

HOLY EUCHARIST: Rite I

SIXTEENTH SUNDAY
AFTER PENTECOST


SEPTEMBER 8, 2024
8:00 A.M.

*Welcome to St. Barnabas, we are delighted that you're here.
We hope you'll participate fully in our worship through singing, praying,
hearing the Good News of Jesus Christ, and coming to communion.
May God richly bless you as you bless us!*

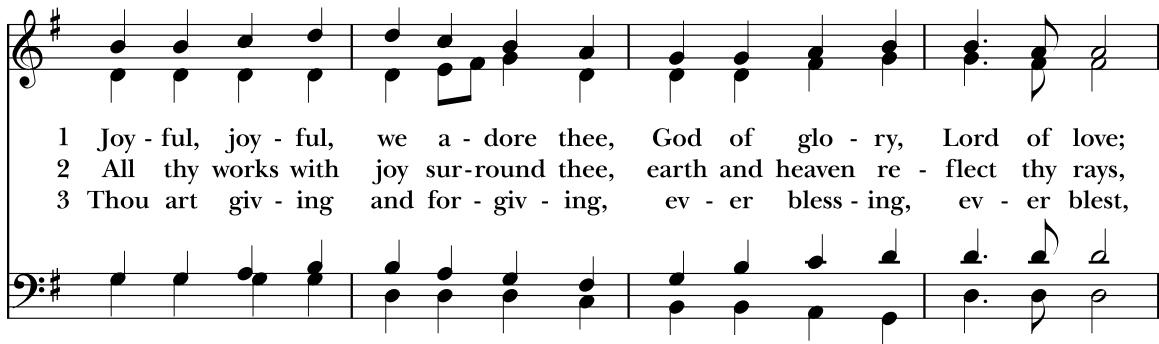


Icon, *The Syro-Phoenician Woman*
R. Lentz

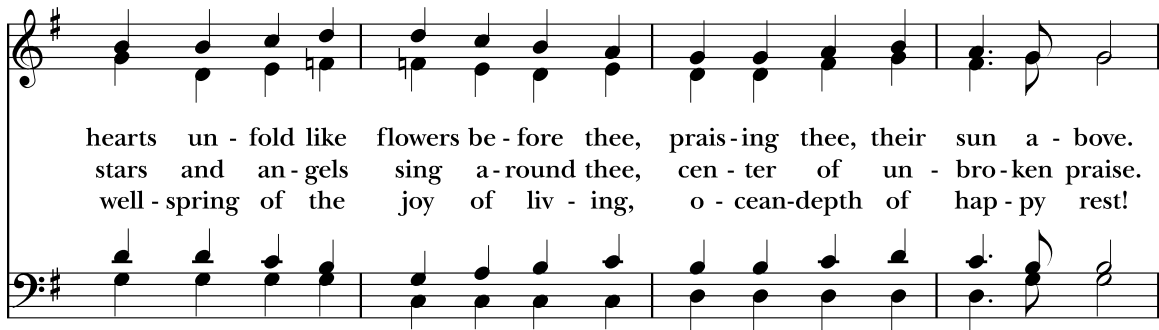
PRELUDE

 All stand as able at the sound of the tower bell.

