

# HOLY EUCHARIST: Rite I

THE FOURTH SUNDAY IN LENT

March 30, 2025 ♦ 8:00 a.m.

*Welcome to St. Barnabas, we are delighted that you're here.  
We hope you'll participate fully in our worship through singing, praying,  
bearing the Good News of Jesus Christ, and coming to Communion.  
May God richly bless you as you bless us!*

## WELCOME INTO THE QUIET

*"Lent serves as our annual invitation to come closer to God. It provides a time to look at our lives and ourselves, not so we may criticize ourselves more harshly but so we can identify the obstructions that keep us from...feeling the presence of the divine in our every day. How do we hide from God, and why? Lent gives us a chance to look at such obstructions and to move them gently away so that we can come closer to the Love that gives us life... Thus Lent offers a gift of time and a promise of closeness..."* From *A Clearing Season: Reflections for Lent*

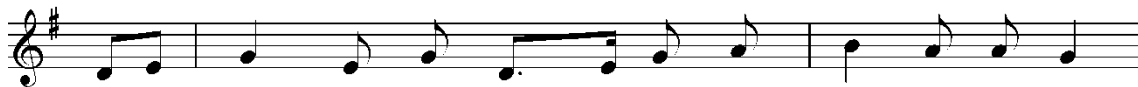


*All stand as able at the sound of the bells.*

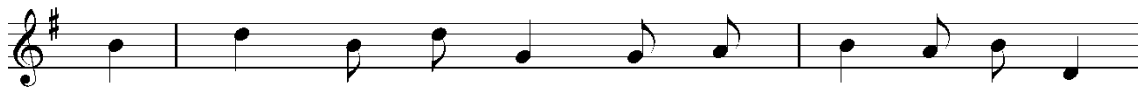
HYMNAL 636



1 How firm a foun - da - tion, ye saints of the Lord,  
2 "Fear not, I am with thee; O be not dis - mayed!  
3 "When through the deep wa - ters I call thee to go,  
4 "When through fier - y tri - als thy path - way shall lie,  
5 "The soul that to Je - sus hath fled for re - pose,



1 is laid for your faith in his ex - cel - lent word!  
2 For I am thy God, and will still give thee aid;  
3 the riv - ers of woe shall not thee o - ver - flow;  
4 my grace, all - suf - fi - cient, shall be thy sup - ply;  
5 I will not, I will not de - sert to its foes;



1 What more can he say than to you he hath said,  
2 I'll strength - en thee, help thee, and cause thee to stand,  
3 for I will be with thee, thy trou - bles to bless,  
4 the flame shall not hurt thee; I on - ly de - sign  
5 that soul, though all hell shall en - deav - or to shake,



1 to you that for ref - uge to Je - sus have fled?  
2 up - held by my right - eous, om - ni - po - tent hand.  
3 and sanc - ti - fy to thee thy deep - est dis - tress.  
4 thy dross to con - sume, and thy gold to re - fine.  
5 I'll nev - er, no, nev - er, no, nev - er for - sake."

Words: K. in John Rippon's *Selection*, 1787, alt. Music: *Foundation*, melody from *The Sacred Harp*, 1844; harm. Calvin Hampton (1938-1984); alt. acc. Eugene W. Hancock (b. 1929).

## THE OPENING ACCLAMATION

*Presider* Bless the Lord who forgiveth all our sins.

*People* **God's mercy endureth for ever.**



## THE DECALOGUE

God spake these words, and said: I am the Lord thy God who brought thee out of the land of Egypt, out of the house of bondage. Thou shalt have none other gods but me.

**Lord, have mercy upon us, and incline our hearts to keep this law.**

Thou shalt not make to thyself any graven image, nor the likeness of any thing that is in heaven above, or in the earth beneath, or in the water under the earth; thou shalt not bow down to them, nor worship them.

**Lord, have mercy upon us, and incline our hearts to keep this law.**

Thou shalt not take the Name of the Lord thy God in vain.

**Lord, have mercy upon us, and incline our hearts to keep this law.**

Remember that thou keep holy the Sabbath day.

**Lord, have mercy upon us, and incline our hearts to keep this law.**

Honor thy father and thy mother.

**Lord, have mercy upon us, and incline our hearts to keep this law.**

Thou shalt do no murder.

