

# HOLY EUCHARIST: Rite II

THE THIRD SUNDAY IN LENT

March 23, 2025 ♦ 10:00 a.m.

*Welcome to St. Barnabas, we are delighted that you're here.  
We hope you'll participate fully in our worship through singing, praying,  
hearing the Good News of Jesus Christ, and coming to Communion.  
May God richly bless you as you bless us!*

## WELCOME INTO THE QUIET

*"Lent serves as our annual invitation to come closer to God. It provides a time to look at our lives and ourselves, not so we may criticize ourselves more harshly but so we can identify the obstructions that keep us from...feeling the presence of the divine in our every day. How do we hide from God, and why? Lent gives us a chance to look at such obstructions and to move them gently away so that we can come closer to the Love that gives us life... Thus Lent offers a gift of time and a promise of closeness..."* From *A Clearing Season: Reflections for Lent*



*All stand as able at the sound of the bells.*

HYMNAL 152

1 Kind Ma - ker of the world, O hear the fer - vent  
2 Each heart is man - i - fest to thee; thou know - est  
3 Spare us, O Lord, who now con - fess our sins and  
4 Give us the dis - ci - pline that springs from ab - sti -  
5 Grant, O thou bless - ed Trin - i - ty; grant, O un -

1 prayer, with man - ya tear poured forth by all the  
2 our in - fir - mi - ty; now we re - pent, and  
3 all our wick - ed - ness, and, for the glo - ry  
4 nence in out - ward things with in - ward fast - ing,  
5 chang - ing Un - i - ty; that this our fast of

1 pen - i - tent who keep this ho - ly fast of Lent!  
2 seek thy face; grant un - to us thy par - doning grace.  
3 of thy Name, our weak - ened souls to health re - claim.  
4 so that we in heart and soul may dwell with thee.  
5 for - ty days may work our pro - fit and thy praise!

Words: St. Gregory the Great (540-604); ver. *Hymnal* 1940, alt. Copyright © The Church Pension Fund. Music: *A la venue de Noël*, melody from *Fleurs des noëls*, 1535.

## OPENING ACCLAMATION

*Presider* Bless the Lord who forgives all our sins.

***People*** God's mercy endures forever.

*Presider and People*

**Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.**

## LORD, HAVE MERCY UPON US

The musical notation is written on two staves in G major (one sharp) and 4/4 time. The first staff contains three measures: the first measure is labeled 'Cantor or Choir' and contains the lyrics 'Lord, have mer - cy.'; the second measure is labeled 'All' and contains 'Lord, have mer - cy.'; the third measure is labeled 'Cantor or Choir' and contains 'Christ, have mer - cy.'. The second staff contains three measures: the first is labeled 'All' and contains 'Christ, have mer - cy.'; the second is labeled 'Cantor or Choir' and contains 'Lord, have mer - cy.'; the third is labeled 'All' and contains 'Lord, have mer - cy.'. The melody consists of quarter and eighth notes with slurs.

Music: From the Litany of the Saints; adapt. Richard Proulx (b. 1937). Copyright © 1985 GIA Publications, Inc.

## THE COLLECT OF THE DAY

*Presider* The Lord be with you.

***People*** And also with you.

*Presider* Let us pray

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

## THE WORD OF GOD

### THE FIRST READING

Exodus 3:1-15

*READER: A reading from the Book of Exodus.*

**M**Oses was keeping the flock of his father-in-law Jethro, the priest of Midian; he led his flock beyond the wilderness, and came to Horeb, the mountain of God. There the angel of the Lord appeared to him in a flame of fire out of a bush; he looked, and the bush was blazing, yet it was not consumed. Then Moses said, "I must turn aside and look at this great sight, and see why the bush is not burned up." When the Lord saw that he had turned aside to see, God called to him out of the bush, "Moses, Moses!" And he said, "Here I am." Then he said, "Come no closer! Remove the sandals from your feet, for the place on which you are standing is holy ground." He said further, "I am the God of your father, the God of Abraham, the God of Isaac, and the God of Jacob." And Moses hid his face, for he was afraid to look at God. Then the Lord said, "I have observed the misery of my people who are in Egypt; I have heard their cry on account of their taskmasters. Indeed, I know their sufferings, and I have come down to deliver them from the Egyptians, and to bring them up out of that land to a good and broad land, a land flowing with milk and honey, to the country of the Canaanites, the Hittites, the Amorites, the Perizzites, the Hivites, and the Jebusites. The cry of the Israelites has now come to me; I have also seen how the Egyptians oppress them. So come, I will send you to Pharaoh to bring my people, the Israelites, out of Egypt." But Moses said to God, "Who am I that I should go to Pharaoh, and bring the Israelites out of Egypt?" He said, "I will be with you; and this shall be the sign for you that it is I who sent you: when you have brought the people out

