

HOLY EUCHARIST: Rite II

THE FIRST SUNDAY IN LENT

March 9, 2025 ♦ 10:00 a.m.

*Welcome to St. Barnabas, we are delighted that you're here.
We hope you'll participate fully in our worship through singing, praying,
bearing the Good News of Jesus Christ, and coming to Communion.
May God richly bless you as you bless us!*

WELCOME INTO THE QUIET

"Lent serves as our annual invitation to come closer to God. It provides a time to look at our lives and ourselves, not so we may criticize ourselves more harshly but so we can identify the obstructions that keep us from...feeling the presence of the divine in our every day. How do we hide from God, and why? Lent gives us a chance to look at such obstructions and to move them gently away so that we can come closer to the Love that gives us life... Thus Lent offers a gift of time and a promise of closeness..." From *A Clearing Season: Reflections for Lent*

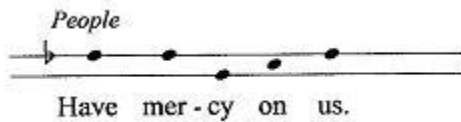


All stand as able at the sound of the bells.

THE GREAT LITANY *Please join us in song.*

I.

Holy God, Creator of heaven and earth,



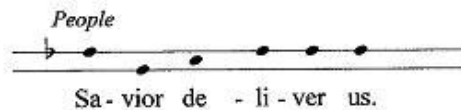
Holy and Mighty, Redeemer of the world, **Have mercy on us.**

Holy Immortal One, Sanctifier of the faithful, **Have mercy on us.**

Holy, blessed and glorious Trinity, One God, **Have mercy on us.**

II.

From all evil and mischief; from pride, vanity and hypocrisy; from envy, hatred and malice; and from all evil intent,



From sloth, worldliness and love of money; from hardness of heart and contempt for your word and your laws, **Savior deliver us.**

From sins of body and mind; from deceits of the world, flesh and the devil, **Savior deliver us.**

From famine and disaster; from violence, murder, and dying unprepared; in all times of sorrow; in all times of joy; in the hour of our death and at the day of judgment, **Savior deliver us.**

By the mystery of your holy incarnation; by your birth, childhood and obedience; by your baptism, fasting and temptation, **Savior deliver us.**

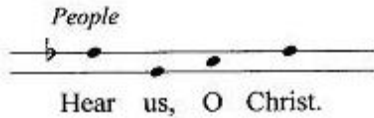
By your ministry in word and work; by your mighty acts of power; by the preaching of your reign, **Savior deliver us.**

By your agony and trial; by your cross and passion; by your precious death and burial, **Savior deliver us.**

By your mighty resurrection; by your glorious ascension; and by your sending of the Holy Spirit, **Savior deliver us.**

III.

Hear our prayers, O Christ our God.



Govern and direct your holy Church; fill it with love and truth; and grant it that unity which is your will, **Hear us, O Christ.**

Give us boldness to preach the gospel in all the world, and to make disciples of all the nations.

Hear us, O Christ.

Enlighten your bishops, priests and deacons with knowledge and understanding, that by their teaching and their lives they may proclaim your word. **Hear us, O Christ.**

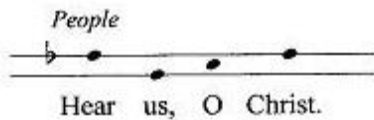
Give your people grace to witness to your word and bring forth the fruit of your Spirit. **Hear us, O Christ.**

Bring into the way of truth all who have erred and are deceived. **Hear us, O Christ.**

Strengthen those who stand; comfort and help the fainthearted; and raise up the fallen. **Hear us, O Christ.**

IV.

Bless the hearts of all in authority, that they may do justice, and love mercy, and walk in the ways of truth,

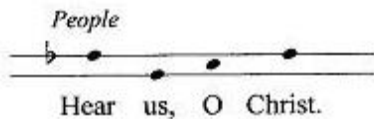


Give us the will to use the resources of the earth to your glory and for the good of all. **Hear us, O Christ.**

Bless and keep all your people, **Hear us, O Christ.**

V.

Comfort and liberate the lonely, the bereaved and the oppressed.