**Lord, have mercy upon us, and incline our hearts to keep this law.**

Thou shalt not commit adultery.

**Lord, have mercy upon us, and incline our hearts to keep this law.**

Thou shalt not steal.

**Lord, have mercy upon us, and incline our hearts to keep this law.**

Thou shalt not bear false witness against thy neighbor.

**Lord, have mercy upon us, and incline our hearts to keep this law.**

Thou shalt not covet.

**Lord, have mercy upon us, and write all these thy laws in our hearts, we beseech thee.**

Hear what our Lord Jesus Christ saith: Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. This is the first and great commandment. And the second is like unto it: Thou shalt love thy neighbor as thyself. On these two commandments hang all the Law and the Prophets.

*Matthew 22:37-40*

Let us humbly confess our sins unto Almighty God.

*Silence may be kept.*

*Presider and People*

**Almighty and most merciful father, we have erred and strayed from thy ways like lost sheep, we have followed too much the devices and desires of our own hearts, we have offended against thy holy laws, we have left undone those things which we ought to have done, and we have done those things which we ought not to have done. But thou, O Lord, have mercy upon us, spare thou those who confess their faults, restore thou those who are penitent, according to thy promises declared unto humankind in Christ Jesus our Lord; and grant, O most merciful Father, for his sake, that we may hereafter live a godly, righteous, and sober life, to the glory of thy holy Name. Amen.**

The Almighty and merciful Lord grant you absolution and remission of all your sins, true repentance, amendment of life, and the grace and consolation of his Holy Spirit. **Amen.**

*Presider* Lord, have mercy upon us.

**People** **Christ, have mercy upon us.**

*Presider* Lord, have mercy upon us.

#### THE COLLECT OF THE DAY

*Presider* The Lord be with you.

**People** **And with thy spirit.**

*Presider* Let us pray.

Gracious Father, whose blessed Son Jesus Christ came down from heaven to be the true bread which giveth life to the world: Evermore give us this bread, that he may live in us, and we in him; who liveth and reigneth with thee and the Holy Spirit, one God, now and for ever. **Amen.**

#### THE WORD OF GOD

##### THE FIRST READING

Joshua 5:9-12

*READER: A reading from the Book of Joshua.*

**T**he Lord said to Joshua, "Today I have rolled away from you the disgrace of Egypt." And so that place is called Gilgal to this day. While the Israelites were camped in Gilgal they kept the passover in the evening on the fourteenth day of the month in the plains of Jericho. On the day after the passover, on that very day, they ate the produce of the land, unleavened cakes and parched grain. The manna ceased on the day they ate the produce of the land, and the Israelites no longer had manna; they ate the crops of the land of Canaan that year.

*Reader* Hear what the Spirit is saying to God's people.

**People** **Thanks be to God.**

*Silence is marked by the ringing of a bell.*

- 1 Happy are they whose transgressions are forgiven, \*  
**and whose sin is put away!**
- 2 Happy are they to whom the Lord imputes no guilt, \*  
**and in whose spirit there is no guile!**
- 3 While I held my tongue, my bones withered away, \*  
**because of my groaning all day long.**
- 4 For your hand was heavy upon me day and night; \*  
**my moisture was dried up as in the heat of summer.**
- 5 Then I acknowledged my sin to you, \*  
**and did not conceal my guilt.**
- 6 I said, "I will confess my transgressions to the Lord." \*  
**Then you forgave me the guilt of my sin.**
- 7 Therefore all the faithful will make their prayers to you in time of trouble; \*  
**when the great waters overflow, they shall not reach them.**
- 8 You are my hiding-place; you preserve me from trouble; \*  
**you surround me with shouts of deliverance.**
- 9 "I will instruct you and teach you in the way that you should go; \*  
**I will guide you with my eye.**
- 10 Do not be like horse or mule, which have no understanding; \*  
**who must be fitted with bit and bridle, or else they will not stay near you."**
- 11 Great are the tribulations of the wicked; \*  
**but mercy embraces those who trust in the Lord.**
- 12 Be glad, you righteous, and rejoice in the Lord; \*  
**shout for joy, all who are true of heart.**

## THE SECOND READING

2 Corinthians 5:16-21

*READER: A reading from Paul's second letter to the Corinthians.*

**F**rom now on, we regard no one from a human point of view; even though we once knew Christ from a human point of view, we know him no longer in that way. If anyone is in Christ, there is a new creation: everything old has passed away; see, everything has become new! All this is from God, who reconciled us to himself through Christ, and has given us the ministry of reconciliation; that is, in Christ God was reconciling the world to himself, not counting their trespasses against them, and entrusting the message of reconciliation to us. So we are ambassadors for Christ, since God is making his appeal through us; we entreat you on behalf of Christ, be reconciled to God. For our sake he made him to be sin who knew no sin, so that in him we might become the righteousness of God.