of Egypt, you shall worship God on this mountain.” But Moses said to God, “If I come to the Israelites and say to them, ‘The God of your ancestors has sent me to you,’ and they ask me, ‘What is his name?’ what shall I say to them?” God said to Moses, “I am who I am.” He said further, “Thus you shall say to the Israelites, ‘I am has sent me to you.’” God also said to Moses, “Thus you shall say to the Israelites, ‘The Lord, the God of your ancestors, the God of Abraham, the God of Isaac, and the God of Jacob, has sent me to you’: This is my name forever, and this my title for all generations.”

*Reader* Hear what the Spirit is saying to God’s people.

*People* **Thanks be to God.**

*Silence is marked by the ringing of a bell.*

PSALM 63:1-8

**ANTIPHON**

Psalm 63: 1a

*Organ:* *Everyone:*

O God, you are my God;  
ea-ger-ly I seek you.

*Choir:* My soul thirsts for you, my flesh faints for you, as in a barren and dry land where there is no water. Therefore I have gazed upon you in your holy place, that I might behold your power and your glory.

**ALL REPEAT THE ANTIPHON**

*Choir:* For your loving-kindness is better than life itself; my lips shall give you praise. So will I bless you as long as I live and lift up my hands in your Name.

**ALL REPEAT THE ANTIPHON**

*Choir:* My soul is content, as with marrow and fatness, and my mouth praises you with joyful lips, When I remember you upon my bed, and meditate on you in the night watches.

**ALL REPEAT THE ANTIPHON**

*Choir:* For you have been my helper, and under the shadow of your wings I will rejoice. My soul clings to you; your right hand holds me fast.

**ALL REPEAT THE ANTIPHON**

THE SECOND READING

1 Corinthians 10:1-13

*READER:* A reading from Paul’s first letter to the Corinthians.

**I** do not want you to be unaware, brothers and sisters, that our ancestors were all under the cloud, and all passed through the sea, and all were baptized into Moses in the cloud and in the sea, and all ate the same spiritual food, and all drank the same spiritual drink. For they drank from the spiritual rock that followed them, and the rock was Christ. Nevertheless, God was not pleased with most of them, and they were struck down in the wilderness. Now these things occurred as examples for us, so that we might not desire evil as they did. Do not become idolaters as some of them did; as it is written, “The people sat down to eat and drink, and they rose up to play.” We must not indulge in sexual immorality as some of them did, and

twenty-three thousand fell in a single day. We must not put Christ to the test, as some of them did, and were destroyed by serpents. And do not complain as some of them did, and were destroyed by the destroyer. These things happened to them to serve as an example, and they were written down to instruct us, on whom the ends of the ages have come. So if you think you are standing, watch out that you do not fall. No testing has overtaken you that is not common to everyone. God is faithful, and he will not let you be tested beyond your strength, but with the testing he will also provide the way out so that you may be able to endure it.

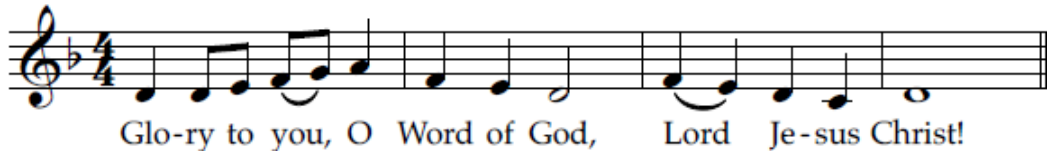
*Reader* Hear what the Spirit is saying to God's people.

**People** Thanks be to God.

*Silence is marked by the ringing of a bell.*



*Cantor, then all.*



Jesus began to proclaim, "Repent, for the kingdom of heaven has come near."

THE HOLY GOSPEL

Luke 13:1-9

The Holy Gospel of our Savior Jesus Christ according to Luke.

**People** Glory to you, Lord Christ.

**A**t that very time there were some present who told Jesus about the Galileans whose blood Pilate had mingled with their sacrifices. He asked them, "Do you think that because these Galileans suffered in this way they were worse sinners than all other Galileans? No, I tell you; but unless you repent, you will all perish as they did. Or those eighteen who were killed when the tower of Siloam fell on them - do you think that they were worse offenders than all the others living in Jerusalem? No, I tell you; but unless you repent, you will all perish just as they did." Then he told this parable: "A man had a fig tree planted in his vineyard; and he came looking for fruit on it and found none. So he said to the gardener, 'See here! For three years I have come looking for fruit on this fig tree, and still I find none. Cut it down! Why should it be wasting the soil?' He replied, 'Sir, let it alone for one more year, until I dig around it and put manure on it. If it bears fruit next year, well and good; but if not, you can cut it down.'"