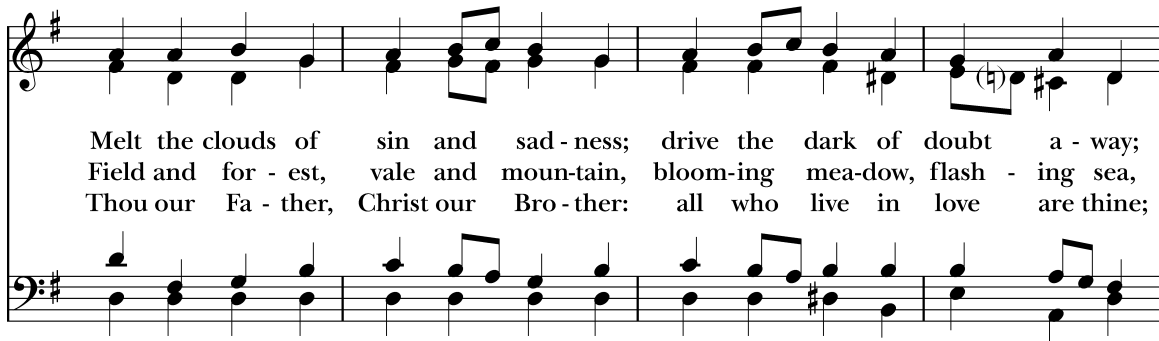
HYMNAL 376



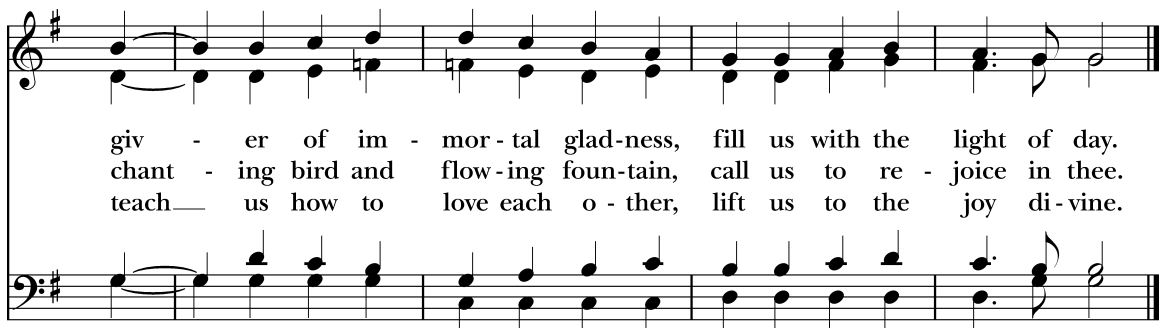
1 Joy - ful, joy - ful, we a - dore thee, God of glo - ry, Lord of love;
 2 All thy works with joy sur-round thee, earth and heaven re - flect thy rays,
 3 Thou art giv - ing and for - giv - ing, ev - er bless - ing, ev - er blest,



hearts un - fold like flowers be - fore thee, prais - ing thee, their sun a - bove.
 stars and an - gels sing a - round thee, cen - ter of un - bro - ken praise.
 well - spring of the joy of liv - ing, o - cean - depth of hap - py rest!



Melt the clouds of sin and sad - ness; drive the dark of doubt a - way;
 Field and for - est, vale and moun - tain, bloom - ing mea - dow, flash - ing sea,
 Thou our Fa - ther, Christ our Bro - ther: all who live in love are thine;



giv - er of im - mor - tal glad - ness, fill us with the light of day.
 chant - ing bird and flow - ing foun - tain, call us to re - joice in thee.
 teach — us how to love each o - ther, lift us to the joy di - vine.

Words: Henry Van Dyke (1852-1933). Music: *Hymn to Joy*, Ludwig van Beethoven (1770-1827); adapt. Edward Hodges (1796-1867), alt.

OPENING ACCLAMATION

Presider Blessed be the One who creates all things.
People The Holy One's love is new every morning.

COLLECT FOR PURITY

Presider and People

Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. Amen.

GLORIA

Presider and People

Glory be to God on high, and on earth peace, good will towards all. We praise thee, we bless thee, we worship thee, we glorify thee, we give thanks to thee for thy great glory, O Lord God, heavenly King, God the Father Almighty. O Lord, the only-begotten Son, Jesus Christ; O Lord God, Lamb of God, Son of the Father, that takest away the sins of the world, have mercy upon us. Thou that takest away the sins of the world, receive our prayer. Thou that sittest at the right hand of God the Father, have mercy upon us. For thou only art holy; thou only art the Lord; thou only, O Christ, with the Holy Ghost, art most high in the glory of God the Father. Amen.

THE COLLECT OF THE DAY

Presider The Lord be with you.

***People* And with thy spirit.**

Presider Let us pray.

Creating God, your name is written on every leaf, every bird, every river, every stone, every living being. We praise and worship you for the magnificence of your creation. Make us attentive to the wounds of the earth and willing to work for the healing of your whole creation, through Jesus Christ, our Savior and Lord. **Amen.**



THE WORD OF GOD

THE FIRST READING

Proverbs 22:1–2, 8–9, 22–23

READER: A reading from the Proverbs of Solomon.