*Reader*      Hear what the Spirit is saying to God's people.  
*People*      **Thanks be to God.**

*Silence is marked by the ringing of a bell.*

The Holy Gospel of our Savior Jesus Christ according to Luke.

**People**      **Glory be to thee, O Lord.**

All the tax collectors and sinners were coming near to listen to Jesus. And the Pharisees and the scribes were grumbling and saying, “This fellow welcomes sinners and eats with them.” So Jesus told them this parable: “There was a man who had two sons. The younger of them said to his father, ‘Father, give me the share of the property that will belong to me.’ So he divided his property between them. A few days later the younger son gathered all he had and traveled to a distant country, and there he squandered his property in dissolute living. When he had spent everything, a severe famine took place throughout that country, and he began to be in need. So he went and hired himself out to one of the citizens of that country, who sent him to his fields to feed the pigs. He would gladly have filled himself with the pods that the pigs were eating; and no one gave him anything. But when he came to himself he said, ‘How many of my father’s hired hands have bread enough and to spare, but here I am dying of hunger! I will get up and go to my father, and I will say to him, ‘Father, I have sinned against heaven and before you; I am no longer worthy to be called your son; treat me like one of your hired hands.’” So he set off and went to his father. But while he was still far off, his father saw him and was filled with compassion; he ran and put his arms around him and kissed him. Then the son said to him, ‘Father, I have sinned against heaven and before you; I am no longer worthy to be called your son.’ But the father said to his slaves, ‘Quickly, bring out a robe--the best one--and put it on him; put a ring on his finger and sandals on his feet. And get the fatted calf and kill it, and let us eat and celebrate; for this son of mine was dead and is alive again; he was lost and is found!’ And they began to celebrate. Now his elder son was in the field; and when he came and approached the house, he heard music and dancing. He called one of the slaves and asked what was going on. He replied, ‘Your brother has come, and your father has killed the fatted calf, because he has got him back safe and sound.’ Then he became angry and refused to go in. His father came out and began to plead with him. But he answered his father, ‘Listen! For all these years I have been working like a slave for you, and I have never disobeyed your command; yet you have never given me even a young goat so that I might celebrate with my friends. But when this son of yours came back, who has devoured your property with prostitutes, you killed the fatted calf for him!’ Then the father said to him, ‘Son, you are always with me, and all that is mine is yours. But we had to celebrate and rejoice, because this brother of yours was dead and has come to life; he was lost and has been found.’”

The Gospel of the Lord.

**People**      **Praise be to thee, O Christ.**



## THE NICENE CREED

*Presider and People*

**We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.**

## THE PRAYERS OF THE PEOPLE

Let us pray for the whole state of Christ's Church and the world.

Almighty and everliving God, who in thy holy Word hast taught us to make prayers, and supplications, and to give thanks for all people: in our Anglican Cycle of Prayer, we pray for The Province of the Anglican Church of the Congo. In our Diocesan Cycle of Prayer, we pray for Ascension, Seattle; and Epiphany Seattle. In our St. Barnabas Cycle of Prayer, we pray for our Adult Faith Formation Ministry. Receive our prayers which we offer unto thy divine Majesty beseeching thee to inspire continually the Universal Church with the spirit of truth, unity and concord, and grant that those who do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love.

### **Lord, hear our prayer.**

Give grace, O heavenly Father, to all bishops and other ministers, especially to Sean, our Presiding Bishop; Phil, our Bishop; Karen, our Rector; Dan, our Deacon; and Nancy, Judith, Patricia, Jim, Dennis, and Steve, priests among us, that they may, both by their life and doctrine, set forth thy true and lively Word, and rightly and duly administer thy holy Sacraments.