The Gospel of the Lord.

**People** Praise to you, Lord Christ.



THE SERMON

Karen Haig

*Silence is marked by the ringing of a bell.*



THE NICENE CREED

*Presider and People*

**We believe in one God, the Father, the Almighty, Maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary; and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried.**

**On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.**

THE PRAYERS OF THE PEOPLE, FORM II

*In the course of the silence after each bidding, the People offer their own prayers, either silently or aloud.*

I ask your prayers for God's people throughout the world; for Sean, our Presiding Bishop; Phil, our Bishop; Karen, our Rector; Dan, our Deacon; and Nancy, Judith, Patricia, Jim, Dennis, and Steve, priests among us; all who minister in Christ; and for all the holy people of God.

*Silence*

I ask your prayers for peace; for goodwill among nations; and for the well-being of all people.  
Pray for justice and peace.

*Silence*

I ask your prayers for people who are poor, sick, hungry, oppressed, and in prison.  
Pray for people in any need or trouble.

*Silence*

I ask your prayers for all who seek God, or a deeper knowledge of God.  
Pray that they may find and be found by God.

*Silence*

I ask your prayers for all in need of healing, peace, and comfort, especially....  
Pray for those who are suffering.

*Silence*

I ask your prayers for the departed, especially....  
Pray for those who have died.

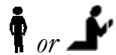
*Silence*

Dear people of God, for whom else or what else shall we pray?

*Members of the congregation offer prayers either silently or aloud.*

*Silence*

*The Presider adds a concluding Collect. The people respond, **Amen.***



*or* THE CONFESSIO AND ABSOLUTION

*Deacon*

Let us confess our sins to God.

*Silence may be kept.*

*Presider and People*

**Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.**

*Presider*

Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

#### THE PEACE

*Presider* The peace of the Lord be always with you.

**People** **And also with you.**



#### WELCOME, ANNOUNCEMENTS, BIRTHDAYS & ANNIVERSARIES

*Prayer for a Birthday:*

**Watch over your child, O Lord, as *her* days increase; bless and guide *her* wherever *she* may be. Strengthen *her* when *she* stands; comfort *her* when discouraged or sorrowful; raise *her* up if *she* should fall; and in *her* heart may your peace which passes understanding abide all the days of *her* life; through Jesus Christ our Lord. Amen.**

*Prayer for a Wedding Anniversary:*

**O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.**



#### THE HOLY COMMUNION

*An offering of money is collected. You may make an offering online by scanning the QR code.*



OFFERTORY

*Like as the hart*

Herbert Howells

“Like as the hart desireth the waterbrook, so longeth my soul after thee, O God.”



#### PRESENTATION ANTHEM

*Presider* All things come from you, O Lord,

**People** **And of your own have we given you.**

#### THE GREAT THANKSGIVING

*Presider* The Lord be with you.

**People** **And also with you**

*Presider* Lift up your hearts.

**People** **We lift them to the Lord.**

*Presider* Let us give thanks to the Lord our God.

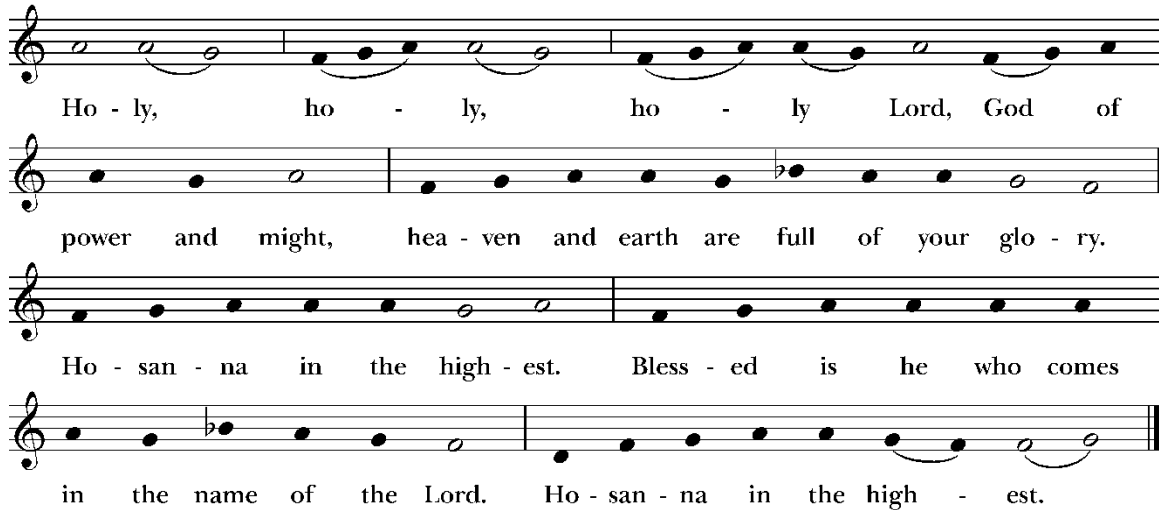
**People** **It is right to give God thanks and praise.**