Keep in safety those who travel and all who are in peril. **Hear us, O Christ.**

Heal the sick in body, mind or spirit and provide for the homeless, the hungry and the destitute, and all others in need. **Hear us, O Christ.**

Guard and protect all children who are in danger. **Hear us, O Christ.**

Show your compassion on prisoners, hostages and refugees, and all who are in trouble. **Hear us, O Christ.**

Forgive our enemies, persecutors and slanderers, and turn their hearts. **Hear us, O Christ.**

Hear us as we remember those who have died and grant us with them a share in your eternal glory.

Hear us, O Christ.

VI.

Give us true repentance; forgive us our sins of negligence and ignorance and our deliberate sins; and grant us the grace of your Holy Spirit to amend our lives according to your word.

Lord, have mer - cy. Lord, have mer - cy. Christ, have mer - cy.

Christ, have mer - cy. Lord, have mer - cy. Lord, have mer - cy.

Music: From the Litany of the Saints; adapt. Richard Proulx (b. 1937). Copyright © 1985 GIA Publications, Inc.

THE COLLECT OF THE DAY

Presider The Lord be with you.
People **And also with you.**
Presider Let us pray

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

THE WORD OF GOD

THE FIRST READING

Deuteronomy 26:1–11

READER: A reading from the book of Deuteronomy

When you have come into the land that the Lord your God is giving you as an inheritance to possess, and you possess it, and settle in it, you shall take some of the first of all the fruit of the ground, which you harvest from the land that the Lord your God is giving you, and you shall put it in a basket and go to the place that the Lord your God will choose as a dwelling for his name. You shall go to the priest who is in office at that time, and say to him, "Today I declare to the Lord your God that I have come into the land that the Lord swore to our ancestors to give us." When the priest takes the basket from your hand and sets it down before the altar of the Lord your God, you shall make this response before the Lord your God: "A wandering Aramean was my ancestor; he went down into Egypt and lived there as an alien, few in number, and there he became a great nation, mighty and populous. When the Egyptians treated us harshly and afflicted us, by imposing hard labor on us, we cried to the Lord, the God of our ancestors; the Lord heard our voice and saw our affliction, our toil, and our oppression. The Lord brought us out of Egypt with a mighty hand and an outstretched arm, with a terrifying display of power, and with signs and wonders; and he brought us into this place and gave us this land, a land flowing with milk and honey. So now I bring the first of the fruit of the ground that you, O Lord, have given me." You shall set it down before the Lord your God and bow down before the Lord your God. Then you, together with the Levites and the aliens who reside among you, shall celebrate with all the bounty that the Lord your God has given to you and to your house.

Reader Hear what the Spirit is saying to God's people.
People **Thanks be to God.**

Silence is marked by the ringing of a bell.

ANTIPHON

Psalm 91:11

Organ: *Everyone:*

He shall give his an-gels charge o-ver you, to
keep you in all your ways.

ALL REPEAT THE ANTIPHON

Choir: Because you have made the LORD your refuge, and the Most High your habitation, there shall no evil happen to you, neither shall any plague come near your dwelling.

ALL REPEAT THE ANTIPHON

Choir: They shall bear you in their hands, lest you dash your foot against a stone. You shall tread upon the lion and adder; you shall trample the young lion and the serpent under your feet.

ALL REPEAT THE ANTIPHON

Choir: Because he is bound to me in love, therefore will I deliver him; I will protect him, because he knows my Name. He shall call upon me, and I will answer him; I am with him in trouble; I will rescue him and bring him to honor.

ALL REPEAT THE ANTIPHON

THE SECOND READING

Romans 10:8b–13


READER: A reading from Paul's letter to the Romans.

“The word is near you, on your lips and in your heart” (that is, the word of faith that we proclaim); because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. The scripture says, “No one who believes in him will be put to shame.” For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. For, “Everyone who calls on the name of the Lord shall be saved.”

Reader Hear what the Spirit is saying to God’s people.

People Thanks be to God.

Silence is marked by the ringing of a bell.

 *Cantor, then all.*

Glo-ry to you, O Word of God, Lord Je-sus Christ!

One does not live by bread alone, but by every word that comes from the mouth of God.

The Holy Gospel of our Savior Jesus Christ according to Luke.

