our weekly newsletter  
and find out what's going on at St. B!



### JOIN OUR COMMUNITY ONLINE

Scan the QR code to join us on social media!