A good name is to be chosen rather than great riches, and favour is better than silver or gold. The rich and the poor have this in common: the Lord is the maker of them all. Whoever sows injustice will reap calamity, and the rod of anger will fail. Those who are generous are blessed, for they share their bread with the poor. Do not rob the poor because they are poor, or crush the afflicted at the gate; for the Lord pleads their cause and despoils of life those who despoil them.

Reader Hear what the Spirit is saying to God's people.

***People* Thanks be to God.**

Silence is marked by the ringing of a bell.

THE PSALM *Please read responsively.*

Psalm 125

1 Those who trust in the Lord are like Mount Zion, *
which cannot be moved, but stands fast for ever.

2 The hills stand about Jerusalem; *
so does the Lord stand round about his people, from this time forth for evermore.

3 The scepter of the wicked shall not hold sway over the land allotted to the just, *
so that the just shall not put their hands to evil.

4 Show your goodness, O Lord, to those who are good *
and to those who are true of heart.

5 As for those who turn aside to crooked ways, the Lord will lead them away with the evildoers; *
but peace be upon Israel.

READER: *A Reading from the Letter of James.*

My brothers and sisters, do you with your acts of favoritism really believe in our glorious Lord Jesus Christ? For if a person with gold rings and in fine clothes comes into your assembly, and if a poor person in dirty clothes also comes in, and if you take notice of the one wearing the fine clothes and say, “Have a seat here, please,” while to the one who is poor you say, “Stand there,” or, “Sit at my feet,” have you not made distinctions among yourselves, and become judges with evil thoughts? Listen, my beloved brothers and sisters. Has not God chosen the poor in the world to be rich in faith and to be heirs of the kingdom that he has promised to those who love him? But you have dishonored the poor. Is it not the rich who oppress you? Is it not they who drag you into court? Is it not they who blaspheme the excellent name that was invoked over you? You do well if you really fulfill the royal law according to the scripture, “You shall love your neighbor as yourself.” But if you show partiality, you commit sin and are convicted by the law as transgressors. For whoever keeps the whole law but fails in one point has become accountable for all of it. For the one who said, “You shall not commit adultery,” also said, “You shall not murder.” Now if you do not commit adultery but if you murder, you have become a transgressor of the law. So speak and so act as those who are to be judged by the law of liberty. For judgment will be without mercy to anyone who has shown no mercy; mercy triumphs over judgment. What good is it, my brothers and sisters, if you say you have faith but do not have works? Can faith save you? If a brother or sister is naked and lacks daily food, and one of you says to them, “Go in peace; keep warm and eat your fill,” and yet you do not supply their bodily needs, what is the good of that? So faith by itself, if it has no works, is dead.

Reader Hear what the Spirit is saying to God’s people.

People **Thanks be to God.**

Silence is marked by the ringing of a bell.

THE HOLY GOSPEL

Mark 7:24–37

The Holy Gospel of our Savior Jesus Christ according to Mark.

People **Glory be to thee, O Lord.**

Jesus set out and went away to the region of Tyre. He entered a house and did not want anyone to know he was there. Yet he could not escape notice, but a woman whose little daughter had an unclean spirit immediately heard about him, and she came and bowed down at his feet. Now the woman was a Gentile, of Syrophenician origin. She begged him to cast the demon out of her daughter. He said to her, “Let the children be fed first, for it is not fair to take the children’s food and throw it to the dogs.” But she answered him, “Sir, even the dogs under the table eat the children’s crumbs.” Then he said to her, “For saying that, you may go—the demon has left your daughter.” So she went home, found the child lying on the bed, and the demon gone. Then he returned from the region of Tyre, and went by way of Sidon towards the Sea of Galilee, in the region of the Decapolis. They brought to him a deaf man who had an impediment in his speech; and they begged him to lay his hand on him. He took him aside in private, away from the crowd, and put his fingers into his ears, and he spat and touched his tongue. Then looking up to heaven, he sighed and said to him, “Ephphatha,” that is, “Be opened.” And immediately his ears were opened, his tongue was released, and he spoke plainly. Then Jesus ordered them to tell no one; but the more he ordered them, the more zealously they proclaimed it. They were astounded beyond measure, saying, “He has done everything well; he even makes the deaf to hear and the mute to speak.”

The Gospel of the Lord.

People **Praise be to thee, O Christ.**

THE SERMON

Karen Haig

Silence is marked by the ringing of a bell.