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

You bid your faithful people cleanse their hearts, and prepare with joy for the Paschal feast; that, fervent in prayer and in works of mercy, and renewed by your Word and Sacraments, they may come to the fullness of grace which you have prepared for those who love you.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

HYMNAL S122



Ho - ly, ho - ly, ho - ly Lord, God of  
power and might, hea - ven and earth are full of your glo - ry.  
Ho - san - na in the high - est. Bless - ed is he who comes  
in the name of the Lord. Ho - san - na in the high - est.

Music: Plainsong; Mass 18; adapt. Mason Martens (1933-1991). Copyright © 1983 Mason Martens.

 or  *The people kneel or remain standing.*

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

**Christ has died.**

**Christ is risen.**

**Christ will come again.**

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**


And now, as our Savior Christ has taught us, we are bold to say,  
**Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

THE BREAKING OF THE BREAD

*The Presider breaks the consecrated Bread. A period of silence is kept.*


HYMNAL S170

*Antiphon*  
*Cantor; then All*




Who - ev - er eats this bread will live for ev - er.

*Cantor*




1. This is the true bread which comes down from hea - ven

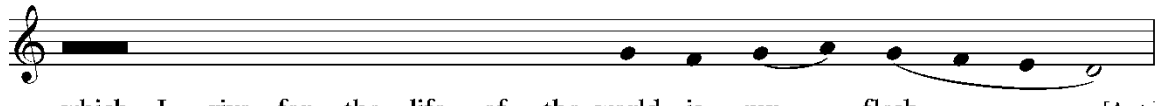
*Cantor*



and gives life to the world. [Ant.] 2. Who - ev - er



believes in me shall not hun - ger or thirst, for the bread



which I give for the life of the world is my flesh. [Ant.]

Music: Mode 1 melody; adapt. Mason Martens (1933-1991). Copyright © 1983 Mason Martens.

THE INVITATION TO COMMUNION

 COMMUNION OF THE PEOPLE

*This is Jesus's table where all are welcome to share in the Bread and Wine of Holy Communion.  
 If you prefer to receive a blessing, or not to receive Wine, fold your arms across your chest as a sign.  
 Gluten-free wafers are available, please ask the priest.*

*An Act of Spiritual Communion for those worshipping online.*  
 My Jesus, I believe that you are truly present in the Blessed Sacrament of the Altar. I love you above all things, and long for you in my soul. Since I cannot now receive you sacramentally, come spiritually into my heart. As though you have already come, I embrace you and unite myself entirely to you; never permit me to be separated from you. Amen. —St. Alphonsus Liguori

COMMUNION HYMN

*Soul of Christ*

Plainchant

Blood of Christ, fill all my veins; water from Christ's side, wash out my stains.



WONDER, LOVE, PRAISE 805

1. I want Je - sus \_\_\_\_\_ to walk with me (walk with me); I want  
 2. In my tri - als, \_\_\_\_\_ Lord, walk with me (walk with me); in my  
 3. In my sor - rows, \_\_\_\_\_ Lord, walk with me (walk with me); in my

Je - sus \_\_\_\_\_ to walk with me (walk with me); all a -  
 tri - als, \_\_\_\_\_ Lord, walk with me (walk with me); when the  
 sor - rows, \_\_\_\_\_ Lord, walk with me (walk with me); when my

long my \_\_\_\_\_ pil - grim jour - ney, \_\_\_\_\_ Lord, I want  
 shades of \_\_\_\_\_ life are fall - ing, \_\_\_\_\_ Lord, I want  
 heart with - in is ach - ing, \_\_\_\_\_ Lord, I want

Je - sus \_\_\_\_\_ to walk with me (walk with me).  
 Je - sus \_\_\_\_\_ to walk with me (walk with me).  
 Je - sus \_\_\_\_\_ to walk with me (walk with me).