### **Lord, hear our prayer.**

And to all thy people give thy heavenly grace, and especially to this congregation here present; that, with meek heart and due reverence, they may hear and receive thy holy Word, truly serving thee in holiness and righteousness all the days of their life.

### **Lord, hear our prayer.**

We beseech thee also so to rule the hearts of those who bear the authority of government in this and every land, especially our elected and appointed officials that they may be led to wise decisions and right actions for the welfare and peace of the world.

### **Lord, hear our prayer.**

Guard and protect all those who serve in harm's way, both in lands far away and here at home, returning them to safe reunion with their families and all who love them.

### **Lord, hear our prayer.**

Bestow upon us the gift of gracious hospitality, welcoming into fellowship our sisters and brothers in Christ who are visiting, remembering that in welcoming strangers we may be welcoming angels unaware.

**Lord, hear our prayer.**

Open, O Lord, the eyes of all people to behold thy gracious hand in all thy works, that, rejoicing in thy whole creation, they may honor thee with their substance, and be faithful stewards of thy bounty.

**Lord, hear our prayer.**

And we most humbly beseech thee, of thy goodness, O Lord, to comfort and succor, especially..., and all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity.

**Lord, hear our prayer.**

I invite your petitions and thanksgivings aloud or in your hearts..., let us pray.

**Lord, hear our prayer.**

And we also bless thy holy Name for all thy servants departed this life in thy faith and fear especially ..., beseeching thee to grant them continual growth in thy love and service; and to grant us grace so to follow the good examples of Barnabas and of all thy saints, that with them we may be partakers of thy heavenly kingdom.

**Lord, hear our prayer.**

Grant these our prayers, O Father, for Jesus Christ's sake, our only Mediator and Advocate. **Amen.**

#### THE PEACE

*Presider*      The peace of the Lord be always with you.

*People*        **And also with you.**

#### WELCOME, ANNOUNCEMENTS, BIRTHDAYS & ANNIVERSARIES

*Prayer for a Birthday:*

**Watch over your child, O Lord, as *her* days increase; bless and guide *her* wherever *she* may be. Strengthen *her* when *she* stands; comfort *her* when discouraged or sorrowful; raise *her* up if *she* fall; and in *her* heart may your peace which passes understanding abide all the days of *her* life; through Jesus Christ our Lord. Amen.**

*Prayer for a Wedding Anniversary:*

**O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.**

#### **THE HOLY COMMUNION**

*An offering of money is collected. You may make an offering online by scanning the QR code.*



#### PRESENTATION ANTHEM

*Presider*      All things come of thee, O Lord,

*People*        **And of thine own have we given thee.**

## THE GREAT THANKSGIVING



*Presider* The Lord be with you.  
**People** **And with thy spirit.**  
*Presider* Lift up your hearts.  
**People** **We lift them up unto to the Lord.**  
*Presider* Let us give thanks unto our Lord God.  
**People** **It is meet and right so to do.**

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God.

Who dost bid thy faithful people cleanse their hearts, and prepare with joy for the Paschal feast; that, fervent in prayer and in works of mercy, and renewed by thy Word and Sacraments, they may come to the fullness of grace which thou hast prepared for those who love thee.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

*Presider and People*  
**Holy, holy, holy, Lord God of Hosts:**  
**Heaven and earth are full of thy glory.**  
**Glory be to thee, O Lord Most High.**  
**Blessed is he that cometh in the name of the Lord.**  
**Hosanna in the highest.**

 or  *Then the Presider gives thanks for God's work in creation and for the salvation of the world through Christ, and prays over the bread and wine.*

All glory be to thee, Almighty God, our heavenly Father... (BCP p. 334)

...By whom, and with whom, in the unity of the Holy Ghost, all honor and glory be unto thee, O Father Almighty, world without end. **AMEN.**

And now, as our Savior Christ hath taught us, we are bold to say,

## THE LORD'S PRAYER

**Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

## THE BREAKING OF THE BREAD

*The Presider breaks the consecrated Bread. A period of silence is kept.*

*Presider* Christ our Passover is sacrificed for us;  
**People** **Therefore let us keep the feast.**



*Presider* O Lamb of God, that takest away the sins of the world,  
**People** have mercy upon us.  
*Presider* O Lamb of God, that takest away the sins of the world,  
**People** have mercy upon us.  
*Presider* O Lamb of God, that takest away the sins of the world,  
**People** grant us thy peace.