THE NICENE CREED

Presider and People

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE

The Leader and People pray responsively.

Let us pray for the whole state of Christ's Church and the world.

Almighty and everliving God, who in thy holy Word hast taught us to make prayers, and supplications, and to give thanks for all people: in our Anglican Cycle of Prayer, we pray for The Church of the Province of Myanmar. In our Diocesan Cycle of Prayer, we pray for Annie Wright School, Tacoma; Charles Wright Academy, Tacoma; and The Table: University of Washington Episcopal Campus Ministry. Receive our prayers which we offer unto thy divine Majesty beseeching thee to inspire continually the Universal Church with the spirit of truth, unity, and concord, and grant that those who do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love.

Lord, hear our prayer.

Give grace, O heavenly Father, to all bishops and other ministers, especially to Michael, our presiding bishop; Sean, our presiding bishop-elect; Melissa, our bishop; Phil, our bishop-elect; Karen, our rector; Dan, our deacon; and Nancy, Judith, Patricia, Jan, Jim, and Dennis, priests among us; that they may, both by their life and doctrine, set forth thy true and lively Word, and rightly and duly administer thy holy Sacraments.

Lord, hear our prayer.

And to all thy people give thy heavenly grace, and especially to this congregation here present; that, with meek heart and due reverence, they may hear and receive thy holy Word, truly serving thee in holiness and righteousness all the days of their life.

Lord, hear our prayer.

We beseech thee also so to rule the hearts of those who bear the authority of government in this and every land, especially all elected and appointed officials that they may be led to wise decisions and right actions for the welfare and peace of the world.

Lord, hear our prayer.

Guard and protect all those who serve in harm's way, both in lands far away and here at home, returning them to safe reunion with their families and all who love them.

Lord, hear our prayer.

Bestow upon us the gift of gracious hospitality, welcoming into fellowship our sisters and brothers in Christ who are visiting, remembering that in welcoming strangers we may be welcoming angels unaware.

Lord, hear our prayer.

Open, O Lord, the eyes of all people to behold thy gracious hand in all thy works, that, rejoicing in thy whole creation, they may honor thee with their substance, and be faithful stewards of thy bounty.

Lord, hear our prayer.

And we most humbly beseech thee, of thy goodness, O Lord, to comfort and succor, especially..., and all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity.

Lord, hear our prayer.

I invite your petitions and thanksgivings aloud or in your hearts...[pause], let us pray.

Lord, hear our prayer.

And we also bless thy holy Name for all thy servants departed this life in thy faith and fear, especially..., beseeching thee to grant them continual growth in thy love and service; and to grant us grace so to follow the good examples of Barnabas and of all thy saints, that with them we may be partakers of thy heavenly kingdom.

Lord, hear our prayer.

Grant these our prayers, O Father, for Jesus Christ's sake, our only Mediator and Advocate. **Amen.**

CONFESSION OF SIN

Let us humbly confess our sins unto almighty God.

Silence may be kept.

Presider and People

Most merciful God, we confess that we have sinned against thee in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved thee with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of thy Son Jesus Christ, have mercy on us and forgive us; that we may delight in thy will, and walk in thy ways, to the glory of thy Name. Amen.

Presider

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all those who with hearty repentance and true faith turn unto him, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

THE PEACE

Presider The peace of the Lord be always with you.
People **And with thy spirit.**

WELCOME & ANNOUNCEMENTS

BIRTHDAYS & ANNIVERSARIES

Prayer for a Birthday:

Watch over your child, O Lord, as her days increase; bless and guide her wherever she may be. Strengthen her when she stands; comfort her when discouraged or sorrowful; raise her up if she fall; and in her heart may your peace which passes understanding abide all the days of her life; through Jesus Christ our Lord. Amen.

Prayer for a Wedding Anniversary:

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

THE HOLY COMMUNION



An offering of money is collected. You may also make an offering online by scanning the QR code.