Words: Traditional. Music: Negro Spiritual; arr. Carl Haywood (b. 1949), from *The Haywood collection of Negro Spirituals*.



# THE POST-COMMUNION PRAYER

*Presider and People*

Almighty and ever living God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

## THE BLESSING

### HYMNAL 143



1 The glo - ry of these for - ty days we  
 2 A - lone and fast - ing Mo - ses saw the  
 3 So Dan - iel trained his mys - tic sight, de -  
 4 Then grant us, Lord, like them to be full  
 \* 5 O Fa - ther, Son, and Spi - rit blest, to



1 ce - le - brate with songs of praise; for Christ, through whom all  
 2 lov - ing God who gave the law; and to E - li - jah,  
 3 liv - ered from the li - ons' might; and John, the Bride - groom's  
 4 oft in fast and prayer with thee; our spi - rits strength - en  
 5 thee be ev - ery prayer ad - dressed, who art in three - fold



1 things were made, him - self has fast - ed and has prayed.  
 2 fast - ing, came the steeds and char - i - ots of flame.  
 3 friend, be - came the her - ald of Mes - si - ah's name.  
 4 with thy grace, and give us joy to see thy face.  
 5 Name a - dored, from age to age, the on - ly Lord.

Words: Latin, 6th cent.; tr. Maurice F. Bell (1862-1947), alt. By permission of Oxford University Press. Music: *Erhalt uns, Herr*, melody from *Geistliche Lieder*, 1543; harm. Johann Sebastian Bach (1685-1750).

## DISMISSAL

Go in peace to love and serve the Lord.

**People** Thanks be to God.

## POSTLUDE

Bells

## MINISTERS OF THE LITURGY

Presider and Preacher | The Reverend Karen Haig  
Deacon | The Reverend Dan Fowler  
Music Director and Organist | Sheila Bristow  
Musicians | The Parish Choir; Rae Hyra and Naomi Henn, cantors  
Lectors | Michael Ditmore, Jeffrey Miller  
Eucharistic Ministers | Rebecca Ditmore, Pat Todd  
Acolytes | Isa Best, Amalia Wright  
Greeters | Trip and Lynn Duncan  
Ushers | Phil and Laurie Fergusson  
Altar Guild | Rebecca Ditmore, Chris Davis, Princie Falkenhagen, Pat Todd  
Coffee Hour | Diane Walworth, Peggy Eichenberger, Cathy Davies,  
Beth Gudmundson, Deb & Saoirse Horon  
Welcome Table | Nancy Tiederman  
Videographers | Michael Ditmore, Charlie Helming

## CLERGY

Presiding Bishop | The Most Reverend Sean Rowe  
Bishop | The Rt. Reverend Dr. Philip LaBelle  
Rector | The Reverend Karen Haig  
Deacon | The Reverend Dan Fowler  
Assisting Priests | The Reverends Dr. Judith M. McDaniel, Nancy Tiederman,  
Patricia Rome Robertson, Jim Friedrich, and Steve Best

## STAFF

Music Director & Organist | Sheila Bristow  
Parish Administrator & Family Ministry Coordinator | Etienna Wright  
Day School Director | Julia Rose  
Sexton | George Cole  
Kitchen Manager | Tim Shelly  
Bookkeeper | Bow Reyes-Sor  
Housekeeping | Kitsap Cleaning Crew, LLC

## VESTRY

Rector's Warden | Barbara Bolles  
Property Warden | Mary Anne Smith  
People's Warden | Phil Fergusson  
Members | Trip Duncan, Mike Killion, Evan Lenz,  
Elaine Percival, Dave Powell, Melanie Roth  
Clerk | Rebecca Ditmore  
Treasurer | Kirk Eichenberger  
Chancellor | Katherine Bolles

## CONVENTION DELEGATES

Delegates | Brian Andvik, Laura Carroll, Peggy & Kirk Eichenberger  
Alternates | Sue Ellen Case, Beth Gudmundson, George Robertson, Michael Ditmore



#### WHO WE ARE

We are a community of faith that welcomes and values all people.

We commit to follow Christ, serve others, grow in faith,  
and transform the world by sharing God's love.

St. Barnabas Episcopal Church acknowledges that we gather on the traditional land of the first people of this island, the Suquamish People, who are still here, and we honor with gratitude the land itself and the life of the Suquamish Tribe.

#### NEWS IN THE PEWS

Scan the QR code to read our weekly newsletter  
and find out what's going on at St. B!



#### JOIN OUR COMMUNITY ONLINE

Scan the QR code to join us on social media!



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