*Presider and People*

**We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.**

#### THE INVITATION TO COMMUNION

*This is Jesus's table where all are welcome to share in the Bread and Wine of Holy Communion.  
If you prefer to receive a blessing, or not to receive Wine, fold your arms across your chest as a sign.  
Gluten-free bread is available, please ask the priest.*

*Silence is marked by the ringing of a bell.*



*or*

#### THE POST-COMMUNION PRAYER

**Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.**

#### THE BLESSING

The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be amongst you, and remain with you always. **Amen.**



1 Now let us all with one ac - cord, in  
 2 The cov - c - nant, so long re - vealed to  
 3 Your love, O Lord, our sin - ful race has  
 4 Re - mem - ber, Lord, though frail we be, in  
 5 There - fore, we pray you, Lord, for - give; so



1 com - pa - ny with a - ges past, keep vi - gil with our  
 2 those of faith in for - mer time, Christ by his own ex -  
 3 not re - turned, but fal - si - fied; au - thor of mer - cy,  
 4 your own i - mage were we made; help us, lest in anx -  
 5 when our wan - derings here shall cease, we may with you for



1 heaven - ly Lord in his temp - ta - tion and his fast.  
 2 am - ple sealed, the Lord of love, in love sub - lime.  
 3 turn your face and grant re - pent - ance for our pride.  
 4 i - e - ty, we cause your Name to be be - trayed.  
 5 ev - er live, in love and u - ni - ty and peace.

Words: Att. Gregory the Great (540-604); tr. *Praise the Lord*, 1972, alt. James Quinn, SJ. Printed by permission of Geoffrey Chapman, a division of Cassell Ltd. Music: *Bourbon*, melody att. Freeman Lewis (1780-1859); harm. Thomas Foster (b. 1938).

DISMISSAL

Let us go forth in the name of Christ.

*People* Thanks be to God.

PROCESSION

Bells

## MINISTERS OF THE LITURGY

Presider and Preacher | The Reverend Karen Haig  
Music Director and Organist | Sheila Bristow  
Lectors | Stu Case, Su Beecham  
Eucharistic Ministers | Stu Case, Su Beecham  
Usher | Steve Schmitz  
Altar Guild | Joan Collins, Anne Dennon, Dennis Tierney  
Coffee Hour | Angie Bickerton

## CLERGY

Presiding Bishop | The Most Reverend Sean Rowe  
Bishop | The Rt. Reverend Dr. Philip LaBelle  
Rector | The Reverend Karen Haig  
Deacon | The Reverend Dan Fowler  
Assisting Priests | The Reverends Dr. Judith M. McDaniel, Nancy Tiederman,  
Patricia Rome Robertson, Jim Friedrich, and Steve Best

## STAFF

Music Director & Organist | Sheila Bristow  
Parish Administrator & Family Ministry Coordinator | Etienna Wright  
Day School Director | Julia Rose  
Sexton | George Cole  
Kitchen Manager | Tim Shelly  
Bookkeeper | Bow Reyes-Sor  
Housekeeping | Kitsap Cleaning Crew, LLC

## VESTRY

Rector's Warden | Barbara Bolles  
Property Warden | Mary Anne Smith  
People's Warden | Phil Fergusson  
Members | Trip Duncan, Mike Killion, Evan Lenz,  
Elaine Percival, Dave Powell, Melanie Roth  
Clerk | Rebecca Ditmore  
Treasurer | Kirk Eichenberger  
Chancellor | Katherine Bolles

## CONVENTION DELEGATES

Delegates | Brian Andvik, Laura Carroll, Peggy & Kirk Eichenberger  
Alternates | Sue Ellen Case, Beth Gudmundson, George Robertson, Michael Ditmore



#### WHO WE ARE

We are a community of faith that welcomes and values all people.

We commit to follow Christ, serve others, grow in faith,  
and transform the world by sharing God's love.

St. Barnabas Episcopal Church acknowledges that we gather on the traditional land  
of the first people of this island, the Suquamish People, who are still here,  
and we honor with gratitude the land itself and the life of the Suquamish Tribe.

#### NEWS IN THE PEWS

Scan the QR code to read our weekly newsletter  
and find out what's going on at St. B!



#### JOIN OUR COMMUNITY ONLINE

Scan the QR code to join us on social media!



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