OFFERTORY ANTHEM

Lift thine eyes

Felix Mendelssohn

Lift thine eyes to the mountains whence cometh help.
Thy help cometh from the Lord, the Maker of heaven and earth.
He hath said thy foot shall not be moved.
Thy Keeper will never slumber. (Ps. 121:1-3)

PRESENTATION ANTHEM

Presider All things come of thee, O Lord,
People **And of thine own have we given thee.**

THE GREAT THANKSGIVING

Presider The Lord be with you.
People **And with thy spirit.**
Presider Lift up your hearts.
People **We lift them up unto the Lord.**
Presider Let us give thanks unto our Lord God.
People **It is meet and right so to do.**

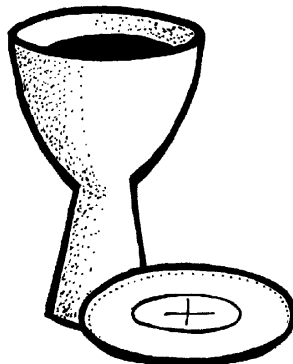
It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God.



Through Jesus Christ our Lord; according to whose true promise the Holy Ghost came down from heaven, lighting upon the disciples, to teach them and to lead them into all truth; uniting peoples of many tongues in the confession of one faith, and giving to thy Church the power to serve thee as a royal priesthood, and to preach the Gospel to all nations.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

Presiding Priest and People

**Holy, holy, holy, Lord God of Hosts:
Heaven and earth are full of thy glory.
Glory be to thee, O Lord Most High.
Blessed is he that cometh in the name of the Lord.
Hosanna in the highest.**



 or  *Then the Presider gives thanks for God's work in creation and for the salvation of the world through Christ, and prays over the bread and wine.*

(BCP p. 334)

All glory be to thee, Almighty God, our heavenly Father...

...By whom, and with whom, in the unity of the Holy Ghost, all honor and glory be unto thee, O Father Almighty, world without end. **AMEN.**

And now, as our Savior Christ hath taught us, we are bold to say,

THE LORD'S PRAYER

Our Father who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

THE BREAKING OF THE BREAD

The Presiding Priest breaks the consecrated Bread. A period of silence is kept.

Presider Alleluia! Christ our Passover is sacrificed for us;
People **Therefore let us keep the feast. Alleluia!**

Presider and People

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

THE INVITATION TO COMMUNION

COMMUNION OF THE PEOPLE

*This is Jesus's table around which we gather, and all are welcome to receive communion.
If you prefer to receive a blessing, or not to receive wine, fold your arms across your chest as a sign.
Gluten-free wafers are available, please ask the priest.*

COMMUNION ANTHEM

O dulcis Jesu

Chiara Margarita Cozzolani

O dulcis Iesu, tu es fons pietatis,
tu es fons bonitatis, fonsque amoris,
et apud te est fons vitæ, O dulcis Iesu.

O sweet Jesus, You are the source of devotion,
You are the source of goodness, and the source of love,
and in You is the source of life, O sweet Jesus.

Bibat ergo in te solo anima mea,
ad te solum confugiat, ad te die nocteque clamet,
quia in te solo vera est quies, vera dulcedo,
veraque pax et vita.

So let my soul drink only from You,
let it seek refuge only in You, let it cry to You day and night;
for in You alone is true rest, true sweetness,
and true peace and life.

Præbe mihi, amantissime Iesu, tuum dulcissimum
lumen; infunde, suavissime Domine, infunde in
animam meam amabilissime tuæ lucis scintillam,
ut sic illustrata irradiataque valeat te videre,
te amare, amando te frui, fruendo te possidere,
cum sanctis tuis in æternum. O dulcis Iesu.

Most beloved Jesus, grant me your sweetest light;
lovingly infuse, most pleasant Lord, infuse the ray of Your
light into my soul, so that, thus illuminated and radiant,
it may be worthy to see You, to love You, to enjoy You in
love, to possess You in enjoyment with your saints forever.
O sweet Jesus.

 or  THE POST-COMMUNION PRAYER

Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

THE BLESSING

The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of God's Son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you, and remain with you always. Amen.

 HYMNAL 603



1 When Christ was lift - ed from the earth, his
 2 Still east and west his love ex - tends and
 3 Where gen - er - a - tion, class, or race di -
 4 Thus free - ly loved, though ful - ly known, may

arms stretched out a - bove through ev - ery cul - ture,
 al - ways, near or far, he calls and claims us
 vide us to our shame, he sees not la - bels
 I in Christ be free to wel - come and ac -

ev - ery birth, to draw an an - swering love.
 as his friends and loves us as we are.
 but a face, a per - son, and a name.
 cept his own as Christ ac - cept - ed me.