People **Glory to you, Lord Christ.**

After his baptism, Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished. The devil said to him, “If you are the Son of God, command this stone to become a loaf of bread.” Jesus answered him, “It is written, ‘One does not live by bread alone.’” Then the devil led him up and showed him in an instant all the kingdoms of the world. And the devil said to him, “To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please. If you, then, will worship me, it will all be yours.” Jesus answered him, “It is written, ‘Worship the Lord your God, and serve only him.’” Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, “If you are the Son of God, throw yourself down from here, for it is written, ‘He will command his angels concerning you, to protect you,’ and ‘On their hands they will bear you up, so that you will not dash your foot against a stone.’” Jesus answered him, “It is said, ‘Do not put the Lord your God to the test.’” When the devil had finished every test, he departed from him until an opportune time.

The Gospel of the Lord.

People **Praise to you, Lord Christ.**

THE SERMON

Karen Haig

Silence is marked by the ringing of a bell.

THE NICENE CREED

Presider and People

We believe in one God, the Father, the Almighty, Maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary; and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

The Prayers of the People and Confession of Sin are omitted when The Great Litany is sung or said prior to Eucharist.

THE PEACE

Presider The peace of the Lord be always with you.

People **And also with you.**

 WELCOME, ANNOUNCEMENTS, BIRTHDAYS & ANNIVERSARIES

Prayer for a Birthday:

Watch over your child, O Lord, as *her* days increase; bless and guide *her* wherever *she* may be. Strengthen *her* when *she* stands; comfort *her* when discouraged or sorrowful; raise *her* up if *she* should fall; and in *her* heart may your peace which passes understanding abide all the days of *her* life; through Jesus Christ our Lord. Amen.

Prayer for a Wedding Anniversary:

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

THE HOLY COMMUNION

An offering of money is collected. You may make an offering online by scanning the QR code.



 SOLO

Out of the Depths I Cry to Thee

K. Lee Scott

Out of the depths I cry to thee, Lord, my sins bewailing!
Bow down thy gracious ear to me, Make thou my prayer availing.
Mark not my misdeeds in thy book, Gracious Lord, most holy;
On my sins in mercy look: Who can stand before thee?
Hear my prayer, hear my cry, hear my supplication.
Thou my hope, thou my light, Thou my soul's deliverance.
With thee is forgiveness, Lord, love and grace abounding.
The greatest thought or deed or word were else but empty sounding.
All who in thy sight appear come in sinful measure;
All before thee bow in fear, seeking thy good pleasure.
Hear my prayer, hear my cry, hear my supplication.
Thou my hope, thou my light, Thou my soul's deliverance.

 PRESENTATION ANTHEM

Presider All things come from you, O Lord,
***People* And of your own have we given you.**

THE GREAT THANKSGIVING

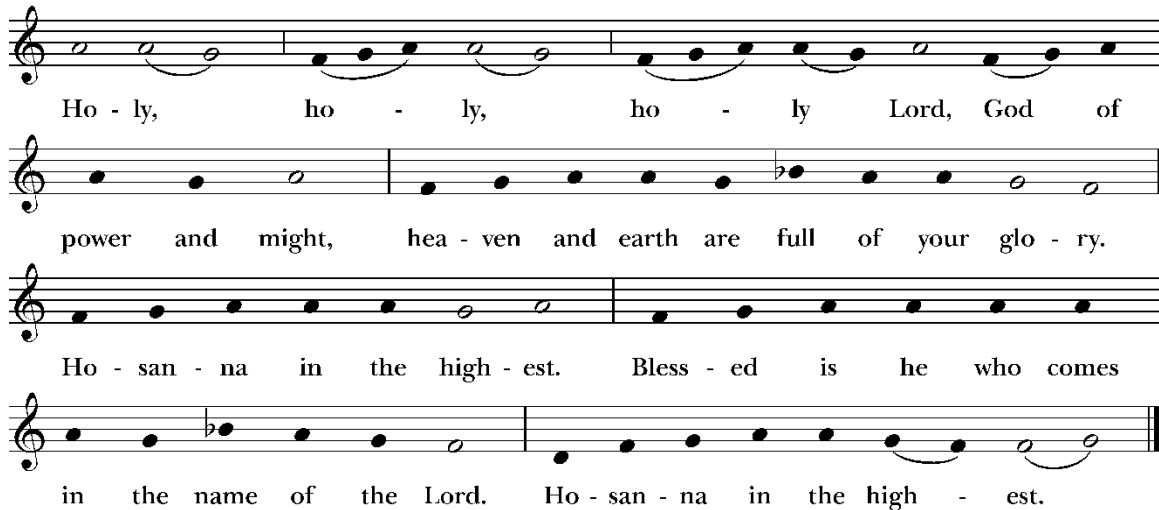
Presider The Lord be with you.
***People* And also with you**
Presider Lift up your hearts.
***People* We lift them to the Lord.**
Presider Let us give thanks to the Lord our God.
***People* It is right to give God thanks and praise.**