Words: Brian A. Wren (b. 1936). Copyright © 1973 by Hope Publishing Company, Carol Stream, IL 60188. All Rights Reserved. Used by permission. Music: *St. Botolph*, Gordon Slater (1896-1979). By permission of Oxford University Press.

THE DISMISSAL

People Let us go forth into the world, rejoicing in the power of the Spirit.
Thanks be to God.

POSTLUDE

MINISTERS OF THE LITURGY

Presider & Preacher | The Reverend Karen Haig
Music Director & Organist | Sheila Bristow
Cantors | Emily Neer, Rae Hyra, Mari Bickford
Lectors | Michael Fitzpatrick, Diane Walworth
Eucharistic Ministers | Michael Fitzpatrick, Diane Walworth
Usher | Angie Bickerton
Altar Guild | Steve & Helene Schmitz, Heidi O'Brien, Becky Raymond, Diane Walworth
Coffee Hour | Angie Bickerton

CLERGY

Bishop Provisional | The Most Reverend Melissa Skelton
Bishop-Elect | The Reverend Philip LaBelle
Rector | The Reverend Karen Haig
Deacon | The Reverend Dan Fowler
Assisting Priests | The Reverends Dr. Judith M. McDaniel, Nancy Tiederman,
Patricia Rome Robertson, Dr. Jan C. Heller, and Jim Friedrich

STAFF

Music Director & Organist | Sheila Bristow
Parish Administrator & Family Ministry Coordinator | Etienna Wright
Bookkeeper | Jessica Edmonds
Day School Director | Julia Rose
Sexton | George Cole
Kitchen Manager | Tim Shelly
Housekeeper | Natalia Perez

VESTRY

Rector's Warden | Gigi Norwine
Property Warden | Michael Ditmore
People's Warden | Steve Schmitz
Members of the Vestry | Tom Beierle, Phil Fergusson
Claire Hicks, Melanie Roth, Mary Anne Smith
Clerk of the Vestry | Rebecca Ditmore
Treasurer | Kirk Eichenberger
Chancellor | Katherine Bolles

CONVENTION DELEGATES

Delegates | Heidi O'Brien, George Robertson, Brian Andvik, Laura Carroll
Alternates | Peggy & Kirk Eichenberger, Sue Ellen Case, Beth Gudmundson

THIS WEEK AT ST. BARNABAS

Tuesday | September 10

9 a.m. | Centering Prayer | Sanctuary

Noon | St. B Staff Meeting | Zoom

Wednesday | September 11

1:30 pm. | Senior Ministry | Fieldstone

2 p.m. | Shakespeare Discussion Group | Library

9 p.m. | Compline | Zoom

Thursday | September 12

9 a.m. | Healing Eucharist | Sanctuary

1:45 p.m. | Senior Ministry | The Madison

4:30 p.m. | Vestry Meeting | Zoom

Friday | September 13

9 p.m. | Compline | Zoom

Saturday | September 14

11 a.m. Consecration of Rev. Dr. Phil LaBelle, Bishop of Diocese of Olympia

Meydenbauer Center, Bellevue, WA

Sunday | September 15 | Celebrate St. Barnabas Ministries Day

8 a.m. | Holy Eucharist, Rite I | Sanctuary

Post-Service Coffee Hour | Parlor

10 a.m. | Holy Eucharist, Rite II | Sanctuary

Celebrate St. Barnabas Ministries Day | Parish Hall

12:30 p.m. | Vestry Meeting | Library

*Email etienna@stbbi.org to be added to the Compline Zoom email list.



WHO ARE WE?

We are a community of faith that welcomes and values all people.

We commit to follow Christ, serve others, grow in faith,
and transform the world by sharing God's love.

St. Barnabas Episcopal Church acknowledges that we gather on the traditional land of the first people of this island, the Suquamish People, who are still here, and we honor with gratitude the land itself and the life of the Suquamish Tribe.

† ST. BARNABAS EPISCOPAL CHURCH
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BAINBRIDGE ISLAND, WA 98110
206/842-561 | STBBI.ORG | INFO@STBBI.ORG

NEWS IN THE PEWS

Scan the QR code to read our weekly newsletter
and find out what's going on at St. B!



JOIN OUR COMMUNITY ONLINE

Scan the QR code to join us on social media!