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

You bid your faithful people cleanse their hearts, and prepare with joy for the Paschal feast; that, fervent in prayer and in works of mercy, and renewed by your Word and Sacraments, they may come to the fullness of grace which you have prepared for those who love you.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

HYMNAL S122



Ho - ly, ho - ly, ho - ly Lord, God of
power and might, hea - ven and earth are full of your glo - ry.
Ho - san - na in the high - est. Bless - ed is he who comes
in the name of the Lord. Ho - san - na in the high - est.

Music: Plainsong; Mass 18; adapt. Mason Martens (1933-1991). Copyright © 1983 Mason Martens.

 or  *The people kneel or remain standing.*

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Christ has died.

Christ is risen.

Christ will come again.

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

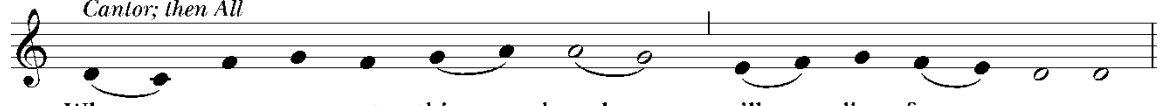
And now, as our Savior Christ has taught us, we are bold to say,
Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

THE BREAKING OF THE BREAD

The Presider breaks the consecrated Bread. A period of silence is kept.


HYMNAL S170

Antiphon
Cantor; then All




Who - ev - er eats this bread will live for ev - er.

Cantor




1. This is the true bread which comes down from hea - ven

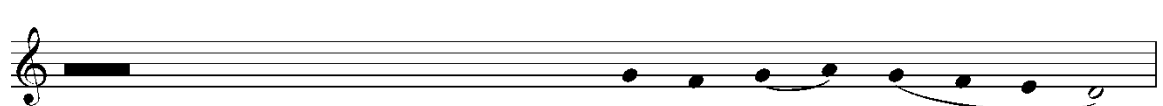
Cantor



and gives life to the world. [Ant.] 2. Who - ev - er



believes in me shall not hun - ger or thirst, for the bread



which I give for the life of the world is my flesh. [Ant.]

Music: Mode 1 melody; adapt. Mason Martens (1933-1991). Copyright © 1983 Mason Martens.

THE INVITATION TO COMMUNION

COMMUNION OF THE PEOPLE

This is Jesus's table where all are welcome to share in the Bread and Wine of Holy Communion. If you prefer to receive a blessing, or not to receive Wine, fold your arms across your chest as a sign. Gluten-free wafers are available, please ask the priest.

An Act of Spiritual Communion for those worshipping online.

My Jesus, I believe that you are truly present in the Blessed Sacrament of the Altar. I love you above all things, and long for you in my soul. Since I cannot now receive you sacramentally, come spiritually into my heart. As though you have already come, I embrace you and unite myself entirely to you; never permit me to be separated from you. Amen. —*St. Alphonsus Liguori*

COMMUNION HYMN

Adoramus te Christe

Jacques Berthier

LEVAS 147

1. Come, ye dis - con - so - late, wher - e'er ye lan - guish,
2. Joy of the des - o - late, light of the stray - ing,
3. Here see the bread of life; see wa - ters flow - ing

1. Come to the mer - cy seat, fer - vent - ly kneel:
2. Hope of the pen - i - tent, fade - less and pure!
3. Forth from the throne of God, pure from a - bove:

1. Here bring your wound - ed hearts, here tell your an - guish;
2. Here speaks the com - fort - er, ten - der - ly say - ing,
3. Come to the feast of love; come, ev - er know - ing

1. Earth has no sor - row that heav'n can - not heal.
2. "Earth has no sor - row that heav'n can - not cure."
3. Earth has no sor - row but heav'n can re - move.

Words: Stanzas 1-2, Thomas Moore (1779-1853); Stanza 3, Thomas Hasting (1784-1872). Music: Samuel Webbe (1740-1816).



THE POST-COMMUNION PRAYER

Presider and People

Almighty and ever living God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

THE BLESSING

HYMNAL 143



1 The glo - ry of these for - ty days we
 2 A - lone and fast - ing Mo - ses saw the
 3 So Dan - iel trained his mys - tic sight, de -
 4 Then grant us, Lord, like them to be full
 * 5 O Fa - ther, Son, and Spi - rit blest, to



1 ce - le - brate with songs of praise; for Christ, through whom all
 2 lov - ing God who gave the law; and to E - li - jah,
 3 liv - ered from the li - ons' might; and John, the Bride - groom's
 4 oft in fast and prayer with thee; our spi - rits strength - en
 5 thee be ev - ery prayer ad - dressed, who art in three - fold



1 things were made, him - self has fast - ed and has prayed.
 2 fast - ing, came the steeds and char - i - ots of flame.
 3 friend, be - came the her - ald of Mes - si - ah's name.
 4 with thy grace, and give us joy to see thy face.
 5 Name a - dored, from age to age, the on - ly Lord.

Words: Latin, 6th cent.; tr. Maurice F. Bell (1862-1947), alt. By permission of Oxford University Press. Music: *Erhalt uns, Herr*, melody from *Geistliche Lieder*, 1543; harm. Johann Sebastian Bach (1685-1750).

DISMISSAL

God in peace to love and serve the Lord.

People Thanks be to God.

PROCESSION

Bells

MINISTERS OF THE LITURGY

Presider and Preacher | The Reverend Karen Haig
Deacon | The Reverend Dan Fowler
Music Director and Organist | Sheila Bristow
Musicians | The Parish Choir; Rae Hyra and Naomi Henn, cantors
Lectors | George Robertson, Sue Ellen Case
Eucharistic Ministers | Michael Fitzpatrick, Claire Hicks
Ushers | Borgan Anderson and Robin Cook
Altar Guild | Peggy Eichenberger, Bonnie Chan, Babe Kehres, Melanie Roth
Coffee Hour | Heidi O'Brien, Karen Beierle, Elaine Percival, Laurie Ferguson,
David & Jeanne Powell, Sheila Cronan
Welcome Table | Barbara Herrick
Videographers | Michael Ditmore, Charlie Helming

CLERGY

Presiding Bishop | The Most Reverend Sean Rowe
Bishop | The Rt. Reverend Dr. Philip LaBelle
Rector | The Reverend Karen Haig
Deacon | The Reverend Dan Fowler
Assisting Priests | The Reverends Dr. Judith M. McDaniel, Nancy Tiederman,
Patricia Rome Robertson, Dr. Jan C. Heller, Jim Friedrich, and Steve Best

STAFF

Music Director & Organist | Sheila Bristow
Parish Administrator & Family Ministry Coordinator | Etienna Wright
Day School Director | Julia Rose
Sexton | George Cole
Kitchen Manager | Tim Shelly
Bookkeeper | Bow Reyes-Sor
Housekeeping | Kitsap Cleaning Crew, LLC

VESTRY

Rector's Warden | Barbara Bolles
Property Warden | Mary Anne Smith
People's Warden | Phil Fergusson
Members | Trip Duncan, Mike Killion, Evan Lenz,
Elaine Percival, Dave Powell, Melanie Roth
Clerk | Rebecca Ditmore
Treasurer | Kirk Eichenberger
Chancellor | Katherine Bolles

CONVENTION DELEGATES

Delegates | Brian Andvik, Laura Carroll, Peggy & Kirk Eichenberger
Alternates | Sue Ellen Case, Beth Gudmundson, George Robertson, Michael Ditmore



WHO WE ARE

We are a community of faith that welcomes and values all people.

We commit to follow Christ, serve others, grow in faith,
and transform the world by sharing God's love.

St. Barnabas Episcopal Church acknowledges that we gather on the traditional land of the first people of this island, the Suquamish People, who are still here, and we honor with gratitude the land itself and the life of the Suquamish Tribe.

NEWS IN THE PEWS

Scan the QR code to read our weekly newsletter
and find out what's going on at St. B!



JOIN OUR COMMUNITY ONLINE

Scan the QR code to join us on social media!



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